

KL

The
Guide

DECEMBER 2023

FEBRUARY 2024

BEYOND KL

**THE GREATER
KLANG VALLEY**



27 YEARS &
GOING
STRONG

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SCAN ME



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PUBLISHED BY:

Bluedale Publishing (M) Sdn. Bhd.
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KDN PERMIT # PP15276/07/2013(032183)

Distribution:

KLIA (Kuala Lumpur International Airport)
KLIA2 (Kuala Lumpur International Airport 2)
KKIA (Kota Kinabalu International Airport)
PIA (Penang International Airport)
Kuching International Airport
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For all enquiries related to advertising please contact us at enquiry@bluedale.com.my

Printer:

BHS Book Printing Sdn Bhd(95134K)
(Wholly owned by BHS Industries Berhad)
Lot 17-22 & 17-23,
Jalan Satu, Bersatu Industrial Park,
Cheras Jaya, 43200 Selangor Darul Ehsan,
Malaysia.
KDN No. PQ780/904

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- M. - Medan/Court
- Ckd. - Changkat/Hilllock

John Road

M. Medan/Cord

Cht = Changkat/Hillock



Zone 3

Kuala Lumpur City Centre (KLCC)

Jalan Ampang

Jalan Sultan Ismail

Petronas Twin Towers

KLCC

KLCC Park

Aquaria KLCC

Suria KLCC

Wisma AmBank

Menara Public Bank

Wisma BSN

Menara BSN

Angkasa Raya

Wisma Selangor Dredging

Wisma BSN

Menara BSN

Angkasa Raya

Wisma BSN

Wisma AmBank

Menara Public Bank

Wisma BSN

Menara BSN

Angkasa Raya

Wisma Selangor Dredging

Wisma BSN

Menara BSN

Angkasa Raya

Wisma BSN

Wisma AmBank

Menara Public Bank

Wisma BSN

Menara BSN

Angkasa Raya

Wisma Selangor Dredging

Wisma BSN

Menara BSN

Angkasa Raya

Wisma BSN

MALAY LINGO

Everyday Expressions

How are you?
I'm fine, thank you.
My name is...
Nice to meet you.

Can you speak English?

Goodbye

Awak apa khabar?
Saya baik, terima kasih.
Nama saya ialah...
Gembira dapat berjumpa dengan awak.
Adakah awak boleh bertutur dalam Bahasa Inggeris?
Selamat tinggal

Directions

How do I get to...?
Please draw me a map.
Please write down the address.
Right

Left
Straight ahead
Here
There
Front
Back

Bagaimana saya nak ke...?
Tolong lukiskan saya peta.
Tolong saya tuliskan alamatnya
Kanan

Kiri
Terus
Di sini
Di sana
Depan
Belakang

Simple Questions

Where is the toilet?
Where can I buy...?
Where is the train station?
Where are you going?

Di manakah tandas?
Di mana boleh saya beli...?
Di manakah stesen keretapi?
Awak nak pergi mana?

Common Words

Yes
No
None
Many
Man
Woman
Ladies restroom
Gents restroom
Thank you
You are welcome
Excuse me

Ya
Tidak
Tiada
Ramai
Lelaki
Wanita
Tandas wanita
Tandas lelaki
Terima kasih
Sama-sama
Maafkan saya

Days Of The Week

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Isnin
Selasa
Rabu
Khamis
Jumaat
Sabtu
Ahad

CONTENT

6-8	TRANSPORTATION	68 70-72	BEAUTY & WELLNESS
9 10-11 12-13 14	KL AT A GLANCE		Intro page Traditional Spa & Treatments
16-18 19-20 21-22 24 25-26 28 30	SIGHT SEEING	74 76-78 80 82 83	MEDICAL TOURISM
	Iconic Landmarks Historical Sites Museums & Memorials Modern Architectural Buildings Instagrammable Spots Park & Gardens Eco & Agro Tourism	84 86 88 90	Intro page Healthcare Facilities Dental Ophthalmology Aesthetics & Dermatology
31 32 34-37	CULTURE	91-92 94-95	ACCOMMODATION
38 40 41 42	Intro to Culture Arts & Cultural Experiences Place of Worship	96 97-99	Intro page Luxury Hotel/Resort Budget Hotel/Resort Backpackers Lodge
44 46 - 48 50	KL FOR KIDS	100	THE PERFECT 2 DAY ITINERARY
51 52-54 56-58 59 60 62	Intro page Animal Interaction Centres Theme Parks & Educational Playlands Adrenaline- Inducing Activities	102-112	EXPLORING PASAR SENI AREA
64 66 67	SHOPPING	113-124	Intro Page 10 Must-Do Activity & Attraction
	Intro page Shopping Malls Night Markets	125-133	BEYOND KUALA LUMPUR
	EATING OUT	134 -136	Intro Page
	Intro page Must Eats in KL Malay Cuisine Chinese Cuisine Indian Cuisine Instagrammable Cafes	137-141	NORTHERN REGION
	NIGHT LIFE	142-143	CENTRAL REGION
	Regular Pubs & Bars Rooftop Bars Club & Live Entertainment		SOUTHERN REGION
			PULAU KETAM
			BENTONG
			EMERGENCY NUMBERS

TRANSPORTATION

FROM KLIA & KLIA 2

The KLIA Express train offers a speedy airport transfer service from 5 AM to 12 PM daily, reaching KLIA and KLIA 2 in about 35-40 minutes from the city center at just RM55 for a one-way ticket. You can save 25% with the Group Saving Package.

There's also the Airport Coach bus, running from 12:30 AM to 11:30 PM, costing around RM10.

Aero bus operates frequently every five to 20 minutes all year-round, offering convenient service from KL Sentral to KLIA/KLIA 2 at RM14 with a 10% discount.

Taxis are pricier, ranging from RM80 to RM200 for city-to-airport trips. Consider Grab for a fixed rate of around RM65, a more convenient and comfortable option.

FROM SUBANG SKYPARK TERMINAL

To reach Subang Airport from KL Sentral, passengers can take the SKYPARK Link trains, which offer an express service within Kuala Lumpur. SKYPARK Link now operates 32 daily services with intervals of 30 to 60 minutes. The fare for a one-way journey from Subang Airport to Kuala Lumpur City is approximately RM3.50.

FROM PENANG INTERNATIONAL AIRPORT

Flying from Penang Airport to KLIA takes about an hour, with fares ranging from RM70 to RM650. The cheapest way to travel from Penang to KL is by bus, starting at RM50 to RM60, but it takes around seven to eight hours. Alternatively, driving takes about six hours, depending on traffic.

FROM LANGKAWI INTERNATIONAL AIRPORT

You can catch a flight from Langkawi International Airport to KLIA in about an hour and ten minutes, with ticket prices ranging from RM160 to RM200. Flights from Langkawi to Subang Airport are even quicker, taking approximately 58 minutes. If you prefer the bus, it costs between RM118 to RM176 per person, which includes the ferry to the island.

FROM KUCHING INTERNATIONAL AIRPORT

The journey from Kuching International Airport to KLIA by flight typically lasts around 2 hours and 45 minutes. Kuching International Airport is situated 11 kilometres south of the city center. Airlines like Malaysia Airlines, Air Asia, and Malindo Air operate flights to KL. Additionally, flying from Kuching to Subang Airport takes about 2 hours and 23 minutes, with ticket prices ranging from RM289 to RM581.

FROM KOTA KINABALU INTERNATIONAL AIRPORT

The only option to travel from Sabah to KL is by air. The flight from Kota Kinabalu International Airport (KKIA) to KLIA lasts approximately 2 hours and 25 minutes, with ticket prices ranging from RM380 to RM1380.



ALTERNATE WAY TO KL CITY CENTER

Train

One of the fastest ways to travel from the airport to the city centre is the KLIA Express train, taking approximately 28 minutes. Each ticket is priced at an affordable RM55. This train connects both KLIA and KLIA 2 International Airports to KL Sentral, the main station. Tickets can be purchased online or at KL Sentral, the main station. The service offers high-speed WiFi onboard and provides a complimentary porter service on the relevant platforms.

Furthermore, various rail services are available for transportation to Kuala Lumpur's city centre, including the MRT,

Bus

Without a doubt, buses are the most affordable way to travel between the airports and the city, with a fleet of 44 air-conditioned coaches known for their safety and comfort. The cost can be as low as RM15 per passenger, depending on your departure point. Travel times may vary, but on average, it takes around 1 hour and 15 minutes to reach the city.

Moreover, RapidKL buses offer feeder services to MRT, LRT, Monorail stations, and intra-Klang Valley transportation to KL City. Various companies like Go KL, Smart Selangor, and PJ City provide unique services, including free buses.

Taxi

Taxis, while still an option, have become less favoured due to their higher costs compared to ride-hailing services. Locals tend to steer clear of taxis due to their inconsistent pricing and higher fares. When taking a taxi, passengers are advised to negotiate and confirm the use of the metre upfront to prevent overcharging. Typically, the initial fare is around RM3 for the first kilometre, with an additional charge of RM0.20 for every 150 metres travelled.



E- Hailing Service

E-hailing services are widely popular in Malaysia, chosen by both locals and tourists for their reliability and convenience through user-friendly mobile apps. They offer a quick way to reach destinations, especially in low-traffic situations. What makes e-hailing appealing is the upfront pricing and included accident insurance. Various apps like GrabCar, AirAsia Ride, MyCar, InDriver, Kumpool, among others, offer these services.



CAR RENTALS

CAR RENTALS

The Car Rental Association Malaysia (CRAM), also referred to as Persatuan Sewaan Kereta Malaysia, aims to advance, represent, and safeguard the interests of its members by acting as a liaison between relevant regulatory bodies, both private and public, in all aspects concerning the car rental industry and its associated businesses. Essentially, they are a respected organisation within Malaysia's car rental sector. Consequently, we have put together a list of car rental companies for your reference.

GoSo Rent A Car KLCC

Address: Wisma Uoa Centre, 19, Jalan Pinang, 50450 Kuala Lumpur
Contact: +6012-655 2677
Website: <https://www.gosorentacar.com/>
Operating Hours: Open 24 hours

Galaxy Asia Car Rental

Address: 117, Jalan 3/93, Taman Miharja, 55200 Kuala Lumpur
Contact: +6012-368 0117
Website: <https://www.rentalscarsia.com/>
Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

Mayflower Car Rental

Address: Mayflower Building, 18, Jalan Segambut Pusat, Taman Segambut, 51200 Kuala Lumpur
Contact: +603-6253 1888
Website: <https://mayflowercar-rental.com/>
Operating Hours: 8.30 am - 6.00 pm (Monday-Friday) / Closed on Saturday & Sunday

MOTORCYCLE RENTALS

Renting a motorcycle in Kuala Lumpur has several advantages. It's a cost-effective option compared to renting a car or using ride-sharing services. It allows you to access hard-to-reach places, navigate traffic easily, and explore the city and its surroundings at your own leisure. Riding a motorcycle also adds an adventurous element to your trip, making it more memorable and exciting.

RevBike

Address: 74-76, Hotel Sungei Wang, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur
Contact: +6014-688 8177
Website: <https://www.sewamotor.my/>

SewaMotor4u

Address: Block A, Jalan Pantai Permai 2, Perumahan Pantai Permai, 59200 Kuala Lumpur
Contact: +6011-3736 5910
Website: <https://www.facebook.com/sewamotor4u/>
Operating Hours: 9.00 am - 9.00 pm (Monday-Sunday)

Motor Ride Rental Malaysia

Address: MRRM Garage, LG, Menara TM, Jalan Pantai Baharu, Bangsar, 50672 Kuala Lumpur
Contact: +6013-341 1337
Website: <https://www.facebook.com/MotorRideRentalMalaysia/>



INTRODUCTION TO KUALA LUMPUR

Kuala Lumpur, the capital of Malaysia, is famous for its impressive modern architecture including skyscrapers. Due to Malaysia's diverse population, the city offers a wide range of cultural attractions for exploration.

Kuala Lumpur covers an area of approximately 243 square kilometers and is experiencing significant population growth and economic development, ranking as the ninth most visited city globally. As of 2021, around 25% of Malaysia's total population, or approximately 2.0 million people, called Kuala Lumpur home. Between 2010 and 2020, the city's population increased gradually by 2.2%.

Situated at the confluence of the Gombak and Klang Rivers, Kuala Lumpur is located 300 kilometers northwest of Singapore and about 40 kilometers east of the Strait of Malacca. Interestingly, the name "Kuala Lumpur" in Malay means "muddy estuary" because the city is where the Klang and Gombak rivers meet.

Kuala Lumpur is one of Malaysia's three Federal Territories, along with Putrajaya and Labuan, and has hosted various significant events, including the 1998 Commonwealth Games and the 2017 Sea Games.

Lastly, according to Moody's Analytics, Malaysia's economy is expected to grow moderately in 2023, with a projected Gross Domestic Product (GDP) increase of 4.1% following an exceptional 8.7% rise in 2022. Economic growth is expected to slow down in the coming quarters, with the GDP growth rate decreasing from 7.0% year-over-year in the fourth quarter of 2022 to 14.2% in the third quarter. In 2022, Malaysia's GDP grew by 8.7%, marking the highest rate in over two decades.



10 FUN FACTS

1. Meaning of Kuala Lumpur

The origin of the name “Kuala Lumpur” comes from the Malay word “lumpur,” which translates to “mud.” This name is linked to the meeting point of two rivers, the Gombak and Klang rivers. Kuala Lumpur did not exist until 1857 when 87 Chinese tin miners quickly established a settlement at the muddy confluence of these rivers. Shortly thereafter, the name Kuala Lumpur was officially assigned to the town.



3. World's Tallest Twin Towers is in KL

The Petronas Twin Towers held the title of the world's tallest twin towers. Nevertheless, it remained one of Malaysia's tallest structures until it was surpassed by the recently completed Merdeka 118.



5. The Malaysian King lives in KL@Istana Negara

The official residence of the Yang di-Pertuan Agong, often called the National Palace, can be found on Jalan Tuanku Abdul Halim (formerly known as Jalan Duta) in Kuala Lumpur.

2. Parliamentary Democracy System

Malaysia follows a system of government known as a constitutional monarchy with a parliamentary democracy. The King serves as the country's sovereign, and the parliament plays a vital role as the primary institution in upholding democratic principles.



4. Malaysian Government is in Putrajaya

Instead of being situated in the capital city, the Malaysian government is headquartered in Putrajaya. Putrajaya serves as both the administrative and judicial capital of the country, housing numerous government offices.





6. Yang di-Pertuan Agong is an Elected Monarch

Although Malaysia does not have an absolute monarchy, the Yang di-Pertuan Agong is selected through a distinctive rotational system for a five-year term by the Conference of Rulers. The Agong is elected from among the Malay rulers, and the election process and procedures are outlined in detail in both the Constitution's Third Schedule and the Conference of Rulers' regulations.



9. Hosted the SEA Games in 2017

Kuala Lumpur earned acclaim for its successful hosting of the 2017 Sea Games, which not only enhanced the nation's reputation but also set new records in terms of medal achievements.



7. Home To The Second Tallest Tower in the World

Did you know that the Merdeka 118 Tower is the second-tallest structure globally? It stands at a height of 678.9 metres with 118 stories, making it the latest tallest building in Malaysia. The name "Merdeka 118" reflects its 118 levels. The design of the building drew inspiration from the iconic outstretched hand gesture of Tunku Abdul Rahman, who exclaimed "Merdeka!" on Malaysia's Independence Day, serving as a model and source of inspiration for its design.



8. KL Was the First Country in Asia to Host the Commonwealth

The 1998 Commonwealth Games marked the inaugural occasion when Kuala Lumpur hosted the event. Subsequently, the 2010 Games were held in Delhi, bringing the competition back to Asia once again.



10. KL is The Retail and Fashion Hub of Malaysia

Malaysia boasts approximately 350 retail malls across the country, with Kuala Lumpur serving as the epicentre of this vibrant shopping destination. In the retail hubs of Kuala Lumpur, you can find a wide array of brands offering clothing, accessories, sports gear, and household products.

HISTORY OF KUALA LUMPUR

The name “Kuala Lumpur,” which translates to “muddy confluence” in Malay, originated when tin miners explored the region around the Klang River in Ampang. They utilised the junction of the Gombak and Klang rivers for mining purposes, giving rise to the name Kuala Lumpur. Here is a chronological overview of Kuala Lumpur’s history.

1857

A group of 87 tin miners explored the Kuala Lumpur region and discovered significant tin reserves in Ampang.

1862

The rapid growth of Kuala Lumpur attracted miners from various places, leading to population growth, disputes, and gang conflicts.

1869

Yap Ah Loy, the leader of the Chinese community in Kuala Lumpur, established law and order, and he also founded the city’s first school and a shelter for the homeless.

1880

Frank Sweetenham, a British envoy, developed a city plan to modernize Kuala Lumpur.

1887

Kuala Lumpur was chosen as the capital of Selangor.

1896

Kuala Lumpur became the capital of the Federated Malay States following the union of the four state sultans.

1910

The first railway station in Kuala Lumpur was designed and built by Arthur Benison Hubback, a prolific British colonial architect.

During World War II, the Japanese occupied the city.

1942

Kuala Lumpur became the capital of the Malayan Federation.

1946

Malaysia celebrated its Independence Day on August 31, marking the end of 151 years of British administration as they decided to leave the country.

1957

The population of Kuala Lumpur reached around 500,000, leading to specific administrative challenges.

1960

Kuala Lumpur was designated as the capital of Malaysia.

1963

Ethnic tensions escalated into a full-scale civil conflict between the Chinese and Malay communities.

1969

Kuala Lumpur was granted city status, becoming the first town in Malaysia to achieve this after gaining independence.

1972

Kuala Lumpur became a Federal Territory with its own government.

1974

Dr. Mahathir, who was the Prime Minister at the time, initiated the "Vision 2020" program, which modernized Kuala Lumpur and the entire nation.

1981

Malaysia's federal administrative capital was relocated to Putrajaya.

1999



5 TIPS EVERY TRAVELER SHOULD KNOW BEFORE VISITING KUALA LUMPUR

Here are five essential tips to keep in mind before your visit to Kuala Lumpur.

1. Be wary of scammers

Travellers in KL are encouraged to exercise caution and avoid becoming victims of scams. Watch out for dishonest people who may try to trick you. Be careful of fake calls and messages claiming to be from government agencies. If you receive such calls, report them to the authorities by calling 997.

2. Make sure the taximeters are turned on by the drivers

When you take a taxi, make sure the driver has turned on the metre before you start your ride. It's against the law for them to charge you without using the metre.

3. Avoid going down any dark alleys

Be cautious about walking in dark and poorly lit areas, especially at night. It's safer to walk with others and avoid going alone to prevent the risk of robbery. You do not want to become a robbery victim!

4. Bring clothing that is appropriate for hot temperatures

Average annual temperatures in Malaysia's tropical region are oppressive at 30°C. Pack appropriate clothing for the hot and humid weather in Malaysia. Bring light and loose-fitting clothes, flip-flops, and regular shoes. Also, carry a light jacket or hoodie because places like buses, trains, and malls often have strong air conditioning. Don't forget to carry an umbrella since the weather can change quickly.

5. Malaysia is a dazzling diverse nation

Kuala Lumpur is a diverse city with various cultures and religions. Malays, Chinese, Indians, and indigenous groups all live there. This means you'll find mosques, churches, Hindu temples, and Chinese temples with red lanterns. The main languages spoken are Bahasa Malaysia, Mandarin, and Tamil, so it might be helpful to learn a bit of Bahasa Malaysia to get around.



A FUN-FILLED, FAMILY TIME AT PETROSAINS!

A visit to Petrosains, The Discovery Centre*, is a must, as it promises a thrilling time filled with immersive learning experiences to spark wonder and curiosity into the world of science and technology.

Located in Kuala Lumpur City Centre, the interactive centre housing over 200 exhibits sets the perfect atmosphere for visitors from all walks of life to explore and appreciate the value of science as a fundamental necessity in everyday life.

Visit our themed galleries – **Space**, a place to discover the wonders of astronomy; **Geology/Dinosaurs**, where you can learn and understand life on earth during pre-historic times; and **Sparks**, an introduction to basic science concepts using a hands-on approach.

Other exhibition areas are **The Flatlens**, a true to life experience on an offshore oil rig and **SPERO** – which dives into the world of science behind racing.

Meanwhile, at the **Maker Studio**, get inspired by the chance to test your creativity as science communicators facilitate the creation and thinking process among our guests. There's also age-appropriate live science shows and workshops to spark curiosity among our young people about the world around us.



In a recent upgrade to inculcate the importance of adopting sustainable lifestyle practices as humanity progresses, Petrosains launched the **Energy Capsule**, an autonomous ride featuring light and music experiences, and multimedia elements that journeys "back in time and into the future".

Cozy up in the 10-minute ride for a better understanding about the new energy story and the next technological revolution needed to deal with current, real-world issues and future challenges.

Aligned to the preservation of nature and our environment, the **Sustainability Gallery** aims to educate and empower people everywhere to think about the 'future we choose'. This showcase features content on significant issues, including ways to measure and reduce greenhouse gas emissions, exploration of new energy options, and integrated solutions in the global demand for energy.

So come on over, and dive into the fun world of science at Petrosains, The Discovery Centre* today as we celebrate 25 years of inspiring discovery!



Scan to
purchase tickets.



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Monday – Friday 9:30am – 5:30pm
Weekends, Public & School Holidays 9:30am – 5:00pm
Closed on Tuesdays at the month
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Petrosains, The Discovery Centre*, Level 4, Kuala Lumpur City Centre, PETROSAINS Tower, 60000 Kuala Lumpur, Malaysia.
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PETROSAINS

ICONIC LANDMARKS

Merdeka 118

The Merdeka 118 stands as the world's second-highest structure, towering at a remarkable height of 678.9 metres and comprising 118 stories, making it Malaysia's tallest skyscraper. The iconic design of this architectural marvel draws its inspiration from the memorable moment when Tunku Abdul Rahman, while proclaiming "Merdeka!" on Independence Day, made a distinctive hand gesture.

Address: Jalan Hang Jebat, City Centre, 50150 Kuala Lumpur
Contact: +603-2050 5100
Website: <https://www.merdeka118.com/>
Operating Hours: 9.00 am - 9.00 pm (Tuesday-Sunday) / Closed on Monday



Bukit Bintang Crossing

The Bukit Bintang Crossing, located at the intersection of Jalan Sultan Ismail and Jalan Bukit Bintang, is just like the Shibuya Crossing but in Kuala Lumpur. The bustling Bukit Bintang is a popular area among the tourists and locals as it has various food options, proximity to public transport and shopping malls, as well as affordable and luxury accommodations.

Address: Bukit Bintang, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur

Central Market

Explore a world of captivating historical treasures and precious jewels at the renowned Pasar Seni, widely recognized as the Central Market. This vibrant hub in Kuala Lumpur serves as an excellent platform for celebrating the authentic essence of Malaysian culture and heritage. Originating as a humble wet market back in 1888, it has since transformed into a magnificent destination. Within its splendid art-deco structure, you'll discover various shops offering local crafts, textiles, keepsakes, unique items, and dining establishments.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur
Contact: +603-2031 0399
Operating Hours: 10.00 am - 8.00 pm (Monday-Sunday)





Start Your Vacay

With The Perfect Staycation

Pudu Kuala Lumpur



Greystone
**D'Majestic
Place**

Bukit Bintang



Greystone
**Swiss Garden
Residence**

Pudu Kuala Lumpur



Greystone
**Continew
Residensi**

Bukit Bintang



Greystone
**One Bukit
Ceylon**

Petaling Jaya



Greystone
**Centrestage
PJ**

Chow Kit



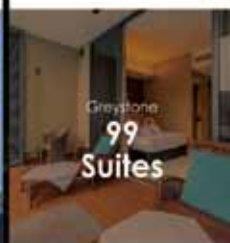
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Petronas Twin Towers

There's a tall building in Kuala Lumpur called the Petronas Towers, also known as KLCC Twin Towers. These towers held the record as the world's tallest buildings from 1998 to 2004 until taller buildings were constructed in other countries. They stand at a height of 451.9 metres and remain the tallest twin towers globally. The Petronas Towers are a famous landmark in Malaysia, and they look particularly stunning when illuminated at night.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City Centre, 50088 Kuala Lumpur
 Contact: +603-2331 8080
 Website: <https://www.petronastwintowers.com.my/>
 Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

KL Tower

The KL Tower, which ranks as the seventh-tallest telecommunications tower globally, holds the distinction of being the tallest building in Southeast Asia. Its construction aimed to enhance communication and broadcasting throughout the country. The tower offers a range of facilities, including the Atmosphere 360° restaurant, the Mega View Banquet Hall for various events like meetings, seminars, and weddings, the Blue Aquarium, the KL Tower Mini Zoom, the KL Upside Down House, the Observation Deck, the SkyDeck, the Sky Box, the Sky Cafe, and the newly introduced Tower Walk 100.

Address: No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur
 Contact: +603-2020 5444
 Website: <https://www.menarakl.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



ICONIC LANDMARKS

Jalan Alor Food Street

Jalan Alor, one of Kuala Lumpur's busiest food streets, is packed with hawker stalls and seafood restaurants. It's a popular dining destination located in the Golden Triangle, just behind Jalan Bukit Bintang and a short walk from Changkat Bukit Bintang. Locals often affectionately call Jalan Alor "KL's food paradise" because it offers a wide variety of daily street food, in contrast to the more upscale dining options on Jalan Bukit Bintang and Changkat Bukit Bintang. There's so much food to try that it's impossible to sample everything in just one day.

Address: 21, Jalan Alor, Bukit Bintang, 50200 Kuala Lumpur
 Operating Hours: Open 24 Hours



Sultan Abdul Samad Building

The Sultan Abdul Samad Building, constructed in 1894, stands right in front of Merdeka Square. In the past, it served as the central hub for all administrative offices of the British government. Today, it houses the Malaysian Ministries of Communications and Multimedia as well as Tourism Culture. This historic late 19th-century building is a prime spot for capturing beautiful photos for Instagram due to its stunning architecture.

Address: Jln Raja, Kuala Lumpur City Centre, 50050 Kuala Lumpur
 Operating Hours: Open 24 hours

HISTORICAL SITES

Merdeka Square

Before it was named Merdeka Square, people called this place the field for the Selangor Club. Nowadays, it's seen as one of the most important historical sites in Malaysia. Right in front of Merdeka Square stands the Sultan Abdul Samad Building. You can also find the world's tallest flagpole here, towering at 100 metres. Malaysians gather at Merdeka Square every year to celebrate their independence day.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur
Operating Hours: Open 24 hours

Masjid Jamek Sultan Abdul Samad

One of the oldest mosques in Kuala Lumpur is Masjid Jamek. It features a unique Islamic architecture that blends Mughal and Moorish influences. You can spot this mosque when you visit the River of Life, which is accessible via Jalan Tun Perak and is located at the confluence of the Gombak and Klang rivers. In 1909, Arthur Benison Hubback used the Indo-Saracenic architectural style to build this mosque.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur
Contact: +603-2691 2829
Website: <https://www.facebook.com/Jamekmosque2/>
Operating Hours: 5.30 am - 9.30 pm (Monday-Sunday)



SIGHTSEEING

Royal Museum

The Royal Museum of Malaysia officially started welcoming visitors on February 1, 2013. The King and Queen of Malaysia used to live in the old National Palace. This museum is located in the former National Palace, which was recently made accessible to the public. In the past, the Royal Palace was guarded by horse guards and not open to the public. But now, as it has become a Royal Museum, where anyone can come and visit. A former palace guard will guide you and provide a detailed tour, including a visit to the former sleeping quarters of the King and Queen.

Address: Jln Istana, Istana Negara, 50460 Kuala Lumpur
Contact: +603-2272 1896
Website: <http://www.jmm.gov.my/ms/muzium/muzium-diraja>



HISTORICAL SITES



Pangung Bandaraya DBKL

Pangung Bandaraya, a theatre hall, has its roots in the British colonial period. Located across from Dataran Merdeka, this historic venue dates back to 1896, and its construction was finalised in 1904. The structure was designed by the famous English architect Arthur Benison Hubback, who designed several important buildings during the 20th century.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2602 3335

Old Railway Station (KTM)

Prior to the establishment of KL Sentral in 2001, the Old Railway Station of Keretapi Tanah Melayu Berhad held the central role as Kuala Lumpur's primary railway junction. The construction of the Kuala Lumpur Train Station dates back to 1886, and it underwent a subsequent restoration in 1910, featuring a robust iron roof designed to withstand wintry conditions. This ancient edifice boasts a unique architectural blend, fusing elements from Moorish, Western, and Eastern design traditions.

Address: Bangunan Stesen Keretapi, Jalan Sultan Hishamuddin, 50000 Kuala Lumpur
Contact: +6016-553 5332
Operating Hours: Open 24 hours
Operating Hours: 10.00 am - 5.30 pm (Tuesday-Sunday)



Tugu Negara

Tugu Negara, or the National Monument, stands as a tribute to commemorate the sacrifices made during two significant historical events: the Japanese occupation of Malaysia during World War II and the Malayan Emergency, spanning from 1948 to 1960. This majestic monument is situated in the Federal Territory of Kuala Lumpur, serving as a solemn reminder of those who laid down their lives in defence of their homeland.

Address: Perdana Botanical Garden, Jalan Parlimen, Kuala Lumpur City Center, 50480 Kuala Lumpur, Federal Territory of Kuala Lumpur.
Operating Hours: 7.00 am - 6.00 pm (Monday-Sunday)

MUSEUMS & MEMORIALS

The National Museum of Malaysia

The National Museum of Malaysia serves as a place to preserve the country's culture and heritage. Constructed in 1963, the museum features two impressive front murals and a Minangkabau-style roof on the outside. Inside, you can explore four main galleries displaying a collection of items like keris (Malay daggers), musical instruments, ceramics, and various artefacts. The museum also provides free guided tours in multiple languages at 10:00 AM.

Address: Jabatan Muzium Malaysia, Jln Damansara, Perdana Botanical Gardens, 50566 Kuala Lumpur, Federal Territory of Kuala Lumpur
Contact: +603-2267 1000
Website: <http://www.muziumnegara.gov.my/>
Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)



Islamic Arts Museum Malaysia

The Islamic Arts Museum Malaysia, located in Kuala Lumpur, is a museum dedicated to displaying Islamic arts and crafts. It was officially inaugurated on December 12, 1998. This museum holds the distinction of being the largest Islamic arts museum in Southeast Asia, featuring over seven thousand Islamic artefacts from various parts of the world.

Address: Islamic Arts Museum Malaysia, Jalan Lembah, Tasik Perdana, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2092 7070
Operating Hours: 9.30 am - 6.00 pm (Monday-Sunday)



Telekom Museum

The Telekom Museum is a place where you can explore the history of telecommunications in Malaysia. Inside the museum, you'll come across vintage telephone sets that were utilised in the past. It's an informative and inspiring museum that provides insights into the evolution of telecommunications and offers a glimpse into how people communicated in earlier times.

Address: Jalan Raja Chulan, Kuala Lumpur, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

National Textile Museum

The National Textile Museum showcases a wide range of fabrics, each with a detailed history explanation. Additionally, you'll find a unique collection of jewellery and accessories that you may not have seen before. It's an excellent destination for tourists to gain a deeper understanding of the distinctive aspects of Malaysian culture in the form of textiles and how they have developed over time.

Address: 26, Jalan Sultan Hishamuddin, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2694 3457
Website: <http://www.muziumtekstilnegara.gov.my/>
Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

MUSEUMS & MEMORIALS



Tun Hussein Onn Memorial

The Tun Hussein Onn Memorial is a museum located in Kuala Lumpur that honours the life and achievements of the late Tun Hussein Onn who was the third Prime Minister of Malaysia from the year 1976 to 1981. There are a lot of exhibits that showcase the items that are related to the third Prime Minister including useful information from each exhibit.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2072 7870

Website: <http://www.arkib.gov.my/web/guest/home>

Operating Hours: 9.00 am - 5.00 pm (Tuesday-Thursday, Saturday & Sunday) / 9.00 am - 12.00 pm, 3.00 pm - 5.00 pm (Friday) / Closed on Monday

Memorial Negarawan

The Memorial Negarawan pays tribute to seven Malaysian leaders who played a crucial role in the country's independence. It also houses personal belongings of these statesmen. The purpose of this memorial is to acknowledge and honour the remarkable achievements and contributions of these individuals to the nation.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2604 0559

Operating Hours: 8.00 am - 5.00 pm (Saturday-Thursday) / 8.00 am - 5.00 pm (Friday)

Memorial Tun Abdul Razak

Dato' Seri Dr. Mahathir Mohamad officially inaugurated the Tun Abdul Razak Monument. He assumed the role of Malaysia's prime minister on May 6, 1982. The structure, initially called the Sri Taman Building, served as Tun Abdul Razak's official residence. It was subsequently renamed the Tun Abdul Razak Monument in recognition of his significant contributions to the nation.

Address: Jalan Cendrawasih, Perdana Botanical Gardens, 50480 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +603-2693 7141

Operating Hours: 10.00 am - 5.30 pm (Tuesday-Sunday)





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MODERN ARCHITECTURAL BUILDING

Merdeka 118

Among the contemporary architectural wonders in Kuala Lumpur, the Merdeka 118 distinguishes itself as the world's second-tallest structure, reaching an impressive height of 678.9 metres with 118 stories, securing its position as Malaysia's tallest skyscraper. The architectural style is also designed as the hand gesture of Tunku Abdul Rahman.

Address: Jalan Hang Jebat, City Centre, 50150 Kuala Lumpur
 Contact: +603-2050 5100
 Website: <https://www.merdeka118.com/office/>
 Operating Hours: 9.00 am - 9.00 pm (Tuesday-Sunday) / Closed on Monday



The Exchange 106

As one of Kuala Lumpur's modern architectural wonders, the Exchange 106 rises to a height of 445.5 metres and spans 95 stories. Originally designed to serve as a new financial centre in the city, its innovative design is characterised by an expansive, luminous presence, casting a striking silhouette that accentuates the building's magnificent stature.

Address: Menara Exchange 106, Lingkaran TRX, Tun Razak Exchange, 55188 Kuala Lumpur
 Contact: +603-2710 8806
 Website: <https://www.exchange106.my/>
 Operating Hours: 8.30 am - 8.00 pm (Monday-Friday) / 8.30 am - 2.00 pm (Saturday) / Closed on Sunday

KL Tower

Menara Kuala Lumpur, one of Kuala Lumpur's modern architectural landmarks, ranks as the seventh-tallest telecommunications tower globally and stands as the tallest structure in Southeast Asia. This tower was constructed with the primary objective of enhancing nationwide communication and broadcasting.

Address: No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur
 Contact: +603-2020 5444
 Website: <https://kltower.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Petronas Twin Towers

One of Kuala Lumpur's most well-known modern architectural marvels is the Petronas Twin Towers, an 88-story skyscraper standing at a height of 451.9 metres. These iconic twin towers, designed by the renowned Argentine architect César Pelli in 1993, still remain the world's tallest pair of twin towers today.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City Centre, 50088 Kuala Lumpur
 Contact: +603-2331 8080
 Website: <https://www.petronastwintowers.com.my/>
 Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

Saloma Link

Pintasan Saloma, also known as Saloma Link, is a pedestrian bridge that stretches for 69 metres, connecting two different areas. It conveniently links Kampung Baru with KLCC, making it close to both the Petronas Twin Towers and the LRT Kampung Baru station. At night, the bridge becomes vibrant and colourful, especially when set against the backdrop of the KL skyline. This beautiful and creatively designed structure is the perfect place for fantastic OOTD (Outfit Of The Day) photos.

Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur



KL Tower Skybox

The Sky Box at KL Tower is a well-known observation platform where you can capture panoramic photos from a glass box suspended 300 meters above the city. Take in the breathtaking cityscape from this elevated vantage point and capture stunning images while gazing at the magnificent Kuala Lumpur city!

Address: Menara Kuala Lumpur No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur
Contact: +603-2020 5444
Website: <https://menarakl.com.my/>
Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)

INSTAGRAMMABLE SPOTS

Kwai Chai Hong

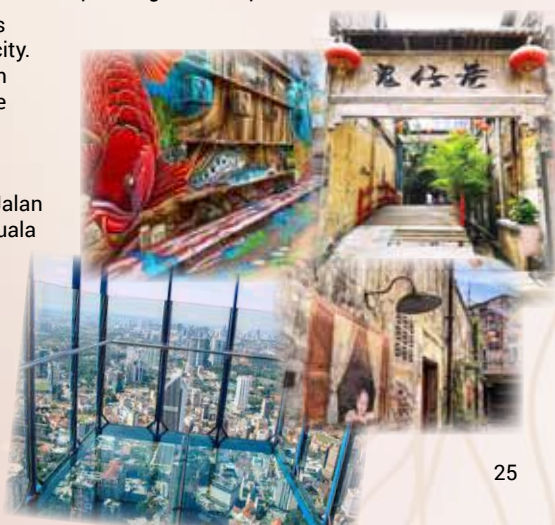
Kwai Chai Hong, situated in Kuala Lumpur's Chinatown, is a charming heritage alley adorned with interactive murals. It's a must-visit location in KL, offering numerous Instagram-worthy spots for your photographs.

Address: Lorong Panggung, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6012-316 6212
Website: <https://www.kwaichaihong.com/>
Operating Hours: 9.00 am - 12.00 am (Monday-Sunday)

Jalan Alor Street Art

On Jalan Alor in Kuala Lumpur, you can discover captivating artworks adorning the streets. The walls of homes and businesses in the vicinity are adorned with vibrant and stunning animals and patterns. Local artists have contributed these colorful artworks, which have brought a vibrant atmosphere to the streets of Jalan Alor. Be sure to take a moment to appreciate these beautiful creations when you visit!

Address: 64, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2110 5670
Operating Hours: Open 24 hours



INSTAGRAMMABLE SPOTS



River of Life

Get ready to be captivated by the exquisite wall art murals along the River of Life in Kuala Lumpur! This remarkable location marks the confluence of the Gombak and Klang rivers, and a leisurely walk along the River of Life allows you to relish the fantastic artwork crafted by talented local artists, creating perfect opportunities for Instagram-worthy photos.

Address: Jalan Benteng, City Centre, 50050 Kuala Lumpur
Operating Hours: Open 24 hours

Batu Caves

One of Malaysia's main tourist destinations, Batu Caves, is situated 13 kilometres north of Kuala Lumpur. The Hindu god Lord Murugan, whose gigantic statue is fairly tall, is claimed to defend the temple. A group of limestone caves and cave temples can be found here. In addition, the vibrant stairway in Batu Caves is the greatest location for Instagram-worthy pictures. This demonstrates further Malaysia's rich cultural diversity.

Address: Gombak, 68100 Batu Caves, Selangor
Contact: +603-6189 6284

Thean Hou Temple

The Thean Hou Temple, a six-tiered temple dedicated to the Chinese sea goddess Mazu, graces the city of Kuala Lumpur on Lorong Bellamy, offering picturesque vistas of Jalan Syed Putra near the summit of Robson Heights. Established in 1987 and officially inaugurated in 1989, this temple is celebrated as one of Southeast Asia's most expansive temples, featuring a captivating ambience that's perfect for Instagram-worthy captures in the surrounding area.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2274 7088
Website: <https://www.facebook.com/theanhoutemple/>
Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

KLCC Park

KLCC Park, a verdant urban oasis nestled in the heart of Kuala Lumpur City Centre, stands out as an ideal locale for leisurely walks and jogging. Amidst its picturesque surroundings, this park offers captivating vistas that are perfect for Instagram-worthy moments. With a well-constructed jogging track spanning approximately 1.3 kilometers and a network of interconnected shorter pathways, it's a prime spot for capturing stunning photos with the iconic Petronas Twin Towers in the background.
Address: KLCC, Lot No. 241, Level 2, Suria, Kuala Lumpur City Centre, 50088 Kuala Lumpur
Contact: +603-2382 2828
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)





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PARKS & GARDEN

Perdana Botanical Garden

The Perdana Botanical Garden is an excellent destination for a leisurely walk amidst natural beauty. It's a spacious garden with various themed sections, including a special plants division showcasing exotic trees from around the world. Additionally, there are several picnic tables and gazebos in the park for visitors to enjoy.

Address: Jalan Kebun Bunga, Tasik Perdana, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2276 0432

Website: <http://www.klbotanicalgarden.gov.my/>

Operating Hours: 7.00 am - 8.00 pm
(Monday-Sunday)

Taman Tasik Titiwangsa

Spend quality weekends with friends or family at Taman Tasik Titiwangsa, where you can engage in various activities such as jogging, cycling, or simply taking a leisurely stroll in the park with the backdrop of Kuala Lumpur's skyline. Additionally, you'll find other enjoyable activities to partake in, including a sky canopy walk, a small water park, a spacious playground for children, and more.

Address: Tasik, Titiwangsa, 53200 Kuala Lumpur
Contact: +6017-301 0549
Operating Hours: 6.00 am - 8.00 pm
(Monday-Sunday)



KLCC Park

KLCC Park, a green oasis situated in the heart of Kuala Lumpur City Centre, offers an ideal setting for jogging and leisurely walks. The park boasts a well-maintained jogging track that spans approximately 1.3 kilometres, along with several interconnected shorter pathways for the public to explore while enjoying the park's scenic landscape.

Address: KLCC, Lot No. 241, Level 2, Suria, Kuala Lumpur City Centre, 50088 Kuala Lumpur
Contact: +603-2382 2828
Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)

KL Forest Eco Park

KL Forest Eco Park offers numerous free attractions, including hiking and opportunities for educational activities. One of the park's standout features is the Instagram-worthy canopy walk, which provides stunning views of nearby skyscrapers from its 200-meter-long elevated pathway.

Address: Lot 240, Jalan Raja Chulan, Bukit Kewangan, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2020 1606
Website: <https://www.forestry.gov.my/index.php/en/wp-kuala-lumpur/taman-eko-rimba-kuala-lumpur>
Operating Hours: 8.00 am - 5.30 pm
(Saturday-Thursday) / Closed on Friday



A Spectacular Skyline Adventure

Welcome to Kuala Lumpur, the vibrant capital of Malaysia, where remarkable transformations have taken place. This city proudly showcases its crown jewel – the magnificent PETRONAS Twin Towers. Standing tall at a height of 452 meters, these resilient and progressive twin structures designed by the renowned architect César Pelli symbolise the city's economic growth and embody the aspirations of our nation. Immerse yourself in the architectural marvel, embrace the cultural heritage, and witness the city's vibrant skyline from extraordinary heights.

Step into the foyer at the entrance of the halls, and you'll be greeted by designs and patterns inspired by Malaysia's traditional handicrafts and weaving. The wall panels and screens pay homage to the intricate handwoven carvings from the East Coast of Peninsular Malaysia, while the floor designs showcase the beauty of 'garden' weavings and 'barisan' palm mat paintings. The PETRONAS Twin Towers' design incorporates Islamic geometric forms known as **Rub El Hizb**, resulting in captivating eight-pointed star-shaped floor plates that embody the progress of unity, harmony, stability, and reasonably adding a touch of cultural heritage.

Prepare to be mesmerised by panoramic views that stretch as far as the eye can see when you go on PETRONAS Twin Towers' exclusive tour packages. The Symphony Tour grants you behind-the-scenes access to the prestigious Dewan Filmmerek PETRONAS, where you can witness the intricate process of a world-class symphony orchestra. Alternatively, the VIP Visit offers an extensive briefing about the towers, followed by a guided tour to the Skybridge and the Observation Deck, with special arrangements for reserved parking and dedicated lift services. This package ensures a seamless and exclusive visit, enhancing the overall experience. The guided tour, spanning approximately 45 minutes, begins at the Skybridge on the 41st Floor, a breathtaking structure suspended 170 meters above the bustling city streets.

But that's just the beginning. On the 86th Floor, delve deeper into the story of the Twin Towers as digital displays and informative videos provide further insights into their design and significance. Explore the architectural masterpiece through interactive Augmented Reality (AR) screens and scale models, to gain a deeper understanding of its grandeur. As the tour continues upward, you'll reach the Observation Deck on the 86th Floor, where a mesmerising panoramic view of the city skyline awaits.

Beyond its grandeur, the PETRONAS Twin Towers exemplify a commitment to sustainability. With a significant 21.8% reduction in carbon emissions compared to 2019 levels, these towers stand as a beacon of environmental consciousness. Additionally, the office of the Twin Towers successfully recycled a remarkable 3,682 kilograms of waste in 2022, showcasing their dedication to responsible practices.

To conclude your visit, make sure to visit the PETRONAS Twin Towers' Gift Shop for a selection of memorable souvenirs to commemorate your extraordinary experience.



SKYBRIDGE

A breathtaking structure suspended 170 meters above the bustling city streets.



OBSERVATION DECK

A spectacular panoramic view of the city skyline awaits you from the 86th floor.



GIFT SHOP

Located on the Concourse level and Level 83, browse a selection of memorable souvenirs for your experience.



Scan the QR code to purchase your tickets and secure your spot in exploring one of the world's most iconic landmarks. We look forward to welcoming you to the PETRONAS Twin Towers and creating memories that will last a lifetime. See you soon!

Lower Ground (Concourse Level), PETRONAS Twin Towers,
Kuala Lumpur City Centre, 60008 Kuala Lumpur, Malaysia.
Reservations / Ticket Information: +603-2321 8300
Visiting Hours: 9:00 a.m. – 6:00 p.m. (Last admission at 5:30 p.m.)
Closed on Mondays, Hari Raya Aidilfitri and Aidiladha,
(Except Public Holidays or Replacement Public Holidays on Monday)

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PETRONAS Twin Towers

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ECO & AGRO TOURISM

Taman Botani Rimba Ilmu - University Malaysia

Taman Botani Rimba Ilmu, an expansive 80-hectare tropical botanical park, can be found within the University of Malaya campus in Kuala Lumpur. The overarching goal is to transform the University of Malaya into a hub for biodiversity, creating an urban nature park and an educational garden where people and wildlife can peacefully coexist alongside various plant species.

Address: 50603 Kuala Lumpur, Federal Territory of Kuala Lumpur
Website: <https://rimba.um.edu.my/>
Operating Hours: 9.00 am - 4.00 pm (Monday-Friday) / Closed on Saturday

theMINS

The MINS, located in Kota Damansara, was designed to create a friendly petting zoo for the children to enjoy. It blends the concept of a zoo with a commitment to preserving nature. Within this petting zoo, you can encounter goats, skunks, and a variety of reptiles among other unique species. It's a fantastic place for families and children to spend time together.

Address: Pusat Teknologi Sunsuria, No.2A-H, Jalan Teknologi, Kota Damansara, 47810 Petaling Jaya, Selangor
Contact: +603-6158 1119
Website: <https://www.instagram.com/theminsatkd/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



TTDI Edible Community Garden

The TTDI Edible Community Garden in Kuala Lumpur is a community farm that cultivates its own organic produce and manages its composting. It boasts a diverse range of plants and flowers, all set within a beautifully landscaped environment.

Address: Lorong Burhanuddin Helmi 11, Taman Tun Dr Ismail, 60000 Kuala Lumpur
Contact: +6012-337 6755
Website: <https://www.facebook.com/ttdiediblegarden/>
Operating Hours: 9.30 am - 7.00 pm (Tuesday, Thursday & Saturday) / Closed on Monday, Wednesday, Friday & Sunday

Kebun-Kebun Bangsar

Kebun-Kebun Bangsar is not your ordinary park; it's a 2.5-acre urban communal food garden. Situated atop a residential neighbourhood hill, it provides an excellent vantage point for viewing the Kuala Lumpur skyline. This spot is a natural choice for families looking to relax in the city, and it's free to visit. Additionally, it features a diverse range of animals, blooming flowers, and thriving vegetable gardens.

Address: Lorong Bukit Pantai, Bangsar, 59100 Kuala Lumpur
Contact: +6016-414 1620
Website: <https://www.facebook.com/kebunkebunbangsar/>
Operating Hours: 8.30 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday



CULTURES AND RELIGIONS

Malaysia is renowned for its significant ethnic, linguistic, and religious diversity. Most individuals within each ethnic group have upheld their ancestral traditions, resulting in a society that embraces a wide range of beliefs, values, and lifestyles.

In Kuala Lumpur, in addition to the major ethnic groups of Malays, Chinese, and Indians, there is a substantial presence of indigenous local communities, including many Borneans who have settled in Peninsular Malaysia. The unique fusion of cultures from immigrant communities that settled and intermarried locally has contributed to the rich and diverse tapestry of Malaysia's culture today.

A visit to Kuala Lumpur would not be complete without gaining an understanding and appreciation of this cultural heritage. We've provided a section for you to explore the customs and traditions practiced by Malaysians, allowing you to delve deeper into the uniqueness of Malaysian culture.

Building respectful relationships with Malaysians can be enhanced by learning about their native country, ethnic backgrounds, and religious beliefs before meeting them. Many cultural attractions are available to explore in Kuala Lumpur, as well as throughout Malaysia, offering valuable insights into the nation's diverse heritage.



ARTS & CULTURAL EXPERIENCES

Malaysia Tourism Centre (MATIC)

Malaysia Tourism Centre, also known as MATIC, is a tourist information centre in Kuala Lumpur. Besides being a tourist information provider, they also offer various cultural activities to experience such as on-site festivals & music performances. One of the exciting activities that you can experience here is the Batik Painting.

Address: 109, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-9235 4800

Website: <https://www.matic.gov.my/>

Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

KLPAC

The Kuala Lumpur Performing Arts Centre is located in a historic and highly-praised building. Inside, there are two theatres, studios, gallery spaces, and more. This is the place where many different events and shows take place, specially produced by talented locals.

Address: Jln Sultan Azlan Shah, Sentul, 51100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-4047 9000

Website: <https://www.klpac.org/>

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Rumah Tangsi

Rumah Tangsi is a beautiful heritage building that is a great site to host events. It is located just the opposite of Dataran Merdeka. Various cultural events are held here, just simply head over to their website and stay tuned for their upcoming events.

Address: 10, Jalan Tangsi, Tasik Perdana, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6012-210 0940

Website: <https://www.facebook.com/ru-mahtangsi/>

Operating Hours: 9.00 am - 7.00 pm (Monday-Sunday)

Malaysian Philharmonic Orchestra

The Malaysian Philharmonic Orchestra, also known as MPO, is a group of skilled musicians in Malaysia. They play beautiful music in Kuala Lumpur at the Petronas Philharmonic Hall and they are one of the best in Asia. It's a great place to listen to cultural music played by talented musicians.

Address: PETRONAS Twin Towers, Level Two, Tower Two, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2331 7007

Website: <https://www.dfp.com.my/>



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Tel: +60-3-2145 1133 Fax: +60-3-2141 0179

Email: info@jadibatek.com Website: www.jadibatek.com

PLACES OF WORSHIP - MUSLIM

National Mosque of Malaysia

Kuala Lumpur is home to the National Mosque of Malaysia, which was constructed in 1963. This mosque has become an iconic symbol of Malaysia, representing the country's Islamic identity. It has the capacity to accommodate around 15,000 worshippers and is surrounded by a 13-acre expanse of lush greenery. The mosque's standout features include its 73-metre-tall minarets and the main concrete roof, designed in the shape of a 16-pointed star. The mosque's architecture carries several symbolic meanings, with the main roof resembling an open umbrella and the minarets resembling folded umbrellas.

Address: Jalan Perdana, 50480 Kuala Lumpur

Contact: +603-2693 7905

Website: <https://masjidnegara.gov.my/ms/>

Opening Hours: 6:30 am - 4:00 pm, 5:30 pm - 7:00 pm (Monday-Sunday)

Federal Territory Mosque

The Federal Territory Mosque, also referred to as Masjid Wilayah Persekutuan, was constructed in 1963. Both the interior and exterior spaces of the mosque were meticulously designed by the architect responsible for its remarkable architecture. The mosque's intricate detailing includes the precise patterns and design proportions of Islamic geometric ornamentation, featuring arabesque designs. This design aspect of the mosque is a defining feature of modern mid-century architecture.

Address: Jln Tuanku Abdul Halim, Kompleks Kerajaan, 50480 Kuala Lumpur

Contact: +603-6201 8791

Website: <https://www.masjidwilayah.gov.my/>

Operating Hours: 10.00 am - 4.00 pm (Saturday-Thursday) / 10.00 am - 4.00 pm (Friday)



Masjid Jamek Sultan Abdul Samad

Masjid Jamek, also known as the Sultan Abdul Samad Jamek Mosque, ranks among Kuala Lumpur's oldest mosques. Its unique Islamic architecture blends elements of both Mughal and Moorish styles. You can spot this mosque while exploring the River of Life, accessible via Jalan Tun Perak, at the confluence of the Gombak and Klang rivers. Constructed in 1909 by Arthur Benison Hubback, the mosque showcases the Indo-Saracenic architectural design.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur

Contact: +603-2691 2829

Website: <https://www.facebook.com/Jamekmosque2/>

Operating Hours: 5.30 am - 9.30 pm (Monday-Sunday)



PLACES OF WORSHIP - BUDDHIST

Thean Hou Temple

A six-tiered temple called Thean Hou Temple is dedicated to the Chinese sea goddess Mazu. It is situated in Kuala Lumpur on Lorong Bellamy, near the top of Robson Heights, with views of Jalan Syed Putra. The temple was finished in 1987, and was formally inaugurated in 1989. The Selangor and Federal Territory Hainan Association owns the property and oversees its management. The temple was constructed by the Hainanese residents in Malaysia. It is considered as one of Southeast Asia's biggest temples with a picturesque view all around.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2274 7088

Website: <https://www.facebook.com/theanhoutemple/>

Operating Hours: 8.00 am - 10.00 pm
(Monday-Sunday)



Chan She Shu Yuen Clan Ancestral Hall

The Chan She Shu Yuen (CSSY) Association, located near KL's Chinatown, was founded in 1896. They designed their impressive building after the Chan Clan Ancestral Hall in Xi Guan, Guangzhou, China, and it was finished in 1906. This building has a unique architectural style that blends Ling Nan, Han, and Bai Yue elements. It's one of the few well-preserved sites like this outside of China. It's officially protected as a historic site under the National Cultural Heritage Act 2005.

Address: 172, Jalan Petaling, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2078 1461

Website: <http://cssykl.com/>

Operating Hours: 10.00 am - 5.00 pm
(Monday-Sunday)



Sin Sze Si Ya Temple

The Sin Sze Si Ya Temple is located adjacent to the Central Market. Yap Ah Loy constructed it in honour of two gods who guided him and assisted him during the Selangor Civil War. The temple is the city's oldest Taoist temple.

Address: 113A, Jalan Tun H S Lee, City Centre, 50050 Kuala Lumpur

Contact: +603-2078 9052

Website: <https://www.facebook.com/Sin-Sze-Si-Ya-Temple-1258347527591931/>

Operating Hours: 7.00 am - 4.00 pm (Monday-Sunday)



PLACES OF WORSHIP - HINDU

Sri Maha Mariamman Temple

The Sri Maha Mariamman Temple, found nearby Chinatown, is Kuala Lumpur's oldest Hindu temple. It was initially constructed in 1873 and later rebuilt in 1968. A stunning five-tiered "Raja Gopuram" tower welcomes visitors at the entrance. When you're in KL, you shouldn't miss visiting this temple because it's adorned with vibrant and fascinating religious carvings and sculptures.

Address: Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2078 5325
Operating Hours: 6.00 am - 8.30 pm (Sunday, Tuesday-Thursday) / 6.00 am - 8.00 pm (Monday) / 6.00 am - 9.30 pm (Friday) / 6.00 am - 9.00 pm (Saturday)

Court Hill Sri Ganesar Temple

The Court Hill Sri Ganesar Temple, situated in Pudu, is a Hindu temple of significant importance in Malaysia. In 2021, it underwent a recent renovation, and despite its modest size, it is well-known for its strong spiritual presence.

Address: 9, Jalan Pudu Lama, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2078 9825
Website: <https://www.facebook.com/people/Court-Hill-Sri-Ganesar-Temple-Kortumalai-Vinayagar-Temple/100067025706500>
Operating Hours: 5.00 am - 10.30 am, 3.45 pm - 8.30 pm (Monday-Wednesday), 5.00 pm - 10.30 am, 3.45 pm - 9.00 pm (Thursday-Sunday)



Arulmigu Sri Ramalingeswarar Temple

The Arulmigu Sri Ramalingeswarar Temple is a brick and stone temple that dates back to 1903. It was constructed by laborers employed by the Malayan Railway Bureau at that period. The temple was built because the workers felt a need for a place of worship in the area during that time.

Address: 16, Jalan Maarof, Bangsar, 59000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2284 4652
Website: <https://www.facebook.com/people/Arulmigu-Sri-Ramalingeswarar-Kovil-Bangsar-Kuala-Lumpur/100080374790016/>
Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)

Sri Kandaswamy Temple

The Sri Kandaswamy Temple is a Hindu temple situated in Brickfields, Kuala Lumpur. This Saivite-style temple, known as Sri Kandaswamy Kovil, has been a prominent presence in Malaysia for over a hundred years. The main deity worshipped here is Lord Sri Shakthi Vel Peruman. It's widely recognized as one of Malaysia's most famous temples among the Sri Lankan Tamil or Ceylonese Tamil community.

Address: Brickfields, 50470 Kuala Lumpur, Selangor
Contact: +603-2274 2987
Website: <https://srikandaswamykovil.org/>
Operating Hours: 6.00 am - 8.30 pm (Monday-Sunday)



PLACES OF WORSHIP - CHRISTIAN



Catholic Church of The Holy Rosary

The Holy Rosary Catholic Church was built in 1903, which means it's 119 years old now. Even though it's quite old, it's one of the best-kept holy places in Kuala Lumpur. The church's design is Gothic-style and it is definitely fascinating to see this classic church in the middle of the city, surrounded by all the modern tall buildings.

Address: Holy Rosary Church, 10, Jalan Tun Sambanthan, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2274 2747
Website: <http://www.hrckl.com/>

Church of Our Lady of Fatima

The Church of Our Lady of Fatima, which has a modern design, was constructed in 1963 to meet the needs of the growing Catholic community in the Brickfields area and its surroundings. It's one of four churches located near the city center. Nowadays, this church is attended by over 1,500 parishioners residing in Brickfields, Bangsar, Taman Seputeh, and Old Klang Road, representing various ethnic backgrounds.

Address: 21, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2274 1631
Website: <https://olflk.com/>
Operating Hours: 9.00 am - 1.00 pm, 2.00 pm - 5.00 pm (Tuesday-Friday) / 9.00 am - 1.00 pm (Saturday) / 8.00 am - 12.00 pm (Sunday) / Closed on Monday



St Mary's Cathedral Kuala Lumpur

St. Mary's Cathedral is one of the oldest churches in the Klang Valley. It was dedicated to the Virgin Mary. In 1893, they decided to build a bigger church to accommodate the growing number of people. The foundation stone was laid on February 3, 1894, by the British Resident of Selangor. In 1970, the Bishop of West Malaysia began using St. Mary's Church, which was also the year when the diocese of West Malaysia was established. Nowadays, this church is a popular place for tourists to visit in Kuala Lumpur.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2692 8672
Website: <https://stmaryscathedral.org.my/>

Operating Hours: 9.00 am - 4.00 pm (Monday-Sunday)



Cathedral of St John the Evangelist

The Cathedral of St. John the Evangelist is the main church of the Roman Catholic Archdiocese in Kuala Lumpur. It's thought to be one of the oldest Catholic churches in the city, dating back to 1883. This church is dedicated to St. John the Evangelist.

Address: 5, Jln Bukit Nanas, Kuala Lumpur, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2078 1876
Website: <https://www.facebook.com/cathedralofstjohnkl/>
Operating Hours: 6.00 am - 8.00 pm (Monday-Sunday)



KL FOR KIDS

Kuala Lumpur is a great city for everyone to visit, especially kids. There are plenty of activities tailored to children of all ages in Kuala Lumpur. The city offers various attractions that provide both entertainment and educational experiences for kids. While exploring Kuala Lumpur yourself, you can ensure your little ones have a fun time too.

To help you make the most of your family trip, we've put together a list of cultural highlights, family-friendly attractions, dining options, shopping malls, festivals, and special events. It's important to check if each destination is suitable for families. Kuala Lumpur is undoubtedly one of the most child-friendly cities in Asia, and it's easy to navigate with children.

In Kuala Lumpur, there's a wide range of activities for children. For parents with toddlers or babies in strollers, the city's air-conditioned, well-paved pathways and pedestrian zones are ideal, prioritising safety for their little ones.

KL offers various enriching experiences that can help expand children's horizons, something most parents value. Parents often look for places that combine fun and learning, using interactive approaches to enhance their children's educational experiences. This way, parents can make the most of their visit by exploring different places while educating their children.

Additionally, choosing the right family-friendly hotels in KL is recommended. Selecting the appropriate accommodation is essential because many hotels and resorts have dedicated rooms for families, ensuring there's enough space. Some hotels even have specially designed entertainment areas for children.

So, plan your child-friendly itinerary now and include some of the places we've recommended to make the most of your family trip to Kuala Lumpur.



AN EDEN OF ANIMALS AND NATURE

**More than 140 species
of animals**



**Feed and pet exotic
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**Traditional Malaysian
Kampung Theme**



Educational tour



**Vegetable and
fruits farm**



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城之农场
Farm In The City

★ ★ ★ Award Winning ★ ★ ★
Petting Zoo



ANIMAL INTERACTION CENTRES



G2G Animal Garden

The Malaysia Agro Exposition Park Serdang (MAEPS) is where you can find the G2G Animal Garden. Animal enthusiasts, families, and anyone interested in receiving animal therapy will adore this kid-friendly petting zoo named G2G Animal Garden. Join your family and friends at this wonderful petting zoo to interact with the adorable animals.

Address: Jalan MAEPS 4/1, Fasa 3 Presint 9, 43400 Serdang, Selangor

Contact: +6019-925 6852

Website: <https://www.g2ganimalgarden.com/>

Operating hours: 10.00 am - 6.00 pm (Monday - Sunday, Close on Wednesday)



99 Wonderland Park

The best place for animal lovers is 99 Wonderland Park because there are so many animals you may meet and feed there. The park also has some animals that can be found wandering around. The park's beautiful and bright Christmas lighting show is best viewed at night, when visitors can travel there. Additionally, a cruise ride is accessible at the park. We therefore strongly advise families with young children who want to spend quality time together to visit this location.

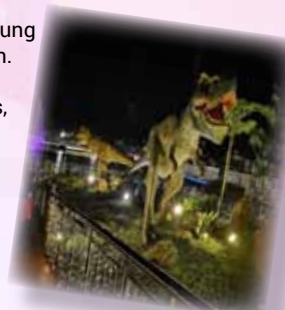
Address: Jalan 13A, Pusat Bandar Utara Selayang, 68100 Batu Caves, Selangor

Contact: +6012-995 5399

Website: <https://www.99wonderlandpark.com.my/>

Operating Hours: 5.00 pm - 12.00 am (Monday-Friday) /

9.00 am - 4.00 pm, 5.00 pm - 12.00 am (Saturday & Sunday)



Farm In The City

The name Farm In The City alludes to the many different farm animals that may be found there. It is a location that is hospitable to families because it is fun and educational, especially for the children. Every animal has their specific information about them, such as their scientific name, diet, prey, and lifespan. Visitors can get up and personal with the animals in this farm!

Address: Lot 40187-40188, Jalan Prima Tropika Barat 1, Pusat Bandar Putra Permai, 43300 Seri Kembangan, Selangor

Contact: +603-8941 3099

Website: <https://www.farminthecity.my/>

Operating Hours: 10.00 am- 6.00 pm (Monday, Wednesday, Thursday, Friday) / 9.30 am - 6.00 pm (Saturday & Sunday) / Closed on Tuesday



Supreme Cosmic Bowl

Enjoy a thrilling time with your friends and families with a bowling session filled with neon lights! This is definitely not your typical bowling alley in Kuala Lumpur as Supreme Cosmic Bowl elevates your bowling experience to another level.

Address: Lot T-003 Mezzanine Third Floor, Mid Valley Megamall Lingkaran Syed Putra, Mid Valley City, Township, 59200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6012-231 0277

Website: <https://www.supremecosmicbowl.com/>

Operating Hours: 10.00 am - 12.00 am (Sunday-Thursday) / 10.00 am - 1.00 am (Friday & Saturday)

MinNature Malaysia

Immerse yourself in a collection of hundreds of miniature scenes from Malaysia's culture. The miniature collection includes Malaysia traditional houses, wau kites, batik paintings, foods and so on. Visitors could wander around the gallery and escape into tiny worlds and enjoy looking at the miniatures.

Address: Jalan Sultan Ismail JUMPA @ Sungei Wang Plaza, Level 1, 50250 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6011-1009 9374

Website: <https://minnature.com/>

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



THEME PARKS & EDUCATIONAL PLAYLANDS

Berjaya Times Square Theme Park

The Berjaya Times Square Theme Park, found on the fifth floor of the Berjaya Times Square Mall, is the biggest indoor theme park in Kuala Lumpur. It offers a Fantasy Garden for children and the Galaxy Station, which is divided into two sections, covering a total area of 35,300 square metres. One of its major attractions is the Supersonic Odyssey roller coaster, stretching 800 metres and featuring a custom-designed loop ride with heartline rolls, loops, and corkscrew inversions.

Address: Berjaya Times Square, 5th and 7th Floor, 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur

Contact: +603-2117 3118

Website: <https://berjayatimesquare-themeparkkl.com/>

Operating Hours: 12.00 pm - 8.00 pm (Monday-Friday) / 11.00 am - 8.00 pm (Saturday & Sunday)

Petrosains

Petrosains, located within the Petronas Twin Towers, provides a welcoming and captivating setting for people of all ages to nurture their innate curiosity and kindle an interest in science. The centre is accessible to visitors and features a wide array of unique and interactive exhibits. To enhance your learning experience, you can also enjoy live science presentations, demonstrations, and more.

Address: Petronas Twin Tower, Level 4, Kuala Lumpur City Centre, 50088 Kuala Lumpur

Contact: +603-2331 8181

Website: <https://petrosains.com.my/>

Operating Hours: 9.30 am - 5.30 pm (Tuesday-Friday) / 9.30 am - 6.30 pm (Saturday & Sunday) / Closed on Monday

ADRENALINE INDUCING ACTIVITIES

Hauntu

Hauntu Malaysia, situated in the Linc KL, offers a spooky and scream-worthy experience with captivating stories that wrap up at midnight. Because it can be quite frightening, it's suitable for those aged 8 years and older. The activities involve tricky mazes and interconnected stories about Hauntu, all while you follow skilled actors through the rooms of the Colle Eastern Hotel in Hauntu.

Address: 360, Jln Tun Razak, Pudu, 50400 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-1686 9199
Website: <https://ihauntu.com/>
Operating Hours: 2.00 pm - 10.00 pm (Monday, Wednesday-Friday) / 11.00 am - 10.00 pm (Saturday & Sunday) / Closed on Tuesday



Breakout Room

Team building through escape games is more fun and interesting than other team-building activities. You can find thrilling escape games that you can play here to solve and escape within the time given. Breakout offers 12 escape rooms with different stories, difficulty levels, and unique puzzles you've never seen before.

Address: L4-09A, Level 4, Nu Sentral, Sambathan,, 201, Jalan Tun Sambanthan, 50470 Kuala Lumpur
Contact: +6010-937 3628
Website: <https://www.breakout.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



PartyBox 360

Have a memorable time with your friends or families at PartyBox 360! It is the best place for you to have the time of your lives with various exciting activities there. Some of the attractions there are the VS hall consisting over 49 interactive games, a Rage Room, a Private party room and The Box event space catering for all sorts of customise events.

Address: Mitsui Shopping Park Lalaport KL (BBCC L2-11b, 2, Jln Hang Tuah, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2775 5116
Website: <https://partybox360.com/>
Operating Hours: 10.00 am - 9.30 pm (Monday-Sunday)

Bomb Battle

Experience various immersive missions and you will either win or get blasted with paint! This is the best place to test your teamwork skills with your group of friends and fight against the clock. If you fail the tasks, be prepared to get blasted!

Address: Lot 07-96, Level 7, East wing, Berjaya Times Square, Shopping Mall, 1, Jln Imbi, Imbi, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-4819 2852
Website: <https://www.thebombbattle.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)





New Recreational Landmark In KL

99 Wonderland Park adopts an "open" concept, allowing visitors to interact with and feed a vast variety of animals. The landscape is carved with fun rides which enables visitors to relax and spend their time with beloved ones.

99 Wonderland Park (Wildlife in The City) is the first recreational park in Kuala Lumpur featuring LED lights, a Musical Dancing Fountain and over 300 exotic and wild animals with it an evergreen landscape. As such, you would be able to savour great and unforgettable moments in 99 Wonderland Park (Wildlife in The City). It will surely be a memorable trip for you!

 99wonderlandpark.com.my

99 KIDS GAMES



99 WONDERLAND PARK



Wild Animals Await You !



FEEDING ACTIVITIES



Deer



Amazon Birds



Raccoon



Ring-Tailed Lemur



African Porcupine

FUN RIDES



99 Cruise



99 Ferris Wheel



99 Train



99 Carousel



99 Paddle Boat

FOR FURTHER ENQUIRIES:

012-551 3099



JL99 GROUP





Shopping is a big deal for travellers, and the Secretariat Shopping Malaysia (SSM) aims to make Malaysia, specifically Kuala Lumpur, a top shopping spot for both locals and visitors.

In the busy city of Kuala Lumpur, there are around 190 malls, with over 50 in KL itself. KL's malls have become more than just places to shop; they're like social centers with activities and fun stuff to do.

Malaysians love malls because they offer a break from the hot weather with air conditioning. Even if people don't plan to buy much, being at a mall can boost their mood.

Shopping in KL is usually affordable, so tourists often come with empty suitcases, and in some places, you can haggle for lower prices. There are also fancy malls like Pavilion and Suria KLCC, where you can find luxury brands.

Besides malls, KL has many local markets with great deals and unique items. You can explore various markets, including flea markets and day-night markets. Check out the list of shopping spots in Kuala Lumpur.





BOMB BATTLE

REAL LIFE IMMERSIVE MISSION GAMES

The Bomb Battle

Discover the thrill at Bomb Battle, Kuala Lumpur's innovative paint bomb indoor attraction on the 7th floor of Berjaya Times Square. Spanning 5000 sq. ft. on the 7th floor, this first-of-its-kind immersive mission game challenges groups (4-8 players) with 5 battles, testing teamwork in hazmat suits. Fail, and prepare to get blasted! Ideal for families, friends, and corporate events, Bomb Battle promises unforgettable experience and captures Insta-worthy moments.

VISIT US TODAY!

Bomb Battle

📞 +603 - 4819 2852
✉️ hello@thebombbattle.com
🌐 www.thebombbattle.com

- Lot 07-96, Level 7, East Wing, Berjaya Times Square
No 1, Jalan Imbi, 55100 Kuala Lumpur

Avenue K Shopping Mall

Address: 156, Jln Ampang, Kuala Lumpur City Centre, 50450 Kuala Lumpur
 Contact: +603-2168 7800
 Website: <https://www.avenuek.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

The Starhill

Address: 181, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur
 Contact: +603-2782 3800
 Website: <https://thestarhill.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

**Plaza Low Yat**

Address: 7, Jalan Bintang, Bukit Bintang, 55100 Kuala Lumpur
 Contact: +603-2148 3651
 Website: <https://www.plazalowyat.com/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sogo KL

Address: 190, Jalan Tuanku Abdul Rahman, City Centre, 50100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2618 1888
 Website: <https://www.sogo.com.my/>
 Operating Hours: 10.00 am - 9.30 pm (Sunday-Thursday) / 10.00 am - 10.00 pm (Friday & Saturday)

Sunway Velocity Mall

Address: Lingkaran SV2, Sunway Velocity, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2786 3970
 Website: <https://www.sunwayvelocity-mall.com/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

SHOPPING MALLS

Pavilion Kuala Lumpur

Address: 168, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur
 Contact: +603-2118 8833
 Website: <https://www.pavilion-kl.com/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Mid Valley Megamall

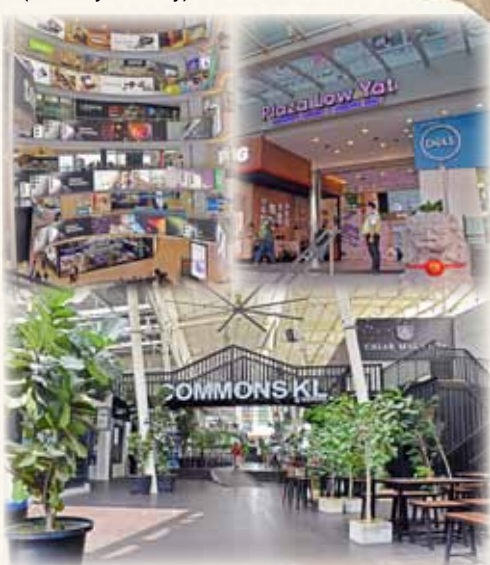
Address: Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2938 3333
 Website: <https://www.midvalley.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Lalaport

Address: 2, Jln Hang Tuah, Bukit Bintang, 55100 Kuala Lumpur
 Contact: +603-2731 3555
 Website: <https://mitsui-shopping-park.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

The Linc

Address: 360, Jln Tun Razak, Taman U Thant, 50400 Kuala Lumpur
 Contact: +603-9213 0388
 Website: <https://thelinckl.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)





GLOJAS stands as a global beacon of excellence, renowned for our award-winning clinic and an expert team of highly qualified doctors with extensive proficiency across diverse disciplines, including hair transplants, plastic surgery, aesthetics, and dental treatments. Patients worldwide entrust us with their care, assured of world-class solutions adhering to the highest international standards. Our impressive track record boasts multiple entries in the Malaysia Book of Records and global accolades.

Our team of experts include the Founder of Glojas, Professor Dato' Dr. JasG, Malaysia's first Pioneer Hair Transplant Doctor and a Fellow of The International Society of Hair Restoration Surgery (FISHRS), accredited by The American Board of Hair Restoration Surgery (ABHRS). CEO Datin Selwin is a respected and widely recognized judge for Miss Universe and Miss Tourism International. Dr. Mohd Ali, a renowned Plastic Surgeon with full accreditation from the Ministry of Health Malaysia and holds registration as a Plastic Surgeon under the National Specialist Register (NSR) and the Malaysian Medical Council (MMC), ensuring exceptional surgical expertise.

Dr Navin Mann, MBBS (Malaya) MS (UKM) Fellowship in advanced laparoscopy & bariatric surgery (India). Dr Navin Mann holds a Fellowship in Advanced Laparoscopy & Bariatric Surgery and a surgeon that holds a full accreditation from the Ministry of Health Malaysia.



Glojas promotes self-confidence and world-class services in hair loss treatments, hair transplants, eyebrow, beard, burn scar, and lower hairline solutions for all genders. We deliver stunning results and are known as Malaysia's pinnacle for top-tier hair restoration doctors. With Glojas' skilled professionals, cutting-edge technology, and techniques, we ensure that our customers can confidently embrace their desired look and experience natural-looking results at an affordable price.



Glojas sets the gold standard for plastic surgery and aesthetics, delivering unmatched excellence. Our wide ranging services tackle diverse skin concerns – from uneven tone to acne, pigmentation, and beyond – employing cutting-edge methods like laser therapy and chemical peels, custom-tailored for every individual. We provide an array of procedures, from liposuction to double eyelid creation and gynecomastia treatment, sculpting bodies to perfection, igniting self-assurance and holistic wellness. At Glojas, we place customer contentment and safety above all else.



GLOJAS revolutionizes dental care with state-of-the-art equipment, providing a comprehensive spectrum of treatments, from root canals to dental implants. Recognizing the pivotal role of dental health, our commitment to excellence not only enhances smiles but also bolsters self assurance, fostering thriving personal and career connections.

Glojas Clinic

Glomac Galeria Hartamas, B-G, 05, Jalan 26A/70A, Desa Sri Hartamas, 50480 Wilayah Persekutuan, Wilayah Persekutuan Kuala Lumpur

HP: +6012 9891915
TEL: +603 62715555

Glojas Indonesia

THB 34 Pondok Indah Jl. Gedung Hijau Raya No.3F, Pd. Pinang, Kec. Kby. Lama, Kota Jakarta Selatan, Daerah Khusus Ibukota Jakarta 12310, Indonesia

HP: +62 8111 000436
TEL: +62 8111 752221



Scan the QR code and be the first 50 customer to enjoy 50% off selected treatments. T&C apply. For more information on Glojas, its promotional package for our services, visit glojas.aesthetic.com.

SHOPPING MALLS

Suria KLCC

Address: 241, Petronas Twin Tower, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2382 2828
Website: <https://www.suriaklcc.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Quill City Mall

Address: 1018, Jln Sultan Ismail, Bandar Wawasan, 54200 Kuala Lumpur
Contact: +603-2603 1018
Website: <https://www.quillcitymall.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Bangsar Shopping Centre

Address: 285, Jalan Maarof, Bangsar, 59000 Kuala Lumpur
Contact: +603-2094 7700
Website: <http://www.bsc.com.my/>
Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)

Mid Point Shopping Complex

Address: Pandan Indah, 55100 Kuala Lumpur, Federal Territory of Kuala Lumpur
Contact: +603-9226 8968
Website: <https://midpoint.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



1 Mont Kiara

Address: 1, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur
Contact: +603-6203 0615
Website: <https://www.1mk.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Berjaya Times Square

Address: 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2117 3111
Website: <https://berjayatimesquarekl.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sungei Wang

Address: Jln Sultan Ismail, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2148 6109
Website: <http://www.sungeiawang.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Wangsa Walk Mall

Address: 9, Jalan Wangsa Perdana 1, Wangsa Maju, 53300 Kuala Lumpur
Contact: +603-4142 8888
Website: <https://www.wangsawalkmall.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



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f Rotol Food-Chain
@ @rotolfoodchain
<https://rotolfoodchain.com>



While Chakri Raintree Skybar serves award-winning Thai food and has a Million Dollar View of Kuala Lumpur. These restaurants guarantee memorable dining experiences for your next meal.



Chakri Palace

Imperial Chakri Palace in Suria KLCC offers a Muslim-friendly Thai dining experience. Established in 1999, this restaurant is renowned for its authentic Thai cuisine. Their best-selling "Tom Yam King Prawns in Coconut" is a symphony of bold Tom Yam soup flavours, creamy coconut milk, and succulent king prawns. Indulge in the rich tastes of Thailand in the heart of Kuala Lumpur.

f Chakri Palace Royal Thai Cuisine
@ @chakripalace



Skyhill Fusion Restaurant

Dine in the sky at Skyhill Fusion Restaurant, Petaling Jaya. Indulge in fusion dishes, from hearty pizzas to burgers, amid a lively ambience and breathtaking rooftop view for a special evening.



f Skyhill Fusion Restaurant
@ @skyhillfusionrestaurant

Chakri Raintree Skybar

Experience exceptional dining at Chakri Raintree Skybar atop Dorsett Hartamas Hotel, offering a dining experience with a stunning 180° panoramic view of Kuala Lumpur. Authentic Thai flavours, warm ambience, and diverse menu choices await. Perfect for romantic evenings, family gatherings, or business lunches.

f Chakri Raintree Skybar
@ @chakriraintreeskybar



NIGHT MARKETS

Jalan Alor Food Street

Address: Jln Alor, Bukit Bintang, 50200 Kuala Lumpur
Operating Hours: 4.00 pm - 3.00 am
(Monday-Sunday)

Uptown Danau Kota

Address: Jln Taman Ibu Kota, Taman Setapak Indah, 53300 Kuala Lumpur
Website: <https://danau-kota-uptown.business.site/>
Operating Hours: 6.00 pm - 3.00 am
(Tuesday-Sunday) / Closed on Monday

Pasar Malam Taman Connaught

Address: Jalan Cerdas, Taman Connaught, 56000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Website: <https://www.facebook.com/PmTamanConnaught/>
Operating Hours: 5.00 pm - 1.00 am
(Wednesday) / Closed on Thursday-Tuesday

Pasar Malam Sri Petaling

Address: NO 19, Jalan Radin Anum, Bandar Baru Sri Petaling, 57000 Kuala Lumpur
Operating Hours: 5.00 pm - 10.30 pm
(Every Tuesday)

Pasar Malam Jalan Hujan Emas OUG

Address: Overseas Union Garden, Jalan Hujan Emas 4, Taman OUG, 58200 Kuala Lumpur, Federal Territory of Kuala Lumpur
Contact: +6012-322 3815
Operating Hours: 4.00 pm - 11.30 pm
(Thursday) / Closed Friday-Wednesday

Pudu Glutton Street Night Market

Address: Jalan Sayur, Pudu, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-1168 7607
Operating Hours: 7.00 am - 9.00 pm
(Tuesday) / 7.00 am - 10.00 pm (Wednesday) / 7.30 am - 10.00 pm (Thursday) / 4.30 pm - 10.00 pm (Friday & Saturday) / 7.00 am - 10.00 pm (Sunday) / Closed on Monday

Pasar Malam Taman Melati

Address: Jalan Taman Melati 10, Taman Melati, 53100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Operating Hours: 4.00 pm - 10.00 pm
(Friday)

Pasar Malam LRT Kampung Baru

Address: 27, Jalan Raja Uda, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Pasar Malam Sentul

Address: 65, Jalan 1/48a, Bandar Baru Sentul, 51000 Kuala Lumpur
Contact: +6011-1639 1006
Operating Hours: 5.00 pm - 9.00 pm
(Every Friday)

Bangsar Baru Night Market

Address: Bangsar Baru, 59000 Kuala Lumpur
Operating Hours: 5.30 pm - 11.00 pm
(Every Sunday)





INTRODUCTION TO GASTRONOMIC DELIGHTS IN KUALA LUMPUR

When people visit Malaysia for the first time, they quickly discover why the country is renowned for its food. Malaysia offers an incredible culinary experience with a wide variety of interesting restaurants and food vendors throughout the nation. Malaysia's rich cultural diversity has played a significant role in shaping its food industry. Malaysian cuisine is incredibly diverse, drawing heavily from Chinese, Indian, and native Malay cooking methods. These influences are evident in the use of a wok as the primary cooking vessel and a wide array of spices in most dishes.

The cuisine is known for its unique flavour combinations that incorporate various textures, tastes, and colours with a wide range of ingredients.

For travellers, the three main elements that offer the greatest potential for exploration are the people, the scenery, and the food. We warmly welcome visitors to Malaysia and hope that you'll take the opportunity to savour the diverse cuisines of this country, creating delightful and memorable experiences to bring back home.

Malaysian cuisine has its own distinctive character due to the presence of various ethnic groups. You'll easily find authentic Malay eateries alongside a variety of Chinese and Indian restaurants. It's highly recommended to explore all the tantalising local delicacies that are unique to Malaysia!

MUST EATS IN KL : DISHES

Nasi Lemak

Nasi Lemak is a Malay dish, often considered Malaysia's national dish, consisting of rice cooked in coconut milk with pandan leaves. It is a fundamental element of traditional Malay breakfast, but its versatility means it can be enjoyed at various times of the day. Nasi Lemak, the national dish, is readily available across Malaysia, whether in food stalls or eateries within shopping centres.



Ikan Bakar

Ikan Bakar translates to 'grilled fish' and is a delectable dish prepared by grilling over charcoal. This tasty dish is a favourite in Malaysia, Indonesia, and various other Southeast Asian nations. It's especially popular in Malaysia and is considered a must-try for seafood enthusiasts. Prior to grilling, the fish is wrapped in banana leaves and seasoned with a flavorful spice marinade.

Nasi Kerabu

Nasi Kerabu is a variation of Nasi Ulam, a Malaysian rice dish that features blue rice along with dried fish or fried chicken, crackers, pickles, and an assortment of salads. To achieve its distinctive blue colour, the rice is cooked with Asian pigeonwings or Clitoria ternatea flower petals, which serve as a natural food colouring.



Char Kuey Teow

Char Kuey Teow is a stir-fried rice noodle dish with its roots in southern China. In Hokkien and Teochew languages, 'Char' refers to stir-frying, and 'kway teow' means flat rice noodles. This popular street food in Malaysia includes ingredients like soy sauce, eggs, bean sprouts, cockles, and shrimp. In the non-halal version, you'll also find Chinese sausage and crispy pork fat croutons added to the dish.

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Nasi Bojari™



Cantonese Fried Beef Noodles



Char Kway Teow



Nasi Lemak
Curry Chicken



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MUST EATS IN KL : SNACKS

Roti Jala

Roti jala, a popular Malay afternoon snack, is commonly enjoyed with curries. It consists of a single layer of flat, net-like batter made from wheat flour, which can be folded or rolled to your liking after cooking.



Murtabak

Murtabak is often described as a folded pancake resembling an omelette, containing vegetable bits. The most popular type of murtabak is prepared by folding pan-fried crepes filled with ingredients like ground beef, beaten eggs, leeks, chives, or green onions. Initially available in Indian Muslim eateries and stalls, murtabak is commonly served in Malaysia with curry, sliced cucumber, syrup-pickled onions, or tomato sauce. This snack is widely available across Malaysia and has undergone modifications by Malay Muslim vendors, resulting in various ingredient and cooking method variations.



Apam Balik

Apam balik is a beloved snack in Malaysia, with its roots in Chinese cuisine. You can find a variety of versions of apam balik at roadside stalls throughout the country. Apam balik is a thick and fluffy pancake filled with a range of ingredients, including sugar and butter, nestum, peanut butter, chocolate, sweet cream-style corn, and more, making it a sweet dessert enjoyed by many in Malaysia.



Satay

Satay is a renowned Malaysian street food made from well-seasoned meat, which is skewered and grilled. It's typically served with a delectable peanut sauce for dipping. Essentially, satay is like kebabs but without the added vegetables. This dish features succulent, marinated beef slices threaded onto slender bamboo skewers and expertly grilled over an open charcoal flame. You have the flexibility to choose from various meat options, including chicken, beef, pork, and more.





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Welcome to Gui Gui KCH Korean BBQ, where the essence of Korean culinary artistry meets the sizzle of the grill. As passionate purveyors of authentic Korean flavors, GUI GUI Korean BBQ is your gateway to a dining experience that transcends the ordinary.

MALAY CUISINE

Serai KLCC

Serai, nestled in the heart of KLCC, is a culinary gem that masterfully blends Northern Malaysian and Thai cuisines, creating a delectable Asian fusion dining experience. From the moment you step inside, you'll be captivated by the restaurant's meticulously curated interior, setting the stage for a truly unforgettable meal.

Address: Suria KLCC, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +603-2181 8000

Website: <https://seraigroup.com.my/serai-klcc/>

Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)

Bijan Bar & Restaurant

The Bijan serves flavorful and sophisticated authentic Malay dishes. Although this restaurant serves halal food, they serve alcohol as well, hence the name. The ambiance of the Bijan Restaurant is warm yet stylish, cozy yet expansive, and has a modern aesthetic with significant Asian influences. They combine recipes of Malay dishes from all the states across Malaysia that have been passed down through the generations with authentic ingredients. This is what makes it the best authentic Malay restaurant in KL. It is just a short distance from KLCC and Bukit Bintang, hence don't forget to visit when you are in KL.

Address: No.3, Jalan Ceylon, Bukit Ceylon, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2031 3575

Website: <http://www.bijanrestaurant.com/>

Operating Hours: 4.00 pm - 11.00 pm (Monday-Sunday)



OpenHouse

OpenHouse offers a delightful fusion of authentic traditional Malay cuisines with a modern twist, creating a unique and mouth watering dining experience. Nestled within its inviting walls, you'll find a warm and comforting ambiance that perfectly complements the rich flavours of Malay cuisine.

Address: G9a, Bangsar Shopping Center, Bangsar, 59000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2162 0888

Website: <https://www.openhouse.my/>



Irama Dining Kuala Lumpur

Irama Dining Kuala Lumpur stands as a premier destination for those seeking authentic Malay cuisine in the heart of KL. Offering a variety of authentic local dishes infused with unique Penang flavours, this restaurant not only tantalises your taste buds but also provides a beautifully designed interior and a wonderfully tranquil setting.

Address: No 66-68, Lot 2, Lorong Raja Chulan, Kuala Lumpur, 50200 Wilayah Persekutuan, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-2342 0200

Website: <https://www.instagram.com/iramadinigkl/>

Operating Hours: 12.00 pm - 10.00 pm (Tuesday-Friday) / 12.00 pm - 11.00 pm (Saturday & Sunday) / Closed on Monday

INTRODUCING ...

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- 📍 Unit 3-3A & 3-05 Wisma Star Boulevard,
No : 1, Jalan Yap Kwan Seng, 50450 Kuala Lumpur
- ☎ 011-1995 5000
- 🌐 <https://linktr.ee/marinaseafood>

Steam Era Imbi (KL)

- 📍 145, Jalan Imbi, Pudu,
55100 Kuala Lumpur
- ☎ 017-323 4561
- 🌐 <https://linktr.ee/steameraimbihq>

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- 📍 Lot No. T2-02 of Level 1,
First World Plaza, 69000 Pahang
- ☎ 012-856 4880
- 🌐 <https://linktr.ee/steameragenting>

MALAY CUISINE

Restoran Nasi Padang Kg Baru

In Kampung Baru, there is a well-known nasi padang restaurant called Restoran Nasi Padang Kampung Baru. The food served here is excellent and even better because it is some of the least expensive in all of Kampung Baru. There is a variety of nasi padang dishes such as fried chicken, ikan bakar, and so on which are normally served with sambal.

Address: 123, Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kg Baru, Wilayah Persekutuan Kuala Lumpur
Contact: +6017-319 0338
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Warong Che Senah

Nestled in the charming neighbourhood of Kampung Baru, Warong Che Senah is a vibrant food court that offers a diverse selection of delicious dishes, making it the ultimate destination for a satisfying and hearty meal. What's more, it's the perfect spot to unwind with your loved ones while soaking in the splendid KL skyline. On the menu, you'll discover an array of tantalising options, including shell out, sizzling hot pot, grilled chicken, and a wide array of other delectable choices.

Address: 53, Jalan Raja Mahadi, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6019-271 9913
Website: <https://www.facebook.com/WarongCheSenah13/>
Operating Hours: 4.30 pm - 1.00 am (Sunday-Thursday) / 4.30 pm - 1.30 pm (Friday & Sunday)

Nasi Lemak Wanjo Kg Baru

For the finest Nasi Lemak in Kuala Lumpur, look no further than Nasi Lemak Wanjo, conveniently located in Kampung Baru. Their Nasi Lemak is not only incredibly tasty but also comes at a reasonable price, allowing you to complement it with a variety of sides of your choice, all available at affordable rates. Do anticipate a bit of a wait, as this popular eatery can get quite crowded at times, but the delicious Nasi Lemak is worth the wait.

Address: 8, Jalan Raja Muda Musa, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-6336 1963
Website: <https://www.facebook.com/nasilemakwanjoofficial/>



Suraya Seafood

Suraya Seafood Restaurant is a restaurant that serves halal seafood cuisines with a touch of Thai. This is a great place to dine in with your friends and family as it has a very relaxing ambience to enjoy your hearty meal of delicious Thai seafood in KL.

Address: Jalan Raja Muda Musa, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6017-396 2230
Website: <https://www.facebook.com/p/Suraya-Seafood-Kg-baru-kl-100063680405763/>
Operating Hours: 1.00 pm - 12.00 am (Monday-Saturday) / 1.00 pm - 4.00 am (Sunday)



Hakka Restaurant

Founded in 1956, the Hakka Restaurant, originally situated on the outskirts of Ipoh, has transformed over the course of six decades into a celebrated dining establishment located in the bustling heart of Kuala Lumpur. They are committed in serving customers with exceptional dishes crafted from authentic homemade recipes that takes top precedence. We wholeheartedly recommend paying a visit to savour the delectable and genuine Chinese cuisine they have to offer.

Address: 90, Jalan Raja Chulan, Kuala Lumpur, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2143 1908
Website: <http://www.hakkakl.com/>
Operating Hours: 11.30 am - 2.30 pm, 5.30 pm - 10.30 pm (Monday-Sunday)

Feng Yun Ke Zhan

Feng Yun Ke Zhan is a modest Chinese eatery serving delicious Sichuan and Hunan cuisine that is located in Mont Kiara. The dishes here authentically capture the rich flavours of these regions. Dining at this restaurant offers a relaxing and cozy ambiance, evoking a sensation of being transported to China as you indulge in your meal.

Address: J-G-15, 2, Jalan Solaris, Solaris Mont Kiara, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-5909 2098
Website: <https://www.facebook.com/fengyunkezhan/>
Operating Hours: 12.00 pm - 3.00 am (Monday-Sunday)

CHINESE CUISINE



DIN by Din Tai Fung KLCC

DIN by Din Tai Fung is a halal version of the well-known Din Tai Fung and it is conveniently located in the heart of Kuala Lumpur, which is in KLCC. It is the perfect place to bring your friends and family to enjoy their delicious halal Chinese cuisines. Although Din Tai Fung has quite a number of outlets around Klang Valley, the DIN by Din Tai Fung is the only halal outlet in KL.

Address: Suria Klcc, Lot 417 & 417A, Level 4, 405, Persiaran Petronas, Kuala Lumpur City Centre, 50088 Kuala Lumpur
Contact: +603-2181 0321
Website: <https://din-my.com/>
Operating Hours: 11.00 am - 9.00 pm (Monday-Thursday) / 11.00 am - 9.30 pm (Friday) / 10.30 am - 9.30 pm (Saturday) / 10.30 am - 9.00 pm (Sunday)

Yut Kee Restaurant

Yut Kee Restaurant, a Hainanese coffee shop with a legacy dating back to 1928, is a well-known breakfast and brunch destination in KL. This iconic eatery has preserved the essence of old-time favourites, including delectable dishes like chicken chop, toast, and a variety of other beloved classics.

Address: 1, Jalan Kamunting, Chow Kit, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2698 8108
Website: <https://www.facebook.com/YutKee1928/>
Operating Hours: 7.30 am - 3.00 pm (Tuesday-Sunday) / Closed on Monday



INDIAN CUISINE

Khan's Indian Cuisine

Khan's Indian Cuisine serves authentic Northern Indian cuisines that are delicious and full of flavour. The ambience of the restaurant is very pleasant and cosy with a magnificent interior. You are able to choose if you want to dine in their air-conditioned space or just have an al-fresco meal. Don't forget to visit this restaurant to try out their delicious food!

Address: No.8, Level 1, The Sphere No.1, Avenue 1, Jalan Kerinchi, Bangsar South, 59000 Kuala Lumpur
Contact: +603-9779 4998
Website: <https://khans.com.my/>
Operating Hours: 11.30 am - 10.00 pm (Sunday-Thursday) / 11.30 am - 10.30 pm (Friday & Saturday)

Restoran Devi's Corner

Restoran Devi's Corner serves a wide variety of mouth watering South Indian cuisines. This is the perfect place for banana leaf dish lovers as you will get to enjoy the amazing flavours of the dishes being served.

Address: 9, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6012-267 6714
Website: <https://www.restorandevis-corner.com/>
Operating Hours: 7.00 am - 1.00 am (Monday-Sunday)

Betel Leaf

At Betel Leaf restaurant, you'll find an abundance of Indian cuisine options that will leave you pleasantly overwhelmed. Their menu spans a wide array of dishes, encompassing both North and South Indian flavours. It's worth noting that this restaurant is welcoming to Muslim patrons, and you can expect to encounter many locals dining here, thanks to its affordable pricing, particularly in Kuala Lumpur.

Address: 77A, Leboh Ampang, City Centre, 50100 Kuala Lumpur
Contact: +603-2032 5932
Website: <http://www.betel-leaf.com/>
Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)

The Ganga Cafe@Bangsar

The Ganga Cafe is a vegetarian Indian cuisine restaurant. They also have an extensive menu where you will be spoiled for choice with all the variety of food. The food that they serve are in big portions and reasonably priced as well. We highly recommend this restaurant to go for the best vegetarian Indian cuisine.

Address: 19, Lorong Kurau, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2284 2119
Website: <https://www.theganga.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Friday) / 9.00 am - 10.00 pm (Saturday & Sunday)





Al-Amar المقهي مطعم لبناني *Lebanese Cuisine*



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www.alamarkl.com



www.facebook.com/AlAmarLebaneseCuisine/



www.instagram.com/alarlebanesecuisine/



www.tiktok.com/@alarlebanesecuisine



Lot 6.10, Level 6, Pavilion Kuala Lumpur,
55100 Kuala Lumpur, Malaysia

INSTAGRAMMABLE CAFES

Pokok KL

Pokok KL, a glasshouse cafe, is a well-lit and perfect spot for Instagram-worthy photos. If you're in the mood for a thoughtfully crafted menu featuring both Western and local dishes, this cafe should be on your to-visit list. The cafe's ambiance is especially delightful, thanks to its abundant natural light that envelops the space, creating a welcoming environment.

Address: MAHSA Avenue (Jalan Universiti Campus), Block B, Level 1
Jalan Ilmu, off, Jln Profesor Diraja Ungku Aziz, 59100 Kuala Lumpur
Contact: +603-8408 1811
Website: <https://brickhouse.my/outlets/pokok-kl/>
Operating Hours: 10.00 am - 9.00 pm
(Monday-Sunday)

Three Years Old Cafe

Three Years Old is a cafe with Scandinavian atmosphere. This cafe provides a peaceful and rejuvenating escape with its beautifully crafted interior, where every corner is just as picturesque as the next. Additionally, you can also enjoy outdoor seating, allowing you to soak up the natural sunlight and the lush green surroundings.

Address: 1, Jalan Sin Chew Kee, Bukit Bintang, 50150 Kuala Lumpur, Federal Territory of Kuala Lumpur
Contact: +60 3-2110 6666
Website: <https://threeyearsold.storehub.me/>
Operating Hours: 9.30 am - 6.30 pm
(Thursday - Tuesday) / Closed on (Wednesday)



Leaf & Co. Cafe

Leaf & Co. Cafe offers a menu that features dishes from both Western and local cuisines. The interior of the restaurant is quite stunning, with an antique-like ambiance. It's a highly favoured spot among both locals and tourists. The place has undergone renovations from its pre-war origins, with efforts made to retain some historical elements while introducing modern touches, creating a nostalgic atmosphere.

Address: 53, Jalan Sultan, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2020 2220
Website: <https://www.facebook.com/leafandcocoafe/>
Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)



Merchant's Lane

Merchant's Lane is a unique cafe and restaurant that skillfully combines the essence of local charm with contemporary culture, reimagining the history of Petaling Street. This creatively designed and relaxed cafe offers a diverse menu of light dishes from Malaysia and beyond. When you find yourself in Chinatown, make sure to pay a visit to this cafe, relish delectable cuisine, and capture stunning Instagram-worthy moments during your visit!

Address: 150, Jalan Petaling, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2022 1736
Website: <https://www.facebook.com/merchantslane>
Operating Hours: 11.30 am - 9.30 pm
(Tuesday-Sunday) / Closed on Monday



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Address: 2 & 4, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur
 Contact: +6011-1085 0074
 Website: <https://havanakl.com/>
 Operating Hours: 4.00 pm - 3.00 am (Monday-Thursday) / 2.00 pm - 3.00 am (Friday-Sunday)

The Whisky Bar KL

Address: 46, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +6012-735 6709
 Website: <https://thewhiskybarkl.com/>
 Operating Hours: 5.00 pm - 1.00 am (Monday-Sunday)

Frank's Bar

Address: Avenue K, Unit 06 Level 03, 156, Jln Ampang, 50450 Kuala Lumpur
 Contact: +6012-674 4860
 Website: <https://www.frankskl.com/>
 Operating hours: 5.00 pm - 2.00 am (Monday-Sunday)

The Dark Horse-Bar & Grill

Address: Lot G-05, Life Centre, 20, Jln Sultan Ismail, 50250 Kuala Lumpur
 Contact: +6019-333 9269
 Website: <https://www.darkhorse.my/>
 Operating Hours: 12.00 pm - 2.00 am (Monday-Sunday)

Taps Beer Bar

Address: 1, Jalan Nagasari, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +6011-6978 0780
 Website: <https://tapsbeerbar.my/>
 Operating Hours: 3.00 pm - 12.00 am (Monday-Saturday) / 12.00 pm - 12.00 am (Sunday)

The Attic Bar

Address: Third Floor, 15, Jalan Balai Polis, Kuala Lumpur City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan
 Contact: +6012-393 8627
 Website: <https://www.atticbarkl.com/>
 Operating hours: 5.00 pm - 1.00 am (Sunday-Thursday) / 5.00 pm - 2.00 am (Friday & Saturday)

Coley

Address: 6-G, Jalan Abdullah, Bangsar, 59000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +6019-270 9179
 Website: <https://www.facebook.com/LongLiveColey/>
 Operating Hours: 5.00 pm - 1.00 am (Monday-Saturday) / Closed on Sunday

Rock Bottom Bangsar

Address: 3 & 5, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +6016-315 3072
 Website: <https://www.facebook.com/rockbottombangsar/>
 Operating Hours: 4.00 pm - 1.30 am (Monday-Sunday)



Botakliquor Bar

Address: 156, Jalan Petaling, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2022 1100
 Website: <https://www.facebook.com/BOTAKliquor/>
 Operating Hours: 6.00 pm - 12.00 am (Monday-Sunday)



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ROOFTOP BAR & SPEAKEASIES

ROOFTOP

Vertigo

Address: Level 59, Banyan Tree Kuala Lumpur, No. 2, Jalan Conlay, 50450 Kuala Lumpur, Wilayah Persekutuan
Contact: +603-2113 1888
Website: <https://www.banyantree.com/malaysia/kuala-lumpur/dining/vertigo>
Operating Hours: 6.00 pm - 12.00 am (Monday-Sunday)

Sky Lounge Rooftop at Le Quadri Hotel

Address: Block G, level 12e. 1, Jalan Menara Gading, UCSI Heights Taman Connaught Cheras, 56000 Kuala Lumpur
Contact: +6011-3534 5879
Website: <https://www.facebook.com/skyloungelequadrihotelkl/>
Operating Hours: 6.00 pm - 11.30 pm (Monday-Sunday)

Sky51

Address: EQ, Equatorial Plaza, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur, Wilayah Persekutuan
Contact: +603-2789 7777
Website: <https://www.eqkualalumpur.equatorial.com/dining/sky51/>
Operating Hours: 5.00 pm - 1.00 am (Monday-Sunday)

Marini's on 57

Address: Petronas, Level 57, Menara 3, Persiaran KLCC, 50088 Kuala Lumpur
Contact: +603-2386 6030
Website: <https://marinigroup.com/marinis-on-57/>
Operating Hours: 5.00 pm - 3.00 am (Monday-Sunday)



SPEAKEASIES

ShuangXi

Address: 177, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6014-944 5130
Website: <https://www.facebook.com/shuangxi177/>
Operating hours: 9.00 pm - 1.00 am (Thursday-Sunday) / Closed on Monday-Wednesday

Circa Bar KL

Address: 8-7, Jalan Batai, Bukit Damansara, 50490 Kuala Lumpur
Contact: +6014-726 2474
Website: <https://circabarkl.com/>
Operating Hours: 5.00 pm - 1.00 am (Sunday & Monday) / 5.00 pm - 3.00 am (Tuesday-Saturday)

Pahit

Address: 3, Jln Sin Chew Kee, Bukit Bintang, 50150 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2110 0776
Website: <https://www.facebook.com/barpahit/>
Operating Hours: 5.00 pm - 1.00 am (Tuesday-Sunday) / Closed on Monday

Concubine KL

Address: Lot 2, Jalan Panggong, City Centre, 50000 Kuala Lumpur
Contact: +6014-711 2185
Website: <https://concubinekl.wixsite.com/klconcubine>
Operating Hours: 5.00 pm - 1.00 am (Sunday, Tuesday & Wednesday) / 5.00 pm - 2.00 am (Thursday) / 5.00 pm - 3.00 am (Friday & Saturday) / Closed on Monday



CLUBS & LIVE ENTERTAINMENT

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TRAK KL

Address: Lot E-1-06, Electric Boulevard, TREC,, 436, Jalan Tun Razak, 55000 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6012-433 8807

Website: <https://www.instagram.com/trak.kl/>

Operating Hours: 10.00 pm - 5.00 am (Wednesday-Sunday) / Closed on Monday & Tuesday

Fire & Ice Club KL

Address: 24, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6010-767 9544

Website: <https://www.facebook.com/fireNicekl/>

Operating Hours: 5.00 pm - 3.00 am (Monday-Sunday)

Bobo KL

Address: 65-2, Jalan Bangkung, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6012-263 8603

Website: <https://bobokl.com/>

Operating Hours: 5.00 pm - 12.00 am (Tuesday-Saturday) / Closed on Sunday & Monday

Madras Club

Address: 18, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6012-226 7050

Website: <https://www.instagram.com/madrasclubkl/>

Operating Hours: 9.00 pm - 3.00 am (Tuesday-Sunday) / Closed on Monday

Gemu Club KL

Address: 1, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-2639 5797

Website: <https://www.facebook.com/gemuclubkl/>

Operating Hours: 9.00 pm - 3.00 am (Wednesday-Saturday) / Closed on Sunday-Tuesday

Rock Bottom Changkat

Address: 3 & 5, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6016-315 3072

Website: <https://www.facebook.com/rockbottombangsar/>

Operating Hours: 4.00 pm - 1.30 am (Monday-Sunday)

Kuna KL

Address: H-G-07, The Hive, TREC, 435, Jln Tun Razak, Seksyen 90, 50400 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6019-342 4528

Website: <https://www.facebook.com/kunaTREC/>

Operating Hours: 5.00 pm - 5.00 am (Monday-Sunday)

Aramaite Frenz

Address: Jalan Peel off Jalan Shelley 6-0-1, Queen Avenue Commercial Centre, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6013-209 5305

Website: <https://aramaiti-frenz.business.site/>

Operating Hours: 8.00 pm - 1.00 am (Monday-Sunday)

INTRODUCTION TO REST & RELAX IN KUALA LUMPUR

Relaxation is considered as an act of letting go of tension and reviving the body or mind. Resting is different from relaxing because relaxing is how our minds regenerate and can help us feel less arousal from stress or anxiety. This indicates that while relaxation happens when we're awake and includes us doing things we enjoy, rest happens while we're asleep. It has been demonstrated that relaxing reduces the likelihood of developing depression, anxiety, and other heart-related problems while also boosting our mood and cognitive abilities, such as memory and decision-making.

Relaxation and rest are closely associated; they are not exclusive to one another. Therefore, it's essential that we have enough rest and relaxation in order to maintain the best levels of mental and physical health. It is encouraged to make rest and relaxation a top priority, especially after an emotionally and physically tiring day.

A soothing spa day is known to be the ideal treatment for you if you are exhausted and in need of a pick-me-up, especially after a tiring day of travelling and shopping. Hence, relax and rejuvenate at these spas and wellness centres in Kuala Lumpur!



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TRADITIONAL SPA & TREATMENT

Acupressure Massage

Pain and muscle tension can be reduced by using the manual therapy technique known as acupressure massage. To imitate pain relief and muscle relaxation, critical areas on the body are gently pressed with the fingertips. Its method is applied to soft tissue and muscular trigger points. Benefits of this massage include relief from pain, headaches, insomnia, poor circulation, sinus issues, arthritis, shoulder stress, and neck stiffness.



Urutan Malaysia

The distinctive massage therapy known as “Urutan Malaysia” is based on the various ethnic groups of Malaysia’s healing customs. It’s a magnificent fusion of Marma points, Malay urut, Indian head massage, indigenous leg massage techniques, and Qigong therapy. Urutan Malaysia promises to give Malaysians a comprehensive wellness experience while also reviving, refreshing, and relaxing them.

Thai Massage

Thai Massage is a combination of compressions, acupressure, as well as passive stretching. These massages improve the range of motion in your joints, muscles and also your posture. In traditional thai massage, the masseuse would normally use their hands, thumbs, elbows, forearms, and sometimes even their feet to massage in order to reduce tension in your muscles.



Ayurvedic Massage

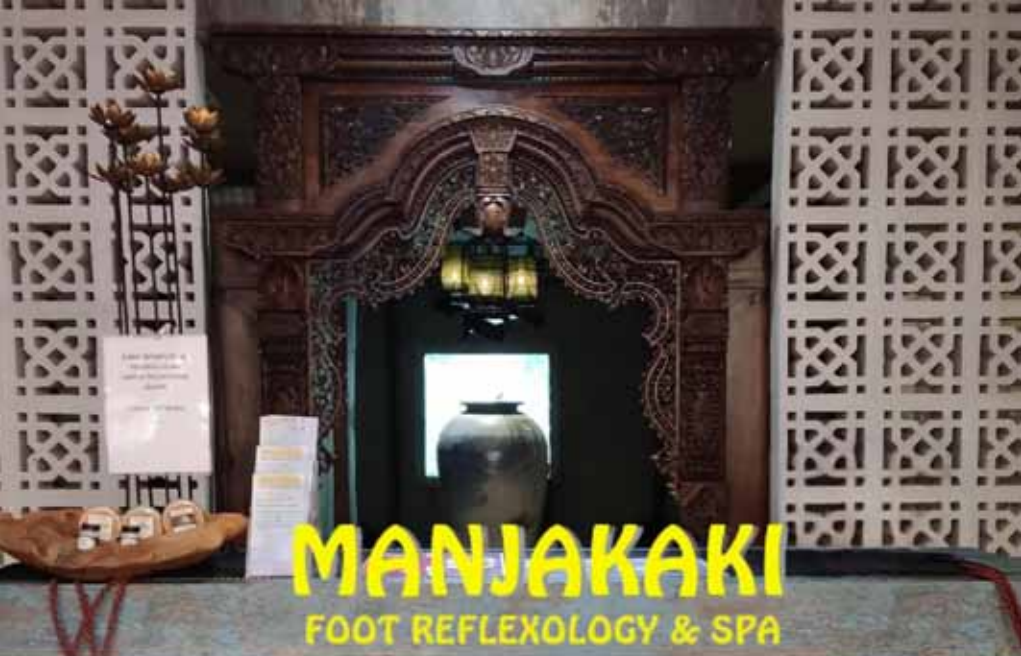
Ayurvedic Massage is usually done with medicated herbal oils that consist of various health benefits. Throughout the massage, the oils will enter through the skin, reach the tissues and help speed up the repair process.



Traditional Chinese Massage

Traditional Chinese massage techniques include acupuncture and herbal remedies that attempt to enhance overall health by promoting the movement of energy or Qi around the body, in contrast to deep tissue massage or sports massage, which concentrate on relieving knots and muscle tension by focusing blood flow to areas.





MANJAKAKI

FOOT REFLEXOLOGY & SPA

Manjakaki is a Malaysian Spa offering a Nusantara-Inspired ambiance and a mission to provide top-notch wellness and beauty services. It is also a part of the Association of Malaysian Spas (AMSPA). They offer foot reflexology, body massages, wellness treatments, and their own brand of oils and body scrubs. With multiple convenient locations, affordability, experienced therapists, and a comprehensive service menu, it's an excellent choice for tourists seeking relaxation in Kuala Lumpur.



manjakaki



@manjakaki.ig



+603 - 4266 8366





SANCTUM

TRADITIONAL SPA & TREATMENT

HealthLand Family Wellness Centre

Address: 18 & 20, Jalan 4/109e, Taman Desa Business Park, 58100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-7971 1113

Website: <https://book.healthland.com.my/about/outlets>

Operating Hours: 11.00 am - 12.00 am (Monday-Sunday)

Sanctum Wellness at EQ

Address: Level 29, EQ, Equatorial Plaza, Jln Sultan Ismail, 50250 Kuala Lumpur

Contact: +603-2789 7872

Website: <https://www.eqkualalumpur.equatorial.com/facilities/sanctum-spa/>

Operating Hours: 6.00 am - 10.00 pm (Monday-Sunday)

The Spa at Mandarin Oriental

Address: Kuala Lumpur City Centre, 50088 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +603-2179 8772

Website: <https://www.mandarinoriental.com/en/kuala-lumpur/petronas-towers/spa>

Operating Hours: 11.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

Sweatspa Great Eastern Mall

Address: 4th Floor, Great Eastern Mall, 303, Jalan Ampang, Desa Pahlawan, 55000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6017-250 6088

Website: <https://www.sweatspa.com/>

Operating Hours: 11.00 am - 8.00 pm (Monday-Sunday)

MY Thai Health and Wellness Centre

Address: 49, Jalan Mega Mendung, Batu 5, Jln Klang Lama, 58200 Kuala Lumpur

Contact: +6019-663 9621

Website: <https://www.instagram.com/mythai.wellness/>

Operating Hours: 12.00 pm - 10.00 pm (Monday-Sunday)

Danai Spa

Address: 9th Floor, 59 Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2201 5293

Website: <https://danaiwellness.com/>

Operating Hours: 10.00 am - 9.00 pm (Tuesday-Sunday) / Closed on Monday

Sabai De Thaiz Family Wellness Centre

Address: 60-G, Block B,, Jalan 5/101 C,, Off Jalan Cheras, Cheras Commercial Centre, 56100 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6017-393 8911

Website: <https://www.facebook.com/sabaidethaiz/>

Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)

Signature Ayu Borneo

Address: No 21-1, 21-2, 21-3 Jalan Solaris 4 Solaris Mont Kiara, Mont Kiara, 50480 Kuala Lumpur

Contact: +603-6205 9999

Website: <https://ayuborneo.com.my/>

Operating Hours: 11.00 am - 12.00 am (Monday-Sunday)

Qhazani Moroccan Spa

Address: T2B-20-05 3 Towers, 349, Jalan Ampang, Kampung Berembang, 55000 Kuala Lumpur, Federal Territory of Kuala Lumpur

Contact: +6012-336 0098

Website: <https://www.qhazanimoroccanspa.com/>

Operating Hours: 10.30 am - 7.30 pm (Monday-Sunday)

Poise Organic Wellness Studio

Address: 319, Jln Sepakat 8, Taman United, 58200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6012-233 0862

Website: <https://www.facebook.com/poiseorganicwellnessstudio>

Operating Hours: 9.00 am - 7.00 pm (Monday-Sunday)

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<http://ayurcentre.com>



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No 109, Jalan Dato Kelana
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Negeri Sembilan
Tel: 606-7676899
Whatsapp: 011-14611129



No 15, Jalan Kilat,
72000 Seremban,
Negeri Sembilan
Tel: 606-7676899
Whatsapp: 011-14611129



MEDICAL HEALTHCARE TOURISM



TAKE CARE OF YOUR HEALTH

INTRODUCTION TO MEDICAL TOURISM

Medical Tourism involves individuals travelling abroad for healthcare. Initially, the term Medical Tourism means people from underdeveloped countries seeking treatment in developed countries. However, more recently, people travel abroad for medical advice due to cost advantages. Different countries may offer varying treatment plans and medication availability based on their healthcare system's financial stability.

Malaysia is renowned for medical tourism due to its cost-effectiveness and high-quality treatments. Many patients choose Malaysia for medical services every year. Malaysia's healthcare system has a dual structure, with government-funded public healthcare and a privatised healthcare system. The government provides subsidised healthcare through public clinics and hospitals, making Malaysia's healthcare system highly regarded.

Malaysia's doctors are professional and well-trained, prioritising patient safety and care. They are among the most trusted professionals in the country. If you're considering medical or cosmetic treatments, Malaysia offers a list of healthcare options to explore.



CENGILD G. I. MEDICAL CENTRE
Centre for Gastrointestinal and Liver Diseases

WE PROVIDE **PROFESSIONAL MEDICAL SERVICES**



Cengild G. I. Medical Centre, established in October 2017, specializes in the treatment of gastrointestinal and liver diseases. It stands as one of Kuala Lumpur's foremost medical facilities, offering high-quality diagnostic and therapeutic services. The centre is staffed with knowledgeable specialists in the fields of gastroenterology, hepatology, and more. Encompassing a total area of 36,580 square feet, our facility 36 beds, 3 endoscopy suites, 2 operating rooms, and state-of-the-art imaging technology for a wide range of medical procedures.

OUR SERVICES

- Endoscopy
- Surgery
- Special Diagnostic
- Radiology
- Emergency Department
- Outpatient Consultation



Follow Us
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<https://www.cengild.com>

+603 2242 7000

Unit 2-3 & 2-4, Nexus @ Bangsar
South, No 7, Jalan Kerinchi,
59200 Kuala Lumpur Malaysia

HEALTHCARE FACILITIES – GOVERNMENT

Institut Perubatan Respiratori

Address: Jalan Pahang, Pekeliling,
53000 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-4023 2966
Website: [https://www.facebook.com/
IPRhl/](https://www.facebook.com/IPRhl/)
Operating Hours: 8.00 am - 5.00 pm
(Monday-Friday) / Closed on Saturday
& Sunday

Kuala Lumpur Health Clinic

Address: Jalan Temerloh, Titiwangsa,
53200 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2618 3200
Website: [https://www.facebook.com/
klinikkesihatanKL/](https://www.facebook.com/klinikkesihatanKL/)
Operating Hours: 8.00 am - 5.00 pm
(Monday-Friday) / Closed on Saturday
& Sunday

Cheras Health Clinic

Address: Jalan Yaacob Latif, Cheras,
56000 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-9133 3322
Website: <https://jknkl.moh.gov.my/>
Operating Hours: 7.30 am - 5.00 pm
(Monday-Friday) / Closed on Saturday
& Sunday

Klinik Kesihatan Sri Rampai

Address: Wisma Rampai, 2-G-43K,
Jalan 34/26, Taman Sri Rampai, 53300
Kuala Lumpur, Wilayah Persekutuan
Kuala Lumpur
Contact: +603-4142 5429
Website: [https://www.facebook.com/
KKTSR/](https://www.facebook.com/KKTSR/)
Operating Hours: 8.00 am - 5.00 pm
(Monday-Friday) / Closed on Saturday
& Sunday

Kuala Lumpur Hospital

Address: Jalan Pahang, 50586 Kuala
Lumpur, Wilayah Persekutuan Kuala
Lumpur
Contact: +603-2615 5555
Website: <http://hkl.moh.gov.my/>
Operating Hours: Open 24 hours

Hospital Tunku Azizah

Address: lot 25, Jalan Raja Muda Abdul
Aziz, Kampung Baru, 50300 Kuala Lumpur,
Wilayah Persekutuan Kuala Lumpur
Contact: +603-2600 3000
Website: [https://www.facebook.com/hos-
pitaltunkuazizah/](https://www.facebook.com/hospitaltunkuazizah/)
Operating Hours: Open 24 hours

Gombak Aborigines Hospital

Address: KM 24, Jln Gombak, 53100
Kuala Lumpur, Wilayah Persekutuan Kuala
Lumpur
Contact: +603-6189 2122
Website: <https://hoag.moh.gov.my/>
Operating Hours: 8.00 am - 5.00 pm
(Monday-Friday) / Closed on Saturday &
Sunday

Petaling Bahagia Health Clinic

Address: 18, Jalan Puchong, Taman Sri
Jati, 58200 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-7782 9355
Website: [https://jknkl.moh.gov.my/index.
php/klinik-kesihatan-petaling-bahagia](https://jknkl.moh.gov.my/index.php/klinik-kesihatan-petaling-bahagia)
Operating Hours: 8.00 am - 1.00 pm, 3.00
pm - 8.00 pm (Monday-Friday) / Closed on
Saturday & Sunday

Tanglin Health Clinic

Address: Jalan Cenderasari, Tasik Perdana,
50480 Kuala Lumpur, Wilayah Persekutuan
Kuala Lumpur
Contact: +603-2698 3311
Website: [https://jknkl.moh.gov.my/index.
php/klinik-kesihatan-tanglin](https://jknkl.moh.gov.my/index.php/klinik-kesihatan-tanglin)
Operating Hours: 8.00 am - 1.00 pm, 2.00
pm - 5.00 pm (Monday-Thursday) / 8.00
am - 12.15pm, 2.45 pm - 5.00 pm (Friday) /
Closed on Saturday & Sunday

Klinik Kesihatan Ibu dan Anak Kuchai Ent. Park

Address: No. 47 & 49, Jalan 10/116B,
Wilayah Persekutuan, 57100 Kuala Lumpur
Contact: +603-7980 1178
Operating Hours: 8.00 am - 6.00 pm
(Monday-Friday) / Closed on Saturday &
Sunday





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Sleep

Do you struggle with falling asleep and staying asleep at night?

PMS

Do you go through mood swing, breast tenderness, and menstrual cramps during your menstrual cycle?

Men's Sexual Health

Do you experience changes in morning erections, such as them being less firm?

Hypertension / Diabetes / Cholesterol

Do you have concerns about needing lifelong medication for conditions like hypertension, diabetes, or high cholesterol, or are there alternatives for prevention and reversal?

Klinik Q @ Balakong

No 19-LG-02, LG Floor, Blok E, Kompleks Komersial Akasa,
Jalan Akasa/Akasa Cheras Selatan, 43300,
Seri Kembangan, Selangor.

Klinik Q @ Kota Damansara

8-G Jalan PJU, 5/21, The Strand @ Kota Damansara,
Petaling Jaya, Malaysia

Klinik Q @ Bangsar

40, Jalan Telawi Lima, Bangsar Baru, 59100 Kuala
Lumpur, Wilayah Persekutuan.

☎ +6012 - 369 8642 • 📍 Klinik Q • 🌐 klinik-q.com

HEALTHCARE FACILITIES – PRIVATE

Prince Court Medical Centre

Address: 39, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2160 0000
 Website: <https://princecourt.com/>
 Operating Hours: Open 24 hours

Gleneagles Hospital Kuala Lumpur

Address: 282, 286 & 288 Block A, B and Medical Office Block, Jln Ampang, 50450 Kuala Lumpur
 Contact: +603-4141 3000
 Website: <https://www.gleneagles.com.my/>
 Operating Hours: Open 24 hours

Pantai Hospital Kuala Lumpur

Address: 8, Jalan Bukit Pantai, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2296 0888
 Website: <https://www.pantai.com.my/kuala-lumpur>
 Operating Hours: Open 24 hours

Global Doctors Hospital

Address: 18, Jln Kiara 3, Mont Kiara, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2303 9911
 Website: <https://globaldoctors.asia/>
 Operating Hours: Open 24 hours

IHEAL Medical Centre

Address: Level 7 & 8, Annexe Block, Menara IGB, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur
 Contact: +603-2287 7398
 Website: <https://ihealmedical.com/>
 Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / 8.00 am - 1.00 pm (Saturday & Sunday)

Columbia Asia Hospital

Address: No. 1, Jalan Danau Saujana, Taman Danau Kota, 53300 Kuala Lumpur
 Contact: +603-4145 9999
 Website: <https://www.columbiaasia.com/malaysia/hospitals/setapak/overview>
 Operating Hours: Open 24 hours

Damansara Specialist Hospital 2

Address: Bukit Lanjan, 60000 Kuala Lumpur
 Contact: +603-7717 3000
 Website: <https://kpjhealth.com.my/damansara2/>
 Operating Hours: Open 24 hours

KMI Taman Desa Medical Centre

Address: Old Klang Road, 45, Jalan Desa, Taman Desa, 58100 Kuala Lumpur
 Contact: +603-7982 6500
 Website: <https://kmihealthcare.com/en/tdmc>
 Operating Hours: Open 24 hours

Tung Shin Hospital Chinese Medical Division

Address: 102, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2037 2288
 Website: <https://www.tungshin.com.my/>
 Operating Hours: Open 24 hours

Sunway Medical Centre Velocity

Address: Pusat Perubatan Sunway Velocity, Lingkaran SV2, Sunway Velocity, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-9772 9191
 Website: <https://www.sunmedvelocity.com.my/en/>
 Operating Hours: Open 24 hours

KPJ Tawakkal KL Specialist Hospital

Address: 1, Jalan Pahang Barat, Pekeliling, 53000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-4026 7777
 Website: <https://kpjhealth.com.my/tawakkal/>
 Operating Hours: Open 24 hours

ZELL-V Wellness Hub

offers Revolutionary Approaches for

Heart Health



Coronary artery disease (CAD) is the biggest killer in the world for the past 15 years, accounting to about 9 million deaths in 2015, according to the World Health Organization (WHO).

Due to inadequate blood supply to the heart, people with CAD often suffer from angina, often described as squeezing, pressure or pain in the chest, spreading to the shoulders, arms, and neck.

In the past, surgery or angioplasty is usually the only option available when a patient fails to respond to medication. Today, the Enhanced External Counterpulsation (EECP) provides an alternative to patients who prefer a non-invasive form of treatment for angina and heart disease.

During the EECp procedure, blood pressure cuffs are wrapped around the patients' legs. These cuffs squeeze and release in sync with the patient's heartbeat, promoting blood flow throughout the body, particularly to the heart. In the process, EECp develops new pathways around blocked arteries in the heart by expanding the network of tiny blood vessels, thereby increasing and normalising blood flow to the heart muscle. For this reason, it is often called the natural bypass.

Numerous clinical trials in the last two decades have shown EECp therapy to be safe and effective for patients with refractory angina with a clinical response rate averaging 70% to 80% sustained up to 5 years. It is shown to improve quality of life and exercise capacity as well as left ventricular function long-term.

"EECP has been approved as a treatment for angina and heart failure by the US Food and Drug Administration (FDA).

ZELL-V Wellness Hub –

The One-Stop Rejuvenation Centre of Asia

ZELL-V Wellness Hub is the first to offer the revolutionary EECp treatment in Malaysia as a part of its integrative approach to heart health. We employ 4 steps – Assessment, Detoxification, Boosting and Rejuvenation – to help people achieve a healthy, quality life.

Methods available to boost heart health include cellular therapy, bio resonance (BR) scan and IV drips with nutrition advice. Cellular therapy supplies the heart with young and active cells to rejuvenate and regenerate weakened heart muscles; BR scan checks the organs and detects health risks; while IV drips normalise blood flow and protect the vascular wall.

Other body, mind and soul services available include: head-to-toe health screenings, innovative holistic therapies, spa and massage, postnatal rejuvenation, skin and breast treatments, etc. A medical advisory board consisting of international and local medical doctors as well as scientists forms a strong core of support for ZELL-V Wellness Hub. Rest assured that you are receiving some of the best treatments available in the region when you come to ZELL-V Wellness Hub.



We are offering Free ECP / EECp Trial for a limited time (T&C apply) at ZELL-V Wellness Hub
For more information [+6012-654 9590](tel:+6012-6549590) [vwellnesscenter](https://www.vwellnesscenter.com) [v-wellness.com](https://www.v-wellness.com)
ZELL-V Wellness Hub : No. 30A, Menara Ruyi, Lorong Kapar, Jln 2/87G, Off Jln Syed Putra, 58000 KL.

KLIDC Kuala Lumpur International Dental Centre

Address: 2nd Floor, 33, Jalan Yap Kwan Seng, Kampung Baru, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2162 5555

Website: <https://www.klidc.com.my/>

Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / 10.00 am - 2.00 pm (Sunday)

Pristine Dental Center

Address: Mid Valley Megamall, S067a, Lingkaran Syed Putra, 59200 Kuala Lumpur

Contact: +603-2287 3782

Website: <https://www.pristinedental.com.my/>

Operating Hours: 9.30 am - 7.00 pm (Monday-Friday) / 9.30 am - 6.00 pm (Saturday & Sunday)

Dr Arasu Dental

Address: 56-1, Jalan Maarof, Bangsar, 59000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2288 1000

Website: <https://www.drarasu.com.my/>

Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

Sim & Hooi Dental Centre

Address: 93-G & 1, Jalan Mega Mendung, Taman United, 58000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-2613 7309

Website: <https://www.shdc.com.my/>

Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

Dentalpro - Dental Specialist Centre

Address: 12, Jalan Sri Semantan 1, Damansara Heights, 50490 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2094 3333

Website: <https://www.dentalpro.org/>

Operating Hours: 9.00 am - 6.00 pm (Monday-Friday) / 9.00 am - 5.00 pm (Sunday)

HEALTHCARE FACILITIES - DENTAL

**Omnia Dental Care**

Address: W.P. G - 01 & M - 01, West Wing, The Icon, No 1, Jalan 1/68F, Off, Jln Tun Razak, 55000 Kuala Lumpur

Contact: +6010-209 0303

Website: <https://omniadental.com.my/>

Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / Closed on Sunday

Damansara Heights Dental Centre

Address: No. 75, Jln Setia Bakti, Bukit Damansara, 50490 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-2618 8309

Website: <https://www.facebook.com/DHDCKL/>

Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

iRaffles Dental Clinic

Address: Suite 1, Level 1, Pines Clubhouse, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur

Contact: +6016-207 8438

Website: <https://www.facebook.com/irafflesdentalclinic/>

Operating Hours: 10.30 am - 7.00 pm (Monday-Saturday) / 10.30 am - 6.00 pm (Sunday)

Alight Dental Care

Address: 28-G, Lot C-1-2 Plaza Usahawan Genting Kelang, Jalan Danau Niaga 1, Setapak, 53300 Kuala Lumpur

Contact: +603-4131 3321

Website: <https://alightdentalcare.com.my/>

Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

Imperial Dental Specialist Centre

Address: 62 & 64, Jalan Telawi, Bangsar, 59100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-9212 0605

Website: <https://imperialdsc.com/>

Operating Hours: 9.00 am - 8.00 pm (Monday-Saturday) / 9.00 am - 6.00 pm (Sunday)

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HEALTHCARE FACILITIES – OPHTHALMOLOGY

Manjit Singh Specialist Eye Centre

Address: GF, 236, Jln Sultan Azlan Shah, 51200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-4044 3033
Operating Hours: 9.30 am - 3.00 pm (Monday-Friday) / 9.00 am - 1.00 pm (Saturday) / Closed on Sunday

Wong Eye Specialist Clinic

Address: No. 70, 2nd Floor, Bangunan Chong Keat, Jalan Pudu, 55100 Kuala Lumpur, 55100
Contact: +603-2070 0654
Operating Hours: 8.30 am - 4.30 pm (Monday, Wednesday-Friday) / 8.30 am - 1.00 pm (Saturday & Tuesday) / Closed on Sunday

Sun Time Vision Specialist

Address: Lot 07-14, Level 07, Berjaya Times Square, 1, Jln Imbi, Imbi, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2110 3967
Website: <https://www.suntime.com.my/>
Operating Hours: 10.00 am - 7.00 pm (Tuesday-Saturday) / Closed on Sunday & Monday

Laser-Pro Eye Center

Address: 57, Jalan Usahawan Kepong, Kepong Wilayah Persekutuan, Jalan Metro Perdana Barat 1, 52100 Kuala Lumpur
Contact: +603-6259 9366
Website: <https://www.facebook.com/LaserProEyeCentreKepong/>
Operating Hours: 8.30 am - 5.30 pm (Monday-Saturday) / Closed on Sunday

Lions Eye Centre

Address: 22, Jalan, Tingkat Tong Shin, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2144 6633
Website: <https://www.facebook.com/p/Lions-Eye-Clinic-Malaysia-100064478871331/>
Operating Hours: 9.00 am - 12.00 pm (Tuesday & Wednesday) / Closed on Thursday-Monday

Vije Eye Clinic & Surgery

Address: 175 & 177, Jln Sultan Azlan Shah, Titiwangsa Sentral, 51200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-4041 4716
Operating Hours: 9.00 am - 1.00 pm, 2.00 pm - 5.00 pm (Monday-Saturday) / Closed on Sunday

Shukri & Hardeep Specialist Eye Centre

Address: 32, Jalan Ipoh, 51200, Kuala Lumpur, Wilayah Persekutuan, 51200
Contact: +603-4041 8877
Operating Hours: 9.00 am - 5.00 pm (Monday-Friday) / 9.00 am - 1.00 pm (Saturday) / Closed on Sunday

IKONIK Eye Specialist and General Health Centre

Address: 9, 10, 11, Residensi Park, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-9765 1368
Website: <https://ikonik-eyecentre.com/>
Operating Hours: 8.30 am - 5.30 pm (Monday-Saturday) / Closed on Sunday

KL Eye Specialist Centre

Address: 73, 73-1, 75, 75, 1, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong, 52100 Kuala Lumpur, Federal Territory of Kuala Lumpur
Contact: +6012-800 5508
Website: <https://kleyecentre.com.my/>
Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)



HEALTHCARE FACILITIES - AESTHETIC & DERMATOLOGY

Astute Clinic

Address: Lot L2-18, 2nd Floor, DC Mall,
Plaza DC, Damansara City, 6, Jalan
Damanlela, 50490 Kuala Lumpur,
Wilayah Persekutuan Kuala Lumpur
Contact: +6012-628 6283
Website: <https://astuteclinic.com/>
Operating Hours: 10.00 am - 7.00 pm
(Monday-Friday) / 10.00 am - 5.00 pm
(Saturday) / Closed on Sunday

HerShe Aesthetic

Address: 5G, Ground Floor, The
Boulevard Office, Lingkaran Syed Putra,
Mid Valley City, 59200 Kuala Lumpur
Contact: +6018-980 3755
Operating Hours: 9.30 am - 10.00 pm
(Monday-Sunday)

Ozhean Clinic

Address: 156, Jalan Maarof, Bangsar,
59000 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +6012-668 8034
Website: <https://ozhean.com.my/>
Operating Hours: 2.00 pm - 7.00 pm
(Monday) / 10.00 am - 7.00 pm
(Tuesday-Saturday) / Closed on Sunday

GEM Clinic

Address: Mid Valley Megamall, Unit
1-1, Mezzanine, Lingkaran Syed Putra,
59200 Kuala Lumpur
Contact: +6012-200 7035
Website: <https://gem.clinic/>
Operating Hours: 10.00 am - 6.00 pm
(Tuesday-Thursday, Saturday) / 10.00
am - 7.00 pm (Monday & Friday) /
Closed on Sunday

ME Clinic

Address: Lot LG-18, Lower Ground
Floor, Berjaya Times Square, No.1, Jln
Imbi, 55100 Kuala Lumpur, Federal
Territory of Kuala Lumpur
Contact: +603-2143 3866
Website: <https://meclinic.com.my/>
Operating Hours: 10.00 am - 7.00 pm
(Monday-Sunday)

M.A.C. Clinic

Address: S117A, 2nd Floor, Bangsar
Shopping Centre, 285, Jalan Maarof,
Bangsar, 59000 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2093 6136
Website: <https://www.mac-clinic.my/>
Operating Hours: 10.00 am - 6.00 pm
(Monday-Friday) / 10.00 am - 2.00 pm
(Saturday) / Closed on Sunday

Kaiteki Skin Aesthetic Clinic

Address: No 5, C-5-G Jalil Link, 2, Jalan
Jalil Perkasa 1, Bukit Jalil, 57000 Kuala
Lumpur
Contact: +6011-3301 7188
Website: <https://www.kaiteki.my/kuala-lumpur.php>
Operating Hours: 10.00 am - 7.00 pm
(Monday-Friday) / 10.00 am - 6.00 pm
(Saturday-Sunday)

EE Clinic(Sri Petaling)

Address: No. 12a, Jln Radin Bagus 8,
Bandar Baru Sri Petaling, 57000 Kuala
Lumpur, Wilayah Persekutuan Kuala
Lumpur
Contact: +6018-908 1800
Website: <https://eeclinic.com/>
Operating Hours: 10.00 am - 7.00 pm
(Monday, Wednesday-Saturday) / 10.00
am - 4.00 pm (Sunday) / Closed on
Tuesday

Glam Skin Aesthetic Clinic

Address: 1-2, Jalan Radin Bagus 1,
Bandar Baru Sri Petaling, 57000 Kuala
Lumpur, Wilayah Persekutuan Kuala
Lumpur
Contact: +6012-916 3976
Website: <https://www.glamskin.com.my/wp/>
Operating Hours: 10.00 am - 8.00 pm
(Monday-Saturday) / 10.00 am - 6.00
pm (Sunday)

Laco Aesthetic Clinic

Address: 8, Jalan Metro Perdana 8,
Taman Usahawan Kepong, 52100 Kuala
Lumpur, Wilayah Persekutuan Kuala
Lumpur
Contact: +6012-328 0606
Website: <https://www.facebook.com/lacoclinic/>
Operating Hours: 10.00 am - 7.00 pm
(Monday-Saturday) / 10.00 am - 6.00
pm (Sunday)

INTRODUCTION TO ACCOMMODATION

Travellers exploring Kuala Lumpur have a wide range of lodging options, spanning from chalets to luxurious five-star hotels. The city offers diverse accommodations, many of which are either in scenic surroundings or near iconic landmarks. Nowadays, there's a growing trend of people offering homestays and Airbnb rentals as hosts in their homes for travellers.

Thanks to the abundance of budget-friendly hotels in Kuala Lumpur, visitors can enjoy a pleasant stay without breaking the bank. Most hotels and resorts in KL offer a variety of lodging choices, often including breakfast in their packages.

Furthermore, Kuala Lumpur boasts a substantial number of hotels designed to cater to both local leisure and business travellers. Some of these places feature communal spaces with arcades, sports courts, and other amenities for those looking to relax and have indoor fun. If you plan on an extended stay, some accommodations may offer discounted rates as well.

Since many hotels adjust their prices based on occupancy levels, it's advisable to regularly check their websites for the latest rates. It's also recommended to book your stay in advance through specific apps or websites to secure a slightly lower rate than the walk-in price. Websites such as Booking.com, Trivago, Traveloka, Agoda, and others can be used to conveniently book your stay in KL weeks or months in advance, saving you time and avoiding queues.



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LUXURY HOTELS/ RESORTS

Mandarin Oriental

Address: Kuala Lumpur City Centre,
50088 Kuala Lumpur, Federal Territory
of Kuala Lumpur
Contact: +603-2380 8888
Website: <https://www.mandarinoriental.com/en/kuala-lumpur/>

Anggun Boutique Hotel & Spa

Address: 9, Tingkat Tong Shin, Bukit
Bintang, 50200 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2145 8003
Website: <http://anggunkl.com/>

Grand Hyatt Kuala Lumpur

Address: 12, Jalan Pinang, Kuala
Lumpur, 50450 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2182 1234
Website: <https://www.hyatt.com/en-US/hotel/malaysia/grand-hyatt-kuala-lumpur/kuagh>

The Majestic Hotel

Address: 5, Jalan Sultan Hishamuddin,
Tasik Perdana, 50000 Kuala Lumpur,
Wilayah Persekutuan Kuala Lumpur
Contact: +603-2785 8000
Website: <https://www.marriott.com/en-us/hotels/kulak-the-majestic-hotel-kuala-lumpur-autograph-collection/overview/>



Alila Bangsar Kuala Lumpur

Address: 58, Jalan Ang Seng,
Brickfields, 50470 Kuala Lumpur,
Wilayah Persekutuan Kuala Lumpur
Contact: +603-2268 3888
Website: <https://www.hyatt.com/en-US/hotel/malaysia/alila-bangsar-kuala-lumpur/kulal>

Hilton Kuala Lumpur

Address: 3, Jalan Stesen Sentral, Kuala
Lumpur Sentral, 50470 Kuala Lumpur,
Wilayah Persekutuan Kuala Lumpur
Contact: +603-2264 2264
Website: <https://www.hilton.com/en/hotels/kulhihi-hilton-kuala-lumpur/>

Shangri-La Kuala Lumpur

Address: 11, Jln Sultan Ismail, Kuala
Lumpur, 50250 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2032 2388
Website: <https://www.shangri-la.com/kualalumpur/shangrila/>

EQ Kuala Lumpur

Address: EQ, Equatorial Plaza, Jln
Sultan Ismail, Kuala Lumpur, 50250
Kuala Lumpur, Wilayah Persekutuan
Kuala Lumpur
Contact: +603-2789 7777
Website: <https://www.eqkualalumpur.equatorial.com/>





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*All prices quoted are subject to an additional 6% government tax.
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No. 1-G-1 Persiaran Bukit Raja 2/KU1, Bandar Baru Klang, 41150 Klang, Selangor Darul Ehsan, Malaysia
T: +603 3311 8888 E: reservations@wyndhamacmarklang.com W: www.wyndhamacmarklang.com

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Amar Klang



De King Boutique Hotel

Address: 160, Jalan Ampang, Kampung Baru, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2633 2888
 Website: <https://dekinghotels-klcc.com/>

YMCA of Kuala Lumpur Hostel

Address: 95, Jalan Padang Belia, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2274 1439
 Website: <https://www.ymcakl.com/>

The Grand Campbell Hotel Kuala Lumpur

Address: Ground Campbell Complex, 98, Jalan Dang Wangi, 50100 Kuala Lumpur
 Contact: +6011-1301 1300
 Website: <https://www.grandcampbell-hotel.com/>

My Hotel@Sentral Brickfields

Address: 1, Jalan Tun Sambanthan 4, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2273 8000

Crystal Crown Hotel Kuala Lumpur

Address: 3, Jalan Jambu Mawar, Jinjang Selatan, 52000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-6259 4422
 Website: <https://www.crystalcrownkl.com/>

Silka Cheras

Address: 100, Jln Cheras, Phoenix Business Park, 56000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-9108 9280
 Website: <https://www.silkahotels.com/index.html>

BUDGET HOTELS/ RESORTS



Festival Boutique Hotel

Address: 32, Jalan 9/23e, Taman Danau Kota, 53300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-4143 6666
 Website: <https://www.facebook.com/festivalboutiquehotel/>

Melange Hotel Bukit Bintang

Address: 14, Jalan Rembia, Bukit Bintang, 50200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2141 8828
 Website: <http://www.melangehotel.com.my/>

Seri Pacific Hotel Kuala Lumpur

Address: Jalan Putra, Chow Kit, 50350 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-4042 5555
 Website: <https://www.seripacifichotel.com/>

Hotel Olympic Malaysia

Address: Hotel Olympic Malaysia, Wisma Ocm, Jalan Hang Jebat, City Centre, 50150 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +6011-1106 4888
 Website: <https://www.hotelolympic.twenty8-group.com/>

Hotel Summer View

Address: 165, Jalan Tun Sambanthan 4, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
 Contact: +603-2260 1818
 Website: <https://www.hotelsummer-view.com/>

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Nowhere Hostel

Address: 95B, Jalan Bangsar, Bangsar,
59200 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +6012-317 9202
Website: <https://www.nowherehostel.com/>

The Travel Hub Guesthouse

Address: 15-1, Jalan Balai Polis, off,
Jalan Petaling, Kuala Lumpur City
Centre, 50000 Kuala Lumpur
Contact: +6012-390 2339
Website: <https://www.travelhubkl.com/>

Leo Backpackers@Central Market

Address: Jalan Hang Kasturi, City
Centre, 50000 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2031 1733
Website: <https://www.leoleisure.com.my/>

Sha La La Hostel

Address: 88, Jln Pudu, Bukit Bintang,
55100 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2070 6266

The 8 Capsule Hotel Bukit Bintang

Address: 62-A, Jln Bukit Bintang, Kuala
Lumpur, 55100 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2110 0055

Riccarton Capsule Hotel

Address: No.G-1, Wisma Q Titiwangsa,
Persiaran Titiwangsa 1, Jalan Pahang,
53000 Kuala Lumpur
Contact: +603-4031 5000
Website: <https://www.riccarton.com.my/>

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Address: 118B, Wilayah Persekutuan,
55100, Jln Bukit Bintang, Bukit Bintang,
55100 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2110 0628
Website: <https://www.travelogue-kl.com/>

Bestow Capsule Hostel

Address: 107, Changkat Thambi Dollah,
Pudu, 55100 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +6018-298 2921
Website: <https://thebestowexperience.com/bestow-hostel-kuala-lumpur>

PODs The Backpackers Home & Cafe

Address: G-6, 30, Jalan
Thambipillay, Brickfields, 50470 Kuala
Lumpur, Federal Territory of Kuala
Lumpur
Contact: +603-2276 0858
Website: <https://www.podsbackpacker.com/>

**Senja Hostel Kuala Lumpur@
Chinatown**

Address: 60-1, Jalan Hang Kasturi, City
Centre, 50050 Kuala Lumpur, Wilayah
Persekutuan Kuala Lumpur
Contact: +603-2022 0658
Website: <https://senjahostelchinatown.business.site/>



DAY 1 TRAVEL ITINERARY

7.30AM- Ho Kow Hainam Kopitiam

Ho Kow Hainam Kopitiam is a well-known kopitiam in KL and it is always crowded, especially during the weekends and in the mornings. This is a classic kopitiam as they serve delicious breakfast dishes. This kopitiam is a multinational kopitiam where you get to see many different backgrounds of people eating together. Therefore, the kopitiam gives off a harmonious and warm environment.

Address: 1, Jalan Balai Polis, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Website: <https://www.facebook.com/HoKowHainamKopitiam>

Operating Hours: 7.30 am - 2.30 pm (Tuesday-Friday) / 7.30 am - 3.00 pm (Saturday & Sunday) / Closed on Monday

9AM- Petronas Twin Towers Observation Deck

You are able to visit the 88-storey skyscraper and look at the spectacular view of KL city from the observation deck on Level 83. Enjoy a 360° view of Kuala Lumpur from 450 metres above the ground! When you are in Kuala Lumpur, going up the tallest twin towers in the world is definitely a must-do activity here!

Address: Petronas Twin Towers, Floor 86, Persiaran Petronas, Kuala Lumpur City Centre, 50088 Kuala Lumpur

Contact: +603-2331 8080

Website: <https://www.petronastwintowers.com.my/admission-and-ticketing/>

Operating Hours: 9.00 am - 9.00 pm (Tuesday-Sunday) / Closed on Monday

10.30AM- Aquaria

Modern aquarium Aquaria KLCC is located on the concourse level of the Kuala Lumpur Convention Centre. A wonderful display featuring 5,000 exhibits of both terrestrial and aquatic life is called Aquaria. The aquatic life in this underwater habitat called Aquaria at KLCC would undoubtedly be appealing to kids. While strolling through the underwater tunnel, you can see a variety of marine life.

Address: Kuala Lumpur Convention Centre, Jalan Pinang, Kuala Lumpur City Centre, 50088 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2333 1888

Website: <https://aquariaklcc.com/>

Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)

2PM- Dataran Merdeka/River of Life

KL's most well-known landmark is Merdeka Square. Visit the Merdeka Square, where a sizable field with immaculately kept green lawns and a centrepiece with the highest flagpole in the world proudly bearing the Jalur Gemilang (Malaysian flag). The field that now makes up Merdeka Square, which is situated at the intersection of Jalan Tuanku Abdul Rahman and Jalan Raja Laut. The River of Life is conveniently situated just behind the Sultan Abdul Samad Building, hence it is a must-visit location as well.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Operating Hours: Open 24 hours

DAY 1 TRAVEL ITINERARY

3PM- National Mosque (Masjid Negara)

The 1963-built National Mosque of Malaysia is also a must-visit when you are in KL. The mosque is now seen as a key symbol of Malaysia, an Islamic country. Some 15,000 people may fit in the mosque, which is encircled by a 13-acre tract of lush greenery. The mosque's two primary features are its 73-meter-high minarets and its main concrete roof, which is designed like a 16-pointed star. The mosque's architecture transmits a number of meanings. For instance, the main roof was inspired by the image of an open umbrella, while the minarets were modelled after a folded umbrella.

Address: Jalan Perdana, 50480 Kuala Lumpur

Contact: +603-2693 7905

Website: <https://masjidnegara.gov.my/ms/>

Opening Hours: 6:30 am - 4 :00 pm, 5:30 pm - 7:00 pm (Monday-Sunday)

4.30PM- Islamic Arts Museum

The Islamic Arts Museum Malaysia, located in Kuala Lumpur, is a museum dedicated to displaying Islamic arts and crafts. It was officially inaugurated on December 12, 1998. This museum holds the distinction of being the largest Islamic arts museum in Southeast Asia, featuring over seven thousand Islamic artifacts from various parts of the world. Visiting this museum will give insights on how the beauty of Islam is.

Address: Islamic Arts Museum Malaysia, Jalan Lembah, Tasik Perdana, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2092 7070

Operating Hours : 9.30 am - 6.00 pm (Monday-Sunday)

7PM- Atmosphere 360

Have a hearty dinner at Atmosphere 360 Restaurant, located at the tallest telecommunications tower in Southeast Asia. It is a modern and elegant revolving restaurant 282-meters above ground. This is the perfect spot to enjoy a fancy dinner and catch a stunning panoramic landscape view of Kuala Lumpur city from above.

Address: TH02, Menara Kuala Lumpur, 2, Jalan Puncak, 50250 Kuala Lumpur

Contact: +603-2020 2020

Website: <https://atmosphere360.com.my/>

Operating Hours: 12.00 pm - 10.00 pm (Monday-Sunday)

9PM- Pudu Glutton Street Night Market

At Pudu Glutton Street Night Market, you are able to find good and cheap local favourite street food. Besides that, there are also many local food stalls offering a wide variety of delicious local food ranging from traditional to modern cuisines.

Address: Jalan Sayur, Pudu, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-1168 7607

Operating Hours: 4.30 pm - 10.00 pm (Tuesday-Sunday) / Closed on Monday

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Selected Universities & Colleges in Klang Valley



DAY 2 TRAV

8AM- KL Forest Eco Park

The KL Forest Eco Park offers a range of free attractions for visitors to enjoy. You can camp, hike, and even engage in some educational activities. One of the most impressive highlights of the park is the Instagrammable canopy walk, which provides stunning views of the nearby skyscrapers from its 200-meter height.

Address: Lot 240, Jalan Raja Chulan, Bukit Kewangan, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +603-2020 1606

Website: <https://www.forestry.gov.my/index.php/en/wp-kuala-lumpur/taman-eko-rimba-kuala-lumpur>

Operating Hours: 8.00 am - 5.30 pm (Saturday-Thursday) / Closed on Friday

10AM- Upside Down House

KL Tower features the unique Kuala Lumpur Upside Down House, the city's tallest of its kind. This two-story English cottage, located near family-friendly attractions, offers an unforgettable experience with all its furniture and decor upside down. Inside, you'll discover intriguing photo spots, including an upside-down vintage car, and an upside-down garden with gazebos that provide city views. It's a place that will delight visitors of all ages.

Address: Off, Jalan P Ramlee, &, Jalan Puncak, 50250 Kuala Lumpur

Contact: +603-2020 5444

Website: <https://www.facebook.com/klupsideup/>

Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)

11AM- Kedai Kopi Lai Foong

A well-known eatery with humble stalls, Kedai Kopi Lai Foong serves a variety of Chinese dishes. This restaurant is just within walking distance of the iconic Central Market. The enormous bowl of noodles stuffed to the brim with fresh lala is this restaurant's most well-known dish.

Address: 138, Jalan Tun H S Lee, City Centre, 50050 Kuala Lumpur

Contact: +603-2072 8123

Website: <https://www.facebook.com/laifoongbeefnoodlerestaurantkl/>

Operating Hours: 6.30 am - 4.30 pm (Monday-Sunday)

1PM-Central Market

Head over to Central Market to find some fascinating antiques and gems. The Central Market in Kuala Lumpur is the perfect venue to find authentic Malaysian culture and tradition. With its modest beginnings as a wet market in 1888, it has grown into a lovely location. Inside, there are many stores selling regional handicrafts, textiles, souvenirs, collectibles, and eateries are housed in the gorgeous art-deco building.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur

Contact: +603-2031 0399

Website: <http://www.centralmarket.com.my/about.php>

Operating Hours: 10.00 am - 8.00 pm (Monday-Sunday)

EL ITINERARY

3PM- Chinatown (Petaling Street)

The Chinatown in KL, popularly known as Petaling Street, is a must-visit location when you are in the city. As you walk along Petaling Street, you will see stalls and shops on both sides. It includes a wide range of products, including apparel, footwear, accessories, many regional specialties, and more. The prices of everything on Petaling Street are quite affordable when compared to buying at boutiques. As a result, this is the ideal location for you to go shopping. The majority of the goods on Petaling Street are knockoffs of well-known brands that are offered at low prices. Most of the stalls allow customers to try to haggle as well.

Address: Jalan Petaling, City Centre, 50000 Kuala Lumpur

Contact: +603-2032 5988

Operating Hours: 8.00 am - 8.00 pm (Monday-Sunday)

6PM- REX KL

Check out this old cinema that has transformed into a hipster hangout place! REXKL comprises food stalls, bars, an antique store, a bookstore and an event space. The rustic interior of the building makes every spot look Instagrammable!

Address: 80, Jalan Sultan, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Website: <https://www.rexkl.com/>

Operating Hours: 8.30 am - 10.00 pm (Monday-Thursday) / 8.30 am - 12.00 am (Friday-Sunday)

8PM- Jalan Alor

Head over to Jalan Alor, a bustling street filled with food stalls and seafood restaurants. It's a popular dining spot in the Golden Triangle, very close to Changkat Bukit Bintang. Locals often call it KL's food paradise because it offers everyday street food, unlike the more upscale areas nearby. There's so much food here that you can't try everything in just one day.

Address: 21, Jalan Alor, Bukit Bintang, 50200 Kuala Lumpur

Operating Hours: Open 24 Hours

10PM- Changkat Bukit Bintang

Changkat sits right at the shopping heart of Kuala Lumpur, Bukit Bintang. Kuala Lumpur's night scene is anything but dull. Stand-up comedy, foreign film screenings and open mic nights are just a few of the events you can find in this city. Changkat Bukit Bintang is the best place in KL for you to hang out and experience the KL nightlife.

Address: Bukit Bintang, Kuala Lumpur

EXPLORING PASAR SENI AREA



Pasar Seni, also known as Central Market, is located in the heart of Old KL or downtown KL. It has a long history dating back to 1888 when it started as a wet market. Today, it's a fantastic place to explore Malaysian culture, arts, and crafts. The beauty of Pasar Seni shines through its art-deco building and charming streets that resemble traditional Malaysian shophouses. It's the top spot to shop for authentic Malaysian souvenirs and get to know more about the Malaysian arts and culture.

Getting to Pasar Seni is easy with public transport. The Pasar Seni Bus Hub serves as a major hub for RapidKL buses in Kuala Lumpur and the Klang Valley. You can also reach it via the LRT and MRT trains at Pasar Seni station. And if you're a fan of shopping and art, you'll love the nearby markets around Petaling Street.

Around the Pasar Seni area, you'll find various places offering a wide variety of attractions and things to do. There's so much to explore around Pasar Seni, and we're here to tell you about other interesting places to visit in the area!

10 MUST-DO ACTIVITIES AND ATTRACTION

1. Shop for Malaysian Handicrafts at Pasar Seni/Central Market & Nearby

Find some fascinating antiquities and gems by visiting the Central Market, commonly known as Pasar Seni. The Central Market in Kuala Lumpur is the perfect venue for showcasing genuine Malaysian culture and tradition. With its modest beginnings as a wet market in 1888, it has grown into a lovely location. More than 300 stores selling regional handicrafts, textiles, souvenirs, collectibles, and eateries are housed in the gorgeous art-deco building.

Malaysia Tidbits & Dry Fruits

Address: 113, Jalan Petaling, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6012-662 1123
Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)

KL Grand Bazaar

Address: 48, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6016-712 5300
Website: <https://www.klgrandbazaar.com/>
Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)

2. Walk along Petaling Street

While Petaling Street is well known as one of the shopping paradises in Kuala Lumpur, it is also known for hawker food. It still houses some of the oldest street-food stalls in Malaysia. If you want to enjoy the classic flavours of this country's diverse cuisine head there before the peak hours (or after, which very rocks your boat).

Address: Jalan Petaling, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Opening Hours: 24 Hours

The Basket Shop

Address: 10, Jalan Panggong, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2078 4863
Website: <https://www.thebasketshop.com.my/>
Operating Hours: 9.30 am - 5.00 pm (Monday-Friday) / 9.30 am - 4.00 pm (Saturday) / Closed on Sunday

3. OOTD in Kwai Chai Hong

Kwai Chai Hong, situated in Kuala Lumpur's Chinatown, is a charming heritage alley adorned with interactive murals. It's a must-visit location in KL, offering numerous Instagram-worthy spots for your photographs.

Address: Lorong Panggung, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6012-316 6212
Website: <https://www.kwaichaihong.com/>
Operating Hours: 9.00 am - 12.00 am (Monday-Sunday)

4. Cultural Hub at RexKL

RexKL is where an old cinema has transformed into a hipster hangout place! REXKL comprises food stalls, bars, an antique store, a bookstore and an event space. The rustic interior of the building makes every spot look Instagrammable!

Address: 80, Jalan Sultan, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Website: <https://www.rexkl.com/>
Operating Hours: 8.30 am - 10.00 pm (Monday-Thursday) / 8.30 am - 12.00 am (Friday-Sunday)





5. Cafe Hopping

Are you looking for some aesthetically pleasing cafes in Kuala Lumpur to go on a cafe hopping trip? Fret not, Pasar Seni area has a number of Instagrammable cafes. We will be sharing with you some of the cafes that can be found in the Pasar Seni area that are Instagram-worthy.

Vintage 1988

Address: 34, Jalan Sultan, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-5982 7882

Website: https://www.instagram.com/v88_chinatown/

Operating Hours: 11.00 am - 9.00 pm (Monday-Sunday)

Kafei Dian Jalan Panggong

Address: 16, Jalan Panggong, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6011-1019 3159

Operating Hours: 7.30 am - 10.00 pm (Monday, Wednesday-Sunday) / 7.30 am - 5.30 pm (Tuesday)

6. Experience Batik Painting at Aina Artwork (Central Market)

Channel your inner creative side and have an interesting activity of batik painting workshop to do with your friends or family. You will get to choose your own batik design and experience learning how to use the Batik Canting to paint using different colouring techniques.

Address: Lot 1.03A Ground floor, central market annexe, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur

Contact: +6014-717 7208

Website: https://www.instagram.com/batik_ainnaartwork/

Operating Hours: 10.30 am - 7.00 pm (Monday-Sunday)



Lagula by The Hungry Tapir

Address: G-02, Ground Floor, Four Points Hotel by Sheraton, 2, Jalan Balai Polis, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-6096 7726

Website: <https://www.instagram.com/lagulabytapir/>

Operating Hours: 10.00 am - 6.00 pm (Sunday-Thursday) / 10.00 am - 12.00 am (Friday & Saturday) / Closed on Tuesday

7. Visit the Sri Maha Mariamman Temple

When you're in Chinatown, a must-visit is the Sri Maha Mariamman Temple, Kuala Lumpur's oldest Hindu temple. Originally built in 1873 and reconstructed in 1968, it features an impressive five-tiered "Raja Gopuram" tower at the entrance. You can't afford to miss this temple in KL, adorned with captivating religious carvings and sculptures.

Address: Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2078 5325

Operating Hours: 6.00 am - 8.30 pm (Sunday, Tuesday-Thursday) / 6.00 am - 8.00 pm (Monday) / 6.00 am - 9.30 pm (Friday) / 6.00 am - 9.00 pm (Saturday)



8. Get Your Own Caricatures at Central Market

Have a unique caricature portrait created just for you, only at Central Market. Skilled artists at the market can paint a fun and personalised caricature, whether it's of you or any design you prefer. With a variety of styles to choose from, you can select the perfect caricature that suits your taste and personality. It's a delightful way to capture a memorable keepsake during your visit to Kuala Lumpur.



9. Visit the Illusion 3D Art Museum

Make sure to explore the Magic Art 3D Museum on your visit. As the name implies, this museum is dedicated to breathtaking 3D art. These larger-than-life creations are meticulously crafted by a team of skilled artists, infusing significant cultural elements. The immersive scale of these artworks allows you to step right into the scenes and become a part of the picture!

Address: Lot 4.01-4.03, Second Floor
Central Market Annexe, Jalan Hang
Kasturi, City Centre, 50050 Kuala Lumpur
Contact: +603-2022 1613
Website: <https://illusion3dart.com/>
Operating Hours: 10.00 am - 6.00 pm
(Monday-Sunday)



10. Visit the Art Museum called Art

House Gallery Museum of Ethnic Arts
The Art House Gallery Museum of Ethnic Arts, located in Central Market, is a museum that showcases various arts and crafts from all over Asia. Each exhibit has its own uniqueness and it also includes a brief explanation of its origin as well as its history.

Address: Lot 3.04 & 3.05, Level 2, Annexe
Building, Central Market, 10,, Jalan Hang
Kasturi, 50050 Kuala Lumpur
Contact: +6012-388 6868
Website: <https://www.facebook.com/ahg12345/>
Operating Hours: 11.00 am - 7.00 pm
(Monday-Sunday)



BEYOND KUALA LUMPUR



Beyond the vibrant city of Kuala Lumpur lie several interesting destinations that are a must-visit for those seeking a break from the hustle and bustle. The best part? These must-visit places are all within an easy hour and a half journey from the city center.

Kuala Lumpur is the centre of the Malaysian urban conurbation known as Klang Valley, which also includes neighbouring towns and cities in the state of Selangor. Both of them are adjacent to Greater Kuala Lumpur, despite certain variances. From the Klang Valley's geographic limits, the Titiwangsa Mountains to the north and east, and the Strait of Malacca to the west. Semenyih is in the southeast, Rawang is in the northwest, Klang and Port Klang are in the southwest. The commercial industry of Malaysia is centred in the metropolitan area. We will be going into detail and share with you all the must-visit places in Klang Valley based on each region starting from its Northern Region, Central Region to the Southern Region.

We will be providing lists of various places for you to plan and venture out of the hustle and bustle of KL city. The areas beyond Kuala Lumpur that we are going to cover in this issue are mainly in the Greater Klang Valley. These lovely areas are known for their exquisite nature, exciting theme parks, coastal beaches as well as delectable cuisines, making them a must-visit site for locals and foreign tourists.

So, join us on a journey as we explore these hidden gems and uncover the treasures that await you in the Greater Klang Valley. It's time to step outside the city and embrace the wonders that lie beyond Kuala Lumpur's bustling streets.



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NORTHERN REGION



Let's kick off our journey beyond Kuala Lumpur by heading north, where you can explore captivating areas within an hour and a half from the city. Make your way to Sekinchan, Tg Karang, Sabak Bernam, Hulu Selangor, Kuala Kubu Bharu, Kuala Selangor, Puncak Alam, and Jeram, where you'll discover an abundance of natural treasures. These places are a haven for nature enthusiasts looking to escape the bustling city of Kuala Lumpur and immerse themselves in the beauty of the mountains.

HISTORICAL SITES & MUSEUMS

Historical Sites

Altinsburg Lighthouse

The Kuala Selangor Lighthouse was formerly known as Altinsburg Lighthouse and it is located at the peak of Melawati Hill. This spectacular monument was built in 1907 to replace the original building that was built when the Dutch conquered the area two centuries before. It is a double-storied tower with a height of 27m with a concrete foundation and a cast-iron corridor. Hike up to the peak of Melawati Hill to enjoy the historic lighthouse and the scenic view of the ocean on one end and the green treetops on the other.

Address: 45000 Kuala Selangor, Selangor
Operating Hours: Open 24 hours

Kuala Selangor War Memorial

Kuala Selangor War Memorial is a memorial built by the British to honour the volunteer battalions and Malay regiment during the events that took place in World War II. The memorial is located at the roundabout for Jalan Keramat Tanjong in Kuala Selangor.

Address: 2A, Jalan Sultan Ibrahim, Kuala Selangor, 45000 Kuala Selangor, Selangor
Operating Hours: Open 24 hours



NORTHERN REGION

MUSEUMS

Paddy Museum

The Sekinchan Paddy Museum is one of Sekinchan's must-visit tourist attractions. A small museum is located inside the factory where you can learn and gain knowledge about how paddy fields are created and how their seeds are processed into rice. In addition to the museum, there is also a paddy field gallery located on the first floor. It is a place surrounded by scenic views of rice fields.

Address: 45400 Sekinchan, Selangor
Contact: +6016-205 6558
Operating Hours: 9.00 am - 5.30 pm
(Monday-Sunday)

Sabak Bernam Museum

The Sabak Bernam Museum is a small museum next to the district library in Sabak Bernam. The museum has agricultural and aquaculture exhibits dedicated to the process of fishing and rice cultivation. The museum also houses various historical treasures from the Sabak Bernam area.

Address: Jalan Raja Chulan, Pekan Sabak Bernam, 45200 Sabak, Selangor
Contact: +603-3216 5586
Operating Hours: 9.30 am - 5.30 pm
(Monday-Sunday)



ECO TOURISM

Blue Tears

The Blue Tears Kuala Selangor is where you can witness luminescent blue waves phenomenon. The glowing waters are caused by algae called 'dinoflagellates' which produce glowing blue light when there is motion in the water. You can only see the glowing water when it is dark, hence take a boat ride at night to see the water lit up by blue phosphorescence. Experience cruising through the water with the magical waves underneath.

Address: 10 Jalan Feri Lama, Jalan Bagan Pasir, Bagan Pasir Penampang, 45000 Kuala Selangor

Website: <https://www.kuala-selangor.com/kuala-selangor-attraction/blue-tears-kuala-selangor.html>



Kuala Selangor Firefly

Kuala Selangor Fireflies is where you can watch countless fireflies that flashes synchronously. You will be going on an evening boat trip through a mangrove to experience the magnificent view of fireflies. It is one of the tourist attractions in Kuala Selangor, hence there will be a queue in order to take turns for the boat ride. You will also be equipped with life jackets during the boat ride. Don't forget to use your low light feature on your camera to capture the twinkling lights of the fireflies.

Address: Jalan Club, Kampung Kuantan, 45000 Kuala Selangor, Selangor

Operating Hours: 7.45 pm - 10.30 pm (Monday-Sunday)

Eagle Feeding

Have an enjoyable experience by going on a short boat trip to the river mouth and witness the beauty of eagles and birds swooping down to the surface of the water to catch their food. It's a magnificent sight to have eagles circling so close to you, and it's a terrific way to conclude a day with classic fishing islanders. Hence, don't forget to join as it is a very unique experience when you are visiting Klang Valley.

Address: No 1, Jalan Bagan Sungai Yu, Pasir Penampang, 45000 Kuala Selangor, Selangor

Contact: +6019-668 8828

Website: <https://skymirror-ks.business.site/>

Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)



AGRO TOURISM



Selangor Fruits Valley

The Selangor Fruits Valley is the best place to have a family outing especially those with children. This is where you can enjoy the fresh air and beautiful scenery of fruit trees all around. Besides, there are also animals such as rabbits, deers, goats and so on; you will get a chance to feed and hold the animals as well. The place offers various activities for visitors to experience including learning the process of producing salted eggs and actually making them. They also provide tram rides to have a tour around the valley. If you go for a visit during the weekends, you could get fruits for free!

Address: KM7, Jalan Batang Berjuntai, Batu Arang, Rawang, 45600 Berjuntai Bestari, Selangor
 Contact: +6016-688 0792
 Website: <https://selangorfruitvalley.my/>
 Operating Hours: 9am-4pm (Saturday-Thursday) / Closed on Friday

Kampung Kuantan Fireflies Park

You are able to observe numerous fireflies that flash in unison at Kampung Kuantan Fireflies Park. You will be taking a boat ride through a mangrove in the evening to see the amazing display of fireflies. There will be a queue to take turns riding in the boat since it is one of Kuala Selangor's tourist attractions. During the boat trip, life jackets will also be provided. Don't forget to utilise your camera's low-light setting to catch the fireflies' flashing lights.

Address: Kampung Kuantan, 45000 Bestari Jaya, Selangor
 Contact: +603-3289 1439
 Operating Hours: 7.45 pm - 10.30 pm (Monday-Sunday)

Sekinchan Agro Farm

Witness deers in their natural habitat at the Sekinchan Agro Farm. When you visit the farm, you can also feed the deer. Take the opportunity to feed the deers and take pictures with them! This is a great place to bring the children to meet and pet the animals while learning about them.

Address: Lorong Salam, Kampung Baru Parit 5, 45400 Sekinchan, Selangor
 Contact: +6018-772 4295
 Website: <https://www.facebook.com/sekinchanagrofarm/>

Sekinchan Coconut Farm

One of the best places for you to purchase fresh coconut water is the Sekinchan Coconut Farm. One of their best-selling items is the coconut shake, and there are also vendors selling a variety of other foods. Sit in a hammock under the coconut palms and quench your thirst with their refreshing coconut water

Address: Jalan Tali Air 4, 45400 Sekinchan, Selangor
 Contact: +6017-745 1263



AGRO TOURISM

Ladang Teh Sekinchan

Ladang Teh Sekinchan is not your typical tea garden, as the tea trees planted at Sekinchan Tea Farm are a variety of lemon myrtle. In actuality, at 5.4 acres, it is the first lemon myrtle orchard established outside of Australia. To strengthen the immune system and serve as a potent antioxidant, lemon myrtle is frequently included in herbal teas.

Address: Ban 2, Lot 16281 Jalan Parit Pakat, Jalan Tali Air 6, Sungai Leman, 45400 Sekinchan, Selangor
 Contact: +6017-661 9547
 Website: <https://organiclemonmyrtleplantations.com/>
 Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

World of Phalaenopsis

World of Phalaenopsis is a stunning farm with a wide range of orchids. In this 6-hectare farm near Ulu Yam, lovely phalaenopsis are still expanding. You will be in awe of the variety of stunning orchids when you enter this orchid garden. Phalaenopsis, sometimes referred to as "moth orchid", can survive without much water. You can buy them to give your house a pop of colour as well.

Address: 1017, Jln Batang Kali - Hulu Yam Bharu, Kampung Sungai Kamin, 44300 Batang Kali, Selangor
 Contact: +603-6075 1133
 Website: <http://www.waltextbiotec.com/>
 Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)



Laman Tebu Aidil

One of the top tourist destinations in the Sabak Bernam District is Laman Tebu Aidil. In this store, you can sip sour and sweet sugar cane liquor while taking in the breathtaking scenery. Also, you can consume a wide variety of meals in this place. Remember to snap stunning photos for the 'gram'.

Address: Kampung Parit Empat, 45300 Sungai Besar, Selangor
 Contact: +6019-253 1566
 Website: <https://www.facebook.com/Laman-tebu-Aidil-103938058226710/>
 Operating Hours: 11.30 am - 7.30 pm (Thursday-Monday) / Closed on Tuesday & Wednesday

Mango King

When you are in Sekinchan, you really must stop by this location since they sell mangoes and other local food. Savour their mango shake beverage and their fresh mango fruit, which can reach palm-sized mangoes. You can satisfy your mango cravings here as well.

Address: 248, Lorong Empat, 45400 Sekinchan, Selangor
 Contact: +6019-303 9406
 Website: <https://www.facebook.com/pages/Mango-King-Sekinchan/547055168792346>
 Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



EXTREME SPORTS

Adren X Park

Located in Kuala Kubu Bharu, Adren X Park offers a variety of extreme sports to get you adrenaline and blood pumping. The park offers a variety of activities such as ATV, bungee jumping and flying squirrels. The staff and guides will also ensure your safety and will guide you on what to do.

Address: Yellow Cabin, Jalan 55, KKB - Fraser, 44000 Kuala Kubu Baru, Selangor
Contact: +6019-800 4674

Website: <https://www.facebook.com/rent-asadventures/>

Operating Hours: 10.00 am - 6.30 pm (Saturday-Monday, Thursday) / 10.00 am - 12.00 pm, 2.30 pm - 6.30 pm (Friday) / Closed on Tuesday & Wednesday

Xventure Mind Whitewater Rafting

Experience whitewater rafting on the Hulu Selangor River with a starting point not far from Selangor Dam. Speed along the riverbanks and tranquil forest with white water rafting and end your rafting adventures with a breathtaking view of nature. Xtreme Adventure (Xventure) Rafting offers a variety of outdoor adventures in the Kuala Kubu Baru region in addition to whitewater rafting.

Address: Jalan Kampung Gerachi, 44000 Kuala Kubu Baru, Selangor
Contact: +6012-465 3307

Website: <http://www.malaysia-whitewater-rafting.com/>

Operation Hours: 9.00 am - 4.00 pm (Monday-Sunday)

Water Rafting Kuala Kubu Bahru by Projek Outdoor

Go on a water rafting excursion, which costs RM180 per person and is only an hour from KL. You get to gain experience and be able to face your fears. This is due to the fact that the river's intense current and turbulence is the thrilling part of it. When you raft for seven kilometres along the river, you can also take in mother nature's beauty through the river's flow and hillside scenery.

Address: Projek Outdoor-Starting Point Water Rafting KKB, Kampung Gerachi, 44000 Kuala Kubu Bahru, Selangor
Contact: +6019-513 4193

Website: <https://www.malaysia-whitewater-rafting.com/>

Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)



EXTREME SPORTS



KKB Paragliding Park

Soar through the sky and enjoy the scenery from up above by paragliding at Kuala Kubu Bharu Paragliding Park. You would be spending seven to nine minutes in the air with complete and safe equipment that is needed for paragliding. You are also able to record a video using Go-Pro flight video and keep the recording for your memories as well!

Address: Taman Millenium Sports Complex, Jalan Ampang Pechah, 44000 Kuala Kubu Bharu, Selangor

Contact: +6019-219 1144

Website: <https://www.facebook.com/KKBParaglidingPark>

Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



Water Tubing KKB

Escape the hustle and bustle of the city and enjoy river tubing at a lush forest approximately an hour away from KL which is at The Sticks. Cruise down the river and float along the banks with the tubes while enjoying the beauty of nature. You just need to pay for a damage deposit for each tube that is borrowed; to ensure safe-keeping of the tubes.

Address: Lot 213 Jalan KKB - Fraser's Hill, 44000 Kuala Kubu Baru, Selangor

Website: <https://thesticks.my/>

Operating Hours: 9.00 am - 9.00 pm (Monday-Sunday)



Fun Ride ATV

Have an exciting ATV ride with your friends and explore new areas on rough terrain with Fun Ride ATV. Additionally, it can give an adrenaline rush comparable to that of other extreme sports. Apart from that, you can get to release stress by having some fun with the ATV ride at Tanjung Karang.

Address: Kampung Bendang Gemilang, 45500 Tanjung Karang, Selangor

Contact: +6019-216 1620

Opening Hours: 8.00am - 10.00pm (Monday - Sunday)



SEAFOOD – MENTARANG

Aji Mentarang Bakar

Address: Kampung Sungai Leman, 45400 Sekinchan, Selangor
 Contact: +6011-1151 5254
 Website: <https://www.facebook.com/AjiMentarangBakar/>
 Operating Hours: 11.00 am - 9.00 pm (Thursday-Tuesday) / Closed on Wednesday

AZR Mentarang Fresh Sekinchan

Address: Lot 8659C, Jalan Parit 8, Kampung Sungai Leman, 45400 Sekinchan, Selangor
 Contact: +6017-859 6328
 Website: <https://www.facebook.com/azrmentarangfreshsekinchan/>
 Operating Hours: 11.00 am - 7.00 pm (Monday-Sunday)

Faridah Mentarang Bakar

Address: Pasir Panjang, 45400 Sekinchan, Selangor
 Contact: +6016-696 5982
 Website: <https://www.facebook.com/faridahmentarangbakar/>
 Operating Hours: 10.00 am - 5.00 pm (Tuesday-Sunday) / Closed on Monday

Ketam Merah Cabin

Address: 12, Jalan Parit 2 Sungai Burung, Kampung Sungai Burung, 45400 Tanjong Karang, Selangor
 Website: <https://www.facebook.com/KetamMerahCabin/>
 Operating Hours: 3.00 pm - 10.00 pm (Tuesday-Friday) / 12.00 pm - 10.00 pm (Saturday & Sunday) / Closed on Monday

Warung Amai Mentarang

Address: Jalan lapis, 1, Jalan Tali Air 7, Kampung Sungai Leman, 45400 Sekinchan, Selangor
 Contact: +6017-331 7109
 Website: <https://www.facebook.com/Warung-Amai-Mentarang-108002840987779/>
 Operating Hours: 6.30 am - 10.00 pm (Tuesday-Saturday) / 10.00 am - 10.00 pm (Sunday) / Closed on Monday

Abah Bonda Ikan Bakar

Address: Jln Kuala Selangor-Teluk Intan, Kampung Sungai Leman, 45400 Sekinchan, Selangor
 Contact: +6011-6961 4512
 Website: <https://www.facebook.com/pages/category/Restaurant/Abah-Bonda-Ikan-Bakar-Sekinchan-116068206776209/>
 Operating Hours: 10.00 am - 4.00 pm, 5.30 pm - 11.30pm (Monday-Sunday) / Closed on Tuesday

Restoran Seafood D'Bondang

Address: Lot 3919, Jalan Sawah Ban Site B, 45400 Sekinchan, Selangor
 Contact: +603-3241 0338
 Website: <https://seafooddbendang.com.my/>
 Operating Hours: 11.00 am - 2.30 pm, 6.00 pm - 10.30 pm (Monday-Saturday) / 11.00 am - 9.30 pm (Sunday)

Chinese Muslim Seafood Taste by Dika

Address: Lot 10357, Jalan Air Tali 5, 45400 Sekinchan, Selangor
 Contact: +60 13-329 6707
 Website: <https://www.facebook.com/29chinese.muslim.seafood/>
 Operating Hours: 12.00 pm - 4.00 pm, 6.00 pm - 10.30 pm (Tuesday-Friday) / 12.00 pm - 11.00 pm (Saturday & Sunday) / Closed on Monday



MALAY

Mee Bandung Udang Seaview

Mee Bandung Udang Seaview serves a special bowl of mee bandung udang that is very tasty. The prawns used for their signature mee udang dish are all big in size and are fresh and sweet. The foods served here are delicious and in good portions. Have a delicious bowl of mee bandung udang while enjoying the breath-taking seaview.

Address: Pantai batu 23 sg nibong, 45400 Sekinchan, Selangor
 Contact: +6011-3900 7454
 Website:
 Operating Hours: 12.30 pm - 10.30 pm (Monday) / 12.00 pm - 10.30 pm (Tuesday-Sunday)



Nasi Goreng Melimpah

In Kuala Selangor, by the roadside, is where you'll find this Nasi Goreng Melimpah restaurant. The name 'melimpah' means 'overflow'. You can select from a variety of fried rice as well. Actually, two or three people can share each dish as it is a big portion for each dish. If you are unable to complete your meal, they offer containers and cutlery so that you can carry your food with you.

Address: Masjid Jamiul Hasanat Kampung Tengah, Kampung Sungai Sireh Batu Sebelas, 45500 Tanjung Karang, Selangor
 Contact: +6019-394 6220
 Website: <https://nasigorengmelimpahviral.business.site/>
 Operating Hours: 12.00 pm - 10.00 pm (Tuesday-Sunday) / Closed on Monday



Gerei Nasi Lemak Cik Misah

This stall called Gerei Nasi Lemak Cik Misah has been operating since 1992. It is located in Sungai Besar and it is one of the best nasi lemak stalls in Sungai Besar. Since it is one of the best nasi lemak stalls, there will always be a crowd as you need to queue if you want to purchase their nasi lemak. The sambal is what makes the nasi lemak tastes good, as it gives a spicy taste with some texture to it.

Address: 5054, Jalan Indah 4, Taman Indah, 45300 Sungai Besar, Selangor
 Contact: +6017-847 0911
 Website: <https://www.facebook.com/nasilemakcikmisah/>
 Operating Hours: 7.00 am - 11.00 am (Monday-Saturday) / Closed on Sunday



CHINESE



Restoran Xiang Qing

Restoran Xiang Qing is one of the best Chinese-style seafood restaurants in Sekinchan. They serve delicious seafood with a very reasonable price as well. Their dishes are top-notch as they use fresh ingredients. The price for their seafood dishes are actually affordable and cheaper in comparison to the city centre restaurants.

Address: 123, Jalan Pasar, Pekan Sekinchan, 45400 Sekinchan, Selangor
Contact: +6010-983 7088
Website: <https://www.facebook.com/xqseafood/>
Operating hours: 5.30 pm - 9.00 pm (Monday, Tuesday, Thursday & Friday) / 11.30 am - 8.30 pm (Saturday & Sunday) / Closed on Wednesday

Restaurant 98

Restaurant 98 is a non-halal Asian Chinese restaurant that is open for lunch and dinner. If you feel like having Chinese cuisine dishes, this restaurant is one of the must visit restaurants when you are in Kuala Kubu Baru and as it is famous among the locals. They serve tasty food with a reasonable price as well.

Address: 33 & 34, Jalan Dato Balai, Kampung Tun Abdul Razak, 44000 Kuala Kubu Baru, Selangor
Contact: +603-6064 1198
Website: <https://www.facebook.com/restaurantninetynine/>
Operating hours: 12.00 pm - 9.00 pm (Tuesday-Sunday) / Closed on Monday

Ririhuat Kopitiam

Stop by this Ririhuat Kopitiam for some delicious breakfast at Sekinchan while enjoying the peaceful ambience of the surroundings. Their signature specialty is the Lor Mai Zhu as it tastes delicious and it is highly recommended to try. They also serve a wide variety of other tasty kopitiam food as well. Don't forget to visit when you are in Sekinchan.

Address: 153, Jalan Radin, Pekan Sekinchan, 45400 Sekinchan, Selangor
Contact: +6013-315 9901
Operating hours: 7.30 am - 4.30 pm (Saturday-Wednesday) / 7.30 am - 3.30 pm (Friday) / Closed on Thursday

Swee Yen Restaurant

Swee Yen Restaurant is where you can find good quality noodles and most of the local favourites dishes. Do expect the place to be crowded as it serves the best Ulu Yam favourites in the area. Overall, this restaurant is a good place to dine in with your family to enjoy some delicious noodles.

Address: No. 38 Jalan Besar, Hulu Yam Lama, 44300 Batang Kali, Selangor
Contact: +603-6075 1125
Website: <https://swee-yen-restaurant.business.site/>
Operating hours: 10.00 am - 7.00 pm (Thursday-Tuesday) / Closed on Wednesday



INDIAN

Restoran Kamalasvathy

Address: Simpang Tiga Ijok, 45000 Bestari Jaya, Selangor
Operating Hours: 7.00 am - 12.00 am (Monday-Sunday)

Restoran Asmaas Nasi Kandar

Address: No15, Jln Dataran Suria 15/7, Bandar Puncak Alam, 42300 Kuala Selangor, Selangor
Contact: +6017-328 7861
Website: <https://vizdine.com/asmaas/>
Operating Hours: 6.00 am - 11.00 pm (Monday-Sunday)

Karisma Curry House

Address: Lot No 1278 Jalan Kalabakan, Taman Feri, 45200 Sabak, Selangor
Contact: +6017-375 5388
Website: <https://m.facebook.com/Karisma-CURRY-HOUSE-257995501363593/>
Operating Hours: 6.30 am - 12.00 pm (Monday-Sunday)



Restoran Ferozpur Curry House

Address: No. 18, Jalan Dato Muda Jaafar, Pekan Kuala Kubu Bharu, 44000 Kuala Kubu Baru, Selangor
Contact: +603-6064 4110
Website: <https://www.facebook.com/kkb-ferozpurcurryhouse/>
Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)

BNS Maju Curry House

Address: Lorong Naluri Sukma B8/B, Bandar Puncak Alam, 45010 Bandar Puncak Alam, Selangor
Website: <https://www.facebook.com/pages/BSN-Maju-Curry-House/2106628206054690>
Operating Hours: 8.00 am - 8.00 pm (Monday-Sunday)



Restoran Al-Kenchana

Address: Kampung Sungai Gulang Gulang, 45500 Tanjung Karang, Selangor
Contact: +603-3269 8093
Website: <https://facebook.com/pages/Restorent-Al-Kenchana/203612226329394>
Operating Hours: Open 24 hours

Restoran VPP MESS

Address: 49, Jalan Besar, Pekan Sekinchan, 45400 Sekinchan, Selangor
Contact: +6019-293 3330
Operating Hours: 6.00 am - 12.00 am (Monday-Sunday)

Restoran Sri Kassim

Address: 1610,, 1600, Jalan Bunga Siantan, Taman Gembira, 45300 Sungai Besar, Selangor
Contact: +603-3224 8161
Website: <https://www.facebook.com/RestoranSriKassim/>
Operating Hours: 8.00 am - 12.00 am (Monday-Sunday)

INTRODUCTION TO CENTRAL REGION

Venture just a short drive west or east beyond Kuala Lumpur, and you'll find a wide range of enchanting destinations within a short 1.5-hour drive. Explore areas like Klang, Shah Alam, Subang Jaya, Petaling Jaya, Gombak, Rawang, Ampang, Ulu Kelang, Cheras, Kajang, Bangi, Semenyih, Puchong, and Seri Kembangan. These areas offer a haven for nature lovers, allowing you to escape and take a short break from the city's hustle and bustle. Enjoy the beauty of the outdoors while savouring diverse cuisines, discovering intriguing spots, and enjoying a wide range of activities just a stone's throw away from KL.

HISTORICAL SITES & MUSEUMS

Sultan Abdul Aziz Royal Gallery

The Sultan Abdul Aziz Royal Gallery honours Sultan Salahuddin Abdul Aziz Shah, the former sultan of Selangor. From his early years up until his appointment as the eight Sultan of Selangor in 1960 and as the eleventh Yang di-Pertuan Agong in 2001, the gallery gives visitors a glimpse into the life of the late Sultan Salahuddin Abdul Aziz Shah. In the Royal Collections sections, there are other exhibitions that span from his personal collections to reproductions of Selangor's royal jewels.

Address: Jalan Stesen, Kawasan 1, 41000 Klang, Selangor
 Contact: +603-3373 6500
 Website: <http://www.galeridiraja.com/>
 Operating Hours: 10.00 am - 5.00 pm
 (Tuesday-Sunday) / Closed on Monday



Istana Puteri Bongsu UKM

The Istana Puteri Bongsu was relocated from its original location, Jalan Mahmood at Kota Bharu Kelantan, and is now found in Taman Pantun, UKM. It was once owned by Sultan Ahmad's youngest princess. It was constructed in 1906, making it 116 years old, and it contains three different engraving patterns: Chinese, Malay, and Islamic. During the early 20th century, the structure was regarded as the architectural legacy of Kelantan state.

Address: 43650 Bangi, Selangor
 Contact: +603-8921 5280
 Website: <https://www.ukm.my/atma/>

Kajang Heritage Centre

Approximately 300 historical objects, images, and documents pertaining to Kajang town are housed in the Kajang Heritage Center. Kajang has a 200-year-old history and legacy that are interesting to explore. Additionally, it provides a three-hour guided tour of Kajang for RM30 for adults and RM15 for seniors and students.

Address: 39, Jalan Mendaling, Bandar Kajang, 43000 Kajang, Selangor
 Contact: +6012-2601115
 Operating Hours: 10.00 am - 5.00 pm



Muzium Warisan Melayu UPM

Muzium Warisan Melayu, a museum showcasing artefacts and information about the rich legacy of the Malay population, is located on the campus of University Putra Malaysia. Along with traditional clothing, tools, and household goods, these include antique Jawi writings on religion, medicine, warfare, and mathematics. Additionally, there are four century-old, uniquely designed traditional Malay homes outdoors that can be entered.

Address: Fakulti Bahasa Moden dan Komunikasi, University Putra Malaysia, 43400 Serdang, Selangor
 Contact: +603-9769 8939/ +603-8946 8939
 Website: <https://muziumwarisanmelayu.upm.edu.my/>
 Operating Hours: 10.00 am - 5.00 pm
 (Monday-Friday)

Bukit Jelutong Eco Community Park

Bukit Jelutong Eco Community Park is a great place for animal lovers as it offers the opportunity to interact and feed the animals. Animals are very easily approachable as they are friendly. There are plenty of activities that you can enjoy while being surrounded by nature, such as picnics, camping, and hiking that even beginners can enjoy. There is a lake surrounded by greenery in the park, which relaxes the mind.

Address: Jalan Lelangit U8/45, Bukit Jelutong, 40150 Shah Alam, Selangor
Website: <https://www.facebook.com/BukitJelutongEcoCommunity>
Operating Hours: 7.00 am - 7.00 pm (Monday-Sunday)



Taman Botani Negara

Spend a weekend with friends and family here at the Botanical Gardens by doing a variety of activities like biking, hiking, or just taking a walk in the park to enjoy nature. There are also fun activities you can do when you are there such as kayaking, archery and flying foxes. Entry is RM3 per person to explore the natural beauty of Taman Botani Negara Shah Alam.

Address: 4000, Taman Pertanian Malaysia, 40170 Shah Alam, Selangor
Contact: +603-5510 7048
Website: <http://www.tbnsa.gov.my/>
Operating Hours: 7.30 am - 4.30 pm (Tuesday-Sunday) / Closed on Monday



ECO TOURISM

Sungai Tekala Recreational Forest

Enjoy Sungai Tekala Recreational Forest's natural splendour to the fullest. For those who enjoy the outdoors, it is one of Semenyih's hidden treasures. Visitors of all ages are welcome at this waterfall, so bring your friends and family along for the trip. The recreational forest also allows for camping and picnicking. Additionally, they offer restrooms, changing rooms, and other practical amenities. The surroundings of the forest are stunning and soothing as well.

Address: Semenyih, Selangor
Contact: +603-2616 4488
Operating Hours: 8.00 am - 6.00 pm (Monday-Sunday)

Batangsi River Waterfalls

Have a productive weekend with your loved ones at the Batangsi River Waterfalls while relaxing your mind surrounded by the beauty of nature. This place is suitable to camp and swim in natural swimming pools of the waterfall. There are also hiking trails if you want to hike to the top waterfall as well; be prepared for a challenging hike to the top!

Address: Semenyih, Selangor
Contact: +6011-2118 3240

AGRO TOURISM

Selangor Fruits Valley SFV

The Selangor Fruits Valley is the best place to have a family outing especially those with children. This is where you can enjoy the fresh air and beautiful scenery of fruit trees all around. Besides, there are also animals such as rabbits, deers, goats and so on; you will get a chance to feed and hold the animals as well. The place offers various activities for visitors to experience including learning the process of producing salted eggs and actually making them. They also provide tram rides to have a tour around the valley. If you go for a visit during the weekends, you could get fruits for free!

Address: KM7, Jalan Batang Berjuntai, Batu Arang, Rawang, 45600 Berjuntai Bestari, Selangor
Contact: +6016-688 0792
Website: <https://selangorfruitvalley.my/>
Operating Hours: 9am-4pm (Saturday-Thursday) / Closed on Friday



Farm Fresh UPM

Universiti Putra Malaysia is home to the cattle farm known as The Acre Farm Fresh. It has emerged as Klang Valley's newest tourism destination. A stunning picturesque vista can be seen in the surrounding area. Along with the cattle, you can also observe other agricultural animals including deer, turkeys, and bunnies. They also offered a few kiosks, including a cafe, a veggie stand, an educational kiosk, and a stand for ice cream. Aside from that, you can also engage in other activities at the farm, such as riding a tractor, a horse, or a mini train.

Address: Jalan Maklumat, 43400 Serdang, Selangor
Website: <https://www.farmfresh.com.my/experience/>
Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10am-10pm (Saturday & Sunday) / Closed on Monday



Saudagar Nanas Agrofarm

In Kajang's Sungai Merab neighbourhood is the Saudagar Pineapple Agrofarm. Pineapple is the main ingredient in every dish and beverage provided. They provide a variety of refreshments, including pineapple cupcakes, nasi lemak with pineapple sambal, pineapple juice, and curry puffs with pineapple filling. You can stroll through the pineapple farm as well. From the cafe's hilltop vantage point, you get to see the town of Kajang.

Address: Lot 3000 Kg Sg Merab Luar, 43000 Kajang, Selangor
Contact: +6010-2882987
Website: <https://www.facebook.com/saudagar.nanas>
Operating Hours: 7.30 am - 6.00 pm (Saturday-Thursday) / Closed on Friday

Zipline Shah Alam

Fly above Shah Alam Lake on a zipline. You can enjoy the captivating view of the lake from the summit while ziplining. For your personal protection, the staff will provide all of the equipment, which is safe. Since it is one of the most affordable ziplines in the Klang Valley, we highly recommend you to try out.

Address: Persiaran Tasik, Seksyen 14, 40000 Shah Alam, Selangor
Contact: +6011-2980 1801
Website: <https://ziplineshahalam.com.my/>
Operating Hours: 9.30 am - 6.30 pm (Monday-Friday) / 8.30 am - 6.30 pm (Saturday & Sunday)



X Park Sunway Serene

X Park Sunway Serene is an indoor go kart track that is located in Petaling Jaya. Since it is an indoor track, you can come at any time of the day without having to worry about the scorching sun. Experience having a go kart race and be fast and furious with your friends and family at X Park Sunway Serene!

Address: 1, Jalan SS8/6, 47300 Petaling Jaya, Selangor
Contact: +6012-9736300
Website: <https://www.xparkmalaysia.com/>
Operating Hours: 2.00 pm - 10.00 pm (Tuesday-Friday) / 10.00 am - 10.00 pm (Saturday-Sunday) / Closed on Monday

EXTREME SPORTS

Escape PJ

At Escape PJ, channel your inner child by having fun and escape the sedentary city life. Here are a few of the numerous thrilling and interactive games and rides that are available here, each specially designed to mimic a favourite childhood activity such as aerobat, airbag, atan's leap, banana flip, coco climb, jumping jack, slingshot, and zoombug.

Address: No.1, Jalan SS7/ 26A GB-07, Boulevard, Level G, Paradigm Mall, Ss 7, 47301 Petaling Jaya, Selangor
Website: <https://www.escape.my/pj>
Operation Hours: 10.00 am - 8.00 pm (Monday-Sunday)



WINDLAB Indoor Skydiving

A 14,000-foot outdoor skydive is replicated by WINDLAB Indoor Skydiving. Anyone who has ever desired to fly is welcome to visit 1 Utama and feel what it's like to fly. Without a plane or a parachute, indoor skydiving replicates the freefall portion of outdoor skydiving. With the assistance of our knowledgeable instructors, simply lean into the wind and take off. You can simulate skydiving in the chamber's foundation, which is a trampoline floor made of aircraft-grade stainless steel, with wind speeds of up to 250 km/h.

Address: S601, 1 Utama E, 1 Utama Shopping Centre 1, Lebuhr Bandar Utama, PJU6, Bandar Utama, 47800 Petaling Jaya, Selangor
Contact: +6012-224 4342
Website: <https://www.windlab.my/>
Operation Hours: 10.00 am - 10.00 pm (Monday-Sunday)

THEME PARKS

i-City

If you are looking for a one-stop amusement centre that offers diverse experiences, head over to I-City Theme Park. It is divided into three main areas which comprise the -8 degrees SnoWalk that was constructed with the help of renowned ice sculptors, City of Digital Lights that is decorated with 1 million multicoloured LED lights and Water World with the first tornado ride in South East Asia.

Address: D-1-G, Jalan Multimedia 7/Ah, I-City, 40000 Shah Alam, Selangor
 Contact: +603-5521 8877
 Website: <https://www.osod.i-city.my/>
 Operation Hours: 11.00 am - 12.00 pm (Monday-Thursday) / 11.00 am - 1.00 am (Friday-Sunday)



Sunway Lagoon

On 88 acres of land, Sunway Lagoon is home to nearly 90 attractions that are all different yet equally enjoyable. Its six adventure zones include the Water Park, Amusement Park, Wildlife Park, Extreme Park, Scream Park, and Nickelodeon Lost Lagoon. In the centre of Sunway Lagoon, camping is also permitted on-site. In addition, the theme park's new Sunway Lagoon Night Park allows visitors to have an enjoyable time at night!

Address: 3, Jalan PJS 11/11, Bandar Sunway, 47500 Petaling Jaya, Selangor
 Contact: +603-5639 0000
 Website: <https://sunwaylagoon.com/>
 Operation Hours: 10.00 am - 6.00 pm (Monday-Sunday) / Closed on Tuesday



Restoran Teratak Nogori

Restoran Teratak Nogori serves authentic Malay delicacies, specifically Negeri Sembilan cuisine. If you like Malay food, this is the perfect place to go as the food served there is delicious. We really do recommend you to come early in the morning to enjoy their breakfast with Minang styles.

Address: No 58 blok E Gerai MPS,
Kampung Melayu Batu 16, 48000
Rawang, Selangor
Contact: +6011-3133 1440
Website: [https://restoran-teratak-nogori.
business.site/](https://restoran-teratak-nogori.business.site/)
Operating Hours: 7.00 am - 3.00 pm
(Tuesday-Sunday) / Closed on Monday

Restoran Gulai Panas

Head over to Restoran Gulai Panas for some delicious yet affordable dishes! They serve various authentic 'masakan kampung' dishes which will make you miss your hometown! The dishes served are in generous portions as well. We highly recommend you to visit this restaurant, especially during lunch!

Address: 24A, Jln Suarasa 8/5, Tun
Hussein Onn, 43200 Cheras, Selangor
Contact: +6013-261 4446
Website: [https://www.facebook.
com/pages/Restoran-Gulai-Panas-
BTHQ/171412849678254](https://www.facebook.com/pages/Restoran-Gulai-Panas-BTHQ/171412849678254)
Operating Hours: 11.00 am - 11.00 pm
(Monday-Sunday)

**Restoran Hatinie**

Restoran Hatinie has a wide variety of food selection, particularly Kelantanese cuisines; you will be spoilt for choice! This is the best place to get local Malay food in Shah Alam. All of the food served at Restoran Hatinie are delicious and reasonably priced as well.

Address: 18 & 20, Jalan Selendang 10/10,
Seksyen 10, 40100 Shah Alam, Selangor
Contact: +6019-266 7810
Website: <https://www.hatinie.com/>
Operating Hours: 7.00 am - 6.00 pm
(Monday-Sunday)

Village Park Restaurant

Village Park Restaurant is known to have the 'greatest nasi lemak in town'. Nasi lemak is a popular dish in Malaysia, therefore a great nasi lemak should feature rich, fragrant rice, sweet-spicy sambal, and crispy, juicy fried chicken. Their nasi lemak was delicious, smelled great, and looked great. As you take a bite, you get to savour the tasty, fluffy, and light rice. Additionally, the fried chicken was tender and crunchy, making the calories well worth it.

Address: 5, Jalan SS 21/37, Damansara
Utama, 47400 Petaling Jaya, Selangor
Contact: +6012-273 8438
Website: [https://www.face-
book.com/Village-Park-Restau-
rant-1639483826264341/](https://www.facebook.com/Village-Park-Restaurant-1639483826264341/)
Operating Hours: 6.30 am - 5.30 pm
(Monday - Sunday)

CHINESE

Seng Huat Bak Kut Teh

The bak kut teh in Seng Huat Bak Kut Teh gives off a very old school taste as it is cooked with perfection. The herbal soup tastes delicious and the meat is soft and tender as it is easy to eat. The quality of the bak kut teh is top-notch and it is highly recommended to try this flavourful dish when you visit Klang.

Address: 9, Jalan Besar, Kawasan 1,
41000 Klang, Selangor

Contact: +6012-309 8303

Website: <https://www.facebook.com/senghuatbkt>

Operating Hours: 7.30 am - 1.00 pm, 5.30 pm - 8.00 pm (Monday-Friday) / 7.30 am - 12.30 pm, 5.30 pm - 8.00 pm (Saturday & Sunday)

Restoran Green View

Restoran Green View is a Chinese restaurant that serves various seafood dishes in Petaling Jaya. This is a must-try seafood restaurant if you are planning on eating Chinese-style seafood dishes. The prices are also reasonable especially if you are dining in with a big group of family or friends.

Address: No.8, Jln 19/3, Seksyen 19,
46300 Petaling Jaya, Selangor

Contact: +6016-312 3523

Website: <https://www.restorangreenview.com/>

Operating Hours: 11.00am - 10.00pm



Oriental Pavilion

Oriental Pavilion is a fine dining restaurant that specialises in Cantonese cuisine with a modern twist to it. This is the perfect place to dine in with your friends or family especially in big groups as the place is spacious and cosy. They can also provide a nice private room with big tables upon requests. The authentic Cantonese cuisines served here are delicious, hence we highly recommend you to try.

Address: 13, Jalan Professor Khoo Kay Kim, Pjs 13, 46200 Petaling Jaya, Selangor

Contact: +603-7956 9288

Website: <https://www.orientalrestaurants.com.my/oriental-pavilion/>

Operating Hours: 11.00am - 3.00pm, 6.00pm - 8.00pm (Monday - Saturday) ; 10.00am - 3.00pm , 6.00pm - 8.00pm (Sunday)

Mee Tarik Warisan Asli

Mee Tarik Warisan Asli is a halal noodle shop that specialises in the renowned Chinese-style Mee Tarik which means 'pulled noodles'. There are extensive choices on the menu with a comfortable ambience. You are able to enjoy a hearty meal of delicious and freshly pulled noodles.

Address: 50 38, Jalan Medan Pusat 2c, Seksyen 9, 43650 Bandar Baru Bangi, Selangor

Contact: +603-8925 9909

Website: <https://www.facebook.com/MeeTarikMalaysia/>

Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)



Big Singh Chapati@SS15

The greatest spot to eat delicious, authentic Indian Food is Big Singh Chapati. If you like to indulge in spicy food, it is advised that you check out this eatery. This restaurant serves superb chapati in addition to its well-known mutton curry. This dish will be served with potatoes, a hearty dhal, and a flavourful curry.

Address: 41, Jalan SS 15/5a, Ss 15, 47500 Subang Jaya, Selangor
Contact: +6016-224 71 29
Website: <https://www.facebook.com/bigsinghchapati/>
Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)

Acha Curry House

Try out famous Banana Leaf Rice with Crab Curry and Salted Fish Curry, stay for their Deep Fried Ikan Tenggiri, Sambal Ikan Bilis, and Deep Fried Bitter Gourd, and finish with an icy cold Mango Lassi at Petaling Jaya's Acha Curry House. In addition to offering Crab Curry and Salted Fish Curry, which are not common at all curry houses, Acha Curry House is renowned for having some of the best banana leaf rice in KL and PJ. So, if you want to avoid the crowds, come over and have lunch early.

Address: 42, Jalan SS 2/4a, SS 2, 47300 Petaling Jaya, Selangor
Contact: +6012-339 2728
Website: <https://www.facebook.com/pages/Achas-Curry-House/343489002399409>
Operating Hours: 10.30 am - 4.30 pm (Monday - Sunday)



Restaurant Basil Leaves

Try out delicious and authentic Indian cuisine at Restaurant Basil Leaves at Kajang! This family-friendly restaurant serves a wide variety of dishes for you to choose from. They are one of the best restaurants that serve authentic Indian dishes in Kajang! If you're a vegetarian, they offer various vegetarian dishes as well.

Address: 85G & 87G, Kajang Dispersal Link Expy, Taman Kajang Sentral, 43000 Kajang, Selangor
Contact: +603-8739 9415
Website: <http://basilkajang.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

India Gate Restaurant

One of the well-known Indian eateries in Puchong is the India Gate Restaurant. This restaurant boasts a stunning interior as well as an excellent and relaxing atmosphere. Their customer service is excellent as well; the waiters frequently check on each table and inquire as to whether we need anything. We strongly advise you to visit this restaurant and savour the greatest and most delectable Indian foods there if you haven't tried it yet.

Address: 2-G, Jalan Puteri 1/5, Bandar Puteri, 47100 Puchong, Selangor
Contact: +6018-969 4929
Website: <http://www.indiagate.my/>
Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)



OTHERS

Grub By Ahong & Friends

Address: 608, Jalan 17/10, Seksyen 17,
46400 Petaling Jaya, Selangor
Contact: +6014-607 2983

Website: <https://www.facebook.com/hongmasterchef/>

Operating Hours: 11.00 am - 9.30 pm
(Tuesday-Sunday) / Closed on Monday

Bistro A Table

Address: 6, Jalan 17/54, Seksyen 17,
46400 Petaling Jaya, Selangor
Contact: +603-7931 2831

Website: <https://bistroatable.com/>

Operating Hours: 12.00 pm - 3.00 pm,
6.00 pm - 10.00 pm (Monday-Sunday)

Fatty Crab Restaurant

Address: 2, Jalan SS 24/13, Taman
Megah, 47301 Petaling Jaya, Selangor
Contact: +603-7804 5758

Website: <https://www.facebook.com/fattycrabmalaysia/>

Operating Hours: 4.00 pm - 9.30 pm
(Tuesday-Sunday) / Closed on Monday

Hausgrill Steamboat Cheese Klang

Address: Lorong Kota Raja 8, Kawasan 1,
41000 Klang, Selangor

Contact: +6017-768 2115

Website: <https://www.facebook.com/Hausgrillsteamboatcheese/>

Operating Hours: 5.00 pm - 11.00 pm
(Tuesday-Sunday) / Closed on Monday

Gold Chili

Address: 5, Jalan SS 15/8b, Ss 15, 47500
Subang Jaya, Selangor

Contact: +6016-909 9873

Website: <https://www.facebook.com/goldchilimalaysia/>

Operating Hours: 11.00 am - 11.00 pm
(Monday-Sunday)

Upstairs Cafe

Address: 1st, 12A, Jalan SS 12/1, Ss 12,
47500 Subang Jaya, Selangor

Contact: +603-5611 1950

Website: <https://www.facebook.com/pages/Upstairs-Cafe/258851430870905>

Operating Hours: 2.00 pm - 10.00 pm
(Monday-Saturday) / Closed on Sunday

Pho King

Address: 153, Jalan SS 2/6, SS 2, 47300
Petaling Jaya, Selangor

Contact: +603-7865 3290

Website: <https://www.facebook.com/phokingkl>

Operating Hours: 12.00 pm - 9.00 pm
(Friday-Wednesday) / Closed on Thursday

Royal Hadramawt Restaurant

Address: Lot GB, Plaza Flamingo, No.2,
Tasik Ampang Jaya, 68000 Ampang
Jaya, Selangor

Contact: +603-4265 6464

Website: <https://www.facebook.com/Royalhadramawt/>

Operating Hours: 11.00 am - 11.55 pm
(Monday-Sunday)

Chalet Suisse Restaurant

Address: No.C11-1, Jalan 1 & Jalan
Ampang Utama 1/1, One Ampang
Avenue, 68000 Ampang, Selangor

Contact: +603-4252 4589

Website: <https://chaletsuisse.com.my/>

Operating Hours: 5.30 pm - 10.00 pm
(Tuesday-Sunday) / Closed on Monday

Salam 1 Cafe

Address: 51, Jalan Inai 2, Bukit Berun-
tung, 48300 Rawang, Selangor

Contact: +603-6028 1161

Website: <https://www.facebook.com/pages/Salam-1-Cafe-Bkt-Beruntung/153513754718267>

Operating Hours: 6.00 am - 12.30 am
(Monday-Sunday)



NIGHTLIFE

BARS & PUBS

The Barrel's Irish Bar

Address: No 32, 7, Jalan Kasuarina 11, Bandar Botanik, 41200 Klang, Selangor
Contact: +6019-377 7060
Website: <https://www.facebook.com/thebarrelirishbar/>
Operating Hours: 12.00 pm - 1.00 am (Sunday-Friday) / 12.00 pm - 2.00 am (Saturday)

On Line Pub

Address: No. 32, Jalan SS 20/10, Damansara Kim, 47400 Petaling Jaya, Selangor
Contact: +603-7728 0532
Website: <https://www.instagram.com/online.pub/>
Operating Hours: 4.00 pm - 1.00 am (Monday-Friday) / 5.00 pm - 1.00 am (Saturday) / Closed on Sunday

Hangover PJ

Address: D-37-01, DATARAN 3 TWO, 2, Jalan 19/1, 46300 Petaling Jaya, Selangor
Contact: +6012-248 2098
Website: <https://www.facebook.com/hangoverpj/>
Operating Hours: 3.00 pm - 1.00 am (Monday to Sunday)

The Locker & Loft

Address: 40A, Jalan SS 20/10, Damansara Kim, 47400 Petaling Jaya, Selangor
Contact: +6017-377 3766
Website: <https://www.facebook.com/lockerandloft>
Operating Hours: 5.00 pm - 1.00 am (Monday to Sunday)



Tom Dick & Harry Oasis Square

Address: R-13A, Jalan PJU 1A/7A, Central Piazza Oasis, Ara Damansara, Jalan PJU 1A/7, Taipan 2 Damansara, 47600 Petaling Jaya, Selangor
Contact: +603-7859 7858
Website: <https://www.facebook.com/pages/Tom-Dick-and-Harrys-at-Oasis-Damansara/284115805107000>
Operating Hours: 4.00 pm - 12.00 am (Monday-Sunday)

The Great Beer Bar

Address: 86, Jalan SS 21/62, Damansara Utama, 47400 Petaling Jaya, Selangor
Contact: +603-77315946
Website: <https://www.facebook.com/TheGreatBeerBar/>
Operating Hours: 2.00 pm - 12.00 am (Monday-Sunday)

Mandolin Restaurant & Bar

Address: Plaza Glomac, B-11-1, Jalan SS 7/19, 47301 Petaling Jaya, Selangor
Contact: +6012-366 1839
Website: <https://www.facebook.com/mandolinbarmy>
Operating Hours: 3.00 pm - 1.00 am (Monday-Thursday) / 3.00 pm - 3.00 am (Friday & Saturday) / 3.00 pm - 12.00 am (Sunday)

Main Harbour Kitchen+Bar

Address: 2, Jalan USJ 21/7, Usj 21, 47630 Subang Jaya, Selangor
Contact: +603-5888 9173
Website: <https://www.facebook.com/mainharbour/>
Operating Hours: 2.30 pm - 1.30 am (Monday-Sunday)



LIVE ENTERTAINMENT

The Peace Karaoke & Cafe

Address: N 0, S 107-116, 2nd Floor
 Centro Mall, 8, Jalan Batu Tiga Lama,
 41300 Klang, Selangor
Contact: +603-3359 1998
Website: <https://www.facebook.com/peacekaraokeandcafe/>
Operating Hours: 11.00 am - 3.00 am
 (Monday-Sunday)



Karaoke Manekineko

Address: Lot L3-02B & 21, Central I-City
 Shopping Centre. 1, Persiaran Multimedia,
 Seksyen 7, Jalan Plumbum 7/102, I-city,
 40000 Shah Alam, Selangor
Contact: +603-5523 6320
Website: <https://karaokemanekineko.my/>
Operating Hours: 11.00 am - 11.30 pm
 (Monday-Sunday)



Merdekarya

Address: 352 First Floor, Jalan 5/57, Bukit
 Gasing, 46000 Petaling Jaya, Selangor
Contact: +6018-661 4553
Website: <https://www.merdekarya.com/>
Operating Hours: 7.00 pm - 1.00 am
 (Monday-Sunday)

Aloha Karaoke Sunway

Address: Aloha the sunshine karaoke Lot
 OB2-LG1-01, Lower Level 1 Oasis Boul-
 verd 2, Sunway Pyramid, Bandar Sunway,
 46150 Petaling Jaya, Selangor
Contact: +603-5633 6669
Website: <https://linktr.ee/Alohakaraoke-sunway>
Operating Hours: 11.00 am - 3.00 am
 (Monday-Sunday)





SOUTHERN REGION

Continuing our journey from Kuala Lumpur, let's head south, where you can explore charming areas within 1.5 hours of the city. Travel to Kuala Langat, Morib, Banting, Sepang, Cyberjaya, Putrajaya, Nilai, Seremban, Seremban 2, Port Dickson, Lukut, and you'll uncover an abundance of enticing destinations. These spots are a haven for travel enthusiasts seeking a peaceful escape from the city's hustle and bustle, offering a delightful mix of diverse culinary experiences, intriguing attractions, and engaging activities, all conveniently close to Kuala Lumpur.

HISTORICAL SITES & MUSEUMS

Istana Bandar

Sultan Ala'eddin Sulaiman Shah Ibni Al-Marhum Raja Muda Musa (the fifth Sultan of Selangor), ordered the construction of the beautiful Istana Bandar. The structure, also known as Istana Alae'ddin, served as his residence up until his passing in 1938. Prior to independence, it then served as the administrative hub for the Selangor administration before becoming a centre for crafts and religion. The double-storey mansion, which is constructed of chengal wood, brick, and lime mortar, covers 5 hectares and has 44 rooms as well as a verandah and a prohibited garden. The architecture combines colonial and Asian design elements.

Address: Kampung Sungai Ingat, 42700 Banting, Selangor
 Website: <https://www.visitselangor.com/istana-bandar-jugra/>
 Operating Hours: 9.30 am - 4.30 pm (Saturday-Thursday) / 9.30 am - 12.30 pm, 2.30 pm - 4.30 pm (Friday)

National Automobile Museum

The National Automobile Museum has an exhibition floor layout that is roughly 7,949 square feet on the ground floor and 10,577 square feet on the first floor, and it is situated at the Welcome Centre International Sepang Circuit. The National Automobile Museum's introduction section, which covers the evolution of transportation in Malaysia's past and early Malaysian automobiles, is on show in the exhibition space on the ground level.

Address: Sepang International Circuit, 27, Sepang F1 Circuit, 64000 Sepang, Selangor
 Contact: +603-8787 4759
 Website: <http://www.jmm.gov.my/ms>
 Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

Jugra Insitu Museum

Before being built and transformed into a museum, the Jugra Insitu Museum was a former police station with a prison. Capt. Harry Charles Syers constructed it in 1878. There are three parts of the galleries at the museum that you can explore. The museum displays a wide variety of historical exhibits and relics. Visitors are given the opportunity to view armoured vehicles outside the museum. Since there is no entrance cost, the location is worthwhile to see if you are nearby.

Address: Kampung Permatang Pasir, Jugra Lama, 42700 Banting, Selangor
 Contact: +605-519 0050
 Website: <https://www.padat.gov.my/>
 Operating Hours: 9.30 am - 5.30 pm (Saturday-Thursday) / 9.30 am - 12.00 pm, 2.45 pm - 5.30 pm (Friday)



Bukit Jugra Lighthouse

Bukit Jugra Lighthouse is a must visit attraction as you get to witness the breathtaking view of the river flowing to the sea from the lighthouse of Bukit Jugra. You do not have to hike and climb up the hill just to reach the top, because you are able to drive up the hill and there is ample parking as well. Enjoy the beautiful view from the top of Bukit Jugra Lighthouse!

Address: Jalan Bukit Jugra, Jugra Lama, 42700 Banting, Selangor
 Contact: 012-596 2690
 Operating Hours: Open 24 hours

Taman Rekreasi Paya Bakau Kampung Sijangkang

This is the ideal location for a family vacation where you can take in the natural surroundings while strolling along an 800-metre boardwalk through a swamp populated with mangrove trees. There are areas where you can rest by sitting down. Therefore, we heartily urge you to take a contemplative stroll in this recreational park, where you will be surrounded by the peace of nature.

Address: Jalan Batu 8, Kampung Sijangkang, 42500 Telok Panglima Garang, Selangor
 Contact: +6016-379 0661
 Website: <https://www.facebook.com/tamanrekreasipayabakausijangkang/>
 Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



Tadom Leisure Camp

Tadom Leisure Camp is a recreation centre in Banting that offers various activities for everyone to enjoy, especially adventurous activities. The activities include ATV rides, flying fox, swimming and so on. This is a great place for a short escape from the hustling bustling of the city.

Address: 32, Kampung Labohan Dagang, 42700 Banting, Selangor
 Contact: +6012-522 5883
 Website: <https://tadomhillresorts.com/>
 Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)



ECO TOURISM



Bagan Lalang Beach

About an hour's drive from Kuala Lumpur, Pantai Bagan Lalang, or Bagan Lalang Beach, is gradually gaining popularity as a family beach getaway. The beach in Bagan Lalang is crowded on the weekends with people enjoying free activities like fishing, kite flying, BBQs, water sports like kayaking, and even camping. Ikan bakar, or barbecued fish, is a specialty of Pantai Bagan Lalang and is sold at the seaside food courts. To accommodate the increasing number of tourists, restaurants and kiosks providing various fish and seafood meals stay open until late at night.

Address: Bagan Lalang, 43950 Tanjong Sepat, Selangor
 Operating Hours: Open 24 hours

Paya Indah Wetlands

Gamuda Cove in Dengkil is where you'll find Paya Indah Wetlands. It will be a worthwhile experience for you., so it would be a terrific way to spend your free time here. You can observe several crocodiles in their natural habitat in the Paya Indah Wetlands. When it comes to feeding time, it happens on weekends at 11 am. You may observe a wide range of animals, including horses, peacocks, and porcupines. The finest place to bring kids to meet the animals is right here!

Address: KM 4, Jalan Dengkil, Banting, 43800 Dengkil, Selangor
 Contact: +603-8768 7616
 Website: <https://www.facebook.com/payaindahwetlands/>
 Operating Hours: 8.00 am - 6.00 pm (Monday-Sunday)

AGRO TOURISM

IOI City Farm

IOI City Farm is a newly opened indoor farm that is located in IOI City Mall, Putrajaya! It is a suitable place to bring the children to meet and pet the cute animals as well as feeding them while you are there. The cute animals that you are able to meet here are raccoons, Bengal cat, meerkat, chicken, ducks, rabbits and also fishes. Don't forget to head over to IOI City Farm when you are strolling around IOI City Mall.

Address: City, AT-6, Level 2 IOI City Mall, Lbh IRC, Ioi Resort, 62502 Sepang, Putrajaya

Contact: +603-8328 8888

Website: <https://www.ioicityfarm.com.my/>

Operating Hours: 10.00 am - 9.00 pm (Sunday-Friday) / 3.00 pm - 9.00 pm (Saturday)

Jelita Ostrich Farm

A little farm called the Jelita Ostrich Farm is situated in Seremban. Bring the kids along for a family outing and introduce them to the farm's animals. The farm is home to numerous animals, such as ostriches, goats, and rabbits. There, you can feed the animals as well as see them eat from your hands, especially the ostriches. Additionally, they provide ostrich rides!

Address: Lot 1504, Batu 6 Mukim Pantai, Jln Jelebu, 71770 Seremban, Negeri Sembilan

Contact: +606-767 0707

Website: <https://www.facebook.com/pages/category/Local-business/Jelita-ostrich-farm-267697450061066/>

Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

HL Dragon Fruit Eco Farm

Visitors can have an incredible experience viewing how the dragon fruits are cultivated at the HL Dragon Fruit Eco Farm in Sepang. Visit the dragon fruit farm, which contains the largest structure shaped like a dragon fruit in Malaysia. There is a cafe where you can sample the delectable and sweet meals made with dragon fruit.

Address: Lot 7608, Jalan Besar, Batu Satu, 43900 Sepang, Selangor

Contact: +6011-3528 7687

Website: <https://hlinternationalgroup.com.my/>

Operating Hours: 10.00 am - 5.30 pm (Thursday-Tuesday) / Closed on Wednesday

Taman Warisan Pertanian Putrajaya

In Putrajaya's Presint 16, you may find the Putrajaya Agricultural Heritage Park. The best spot to see different tropical fruit trees, herbs, and spices is here. There were 170 distinct crops that had been produced in the park. Due to the fact that they also hosted agricultural demonstrations, this location is ideal for educating the kids more about the plantation. In the park, there is also a food court with a wide variety of food kiosks from which tourists can choose to eat.

Address: No.7, Jalan P16, Presint 16, 62000 Putrajaya, Wilayah Persekutuan Putrajaya

Contact: +603-8887 7772

Website: <https://www.ppj.gov.my/second-menu/taman-warisan-pertanian>

Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)



Putrajaya Challenge Park

Putrajaya Challenge Park is a 30 hectare park located in Precinct 5. This park consists of various extreme park facilities such as a massive indoor rock climbing complex, a skatepark, an extreme bike route and so on. This is a great place to go for some extreme sports as it is well maintained and there is no entrance fee as well.

Address: Jalan P5, Presint 5, 62200 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8000 8000

Website: <https://www.facebook.com/Putrajaya.Challenge.Park/>

Operating Hours: 10.00 am - 10.00 pm (Friday-Monday) / 10.00 am - 8.00 pm (Tuesday & Wednesday) / 9.00am - 10.00 pm (Thursday)



Flyboard Malaysia

Flyboarding is one of the things you may do on the weekends. Flyboards provide you the opportunity to soar above Putrajaya's stunning freshwater lake like Iron Man. When you are flying high in the air, you can also view the stunning bridge of Putrajaya. For your protection, they also supply life jackets. You'll get the hang of the flyboard after just a few minutes of practise and learning how to balance it.

Address: Marina Putrajaya Sdn. Bhd., 1, Jalan P5/5, Presint 5, 62200 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +6012-287 1120
Website: <https://www.flyboardmy.com/>
Operating Hours: 8.00 am - 7.00 pm (Saturday & Sunday) / Closed on Monday-Friday

EXTREME SPORTS

Goosebumps Rope Course

The Goosebumps Rope Course is the ideal spot to spend your weekend if you enjoy extreme sports, especially if you are not afraid of heights. You can get goosebumps from the difficult route because it might be difficult when you are so far above the ground. Go on and test your mettle in Bandar Gamuda Cove's Goosebumps Rope Course Challenge!

Address: Persiaran Cove Sentral, Bandar Gamuda Cove, 42700, 42700 Dengkil, Selangor

Contact: +6012-663 0155

Website: <https://www.discoverypark.com.my/acitivities/goosebumps-rope-course/>
Operating Hours: 10.00 am - 6.00 pm (Monday, Wednesday & Thursday) / 10.00 am - 8.00 pm (Friday-Sunday) / Closed on Tuesday



District 21

A futuristic indoor theme park called District 21 may be found inside IOI City Mall. The theme park provides activities for people of all ages, including climbing, slides, trampolines, and flying foxes. At the entrance, you'll also get a set of grip socks and gloves. Some rides and labyrinths may not be ideal for people with claustrophobia, and they may give you the chills. When you choose to eat at the mall, you are also permitted to re-enter the park.

Address: AT 6, IOI City Mall, IOI Resort City, 62502 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8328 8888
Website: <https://www.ioicitymall.com.my/district-21/>
Operating Hours: 12.00 pm - 8.00 pm (Monday-Friday) / 10.00 am - 8.00 pm (Saturday & Sunday)

EATING OUT

SEAFOOD

Asam Batu Laut Restaurant

Asam Batu Laut Restaurant is a seafood restaurant situated by the seaside in Tanjong Sepat. This restaurant serves excellent and delicious seafood dishes. You are able to enjoy your hearty meal of fresh seafood while enjoying the nice view of the beach at the same time.

Address: Kampung Batu Lapan, Tanjong Sepat, Selangor
Contact: +6019-384 4362
Website: <https://www.facebook.com/people/Asam-Batu-Laut-Seafood-Restaurant/100064034130476/>
Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)



Golden Sea Restaurant Morib

Golden Sea Restaurant Morib is one of the famous seafood restaurants in Banting. It is a great restaurant that provides a great view of the ocean and beach as you dine in to enjoy their fresh and delicious seafood.

Address: Kampung Endah, 42700 Banting, Selangor
Contact: +6012-331 7353
Operating Hours: 11.30 am - 10.00 pm (Monday-Sunday)



Juvita Seafood@Kanchong Darat

Juvita Seafood, located at Kanchong Darat, is a delicious seafood restaurant in Banting. They serve various delicious seafood dishes which are definitely worth the try; they are generous with the portion for each dish. The restaurant is spacious as it is perfect to dine in with your family and friends.

Address: Kanchong Darat, 42700 Banting, Selangor
Contact: +6019-222 4268
Operating Hours: 2.00 pm - 12.00 am (Monday-Sunday)



Viking Seafood Restaurant Kampung Permatang Pasir

Viking Seafood Restaurant Kampung Permatang Pasir is a seafood restaurant that offers a beautiful view of the sea. They serve fresh and delicious seafood dishes with a reasonable price as well. Don't forget to visit this restaurant to enjoy fresh and tasty seafood while being surrounded by a breathtaking view and cooling sea breeze.

Address: Off Kampung, Jalan Bukit Jugra, Permatang Pasir, 42700 Banting, Selangor
Contact: +603-31 20 2393
Operating Hours: 12.00 pm - 10.00 pm (Monday-Sunday)



MALAY

Restoran Adik Abang

Restoran Adik Abang, located in Sepang, serves various traditional and authentic Malay cuisine for breakfast and lunch. There is a wide variety of local-favourite breakfasts to choose from including laksa, pulut kuning, roti canai, nasi lemak, lontong, varieties of kuih and many more.

Address: Medan 23, Bandar Baru Salak Tinggi, 43900 Sepang, Selangor
Contact: +603-8706 7611

Website: <https://www.facebook.com/pages/Restoran-Adik-Abang/149491075705713>

Operating Hours: 6.30 am - 6.00 pm
(Monday-Friday) / 6.30 am - 1.00 pm
(Saturday) / Closed on Sunday

Abe Cafe & Seafood

Abe Cafe and Seafood Restaurant is where you get to enjoy a variety of delicious food choices. They provide a great service as well. The foods served here are delicious and cheap as well! This restaurant is just nearby KLIA, hence we recommend you to stop by once you just landed in KL!

Address: 1, Jalan KLIA Avenue, Pusat Perdagangan KLIA Avenue, 43900 Sepang, Selangor
Contact: +6017-608 0489

Website: <https://www.facebook.com/ABeCafe2020/>

Operating Hours: 5.00 pm - 12.00 am
(Monday-Friday) / 5.00 pm - 1.00 am
(Saturday & Sunday)

**Restoran Nasi Kukus Famosa**

Restoran Nasi Kukus Famosa is a Malay restaurant with plenty of breakfast choices. There is a variety of food to choose from such as nasi dagang, nasi kerabu, pasta and a wide variety of local kuihs. This is a great place to dine with your family and friends to enjoy a delicious breakfast.

Address: 4807-0-15 CBD Perdana, Persiaran Flora, 2, Jln Perdana, Cyber 12, 63200 Cyberjaya, Selangor
Contact: +6012-206 5120

Website: <https://www.facebook.com/people/Nasi-Kukus-Famosa/100029109983025/>

Operating Hours: 7.30 am - 4.00 pm
(Tuesday-Sunday) / Closed on Monday

Restoran Makang

Restoran Makang serves various authentic Terengganu cuisines in Cyberjaya. Their nasi dagang is one of their signature dishes in the restaurant. There are also other menus that are worth the try such as nasi minyak, nasi lemak, nasi kukus and many more. This is a lovely place to have breakfast during the weekdays as it can be quite crowded during the weekends.

Address: Cyberjaya, 63000 Cyberjaya, Selangor
Contact: +6019-602 1007

Website: <https://www.facebook.com/restoranmakang/>

Operating Hours: 8.00 am - 3.30 pm
(Monday-Saturday) / Closed on Sunday



CHINESE

Salam Noodles

Salam Noodles is a halal Chinese restaurant that serves a wide variety of noodles such as braised beef noodle soup, mutton curry noodle and beef dumplings and so on. All of the dishes served are in big portions and are reasonably priced as well. This is a must-visit place if you are craving for delicious halal Chinese-style noodles.

Address: Kota Warisan, 43900 Sepang, Selangor

Contact: +603-8706 0390

Website: <https://www.facebook.com/salam.noodles>

Operating Hours: 11.30 am - 11.00 pm (Monday-Sunday)

Restoran Sin Tian Kee

If you are in Banting and you are craving for some Chinese cuisine, Restoran Sin Tian Kee is the place to be. Restoran Sin Tian Kee serves various Chinese cuisines that are affordable and delicious. It is the perfect place to dine in with your family as well.

Address: No 26&28, Jalan Bunga Pekan 2, Kawasan 6, 42700 Banting, Selangor

Contact: +603-3187 7594

Website: <https://www.facebook.com/pages/restoran-sin-tian-kee/125802800838565>

Operating Hours: 11.00 am - 10.30 am (Monday-Sunday)



Sek Hao Fu Restaurant

Sek Hao Fu Restaurant has an interesting menu and serves delicious food. It is a great choice near Aeon Nilai as it's just a short 5-minute drive away. Offering Chinese cuisine, it's non-halal but incredibly tasty. Perfect for a dinner in Nilai.

Address: 9947, Jalan BBN 1/3I, Bandar Baru Nilai, 71800 Nilai, Negeri Sembilan

Contact: +6016-671 7529

Website: <https://www.facebook.com/SekHaoFu/>

Operating Hours: 11.30 am - 3.00 pm, 5.30 pm - 10.30 pm (Monday-Sunday)

Lucky Palace Restaurant Seremban 2

Lucky Palace Restaurant in Seremban 2 is a renowned Chinese eatery, ideal for gatherings due to its ample space. The standout dish is the braised pork soft bone, with a gelatinous tenderness that simply melts in your mouth. It's a must-try delicacy at this well-loved restaurant.

Address: Lot D15 & D16 Jalan, Persiaran Utama S2/1, 70300 Seremban, Negeri Sembilan

Contact: +606-601 1328

Website: <https://www.luckypalace.com.my/>

Operating Hours: 8.00 am - 3.00 pm, 5.30 pm - 10.30 pm (Monday-Friday) / 8.00 am - 10.30 pm (Saturday & Sunday)



INDIAN

Jaipur Mahal Cyberjaya

When it comes to relishing Indian flavors in Cyberjaya, Jaipur Mahal is your best bet. What makes the dining experience even more special is the attentive waiters who are more than happy to guide you through the menu and offer their recommendations. And if you're a vegetarian, fret not; there's a fantastic variety of Indian vegetarian dishes to explore.

Address: No 7, Block H, Jalan GC9 Glomac Cyberjaya, Cyber 4, 63000 Cyberjaya, Selangor
 Contact: +603-8322 1199
 Website: <https://www.facebook.com/RestaurantJaipurMahal/>
 Operating Hours: 11.00 am - 3.00 pm, 6.00 pm - 11.30 pm (Monday) / 11.00 am - 10.30 pm (Tuesday-Sunday)

Classic Briyani House

Classic Briyani House serves authentic Indian food that is tasty and affordable! The ambiance of the restaurant is very cosy and definitely family-friendly. It is highly recommended for you to try out this restaurant if you are in Banting and you are craving for some biryani dishes.

Address: 141, Jalan Sultan Alam Shah, Taman Gembira, 42700 Banting, Selangor
 Contact: +6012-211 3772
 Website: <https://www.facebook.com/classicbriyanibanting>
 Operating Hours: 7.00 am - 11.30 pm (Monday-Sunday)

Restoran D'Banana Leaf

Restoran D'Banana Leaf serves authentic and unique Indian dishes with decent portions. This restaurant serves the best banana leaf platter in Cyberjaya! This is the perfect place for banana leaf dish lovers as you will get to enjoy the amazing flavours of the dishes being served.

Address: No. 83 Lingkaran Cyberpoint Neocyber, 63000 Cyberjaya, Selangor
 Contact: +603-8322 3542
 Website: <https://www.dbananaleafcyber.com/>
 Operating Hours: Open 24 hours

Number One Top Curry House

Number One Top Curry House stands out as one of Seremban's finest Indian eateries, serving up dishes that evoke the comfort of home-cooked meals. Amid the bustling crowds, the delicious food and impeccable service shine. Plus, they offer plenty of delectable vegetarian options to cater to all tastes.

Address: 15, Jalan Dato Abdul Rahman Seremban, Bandar Seremban, 70000 Seremban, Negeri Sembilan
 Contact: +6019-542 4473
 Website: <https://m.facebook.com/pages/Top-Curry-House/191442300885821>
 Operating Hours: 7.30 am - 7.00 pm (Sunday-Friday), 8.00 am - 6.00 pm (Saturday)





INTRODUCTION TO PULAU KETAM

Pulau Ketam, also known as “Crab Island,” is a Malaysian island located off the coast of Port Klang. The island lies in the intertidal zone, and mangroves are the dominant vegetation. Two mainly Chinese fishing settlements, built around 1880, are located on the island. Pulau Ketam is the name of the principal settlement on the island’s southern shore. Sungai Lima, meaning Fifth River in English, is the other town on the northeastern side, named from its location as the fifth inlet from the main village. The majority of the residents are Teochew and Hokkien Chinese, with Teochew, Hokkien, and Mandarin Chinese being the most often spoken dialects. The island’s housing consists of floating houses perched on the water.

The only way to get to the island is by taking a direct ferry or speedboats. Ferries departing from the Port Klang Jetty are available every hour during the daytime on weekends, but it is less frequent during the weekdays. The journey only takes less than an hour to reach Pulau Ketam.

People at Pulau Ketam don’t use cars; instead, they ride bicycles or bikes, which are the primary method of transportation within the island. You may also go cycling here since they give bicycles for tourists to rent at a low cost and enjoy their vacation. You can also walk everywhere because everything is close together.

Pulau Ketam is the greatest place for visitors to see and learn about the distinctive way of life of fishermen. When visiting this island, you should go cycling, fishing, and cruising in a wooden boat to make your trip more fun. Get a ferry now to make your trip to Crab Island truly enjoyable and adventurous!

MUST DO



Savour Delicious Seafood

If you love fresh seafood, then Pulau Ketam is the place to visit. Pulau Ketam is known for its mouth-watering and finger-licking fresh crabs. You must sample the fresh crabs here. When you are at Pulau Ketam, don't forget to enjoy a fantastic meal at one of the many great seafood restaurants.

Shopping For Some Snacks & Souvenirs

The village's major industry is fishing, and dried shrimps, salted fish, and other seafood items are popular. Be sure to get some minced shrimp paste on your way back because it's something unique from here. You can also purchase some gorgeous hats and clothes at a reasonable price.



Explore the Lovely Streets of the Island

Walking around in the village, or biking through the village on a rental bicycle is the best way to explore the island. There are two villages on Pulau Ketam; Kampung Pulau Ketam and Kampung Sungai Lima. The village consists of two main streets with many small shops and restaurants. The village is not that big, but it still takes over an hour to explore the whole area. Discover the island's layout, many of its homestays, local activities, and best places to eat.

Crab Spotting

When you are at Pulau Ketam, you are able to witness many crabs crawling across the muddy ground when it is exposed during the low tide. Keep your eye out for the tiny crabs when you are at the island.



Visit Landmarks

Although Pulau Ketam is rather small, it is best to visit the landmarks of the island in order to fully experience the vibes there. The Nang Thiam Keng Temple is a well-maintained colourful temple that will appear when you pass through the alley. It's just in the centre of the island and nearby to the houses and shops. Besides, Hock Leng Keng Temple, which has existed for generations, is a colourful and majestic temple in Sungai Lima. If you look closely at the architecture, you'll discover statues of marine animals such as fish, crabs, and prawns. This isn't typical of a Chinese temple, but it's the villagers' way of paying tribute to their lifestyle.



GRAB A BITE



Restoran Kim Hoe

One of Pulau Ketam's more well-known dining establishments is Restoran Kim Hoe. The restaurant offers a wide selection of seafood dishes, including fish, clams, crabs, and more. This famous seafood restaurant does not serve pork, hence we highly recommend you to savour some fresh seafood here.

Address: No. 28K, No-24k, Jln Besar, 42940 Pulau Ketam, Selangor

Contact: +603-3110 4216

Website: <https://www.facebook.com/Restaurant-Kim-Hoe-Pulau-Ketam-288584157848024/>

Operating hours: 10.00 am - 8.00 pm (Monday-Sunday)



Remember Me Seafood Restaurant

The Remember Me Seafood Restaurant is situated opposite the Police Station in Pulau Ketam.

Remember Me Seafood Restaurant is a restaurant that serves delicious Halal and authentic Malay dishes.

Address: Main Street, 42940, Pulau Ketam, Selangor, 42940 Pulau Ketam

Contact: +6012-211 2345

Website: <https://www.facebook.com/people/Pulau-Ketam-Remember-Me-Seafood-Restaurant/100045496764224/>

Operating hours: 9.00 am - 8.00 pm (Monday-Sunday)



Kedai Makan Cikgu

Kedai Makan Cikgu is one of the cheapest Halal seafood restaurants in Pulau Ketam. The seafood dishes that they serve are like a home-cooked concept. On top of that, the signature dish which is the Chilli Crab is delicious and affordable as well.

Address: Jln Satu, Pulau Ketam, Selangor

Contact: +6019-262 6748

Operating hours: 10.00 am - 10.00 pm (Monday-Sunday)



Bentong

INTRODUCTION TO BENTONG

Continue our road trip venture beyond Kuala Lumpur and drive for 90 minutes to Bentong! Bentong is our next stop on the journey to escape the hustle and bustle of the city of Kuala Lumpur. Bentong is only a short 90-minute drive from KL by taking the Guthrie Corridor Expressway and also Kuala Lumpur - Gua Musang Expressway. It is approximately 90 kilometres from Kuala Lumpur to Bentong.

Bentong is both a town and a district in Pahang, Malaysia. This district covers an area of 1831 square kilometres. It lies 80 kilometres northeast of Kuala Lumpur, directly across from the Titiwangsa Range.

This town serves as the district's administrative and industrial hub. This region is home to a variety of small and medium-sized businesses, including sawmills, food production, and a facility that collects electrical components. Increased urban growth had enlightened the Bentong Municipal Council in its efforts to turn Bentong Town into a developed, prosperous, and serene urban region by planning for future demands and difficulties.

Therefore, we'll let you know of cool spots to stop along the road. Look out the interesting locations we suggest you visit both in Bentong and along the road! Keep an eye out for the intriguing sights so you won't miss them. Because there are so many activities you can enjoy with family and friends in Bentong, it should be on your travel itinerary!

MUST DO

Garden Farms by Radiant

Garden Farms by Radiant offers various recreational activities for you to experience with your family and friends during your weekend getaway. The activities include fishing, target shooting, ninja course, giant puzzle, and many more. Head over to Garden Farms by Radiant at Bentong for some exciting fun!

Address: Kampung Janda Baik, Bentong, Malaysia

Contact: +6017-389 3996

Website: <https://www.facebook.com/GEMSbyRadiant/>

Operating Hours: 9.30 am - 5.30 pm (Friday-Sunday) / Closed on Monday-Thursday



Jimmy's Durian Orchard

Jimmy's Durian Orchard is a family-run orchard situated in Bentong. Visitors can glimpse the nearby Titiwangsa Mountain Range after a brief climb to the top of the hill where the orchard is located. Fans of durians have a wide selection to pick from at the plantation, including the renowned Musang King, D24, Tekka, and Kampung durians.

Address: Jalan Lama Bentong - Karak, 28600 Karak, Pahang

Contact: +6016-203 1922

Website: <http://jimmydurianorchards.com/>

Operating Hours: 11.00 am - 5.00 pm (Monday-Sunday)



Karak Organic Durian Farm

The durians are grown organically and sold for fair pricing at Karak Organic Durian Farm. They also have a variety of other native fruits including rambutans, mangosteen, duku langsung, and so on. So, don't worry if you are not a fan of durians. Be sure to pay them a visit and sample their fruits and orchard. Undoubtedly, it will be an eye-opening experience!

Address: Kampung Baru Karak, 28620 Karak, Pahang

Contact: +6012-795 8899

Website: <https://www.facebook.com/KarakOrganicDurianFarm/>



Kolam Air Panas Bentong

Kolam Hot Spring Bentong is the ideal destination for you to take a little break from work or the city in order to clear your mind. The equatorial rainforest's lush surroundings will be all around you harem making it the ideal place to unwind.

Address: Kolam Air Panas, 28700 Bentong, Pahang

Contact: +609-221 0800

Website: <https://www.eryabysuria.com/hotels/hotspringbentong/>

Operating Hours: 2.00 am - 8.00 pm (Monday-Sunday)



MUST DO

Fig Malaysia Farm Janda Baik

The Fig Malaysia Farm, a plant nursery in Janda Baik, offers a large variety of fig trees and saplings. Visitors can buy fig shrubs from the farm as well as a wide range of other products like fruits, tea, juice, and many more. If you have any questions, the staff would be happy to explain about the figs to you. As a result, it is a great place to visit while in Janda Baik.

Address: Tanjung Pulau Santap, Kampung Janda Baik, 28750 Bentong, Pahang

Contact: +6017-777 7464

Website: <https://www.facebook.com/figmalaysia>

Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



Newera Organic Farm

New Era Organic Farm is a great place to be one with nature while having some quality time with your family as the farm provides comfy accommodation as well as fun activities. They also offer vegetarian food when you are there.

Visitors are also able to enjoy the lovely landscape of the farm and also the crystal clear river flowing in front of the farm.

Address: Kampung Janda Baik, 28750 Bentong, Pahang

Contact: +6016-556 8155

Website: <https://www.facebook.com/newerafarm/>

Operating Hours: 10.00 am - 5.00 pm (Monday-Sunday)



Bilut Extreme Park

Extreme sports enthusiasts can rejoice because Bilut Extreme Park is the best location to go and experience a variety of thrilling activities. In light of this, the ATV ride, which includes travelling through extensive oil palm farms, is the site's main attraction. You are welcome to participate in the paintball, archery, archery tag, target shooting, bubble soccer and hiking (at Bukit Botak) sessions that are being held in addition to that.

Address: Kampung Baharu, 27600 Bentong, Pahang

Contact: +6014-608 8803

Website: <https://bilutextremepark.com/>

Opening hours: 9.30 am to 6.00 pm (Monday to Sunday) / Closed on Wednesday



FJ ATV Park Janda Baik

You can definitely de-stress by having fun at Bentong with a fun ATV ride of ATV at FJ ATV Park Janda Baik. ATV riding is a frantic and daring sport that allows you and your companions to travel through harsh terrain and discover new places. Additionally, it can give an adrenaline boost comparable to that of other extreme sports. Enjoy an ATV ride along nature while being cooled off by the natural air.

Address: Lorong Cheringin 1, Kampung Cheringin, Kampung Janda Baik, 28750 Bentong, Pahang

Contact: +6011-7077 0077

Website: <https://www.facebook.com/people/FJ-ATV/100069640791963>



GRAB A BITE

Restoran Wonderland Valley

Restoran Wonderland Valley is a Cantonese restaurant that is surrounded by the lush greenery of nature. They serve various freshwater fish dishes and authentic home-cooked dishes. As you are enjoying your meal, you are able to listen to the peaceful sound of the stream from the nearby river.

Address: Lot 9253, Kampung Bukit Tinggi, 28750 Bentong, Pahang
Contact: +6012-950 9882
Website: <https://www.facebook.com/wonderlandvalley9253/>
Operating Hours: 11.30 am - 9.00 pm (Wednesday-Monday) / Closed on Tuesday



E Farm Restaurant

E Farm Restaurant is a hidden eatery in the Genting Sempah location. This restaurant is located off road when you are on the way to Genting Highlands. They offer a large selection of flavorful foods with freshwater fishes as their signature dish. All of the dishes served are delicious and are worth a try!

Address: Jln Genting Sempah, Genting Sempah, 28750 Bentong, Pahang
Contact: +6019-477 2667
Website: <https://www.facebook.com/people/e-farm-restaurant/100067341367577>
Operating Hours: 11.30 am - 9.00 pm (Monday-Sunday)



Restoran Cinta Rasa Airena

Head over to Restoran Cinta Rasa Airena when you are in Bentong as it is located not too far from the highway. This is where you can enjoy their authentic kampung-style dishes that are incredibly delicious. Apart from that, the restaurant offers a spacious and comfortable place for everyone to dine comfortably.

Address: Kampung Benus, 28700 Bentong, Pahang
Contact: +6012-955 0874
Website: <https://www.facebook.com/people/restoran-cinta-rasa-airena/100054216411404>
Operating Hours: 8.00 am - 4.30 pm (Monday-Saturday) / Closed on Sunday

Lemang To'ki

One of the top lemang eateries in Bentong, Lemang To'ki is highly recognised for its delicious lemang. They provide lemang, which is known to be flavourful and creamy thanks to the coconut milk, that is delectable and fragrant. In addition, their authentic sambal hitam Pahang is unquestionably the dish's standout ingredient. You may also sample their delicious rendang, which comes in both beef and chicken varieties and is delicious in both!

Address: Batu 2, Jalan Tras, 28700 Bentong, Pahang
Contact: +6016-953 0544
Website: <https://www.facebook.com/LemangToki/>



STAYCATIONS SPOTS

Glamping & Co.

In Bentong, there is a glamping park called Glamping & Co. Experience the first-ever glamping with a 45-foot pool of natural water for yourself! At Glamping & Co., stay the night in luxurious tents by the river! Improve your camping experience by going on a comfortable and opulent camping vacation where you can relax and enjoy BBQs with your loved ones while being surrounded by nature.

Address: Glamping & Co., Lorong Cherengin 1, Kampung Janda Baik, Bentong, Pahang, Malaysia
 Contact: +6019-931 4920
 Website: <https://www.instagram.com/glamping.co/>

Happi Village

The ideal location for a quick weekend break, especially if you want to get away from the city's bustle, is Happi Village. Happi Village is a naturalist's dream come true, offering an abundance of possibilities to get back in touch with nature and rediscover the joy of life.

Address: Lot A848, Kampong, Kampung Janda Baik, 28750 Bentong, Pahang
 Contact: +6012-321 7215
 Website: <https://happivillage.my/>

Tiarasa Escapes Glamping Resort

Have a relaxing staycation while being surrounded by tranquil nature at Tiarasa Escapes Glamping Resort. They offer safari-style tents and dreamy treetop villas amidst the rainforest of Janda Baik. As you book your stay here, you will be rewarded with the beauty of the lush rainforest, babbling brooks, cooling air and the sounds of nature. You will definitely be relaxed and satisfied during your whole stay!

Address: Persiaran Enderong, Kampung Janda Baik, 28750 Bentong, Pahang
 Contact: +6012-887 7777
 Website: <https://www.tiarasaescapes.com/>

Enderong Resort Malaysia

A highland nature retreat called Enderong Resort is named after a mountain stream by the same name which is the Sungei Enderong. This resort is the perfect place for nature lovers to unwind and rejuvenate while being surrounded by tranquil nature. Besides, this is also a great place for team building and training.

Address: C21, Persiaran Enderong Jalan Tanarimba Pine Tanarimba, Kampung Janda Baik, 28750 Bentong, Pahang
 Contact: +609-233 0512
 Website: <https://enderongresort.wixsite.com/enderongresort>



EMERGENCY NUMBERS & USEFUL CONTACTS

Emergency Numbers



Police/Ambulance
Landlines & Public Phone : 999
(from mobile phone) 112



Fire and Rescue Department
(Bomba)
Landlines & Public Phone: 994
(from mobile phone) 112



Civil Defence
Tel: 999



Tourist Police Hotline
Tel: 03-2149 6590



St. John's Ambulance
Tel: +60 9285 1576



Red Crescent Society
Tel: +603 4257 8726

Tourism Agency



Tourism infoline
Tel: 1 300 88 5050



PWTC
Tel: +603 2614 6999



KL Sentral
Tel: +603 2786 8080



MaTic, Jalan Ampang
Tel: +603 9235 4800/4900

Service Providers



Maxis
Tel: 1 800 82 1123



Celcom
Tel: +6019 601 1111



Digi
Tel: +6016 221 1800



U Mobile
Tel: +6018 388 1318



Tune Talk
Tel: +03 2771 7000

Credit Card Provider



Visa
Tel: 1 300 967 1096



Mastercard
Tel: +603 2093 7771

Transportation Hub



KLIA
Tel: +603 8776 2000



Hentian Duta
Tel: +603 6203 3064



MyRapid
Tel: +603 2299
1999/2287/5959



Terminal Bersepadu
Selatan (TBS)
Tel: +603 9021 2000

EMERGENCY NUMBERS & USEFUL CONTACTS

Transportation

KLIA Limousine Service
Tel: +603 8787 3030

Subang Airport
Tel: +603 7846 1833

KLIA Ekspres
Tel: +603 2267 8000

Airport Limo/Taxi
Tel: +603 8787 3691

Rapid Transit



Mass Rapid Transit (MRT)
Tel: +1800 82 6868



KTM Commuter
Tel: +603 2272 2828



KTM Railway Service
Tel: +603 2273 8000



KTM (Booking Ticket)
Tel: +603 2274 3377



BRT Sunway Line
Tel: +03 7885 2585

Flight



Air Asia
Tel: +603 7809 6888



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Tel: +603 2072 5055



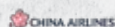
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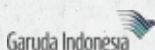
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Tel: +603 2162 2811



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Tel: +603 2618 6333



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By Neo Neeh Tiam - Mar 3, 2021 @ 5:30pm



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The Guides - Still Free, Now Digital!!

Published 8 Apr 2021, 2:59 pm

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experienced in Kuala Lumpur. For example, how to travel to Kuala Lumpur. Bluedale Publishing is now offering its travel guides in digital format to readers via mobile devices.

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