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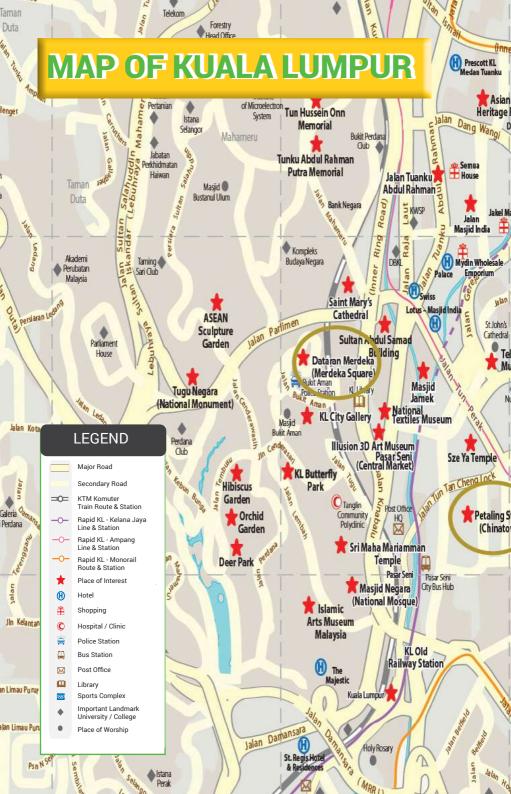
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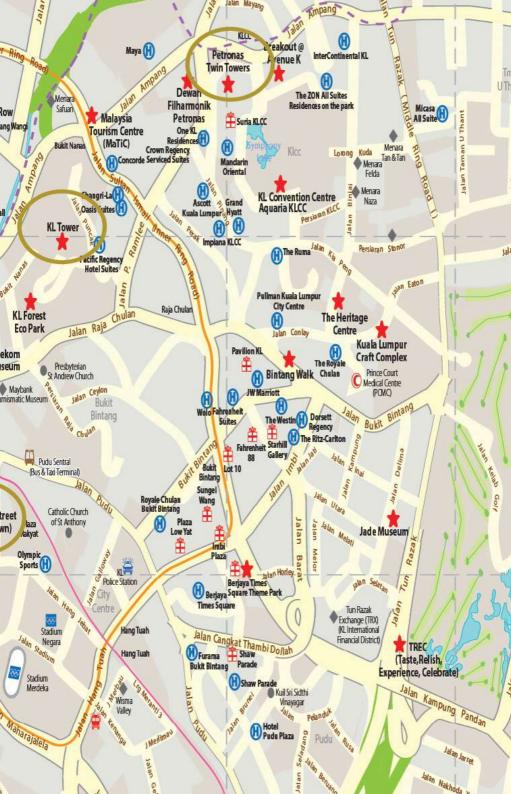












## **CONTENT**

		1/2		BEAUTY & WELLINESS
6-8	TRANSPORTATION		65	Introduction & Type of Spa Treatments
0-8			66	Spa & Wellness Centre
10	KL AT A GLANCE			MEDICAL TOURISM
11-12 14-15 16	10 Facts History Events Happening in KL  SIGHTSEEING		67 68 70 72 74	Introduction Healthcare Facilities Dental Ophthalmology Aesthetics & Dermatology
18-19 20-22 24	Iconic Landmarks Historical Sites Modern Architectural			ACCOMMODATION
25-26 27 28	Buildings Instagrammable Spots Park & Gardens Eco & Agro Tourism		76 78 80 82	Introduction Luxury Hotels & Resorts Budget Hotels & Resorts Backpackers Lodge
	CULTURE			KL The Guide Unveils
29 30-31 32-36	Introduction to Culture Cultural Festivals Place of Worship		83 84 85 86	Sultan Abdul Samad Building Characteristics Uniqueness Chronology of Constructio
	KL FOR KIDS		87	Massive Transformations in KL
37 38 40	Animal Interaction Centres Theme Parks & Educational Playlands		88-91	Significant Moments  Uncover Downtown KL's  Attraction
41	Adrenaline-Inducing Activities		92 93-94	Introduction Green Oasis Amidst
	SHOPPING		95-97	Urbanity Historical Quarters
42 43 44	Introduction Must-Buy Shopping Malls		98-99	Jejak Pahlawan  BEYOND KL-SABAH
45	Night Markets			BETOND RE CHBAIT
	EATING OUT		100 101	Introduction Map
46 48-52 54 56 58 60	Introduction Must Eats in KL Malay Cuisine Chinese Cuisine Indian Cuisine Instagrammable Cafes		102-104 106-116 118-119 120-121 122-123	Sabah Kota Kinabalu Kundasang Sandakan Tawau
62 63 64	NIGHTLIFE Introduction Regular Pubs & Bars Clubs & Live Entertainment		124-125	EMERGENCY NUMBERS
	Sidds & Live Liner taillinent	7		

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## **TRANSPORTATION**

#### FROM KLIA & KLIA 2

Need to get to the airport from the city? No worries! You've got options. The KLIA Express train runs every day from 5 AM to midnight, taking about 35-40 minutes to reach KLIA and KLIA 2. Tickets cost RM55, but if you travel with friends, you can get a 25% discount.

If you're on a budget, you can hop on the Airport Coach bus or Aero bus. The bus fares range from about RM10 to RM14, and they run pretty frequently throughout the day.

Taxis are available too, but they can be expensive, costing anywhere from RM80 to RM200. For a more affordable and comfortable ride, you can use Grab. They offer fixed-rate options starting from around RM65.

So, whether you prefer the train, bus, taxi, or Grab, there's a way to get to the airport that suits your needs and budget!

## FROM SUBANG SKYPARK TERMINAL

For travelers heading to Subang Airport from KL Sentral, check out the SKYPARK Link trains! They offer fast service within Kuala Lumpur with 32 daily trips, running every 30 to 60 minutes. Right now, there's a promotion, and a single journey from Subang Airport to Kuala Lumpur City costs around RM3.50.



## FROM PENANG INTERNATIONAL AIRPORT

Planning your trip from Penang to KL? Fly from Penang Airport to KLIA for a quick hour-long journey. Ticket prices range from RM70 to RM650, depending on your preferences. If you're looking for a budget-friendly option, consider taking a bus. Prices start at RM50 to RM60, but be prepared for a longer journey of around seven to eight hours. Driving is another choice, taking approximately six hours, though it can vary based on traffic conditions. Choose the option that suits your budget and schedule

## FROM LANGKAWI INTERNATIONAL AIRPORT

Fly from Langkawi International Airport to KLIA in just over an hour, with ticket prices ranging from RM160 to RM200.For an even faster option, consider flights to Subang Airport, taking around 58 minutes. If you prefer a scenic route, take the bus, which includes the ferry to the island. Prices range from RM118 to RM176 per person.

#### FROM KOTA KINABALU INTERNA-TIONAL AIRPORT

To travel from Sabah to KL, your best bet is air travel. From Kota Kinabalu International Airport (KKIA) to KLIA, expect a flight duration of around 2 hours and 25 minutes. Ticket prices typically range from RM380 to RM1380. Enjoy your journey!

## FROM KUCHING INTERNATIONAL AIRPORT

Looking to fly from Kuching to KL? The flight typically takes about 2 hours and 45 minutes. Kuching International Airport, located 11 kilometers south of the city center, offers connections to KL through airlines like Malaysia Airlines, Air Asia, and Batik Air. Ticket prices range from RM289 to RM581.



For a quick and convenient journey from the airport to the city center, hop on the KLIA Express train! It only takes around 28 minutes to reach KL Sentral, and tickets are priced at a reasonable

RM55. You can purchase tickets online or at KL Sentral. Plus, enjoy high-speed onboard WiFi and a complimentary porter service on relevant platforms.

Additionally, Kuala Lumpur offers various rail services such as MRT, LRT, KL Monorail, and KTM for seamless transportation within the city center. Get around easily and explore all that

Kuala Lumpur has to offer!



#### Bus

Buses offer the most budget-friendly transportation option between airports and the city, with a fleet of 44 air-conditioned coaches known for their safety and comfort. Fares can be as low as RM15 per passenger, and although travel times may vary, the average duration to reach the city is around 1 hour and 15 minutes.

Moreover, RapidKL buses provide feeder services to MRT, LRT, and Monorail stations, facilitating convenient transportation within the Klang Valley and to KL City. Various companies like Go KL, Smart Selangor, and PJ City offer unique services, including free bus options. Explore Kuala Lumpur affordably and comfortably with these diverse bus services!

# ALTERNATE WAY TO KL CITY CENTER

#### Taxi

Taxis, although still a viable option, have lost popularity due to their higher fares compared to e-hailing services. Locals tend to avoid taxis because of their unpredictable pricing and elevated costs. When opting for a taxi, passengers are recommended to negotiate and establish meter usage upfront to avoid excessive charges. Generally, the initial fare is approximately RM3 for the first kilometer, with an extra charge of RM0.20 for every 150 meters traveled.



#### E-Hailing Service

E-hailing services have become incredibly popular in Malaysia, embraced by locals and tourists alike for their reliability and convenience through user-friendly mobile apps. These services offer a quick way to reach destinations, especially during low traffic times. The main draw of e-hailing is the upfront pricing and the inclusion of accident insurance, making it a preferred choice for many. Various apps like GrabCar, AirAsia Ride, InDrive, Kumpool, and more provide these convenient transportation options.



## **CAR RENTALS**

#### **CAR RENTALS**

The Car Rental Association Malaysia (CRAM), or Persatuan Sewaan Kereta Malaysia, plays a vital role in promoting, representing, and safeguarding the interests of its members by acting as a liaison between different regulatory bodies, both public and private. It addresses all aspects related to the car rental industry and related businesses, earning it a reputable status within Malaysia's car rental sector. To assist you further, we've compiled a list of car rental companies for your convenience.

#### **NEXX Car Rental**

Address: Kuala Lumpur Sentral, 50470 Kuala Lumpur, Federal Territory of Kuala

Lumpur

Contact: +6010-562 1195

Website: https://www.nexxcarrental.

com/

Operating Hours: 9.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday &

#### **Lafiy Car Rental**

Address: Jalan Lingkaran Tengah 2 65-1, Jalan Melati utama 4 Taman Melati Utama, Melati Utama, 53100 Kuala Lumpur

Contact: +6018-267 4661

Website: https://www.lafiydriver.com/ Operating Hours: 9.00 am - 11.30 pm

#### AKB Kereta Sewa KL

Address: Mayflower Building, 18, Address: A4-G, Block-A4, 26, Jalan Mewah 4, Taman Pandan Mewah, 68000

Ampang, Selangor, Malaysia Contact: +6010-549 6590

Website: https://www.akbrentacar.com.

mv/ms/index.html

Operating Hours: 9.00 am - 10.00 pm

(Monday-Sunday)

#### MOTORCYCLE RENTALS

Opting to rent a motorcycle in Kuala Lumpur comes with numerous benefits. It's a budget-friendly alternative compared to car rentals or ride-sharing services. Motorcycle rentals provide the flexibility to reach inaccessible areas, navigate through traffic effortlessly, and freely explore the city and its environs at your own pace. Additionally, riding a motorcycle adds an adventurous and memorable dimension to your journey, enhancing the overall excitement of your trip.



#### **RevBike**

Address: 74-76, Hotel Sungei Wang, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala

Lumpur

Contact: +6014-688 8177

Website: https://www.sewamotor.my/

#### Sewamotor4u

Address: Block A, Jalan Pantai Permai 2, Perumahan Pantai Permai, 59200 Kuala

Lumpur

Contact: +6011-3736 5910

Website: https://www.facebook.com/

sewamotor4u/

Operating Hours: 9.00 am - 9.00 pm

(Monday-Sunday)

#### Motor Ride Rental Malaysia

Address: MRRM Garage, LG, Menara TM, Jalan Pantai Baharu, Bangsar, 50672

Kuala Lumpur

Contact: +6013-341 1337

Website: https://www.facebook.com/

MotorRideRentalMalaysia/



## A captivating city sunset from up in the sky. Book your tickets today to capture it yourself.



#### SKYBRIDGE

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#### OBSERVATION DECK

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#### **GIFT SHOP**

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#### PINNACLE

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# Introchaction to



Kuala Lumpur, Malaysia's bustling capital, stands as a testament to modern architecture and cultural diversity, boasting a plethora of attractions.

Covering approximately 243 square kilometers, Kuala Lumpur is experiencing significant population growth and economic progress, ranking as the ninth most visited city worldwide. In 2021, about 25% of Malaysia's population, approximately 2.0 million people, called Kuala Lumpur home. From 2010 to 2020, the city saw a gradual population increase of 2.2%.

Nestled at the meeting point of the Gombak and Klang Rivers, Kuala Lumpur sits 300 kilometers northwest of Singapore and roughly 40 kilometers east of the Strait of Malacca. Its name, "Kuala Lumpur" in Malay, translates to "muddy estuary," paying homage to its location where two rivers converge.

As one of Malaysia's three Federal Territories, alongside Putrajaya and Labuan, Kuala Lumpur has hosted notable events such as the 1998 Commonwealth Games and the 2017 Sea Games.

Looking ahead, Malaysia's GDP appears poised for healthy growth in 2024. In Q3 2023, the gross domestic product (GDP) rose by 3.3%, bringing the growth for the first nine months of 2023 to 3.9%. This aligns with the government's forecast of approximately 4% growth for 2023.

# 10 Facts

#### 1. Yang di-Pertuan Agong is an Elected Monarch

In Malaysia, although it's not an absolute monarchy, the Yang di-Pertuan Agong is chosen through a unique rotational system for a five-year term by the Conference of Rulers. This process involves the Malay rulers, and the election procedures and regulations are outlined in both the Constitution's Third Schedule and the Conference of Rulers' regulations.



## 2. Home To The Second Tallest Tower in the World

Did you know that the Merdeka 118 Tower is now the second-tallest structure in the world? It's soaring to a height of 678.9 meters with 118 stories, making it the tallest building in Malaysia. The name "Merdeka 118" comes from its 118 levels. The tower's design is inspired by the outstretched hand gesture of Tunku Abdul Rahman, who famously said "Merdeka!" on Malaysia's Independence Day. This gesture serves as a model and inspiration for the tower's design.

## 3. KL Was the First Country in Asia to Host the Commonwealth

Kuala Lumpur hosted the Commonwealth Games for the first time in 1998. After that, the 2010 Games were held in Delhi, bringing the event back to Asia once again.



#### 4. Hosted the SEA Games in 2017

Kuala Lumpur was praised for its successful organization of the 2017 SEA Games. This achievement not only raised the nation's profile but also set new records in medal achievements.



## 5. KL is The Retail and Fashion Hub of Malaysia

With approximately 350 retail malls scattered across the country, Malaysia has become a vibrant shopping destination, with Kuala Lumpur serving as its epicenter. The malls in Kuala Lumpur boast a wide array of brands, offering a diverse range of products such as clothing, accessories, sports gear, and household items.

#### 6. Meaning of Kuala Lumpur

The name "Kuala Lumpur" originates from the Malay words "kuala" and "lumpur," which respectively mean "confluence" and "mud." This name is linked to the point where the Gombak and Klang rivers meet. Kuala Lumpur was established in 1857 when a group of 87 Chinese tin miners promptly set up a settlement at this muddy confluence of rivers. Subsequently, the town was formally named Kuala Lumpur.



#### 7. Parliamentary Democracy System

Malaysia operates under a political system defined by a constitutional monarchy and parliamentary democracy. In this system, the King serves as the sovereign head of state, while the parliament plays a central role as the primary institution responsible for upholding democratic principles and governance.



#### 8. World's Tallest Twin Towers is in KL

The Petronas Twin Towers, the world's tallest twin towers, were among Malaysia's tallest structures until they were surpassed by the recently completed Merdeka 118.



#### Malaysian Government is in Putrajaya

Unlike the traditional setup where the government is centralized in the capital city, Malaysia's government is headquartered in Putrajaya. Putrajaya serves as both the administrative and judicial capital of the country, hosting numerous government offices.



## 10. The Malaysian King lives in KL@ Istana Negara

Located on Jalan Tuanku Abdul Halim (formerly Jalan Duta) in Kuala Lumpur is the official residence of the Yang di-Pertuan Agong, commonly known as the National Palace or Istana Negara.



## A Truly Malaysian Theme Park

Sunway Theme Parks are set to dazzle visitors with an array of spectacular festive events, ensuring memorable experiences for guests of all ages. This year, Sunway Lagoon and Sunway Lost World of Tambun pull out all the stops to celebrate four major festivals with extraordinary flair, for instance both theme parks will be having the biggest musical fireworks in Malaysia.



### Chinese New Year

Kicking off the festive calendar is the vibrant Chinese New Year celebration. Sunway Theme Parks will be adorned with red lanterns, intricate dragon decorations, and stunning floral displays. Guests can enjoy traditional flon dances, acrobatic performances, and a variety of festive food stalls offering delectable Chinese delicacies. The highlight will be the spectacular fireworks display lighting up the night sky.

## Hari Raya

As Hari Raya approaches, Sunway Theme Parks transforms into a colorful celebration of Malay culture and heritage. Visitors can immerse themselves in the joyous atmosphere with traditional music, dance performances, and a special Raya bazaar featuring artisanal crafts and delicious festive treats. Interactive family-friendly activities will provide fun for everyone.





## Deepavoli

Deepavali, the Festival of Lights, brings a radiant glow to Sunway Lagoon and Sunway Lost World of Tambun. The park will be illuminated with oil lamps, creating a magical ambiance. Guests can enjoy classical Indian dance performances and savor authentic Indian cuisine.

## **Christmas**

Ending the year on a high note, Sunway Theme Parks will host a spectacular Christmas celebration. Visitors can revel in the holiday spirit with beautifully decorated Christmas walkways, enchanting light displays, et cetera. Santa Claus will make special appearances, and kids can enjoy festive workshops, caroling, and seasonal treats.





These festive events highlight Sunway Theme Parks' commitment to celebrating cultural diversity and creating unforgettable experiences for their guests. With something special planned for each celebration, guests are guaranteed a season of joy, wonder, and excitement.

Come join the festivities at Sunway Theme Parks and make memories that will last a lifetime!

Visit our website at: sunwaylagoon.com

















## HISTORY OF KUALA LUMPUR

The name "Kuala Lumpur," which signifies "muddy confluence" in Malay, originated from tin miners exploring the Ampang region. Their mining activities brought them to the convergence of the Gombak and Klang rivers, prompting them to name the area Kuala Lumpur. The following is a chronological summary of Kuala Lumpur's historical development.



A contingent of 87 tin miners conducted exploration in the Kuala Lumpur vicinity, uncovering substantial tin deposits in Ampang.

The swift development of Kuala Lumpur drew miners from diverse locations, resulting in an increase in population as well as conflicts, disputes, and gang rivalries.

Yap Ah Loy, who led the Chinese community in Kuala Lumpur, played a pivotal role in instituting law and order. Additionally, he initiated the establishment of the city's inaugural school and a refuge for the homeless.

A British representative named Frank Sweetenham formulated an urban development plan to modernize Kuala Lumpur.

Selangor designated Kuala Lumpur as its capital.

Kuala Lumpur became the capital of the Federated Malay States following the union of the four state sultans.

Arthur Benison Hubback, a prolific British colonial architect, was responsible for both the design and construction of Kuala Lumpur's inaugural railway station.





in Knala Lumpur

From June - August

#### 1 & 2 JUNE - GAWAI

The Gawai Festival is a special celebration for the Dayak' people in Sarawak. It happens in June and lasts the whole month, marking the harvest time. During this festival, Dayak culture is on full display, with traditional dances, lots of rice wine called Tuak, and big meals shared among everyone in the longhouse. Even Sarawakians living in other parts of Malaysia might join in, but it's mainly a Sarawak thing, showing off its unique culture and traditions.

### 17 & 18 JUNE - HARI RAYA HAJI

Although Hari Raya Aidilfitri and Hari Raya Haji share similarities, Hari Raya Haji holds a unique significance in Malaysia. Unlike other celebrations, Hari Raya Haji involves specific religious practices such as sacrificial-slaughtering, known as "korban," along with prayers and the distribution of food to the needy. This customary feast underscores the importance of giving back and serving the community, distinguishing Hari Raya Haji as a distinct and meaningful occasion in Malaysian culture.

#### 31 AUGUST - INDEPENDENCE DAY

On August 31, Malaysia marked its Independence Day, marking the end of 151 years of British rule as they opted to leave the country. Annually, Malaysians celebrate Independence Day either at Dataran Merdeka or in Putrajaya with processions, parades, performances, and more. Even the Yang Di-Pertuan Agong, also known as the King, and Queen attend this significant day.



# SPOT'S YOU WON'T REGRET GOING TO







Chill at our cafe by the Titiwangsa lake. You can see Twin Tower from the lake. We serve western cuisine and its a perfect place to get closer to nature and avoid from hustle bustle city.

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- wnblakesidetitiwangsa
- White & Black Lakeside at Titiwangsa KL







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- wnbkampongheritage
- (f) White & Black Kampong at Heritage KL





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#### ICONIC LANDMARKS

#### **Petronas Twin Towers**

The Petronas Towers, also called the KLCC Twin Towers, stand as majestic 88-storey skyscrapers in Kuala Lumpur. They once held the title for the world's tallest structures, reigning from 1998 to 2004 until other skyscrapers surpassed them in height. Nonetheless, they remain the tallest twin towers globally, soaring impressively at 451.9 meters. Even today, they stand as iconic symbols of Malaysia, particularly captivating when illuminated against the night sky.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City Centre, 50088 Kuala Lumpur

Contact: +603-2331 8080

Website: https://www.petronastwintowers.com.mv/

ers.com.my/

Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)



#### KL Tower

Menara Kuala Lumpur, standing proudly as the seventh-tallest telecommunications tower globally and the tallest in Southeast Asia, was built with the aim of improving broadcasting and telecommunications services in Malaysia. This towering structure offers a diverse range of facilities, catering to various interests and needs. From the exquisite Atmosphere 360° restaurant to the spacious Mega view Banguet Hall ideal for meetings, seminars, and private events like weddings, the tower boasts an array of amenities. Visitors can also explore attractions such as the Mini Theater, Amphitheater, Blue Aguarium, KL Tower Mini Zoo, KL Upside Down House, Observation Deck, Sky Deck, Sky Box, Sky Café, and the recently added Tower Walk 100, making it a multifaceted destination for both locals and tourists alike

Address: No. 2 Jalan Punchak Off, Jalan P.

Ramlee, 50250 Kuala Lumpur Contact: +603-2020 5444

Website: https://www.menarakl.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



#### Saloma Bridge

The Pintasan Saloma is a 69-meter-long pedestrian bridge that serves as a vital link between Kampung Baru and KLCC. It transforms into a mesmerizing spectacle at night, illuminated by vibrant and captivating lights. Set against the backdrop of the Kuala Lumpur skyline, the bridge offers a picturesque scene, making it the perfect spot for taking stunning OOTD (Outfit Of The Day) photos. Its charm and creativity make it a beloved feature of the cityscape for everyone to enjoy.

Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur, Federal Territory of Kuala Lumpur

#### **Central Market**

Make sure to include a visit to the Central Market, fondly known as Pasar Seni, on your itinerary for a chance to discover intriguing treasures and artifacts. Here, you'll encounter a rich assortment of arts and crafts representing diverse cultures from across Malaysia. Conveniently situated in the heart of Kuala Lumpur, reaching the Central Market is a breeze with accessible public transportation options. Explore the stalls and galleries to experience the Malaysian artistry and cultural heritage.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2031 0399

Website: http://www.centralmarket.com.

my/about.php

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)



#### **Bukit Bintang Crossing**

The Bukit Bintang Crossing, located at the intersection of Jalan Sultan Ismail and Jalan Bukit Bintang, is just like the Shibuya Crossing but in Kuala Lumpur. The bustling Bukit Bintang is a popular area among the tourists and locals as it has various food options, proximity to public transport and shopping malls, as well as affordable and luxury accommodations.

Address: Bukit Bintang, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur





Merdeka 118

Merdeka 118 proudly claims its place as the world's second-highest structure, soaring impressively to a remarkable height of 678.9 meters with a staggering 118 stories, solidifying its position as Malaysia's tallest skyscraper. Its iconic design pays homage to a pivotal moment in history: the memorable declaration of "Merdeka!" (Independence) by Tunku Abdul Rahman, accompanied by a distinctive hand gesture, on Independence Day.

Address: Jalan Hang Jebat, City Centre,

50150 Kuala Lumpur Contact: +603-2050 5100

Website: https://www.merdeka118.com/

office/

Operating Hours: 9.00 am - 9.00 pm (Tuesday-Sunday) / Closed on Monday

TRX Exchange

The Exchange 106, also known as the TRX Tower, is a supertall skyscraper located in the Tun Razak Exchange region in KL. It is 445.5 meters tall with 95 storeys, which makes it the third tallest building in Malaysia. This building was built as a new financial centre in Kuala Lumpur.

Address: Menara Exchange 106, Lingkaran TRX, Tun Razak Exchange, 55188 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +603-2710 8806

Website: https://www.exchange106.my/ Operating Hours: 8.30 am - 8.00 pm (Monday-Friday) / 8.30 am - 2.00 pm (Saturday) / Closed on Sunday



#### HISTORICAL SITES

#### Merdeka Square

Before it became Merdeka Square, it was called the Selangor Club Padang. Now, it's one of Malaysia's most important historical spots. You'll find it right in front of the Sultan Abdul Samad Building. Here, you'll see the tallest flagpole in Malaysia and the tallest one in the world, reaching 100 meters high. Every year, Malaysia celebrates its independence day right here at Merdeka Square.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Operating Hours: Open 24 hours



#### Masjid Jamek Sultan Abdul Samad

Masjid Jamek, one of Kuala Lumpur's oldest mosques, showcases a distinctive blend of Islamic architectural styles influenced by both Mughal and Moorish designs. Situated at the confluence of the Gombak and Klang rivers, it's conveniently accessible via Jalan Tun Perak and stands as a notable landmark along the River of Life. Designed by Arthur Benison Hubback in 1909, the mosque embodies the Indo-Saracenic style, reflecting a rich fusion of cultural influences.

Address: Jalan Tun Perak, City Centre,

50050 Kuala Lumpur Contact: +603-2691 2829

Website: https://www.facebook.com/

Jamekmosque2/

Operating Hours: 5.30 am - 9.30 pm

(Monday-Sunday)

#### Sultan Abdul Samad Building

The Sultan Abdul Samad Building, constructed in 1894, stands prominently in front of Merdeka Square. Originally serving as the headquarters for the British colonial administration, it now houses the Malaysian Ministries of Communications and Multimedia, as well as Tourism Culture. This iconic late 19th-century landmark boasts stunning architecture, making it a prime spot for capturing Instagram-worthy photos.

Address: Jln Raja, Kuala Lumpur City Centre, 50050 Kuala Lumpur Operating Hours: Open 24 hours



#### River of Life

The River of Life stands out as a notable and iconic feature of Kuala Lumpur, representing the meeting point of the Gombak and Klang rivers. A leisurely stroll along the River of Life reveals its enchanting atmosphere, particularly at night, where the lights and mist create a visually stunning effect against the backdrop of the city skyline and the historic Masjid Jamek, the oldest mosque in Malaysia.

Address: Jalan Benteng, City Centre, 50050

Kuala Lumpur

Operating Hours: Open 24 hours





#### **Orang Asli Craft Museum**

Peninsular Malaysia's indigenous people, whose roots trace back tens of thousands of years, are honored with a museum dedicated to their traditional arts. Of particular interest are the wood carvings that depict the old belief systems of the Orang Asli community. Conveniently situated across the street from the National Museum, it's easy to combine a visit to both attractions for a comprehensive cultural experience.

Address: Jabatan Muzium Malaysia, Jalan Damansara, 50566 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +603-2282 6255

Website: http://www.jmm.gov.my/ms/muzium/muzium-seni-kraf-orang-asli

Operating Hours: 9.00 am - 6.00 pm

(Monday - Sunday)



## Art House Gallery Museum of Ethnic Arts

The Art House Gallery Museum of Ethnic Arts, situated in Central Market, is a museum that celebrates the diverse arts and crafts of Asia. Each exhibit offers its own distinctiveness, accompanied by brief explanations of its origins and historical significance. It's a fascinating journey through the rich cultural tapestry of the region, offering visitors a deeper understanding and appreciation of Asian artistry.

Address: Lot 3.04 & 3.05, Level 2, Annexe Building, Central Market, 10, Jalan Hang

Kasturi, 50050 Kuala Lumpur Contact: +6012-388 6868

Website: https://www.facebook.com/

aha12345/

Operating Hours: 11.00 am - 7.00 pm

(Monday-Sunday)

## MUSEUMS & MEMORIALS



#### Memorial Negarawan

The Memorial Negarawan is a tribute to seven influential Malaysian leaders pivotal in securing the country's independence. Alongside commemorating their legacy, the memorial showcases personal belongings of these statesmen. Its primary goal is to recognize and pay homage to the outstanding achievements and contributions of these individuals to the nation's history and development.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2604 0559 Operating Hours: 8.00 am - 5.00 pm (Saturday-Thursday) / 8.00 am - 5.00 pm (Friday)





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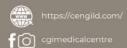
Nose Bleed



Headache Facial Pain



Itchy Eyes Nose | Ears





# MODERN ARCHITECTURAL BUILDINGS

#### **Petronas Twin Towers**

The Petronas Towers, also referred to as the KLCC Twin Towers, stand as a remarkable 88-storey supertall skyscraper in Kuala Lumpur. Holding the title of the world's tallest structures from 1998 to 2004, they were eventually surpassed by taller buildings in other countries. Nevertheless, they retain the distinction of being the tallest twin towers globally, soaring to a height of 451.9 meters. As one of Malaysia's most iconic landmarks, they continue to captivate with their stunning beauty, particularly when illuminated at night, adding to the allure of Kuala Lumpur's skyline.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City

Centre, 50088 Kuala Lumpur Contact: +603-2331 8080

Website: https://www.petronastwintow-

ers.com.my/

Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)





#### Telekom Tower

The Telekom Tower, designed by Hijjas Kasturi Associates and overseen by Telekom Research and Development Sdn Bhd, stands as a notable architectural feat. Fondly dubbed the 'Avengers Tower' by locals due to its resemblance to the Stark Tower from the Avengers movie, this skyscraper commands attention along the Federal Highway. Soaring to a height of 310 meters and boasting 55 storeys, it holds the distinction of being the fifth tallest building in Malaysia.

Address: Jalan Pantai Baharu, 50672 Kuala Lumpur, Wilayah Persekutuan

Kuala Lumpur

Contact: +603-2240 9494

Website: https://www.tm.com.my/ Operating Hours: 9.00 am - 6.00 pm (Monday-Friday) / Closed on Saturday &

Sunday

#### Menara YTL

In 2017, the blueprint for the 41-storey Menara YTL was conceptualized, YTL enlisted the expertise of a renowned architect, designer, and consultant to bring their vision to life. Completed in December 2020, the tower has become a striking addition to Kuala Lumpur's skyline, distinquished by its lavish embellishments and monochromatic color palette. The sleek facade of the tower, resembling a crystalline structure, was achieved through the use of intricately folded glass panels. This artistic approach lends the building a gem-like allure, with its surfaces reflecting light in varying degrees and textures, creating a captivating visual effect.

Address: 205, Jln Bukit Bintang, Bukit

Bintang, 55100 Kuala Lumpur Contact: +603-2038 0888 Website: https://www.ytl.com/ Operating Hours: 9.00 am - 6.00 pm

Operating Hours: 9.00 am - 6.00 pm (Monday-Friday) / Closed on Saturday &

Sunday





#### Illusion 3D Art Museum

When you visit Kuala Lumpur, don't forget to check out the Illusion 3D Art Museum. True to its name, this museum is filled with stunning 3D art. Created by a team of talented artists, these larger-than-life pieces incorporate cultural elements, making them even more captivating. The immersive nature of the artworks allows you to step directly into the scenes and feel like you're a part of the picture!

Address: Lot 4.01-4.03, Second Floor Central Market Annexe, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur

Contact: +603-2022 1613

Website: https://illusion3dart.com/ Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)



#### Saloma Bridge

Pintasan Saloma, also known as Saloma Link, is a pedestrian bridge that stretches for 69 metres, connecting two different areas. It conveniently links Kampung Baru with KLCC, making it close to both the Petronas Twin Towers and the LRT Kampung Baru station. At night, the bridge becomes vibrant and colourful, especially when set against the backdrop of the KL skyline. This beautiful and creatively designed structure is the perfect place for fantastic OOTD (Outfit Of The Day) photos.

Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur

# INSTAGRAMMABLE SPOTS

#### Thean Hou Temple

Located on Lorong Bellamy in Kuala Lumpur, the Thean Hou Temple is a six-tiered temple devoted to the Chinese sea goddess Mazu. It provides stunning views of Jalan Syed Putra from the summit of Robson Heights. Established in 1987 and formally opened in 1989, this temple is renowned as one of the largest temples in Southeast Asia, boasting a captivating atmosphere that is ideal for capturing Instagram-worthy moments in the nearby surroundings.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2274 7088

Website: https://www.facebook.com/

theanhoutemple/

Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)



#### Jalan Alor Street Art

When strolling along Jalan Alor in Kuala Lumpur, you'll encounter captivating artworks lining the streets. The walls of homes and businesses are adorned with vibrant and stunning animals and patterns, adding a splash of color to the surroundings. These colorful artworks, contributed by local artists, have infused Jalan Alor with a vibrant atmosphere. Take a moment to pause and appreciate these beautiful creations during your visit—they truly enhance the charm of the area!

Address: 64, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2110 5670 Operating Hours: Open 24 hours



#### River of Life

The River of Life stands out as a notable and iconic feature of Kuala Lumpur, representing the meeting point of the Gombak and Klang rivers. A leisurely stroll along the River of Life reveals its enchanting atmosphere, particularly at night, where the lights and mist create a visually stunning effect against the backdrop of the city skyline and the historic Masjid Jamek, the oldest mosque in Malaysia.

Address: Jalan Benteng, City Centre, 50050 Kuala Lumpur Operating Hours: Open 24 hour



#### **Batu Caves**

Batu Caves, a top tourist spot in Malaysia, lies just 13 kilometers north of Kuala Lumpur. The Hindu deity Lord Murugan stands tall here, guarding the temple with his massive statue. Explore a series of limestone caves and temple complexes within the area. Don't miss the vibrant staircase at Batu Caves, perfect for snapping Instagram-worthy photos. This iconic site showcases Malaysia's rich cultural diversity at its finest.

Address: Gombak, 68100 Batu Caves,

Selangor

Contact: +603-6189 6284



#### Sky Deck KL Tower

The Sky Deck at KL Tower gives visitors an amazing view of Kuala Lumpur. It's way up high and lets you see all the famous buildings and busy streets below. The floor is made of see-through glass, which makes it feel like you're floating in the air. You can take great pictures, see the city from above, or just enjoy the beautiful sights. Visiting the Sky Deck is an experience you won't forget!

Address: Menara Kuala Lumpur No. 2 Jalan Punchak Off, Jalan P. Ramlee,

50250 Kuala Lumpur Contact: +603-2020 5444

Website: https://kltower.com.my/ Operating Hours: 9.00 am - 10.00 pm

(Monday-Sunday)



#### Desa ParkCity

Desa ParkCity offers a relaxing setting for picnics by the lake or jogging along the path for exercise. You can also take a leisurely stroll and appreciate the beautiful outdoor views. Plus, it's pet-friendly, making it even better for animal lovers.

Address: C-3-1 Plaza Arkadia, 3, Persiaran Residen, Desa Parkcity, 52200 Kuala Lumpur

Operation Hours: 6.00 am - 11.00 pm

(Monday-Sunday)



#### Kepong Metropolitan Park

Kepong Metropolitan Park is a 57-hectare man-made lake where locals would jog and cycle around it along the paths. There is also a playground for kids, a boathouse, and observation tower, reflexology services, and an open space for picnickers and kite flyers are all included in the park.

Address: Jalan Lingkaran Tengah 2, Lake Garden, 52100 Kuala Lumpur Contact: +603-6259 4270 Operating Hours: 6.00 am - 7.00 pm (Monday-Sunday)



#### **PARKS & GARDENS**



#### TTDI Park

TTDI Park is a beautiful recreational spot located near the KL Golf & Country Club and the bustling TTDI area. It's an ideal place to enjoy some leisure activities with your family and friends, surrounded by lush greenery.

Address: Jalan Abang Haji Openg, TTDI Hills, 60000 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +6013-687 9340 Website: https://www.facebook.com/

pages/Taman-Rekreasi-Lembah-Kiara-TTDI-KL/153130561411031 Operating Hours: 6.45 am - 7.00 pm (Monday - Sunday)



#### Perdana Botanical Garden

The Perdana Botanical Garden is an excellent spot for a leisurely walk surrounded by nature's beauty. Spanning a large area, it features various gardens and sections, including a special plants division showcasing exotic trees from around the world. Additionally, the park offers numerous tables and gazebos for visitors to relax and enjoy.

Address: Jalan Kebun Bunga, Tasik Perdana, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2276 0432

Website: http://www.klbotanicalgarden.gov.my/

Operating Hours: 7.00 am - 8.00 pm

(Monday-Sunday)

#### **ECO & AGRO TOURISM**



## KL Forest Eco Park (Taman Eko Rimba KL)

Even though it doesn't cost anything to visit, KL Forest Eco Park has plenty to offer for everyone. You can set up camp, go for a hike, or even learn a thing or two while you're there. But what really steals the show is the stunning canopy walk. Stretching 200 meters, it's perfect for snapping some awesome Instagram photos and enjoying a breathtaking view of the nearby towers!

Address: Lot 240, Jalan Raja Chulan, Bukit Kewangan, 50250 Kuala Lumpur Contact: +603-2020 1606 Operating Hours: 8.00 am - 5.30 pm

#### Kebun-Kebun Bangsar

Kebun-Kebun Bangsar isn't just your typical park—it's a special 2.5-acre urban community food garden. Perched atop a hill in a residential neighborhood, it offers a fantastic view of the Kuala Lumpur skyline. Families looking for a peaceful spot to unwind in the city will love it here, and the best part is, it's free to enter. You'll also find a variety of animals, beautiful flowers, and flourishing vegetable gardens, making it a delightful place to explore for everyone.

Address: Lorong Bukit Pantai, Bangsar,

59100 Kuala Lumpur Contact: +6016-414 1620

Website: https://www.facebook.com/

kebunkebunbangsar/

Operating Hours: 8.30 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday



## Forest Research Institute Malaysia (FRIM)

If you're a nature enthusiast visiting Kuala Lumpur, you absolutely can't miss out on FRIM, which stands for the Forest Research Institute of Malaysia. It's located in Kepong, a suburb about 16 kilometers northwest of the city center. Established back in 1929, it's now one of the leading institutions globally for studying tropical forestry. When you step into FRIM, you'll be amazed by its arboretums-essentially living museums of trees. Take your time to wander through the various nature trails and discover the rich local flora and fauna. And before you set off, make sure to swing by the information desk for a quick briefing and grab some plant brochures to enhance your exploration of the surrounding area.

Address: Jalan Frim, Institut Penyelidikan Perhutanan Malaysia, 52109 Kuala Lumpur

Contact: 03-6279 7000

Website: https://www.frim.gov.my/ Operating hours: 8.00 am - 5.00 pm (Monday - Saturday, Close on Sunday)



# Introduction to Cultures & Religions in Kuala Lumpur

Malaysia stands out for its remarkable diversity in ethnicity, language, and religion. Each ethnic group typically retains its ancestral customs, fostering a society that embraces arange of ideas, values, and lifestyles. While Malaysian culture generally reflects the Malay majority, significant regional variations exist across the country.

KualaLumpurboastsameltingpotofethnicities,includingMalays,Chinese,Indians, and various indigenous groups, with many Borneans now residing in Peninsular Malaysia. Today's culturally varied nation was created by the unique mingling of cultures from the immigrant communities that settled and intermarried locally.

To truly appreciate Kuala Lumpur, it's essential to delve into the unique customs and traditions of Malaysian culture. Exploring cultural sites and learning about the country's heritage beforehand allows for more respectful interactions with locals. The city offers a wide range of cultural attractions, providing ample opportunities to immerse oneself in Malaysian culture.



## **CULTURAL FESTIVALS**

#### Hari Raya Aidilfitri

In Malaysia, Muslims observe Hari Raya Aidilfitri, a joyous and widely celebrated holiday. This festive occasion marks the end of the holy month of Ramadan, known for its fasting rituals. On the first day of Eid, Muslims gather at the mosque for special prayers. Following prayers, families open their homes to friends and relatives for festive gatherings known as open houses. Hosts prepare lavish feasts for guests to enjoy, spreading joy and unity among loved ones during this special time.



#### Hari Raya Haji

Although Hari Raya Aidilfitri and Hari Raya Haji share similarities, Hari Raya Haji holds a unique significance in Malaysia. Unlike other celebrations, Hari Raya Haji involves specific religious practices such as sacrificial-slaughtering, known as "korban," along with prayers and the distribution of food to the needy. This customary feast underscores the importance of giving back and serving the community, distinguishing Hari Raya Haji as a distinct and meaningful occasion in Malaysian culture.





#### Chinese New Year

Chinese New Year stands as the most prominent Chinese festival in Malaysia, commencing on the first day of the Chinese lunar calendar and extending for 15 days until the Lantern Festival, also known as Chap Goh Meh. During this festive period, Malaysians of Chinese descent wear red attires symbolizing prosperity and exchange "ang pow" (red packets) and mandarin oranges for good fortune. Open Houses are hosted where friends and family gather, enjoying traditional delicacies and witnessing vibrant lion dance performances, adding to the jubilant atmosphere of the celebrations.



#### Wesak Day

Buddhists in Malaysia celebrate Wesak Day as a significant holiday, which coincides with the full moon in May. This day commemorates the birth of Buddha and serves as a reminder of his enlightenment. It's a time for Buddhists to reflect on his teachings and the essence of being a Buddhist. During this occasion, symbolic acts such as releasing doves and tortoises are performed by Buddhists, representing the liberation of the soul and seeking forgiveness for past-life wrongdoings. Wesak Day holds deep spiritual significance for Buddhists, marking a time of reflection, reverence, and renewal.

#### Deepavali

Deepavali, or the Festival of Lights, is widely celebrated in Malaysia, marked by the lighting of clay lamps at homes, creating a radiant atmosphere. Colorful paper lanterns and intricate kolam designs adorn houses. The festival emphasizes family visits, heartfelt wishes, and sharing delicious treats, fostering unity and joy.



#### **Thaipusam**

Thaipusam, a significant Tamil festival in Malaysia, commemorates the triumph of Lord Muruga. The main event is a grand parade at Batu Caves over three days, drawing thousands seeking blessings. Devotees carry "kavadis," elaborate structures, as acts of penance and gratitude. Thaipusam reflects the devoutness of Malaysia's Tamil communities.



#### Kaamatan Harvest Festival

The Kadazan-Dusun, Sabah's largest ethnic group, celebrates the Kaamatan Harvest Festival, honoring celestial spirits and harvest blessings. Festivities include local rice wines, ethnic dances, and cultural events. Celebrated in Sabah and by Sabahans in Peninsular Malaysia, it highlights the enduring cultural heritage and unity of the Kadazan-Dusun community.





#### Gawai Festival

The Gawai Festival, celebrated by Sarawak's Dayak community, honors the harvest season. Lasting from June 1st to month-end, it showcases Dayak culture with Tuak rice wine, traditional dances, and communal meals. Gawai Festival is primarily observed within the state of Sarawak, but Sarawakians living in Peninsular Malaysia may also partake in the celebrations. It primarily reflects Sarawak's cultural identity and traditions.

#### Christmas

Christmas, celebrated joyously in Malaysia and globally, commemorates Jesus Christ's birth. Despite the lack of a "white Christmas," Malaysia embraces the festive season with enthusiasm as well. In December, most places are adorned with festive decorations, enhancing the joyful atmosphere and spreading holiday cheer nationwide.



### PLACES OF WORSHIP - MUSLIM

Federal Territory Mosque

Constructed from 1998 to 2000, the Federal Territory Mosque, commonly referred to as Masjid Wilayah Persekutuan, boasts a capacity to accommodate up to 17,000 worshippers simultaneously. Inspired by the iconic Blue Mosque in Istanbul, Turkey, the mosque's architectural style harmoniously integrates Malay and Ottoman design motifs, resulting in a visually stunning and culturally significant landmark.

Address: Jln Tuanku Abdul Halim, Kompleks Kerajaan, 50480 Kuala Lumpur Contact: +603-6201 8791

Website: https://www.masjidwilayah.gov.

my/

Operating Hours: 10.00 am - 4.00 pm (Saturday-Thursday) / 10.00 am - 4.00 pm (Friday)



#### Kampung Baru Jamek Mosque

This beautiful modern mosque located in Kampung Baru is called Masjid Jamek Kampung Baru or Kampung Baru Jamek Mosque. It is easily accessible from the main road and within a walking distance to most of the main places in Kampung Baru and Chow Kit. There are many religious seminars and classes held in the mosque for those who are interested to join. Visitors are welcomed to visit the mosque as well.

Address: Jln Raja Alang, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2691 3954
Operating Hours: Open 24 hours



#### Masjid Jamek Sultan Abdul Samad

The Sultan Abdul Samad Jamek Mosque, also known as Masjid Jamek, stands as one of Kuala Lumpur's oldest mosques. Its unique Islamic architecture melds Mughal and Moorish influences, creating a distinctive aesthetic. Situated at the confluence of the Gombak and Klang rivers, visitors can admire the mosque's beauty while exploring the River of Life area, accessible via Jalan Tun Perak. Built in 1909 by Arthur Benison Hubback, the mosque showcases the Indo-Saracenic architectural style, adding to its historical and cultural significance.

Address: Jalan Tun Perak, City Centre,

50050 Kuala Lumpur Contact: +603-2691 2829

Website: https://www.facebook.com/

Jamekmosque2/

Operating Hours: 5.30 am - 9.30 pm

(Monday-Sunday)





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#### PLACES OF WORSHIP - BUDDHIST



#### Sin Sze Si Ya Temple

In Malaysia, Muslims observe Hari Raya Adjacent to the Central Market, the Sin Sze Si Ya Temple was constructed by Yap Ah Lov to honor two deities who played a pivotal role in guiding and aiding him during the Selangor Civil War. As the city's oldest Taoist temple, it stands as a testament to historical significance and spiritual reverence.

Address: 113A, Jalan Tun H S Lee, City

Centre, 50050 Kuala Lumpur Contact: +603-2078 9052

Website: https://www.facebook.com/Sin-Sze-Si-Sze-Ya-Temple-1258347527591931/ Operating Hours: 7.00 am - 4.00 pm (Mon-

day-Sunday)

#### Thean Hou Temple

Thean Hou Temple is a six-tiered structure that was built in honour of the Chinese sea goddess Mazu. Completed in 1987 and officially opened in 1989, the temple is owned and maintained by the Selangor and Federal Territory Hainan Association. Constructed by the Hainanese, it stands as one of the largest temples in Southeast Asia.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur

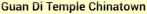
Contact: +603-2274 7088

Website: https://www.facebook.com/ theanhoutemple/

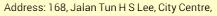
Operating Hours: 8.00 am - 10.00 pm (Mon-

day-Sunday)





Situated in Chinatown KL, the Guan Di Temple is a remarkable religious site and one of the most renowned temples in Kuala Lumpur. This temple, built in 1888, received support from the city's sizable and prosperous Chinese community.



50000 Kuala Lumpur Contact: +603-2072 6669 Website: https://kwongsiew.org/

Operating Hours: 7.30 am - 3.30 pm (Mon-

dav-Sundav)



# PLACES OF WORSHIP - HINDU



# Court Hill Sri Ganesar Temple

The Court Hill Sri Ganesar Temple, situated in Pudu, holds significant importance as a Hindu temple in Malaysia. Recently renovated in 2021, the temple, though modest in size, is renowned for its powerful spiritual ambiance

Address: 9, Jalan Pudu Lama, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2078 9825



# Sree Veera Hanuman Temple

Located in Brickfields, the Sree Veera Hanuman Temple honors Lord Hanuman. the revered monkey God. The temple showcases captivating murals on its ceiling, portraying Hanuman's life story. Despite its small size, the recently refurbished temple is remarkable, adorned with a multitude of statues and depictions of Hanuman in diverse forms from different regions.

Address: Jalan Scott, Brickfields, 50470

Kuala Lumpur.

Contact: +603-2276 2723

Operating Hours: 7.00 am - 10.00 pm

(Monday-Sunday)



# Shree Lakshmi Narayan Mandir

The Shree Lakshmi Narayan Mandir has evolved into a center for embracing the Vedic way of life and the spiritual principles, traditions, and culture of Sanathan Dharma. Connected to a community center, it offers a versatile space for various activities including food services, religious educational programs, cultural events, and language lessons in the mother tongue, among other services.

Address: Lot 68, 69, Jalan Kasipillay, Kampung Kasipillay, 51200 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +603-4041 2993

Website: https://www.sdskl.com.my/ Operating Hours: 8.00 am - 12.00 pm, 4.00

pm - 8.00 pm (Monday - Sunday)

Operating Hours: 6.00 am - 8.30 pm (Sunday, Tuesday-Thursday) / 6.00 am - 8.00 pm (Monday) / 6.00 am - 9.30 pm (Friday) / 6.00 am - 9.00 pm (Saturday)

# PLACES OF WORSHIP - CHRISTIAN



# St Mary's Cathedral Kuala Lumpur

St. Mary's Cathedral, one of the oldest churches in the Klang Valley, was officially opened by a bishop in 1887. Recognizing the need for a larger structure, they started planning in 1893. The foundation stone was laid by an important British official in 1894. In 1970, coinciding with the establishment of the diocese of West Malaysia, the Bishop of West Malaysia relocated to St. Mary's Church. Today, this historic church has evolved into a popular tourist destination in Kuala Lumpur.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2692 8672

Website: https://stmaryscathedral.org.

IIIy/

Operating Hours: 9.00 am - 4.00 pm

(Monday-Sunday)

# Cathedral of St John the Evangelist

The Cathedral of St. John the Evangelist is the main church for the Roman Catholic Archdiocese of Kuala Lumpur. It dates back to 1883, making it one of the oldest Catholic churches in Kuala Lumpur. The church is dedicated to St. John the Evangelist.

Address: 5, Jln B<mark>ukit</mark> Nanas, Kuala Lumpur, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2078 1876

Website: https://www.facebook.com/ca-thedralofstjohnkl/

Operating Hours: 6.00 am - 8.00 pm

(Monday-Sunday)



# St Anthony's Catholic Church

On February 2, 1913, Bishop Barillon blessed the foundation stone of the Church of St. Anthony. Later, on September 21, 1913, Fr. Louis Duvelle conducted the blessing and opening ceremony of the new church. It was dedicated to commemorate his contributions to the Indian community in Kuala Lumpur. Although the church was physically built in 1913, records show that the parish itself was established in 1911.

Address: 5, Jalan Robertson, Bukit Bintang, 50150 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2141 4172

Website: https://www.stanthonykl.com/

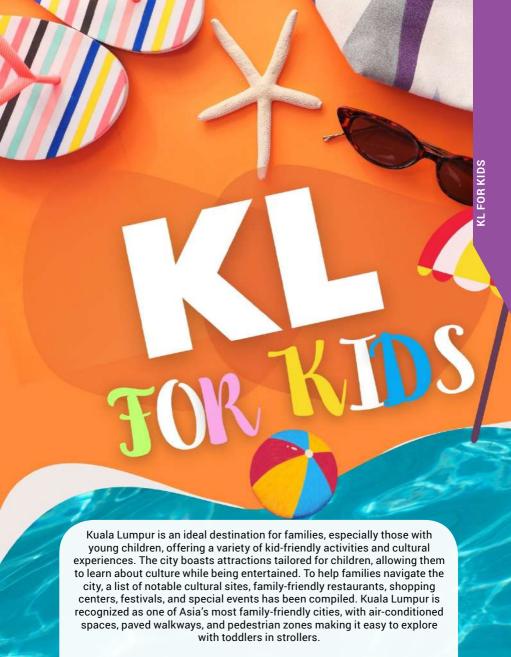


# Church of Our Lady of Fatima

Built in 1963 to accommodate the expanding Catholic community in the Brickfields area, the Church of Our Lady of Fatima boasts a modern design. It is one of four churches situated near the city center. Currently, the church serves a congregation of over 1,500 parishioners residing in Brickfields, Bangsar, Taman Seputeh, and Old Klang Road. The parishioners represent a diverse range of ethnic backgrounds.

Address: 21, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2274 1631 Website: https://olfkl.com/ Operating Hours: 9.00 am - 1.00 pm, 2.00 pm - 5.00 pm (Tuesday-Friday) / 9.00 am - 1.00 pm (Saturday) / 8.00 am - 12.00 pm (Sunday) / Closed on Monday





Parents seeking both entertainment and education for their children will appreciate the city's numerous interactive and instructive settings. Traveling to such locations allows parents to fulfill two goals simultaneously—exploring new places while enhancing their children's learning experiences.

Planning a family-friendly itinerary that includes these recommended locations is advised for a memorable and enjoyable trip to Kuala Lumpur.

# ANIMAL INTERACTION **CENTRES**

# Sunway Wildlife Park

On 88 acres of land, Sunway Lagoon is home to nearly 90 attractions that are all different yet equally enjoyable. Sunway Lagoon also features a wildlife park with various animals to look at, especially the majestic Blue-Eyed White Tiger. While you are enjoying the rides at the park, don't forget to visit the Sunway Wildlife Park to greet the animals there!

Address: 3. Jalan PJS 11/11. Bandar Sunway, 47500 Petaling Jaya, Selangor Contact: +603-5639 0000 Website: https://sunwaylagoon.com/ Operation Hours: 10.00 am - 6.00 pm (Monday-Sunday) / Closed on Tuesday

Website: https://sunwaylagoon.com/ Operating Hours: 9.00 am - 4.00 pm (Monday-Sunday)



# Deer Park

At Lake Gardens KL, you'll find the Kuala Lumpur Deer Park, spread across two hectares. It's home to various deer species like fallow, axis, and sambar. Visitors will love the park's beautiful greenery, tranguil ponds, and peaceful atmosphere.

Address: Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +603-9200 0039

Website: http://www.klbotanicalgarden. gov.my/garden-guide/features/deer-parl

Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)



# Farm Fresh@UPM

At Universiti Putra Malaysia, The Acre Farm Fresh is a popular attraction in the Klang Valley. Guests can enjoy picturesque views and observe diverse agricultural animals such as deer, turkeys, and bunnies. There are also kiosks providing food, vegetables, educational resources, and ice cream. Additionally, visitors can partake in tractor rides, horseback riding, and mini train rides.

Address: Jalan Maklumat, 43400 Serdang, Selangor

Website: https://www.farmfresh.com.my/ experience/

Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10am-10pm (Saturday &

Sunday) / Closed on Monday



Come and be part of this journey of boundless discoveries and limitless imagination at Petrosains, as we turn 25 this year.

Here, science and curiosity blend seamlessly, propelling us towards a future of infinite possibilities

Make a date with Petrosains today to experience this

Petrosains, The Discovery Centre\*, Level 4, Suria KLCC, PETRONAS Twin Towers, 50088 Kuala Lumpur, Molaysia. Infoline: -60 (3) 233 8181 Email: infopetrosains@petronas.com















# THEME PARKS & EDUCATIONAL PLAYLANDS

# **Pusat Sains Negara**

Inaugurated on November 29, 1996, the National Science Centre or Pusat Sains Negara boasts facilities like a science lab, multipurpose hall, auditoriums, workshops, and a multimedia library. It's a fantastic destination for families, especially if your kids are enthusiastic about science.

Address: 50662, Persiaran Bukit Kiara, Bukit Damansara, 50490 Kuala Lumpur

Contact: +603-2089 3400

Website: https://www.psn.gov.my/ Operating Hours: 9.00 am - 5.00 pm (Saturday-Thursday) / Closed on Friday



# Berjaya Times Square Theme Park

The largest indoor theme park in KL is the Berjaya Times Square Theme Park is situated on the fifth floor of the Berjaya Times Square Mall. The Fantasy Garden is oriented towards kids, while the Galaxy Station is divided into two areas, totalling 35,300 square metres. One of its biggest draws is the 800-meter-long Supersonic Odyssey roller coaster, a specially built loop ride with a heart line roller, a loop, and a corkscrew inversion.

Address: Berjaya Times Square, 5th and 7th Floor, 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur

Contact: +603-2117 3118

Website: https://berjayatimessquare-themeparkkl.com/

Operating Hours: 12.00 pm - 8.00 pm (Monday-Friday) / 11.00 am - 8.00 pm

(Saturday & Sunday)



#### Petrosains

Petrosains, located in the iconic Petronas Twin Towers, provides a delightful and interactive environment for people of all ages to explore their curiosity and develop a love for science. With numerous unique displays and interactive exhibits, the center welcomes visitors to enjoy live science presentations and demonstrations for an enriching learning experience.

Address: Petronas Twin Tower, Level 4, Kuala Lumpur City Centre, 50088 Kuala Lumpur

Contact: +603-2331 8181

Website: https://petrosains.com.my/ Operating Hours: 9.30 am - 5.30 pm (Tuesday-Friday) / 9.30 am - 6.30 pm (Saturday

& Sunday) / Closed on Monday





# EnergX

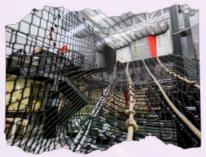
EnerG X Park is the ideal setting for your event with more than a dozen activities available there. The park's ambiance and mood create a lasting effect on the visitors! When you are in KL, it is one of the most exciting sites to visit.

Address: No. 6, Jalan Cochrane, Cheras, 55100 Kuala Lumpur, Wilayah Persekutuan

Kuala Lumpur

Contact: +6011-1500 0088 Website: https://www.energx.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



# **Beast Park**

Beast Park is a unique indoor adventure and activity park where you can let your kids release their inner beast. There are simple LED-lit boulder walls, kid-friendly obstacle courses, and fun caverns all available. For older children, there are additional Beast Net and ninja courses available! It is located in JUMPA in Sungei Wang and is great fun for kids over 120 cm.

Address:Level 3, JUMPA @ Sungei Wang Plaza, Jl Sultan Ismail, 50250 Kuala .

Lumpur.

Contact: 03-2713 7128

Website: https://beastpark.my/

# ADRENALINEINDUCING ACTIVITIES

# **Bomb Battle**

Experience various immersive missions and you will either win or get blasted with paint! This is the best place to test your teamwork skills with your group of friends and fight against the clock. If you fail the tasks, be prepared to get blasted!

Address: Lot 07-96, Level 7, East wing, Berjaya Times Square, Shopping Mall, 1, Jln Imbi, Imbi, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-4819 2852

Website: https://www.thebombbattle.com/ Operating Hours: 10.00 am - 10.00 pm



# **Tower Walk 100**

Experience one of the best attractions at KL Tower known as The Tower Walk 100, highlighting that participants will be 100 feet above ground. Safety harness equipment is provided for a secure stroll around the tower, offering a captivating view of the KL skyline. To participate, individuals must weigh between 30kg to 140kg and be at least 120cm tall.

Address: Menara Kuala Lumpur No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur

Contact: +603-2020 5444

Website: https://www.menarakl.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



# SHOPPING IN

Musla Lumpur

Shopping plays a big role in tourism, and the Secretariat Shopping Malaysia (SSM) aims to make Malaysia a top-notch shopping destination for both locals and international visitors. Kuala Lumpur has a bunch of shopping malls, with over 190 in the Klang Valley and more than 50 in KL alone. These malls aren't just for buying things they've turned into places where people hang out, have fun, and do various activities.

In Malaysia, where the weather is hot, locals love going to malls to escape the heat and enjoy the air conditioning. Even if some folks don't plan on buying anything, they still like to go window shopping because it makes them feel good and happy.

KL is known for affordable shopping, so tourists, both local and foreign, often come with empty suitcases. You can even try bargaining for better prices in certain places. Luxury malls like Pavilion and Suria KLCC boast international brands like Jimmy Choo and Louis Vuitton.

If malls aren't your thing, there are plenty of local markets in KL offering good deals on unique items at reasonable prices. Day and night markets, as well as flea markets, are popular spots filled with people. Check out our list of shopping places in KL for vour visit.

# MUST - BUSY Soweriers in Kurla Lumpur

# Baju Kebaya

The Baju Kebaya is traditionally worn by Malaysian women. The Kebaya is quite similar to the Baju Kurung. which is also the Malay women's traditional clothing. However, the Kebaya is a top that opens at the front and is typically made from thin materials like brocade, cotton, gauze, lace, or voile. Embroidery may also be used as decoration. Either buttons, pins, or brooches are used to fasten the front. The bottom part of the clothing, also known as the sarong is a long piece of fabric that is either made of batik or songket and is wrapped and tucked around the waist



# **Hand-Woven Crafts**

Several different rattan-woven products, including elegant hardwood baskets, fans, placemats, tiny woven wallets or purses, and many more, are produced in Malaysia. To express your gratitude for the people who passionately made these beautiful handcrafted woven items, don't forget to purchase them.



# **Pewter Goods**

Pewter, a malleable metal alloy, comprises tin, antimony, copper, bismuth, and sometimes silver. Malaysians commonly incorporate pewter into their daily routines, particularly for religious practices. Royal Selangor International Sdn Bhd stands as the world's largest pewter manufacturer, offering a wide array of pewterware products including tableware, tankards, tea sets, photo frames, desk accessories, and more.



# Batik

Batik, a cherished art form deeply rooted in Malay culture, involves applying vibrant wax-resist colors onto plain fabric. Traditional designs feature floral motifs like flowers and leaves, though modern variations incorporate geometrical shapes and spirals. Over time, batik has evolved into a distinct art form in Malaysia, reflecting its rich heritage and cultural significance.



Labu Sayong

Labu Sayong is the name of a traditional ceramic craft. It can take on many different shapes, like the gourd-shaped porcelain water jugs known as jars. It's also one of the most popular and well-known presents among visitors. They help to keep drinking water at a cool temperature. Labu Sayong is also recognised to provide health benefits. The Central Market in KL is where one may get these excellent things.

# SHOPPING MALLS

#### The Gardens Mall

Address: Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2297 0288

Website:https://www.thegardensmall.

om.my/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

# **Pavilion Bukit Bintang**

Address: 168, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur, Federal Ter-

ritory of Kuala Lumpur Contact: +603-2118 8833

Website: https://www.pavilion-kl.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

# Mid Valley Megamall

Address: Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2938 3333

Website: https://www.midvalley.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

# MyTown Shopping Centre

Address: No.6, Jalan Cochrane, Seksyen 90, 55100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +603-2710 0057

Website: https://mytownkl.com.my/

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

# Lot 10

Address: 50, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur, Federal Ter-

ritory of Kuala Lumpur Contact: +603-2141 0500 Website: https://lot10.com.my/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



# Berjaya Times Square

Address: 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

umpui

Contact: +603-2117 3111

Website: https://berjayatimessquarekl.

com/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

# Suria KLCC

Address: 241, Petronas Twin Tower, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2382 2828

Website: https://www.suriaklcc.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

# KL Eco City Mall

Address: KL Eco City Mall, No.3, Jalan Bangsar, 59200 Kuala Lumpur, Federal

Territory of Kuala Lumpur Contact: +603-2283 2255

Website: http://www.klecocitymall.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

#### Fahrenheit

Address: 179, Jln Gading, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +603-2148 5488

Website: https://www.fahrenheit88.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



# Jelatek Night Market

Address: Jalan Setiawangsa, Taman Keramat, 53300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Operating Hours: 4.00 pm - 1.00 pm (Every Friday)

# Pasar Jalan Raja Bot

Address: Jalan Raja Alang, Chow Kit, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

# Pasar Malam Sri Petaling

Address: NO 19, Jalan Radin Anum, Bandar Baru Sri Petaling, 57000 Kuala Lumpur

Operating Hours: 5.00 pm - 10.30 pm

(Every Tuesday)

# Pasar Malam Sentul

Address: 65, Jalan 1/48a, Bandar Baru Sentul, 51000 Kuala Lumpur Contact: +6011-1639 1006

Operating Hours: 5.00 pm - 9.00 pm (Every

Friday)

# **Taman Connaught Night Market**

Address: Jalan Cerdas, Taman Connaught, 56000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Website: https://www.facebook.com/ PmTamanConnaught/

Operating Hours: 5.00 pm - 1.00 am (Every Wednesday) / Closed on Thursday-Tuesday

# **NIGHT MARKETS**

# Pasar Malam Jalan Hujan Emas OUG

Address: Overseas Union Garden, Jalan Hujan Emas 4, Taman OUG, 58200 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +6012-322 3815

Operating Hours: 4.00 pm - 11.30 pm (Every Thursday) / Closed Friday-Wednesday

# Chow Kit Night Market

Address: Chow Kit, 50300 Kuala Lumpur

Contact: +6019-332 5077

Operating Hours: 6.00 pm - 11.00 pm (Every Monday)

Bangsar Baru Night Market

Address: Bangsar Baru, 59000 Kuala

Lumpur

Operating Hours: 5.30 pm - 11.00 pm (Every Sunday)

**Pudu Glutton Street Night Market** 

Address: Jalan Sayur, Pudu, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-1168 7607

Operating Hours: 7.00 am - 9.00 pm (Tuesday) / 7.00 am - 10.00 pm (Wednesday) / 7.30 am - 10.00 pm (Thursday) / 4.30 pm - 10.00 pm (Friday & Saturday) / 7.00 am - 10.00 pm (Sunday) / Closed on Monday





# GASTRONOMIC Pelight =

Malaysia's rich cultural diversity significantly shapes its culinary landscape. Malaysian cuisine is incredibly diverse, drawing heavily from Chinese, Indian, and native Malay cooking techniques. These influences are evident in the use of woks as primary cooking utensils, the incorporation of various spices, and the remarkable flavor combinations that meld textures, tastes, and colors using a wide range of ingredients.

In travel, the people, the scenery, and the cuisine stand out as the three key elements with immense potential for exploration. We extend a warm welcome to visitors in Malaysia, encouraging them to seize the opportunity to savor a variety of the country's cuisines, creating delightful and lasting memories to bring back home.

Distinctive in its flavors due to the presence of multiple ethnic groups, Malaysian cuisine presents authentic Malay eateries alongside a plethora of Chinese and Indian restaurants. Thus, it's highly recommended to indulge in the delectable local delicacies that are exclusive to Malaysia!

el ibérico

# GANIBAS AL AJILLO parier Brawns

All you need is a loaf of good crusty bread to dunk in the tasty olive oil sauce.

DON'T FORGET TO ORDER A DRINK
AS TAPAS IS A SMALL SPANISH SAVOURY DISH,
TYPICALLY SERVED WITH DRINKS, SALUD!

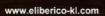
**ORDER NOW** 

Contact us

Unit G-1, Seri Bukit Ceylon, No 8,Lorong Ceylon,50250 Kuala Lumpur



+6012-939 0925









# FOODS IN KL DIMEN

# Chicken Rice

Chicken rice consists of fragrant rice, flavorful chicken, and soup. This dish showcases tender white chicken, delicately sautéed and poached before being sliced into bite-sized pieces. Served with a garlic-chilli dip, garnished with coriander, and topped with sesame oil, chicken rice is readily found throughout Kuala Lumpur, ranging from street vendors to high-end restaurants. It's a must-try culinary delight during your trip!





# Ikan Bakar

Ikan Bakar means 'grilled fish' and it is a type of dish that is grilled using charcoal. This delicious dish can be found in Malaysia, Indonesia and various other Southeast Asian countries. It is one of the popular dishes in Malaysia as it is also a staple dish for all seafood lovers. Before being placed on the hot grill, the fish is wrapped in banana leaves and seasoned with a spice marinade.

# **Hokkien Mee**

Hokkien Mee is one of the popular noodle dishes in Southeast Asia, especially in Malaysia. This dish is a savoury dish with chewy noodles smothered in a sweet salty soy sauce with prawns, pork belly, cabbage, and gailan. For the halal version, the pork and lard is replaced with halal ingredients instead. This dish has an origin of China's Fujian province.





# Satay

Satay is a famous Malaysian street food of seasoned, skewered and grilled meat that is served with peanut sauce dip. This dish is actually similar to kebabs but without the sliced vegetables. The satay uses juicy slices of marinated beef on thin bamboo skewers. Then, it is grilled to perfection on a charcoal open fire. You are able to use different types of meat of your choice such as chicken, beef, pork meat, and so on.

# Namaste Inclia

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Discover the Awarded Wining Restaurant - Namaste India. Kuala Lumpur's most authentic North Indian dinning experience. Indulge into classics like Butter Chicken & Mutton Rogan josh. Treat yourself & your loved ones to this North Indian luxury dining with impeccable service in a cozy and luxurious environment.



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# FOODS IN KL SMACKER

# **Apam Balik**

One of Malaysia's favourite snacks is apam balik. There are several varieties of this sweet treat, which has Chinese origins, that may be found at any apam balik roadside stall in Malaysia. A thick and fluffy pancake known as an apam balik can be filled with a variety of ingredients, including sugar and butter, nestum, peanut butter, chocolate, sweet cream-style corn, and others.





# Cakoi

Malaysians adore the common snack known as cakoi. It is a long, golden-brown snack made of fried dough that is generally eaten for breakfast or tea with rice porridge, starch, or soybeans. Moreover, it can be consumed with kaya pandan as a dip. This food is available at both morning and evening street markets. It is better to consume the cakoi while it is still hot or warm because it is typically deep-fried.

# **Keropok Lekor**

Keropok Lekor, a type of fish sausage, is a common fish cracker snack that originated in the state of Terengganu. It is prepared using fish and sago flour and is salted and sweetened. It has a slightly greyish colour and emits a fishy flavour and smell, which are more noticeable when it cools after being fried. This is often eaten during tea time or just as a snack. You are also able to eat this snack with cheese as well.





# Rojak

Rojak, a popular Malaysian snack, consists of a mix of sliced fruits and vegetables served with a slightly spicy palm sugar dressing, often with sambal belacan. The dish offers a fusion of spicy, sweet, and salty flavors. Rojak Penang is a variation that includes acidic fruits like unripe mangoes and green apples, along with jambu air, guava, squid fritters, and honey. The sauce is typically thick and toffee-like in consistency.



# FOODS IN KL DOWN

# Ice Cream Malaysia

Ais Krim Malaysia is a unique type of ice cream popular among Malaysian school students for its ease of consumption and variety of flavors. Made using special plastic bags and a funnel, the mixture is poured in, tied, and frozen overnight. To enjoy, simply cut the top of the plastic bag and indulge in the frozen treat directly.



# Tau Foo Fah

Tau Foo Fah is a beloved Malaysian dessert made from tofu, cherished for its smooth texture. Served with a sweet syrup made from either sugar or brown sugar, it's a popular treat found at hawker stalls in night markets. While typically served warm, some enjoy it chilled as well.

# **ABC**

ABC, also known as Ais Kacang, is a popular Malaysian delicacy. It is made up of shaved ice, red beans, jelly, and sweet syrup. Some will also add fruits or sweet corn to the ABC for a more unique twist to it. Traditionally, an ice shaving machine, which was formerly handcranked but is now more commonly motorised, is used to churn out the shaved ice used in the dessert.





# Cendol

Cendol is a refreshing dessert consisting of palm sugar syrup, coconut milk, and green rice flour jelly. It can be customized with various toppings like durian, fermented sweet cassava (tapai), jackfruit, dragon fruit, and chocolate syrup. Perfect for hot weather, cendol offers a delightful cold sensation.



# **Providing the Best Dining** Experience in Kuala Lumpur

Discover three outstanding restaurants in Kuala Lumpur that will take you on a culinary journey. With breathtaking views, Skyhill Fusion Restaurant serves Western-Asian fusion cuisine. Chakri Palace brings royal Thai cuisine to life. Chakri Raintree Skybar offers the best of Western and Thai flavours with a stunning city view.



Rotol Food-Chain



https://rotolfoodchain.com





# Chakri Palace

Imperial Chakri Palace in Suria KLCC offers a Muslim-friendly Thai dining experience. Established in 1999, this restaurant is renowned for its authentic Thai cuisine. Their bestselling "Tom Yam King Prawn in Coconut" is a symphony of bold Tom Yam soup flavours, creamy coconut milk, and succulent king prawns. Indulge in the rich tastes of Thailand in the heart of Kuala Lumpur.

Chakri Palace Royal Thai Culsine (ii) @chakripalace



# Skyhill Fusion Restaurant

Dine in the sky at Skyhill Fusion Restaurant, Petaling Jaya. Indulge in fusion dishes, from hearty pizzas to burgers, amid a lively ambiance and breathtaking rooftop view for a special evening.

Skyhill Fusion Restaurant (C) @skyhillfusionrestaurant



# Chakri Raintree Skybar

Experience exceptional dining at Chakri Raintree Skybar atop Dorsett Hartamas Hotel, offering a dining experience with a stunning 180° panoramic view of Kuala Lumpur. Authentic Thai flavours, warm ambiance, and diverse menu choices await. Perfect for romantic evenings, family gatherings, or business lunches.

Chakri Raintree Skybar

@chakriraintreeskybar

# MALAY CUTSTNE

# Dewakan

Dewakan, located in Platinum Park, Kuala Lumpur, showcases the best of Malaysian cuisine by combining traditional flavors with modern techniques. The restaurant's name, derived from Malay words meaning 'god' and 'food,' highlights their deep respect for local ingredients and heritage, encouraging guests to experience the diverse culinary landscape of Malaysia.

Address: Platinum Park, Level 48. Skyviews, Naza Tower @, Persiaran KLCC, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6012-789 6720

Website: https://www.dewakan.my/ Operating Hours: 6.00 pm - 11.30 pm (Monday-Saturday) / Closed on Sunday



Manja KL

In Kuala Lumpur, Manja is located in a beautifully restored colonial building that is a century old. They serve a contemporary twist on classic Malaysian dishes, with each plate showcasing a blend of tastes that honor the diverse culinary heritage of the area.

Address: 6, Lorong Raja Chulan, Kuala Lumpur, 50250 Kuala Lumpur

Contact: +6012-373 7063

Website: https://www.mania.com.mv/ Operating Hours: 12.00 pm - 11.00 pm (Sunday-Thursday) / 12.00 pm - 12.00 am

(Friday & Saturday)

# Malaya Garden

Experience Malaya Garden café in Chinatown, offering fun treats in a vibrant, multi-level space with lush green decor and fusion cuisine.

Address: 1A, Jalan Balai Polis, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6016-912 1268

Website: https://www.facebook.com/

malavagarden/

Operating Hours: 8.00 am - 8.00 pm



# Congkak

Located in Jalan Beremi, Congkak is inspired by the traditional Malaysian game. Treat yourself to authentic dishes such as nasi ambeng, perfect for individuals dining alone or for groups of any size.

Address: 24, Jalan Beremi, Off, Jln Sultan Ismail, Bukit Bintang, 50200 Kuala

Lumpur

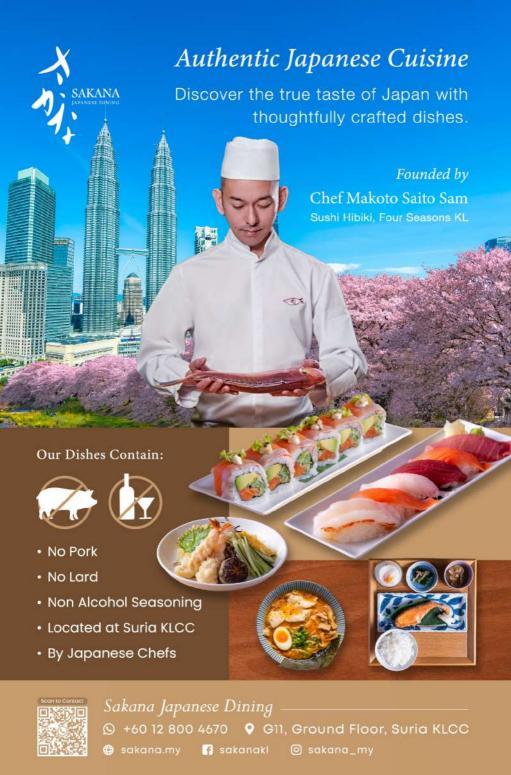
Contact: +6019-289 7008

Website: https://www.facebook.com/

congkakkl/

Operating Hours: 12.00 pm - 10.00 pm

(Monday-Sunday)



# CHINESE CUISINE



The Regent Chinese Cuisine

The Regent Chinese Cuisine offers upscale dining featuring modern Cantonese cuisine. Ideal for gatherings with friends or family, the spacious and inviting ambiance accommodates large groups, with private rooms available upon request. Don't miss the opportunity to savor their delicious authentic Cantonese dishes.

Address: Lot A-0G-01, Block A, No. 2, Jalan Kiara, Plaza, Mont Kiara, 50480 Kuala Lumpur, Federal Territory of Kuala

Lumpur

Contact: +6011-2881 6888 Website: https://theregent.my/ Operating Hours: 12.00 pm - 10.30 pm

(Monday-Sunday)



Feng Yun Ke Zhan

Feng Yun Ke Zhan is a modest Chinese eatery serving delicious Sichuan and Hunan cuisine that is located in Mont Kiara. The dishes here authentically capture the rich flavours of these regions. Dining at this restaurant offers a relaxing and cozy ambiance, evoking a sensation of being transported to China as you indulge in your meal.

Address: J-G-15, 2, Jalan Solaris, Solaris Mont Kiara, 50480 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +6011-5909 2098

Website: https://www.facebook.com/

fengyunkezhan/

Operating Hours: 12.00 pm - 3.00 am

(Monday-Sunday)

# Seng Kee Chicken Rice

Established in 1991 as a humble hawker stall in Skudai, Johor, Seng Kee is renowned for its chicken rice, made with fresh ingredients. Customers adore the succulent steamed chicken and honey-glazed BBQ pork. The fragrant rice and condiments are perfected over decades to enhance the dish. Head over to Solaris Mont Kiara to savour the delicious chicken rice at Seng Kee Chicken Rice!

Address: No. 8, Jalan Solaris 3, Solaris Mont Kiara, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +6016-759 8999

Website: https://www.sengkee.com.my/ Operating Hours: 8.00 am - 10.30 pm

(Monday-Sunday)



# Xing Yee Fatt Seafood Restaurant

Sambal Hijau Restaurant, located in Xing Yee Fatt Seafood Restaurant is a Chinese restaurant that serves various seafood dishes in Rampai Business Park. This is a must-try seafood restaurant if you are planning on eating Chinese-style seafood dishes. The prices are also reasonable especially if you are dining in with a big group of family or friends.

Address: 3, Jalan Rampai Niaga 2, Medan Niaga Rampai, 53300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +6016-906 3133 Operating Hours: 11.00 - 9.30 pm







# Experience Authentic Sri Lankan Cuisine at Yari

Discover the vibrant flavours of Sri Lanka at Yarl Restaurant, located in three prime spots across Kuala Lumpur. Indulge in our renowned Jaffna comfort dishes and mouthwatering crab curry, all while enjoying the rich culinary heritage and warm hospitality that Yarl is known for.





# **Visit Our Outlets:**

- Heritage Row +60 12 375 9883
- +60 17 987 1761
- Prickfields +60 10 360 6624

# Follow Us:





YarlRestaurant



# INDIAN CUISINE

# **Indian Empire**

Indian Empire offers a vast selection of North and South Indian dishes, expertly prepared by chefs from Tamil Nadu and Kerala. Authentic ingredients and spices create timeless flavors, from Tandoori Laccha Paratha to Malabar Fish Curry. promising a culinary journey through centuries of tradition

Address: 18, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2110 0505

Website: https://indianempire.oddle.me/ Operating Hours: 12.00 pm - 12.00 am

(Monday-Sunday)



# Sri Nirwana Maju Restaurant@

Sri Nirwana Maju is one of the popular banana leaf rice restaurants in Bangsar. This is the perfect place for banana leaf dish lovers as you will get to enjoy the amazing flavours of the dishes being served. Don't forget to visit this restaurant to try out their delicious food!

Address: 43, Jln Telawi 3, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan

Kuala Lumpur

Contact: +603-2287 8445

Operating Hours: 11.30 am - 11.00 pm

(Monday-Sunday)



# **Barbeque Nation**

Situated in Pavilion Kuala Lumpur, Barbeque Nation embraces a DIY approach, allowing you to select dishes from an extensive buffet. With a fusion of Indian, Mediterranean, and Arabic cuisines. complemented by local flavors, it caters to diverse palates. Head over to Barbeque Nation for a hearty barbeque buffet!

Address: Level 9. Elite. Pavilion Kuala Lumpur, 168, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur Contact: +6012-309 6088

Website: https://www.barbequenation. com/restaurants/kuala-lumpur/pavilion Operating Hours: 12.00 pm - 11.00 pm

(Monday-Sunday)



# Gajaa@8 Royal Indian Food Restau-

# rant

Derived from Sanskrit, "Gajaa at 8" symbolizes abundance, strength, and wisdom. Nestled near Bangsar Village and Bangsar Shopping Centre, it celebrates the rich diversity of Indian cuisine, offering a delectable array of flavors and spices, from creamy butter chicken to flavorful biryani.

Address: No. 8, Lrg Maarof, Bangsar, 59000 Kuala Lumpur

Contact: +603-2201 7369 Website: https://gajaas.com/ Operating Hours: 11.30 am - 3.00 pm, 6.00 pm - 10.00 pm (Monday-Sunday)



# MAKAN SAMPAI TEMBAM!







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# INSTAGRAMMABLE CAFES

# 23.5 Coffee Roastery

Take a look at this coffee shop called 23.5 Coffee Roastery! This is the perfect cafe to go to when you want to have a chill hang out session with your friends or family. The dishes served here are delicious as well! Don't forget to take your 'Insta-worthy' photos when you're there!

Address: Lot 1-3A, Verve Shops, 8, Jalan Kiara 5, Mont Kiara, 50480 Kuala Lumpur

Contact: +603-6413 5935 Website: https://www.facebook. com/23.5coffeeroastery

Operating Hours: 8.00 am - 10.00 pm

(Monday-Sunday)



# **Three Years Old Cafe**

Three Years Old is a cafe with Scandinavian atmosphere. This cafe provides a peaceful and rejuvenating escape with its beautifully crafted interior, where every corner is just as picturesque as the next. Additionally, you can also enjoy outdoor seating, allowing you to soak up the natural sunlight and the lush green surroundings.

Address: 1, Jalan Sin Chew Kee, Bukit Bintang, 50150 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +60 3-2110 6666

Website: https://threeyearsold.storehub.

me/

Operating Hours: 9.30 am - 6.30 pm (Thursday - Tuesday) / Closed on

(Wednesday)



Leaf & Co. Cafe offers a menu that features dishes from both Western and local cuisines. The interior of the restaurant is quite stunning, with an antique-like ambiance. It's a highly favoured spot among both locals and tourists. The place has undergone renovations from its pre-war origins, with efforts made to retain some historical elements while introducing modern touches, creating a nostalgic atmosphere.

Address: 53, Jalan Sultan, City Centre, 50000 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +603-2020 2220

Website: https://www.facebook.com/

leafandcocafe/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



# Merchant's Lane

Merchant's Lane is a unique cafe and restaurant that skillfully combines the essence of local charm with contemporary culture, reimagining the history of Petaling Street. This creatively designed and relaxed cafe offers a diverse menu of light dishes from Malaysia and beyond. When you find yourself in Chinatown, make sure to pay a visit to this cafe, relish delectable cuisine, and capture stunning Instagram-worthy moments during your visit!

Address: 150, Jalan Petaling, City Centre, 50000 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +603-2022 1736

Website: https://www.facebook.com/

merchantslane

Operating Hours: 11.30 am - 9.30 pm (Tuesday-Sunday) / Closed on Monday





Peninsula in every bite.



03-56339222 019-6069033

O LG2.123 Sunway Pyramid Mall







NIGHTLIFE

# Introduction to

# Mightile

Kuala Lumpur's vibrant nightlife offers a variety of activities despite Malaysia being a predominantly Muslim nation. The city transforms at night, bustling with activity and boasting numerous pubs, bars, clubs, and upscale rooftop bars. Rooftop bars, in particular, are popular among late-night travelers, providing breathtaking views of the city from high-rise buildings. These establishments, set above the streets, contribute to some of the best nightlife experiences in KL. The nightlife scene includes elegant restaurants, cocktail lounges, dance clubs, and discos, offering diverse options for those seeking entertainment. Areas like Changkat Bukit Bintang and TREC feature Western-style bars and pubs attracting a younger, party-centric crowd. Additionally, suburbs like Bangsar host cocktail bars and late-night speakeasies, creating a welcoming atmosphere. The nightlife in KL extends late into the night, with DJ dance music filling the air until the early morning hours. Overall, Kuala Lumpur offers a plethora of exciting and enjoyable nightlife experiences in various neighborhoods.

# ROOFTOP

# Heli Lounge Bar

Address: 34 Menara KH, Jln Sultan Ismail, Bukit Bintang, 50450, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2389 8861

Website: https://www.facebook.com/

Heliloungebar/

Operating Hours: 5.00 pm - 11.30 pm

(Monday-Sunday)

# BlackBull Bar

Address: 17, Jalan Inai, Off, Jln Imbi, 55100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +6012-527 0321

Website: https://www.facebook.com/

blackbullbarkl

Operating Hours: 5.00 pm - 12.00 am (Sunday-Thursday) / 5.00 pm - 1.00 am

(Friday & Saturday)

# Mai Bar

Address: 5, Jalan Stesen Sentral, Kuala Lumpur Sentral, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2723 1125

Website: https://www.marriott.com/ en-us/hotels/kulal-aloft-kuala-lumpur-

sentral/overview/

Operating Hours: 4.00 pm - 12.00 am

(Monday-Sunday)

# Sky Bar

Address: Traders Hotel Kuala Lumpur, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Federal Territory of Kuala

Lumpur

Contact: +603-2332 9888

Website: https://www.shangri-la.com/ kualalumpur/traders/dining/bars-loung-

es/sky-bar/

Operating Hours: 5.00 pm - 12.00 am (Sunday-Thursday) / 5.00 pm - 1.00 am

(Friday & Saturday)

# REGULAR PUBS & BARS

# **SPEAKEASIES**

#### **Pahit**

Address: 3, Jln Sin Chew Kee, Bukit Bintang, 50150 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2110 0776

Website: https://www.facebook.com/

barpahit/

Operating Hours: 5.00 pm - 1.00 am (Tuesday-Sunday) / Closed on Monday

# The Rabbit Hole

Address: 16, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6018-265 0828

Website: https://www.rabbithole.com.

Operating Hours: 8.00 am - 1.00 am (Sunday-Thursday) / 8.00 am - 2.00 am (Friday & Saturday)

# The Whisky Bar KL

Address: 46, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +6012-735 6709

Website: https://thewhiskybarkl.com/ Operating Hours: 5.00 pm - 1.00 am

(Monday-Sunday)

# Suzie Wong

Address: Ground Floor, Wisma Lim Foo Yong, 86, Jalan Raja Chulan, 50200 Kuala Lumpur

Contact: +6017-226 6480

Website: https://www.suziewong.asia/ Operating Hours: 6.00 pm - 1.00 am (Wednesday-Saturday) / 2.00 pm - 5.00 pm (Sunday) / Closed on Monday &

Tuesday



# CLUBS & LIVE **ENTERTAINMENT**

# Six Bangsar

Address: 33A, Jln Telawi 3, Bangsar, 59100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur

Contact: +6013-281 1108

Website: https://www.instagram.com/

sixbangsar/

Operating Hours: 7.00 pm - 3.00 am (Wednesday-Sunday) / Closed on

Monday & Tuesday

# **Dragonfly KL**

Address: Level 50, Naza Tower @ Platinum Park, 50450 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6012-628 9876

Website: https://www.facebook.com/

DragonflyKualaLumpur/

Operating Hours: 8.30 pm - 3.00 am (Thursday-Saturday) / Closed on Sunday-Wednesday

# **Kyo KL**

Address: Mandarin Oriental KL, Basement Level 3, Kuala Lumpur City Centre, 50450 Kuala Lumpur, Federal Territory of Kuala

Lumpur

Website: https://www.facebook.com/

clubkyokl/

Operating Hours: 10.00 pm - 3.00 am (Wednesday-Sunday) / Closed on

Monday-Tuesday

#### **MJ Club**

Address: Level G1, Wisma Miramas.1, Jalan 2/109E, Jln Klang Lama, Taman Desa, 58100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +6017-615 5320

Website: https://www.facebook.com/

Operating Hours: 4.00 pm - 12.00 am (Monday-Saturday) / Closed on Sunday



# Fire & Ice Club

Address: 24, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6010-767 9544

Website: https://www.facebook.com/

fireNicekl/

Operating Hours: 5.00 pm - 3.00 am

(Monday-Sunday)

# The Bee@Publika

Address: Lot 36B, Level G2, Block C, Publika, Jln Dutamas 1, Solaris Dutamas,

50480 Kuala Lumpur Contact: +6017-565 4233

Website: https://www.facebook.com/

thebeemy/

Operating Hours: 3.00 pm - 12.00 am (Wednesday-Monday) / Closed on

Tuesday

# Bobo KL

Address: 65-2, Jalan Bangkung, Bangsar, 59100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +6012-263 8603 Website: https://bobokl.com/ Operating Hours: 5.00 pm - 12.00 am (Tuesday-Saturday) / Closed on Sunday

& Monday

# Shi Fr

Address: J-G-12 No, Jalan Solaris 2, Solaris Mont Kiara, 50480 Kuala Lumpur

Contact: +6012-935 7016

Website: https://www.facebook.com/

SHIERBAR/

Operating Hours: 5.00 pm - 3.00 am

(Monday-Sunday)



Taking time to relax is different from simply resting. When we actively relax, it can help decrease stress, boost our mood, and enhance our cognitive abilities. It is important to prioritize both rest and relaxation in order to maintain optimal wellbeing. After a long and demanding day, it is recommended to take some time to unwind and recharge. One great way to do this is by treating yourself to a spa day, especially in vibrant cities like Kuala Lumpur. There are numerous traditional spa treatments available in Kuala Lumpur, and here are 2 of the many types offered!

# TYPE OF TRADITIONAL SPA & TREATMENT

# Cupping Therapy

Cupping Therapy, also known as bekam in Malay, is a traditional treatment that has a lot of benefits. It is an alternative medicine that uses heated suction cups on the skin that are placed on the skin to remove toxins from the surface of the skin.

# Balinese Massage

The Balinese Massage consists of influence from the traditional medicine systems of India, China and Southeast Asia and stimulates the movement of blood, oxygen, and energy (Qi) around your body and promotes deep relaxation by combining mild stretches, acupressure, reflexology, and aromatherapy.



# SPA & WELLNESS **CENTRES**

# The Tropical Spa Bukit Bintang

Address: 29-31, Tengkat Tong Shin, Bukit Bintang, 50100 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +6017-301 2688

Website: https://www.facebook.com/ pages/the-tropical-spa-massage-jln-

alor/194128297292177

Operating Hours: 10.00 am - 1.00 am

(Monday-Sunday)

# **Genesis Sauna Spa**

Address: Level 10, Menara Genesis, No.33, Jalan Sultan Ismail, Kuala Lumpur, 50250, Kuala Lumpur, WP Kuala Lumpur Contact: +603-2713 1941

Operating Hours: 10.00 am - 5.00 am (Monday-Sunday)

# **Alam Beauty and Wellness Spa**

Address: 9, Tengkat Tong Shin, Bukit Bintang, 50200 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +6019-212 0639

Website: https://www.facebook.com/

alamspakl/

Operating Hours: 12.00 pm - 11.30 pm

(Monday-Sunday)

# LiangXin Spa Massage

Address: 28, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +603-2145 2663

Website: https://www.facebook.com/

LiangXinSpa/

Operating Hours: 10.00 am - 12.00 am

(Monday-Sunday)

# **Bintang Relax Reflexology**

Address: 71, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +603-2857 8182

Website: https://www.facebook. com/pages/Bintang-Relax-Reflexolo-

gy/175974925887256

Operating Hours: 9.00 am - 5.00 am

(Monday-Sunday)

# **Engel Spa**

Address: 00-02, Ground Floor, Ceriaan Kiara Condominium, Block B, Jln Kiara 3, Mont Kiara, 50480 Kuala Lumpur, Wilavah Persekutuan

Contact: +603-6412 9637 Website: https://engelspa.com/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

#### Yu Wellness

Address: 2, Jalan Solaris 4, Solaris Mont Kiara, 50480 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +6011-3790 3888

Website: https://www.facebook.com/

yuwellnesskl/

Operating Hours: 11.00 am - 8.30 pm

(Monday-Sunday)

# **Neutra Wellness**

Address: #2A, Lrg Ara Kiri 2, Bangsar,

59100 Kuala Lumpur Contact: +6014-900 0338

Website: http://www.neutralreflexology.

Operating Hours: 10.30 am - 10.30 pm

(Monday-Sunday)





# MEDICAL TOURISM IN KUALA LUMPUR

Individuals who travel abroad for medical purposes are known as medical tourists. Traditionally, this term referred to patients from less developed countries seeking treatment in more advanced nations. However, in recent years, people have increasingly traveled solely for more affordable medical services offered abroad. Malaysia has gained recognition as a medical tourism destination due to its high-quality and cost-effective treatments. The country's two-tier healthcare system, comprising a tax-financed public sector and a privatized system, is considered among the world's best. With heavily subsidized healthcare in public facilities, Malaysia attracts hundreds of thousands of medical tourists annually. The nation's healthcare professionals, particularly doctors, are highly qualified and trusted, providing excellent care to patients. If seeking medical advice or treatments, Malaysia's healthcare system is recommended for its quality and affordability.

# **HEALTHCARE FACILITIES GOVERNMENT**

# **Kuala Lumpur Hospital**

Address: Jalan Pahang, 50586 Kuala Lumpur, Wilayah Persekutuan Kuala

Lumpur

Contact: +603-2615 5555

Website: http://hkl.moh.gov.my/

Operating Hours: Open 24 hours

# Hospital Tunku Azizah

Address: lot 25, Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2600 3000

Website: https://www.facebook.com/

hospitaltunkuazizah/

Operating Hours: Open 24 hours

# Institut Perubatan Respiratori

Address: Jalan Pahang, Pekeliling, 53000 Kuala Lumpur, Wilayah Persekutuan

Kuala Lumpur

Contact: +603-4023 2966

Website: https://www.facebook.com/

IPRhkl/

Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday &

Sunday

# **Kuala Lumpur Health Clinic**

Address: Jalan Temerloh, Titiwangsa. 53200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2618 3200

Website: https://www.facebook.com/

klinikkesihatanKL/

Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday &

Sunday

# **Cheras Health Clinic**

Address: Jalan Yaacob Latif, Cheras. 56000 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur Contact: +603-9133 3322

Website: https://jknkl.moh.gov.my/ Operating Hours: 7.30 am - 5.00 pm

(Monday-Friday) / Closed on Saturday &

Sunday

# HEALTHCARE FACILITIES **PRIVATE**

# **KPJ Tawakkal KL Specialist Hospital**

Address: 1, Jalan Pahang Barat, Pekeliling, 53000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-4026 7777

Website: https://kpjhealth.com.my/

tawakkal/

Operating Hours: Open 24 hours

# Gleneagles Hospital Kuala Lumpur

Address: 282, 286 & 288 Block A, B and Medical Office Block, Jln Ampang, 50450

Kuala Lumpur

Contact: +603-4141 3000

Website: https://www.gleneagles.com.

Operating Hours: Open 24 hours

# **Prince Court Medical Centre**

Address: 39, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +603-2160 0000

Website: https://princecourt.com/ Operating Hours: Open 24 hours

# **ParkCity Medical Centre**

Address: Perdana, 2, Jalan Intisari, Desa Parkcity, 52200 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +603-5639 1616

Website: https://parkcitymedicalcentre.

com/

Operating Hours: Open 24 hours

# Pantai Hospital Kuala Lumpur

Address: 8, Jalan Bukit Pantai, Bangsar, 59100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur

Contact: +603-2296 0888

Website: https://www.pantai.com.my/

kuala-lumpur

Operating Hours: Open 24 hours





# **About Us:**

Vogue Clinic will leave you feeling confident and proud, thanks to the expert care of our skilled doctors. We offer a range of aesthetic treatments, including anti-aging procedures, designed to enhance and rejuvenate your natural beauty, restoring youthful definition to your face and body.

# **Our Treatments:**

Fractional CO2 Laser, Skin Peel, Face Threadlifting, Dermal Fillers, Botox, Nose Threadlifting, Body Slimming, Pico laser, Whitening, Hifu.

# Contact Us:



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Lot 12-Ground floor, Medan Klang Lama, 28, Jln Klang Lama, 58000 Kuala Lumpur

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# DENTAL



# **Dutamas Dental Clinic**

Address: A3-1-8, Publika, Jln Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6019-244 0653

Website: https://www.dutamasdental.

om/

Operating Hours: 9.00 am - 7.00 pm

(Monday-Sunday)

# **Imperial Dental Clinic**

Address: 62 & 64, Jalan Telawi, Bangsar, 59100 Kuala Lumpur, Wilayah Perseku-

tuan Kuala Lumpur

Contact: +603-9212 0605

Website: http://imperialdsc.com/ Operating Hours: 9.00 am - 8.00 pm (Monday-Saturday) / 9.00 am - 6.00 pm

(Sunday)

# **Qualiteeth Dental Clinic**

Address: 61, Jalan Seri Bintang 2, Taman Sri Bintang, 52100 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +6018-968 3228

Website: https://qualiteeth.com.my/

kepong-dental-clinic/

Operating Hours: 9.00 am - 9.00 pm (Monday-Friday) / 10.00 am - 7.00 pm

(Saturday & Sunday)

#### **Tiho Dental Clinic**

Address: Wisma Lau Chung No. 11&13, 2nd Floor, Jalan Tun Perak, 50050 Kuala

Lumpur

Contact: +6010-258 1285

Website: https://tihodental.com.my/ Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)

#### iRaffles Dental Clinic

Address: Suite 1, Level 1, Pines Clubhouse, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur

Contact: +6016-207 8438

Website: https://www.facebook.com/

irafflesdentalclinic/

Operating Hours: 10.30 am - 7.00 pm (Monday-Saturday) / Closed on Sunday

# KLIDC Kuala Lumpur International Dental Centre

Address: 2nd Floor, 33, Jalan Yap Kwan Seng, Kampung Baru, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala

Lumpur

Contact: +603-2162 5555

Website: https://www.klidc.com.my/ Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / 10.00 am - 2.00 pm

(Sunday)

# Class One Dental Surgery KL

Address: No. 40, Jalan 1/27b, Desa Setapak, 53300 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +6016-267 8878

Website: https://www.facebook.com/p/Class-One-Dental-KL-Setapak-Wangsa-

Maju-100063672063954/

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)

# Dentist Malaya Wangsa Maju

Address: No. G-13A, Residensi Fera, Klinik Pergigian Dentist Malaya, 47, Jalan 34/26, Wangsa Maju, 53300 Kuala Lumpur, Wilayah Persekutuan Kuala

Lumpur

Contact: +6014-630 6146

Website: https://www.facebook.com/

dentistmalaya.wm/

Operating Hours: 10.00 am - 10.00 pm (Monday-Friday) / 10.00 am - 6.00 pm

(Saturday & Sunday)





#### **KUALA LUMPUR INTERNATIONAL DENTAL CENTRE**

Your One-Stop Dental Centre

Since 2008, KLIDC has stood as Kuala Lumpur's premier and largest fully equipped private dental centre, featuring a team of over 25 dentists alongside specialized professionals across 5 branches.

With over 15 years of expertise, KLIDC is well supported by a team of internationally trained specialists and dental surgeons in delivering comprehensive and personalized treatment. Well equipped with cutting-edge facilities including the pioneering Winbond Dental Laboratory and personalized pick-up services for international arrivals, ensuring seamless transitions for medical tourists seeking world-class dental care. From arrival to consultation and fitting, our comprehensive approach solidifies KLIDC as a premier destination for global patients seeking top-tier dental healthcare.

### Services

- General Dentistry
- Cosmetic Dentistry
- **Implant Dentistry**
- Periodontal Dentistry
- **Orthodontic Dentistry**
- Oral Maxillofacial Surgery

#### Book your appointment today!

+6012-456 7216 (KLIDC HQ WhatsApp) +603-2162 5555 (KLIDC HQ)

klidc.com.my



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#### OPHTHALMOLOGY

#### **ExcelView Eye Specialist Laser Eye** Center

Address: 2nd Floor, S-068, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala

Contact: +603-2287 3797

Website: https://www.excelview.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

#### **Optimax Eye Specialist Centre**

Address: Bangunan Ahp, 2, Jalan Tun Mohd Fuad 3. Taman Tun Dr Ismail.

60000 Kuala Lumpur Contact: +603-7890 2626

Website: https://www.optimax2u.com/ Operating Hours: 9.00 am - 6.00 pm

(Monday-Sunday)

#### Oasis Eye Specialist

Address: Unit 1-3, Level, 1, Nexus, 7, Jalan Kerinchi, Bangsar South, 59200 Kuala Lumpur, Federal Territory of Kuala

Lumpur

Contact: +603-2730 7676 Website: https://oasiseye.my/ Operating Hours: 8.00 am - 5.00 pm (Monday-Saturday) / Closed on Sunday

#### **International Specialist Eye Centre** - ISEC

Address: Mid Valley Megamall, Level 7 & 8 (via escalator near Starbucks to 1-F then lift to 8-F) Centrepoint South, Lingkaran Syed Putra, Mid Valley City, 59200

Kuala Lumpur

Contact: +603-2284 8989 Website: https://www.isec.my/ Operating Hours: 8.30 am - 5.30 pm (Monday-Friday) / 8.30 am - 1.00 pm

#### **Ikonik Eye Specialist & General Health Centre**

Address: 9, 10, 11, Residensi Park, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur, Wilayah Persekutuan Kuala

Lumpur

Contact: +603-9765 1368

Website: https://ikonik-eyecentre.com/ Operating Hours: 8.30 am - 5.30 pm (Monday-Saturday) / Closed on Sunday

#### VISTA Eye Specialist

Address: G-12, Maxim Alam Damai, 43, Jalan 9, Taman Len Seng, 56000 Cheras

Contact: +603-9108 2937

Website: https://www.vista.com.my/ Operating Hours: 9.00 am - 6.00 pm (Tuesday-Saturday) / Closed on Saturday & Sunday

#### **KL Eye Specialist Centre**

Address: 73, 73-1, 75, 75, 1, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong, 52100 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6012-800 5508

Website: https://kleyecentre.com.my/ Operating Hours: 9.00 am - 5.00 pm

(Monday-Sunday)

#### **EYECARE Specialist Eye Centre**

Address: G-17, 18 & 19, Residensi PV21. 6, Jalan Usahawan 2, Off, Jalan Genting Kelang, Setapak, 53200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-4141 9231

Website: https://www.eyecare.my/ Operating Hours: 9.00 am - 6.00 pm (Saturday-Wednesday) / Closed on Thurs-

day & Friday





#### **ABOUT US**

Bedazzle Beauty Aesthetic, in business for over 18 years, offers a variety of beauty services provided by professional beauticians focusing on handmade care. In 2018, they rebrand themselve from Bedazzle Beauty Aesthetic to 360 Medi-Skin.

Chrisear, skincare products created by the Bedazzle team, aims to address skin issues and provide at-home skincare solutions complementing Bedazzle's facial care. The brand leverages experience, knowledge, and factors like climate and lifestyle to cater to customers' needs. Based on the concept of natural, safe and effective, Chrisear produces skin care products that are free from fragrance, coloring, genetic modification or animal ingredients.

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Facial

- - Slimming
- **Body Treatment**
- - **Tattoo Removal**
- Hair Removal

#### VISIT US:

- Taman Segar +603-9133 4803
- Damansara Utama +603-7710 7700
- Makota Cheras +603-9011 1956
- Taman Desa













#### **AESTHETICS & DERMATOLOGY**

#### **Regalion Clinic Kepong**

Address: 1ST FLOOR, NO.47-1, Jalan Metro Perdana Barat 1. Taman Usahawan Kepong, 52100 Kepong, Wilayah Persekutuan Kuala Lumpur

Contact: +6010-232 3136

Website: https://www.facebook.com/

regalionclinic.kepong/

Operating Hours: 10.00 am - 7.00 pm (Tuesday-Saturday) / 10.00 am - 6.00 pm (Sunday) / Closed on Monday

#### Lara Aesthetic Clinic Wangsa Maju

Address: G-5 (GROUND FLOOR, Lexa Residence, Jalan 34/26, Wangsa Maju, 53300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6016-609 8045

Website: https://www.laraclinic.my/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Saturday) / 10.00 am - 3.00 pm

(Sunday) / Closed on Monday

#### **02 Klinik Signature**

Address: No.2, Jalan Telawi, Bangsar, 59100 Wilayah Persekutuan Contact: +603-2856 8794 Website: https://o2klinik.com/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

#### **Beverly Bangsar Clinic**

Address: 79, Jalan Maarof, Bangsar,

59000 Kuala Lumpur Contact: +603-2288 1788

Website: https://www.beverlybangsar-

clinic.com/

Operating Hours: 10.00 am - 6.00 pm (Monday-Friday) / 10.00 am - 5.00 pm (Saturday) / Closed on Sunday

#### **CLEO Clinic Aesthetic & Skin Center**

Address: 14, Jalan 30/70a, Desa Sri Hartamas, 50480 Kuala Lumpur Contact: +6010-252 1883 Website: https://cliniccleo.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday) / 10.00 am - 4.00 pm (Sunday)



#### My Bliss Clinic

Address: Publika, Lot 1&2, Level G2, Jln Dutamas 1, Solaris Dutamas, 50480

Kuala Lumpur

Contact: +603-2300 0268

Website: https://www.myblissclinic.com/ Operating Hours: 11.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

#### **Clique Clinic**

Address: No. 4, Jalan 19/36, Seksyen 19,

46300 Petaling Java, Selangor Contact: +6012-353 7960

Website: https://www.cliqueclinic.com/ Operating Hours: 10.00 am - 6.30 pm (Monday-Saturday) / Closed on Sunday

#### The Lush Clinic

Address: Lot LG1-12, Arcoris, No.10, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6018-460 0290

Website: https://www.thelushclinic.com/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Friday) / 10.00 am - 4.00 pm (Saturday & Sunday) / Closed on Monday

#### **Nexus Clinic**

Address: LG 10. Lower Ground Floor. Wisma UOA II, Jalan Pinang, 50450 Kuala

Contact: +6016-921 5699

Website: https://www.nexus-clinic.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

#### **DV Majestic Clinic**

Address: Mid Valley Megamall, 13-2, Lingkaran Syed Putra, Mid Valley City, 59200

Kuala Lumpur

Contact: +603-2702 2618

Website: https://davinciclinic.com.mv/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday) / Closed on Sunday





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In the ever-evolving world of skincare and aesthetic treatments, finding a provider you can trust is paramount. Enter Beleco Clinic, your Authorised LCP Certified Provider, standing as a beacon of excellence and trustworthiness in the field.

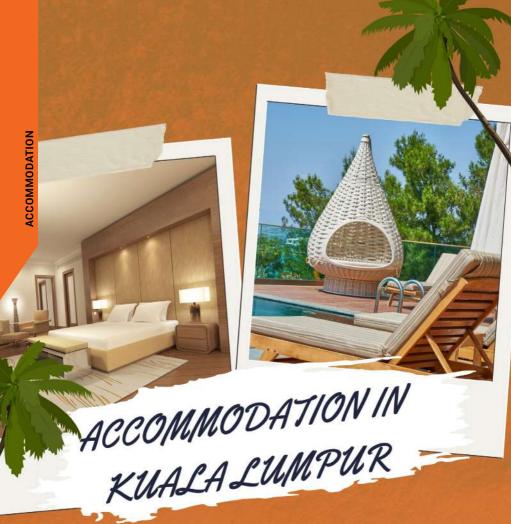
#### Why Choose Beleco Clinic?

With Beleco Clinic's LCP certification, you can rest assured that you're in capable hands. Their team of skilled professionals is dedicated to delivering personalized care and achieving optimal results for every client. Experience the Beleco Clinic difference today and embark on a journey to a healthier, more radiant you.

Trust, expertise, and exceptional results await you at Beleco Clinic, your Authorised LCP Certified Provider.







Kuala Lumpur offers a diverse range of accommodations, from chalets to luxurious 5-star hotels, set against the backdrop of nature or towering skyscrapers. The cost of accommodation in Kuala Lumpur is reasonable, ensuring an accessible and comfortable stay for all visitors. Hotels and resorts in KL offer a variety of rooms with many packages inclusive of breakfast.

In addition to traditional accommodations, there are options specifically designed for backpackers or locals on outstations or staycations. Some places provide community areas with amenities like arcades and sports courts, catering to those who prefer indoor relaxation and fun. Extended stays may also come with discounted rates.

Rates for many hotels in KL fluctuate based on daily occupancy, encouraging potential guests to check the latest information on hotel websites. Utilising applications or websites like Booking.com, Trivago.com, Traveloka.com, and Agoda.com is recommended for advance bookings, often resulting in slightly lower prices. Booking through these platforms not only saves money but also time by avoiding queues.







+6019-833 3378

## Leville Co

## Hotels & Resorts

#### **Grand Hyatt Kuala Lumpur**

Address: 12, Jalan Pinang, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2182 1234

Website: https://www.hyatt.com/ en-US/hotel/malaysia/grand-hyattkuala-lumpur/kuagh

#### The Westin KL

Address: 199, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2731 8333

Website: https://www.marriott.com/ en-us/hotels/kulwi-the-westin-kualalumpur/overview/

#### InterContinental Kuala Lumpur

Address: 165, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2782 6000 Website: https://www.ihg.com/ intercontinental/hotels/us/en/kualalumpur/kulha/hoteldetail

#### **JW Mariott Hotel**

kuala-lumpur/overview/

Address: 183, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2715 9000 Website: https://www.marriott.com/ en-us/hotels/kuldt-iw-marriott-hotel-

#### Melia Hotel

Address: 16. Jln Imbi. Bukit Bintang. 51000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2785 2828

Website: https://www.melia.com/en/ hotels/malaysia/kuala-lumpur/melia-

kuala-lumpur

#### Shangri la hotel

Address: 11, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2032 2388

Website: https://www.shangri-la.com/ kualalumpur/shangrila/

#### **EQ Kuala Lumpur**

Address: EQ, Equatorial Plaza, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2789 7777

Website: https://www.eguatorial.com/

#### The RuMa Hotel and Residences

Address: 7, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2778 0888 Website: https://theruma.com/

#### Villa Samadhi Kuala Lumpur

Address: 8, Jalan Madge, Taman U Thant, 55000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2771 2743 Website: https://www.villasamadhi. com.mv/

#### **DoubleTree by Hilton**

Address: The Intermark, 348, Jln Tun Razak, Kampung Datuk Keramat, 50400 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2172 7272 Website: https://www.hilton.com/ en/hotels/kuldtdi-doubletree-kualalumpur/



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- Swimming Pool
- **Business Centre**
- Fitness Centre
- Bintang Playhouse





**CONTACT US** 



21 Jalan Bukit Bintang, 55100 Kuala Lumpur, Malaysia







+60 3 2119 8188







## Hotel

#### Izumi Hotel Bukit Bintang

Address: 85, Jalan Berangan, Off, Jln Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur

Contact: +603-2145 8833

Website: http://www.izumihotel.com/

#### ibis Styles Kuala Lumpur

Address: 1, Jalan Metro Pudu 2, Fraser Business Park, 55200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-9232 8688 Website: https://all.accor.com/ hotel/8552/index.en.shtml

#### **Hotel Summer View**

Address: 165. Jalan Tun Sambanthan 4. Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2260 1818

Website: https://www.hotelsummerview. com/

#### Scott Hotel Kuala Lumpur Sentral

Address: 10, Jalan Tun Sambanthan, Brickfields, 50470 Kuala Lumpur, Wilayah

Persekutuan Kuala Lumpur Contact: +603-2273 1222

Website: https://www.scotthotel.com.

#### my/

#### **Hotel Transit Kuala Lumpur**

Address: 42, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2022 3355

Website: https://hoteltransitkl.com/

#### **Hotel Maison Boutique**

Address: 36, Jalan Baba, Pudu, 55100 Kuala Lumpur, Wilayah Persekutuan

Kuala Lumpur

Contact: +603-2145 2929

Website: https://www.hotelmaison.

com.my/

#### V Garden Hotel

Address: 21, Jalan Pudu Ulu, Taman Pertama, 56100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-9285 8522

Website: https://www.vgardenhotel.

com/

#### Metro Hotel at KL Sentral

Address: Jalan Thambypillai, 50470 Kuala Lumpur, Federal Territory of

Kuala Lumpur

Contact: +603-9212 1772

Website: http://metrosentral.com.my/













### Bright and Luxurious Rooms

Indulge in redined urban living at Cormar Suites Kuala Lumpur, strategically situated near the iconic Petronas Twin Towers, Pavilion Kuala Lumpur, and KL Tower. This distinguished property offers luxurious 5-star amenities, making it the perfect choice for discerning business & leisure travelers in the heart of the city.

#### Things To Do, Ways To Relax

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- Fitness Center
- Hot Tub
- Sauna
- Steam Room
- Infinity Swimming Pool
- Thai Massage
- Walking Distance to KLCC Park & KL Forest Eco Park

Call / Whatsapp us for more info



# BACKPACKERS LODGE

#### The Explorers Guesthouse

Address: 128, 130, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2022 2200

Website: https://www.facebook.com/theexplorersguesthousekl/

#### **PODs The Backpackers Home &** Cafe

Address: G-6, 30, Jalan Thambipillay, Brickfields, 50470 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +603-2276 0858 Website: http://www.podsbackpacker.

#### Mingle Hostel Kuala Lumpur

Address: 22, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +6017-642 8052 Website: https://www.facebook.com/

minglehostel/

#### **LEO Backpackers**

Address: Jalan Hang Kasturi, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2031 1733 Website: http://www.leoleisure.com.

#### Matahari Lodge

Address: 58-1, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2070 5570 Website: http://matahari-lodge.kualalumpurshotels.com/en/



Address: 37, Jalan Pudu Lama, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2070 7770 Website: https://www.facebook.com/ StepInnGuestHouse/

#### OYO 416 Grid 9 Hotel

Address: Grid 9 Hotel, 9, Jln Maharajalela, Kampung Attap, 50150 Kuala Lumpur, Federal Territory of Kuala Lumpur Contact: +603-8873 3704

Website: https://www.oyorooms.com/my/hotels-in-kuala-lumpur/

#### The Dorms 32 KLCC

Address: 8, Jalan Cendana, Kampung Baru, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +6016-627 6183

Website: https://www.facebook.com/32-The-Dorms-KLCC-325706884642269/



## Sultan Abdul Samad Building

#### INTRODUCTION & CHARACTERISTIC

The Sultan Abdul Samad Building stands as one of Kuala Lumpur's oldest and most renowned historical landmarks, situated prominently on Jalan Tun Perak. Erected in 1897, it initially served as the administrative hub for British colonial rule and later housed Malaysia's superior courts. Exhibiting a blend of Moorish, Western, and Gothic architectural styles, highlighted by a towering 41.2-meter clock tower, it remains a favorite spot for tourists and locals alike to capture its grandeur through photographs. Designed by A.C. Norman, it was repurposed over the years, now serving as the Ministry of Information, Communication, and Culture office, and hosting Malaysia's Independence Day celebrations annually.

Originally utilized as the administrative center for the Federated Malay States, the Sultan Abdul Samad Building transitioned through various governmental functions, from the Government of Selangor State to national offices post-in-dependence. Recognized for its historical significance, it was gazetted under the National Heritage Act (Act 645), symbolizing its iconic stature in Malaysia's heritage landscape.

## Characteristics



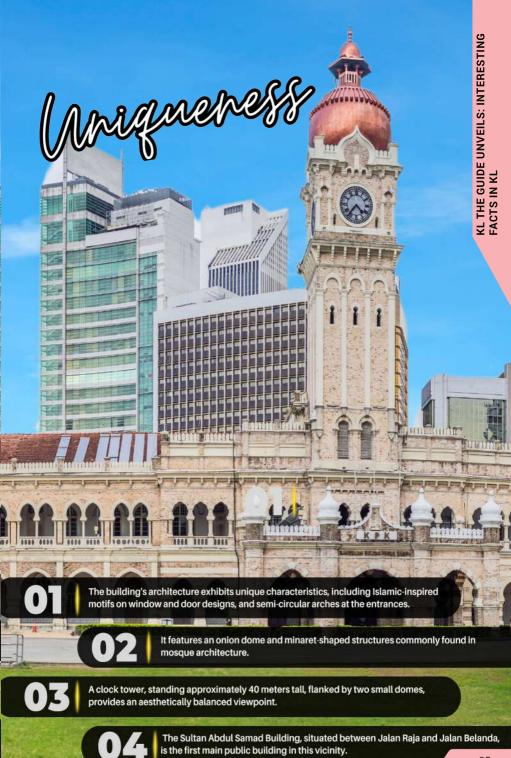
Two-story building designed in a blend of Mahometan Style and Moorish architecture.

The Sultan Abdul Samad Building is designed in the shape of an "F" when viewed from above. The rear block was constructed in 1902-1903.

The Sultan Abdul Samad Building is known for its distinctive architectural style that showcases Islamic influences, as seen in the intricate decorative elements and semi-circular arches.

04

The bell clock, which weighs a massive 1 ton and is a whopping 2.43 meters in diameter, was created by Gillett & Johnston Ltd.





### THE CHRONOLOGY OF THE **CONSTRUCTION OF THE SULTAN ABDUL SAMAD BUILDING**

In September 1894, the construction of the Sultan Abdul Samad Building commenced. The foundation stone was laid on October 6 by Sir Charles Mitchell, the Governor of the Straits Settlements.

1903

Constructed in 1897, the Sultan Abdul Samad Building sits on 1.034 hectares of land and is made up of a variety of materials, such as 4 million bricks and 50 tons of steel. To guarantee top-notch materials, a brick and building materials factory was established nearby. Changes were also implemented during the building process, and the clock tower was crafted by Gillett & Johnston Ltd.

During the Queen Victoria Jubilee Parade in June 1897, the tower of the Sultan Abdul Samad Building chimed for the first time. This iconic building served as a hub for important government departments of the Federated Malay States during British colonial rule. Over time, new buildings and extensions were added to accommodate the expanding bureaucracy and address the shortage of office space.

In 1903, an extension known as the rear wing was added to the Sultan Abdul Samad building.

A building constructed in the same architectural style was added to the south to accommodate the General Post Office.



shining example of energy and growth in Southeast Asia. Now, let's take a look at some big things that happened in Kuala Lumpur over the years, in order of when they occurred.



## Significant Moments in

Kuala Lumpur



1974

Kuala Lumpur officially designated as a Federal Territory on February 1st, through a proclamation agreement signed at Istana Negara between the fifth Yang di-Pertuan Agong Sultan Abdul Halim Mu'adzam Shah Ibni Almarhum Sultan Badlishah and the Sultan of Selangor Sultan Salahuddin Abdul Aziz.

## 1983

Various buildings in Kuala Lumpur, including Masjid Jamek, Institute for Medical Research, and Chartered Bank of India, Australia, and China buildings, were listed under the Antiquities Act 1976.





1986

Sudirman, a Malaysian icon, held a free mega event titled "Konsert Chow Kit Road" on April 14th, drawing over 100,000 attendees to Jalan Tuanku Abdul Rahman as a gesture of gratitude to fans who couldn't afford to attend his live performances.

1990

Kuala Lumpur marked its centennial anniversary of the local council on May 14th. During the celebration, the new Federal Territory of Kuala Lumpur flag and anthem were unveiled.





Beginning in October 1991, construction commenced on Menara Kuala Lumpur, a telecommunications and broadcasting tower soaring to a height of 421 meters above ground level, ultimately opening its doors to the public on July 23, 1996.

1992-1999

In 1992, the construction of the PETRONAS Twin Towers, renowned as the world's tallest twin towers, was initiated. Tun Dr Mahathir Mohamad, serving as Prime Minister at the time, officially unveiled the towers in 1999, cementing their status as an iconic landmark in Kuala Lumpur's skyline.



## 1996

In November, Pudu Prison concluded a century of operation and ceased its functions. However, in 1997, it reopened for public tours for a short while. Subsequently, the site underwent redevelopment and has now transformed into Bukit Bintang City Centre (BBCC).

1998

Kuala Lumpur welcomed the 16th Commonwealth Games, commencing with the opening ceremony on September 11th. This marked a historic moment as it was the first time in the Games' 68-year history that they were hosted in Asia.





2001

In 2001, KL Sentral, a significant transportation hub and business district in Kuala Lumpur, was officially inaugurated on June 13th, serving as a centralized nexus for various modes of transportation including trains, buses, and the KLIA Express.

2007

The year 2007 saw the opening of the Stormwater Management and Road Tunnel (SMART), a pioneering 9.7km underground motorway and water channel designed to mitigate flooding in the city center, making it the world's first double-storey underground roadway.





2010

In 2010, Prime Ministers Najib Razak and Manmohan Singh opened Little India in Brickfields. Five years later, Najib and Prime Minister of India Narendra Modi unveiled the "Torana Gate" to promote Indian culture and cuisine in a RM32 million project.

2011

The home of the Yang di-Pertuan Agong, Istana Negara, stopped being his residence on November 15, 2011, after 54 years, marked by a special closing ceremony.





2011

The River of Life initiative, with a budget of RM4.4 billion, was introduced by the Federal Government in 2011 to rejuvenate Sungai Gombak and Sungai Klang.





In 2016, the first phase of the MRT Kajang Line, which spans 23 kilometers from Sungai Buloh to Semantan, became accessible to the public on December 16. The second phase opened on July 27, 2017, while the MRT Putrajaya Line became fully operational in March 2023.

2017

In 2017, Ampang Park Shopping Centre, Malaysia's oldest mall, closed its doors on December 31 after nearly 45 years of operation. The mall was later demolished to make space for the MRT project, and a skate park now occupies the site.





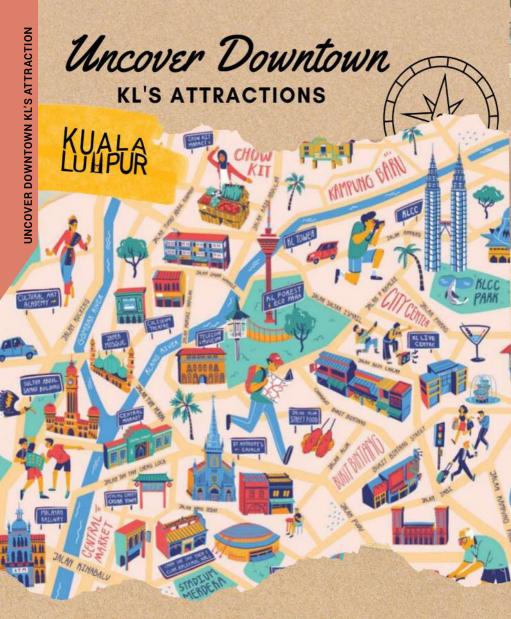
## 2023

In 2023, The Exchange TRX, Kuala Lumpur's newest shopping center, welcomed visitors on November 29. Linked to the country's second tallest building, The Exchange 106, it serves as the heart of the city's new international financial district.

2024

Menara Merdeka 118, which is the second tallest tower in the world, was officially opened on January 10, 2024. It is 678.9 meters tall and has 118 floors. The tower includes a spire that represents Malaysia's declaration of independence, making it a significant landmark in the city.





Downtown KL, the main or central part of Kuala Lumpur, is characterized by tall buildings, stores, offices, and more. Downtown places are typically located in or towards the center of a large town or city, where shops and businesses thrive. Downtown Kuala Lumpur serves as the vibrant heart of Malaysia's capital city. While KL is renowned for being a vibrant metropolis, there are still some incredible places waiting to be discovered in the downtown area of this bustling urban landscape.

## AMIDST URBAN

#### Taman Tugu

Tapak Taman Tugu is protected from commercial developers who planned to build another awful mall on the site, which was once the site of government residences and then an unofficial dump. Instead, a 66-acre public park and conservation site with over 5 kilometres of paths was created.

Address: Taman Tugu, Pesiaran Sultan Salahuddin, Kuala Lumpur, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Website: http://tamantuguproject.com.my

Operating Hours: 7.00am - 6.30pm





#### Tugu Negara

The Tugu Negara, or National Monument, was built to pay tribute to those who lost their lives defending Malaysia during two significant events: the Malayan Emergency (1948-1960) and the Japanese occupation in World War II. This memorial is situated in the Federal Territory of Kuala Lumpur.

Address: Perdana Botanical Garden, Jalan Parlimen, Kuala Lumpur City Center, 50480 Kuala Lumpur, Federal Territory of Kuala Lumpur. Operating Hours: 7.00 am - 6.00 pm (Monday-

Sunday)

#### **ASEAN** Sculpture Garden

If you are visiting the National Monument, make sure to stop by the ASEAN Sculpture Garden. The sculptures in the park were made by renowned regional artists from the six founding ASEAN countries: Singapore, Malaysia, the Philippines, Thailand, Indonesia, and Brunei. The park made its official appearance in 1987 to commemorate ASEAN's 20th anniversary.

Address: Asean Sculpture Garden, Pesiaran Sultan Salahhudin, Taman Tasik Perdana, 50480 Kuala

Contact: +6016-333 7328 Operating Hours: Open 24 hours



#### Perdana Botanical Garden

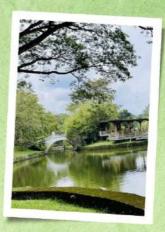
The Perdana Botanical Garden is a very great place for a stroll along the beauty of nature. The garden is quite huge and comprises various different types of gardens and sections including a special plants division where interesting exotic trees from other parts of the world can be found in the garden. Besides, there are a number of tables and gazebos available at this park for everyone.

Address: Jalan Kebun Bunga, Tasik Perdana,

55100 Kuala Lumpur Contact: +603-2276 0432

Website: http://www.klbotanicalgarden.gov.my/ Operating Hours: 7.00 am - 8.00 pm (Monday-

Sunday)





#### **KL Bird Park**

The KL Bird Park is located in the tranquil and beautiful Kuala Lumpur Lake Gardens. The bird park is home to more than 3,000 birds, representing over 200 local and international bird species. The park is separated into four sections which are the free-flight zone, the Hornbill Park and where the birds are kept in individual cages and small aviaries. The park is a great place to go with the children as some of the bids will just be walking beside you.

Address: 920, Jalan Cenderawasih, Tasik Perdana,

50480 Kuala Lumpur Contact: +603-2272 1010

Website: https://www.klbirdpark.com/

Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

#### **KL Butterfly Park**

KL Butterfly Park is a park located in Kuala Lumpur Lake Gardens where you get to see many beautiful and colourful butterflies in a small oasis at the park. It is a very great place for everyone to admire beautiful butterflies amongst the beauty of nature.

Address: Jalan Cenderawasih, Tasik Perdana,

50480 Kuala Lumpur

Contact: +603-2693 4799

Website: http://www.klbutterflypark.com/ Operating Hours: 9.00 am - 5.30 pm (Monday -

Sunday)



## HISTORICAL QUARTERS

## Memorial Tun Abdul Razak

Dato' Seri Dr. Mahathir Mohamad officially inaugurated the Tun Abdul Razak Monument. He assumed the role of Malaysia's prime minister on May 6, 1982. The structure, initially called the Sri Taman Building, served as Tun Abdul Razak's official residence. It was subsequently renamed the Tun Abdul Razak Monument in recognition of his significant contributions to the nation.

Address: Jalan Cendrawasih, Perdana Botanical Gardens, 50480 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +603-2693 7141

Operating Hours: 10.00 am - 5.30 pm (Tuesday-

Sunday)



## Planetarium Negara

The National Planetarium in KL, dedicated to science and astronomy, offers an engaging learning experience for children. Located east of Lake Gardens with a distinctive blue dome, it may not be as high-tech as others globally but is worth a visit. The entrance resembles a teleport chamber, leading to interactive exhibits and a Space Theater.

Address: 53, Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2273 4303

Website: https://www.planetariumnegara.gov.my/ Operating Hours: 9.00 am - 4.30 pm (Tuesday-

Sunday) / Closed on Monday



## Tunku Abdul Rahman P<u>ut</u>ra Me<u>mor</u>ial

The enormous Tunku Abdul Rahman Putra Memorial in Kuala Lumpur honours the life and accomplishments of Malaysia's first Prime Minister. The memorial, which is located along Jalan Dato Onn, is flanked by a gorgeous garden scene, his official residence, and two more blocks of buildings that contain a sizable collection of his personal belongings and papers.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Contact: +603-2694 7277

Operating Hours: 9.00 am - 5.00 pm (Saturday-Thursday) / 9.00 am - 12.00 pm, 3.00 pm - 5.00 pm (Friday)



### Memorial Negarawan

The Memorial Negarawan pays tribute to seven Malaysian leaders who played a crucial role in the country's independence. It also houses personal belongings of these statesmen. The purpose of this memorial is to acknowledge and honour the remarkable achievements and contributions of these individuals to the nation.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2604 0559

Operating Hours: 8.00 am - 5.00 pm (Saturday-

Thursday) / 8.00 am - 5.00 pm (Friday)





### Memorial Tun Hussein Onn

The late Tun Hussein Onn, who served as Malaysia's third prime minister from 1976 to 1981, is remembered in the Kuala Lumpur museum known as the Tun Hussein Onn Memorial. There are several exhibitions that present the third Prime Minister's relevant good and provide helpful information from each exhibit.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala

Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2072 7870

Website: http://www.arkib.gov.my/web/guest/home

Operating Hours: 9.00 am - 5.00 pm (Tuesday-Thursday, Saturday & Sunday) / 9.00 am - 12.00 pm, 3.00 pm -

5.00 pm (Friday) / Closed on Monday

## Islamic Arts Museum Malaysia

The Islamic Arts Museum Malaysia, situated in Kuala Lumpur city, is a museum that showcases Islamic arts and crafts. The museum was officially opened on the 12th of December 1998. This museum is the largest museum of Islamic arts in South East Asia which comprises exhibits of more than seven thousand Islamic artifacts from around the world.

Address: Islamic Arts Museum Malaysia, Jalan Lembah, Tasik Perdana, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2092 7070

Operating Hours: 9.30 am - 6.00 pm (Monday-Sunday)



## Royal Malaysia Police Museum

The history of the Malaysian police force is the focus of the Royal Malaysia Police Museum. The Royal Malaysia Police's history, from its inception under British colonial rule until the 1970s, is chronicled in the museum. The museum was originally housed at the Police Training Centre in Jalan Semarak, however it has since undergone renovations to make room for more exhibits.

Address: 5, Jalan Perdana, Tasik Perdana, 50480

Kuala Lumpur

Contact: +603-2272 5689

Website:https://www.facebook.com/RoyalMalaysia

PoliceMuseum

Operating Hours: 9.00 am - 5.00 pm (Tuesday-Sunday)



## Kuala Lumpur Railway Station

One of KL's most well-known historical sites is the Old Train Station. Before KL Sentral opened in 2001, it served as KL's main railway hub. The Kuala Lumpur Train Station was built in the year 1886 and was later restored in the year 1910; with an enhanced iron roof built to endure snow! This old structure has a distinctive architecture that combines elements of Moorish, Western, and Eastern traditions.

Address: Bangunan Stesen Keretapi, Jalan Sultan

Hishamuddin, 50000 Kuala Lumpur Contact: +6016-553 5332

Operating Hours: Open 24 hours



### Orang Asli Crafts Museum

Peninsular Malaysia's indigenous people, whose roots trace back tens of thousands of years, are honored with a museum dedicated to their traditional arts. Of particular interest are the wood carvings that depict the old belief systems of the Orang Asli community. Conveniently situated across the street from the National Museum, it's easy to combine a visit to both attractions for a comprehensive cultural experience.

Address: Jabatan Muzium Malaysia, Jalan Dam<mark>ansara,</mark> 50566 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +603-2282 6255

Website: http://www.jmm.gov.my/ms/muzium/muziumseni-kraf-orang-asli

Operating Hours: 9.00 am - 6.00 pm (Monday - Sunday)



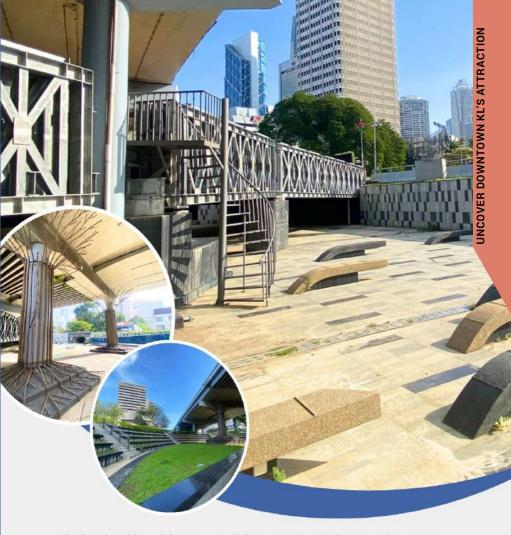
## JEJAK PAHLAWAN (Warriors Trail)

"Jejak Pahlawan" (Warriors Trail) is a 2km pathway that connects the River of Life Precinct and the Taman Tasik Precinct in Kuala Lumpur, Malaysia. It passes through the Sivik Precinct at Jalan Tangsi and ends at Tugu Negara in the Taman Tasik Precinct. This trail holds historical significance, as it symbolizes the journey of the nation's warriors and commemorates their sacrifices. It serves as a tribute to the heroes of Malaysia and offers a scenic route for pedestrians to enjoy while exploring the city.

Starting from the River of Life Precinct, the Jejak Pahlawan trail passes by Galeri Kuala Lumpur, where exhibitions and displays showcase the rich cultural heritage and artistic achievements of the nation. As visitors continue along the pathway, they are greeted by the imposing presence of Menara DBKL 1, a prominent symbol of Kuala Lumpur's skyline and the headquarters of the Kuala Lumpur City Hall.

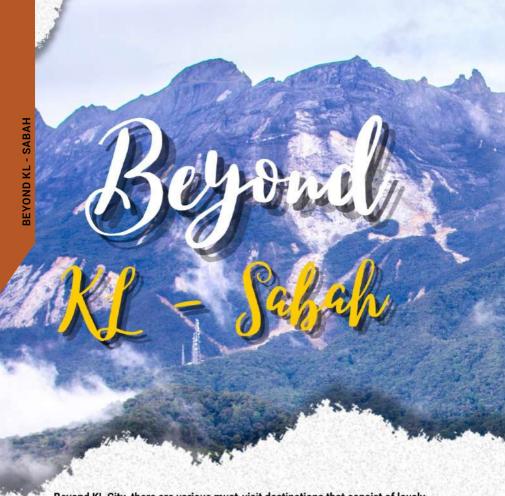
Further along the trail, Bank Negara Malaysia stands as a bastion of financial stability and economic progress, symbolizing the nation's fiscal strength and resilience. The trail then leads to Universiti Tun Abdul Razak, a center of education and knowledge dissemination, emphasizing the importance of learning and intellectual development in nation-building.

Continuing on the journey, Wisma Ekran emerges as a beacon of entrepreneurship and innovation, representing Malaysia's dynamic business landscape and entrepreneurial spirit. These iconic buildings not only serve as landmarks along the Warriors Trail but also embody the aspirations, achievements, and progress of the nation.



The "Jejak Pahlawan" (Warriors Trail) honors Malaysia's heroes with a patriotic theme. Adorned walkways feature intricate designs reflecting Malaysian culture.

- Decorated pillars along the path display inscriptions and artwork celebrating the nation's history. Water curtains create a serene atmosphere, inviting reflection on past sacrifices.
- Strategically placed terrace seating offers resting spots with plaques honoring significant figures.
- Water fountains adorned with cultural motifs punctuate the journey, providing moments of contemplation.
- The trail culminates at Taman Botani Perdana, where lush greenery and vibrant flora invite further exploration, symbolizing the enduring legacy of Malaysia's heroes and the importance of environmental preservation.



Beyond KL City, there are various must-visit destinations that consist of lovely locations which are worth the visit. The variety of hidden gems beyond KL ranges from mountains, oceans, lush forests and tiny villages as well.

Wherever you are in Malaysia, you will find a variety of different towns and cities with their own unique cultures and traditions. Besides, each of them is bound to showcase the cultural diversity of Malaysia including various local delicacies.

In this issue, we will be sharing with you the enchanting state of Sabah! Embark on a cultural and nature tour of the state of Sabah while experiencing the beauty of North Borneo. Experience Malaysia's rich natural beauty and culture beyond Kuala Lumpur!

Sabah is definitely one of the beautiful states located beyond Kuala Lumpur and a must-visit place by every tourist that visits Malaysia as well as locals tourists.

Let's embark on an extraordinary journey beyond Kuala Lumpur, traversing from we western shores of Malaysia to the enchanting landscapes of Sabah in the east.





Sabah, known as the Land Below The Wind, is a state in East Malaysia situated in the northern part of Borneo. Its capital city, Kota Kinabalu, serves as the seat of the state government and the economic center. Other major towns include Sandakan, Tawau, and Keningau.

Sabah boasts an equatorial climate with lush tropical rainforests teeming with diverse flora and fauna. Mount Kinabalu, standing at 13,435 feet, is the tallest mountain in Malaysia and Borneo. The state also features long mountain ranges forming parts of the Crocker Range National Park. It's said that 10 sq. kilometers of Sabah host more flora and fauna than North America and Europe combined.

With an average temperature of 30°C year-round, Sabah experiences rainfall throughout the year, peaking during the North East Monsoon season from October to February. The months between May and September are generally hotter and drier.

Sabah is culturally diverse, with over 40 ethnic races and more than 80 local dialects. While various dialects are spoken, Bahasa Malaysia is widely used across ethnic groups. Customary practices, such as removing shoes when entering places of worship or homes, are observed, and some individuals may prefer not to engage in physical contact due to religious reasons.

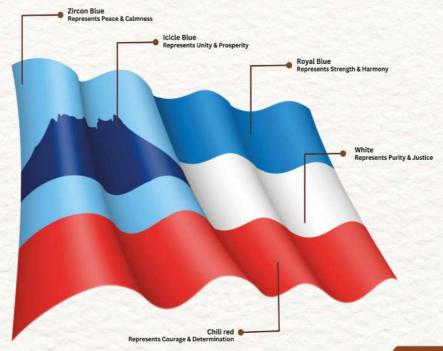
Despite its diversity, Sabah maintains traditional Malaysian customs, including proper attire and manners, with handshakes being a common gesture of greeting.



## History of Sabah

Sabah, a region in Borneo, went through a series of colonial administrations before joining Malaysia in 1963. Initially under the Sultanate of Brunei, it came under British influence in the late 18th century. The British North Borneo Company was established in 1882, and Sabah became a British protectorate in 1888. During World War II, it was occupied by the Japanese. In 1963, Sabah joined Malaysia, later renamed from the Alliance of Malaysia. Economic development began with the granting of extraction rights to Petronas in 1967. Political dynamics shifted with the rise of the Kadazan ethnic group's party in 1985. The rotation system for chief ministers was introduced in 1994, aiming for ethnic representation. Kota Kinabalu became the capital in 2000. The International Court of Justice settled territorial disputes in 2005. Present-day Sabah is characterized by educational, economic, and cultural progress, with 28 higher education institutions offering various programs.

## <u>Flag</u>



## HOW TO GET AROUND SABAA

#### **Public Transport**

In Kota Kinabalu, you can find local buses and taxis for transportation within the city center. There are also local buses or mini buses in other districts in Sabah as well.



#### Car Rental

Car rental services are available in Kota Kinabalu and other districts in Sabah. They offer a variety of vehicles, including compact sedans, 4-wheel drive vehicles, vans, and buses. It's advisable to arrange car rental through tour operators in advance.



#### **Boat and Ferries**

Jesselton Point in Kota Kinabalu is a port where ships depart for Labuan, Brunei, and islands such as Pulau Sapi. The harbor is open from 6 a.m. to 6 p.m., with the final boat leaving at 4:30 p.m. from the islands.



#### By Train

The railway system in Sabah extends from Tanjung Aru station in Kota Kinabalu to Beaufort and Tenom. It takes less than 2 hours to reach Beaufort and around 5 hours to get to Tenom. The picturesque train journey along the Padas River gorge to Tenom provides a rejuvenating experience.



#### **By Plane**

The Kota Kinabalu International Airport is the busiest airport in Sabah, providing direct flights to Sandakan and Tawau from both Kota Kinabalu and Kuala Lumpur.





















## KOTA KINABALU

Kota Kinabalu, formerly known as Jesselton, is the capital of the state of Sabah. The city is located along the northwest coast of Borneo facing the South China Sea. The Tunku Abdul Rahman National Park lies on its west and Mount Kinabalu, which gave the city its name, is located towards the east.

Kota Kinabalu, is often known as KK within Malaysia and internationally. It is a major fishing destination and a popular gateway for travelers visiting Sabah and Borneo. Kota Kinabalu is a modern city with a long sandy beaches, paradise islands, virgin coral reefs, tropical rainforests; and the mighty Mount Kinabalu is only 90 minutes away.

Kota Kinabalu is named after Mount Kinabalu, which is situated about 50 kilometers east-northeast of the city. Kinabalu is derived from the name Aki Nabalu meaning the "revered place of the dead." Aki means "ancestors" or "grandfather", and Nabalu is the name for the mountain in the Dusun language. There is also a source claiming that the term originated from Ki Nabalu, where Ki meaning "have" or "exist", and Nabalu meaning "spirit of the dead".

# Must Visit

# Sabah State Museum

The Sabah Museum, established in 1985 on the site of the former British North Borneo Governor's Istana, comprises the Main Building, Science and Education Center, and Heritage Village. Initially opened in 1965 on Gaya Street, it relocated to Bukit Istana Lama in Kota Kinabalu. The museum complex, spanning 17 hectares, features an ethnobotanical garden, zoo, and history village.

Address: Jalan Muzium, 88300 Kota Kinabalu, Sabah

Contact: +6088-225 033

Website: https://museum.sabah.gov.my/

Operating Hours: 9.00 am - 5.00 pm (Monday-

Sunday)



# Masjid Bandaraya Kota Kinabalu

Masjid Bandaraya Kota Kinabalu or City Mosque, is a stunning white mosque near the sea that resembles Medina's Nabawi Mosque. With a prayer hall hosting three madrasahs, it accommodates 9,000 to 12,000 worshippers. The largest in Kota Kinabalu, it's possibly Malaysia's most beautiful mosque, especially enchanting on full moon nights with its surrounding man-made lagoon.

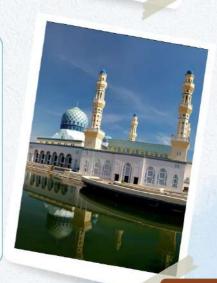
Address: Jalan Pasir, Jalan Teluk Likas, Kampung

Likas, 88400 Kota Kinabalu, Sabah

Contact: +6088-205 418

Website: http://www.mbr.sabah.org.my/

Operating Hours: Open 24 hours



# **Atkinson Clock Tower**

The Atkinson Clock Tower, Kota Kinabalu's oldest standing building, overlooks the seaside city and Sabah's capital, Malaysia. It stands alone on Signal Hill Road.

Address: Kota Kinabalu, 88400 Kota

Kinabalu, Sabah

Contact: +60 88-212 121

Operating Hours: 24 hours (Monday -

Sunday)



# Tugu Peringatan Double Six Monument

The Double Six Monument in Sembulan commemorates a significant tragedy in Sabah's history. On June 6th, 1976, a plane crash claimed the lives of Sabah's fifth Chief Minister, Tun Mohd. Fuad Stephens, and six other state ministers. The monument stands at the exact site of the crash.

Address: Grace Garden, 88100 Kota

Kinabalu, Sabah

Website: https://sabahmedia.

com/2021/06/06/tugu-peringatan-dou-

ble-six-khazanah-rakyat-sabah/ Operating Hours: 8.00am-11.00pm

(Monday - Sunday)





## Handicraft Market

Explore Sabah's Handicraft Market for a tropical holiday keepsake. Discover beautiful sarongs, pareos, pearl jewelry, and unique handicrafts. Bargain for treasures like traditional instruments, blowpipes, and quirky souvenirs. Brush up on local lingo for successful haggling. Uncover unexpected finds and memories to cherish from this vibrant market experience.

Address: Jalan Tun Fuad Stephen, Pusat Bandar Kota Kinabalu, 88000 Kota Kinabalu, Sabah Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

# KK Waterfront

The Waterfront in Kota Kinabalu has plenty of dining options for you to choose from, providing a perfect backdrop for sunset views over the South China Sea. At night, it transforms into a vibrant hub with bustling bars, making it a popular after-hours destination.

Address: Kota Kinabalu, 88000 Kota Kinabalu, Sabah

Operating Hours: 4.00 pm - 3.00 am

(Monday-Sunday)



# Sabah Art Gallery

Discover Sabah's unique 'basket' shaped building adorned with cultural motifs of indigenous people. The 1st Green building in Sabah and Borneo, it earned silver accreditation from the Green Building Index Accreditation Panel in 2012, Housing over 3000 artworks, the gallery hosts 12 exhibitions yearly, appealing to both art enthusiasts and casual visitors.

Address: 14, Jalan Shantung, 88300 Kota

Kinabalu, Sabah

Contact: +6088-268 748

Website: https://sabahartgallery.com/ Operating Hours: 9.00 am - 4.00 pm (Tuesday-Sunday) / Closed on Monday



**Upside Down House Sabah** 

The Upside Down House in Tamparuli, Sabah, is Southeast Asia's first of its kind, featuring an inverted architectural marvel where everything, including a car in the garage, is flipped upside down. Recognized by the Malaysia Book of Records, it showcases Sabahan decor, attracting visitors locally and internationally since its opening in 2012.

Address: Mile 21, 89250 Tamparuli,

Sabah

Contact: +6088-260 263

Website: https://www.facebook.com/

upsidedownhouseborneo/

Operating Hours: 8.00 am - 5.00 pm

(Monday-Sunday)

**Tamparuli Suspension Bridge** 

The Tamparuli Suspension Bridge, situated in Tuaran's sub-district, serves as a vital link for locals commuting between Tamparuli and the main road. Built post-war, it's celebrated for its resilience during floods and commemorates British soldiers who died saving a local woman in 1960. Visitors enjoy its colourful appearance and occasional traditional dance performances.

Address: Jalan Bontoi, Tamparuli, 89250 Tamparuli, Sabah Contact: +6010-955 5451 Operating Hours: 8.00 am - 6.00 pm

(Monday-Sunday)

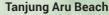
**Sabandar Cowboy Town** 

Sabandar Cowboy Town offers a cowboy-themed experience, appealing to enthusiasts seeking a taste of the Wild West ambiance. You are able to engage in various activities here such as horse riding, ATV riding, taking a walk along the mangrove boardwalk, and many more.

Address: Jalan Shah Sabandar Tuaran, 89200 Kota Kinabalu, Sabah Contact: +6012-824 8739



# RECREATION & NATURE RETREAT



Sabandar Cowboy Town offers a cowCome and witness the peaceful and breathtaking beauty of Tanjung Aru Beach in Kota Kinabalu, known for its spectacular sunsets and calm ocean atmosphere that will leave you mesmerized.

Address: Tanjung Aru Beach Resort, Tanjung Aru, 88100 Kota Kinabalu, Sabah

Contact: +6016-833 0678

Operating Hours: 10.00 am - 11.00 pm

(Monday-Sunday)

# Teluk Likas Beach

Immerse yourself in the breathtaking beauty of Teluk Likas Beach, a coastal paradise that beckons with its tranquil surroundings and stunning views. Unwind and create cherished memories in this serene oasis where nature's wonders await, providing the perfect escape for those seeking tranquility and relaxation.

Address: Jalan Tanjung Lipat, 88400 Kota

Kinabalu, Sabah

Contact: +6012-821 0493 Operating Hours: Open 24 hours

# **Tunku Abdul Rahman Marine Park**

Tunku Abdul Rahman Marine Park, located only a quick boat trip away from Kota Kinabalu, is home to five peaceful islands - Sulug, Gaya, Manukan, Mamutik, and Sapi. These islands offer secluded beaches and crystal-clear waters perfect for swimming, snorkeling, and a range of exciting activities such as scuba diving and parasailing.

Address: Kota Kinabalu, Sabah

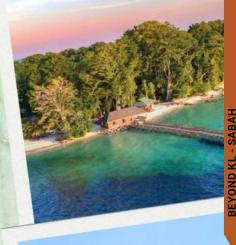
Contact: +6088-486 430



# Mengalum Island

Discover the vibrant marine life of Mengalum Island in its crystal-clear waters, teeming with groupers, snappers, and colorful reef fish. Experience the enchanting presence of iconic species such as clownfish and butterflyfish, creating a truly mesmerizing underwater adventure.

Address: Kota Kinabalu, Sabah



# Lok Kawi Wildlife Park

Lok Kawi Wildlife Park is divided into two sections: a zoological area that specifically caters to children with attractions like Borneo Pygmy elephants, Sumatran rhinoceros, and various primates, and a botanical side that offers jungle trekking and an aviary with a wide variety of bird species.

Address: Lok kawi Putatan, 88200 Kota

Kinabalu, Sabah

Contact: +6088-765 793

Website: https://www.facebook.com/p/ Taman-Hidupan-Liar-Lok-Kawi-Official-

Page-100075556825658/

Operating Hours: 9.30 am - 4.30 pm

(Monday-Sunday)

#### Kota Kinabalu Wetland Ramsar Site

Explore the unique mangrove ecosystem at Kota Kinabalu Wetlands via a 1.5km boardwalk, offering a serene stroll amidst nature. Spot diverse bird species and wildlife like monitor lizards and fiddler crabs. Engage in guided walks, bird-watching, and educational programs and many more.

Address: Off, Jln Bukit Bendera, Upper Likas, 88400 Kota Kinabalu, Sabah

Contact: +6088-246 955

Website: https://sabahwetlands.org/ Operating Hours: 8.00 am - 5.00 pm (Tuesday-Sunday) / Closed on Monday



# **Kokol Hill Elf**

Located near Menggatal, Kokol Hill offers stunning sunrise views of Mount Kinabalu and sunset vistas of Kota Kinabalu. Just a 45-minute drive from the city center, it's ideal for your Instagram-worthy photos with its scenic spots around the area.

Address: Kota Kinabalu, Sabah Contact: +6016-831 3220

Website: https://www.facebook.com/

KOKOLELF/

Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)



# INSTAGRAMMABLE SPOTS



# **Street Art & Graffiti Gallery**

The Ancient Welfare Building in Kota Kinabalu houses a vibrant spray painting center where passionate Sabah artisans gather to express their creativity. Local artists use the space to refine their skills and showcase their unique artworks, adorning every wall and pillar with colorful murals.

Address: 20, Jln Haji Saman, Pusat Bandar Kota Kinabalu, 88000 Kota

Kinabalu, Sabah

Operating Hours: Open 24 hours

# GRABABIE Shoney's Dining & Bar Shoney's Dining & Bar

sataylegend\_lok\_kawi\_1/

Operating Hours: 5.00 pm - 1.00 am

(Every Friday & Saturday)

# **Welcome Seafood Restaurant**

Address: Lot G 18, Ground Floor, Kompleks Asia City, Phase 2A, Jalan Asia City, 88300 Kota Kinabalu, Sabah,

Malaysia

Contact: +6088-447 866 Website: https://wsr.com.mv/

zh/#location-map-zh

Operating Hours: 12.00 pm - 11.30 pm

(Monday-Sunday)

# Suang Tain Seafood Restaurant

Address: No. 16, Block D, Ground Floor, Sedco Complex, Kampung Air, 88000 Kota Kinabalu, Sabah Contact: +6011-2615 5796

Website: https://www.facebook.com/

suangtainseafood/

Operating Hours: 2.30 pm - 11.00 pm

(Monday-Sunday)

# **Fook Yuen Cafe & Bakery**

Address: 69, Jalan Gaya, Pusat Bandar Kota Kinabalu, 88000 Kota Kinabalu,

Sabah

Contact: +6016-832 9847 Website: https://www.facebook.com/p/Fook-Yuen-Gaya-Street/100053175234409

Operating Hours: 6.00 am - 11.00 pm

(Monday-Sunday)

Contact: +6016-886 8786

Website: https://www.facebook.com/

shoneysdiningandbar/

Operating Hours: 11.00 am - 10.00 pm

(Monday-Sunday)

# Fatt Kee Seafood Restaurant

Address: Lorong Hilltop, Taman Far East, 88300 Kota Kinabalu, Sabah

Contact: +6016-824 8414

Website: https://www.facebook.com/

fattkeeseafoodrestaurant/

Operating Hours: 7.00 am - 11.00 pm

(Monday-Sunday)

## CHUBS

Address: Plaza Shell, Jln Tunku Abdul Rahman, Pusat Bandar Kota Kinabalu, 88300 Kota Kinabalu, Sabah Contact: +6016-227 1839

Website: https://thechubsgrill.com/ Operating Hours: 11.00 am - 10.00 pm

(Monday-Sunday)

# **Guan's Kopitiam Gaya Street**

Address: 111, Jalan Gaya, Pusat Bandar Kota Kinabalu, 88000 Kota

Kinabalu, Sabah

Contact: +6017-564 7079

Website: https://www.instagram.com/

quankopitiam.kk

Operating Hours: 8.00 am - 10.00 pm

(Monday-Sunday)





# Shangri-La Tanjung Aru

Address: No. 20, Jalan Aru, Tanjung Aru, 88100 Kota Kinabalu, Sabah

Contact: +6088-327 888

Website: https://www.shangri-la.com/kotakinabalu/tanjungaruresort/

# The Magellan Sutera Resort

Address: The Magellan Sutera Resort, 1 Sutera Harbour Boulevard, Sutera Harbour, 88100 Kota Kinabalu, Sabah Contact: +6088-318 888

Website: https://www.suteraharbour.com/the-magellan-sutera-resort/

# Nexus Resort & Spa Karambunai

Address: Jln Karambunai, Karambunai, 89200 Kota Kinabalu, Sabah Contact: +6088-480 888 Website: https://www.nexusresort.com/en

# ibis Style Kota Kinabalu Inanam

Address: 1, Jln Taipan 28, Inanam, 88450 Kota Kinabalu, Sabah Contact: +6088-285 888 Website: https://all.accor.com/ hotel/8457/index.en.shtml

# **Kokol Haven Resort**

Address: 10 km, Jalan Kokol - Tombongon, 88450 Kota Kinabalu, Sabah Contact: +6088-412 284 Website: https://kokolhaven.com/

## Kota Kinabalu Marriott

Address: Lot G, 23A, Jln Tun Fuad Stephens, 88000 Kota Kinabalu Contact: +6088-286 888 Website: https://www.marriott.com/

Website: https://www.marriott.com, en-us/hotels/bkikk-kota-kinabalumarriott-hotel/overview/

# Ming Garden Hotel & Residence

Address: Lorong Ming Garden, Jalan Coastal, 88000 Kota Kinabalu, Sabah Contact: +6088-528 888

Website: https://minggardenhotel.

com.my/

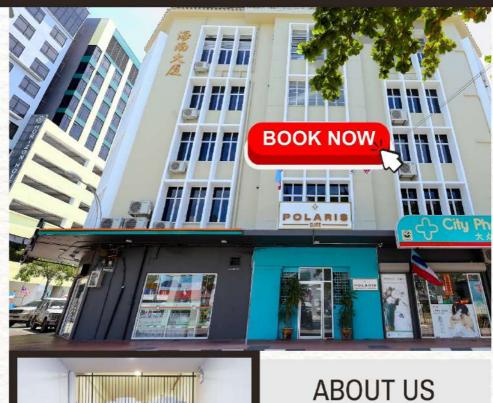
# The LUMA Hotel

Address: Sutera Avenue, Lot 2-5. Block A, Jalan Sembulan, 88100 Kota

Kinabalu, Sabah

Contact: +6088-286 900

Website: https://thelumahotel.com/





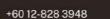


Embark on a Sabah adventure and stay at Polaris Suite in Kota Kinabalu. Strategically located on Gaya Street, it offers comfort, security, and definitely easy access to local attractions.



# **Contact Us**













# Mount Kinabalu

Mount Kinabalu, also called Gayo Ngaran or Nulu Nabalu, stands as the highest peak in Borneo and Malaysia, reaching 13,435 feet (4,095 meters). Positioned in Sabah's Ranau area within the West Coast Division, it ranks as the world's third tallest island peak and the 20th most prominent mountain by topographic prominence. Kinabalu Park enjoys UNESCO World Heritage Site status.

Address: L1.37, 1st Floor, Kompleks Asia City, Jalan Asia City,

88000 Kota Kinabalu, Sabah, Malaysia

Contact: +60 88-448-709

Website: https://www.mountkinabalu.com/



# Kinabalu National Park

Established in 1964, Kinabalu Park encompasses 754 square kilometers and holds the distinction of being a UNESCO World Heritage Site. Its creation stemmed from a study conducted during the Royal Society Kinabalu Scientific trip of 1962-1964, overseen by Prof. Corner. Serving as the inaugural park in Sabah, Malaysian Borneo, it marks a significant conservation effort.

Address: Mount Kinabalu National Park, 89300 Ranau, Sabah

Contact: +60 88-523500

Website: https://www.sabahparks.org.my/kinabalu-park



# **Desa Dairy Farm**

Well known as the "Little New Zealand" of Sabah, Desa Cattle Dairy Farm offers a picturesque setting reminiscent of Kiwi land's dairy farms. With activities like feeding calves and educational tours, it showcases the milk production process while serving high-quality products like milk, yogurt, cheese, and gelato.

Address: Jalan Cinta Mata Mesilou, 89308 Kundasang, Sabah

Contact: +6088-888 531

Website: https://www.facebook.com/desadairyfarm Operating Hours: 8.00 am - 5.00 pm (Monday-Sunday)







Have an amazing time paragliding, as you soar through the sky and take in the magnificent views. Make sure to bring along a Go-Pro flight camera to document your adventure and create lasting memories of the exciting experience.

Address: Jln Kompleks Sukan Ranau, 89308

Ranau, Sabah

Contact: +6017-388 3112

Website: https://www.facebook.com/borneopara-

gliding

Operating Hours: 9.30 am - 4.00 pm (Monday-

Sunday)



# **Alpaca Club**

Visit the Alpaca Club in Kundasang for a lovely experience with alpacas that kids will love. Feed these adorable creatures in a peaceful atmosphere with a refreshing breeze, creating a wonderful getaway.

Address: Jalan Cinta Mata Mesilou, 89308 Kunda-

sang, Sabah

Contact: +6011-5868 3622

Website: https://www.facebook.com/alpacaclub-

sabah/

Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)





# **Poring Hot Spring**

Unwind and recharge at Poring Hot Spring in Ranau district, where you can experience a peaceful ambiance and therapeutic sulfuric mineral water known for its healing benefits, perfect for spending quality time with your family and friends.

Address: 89300 Ranau, Sabah Contact: +6014-695 8577

Operating Hours: 8.00 am - 4.00 pm (Monday-

Sunday)



Sepilok Orang Utan Rehabilitation Centre Established in 1964, the Sepilok Orangutan Rehabilitation Centre in Sabah, Malaysia, is dedicated to rehabilitating orphaned orangutans rescued from forestry sites, plantations, and illegal captivity, playing a crucial role in conservation efforts.

Address: Sabah Wildlife Department, W.D.T. 200, Sandakan, Jalan Sepilok, Sepilok, 90000

Sandakan, Sabah Contact: +60 89-633 587

Operating Hours: 9.00 am - 11.00 am , 2.00 pm -

3.00 pm (Monday - Sunday)



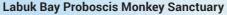
# **Bornean Sun Bear Conservation Centre**

The Bornean Sun Bear Conservation Centre in Sabah, Malaysia is dedicated to saving and caring for sun bears. They currently provide a home for 43 rescued bears, as well as one that was born at the center. The bears are housed in large forest enclosures that mimic their natural habitat, allowing them to thrive and be prepared for possible release back into the wild.

Address: Postal address: PPM 219, Elopura,

90000 Sandakan, Sabah Contact: +60 89-534 491

Website: https://www.bsbcc.org.my/index.html Operating Hours: 9.00 am - 3.30 pm (Monday -



Labuk Bay Proboscis Monkey Sanctuary in Sabah provides a protected habitat for proboscis monkeys amidst coastal mangrove forests, safeguarded from palm oil plantations, fostering a significant population of around 300 monkeys and other wildlife.

Address: Jalan Labuk, 90000 Sandakan, Sabah

Contact: +60 89-672 133

Website: https://www.proboscis.cc/

Operating Hours: 8.00 am - 6.00 pm (Monday -

Sunday)



# Sandakan Memorial Park

The Sandakan Memorial Park in Sabah is dedicated to remembering the losses of World War II, paying tribute to the Australian and British lives lost through informative exhibits and a museum. Taman Rimba offers a peaceful retreat with remnants of wartime ruins and a tranquil atmosphere.

Address: 90702. Jalan Labuk. 90000

Sandakan, Sabah Contact: +6089-275 400

Website: https://sabahtourism.com/desti-

nation/sandakan-memorial-park/

Operating Hours: 8.00 am - 5.00 pm (Mon-

day-Sunday)



The Agnes Keith Home, once known as Newlands, stands as a historical house museum in Sandakan, Sabah, Malaysia. Named after Agnes Newton Keith, an American novelist, it showcases colonialera furniture and antiques, offering visitors insight into life under British rule in North Borneo

Address: 296, Jalan Utara, 90000 Sanda-

kan, Sabah

Contact: +6089-221 140

Website: https://museum.sabah.gov.my/

exhibition/72

Operating Hours: 9.00 am - 5.00 pm (Mon-

day-Sunday)

## **Turtle Islands Park**

The park's headquarters, a turtle hatchery, visitor accommodations, and basic utilities are all located on Selingan, the largest of the islands. The other two islands are more dedicated to conservation efforts. There is also an exhibition hall in the park, as well as a film presentation, which is normally done at night.

Address: Crystal Quest Sdn. Bhd, Sabah Park Jetty, Jalan Buli Sim-Sim, P. O Box

848, 90719 Sandakan. Contact: +60 89 212711

Website: https://www.sabahtourism.com/destination/turtle-island-park/?locale=en











# **Maliau Basin Conservation Area**

Maliau Basin in Sabah, Borneo, is a remarkable wilderness area, encompassing 390 km² of pristine forest enclosed by steep cliffs, creating a nearly self-contained environment and one of Malaysia's last wilderness frontiers.

Address: Sabah

Contact: +60 88-486 168

Website: https://www.maliaubasin.info/



# Columnar Basalt Balung Cocos

"Batu Bersusun" means "neatly arranged rocks." Found along the Balung River in Kampung Balung Cocos, Malaysia, this unique geological formation comprises thousands of interlocking basalt pillars, resembling man-made walls.

Address: Kampung Balung Cocos, 91000

Tawau, Sabah

Contact: +6014-871 0411

Operating Hours: 8.00 am - 5.00 pm (Mon-

day-Sunday)



# **Tawau Hot Springs**

Tawau Hot Springs offers recreational activities for all ages, including picnics and bathing. The reserve area showcases diverse flora and fauna, such as wild orchids and pitcher plants, captivating visitors with their beauty.

Address: Tawau, Sabah

# **Tawau Tanjung Market**

Malaysia's largest indoor market boasts 6000 stalls selling dried seafood and handcrafted items. Morning visits are ideal for exploring the extensive selection of dried produce and locally made crafts

Address: Bandar Tawau, 91000 Tawau,

Sabah

Contact: +6014-912 2036

Operating Hours: 6.00 am - 6.00 pm

(Monday-Sunday)



# **Teck Guan Cocoa Village**

Introduced by the British colonial government in 1957, the Amelonado cocoa species, renowned globally, is cultivated across thousands of acres by the Teck Guan Group. Teck Guan Cocoa Village offers insights into cocoa cultivation and chocolate production.

Address: Quion Hill Miles 15 Balung

Apas, 91000 Tawau, Sabah Contact: +6016-826 9579

Website: https://www.facebook.com/

tawaucocoa/

Operating Hours: 10.00 am - 5.00 pm (Saturday-Thursday) / Closed on Friday



## The Peaks

Come discover Tawau at The Peaks Observation Deck, where you can enjoy breathtaking views 1200 feet above sea level surrounded by lush forests and palm oil plantations. Immerse yourself in the vibrant wildlife and peaceful nature for a truly inspiring and relaxing experience.

Address: Jln Stesen TV Tawau, 91000

Tawau, Sabah

Contact: +6010-955 3443

Website: https://www.facebook.com/

thepeakstawau/

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)



# EMERGENCY NUMBERS & USEFUL CONTACTS

# **Emergency Numbers**



Police/Ambulance Landlines & Public Phone : 999 (from mobile phone) 112



Fire and Rescue Department (Bomba) Landlines & Public Phone: 994 (from mobile phone) 112



Civil Defence Tel: 999



Tourist Police Hotline Tel: 03-2149 6590



St. John's Ambulance Tel: +60 9285 1576



Red Crescent Society Tel: +603 4257 8726

# **Tourism Agency**



Tourism infoline



PWTC Tel: +603 2614 6999



KL Sentral Tel: +603 2786 8080



MaTic, Jalan Ampang Tel: +603 9235 4800/4900

# **Operators**



Telekom Malaysia Operators (www.t m . com.my)

# **Service Providers**



Maxis Tel: 1 800 82 1123



Celcom
Tel: +6019 601 1111



Digi

Tel: +6016 221 1800



U Mobile Tel: +6018 388 1318



Tune Talk Tel: +03 2771 7000

# **Credit Card Provider**



Visa Tel: 1 300 967 1096



Mastercard Tel: +603 2093 7771

# **Transportation Hub**



KLIA Tel: +603 8776 2000



Hentian Duta Tel: +603 6203 3064



MyRapid Tel: +603 2299 1999/2287/5959



Terminal Bersepadu Selatan (TBS) Tel: +603 9021 2000

# EMERGENCY NUMBERS & USEFUL CONTACTS

# Transportation

KLIA Limousine Service Tel: +603 8787 3030

Subang Airport Tel: +603 7846 1833

KLIA Ekspress Tel: +603 2267 8000

Airport Limo/Taxi Tel: +603 8787 3691

# **Rapid Transit**



Mass Rapid Transit (MRT) Tel: +1800 82 6868



KTM Commuter Tel: +603 2272 2828



KTM Railway Service Tel: +603 2273 8000



KTM (Booking Ticket) Tel: +603 2274 3377



BRT Sunway Line Tel: +03 7885 2585

# airasia

Air Asia Tel: +603 7809 6888



Air India

Tel: +603 2072 5055

**Flight** 



Berjaya Air

Tel: +603 6207 4999



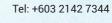
British Airways Tel: +603 7712 4747



Cathay Pacific
Tel: +603 6207 4989



China Airlines





Emirates

Tel: +603 6207 4999



Firefly

Tel: +603 7845 4543



Garuda Indonesia Tel: +603 2162 2811



Tel. +003 2102 281





Royal Brunei Tel: +603 2070 7166



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Thai Airways Tel: +603 8787 3522

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