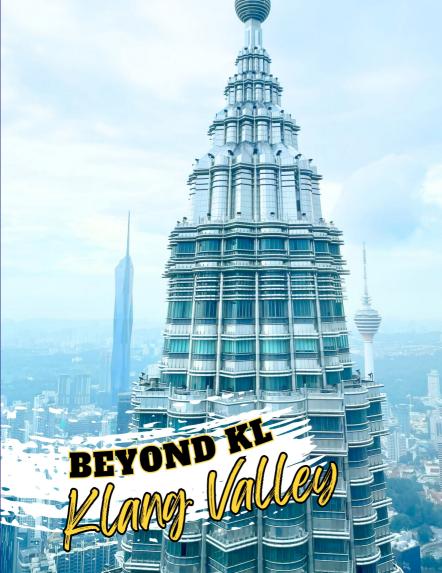


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Clinical Aesthetics



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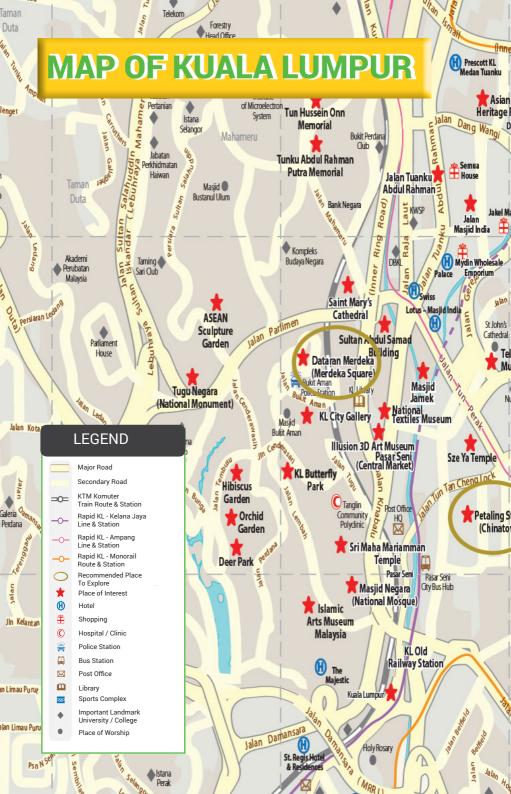
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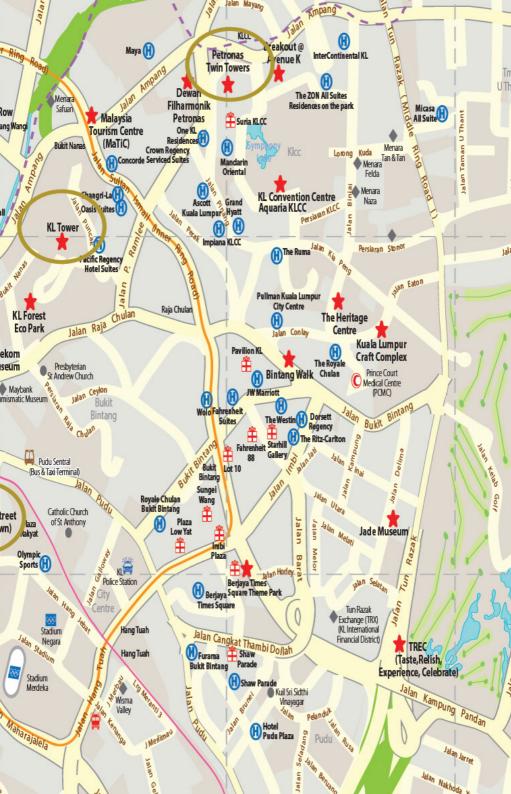
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TRANSPORTATION

FROM KLIA & KLIA 2

Looking to travel from the airport to KL city? Not a problem! There are many ways. A trip on the KLIA Express train starts at 5 in the morning and finishes at midnight, with the journey taking approximately between 35 and 40 minutes to reach KL Sentral. The fare is RM55, however, passengers who travel in a group can get a 25% reduction.

You should try Airport Coach bus or Aero bus when saving money is your primary goal because they're an affordable mode of transport compared to others which are much expensive such as taxis whose charges range between RM80 to RM200 depending on distance covered from city center: moreover they operate at different times on daily basis than other forms like shared van: if you're looking forward to hiring an expensive taxi expect pay anything between RM200; if your concern is about price more than anything else then look no further than Grab who have fixed options and starts at about RM65: depending on what you want or can afford, there is always a way to suit your needs and budget!

FROM SUBANG SKYPARK TERMINAL

Take a look at the SKYPARK Link trains if you're heading to KL Sentral from Subang Airport! They are trips between 30 and 60 minutes, ensuring that you reach your destination in time. Currently, there is an ongoing offer which allows travellers to take only one journey from Subang Airport to Kuala Lumpur City at about RM3.50.

Note: The train service linking KTM's KL Sentral station and Skypark Terminal is temporarily unavailable

FROM PENANG INTERNATIONAL AIRPORT

Traveling from Penang to Kuala Lumpur can be done by air in one hour with tickets ranging from RM70 to RM650. Alternatively, budget-friendly buses cost RM50-60 and take 7-8 hours, while driving takes approximately 6 hours depending on traffic.

FROM LANGKAWI INTERNATIONAL AIRPORT

Travel from Langkawi International Airport to KLIA in slightly more than an hour, with ticket costs spanning from RM160 to RM200. Alternatively, opt for quicker flights to Subang Airport, clocking in around 58 minutes. If you favor a more picturesque journey, there's the bus option, which also incorporates a ferry ride from the island, with prices ranging between RM118 to RM176 per individual in total.

FROM KOTA KINABALU INTERNA-TIONAL AIRPORT

For a trip from Sabah to KL, flying is the most recommended option. Departing from Kota Kinabalu International Airport (KKIA) to KLIA, anticipate a flight lasting approximately 2 hours and 30 minutes. Ticket costs usually fall between RM380 to RM1380.

FROM KUCHING INTERNATIONAL AIRPORT

If you're planning to fly from Kuching to KL, the usual flight duration is around 2 hours. Kuching International Airport, situated 11 kilometers south of the city center, provides flights to KL through various airlines such as Malaysia Airlines, Air Asia, and Malindo Air. Ticket prices vary from RM289 to RM581.

Train

For a fast and hassle-free trip from the airport to downtown, take the KLIA Express train! It takes about 28 minutes to get to KL Sentral, and tickets cost RM55, which is quite reasonable. You can buy tickets either online or at KL Sentral, the main station. Also, enjoy fast onboard WiFi and a free porter service on certain platforms.Moreover, Kuala Lumpur provides a range of rail services including MRT, LRT, KL Monorail, and KTM for smooth travel within the city centre. Easily navigate around and discover everything Kuala Lumpur has to offer!

ALTERNATE WAY TO KL CITY CENTER

Taxi

Taxis, though still accessible, have become less favoured because of their higher fares in comparison to e-hailing services. Residents often opt for ehailing due to their predictable pricing and lower expenses. However, if you decide to take a taxi, it's recommended to negotiate and confirm meter usage beforehand to avoid being charged excessively.



Bus

Buses offer the most economical transportation option from airports to the city, boasting a fleet of 44 air-conditioned coaches known for their safety and comfort. Fares can start as low as RM15 per person, and while travel times may vary, the average duration to reach the city is approximately 1 hour and 15 minutes.

Additionally, RapidKL buses provide feeder services to MRT, LRT, and Monorail stations, making transportation within the Klang Valley and to KL City convenient. Various companies such as Go KL, Smart Selangor, and PJ City offer unique services, including free bus options. Explore Kuala Lumpur affordably and comfortably with these diverse bus services!



E-Hailing Service

E-hailing services have gained immense popularity in Malaysia, embraced by both locals and tourists for their reliability and convenience via user-friendly mobile apps. These services provide a swift means of reaching destinations, particularly during periods of low traffic. The key attraction of e-hailing lies in its upfront pricing and the provision of accident insurance, making it a favoured option for many. Numerous apps such as GrabCar, AirAsia Ride, InDrive, Kumpool, and others offer these convenient transportation choices.





CAR RENTALS

CAR RENTALS

The Car Rental Association Malaysia (CRAM), or Persatuan Sewaan Kereta Malaysia, plays a vital role in promoting, representing, and safeguarding the interests of its members by acting as a liaison between different regulatory bodies, both public and private. It addresses all aspects related to the car rental industry and related businesses, earning it a reputable status within Malaysia's car rental sector. To assist you further, we've compiled a list of car rental companies for your convenience.

NEXX Car Rental

Address: Kuala Lumpur Sentral, 50470 Kuala Lumpur Contact: +6010-562 1195 Website: https://www.nexxcarrental. com/

Operating Hours: 9.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Lafiy Car Rental

Address: Jalan Lingkaran Tengah 2 65-1, Jalan Melati utama 4 Taman Melati Utama, Melati Utama, 53100 Kuala Lumpur Contact: +6018-267 4661 Website: https://www.lafiydriver.com/ Operating Hours: 9.00 am - 11.30 pm (Monday-Sunday)

AKB Kereta Sewa KL

Address: A4-G, Block-A4, 26, Jalan Mewah 4, Taman Pandan Mewah, 68000 Ampang, Selangor Contact: +6010-549 6590 Website: https://www.akbrentacar com.my/ms/index.html Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)



MOTORCYCLE RENTALS

Opting to rent a motorcycle in Kuala Lumpur comes with numerous benefits. It's a budget-friendly alternative compared to car rentals or ride-sharing services. Motorcycle rentals provide the flexibility to reach inaccessible areas, navigate through traffic effortlessly, and freely explore the city and nearby places at your own pace. Additionally, riding a motorcycle adds an adventurous and memorable dimension to your journey, enhancing the overall excitement of your trip.

RevBike

Address: 74-76, Hotel Sungei Wang, Jalan Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur Contact: +6014-688 8177 Website: https://www.sewamotor.my/

Sewamotor4u

Address: Block A, Jalan Pantai Permai 2, Perumahan Pantai Permai, 59200 Kuala Lumpur Contact: +6011-3736 5910 Website: https://www.facebook.com/ sewamotor4u/ Operating Hours: 9.00 am - 9.00 pm (Monday-Sunday)

Motor Ride Rental Malaysia

Address: MRRM Garage, LG, Menara TM, Jalan Pantai Baharu, Bangsar, 50672 Kuala Lumpur Contact: +6013-341 1337 Website: https://www.facebook.com/ MotorRideRentalMalaysia/



Introduction To KUALA LUMPUR

Kuala Lumpur, the vibrant capital of Malaysia, serves as a symbol of contemporary architecture and cultural richness, offering a multitude of attractions.

Encompassing an area of about 243 square kilometers, Kuala Lumpur is witnessing notable population expansion and economic advancement, ranking as the ninth most visited city globally. In 2021, around 25% of Malaysia's population, totaling approximately 2.0 million individuals, resided in Kuala Lumpur. Over the decade from 2010 to 2020, the city experienced a gradual population growth of 2.2%.

Situated at the convergence of the Gombak and Klang Rivers, Kuala Lumpur is positioned 300 kilometers northwest of Singapore and approximately 40 kilometers east of the Strait of Malacca. Its name, "Kuala Lumpur" in Malay, translates to "muddy estuary," reflecting its location where two rivers meet.

As one of Malaysia's three Federal Territories, alongside Putrajaya and Labuan, Kuala Lumpur has been the host city for significant events such as the 1998 Commonwealth Games and the 2017 Sea Games.

Looking forward, Malaysia's GDP appears poised for robust growth in 2024. In the third quarter of 2023, the gross domestic product (GDP) increased by 3.3%, bringing the growth for the initial nine months of 2023 to 3.9%. This corresponds with the government's projection of approximately 4% growth for 2023.

HISTORY OF KUALA LUMPUR

The following is a chronological overview of Kuala Lumpur's historical progression along with its significant events until this current era.

A group of 87 tin miners conducted exploration in the vicinity of Kuala Lumpur, discovering significant tin deposits in Ampang.

The rapid growth of Kuala Lumpur attracted miners from various areas, leading to a rise in population as well as conflicts, disputes, and rivalries among gangs.

Yap Ah Loy, who led the Chinese community in Kuala Lumpur, played a pivotal role in instituting law and order. Additionally, he initiated the establishment of the city's inaugural school and a refuge for the

A British representative named Frank Sweetenham formulated an urban development plan to modernize Kuala Lumpur.

Selangor designated Kuala Lumpur as its capital city.

After the union of the four state sultans, Kuala Lumpur was designated as the capital of the Federated Malay States.

Arthur Benison Hubback, a prolific British colonial architect, was responsible for both the design and construction of Kuala Lumpur's inaugural railway station.

The city was under Japanese occupation during World War II.

Kuala Lumpur was established as the capital of the Malayan Federation.

On August 31, Malaysia celebrated its Independence Day, marking the end of 151 years of British rule as they opted to leave the country.

With an approximate population of 500,000, Kuala Lumpur encountered distinct administrative challenges.

Kuala Lumpur was appointed as the capital city of Malaysia.

Ethnic tensions escalated into a comprehensive civil conflict involving the Chinese and Malay communities.

Kuala Lumpur attained the status of a city, becoming the first town in Malaysia to achieve this milestone after gaining inde-

Kuala Lumpur became a Federal Territory with its own government.

Prime Minister Dr. Mahathir initiated the "Vision 2020" program during his tenure, bringing about modernization not only in Kuala Lumpur but across the entire nation.

Malaysia's federal administrative capital was relocated to Putrajaya.

Kuala Lumpur Sentral, a key transportation hub and business district, officially opened on June 13, 2001, connecting trains, buses, and the KLIA Ekspres in the capital city.

The 9.7 km Stormwater Management and Road Tunnel (SMART), the world's first dual-purpose underground motorway and water channel, was opened to reduce flooding in Kuala Lumpur's city center.

Kuala Lumpur, the capital city of Malaysia, has long been a concrete jungle set against the backdrop of scenic nature. Over the years, it has transformed into a modern marvel, evolving from its vibrant past through various challenges to become the iconic city it is today. Here are some comparisons showcasing Kuala Lumpur's evolution to a better city.

Then us Now

1. Dataran Merdeka

Dataran Merdeka, or "Independence Square," remains Malaysia's symbolic heart since August 31, 1957, when it saw the Union Jack lowered and the national flag raised, marking independence from British rule. Today, it thrives as a vibrant public space for picnics, events, and celebrations, attracting locals and tourists.

2. Masjid Jamek

Masjid Jamek, officially named Masjid Jamek Sultan Abdul Samad, is located at the confluence of the Gombak and Klang rivers. Completed in 1909 as Malaysia's first brick mosque, it was Kuala Lumpur's main mosque until Masjid Negara opened in 1965. Today, tourists can explore its interior and gardens outside prayer times.

3. Kuala Lumpur City Centre

KLCC, known for the Petronas Twin Towers and Suria KLCC mall, was developed on former race track land. Initiated by former Prime Minister Tun Dr Mahathir Mohamad, the iconic twin skyscrapers soar 451.9m high with an 88-floor steel and glass facade inspired by Islamic art motifs. KLCC Park and Kuala Lumpur Convention Centre are also located there.

4. Petaling Street

LIN

2

Petaling Street, the vibrant heart of Chinatown in Kuala Lumpur, is famous for its diverse goods and culinary delights. Amidst the bustling streets, vendors offer a variety of goods including clothing, accessories, and traditional street cuisine, attracting visitors with its lively atmosphere and cultural richness.

5. Central Market

PETALING STREET

Opened in 1888 as a wet market, the iconic Central Market boasts art deco architecture and heritage status. A tourist hotspot, it offers Malaysian arts, crafts, batik, vintage items, and souvenirs. Right beside it, the Kasturi Walk that was established in 2011, is a covered bazaar featuring stalls selling local snacks and souvenirs, marked by a large wau at its entrance.

6. Kuala Lumpur Railway Station

Kuala Lumpur Railway Station, famous for its stunning architecture, was once among the city's most photographed landmarks alongside Sultan Abdul Samad Building. Designed in an Indo-Saracenic style blending Western and Mughal influences, it housed the bustling Heritage Station Hotel until its closure in 2011. While less busy, it still serves some train services.

7. Medan Pasar

Medan Pasar emerged from the discovery of tin at the confluence of Sungai Klang and Sungai Gombak. Kapitan Cina Yap Ah Loy, the city's founding figure, established markets on his riverside land in the late 1800s. His home, named Medan Pasar, served as a vital hub for early commerce.

DID YOU KNOW?

Meaning of Kuala Lumpur

The term "Kuala Lumpur" stems from the Malay language, where "kuala" translates to "confluence" and "lumpur" means "mud." This name is associated with the specific location where the Gombak and Klang rivers converge. The founding of Kuala Lumpur dates back to 1857 when a small group of 87 Chinese tin miners swiftly established a settlement at this muddy junction of rivers. Following this, the town was officially named Kuala Lumpur.

Parliamentary Democracy System

Malaysia follows a political framework characterized by a constitutional monarchy and parliamentary democracy. Under this system, the King acts as the symbolic head of state, while the parliament holds significant authority in maintaining democratic values and overseeing governance.

World's Tallest Twin Towers is in KL

The Petronas Twin Towers, once the world's tallest structure, were among Malaysia's tallest structures until they were surpassed by the recently completed Merdeka 118.

Malaysian Government is in Putrajaya

Unlike the traditional setup where the government is centralized in the capital city, Malaysia's administrative and judicial hub is located in Putrajaya. Putrajaya serves as the primary center for various government offices in the country.

The Malaysian King lives in KL @ Istana Negara

Situated on Jalan Tuanku Abdul Halim (formerly Jalan Duta) in Kuala Lumpur is the official residence of the Yang di-Pertuan Agong, commonly referred to as the National Palace or Istana Negara.





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Yang di-Pertuan Agong is an Elected Monarch

In Malaysia, while it's not an absolute monarchy, the Yang di-Pertuan Agong is selected through a distinctive rotational system for a five-year tenure by the Conference of Rulers. This method engages the Malay rulers, and the election procedures and rules are detailed in both the Constitution's Third Schedule and the Conference of Rulers' regulations.



Home To The Second Tallest Tower in the World

Did you know that the Merdeka 118 Tower has now become the world's secondtallest structure? It reaches a towering height of 678.9 meters, boasting 118 stories, and stands as the tallest building in Malaysia. The name "Merdeka 118" is derived from its 118 levels. Inspired by the outstretched hand gesture of Tunku Abdul Rahman, who famously exclaimed "Merdeka!" on Malaysia's Independence Day, the tower's design draws inspiration from this iconic gesture.

KL Was the First Country in Asia to Host the Commonwealth Games

Kuala Lumpur hosted the Commonwealth Games for the first time in 1998. Following this, the event returned to Asia in 2010 when Delhi hosted the Games.



Hosted the SEA Games in 2017

Kuala Lumpur was praised for its successful organization of the 2017 Sea Games. This achievement not only raised the country's reputation but also set new records in medal achievements.



KL is The Retail and Fashion Hub of Malaysia

With around 350 shopping malls spread throughout the nation, Malaysia has emerged as a bustling shopping hub, with Kuala Lumpur at its heart. The malls in Kuala Lumpur feature a vast selection of brands, providing a diverse range of merchandise including clothing, accessories, sporting goods, and household items.







iggest & Tallest Ferris Wheel in a theme parkt

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WAVE REVIEW

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FESTIVITIES HAPPENING



in Kuala Jumpur September - November

16 September - Malaysia Day

Malaysia Day on September 16th commemorates the 1963 formation of the Malavsian Federation through the merger of Malaya, Singapore, Sabah, and Sarawak. It symbolizes unity, diversity, progress, and the significance of peace and cooperation. The federation's establishment reflects leaders' dedication to fostering a brighter future for all Malaysians.



31 October - Deepavali

Deepavali is one of the most prominent festivals celebrated in Malaysia. The clay lamps that are seen lighting up homes during Deepavali are the reason it is also known as 'the Festival of Lights'. During this celebration, houses are decked with colourful paper lanterns and 'kolam', which patterns and figures on the ground that were drawn and then coloured rice are spread on them. The main highlight of the festival is by visiting relatives and also greetings and sweets.

6-8 September - Festival Selangor @ Batu Laut

Festival Selangor celebrates the region's diverse culture through events like sports competitions, talent contests, cultural performances, cooking contests, exhibitions, and sales.





1-3 November - MotoGP

The PETRONAS GRAND PRIX OF MALAYSIA captivates motorsports enthusiasts globally, generating exhilaration throughout the race weekend with its thrilling atmosphere and high-speed action on the track at PETRO-NAS Sepang International Circuit.

13-16 September - Malaysian Games Fest @ KL

The Malaysian Games Fest introduces traditional games to modern Malaysians, encouraging future enjoyment through competitions, cultural performances, talent showcases, workshops, exhibitions, food sales, and craft demonstrations.





14 September - Keretapi Sarong 2024

With 100.000 crowds dressed clothing. Keretapi in sarong celebrates Malaysia's Sarong diverse society with cultural showcases including traditional dances, music performances, and storvtelling sessions. all under the theme of "Ethnicity."

ICONIC LANDMARKS

Merdeka 118

Presently ranking as the world's second-tallest structure, the Merdeka 118 stands at a height of 678.9 meters with 118 storeys, making it the latest highest structure in Malaysia. Referred to as Merdeka 118 due to its 118 levels, Its captivating architecture is inspired by Tunku Abdul Rahman's hand gesture during the "Merdeka!" chant on Malaysia's Independence Day.

Address: Jalan Hang Jebat, City Centre, 50150 Kuala Lumpur Contact: +603-2050 5100 Website: https://www.merdeka118. com/office/ Operating Hours: 9.00 am - 9.00 pm

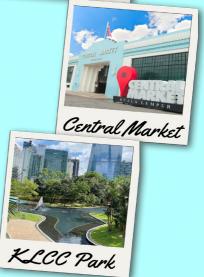
(Tuesday-Sunday) / Closed on Monday

KLCC Park

Take a stroll at KLCC Park where there is a tranquil setting amidst the noise and activity of the neighbourhood. It has a 10,000 square metre artificial lake with fountains. Water may be shot from the main fountain up to a height of 18 metres. Additionally, there is a paddling pool, children's playground, and running track. This is definitely the best spot to take pictures with the iconic Petronas Twin Towers as the background as well as the greenery of the park.

Address: Lot No. 241, Level 2, Suria KLCC, Kuala Lumpur City Centre, 50088 Kuala Lumpur Contact: +603-2382 2828 Website: https://www.suriaklcc.com.my/ attractions/klcc-park/ Operating Hours: 7.00 am - 10.00 pm (Monday - Sunday)





Central Market

Visit the Central Market, also known as Pasar Seni, for some interesting treasures and artifacts. This is where you can find all types of arts and crafts of various cultures in Malaysia. The Central Market is located in the centre of Kuala Lumpur and is easily reachable by public transportation.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur Contact: +603-2031 0399 Website: http://www.centralmarket. com.my/about.php Operating Hours: 10.00 am - 8.00 pm (Monday-Sunday)

A Spectacular enture

Welcome to Kuala Lumpur, the vibrant capital of Malaysia, where remarkable transformations have taken place. This city proudly showcases its crown jewel - the magnificent PETRONAS Twin Towers. Standing tall at a height of 452 meters, these resilient, and progressive twin structures designed by the renowned architect Cesar Pelli symbolise the city's economic growth and embody the aspirations of our nation. The PETRONAS Twin Towers' design incorporates Islamic geometric forms known as Rub El Hizb, resulting in captivating eight-pointed star-shaped floor plates that embody the principles of unity, harmony, stability, and rationality adding a touch of cultural heritage. Immerse yourself in the architectural marvel, embrace the cultural heritage, and witness the city's vibrant skyline from extraordinary heights.

Step into the foyer at the entrance of the halls, and you'll be greeted by designs and patterns inspired by Malaysia's traditional handicrafts and weaving. The wall panels and screens pay homage to the intricate hardwood carvings from the East Coast of Peninsular Malaysia, while the floor designs showcase the beauty of 'pandan' weavings and 'bertam' palm wall mattings. Your journey begins at the Skybridge at Level 41, a breathtaking structure suspended 170 meters above the bustling city streets. Prepare to be mesmerized by panoramic views that stretch as far as the eye can see The Skybridge, connecting the two towers, offers a unique vantage point to observe the city's dynamic skyline. At Level 83, delve deeper into the story of the Twin Towers as digital displays and informative videos provide furthe insights into their design and significance. As the tour continues upward, you'll reach the Observation Deck at Level 86, where a mesmerizing panoramic view of the city skyline awaits. Explore the architectural masterpiece through interactive Augmented Reality (AR) screens and scale models, to gain a deeper understanding of its grandeur

Prepare to be mesmerized when you go on PETRONAS Twin Towers' exclusive tour packages. The Symphony Tour grants you behind-the-scenes access to the prestigious Dewan Filharmonik PETRONAS, where you can witness the rehearsal sessions of a world-class symphony orchestra. Alternatively, the VIP Visit offers an extensive briefing about the towers, followed by a guided tour to the Skybridge and the Observation Deck. With special arrangements for reserved parking and dedicated lift services, this package ensures a seamless and exclusive visit, enhancing the overall experience

This guided tour, spanning approximately 45 minutes, begins at the Skybridge at Level 41, includes interactive Augmented Reality (AR) screens at Level 83, and culminates at the Observation Deck at Level 86. As the PETRONAS Twin Towers celebrate their 25th anniversary this year, a number of activities are planned from August 2024 onwards to mark this significant milestone. These events will further highlight the cultural and architectural significance of this iconic structure, ensuring a memorable experience for all visitors.

To conclude your visit, make sure to visit the PETRONAS Twin Towers Gift Shop for a selection of memorable souvenirs to commemorate your extraordinary experience. Here, you can purchase special momento, limited edition merchandise, and exclusive collectables that capture the essence of this architectural wonder. Whether it's a scale model of the PETRONAS Twin Towers, unique handcrafted items, or PETRONAS-branded apparel, the Gift Shop offers a variety of keepsakes that make perfect gifts for yourself and your loved ones.



SKYBRIDGE @ LEVEL 41

PETRONAS TWIN TOWER

A breathtaking structure suspended 170 meters above the bustling city streets.





360 VIEW @ LEVEL 86

A spectacular panoramic view of the city skyline awaits you.

GIFT SHOP

Located on the Concourse level and Level 83, browse a selection of memorable souvenirs for your experience.



Create unforgettable memories. Get your tickets today!

Lower Ground (Concourse Level), PETRONAS Twin Towers Kuala Lumpur City Centre, 50088 Kuala Lumpur, Malaysia. Enquiries / Ticket Reservations: +603-2331 8080 Visiting Hours: 9.00 a.m. - 9.00 p.m. (Tuesday-Sunday / Public Holiday) 9.00 a.m. - 8.00 p.m. (Monday on 2nd and 4th of the month)

Note: Public visits to the PETRONAS Twin Towers are closed on 1st and 3rd

Monday of the each month. (Except Public Holidays or Replacement Public Holidays)



petronastwintowers





HISTORICAL SITES

Merdeka Square

Merdeka Square stands as a significant historical site in Malaysia, marking the declaration of Malaya's independence. The Sultan Abdul Samad Building and the world's tallest flagpole, towering at 100 meters, are positioned here. Every year, Malaysians gather at Merdeka Square to honor their independence day.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur Operating Hours: Open 24 hours





Tun Hussein Onn Memorial

The late Tun Hussein Onn, who served as Malaysia's third prime minister from 1976 to 1981, is remembered in the Kuala Lumpur museum known as the Tun Hussein Onn Memorial. There are several exhibitions that present the third Prime Minister's relevant good and provide helpful information from each exhibit.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur

Contact: +603-2072 7870

Website: http://www.arkib.gov.my/web/guest/home Operating Hours: 9.00 am - 5.00 pm (Tuesday-Thursday, Saturday & Sunday) / 9.00 am - 12.00 pm, 3.00 pm - 5.00 pm (Friday) / Closed on Monday

Rumah Penghulu Abu Seman

The Rumah Penghulu Abu Seman dates back to the early 20th century. Rumah Penghulu Abu Seman offers guided tours unveiling insights into traditional Malay life. There are also informative videos detailing its relocation and restoration during the tour. Its traditional architectural charm juxtaposed against Kuala Lumpur's modern skyline makes it truly distinctive.

Address: Badan Warisan Malaysia, 2, Jalan Stonor, Kuala Lumpur, 50450 Kuala Lumpur Contact: +603-2144 9273 Website: https://badanwarisanmalaysia.org/visitus/rumah-penghulu-abu-seman/ Operating Hours: 10.00 am - 5.00 pm (Tuesday-Friday) / Closed on Saturday-Monday





Masjid Jamek Sultan Abdul Samad

Masjid Jamek, one of Kuala Lumpur's oldest mosques, showcases a distinctive blend of Islamic architectural styles influenced by both Mughal and Moorish designs. It stands as a notable landmark along the River of Life. Designed by Arthur Benison Hubback in 1909, the mosque embodies the Indo-Saracenic style, reflecting a rich fusion of cultural influences.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur Contact: +603-2691 2829 Website: https://www.facebook.com/ Jamekmosque2/ Operating Hours: 5.30 am - 9.30 pm (Monday-Sunday)

Tugu Negara

The Tugu Negara pays tribute to the lives lost during two significant events in Malaysian history: the Malayan Emergency and the Japanese occupation during World War II. Erected as a memorial to honor these fallen heroes, the National Monument is a solemn reminder of their sacrifices for their country.

Address: Perdana Botanical Garden, Jalan Parlimen, Kuala Lumpur City Center, 50480 Kuala Lumpur Operating Hours: 7.00 am - 6.00 pm

(Monday-Sunday)





River of Life

The River of Life is a prominent landmark in Kuala Lumpur, symbolizing the convergence of the Gombak and Klang rivers. A leisurely walk along its banks unveils a captivating ambiance, especially at night, with dazzling lights and mist accentuating the city skyline and the historic Masjid Jamek, Malaysia's oldest mosque.

Address: Jalan Benteng, City Centre, 50050 Kuala Lumpur Operating Hours: Open 24 hours

MUSEUMS & MEMORIALS

National Art Gallery

The National Art Gallery, which is also called Balai Seni Negara, is a public art gallery located in Jalan Tun Razak. It is free admission to those who want to visit the gallery. This gallery displays paintings, sculptures, batik and also other forms of art made by local artists.

Address: 2, Jalan Temerloh, Titiwangsa, 53200 Kuala Lumpur Contact: +603-4026 7000 Website: https://www.artgallery.gov.my/ Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)





Royal Museum

The Royal Museum of Malaysia welcomed its first visitors on February 1, 2013. Previously, the King and Queen of Malaysia resided in the former National Palace. Today, this palace has been transformed into the museum, now open to the public. Everyone is now invited to explore its halls. You'll be guided by a former palace guard who will provide an informative tour, including a glimpse into the former sleeping quarters of the King and Queen.

Address: Jln Istana, Istana Negara, 50460 Kuala Lumpur Contact: +603-2272 1896 Website: http://www.jmm.gov.my/ms/ muzium/muzium-diraja

Islamic Arts Museum

The Islamic Arts Museum is a museum dedicated to displaying Islamic arts and crafts. Inaugurated on December 12, 1998, this museum holds the distinction of being the largest Islamic arts museum in Southeast Asia, featuring over seven thousand Islamic artifacts from various parts of the world.

Address: Islamic Arts Museum Malaysia, Jalan Lembah, Tasik Perdana, 50480 Kuala Lumpur Contact: +603-2092 7070 Operating Hours : 9.30 am - 6.00 pm (Monday-Sunday)





Muzium Negara

The National Museum in Kuala Lumpur offers a rich exploration of Malaysian history and culture. This is where you can explore comprehensive insights into every facet of Malaysian history within its walls. Its facade also intricately blends contemporary and traditional Malay architectural elements.

Address: Jabatan Muzium Malaysia, Jln Damansara, Perdana Botanical Gardens, 50566 Kuala Lumpur

Contact: +603-2267 1000

Website: http://www.muziumnegara.gov. my/

Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

Royal Police Museum

The Royal Malaysia Police Museum delves into the history of the Malaysian police force, tracing its origins from British colonial era to the 1970s. Initially located at the Police Training Centre in Jalan Semarak, the museum has undergone renovations to accommodate additional exhibits.

Address: 5, Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur Contact: +603-2272 5689 Website: https://www.facebook.com/Royal-MalaysiaPoliceMuseum Operating Hours: 9.00 am - 5.00 pm (Tuesday-Sunday) / Closed on Monday





Memorial Tun Abdul Razak

Dato' Seri Dr. Mahathir Mohamad officiated the Tun Abdul Razak Monument, who became Malaysia's prime minister on May 6, 1982. The structure, initially called the Sri Taman Building, served as Tun Abdul Razak's official residence. It was subsequently renamed the Tun Abdul Razak Monument in tribute to his national contributions.

Address: Jalan Cendrawasih, Perdana Botanical Gardens, 50480 Kuala Lumpur Contact: +603-2693 7141 Operating Hours: 9.00 am - 5.00 pm (Tuesday-Sunday) Closed on Monday

INSTAGRAMMABLE SPOTS

Museum of Illusion Kuala Lumpur

When you're in Kuala Lumpur, don't miss out on visiting the Museum of Illusions. It's a must-see attraction with entertaining and interactive exhibits. Whether you're with family or friends, it's a perfect way to enjoy some quality time together. You can experience walking through the mindbending Vortex tunnel, getting lost in a maze of mirrors, or even having fun with optical illusions like serving someone's head on a tray for lunch!

Address: Level 1, Ansa Hotel Kuala Lumpur, (Between Fahrenheit 88 and Lot 10 Mall), 101, Jln Bukit Bintang, 55100 Kuala Lumpur Contact: +6017-228 2890 Website: https://museumofillusions.my/ Opening Hours: 10.00 am - 10.00 pm (Monday-

Sunday)



KL Tower Skybox

The Sky Box at KL Tower is a well-known observation platform where you can capture panoramic photos from a glass box suspended 300 meters above the city. Take in the breathtaking cityscape from this elevated vantage point and capture stunning images while gazing at the magnificent Kuala Lumpur city!

Address: Menara Kuala Lumpur No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur Contact: +603-2020 5444

Website: https://menarakl.com.my/ Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)

SIGHTSEEING

Batu Caves

One of Malaysia's main tourist destinations, Batu Caves, is situated 13 kilometres north of Kuala Lumpur. The Hindu god Lord Murugan, whose gigantic statue is fairly tall, is claimed to defend the temple. A group of limestone caves and cave temples can be found here. In addition, the vibrant stairway in Batu Caves is the greatest location for Instagram-worthy pictures. This demonstrates further Malaysia's rich cultural diversity.

Address: Gombak, 68100 Batu Caves, Selangor Contact: +603-6189 6284





Why Visit Us?

- Hidden Gem
- Unique Experience
- Mini stories of Malaysia
- Focus on Heritage and Culture
- Exquisite Detail and Craftsmanship
- · Appeals to All Ages
- Celebration of Culture
- Significance of Details
- Visit Malaysia in 1 hour Through
 Miniature Form

Operating Hours:

Open Daily (including public holidays). We will only be closed on first 3 days of every Chinese New Year.

From 10:00 AM to 10:00PM Last entry at 8:00 PM





Sungei Wang Plaza Lot No. MUF-1, Level 1 (Gr

Lot No. MUF-1, Level 1 (Green Zone), Jalan Sultan Ismail, 50250, Kuala Lumpur, Malaysia.



The idea of a miniature gallery started in 2008 and throughout the years, it has been evolving constantly; exploring and developing its identity. MinNature Malaysia aspires to show the world how wonderfully unique our culture and heritage really are, and with the art of miniaturising everything, we are able to visualise things in a whole new perspective and thus make it easier to appreciate all the "little things" in our life.

Each diorama or display tells their own stories; of life, hope and celebration. It feels like we have just stopped time and preserved that very special moment in forms of miniatures; giving our audience an opportunity to catch a glimpse of what it would have really looked like.

> Follow Us On : Follow Us On :

Saloma Bridge

Saloma Bridge, also known as Pintasan Saloma, links KLCC and Kampung Baru area, offering picturesque views of the iconic Petronas Twin Towers against the vibrant KL skyline. Its captivating changing lights make every angle a photo-worthy moment.

Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur





Illusion 3D Art Museum

Explore the Illusion 3D Art Museum in Kuala Lumpur, a haven of floor-to-ceiling mesmerizing 3D artworks. Crafted by skilled artists, these expansive pieces integrate cultural motifs, enhancing their allure. Immerse yourself in these immersive artworks, stepping into scenes that transport you into the picture itself!

Address: Lot 4.01-4.03, Second Floor Central Market Annexe, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur Contact: +603-2022 1613 Website: https://illusion3dartmuseum.com/ Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

Jalan Alor Street Art

De-stress yourselves by enjoying the creative and stunning artworks made by local artists at Jalan Alor Street Art. Besides that, grab this opportunity to take Instagrammable pictures and spice up your Instagram feed as you visit this street art.

Address: 64, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur Contact: +603-2110 5670 Operating Hours: Open 24 hours



PARKS & GARDENS



Perdana Botanical Garden

The Perdana Botanical Garden is a very great place for a stroll along the beauty of nature. The garden is quite huge and comprises various different types of gardens and sections including a special plants division where interesting exotic trees from other parts of the world can be found in the garden. Besides, there are a number of tables and gazebos available at this park for everyone.

Address: Jalan Kebun Bunga, Tasik Perdana, 55100 Kuala Lumpur Contact: +603-2276 0432 Website: http://www.klbotanicalgarden.gov. my/ Operating Hours: 7.00 am - 8.00 pm (Monday-Sunday)

Taman Tasik Titiwangsa

Enjoy quality weekends with friends or family at Taman Tasik Titiwangsa, engaging in activities like jogging, cycling, or leisurely strolls with the backdrop of KL's skyline. Explore additional fun options such as a sky canopy walk, a mini water park, a spacious playground for kids, and various other activities available in the park.

Address: Tasik, Titiwangsa, 53200 Kuala Lumpur Contact: +6017-301 0549 Operating Hours: 6.00 am - 8.00 pm (Monday-Sunday)





Taman Tasik Permaisuri

The ideal area to jog in the centre of KL city is Taman Tasik Permaisuri. You have a choice of routes to choose from while you jog around this park. A plant terrace sits in the middle of the beautiful nature surrounding the garden. In addition, there are several food and beverage stands close to the park where guests can have a quick snack after engaging in enjoyable leisure activities.

Address: Jalan Tasik Permaisuri 2, Bandar Tun Razak, 56000 Kuala Lumpur Contact: +603-2617 6396 Operating Hours: 6.00 am - 8.00 pm (Monday-Sunday)

ECO & AGRO TOURISM

KL Forest Eco Park

While admission is free, KL Forest Eco Park provides diverse activities for all. From camping and hiking to educational experiences, the highlight is the 200-meter canopy walk, ideal for stunning Instagram shots and scenic views of nearby towers!

Address: Lot 240, Jalan Raja Chulan, Bukit Kewangan, 50250 Kuala Lumpur Contact: +603-2020 1606 Operating Hours: 8.00 am - 5.30 pm (Saturday-Thursday) / Closed on Friday



Farm Fresh @ UPM

The Acre Farm Fresh at Universiti Putra Malaysia is a sought-after destination in the Klang Valley. Visitors can relish scenic landscapes and encounter a variety of farm animals like deer, turkeys, and rabbits. It also offers food stalls, fresh produce, educational materials, and ice cream. Moreover, guests can engage in tractor rides, horseback riding, and mini train excursions.

Address: Jalan Maklumat, 43400 Serdang, Selangor

Website: https://www.farmfresh.com.my/ experience/

Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10am-10pm (Saturday & Sunday) / Closed on Monday

Kebun-Kebun Bangsar

Kebun-Kebun Bangsar stands out as a unique 2.5-acre urban community food garden, situated atop a hill in a residential area in Bangsar. With a picturesque view of the Kuala Lumpur skyline, it's a serene retreat for families seeking relaxation in the city, and it's free to access. The park boasts diverse animals, lovely flowers, and thriving vegetable plots, offering an enjoyable experience for all.

Address: Lorong Bukit Pantai, Bangsar, 59100 Kuala Lumpur Contact: +6016-414 1620 Website: https://www.facebook.com/kebunkebunbangsar/ Operating Hours: 8.30 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday





Malaysia is known for its rich traditions and cultures, with a blend of different ethnicities, languages, and religions. Each group holds onto its unique traditions, creating a society that celebrates a wide array of beliefs, customs, and ways of life. Though Malay culture is predominant, there are distinct regional differences throughout the country.

In Kuala Lumpur, you'll find a vibrant mix of ethnicities, from Malays and Chinese to Indians and indigenous groups, with an increasing number of Borneans calling Peninsular Malaysia home. This diverse nation has evolved through the fascinating fusion of cultures brought by immigrant communities who settled here, intermingling and enriching the local landscape.

To fully embrace Kuala Lumpur, it's important to dive into the distinctive customs and traditions of Malaysian culture. Discovering cultural landmarks and understanding the nation's heritage beforehand sets the stage for respectful engagements with locals. With its abundance of cultural sites, the city invites visitors to deeply immerse themselves in the richness of Malaysian traditions.

ARTS & CULTURAL EXPERIENCES

Malaysian Philharmonic Orchestra

The Malaysian Philharmonic Orchestra, renowned for exquisite performances, regularly enchants audiences at the Petronas Philharmonic Hall, one of Asia's premier venues, offering cultural music by highly talented artists.

Address: PETRONAS Twin Towers, Level Two, Tower Two, Kuala Lumpur City Centre, 50088 Kuala Lumpur Contact: +603-2331 7007 Website: https://www.dfp.com.my/



Panggung Bandaraya

Panggung Bandaraya, a historic theatre hall in Malaysia, dates back to 1896 and was completed in 1904. Designed by renowned architect Arthur Benison Hubback, it is located near Dataran Merdeka.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur Contact: +603-2602 3335



Istana Budaya

Istana Budaya, known as The Palace of Culture, is Malaysia's premier venue for diverse performances including theater, opera, and classical concerts. Located near the National Art Gallery in central Kuala Lumpur, it attracts audiences from diverse backgrounds.

Address: Jalan Tun Razak, Titiwangsa, 50694 Kuala Lumpur Contact: +603-4026 5555 Website: http://istanabudaya.gov.my/



PLACES OF WORSHIP - MUSLIM



Masjid Jamek Sultan Abdul Samad

Masjid Jamek, one of Kuala Lumpur's oldest mosques, blends Mughal and Moorish architectural styles. Located at the confluence of the Gombak and Klang rivers, it was designed by Arthur Benison Hubback in 1909. The mosque, reflecting Indo-Saracenic influences, stands as a prominent landmark along the River of Life.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur Contact: +603-2691 2829 Website: https://www.facebook.com/ Jamekmosque2/ Operating Hours: 5.30 am - 9.30 pm (Monday-Sunday)



National Mosque of Malaysia

The National Mosque of Malaysia, built in 1963, is a key symbol of the country's Islamic identity. It accommodates 15,000 people and features 73-meter-high minarets and a unique 16-pointed star-shaped concrete roof resembling an open umbrella. The mosque's architecture symbolizes cultural and religious significance through its design elements.

Address: Jalan Perdana, 50480 Kuala Lumpur

Contact: +603-2693 7905 Website: https://masjidnegara.gov.my/ms/ Opening Hours:6:30 am - 4 :00 pm, 5:30 pm - 7:00 pm (Monday-Sunday)



Saidina Abu Bakar As-Siddiq Mosque

Masjid Saidina Abu Bakar As-Siddiq in Bangsar, built in 1982, blends traditional Malay mosque architecture with modern elements. Its open design, featuring wooden doors and Islamic motifs, influenced other mosques like the Maldives National Mosque.

Address: Masjid Saidina Abu Bakar, Jalan Ara, Bangsar, 59100 Kuala Lumpur Contact: +603-2283 3707 Operating Hours: 5.00 am - 9.30 pm (Monday-Sunday)

PLACES OF WORSHIP - BUDDHIST

Buddhist Maha Vihara

Built in 1894 by the Sinhalese community in Kuala Lumpur and its vicinity, the Buddhist Maha Vihara was established as a place of worship for the Sri Lankan Theravada religion. The British Administration facilitated the migration of many Sinhalese merchants, artisans, and skilled workers from Ceylon to establish the colonial Malayan Civil Service.

Address: 123, Jalan Berhala, Brickfields, 50470 Kuala Lumpur Contact: +603-2274 1141 Website: https://buddhistmahavihara. org/

Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)



Thean Hou Temple

The Thean Hou Temple, built in tribute to the Chinese sea deity Mazu, features a distinctive six-tiered design. Finished in 1987 and formally inaugurated in 1989, it is overseen by the Selangor and Federal Territory Hainan Association. This temple was constructed by the Hainanese and ranks among Southeast Asia's grandest temples.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur Contact: +603-2274 7088 Website: https://www.facebook.com/ theanhoutemple/ Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)



Guan Di Temple

Located in Chinatown KL, the Guan Di Temple is a significant religious landmark and one of Kuala Lumpur's most famous temples. Constructed in 1888, it was funded by the city's affluent Chinese population.

Address: 168, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur Contact: +603-2072 6669 Website: https://kwongsiew.org/ Operating Hours: 7.30 am - 3.30 pm (Monday-Sunday)



CULTURE

PLACES OF WORSHIP - HINDU



Sri Maha Mariamman Temple

Near Chinatown, the Sri Maha Mariamman Temple stands as Kuala Lumpur's oldest Hindu temple. Originally constructed in 1873 and rebuilt in 1968, it boasts a striking five-tiered "Raja Gopuram" tower. A visit to this iconic temple is a must when in KL, as it showcases vibrant religious carvings and sculptures that captivate visitors.

Address: Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur Contact: +603-2078 5325 Operating Hours: 6.00 am - 8.30 pm (Sunday, Tuesday-Thursday) / 6.00 am -8.00 pm (Monday) / 6.00 am - 9.30 pm (Friday) / 6.00 am - 9.00 pm (Saturday)

Court Hill Sri Ganesar Temple

Located in Pudu, the Court Hill Sri Ganesar Temple holds great significance as a Hindu place of worship in Malaysia. Recently renovated in 2021, the temple, though small, is celebrated for its profound spiritual atmosphere.

Address: 9, Jalan Pudu Lama, Bukit Bintang, 50200 Kuala Lumpur Contact: +603-2078 9825





Sree Veera Hanuman Temple

The Sree Veera Hanuman Temple in Brickfields pays homage to Lord Hanuman, the esteemed monkey deity. The temple is adorned with captivating murals depicting Hanuman's life.

Address: Jalan Scott, Brickfields, 50470 Kuala Lumpur Contact: +603-2276 2723 Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)

PLACES OF WORSHIP - CHRISTIAN

Cathedral of St John the Evangelist

St. John the Evangelist Cathedral, the main church of the Roman Catholic Archdiocese of Kuala Lumpur, was built in 1954. It has a pure white exterior and twin spires, adorned with Parisian stained glass windows. It is known as one of Kuala Lumpur's oldest Catholic churches, dedicated to St. John the Evangelist.

Address: 5, Jln Bukit Nanas, Kuala Lumpur, 50250 Kuala Lumpur Contact: +603-2078 1876 Website: https://www.facebook.com/cathedralofstjohnkl/

Operating Hours: 6.00 am - 8.00 pm (Monday-Sunday)





St Anthony's Catholic Church

The Church of St. Anthony was built in 1913 and was dedicated to commemorate his contributions to the Indian community in Kuala Lumpur.

Address: 5, Jalan Robertson, Bukit Bintang, 50150 Kuala Lumpur Contact: +603-2141 4172 Website: https://www.stanthonykl.com/

Church of Our Lady of Fatima

Built in 1963, the Church of Our Lady of Fatima features contemporary architecture and serves Brickfields' diverse Catholic community of over 1,500 parishioners from surrounding areas like Bangsar and Taman Seputeh.

Address: 21, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur Contact: +603-2274 1631 Website: https://olfkl.com/ Operating Hours: 9.00 am - 1.00 pm, 2.00 pm -5.00 pm (Tuesday-Friday) / 9.00 am - 1.00 pm (Saturday) / 8.00 am - 12.00 pm (Sunday) / Closed on Monday



Kuala Lumpur is a great place for families, especially those with young children, because it has lots of fun things for children to do and opportunities to learn about its different cultures. The city has attractions made just for kids, where they can have fun while also learning. To help families find their way around, there's a list of important cultural sites, restaurants that are good for families, places to shop, festivals, and special events. Kuala Lumpur is known as one of the best cities in Asia for families, with places indoors where it's cool, smooth paths to walk on, and areas where it's safe to push strollers.

Parents who want their kids to have fun and learn at the same time will like the interactive places in the city. Going to these places will let parents do two things at once as well, which are being able to see new places and help their kids learn. It's a good idea to plan a trip that includes these recommended places if you want to have a memorable and enjoyable time in Kuala Lumpur.

ANIMAL INTERACTION CENTRES







Zoo Negara

Zoo Negara opened its doors in 1963 and has become famous worldwide. The zoo has about 5137 animals from 476 kinds of fish, birds, reptiles, amphibians, and mammals. It's a great place to take the kids to see various animals up close.

Address: Jalan Taman Zooview, Taman Zooview, 68000 Ampang, Selangor Contact: +603-4108 3422 Website: https://www.zoonegaramalaysia. my/

Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

Deer Park

The Deer Park, spanning two hectares is where you'll meet with a variety of deer species including fallow, axis, and sambar. The park boasts lush greenery, serene ponds, and a calm ambiance, making it a favorite among visitors.

Address: Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur Contact: +603-9200 0039 Website: http://www.klbotanicalgarden. gov.my/garden-guide/features/deer-park Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

Farm In The City

Farm In The City combines fun and learning, with various animals tagged with informative details. Visitors can be up close and personal with the adorable farm animals!

Address: Lot 40187-40188, Jalan Prima Tropika Barat 1, Pusat Bandar Putra Permai, 43300 Seri Kembangan, Selangor Contact: +603-8941 3099 Website: https://www.farminthecity.my/ Operating Hours: 10.00 am- 6.00 pm (Monday, Wednesday, Thursday, Friday) / 9.30 am - 6.00 pm (Saturday & Sunday) / Closed on Tuesday

UNLEASHING THE ULTIMATE HALLOWEEN THRILLS WITH SUNWAY THEME PARKS

Once a year, like clockwork, Sunway Theme Parks undergoes a transformation, turning into a spine-chilling and eerie realm in the month of October in celebration of Halloween with two of the most spine-chilling events of the year: Nights of Fright at Sunway Lagoon and Screamfest at Sunway Lost World Of Tambun. These Halloween events promise a heart-pounding blend of terror, excitement, and unforgettable experiences.

NIGHTS OF FRIGHT

Held annually at Sunway Lagoon, Nights of Fright transforms the night park into a terrifying realm of haunted houses, scare zones, live performances, and more in collaboration with Sudden Impact! Entertainment Company. Each year, this event unveils new attractions, drawing inspiration from classic horror tales and nightmares from East to West. Nights of Fright also offers guests the chance to step into the scenes of their favorite horror films. Guests can expect to encounter scare actors, eerie settings, and chilling effects designed to test the limits of their courage. Nights of Fright offers a diverse range of scares that cater to every level of horror enthusiast.

A CELEBRATION OF FEAR

Both Nights of Fright and Screamfest excel at blending entertainment with fear, creating events that are as thrilling as they are terrifying. These Halloween celebrations are experiences that bring people together in a shared love of all spooky things. From the detailed set designs to the experity executed scares, every aspect of these events is crafted to ensure that guests leave with unforgettable memories and a heightened appreciation for the art of horror.

What sets Sunway Theme Parks apart is not just their spine-chilling haunted houses and attractions but also the exhilarating rides that add an extra layer of thrill to the experience. Imagine the rush of a roller coaster combined with the terror of a haunted house—it's a unique blend of fear and excitement you won't find anywhere else. These added elements make Sunway's Halloween events a must-visit, offering something for every thrill-seeker and horror enthusiast.

SCREAMFEST

Screamfest, another cornerstone of Halloween festivities held in Sunway Lost World Of Tambun takes fright to new heights with its immersive horror experiences. With meticulously crafted professional sets. actors, and cutting-edge Special effects Screamfest creates a terrifyingly realistic atmosphere that leaves a lasting impression. Whet walking through the maze-like halls of a haunted asylum or running from a psychotic zombie, auests guaranteed are an adrenaline - fueled adventure that lingers long after the screams have faded.





Whether you're a die-hard horror fan or simply looking for a unique way to celebrate Halloween, Nights of Fright and Screamfest in Sunway Theme Parks offer unparalleled experiences that are sure to delight and terrify in equal measure. Gather your bravest friends, prepare for a night of spine-tingling excitement, and embrace the fear at these ultimate Halloween events

Visit our website at: sunwaylagoon.com











IPOH



Theme Parks & Educational Playlands



Planetarium Negara

The National Planetarium in KL, dedicated to science and astronomy, offers an engaging learning experience for children. The entrance resembles a teleport chamber, leading to interactive exhibits and a Space Theater.

Address: 53, Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur Contact: +603-2273 4303 Website: https://www.planetariumnegara. gov.my/

Operating Hours: 9.00 am - 4.30 pm (Tuesday-Sunday) / Closed on Monday

Petrosains

Petrosains, situated in the iconic Petronas Twin Towers, offers an engaging and interactive setting for all ages to explore science through unique displays and presentations.

Address: Petronas Twin Tower, Level 4, Kuala Lumpur City Centre, 50088 Kuala Lumpur Contact: +603-2331 8181 Website: https://petrosains.com.my/ Operating Hours: 9.30 am - 5.30 pm (Tuesday-Friday) / 9.30 am - 6.30 pm (Saturday & Sunday) / Closed on Monday







MinNature Malaysia

Immerse yourself in a collection of hundreds of miniature scenes from Malaysia's culture. The miniature collection includes Malaysia traditional houses, wau kites, batik paintings, foods and so on. Visitors could wander around the gallery and escape into tiny worlds and enjoy looking at the miniatures.

Address: Jalan Sultan Ismail JUMPA @ Sungei Wang Plaza, Level 1, 50250 Kuala Lumpur Contact: +6011-1009 9374 Website: https://minnature.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

ADRENALINE-INDUCING ACTIVITIES

SkyLine Luge

Skyline Luge Kuala Lumpur, at Gamuda Luge Gardens in Rawang, offers thrilling luge rides and chairlift ride up a hill, making it a must-visit destination for a fun day out with loved ones.

Address: Gamuda Luge Gardens, 48050 Rawang, Selangor

Website: https://kualalumpur.skylineluge.com/

Operating Hours: 10.00 am - 6.00 pm (Monday, Tuesday & Thursday) / 10.00 am - 10.00 pm (Friday-Sunday) / Closed on Wednesday

SuperPark

SuperPark KL offers various fun and memorable activities. Enjoy a thrilling two-hour experience by choosing and booking your preferred time slot. For an adrenaline boost, race with pedal cars, slide on tubes, and many more!

Address: Unit 4-1, Level 4 Avenue K Shopping Mall, 156, Jalan Ampang, 50450 Kuala Lumpur Contact: +6012-301 1040

Website: https://www.superpark.com. mv/

Operating Hours: 11.00 am - 8.30 pm (Tuesday - Thursday) / 10.00 am -7.30 pm (Friday - Sunday) / Closed on Monday

Hauntu

Experience chills at Hauntu Malaysia in Linc KL, where eerie stories unfold until midnight. Designed for ages 8 and above, skilled actors guide participants through intricate mazes and interconnected tales at the Colle Eastern Hotel for an immersive adventure.

Address: 360, Jln Tun Razak, Pudu, 50400 Kuala Lumpur, Contact: +6011-1686 9199 Website: https://ihauntu.com/ Operating Hours: 2.00 pm - 10.00 pm (Monday, Wednesday-Friday) / 11.00 am - 10.00 pm (Saturday & Sunday) / Closed on Tuesday



SHOPPING IN KUALA LUMPUR

Shopping plays a big role in Malaysian tourism, and the Secretariat Shopping Malaysia (SSM) aims to make Kuala Lumpur a top-notch shopping destination for both locals and international visitors. As we already know, Kuala Lumpur has a myriad of shopping malls, with over 190 in the Klang Valley and more than 50 in KL alone. These malls aren't just for buying things – they've turned into places where people hang out, have fun, and do various activities.

In Malaysia, where the weather is hot, locals would just head over to malls to escape the heat and enjoy the air conditioning. Even if some folks don't plan on buying anything, they still like to go window shopping because it makes them feel good and happy.

KL is known for affordable shopping, so travellers, both local and foreign, often come with empty suitcases. You can even try bargaining for better prices in certain places like the street markets in Petaling Street and Jalan TAR. However, luxury malls like Pavilion and Suria KLCC boast international brands like Jimmy Choo, Louis Vuitton, Gucci, and many more.

If malls aren't your thing, there are plenty of local markets in KL offering good deals on unique items at reasonable prices. Day and night markets, as well as flea markets, are popular spots filled with people. Check out our list of shopping places in KL for your next visit!

JOYFUL LIVING WITH HASSLE-FREE OWNERSHIP FOR SWNK HOUZE HOMEBUYERS

You step out of your home, and the city is already bustling with life at 8 in the morning. Breakfast shops are opening, and people are heading to work. You take the lift down to your favourite cafe at LaLaport mall, conveniently connected to your residence. As you sip your coffee, you marvel at the wonderful mix of people from different cultures thriving in harmony.

As you make your way to the train station, you're relieved to avoid rush-hour traffic. You daydream about a productive day at work, followed by a leisurely train ride home. Maybe you'll even hit the gym when you return to your cozy home.

You live at **SWNK Houze**, a selection of contemporary lifestyle serviced residences in the heart of the city. It's a gorgeous enclave within the bustling Bukit Bintang City Centre (BBCC) in Kuala Lumpur. Every interconnected space serves its purpose – to connect homeowners to the city and beyond.

3 REASONS TO CHOOSE SWNK HOUZE :

- · Many have their hearts set on the exciting city life, close to amenities and entertainment.
- There are 441 units at SWNK Houze, with sizes ranging from 463 sq ft to 861 sq ft, offering five different layouts. Homeowners will get to enjoy modern facilities such as a gym, swimming pool, BBQ area, multipurpose hall, lounge, and herb garden. Here are 3 reasons why SWNK Houze makes a great investment for homeowners and investors alike:



Hassle-free ownership for SWNK Houze homebuyers

Turn your dream home into a reality with SWNK Houze's hassle-free ownership process, including zero booking fees, free SPA & loan, and fully furnished units*. There's no better time to invest in a city home from just **RM3,000/month***, so don't miss out! **T&Cs apply*

IF YOU'RE INTERESTED, VISIT BBCC : () bbcckl.com

BBCCbyEcoWorld



CONTACT US

+603 2117 2255

RIIKIT RINTANG

CITY CENTRE

Batik

Batik, a key aspect of Malay culture, involves applying wax-resistant dyes to fabric. Traditionally featuring floral designs, modern batik also incorporates geometric patterns. This evolving art form symbolizes Malaysia's diverse heritage and cultural significance.

Baju Kebaya

The Baju Kebaya is a traditional Malaysian attire for women, featuring a front-opening top made from lightweight materials, often decorated with embroidery and fastened with buttons or pins. It is paired with a sarong, typically made from batik or songket.

Songket

Songket, a traditional fabric from Peninsular Malaysia and Sarawak, is meticulously handwoven by Malay women using silk or cotton combined with gold or silver metallic threads, creating a shimmering effect through a special weaving technique.

Rattan wooven crafts

Malaysia is known for producing various handwoven rattan products like baskets, fans, placemats, and wallets. Buying these items means owning unique pieces and appreciating the skilled craftsmanship of local artisans.



Pewterware

Pewter, a versatile alloy of tin, antimony, copper, bismuth, and sometimes silver, is widely used in Malaysian daily life and religious rituals. Royal Selangor, the world's largest pewter manufacturer, produces various pewter items like tableware, tankards, and tea sets.

NIT

SHOPPING



DISCOVER LOCAL ARTISTRY AND CREATIVITY AT IPC SHOPPING CENTRE

Step into IPC Shopping Centre, where Scandinavian calm meets vibrant community spirit—a place where you'll make lasting memories with loved ones in a cozy, welcoming atmosphere. Just a short stroll from Mutiara Damansara MRT station, IPC is your gateway to artistic discovery and family fun.

This year, IPC is excited to present the **Träffas Marketplace x YouNi Workshop**, a thrilling event series happening on the first and second weekends of each month through December 2024. In collaboration with the renowned YouNi Market, this pop-up extravaganza brings you a delightful mix of art, craft, and gournet treats.

Unique Workshop Experiences

Imagine over 70 talented artisans and local artists transforming IPC into a creative wonderland. With more than 30 hands-on workshops each weekend, there's something for everyone. Explore activities like crafting embroidered keychains, hand crocheting, and making whimsical donut pillows. Delve into the art of bonsai, design beautiful bouquet arrangements, or try your hand at elegant Chinese calligraphy.

Don't miss out—scan the QR code to discover the full range of workshops and reserve your spot!



rf Made with Swedish charm and a local touch.

IPC Träffas Marketplace



SHOPPING MALLS

Suria KLCC

Address: 241, Petronas Twin Tower, Kuala Lumpur City Centre, 50088 Kuala Lumpur Contact: +603-2382 2828

Website: https://www.suriaklcc.com.

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Avenue K

Address: 156, Jln Ampang, Kuala Lumpur City Centre, 50450 Kuala Lumpur Contact: +603-2168 7800 Website: https://www.avenuek.com. my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Fahrenheit

Address: 179, Jln Gading, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2148 5488 Website: https://www.fahrenheit88. com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Plaza Low Yat

Address: 7, Jalan Bintang, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2148 3651 Website: https://www.plazalowyat. com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pavilion Damansara Heights

Address: 3, Jalan Damanlela, Pusat Bandar Damansara, 50490 Kuala Lumpur Contact: +603-2637 8833 Website: https://pavilion-dh.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sunway Velocity Mall

Address: Lingkaran SV2, Sunway Velocity, 55100 Kuala Lumpur Contact: +603-2786 3970 Website: https://www.sunwayvelocitymall.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Berjaya Times Square

Address: 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2117 3111 Website: https://berjayatimessquarekl. com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sogo KL

Address: 190, Jalan Tuanku Abdul Rahman, City Centre, 50100 Kuala Lumpur Contact: +603-2618 1888 Website: https://www.sogo.com.my/ Operating Hours: 10.00 am - 9.30 pm (Sunday-Thursday) / 10.00 am - 10.00 pm (Friday & Saturday)

NU Sentral

Address: 201, Jalan Tun Sambanthan, Brickfields, 50470 Kuala Lumpur Contact: +603-2859 7177 Website: https://www.nusentral.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)





Mid Valley Megamall Address: Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur Contact: +603-2938 3333 Website: https://www.midvalley.com. mv/

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pavilion Bukit Jalil

Address: 2, Persiaran Jalil 8, Bukit Jalil, 57000 Kuala Lumpur Contact: +603-8092 8833 Website: https://pavilion-bukitjalil.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Quill City Mall Kuala Lumpur

Address: 1018, Jln Sultan Ismail, Bandar Wawasan, 54200 Kuala Lumpur Contact: +603-2603 1018 Website: https://www.quillcitymall.com. my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sunway Putra Mall

Address: 100, Jalan Putra, Chow Kit, 50350 Kuala Lumpur Contact: +603-4040 0755 Website: https://www.sunwayputramall. com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pertama Complex First Shopping Centre

Address: Pertama Complex, Lot RG-B, RG Floor, Jalan Tuanku Abdul Rahman, 50100 Kuala Lumpur Contact: +603-2691 6580 Website: https://www.udamalls.com. my/pertama-complex Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pearl Point Shopping Mall

Address: Menara Pearl Point 2 No. 2A, Jalan Sepadu, Off, Jln Klang Lama, 58200 Kuala Lumpur Contact: +603-7981 3333 Website: https://www.facebook.com/ pearlpointshoppingmall/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Intermark Mall

Address: The Intermark, Intermark Mall, 348, Jln Tun Razak, 50400 Kuala Lumpur Contact: +603-2166 8170 Website: http://intermark-mall.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

1 Mont Kiara

Address: 1, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur Contact: +603-6203 0615 Website: https://www.1mk.com.my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Wangsa Walk Mall

Address: 9, Jalan Wangsa Perdana 1, Wangsa Maju, 53300 Kuala Lumpur Contact: +603-4142 8888 Website: https://www.wangsawalkmall.com.my/ Operating Hours:10.00 am - 10.00 pm (Monday-Sunday)

Mitsui Shopping Park Lalaport

Address: 2, Jln Hang Tuah, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2731 3555 Website: https://mitsui-shopping-park. com.my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



SHOPPING

NIGHT MARKETS

Bangsar Baru Night Market

Address: Bangsar Baru, 59000 Kuala Lumpur Operating Hours: 5.30 pm - 11.00 pm (Every Sunday)

Chow Kit Night Market

Address: Chow Kit, 50300 Kuala Lumpur Contact: +6019-332 5077 Operating Hours: 6.00 pm - 11.00 pm (Every Monday)

Pasar Malam Jalan Hujan Emas OUG

Address: Overseas Union Garden, Jalan Hujan Emas 4, Taman OUG, 58200 Kuala Lumpur Contact: +6012-322 3815 Operating Hours: 4.00 pm - 11.30 pm (Thursday) / Closed Friday-Wednesday

Pasar Malam Sri Petaling

Address: NO 19, Jalan Radin Anum, Bandar Baru Sri Petaling, 57000 Kuala Lumpur

Operating Hours: 5.00 pm - 10.30 pm (Every Tuesday)





Jelatek Night Market

Address: Jalan Setiawangsa, Taman Keramat, 53300 Kuala Lumpur Operating Hours: 4.00 pm - 1.00 pm (Every Friday)

Pudu Glutton Street Night Market

Address: Jalan Sayur, Pudu, 55100 Kuala Lumpur Contact: +6011-1168 7607 Operating Hours: 7.00 am - 9.00 pm (Tuesday) / 7.00 am - 10.00 pm (Wednesday) / 7.30 am - 10.00 pm (Thursday) / 4.30 pm - 10.00 pm (Friday & Saturday) / 7.00 am - 10.00 pm (Sunday) / Closed on Monday

Pasar Malam Sentul

Address: 65, Jalan 1/48a, Bandar Baru Sentul, 51000 Kuala Lumpur Contact: +6011-1639 1006 Operating Hours: 5.00 pm - 9.00 pm (Every Friday) GOLDEN

MERAKI

AUTHENTIC INDIAN RESTAURANT





njoy your tea



🜔 FOR RSVP: 019 5252522, 012 7063233 👩 light_of_golden_meraki

GASTRONOMIC DELIGHTS IN KUALA LUMPUR

Malaysia's culinary scene is greatly influenced by its rich cultural diversity, blending Chinese, Indian, and Malay cooking styles. This fusion is evident in the use of traditional cooking tools like woks, a plethora of spices, and inventive flavor combinations that incorporate diverse ingredients.

When exploring Malaysia, travelers are greeted with a vibrant tapestry of people, landscapes, and, notably, cuisine. Embracing this culinary diversity is encouraged, as it offers a chance to sample a wide array of authentic dishes, creating memorable experiences to cherish.

The distinct flavors of Malaysian cuisine, stemming from its diverse ethnic influences, can be savored in authentic Malay eateries as well as Chinese and Indian restaurants. Thus, it's highly recommended for visitors to indulge in the unique local delicacies that Malaysia has to offer.

JAPANESE CUISINE

@ Persiaran KLCC

Sushi Ryu

676



Step into the realm of culinary excellence at Sushi Ryu, hailed as one of the city's most captivating modern sushiya experiences.

The spotlight shines on our gleaming 12-seater sushi counter, meticulously crafted from dark hinoki cypress, exuding an air of timeless elegance. Within our sanctuary, two private rooms await, offering a truly intimate.

At Sushi Ryu, we embark on a profound journey to pay homage to the revered traditions and ingredients from the "Edomae" period, intertwining them harmoniously with the abundant luxuries of the modern world.

- O sushiryu.kl
- www.ryu-sushi.com
- +6013-2033775
- Unit 3.3, Level 2, 11, Persiaran KLCC, Kuala Lumpur, 50088
- Monday Saturday ; 12pm-3pm, 6pm- 10.30pm Sunday - Closed













Tenmasa



Nestled in the heart of Kuala Lumpur, Tenmasa is a haven of casual elegance, dedicated to the art of tempura. Under the masterful guidance of Chef Masanori Iwaasa, this culinary gem opened its doors in November 2019, marking the inception of the city's first premium omakase tempura bar. With an unwavering commitment to innovation, Chef Iwaasa continually captivates diners with a degustation menu that is constantly evolving.

Prepare to be enthralled as the art of tempura unfolds before your eyes at our intimate 10- seater counter. Experience the fusion of flavors as you indulge in epicurean delights such as caviar-topped shirako, bafun uni with shiso leaf tempura, and tantalizing comte cheese-filled Wagyu Rolls. At Tenmasa, each dish is a masterpiece, meticulously crafted to evoke a symphony of sensory bliss.

- O tenmasa.kl
- tenmasa-kl.com
- +6013-2033708
- Unit 3.3a, Level 2, 11, Persiaran KLCC, Kuala Lumpur, 50088
- Monday Saturday ; 12pm-3pm, 6pm- 10.30pm Sunday - Closed

MUST TRY Probes IN KL

Maggi Goreng

Maggi Goreng is one of Malaysians' go-to foods when they are at any Mamak food stalls. Maggi Goreng is a stir-fried instantnoodle dish mixed with vegetables, eggs, meat and soy sauce. Although the name is Maggi Goreng, they do not necessarily use the Maggi brand of instant noodles.

Asam laksa

Penang asam laksa, a must-try in Malaysia, is a Peranakan dish with a fish-based soup that's sweet and tangy. It features tamarind for its sour flavor and offers a complex taste combining sweet, sour, and spiciness.

Char Kuey Teow

Char Kuey Teow, a famous Malaysian street food, is a stir-fried dish with flat rice noodles, soy sauce, eggs, bean sprouts, cockles, and shrimp. The non-halal version includes Chinese sausage and crispy pork fat croutons which you can find at Chinese Hawker stalls.

Nasi Kandar

Nasi Kandar, a popular dish from Penang, was introduced by Hindu Muslim traders from India. It consists of rice served with various curries, meats, and vegetables, with prices varying based on the quantity and types of curries and meats chosen.



32311115 3231A4AU 3112115

Indulge in the unique flavors of Japanese-Chinese fusion at Nakamura Bashi Restaurant! Immerse yourself in a sophisticated atmosphere while savoring an exclusive menu of authentic dishes, expertly blending the best of both cuisines—all at unbeatable prices.





No.8, Unit LG-5, Level Lower Ground, The Sphere, No.1, Avenue 1 Bangsar South City, Jalan Kerinchi, 59200 Kuala Lumpur



scanmenu.my/nakamura-bashi-thesphere-bangar-south-menu

MUST TRY SNACKS & DESSERTS IN KL



Cempedak Goreng

Cempedak Goreng, a tropical fruit in Malaysia, is deep-fried with a coat of batter until it is crispy. The sweetness and softness of the cempedak goes well with the crispy yet savory batter. The locals often eat cempedak goreng during tea time along with a cup of coffee, tea or milo. The cempedak goreng is best to be eaten while it is still hot as you will enjoy the warm and crunchy snack.



Apam Balik

Apam balik is known as one of Malaysia's favorite snacks. It is a sweet dessert with Chinese origins that is currently available in numerous types at any apam balik roadside stalls in Malaysia. The apam balik is a thick and fluffy pancake with many types of fillings such as sugar and butter, nestum, peanut butter, chocolate, sweet creamstyle corn, and so on.



EATING OUT

JAPANESE CUISINE

@ Menara Hap Seng



686



Sushi Sora; Where Edomae Sushi Meets Sky-High Splendor.

Step into a world of exquisite culinary craftsmanship with a stunning view. Est. since 2022, Sushi Sora is perched in the sky, granting visitors a breathtaking bird's eye view of our city's resplendent skyline whilst offering an authentic contemporary style sushiya experience to our esteemed guests.

Anticipate an unrivaled dining affair, where each ingredient resides at the pinnacle of quality, meticulously air-flown from Japan. With 8 exclusive seats in our serene dining hall, we provide an ambiance of tranquility and exclusivity.

- O sushisorakl
- +6013-2033824
- Unit 2-48, Level 48, Naza Tower, Platinum Park, No.10 Persiaran KLCC, 50088 Kuala Lumpur
- Lunch Available Monday, Wednesday, Thursday & Saturday (12pm-2.30pm); Dinner Monday - Saturday (6pm to 10.30pm) Sunday - Closed





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和牛剔金吉田 Wagyu Kappo Yoshida

Immerse yourself in the visionary world of Michelin star Chef Junichi Yoshida at Wagyu Kappo Yoshida, an extraordinary Beef Omakase destination dedicated to showcasing the finest, high-grade Wagyu.

Nestled on the 48th floor of the illustrious Naza Tower, this intimate and exclusive culinary haven beckons you to embark on a remarkable gastronomic odyssey. Indulge in an unparalleled Japanese Wagyu experience, carefully curated to transport your senses to new heights within the vibrant cityscape of Kuala Lumpur.

- O wagyukappoyoshidakl
- wagyu-kappoyoshida.com
- +6011-4669375
- Unit 3-48, Level 48 Naza Tower, Platinum Park. No.10 Persiaran KLCC, 50088 Kuala Lumpur
- Monday-Saturday (12pm-2pm, 6pm-10.30pm) Sunday - Closed

MALAY CUISINE

D' Cengkih Restaurant

D' Cengkih Restaurant in Kuala Lumpur offers authentic Johorean cuisine, specializing in nasi campur and traditional kuih. Despite being far from Johor, diners can enjoy a variety of flavorful dishes that highlight Johor's rich culinary heritage.

Address: 6, Jalan Tun Mohd Fuad, Taman Tun Dr Ismail, 60000 Kuala Lumpur Contact: +6012-499 9908

Website: https://www.instagram.com/dcengkih. ttdi

Operating Hours: 7.00 am - 5.30 pm (Tuesday-Sunday) / Closed on Monday





Malaya Garden

Visit the trendy Malaya Garden café in Chinatown, where fun treats are served in a multi-level space. Enjoy the lush green decor that reflects Malaysia's beautiful scenery. Try dishes blending Eastern and Western flavors, made with local ingredients for a true taste of Malaysia.

Address: 1A, Jalan Balai Polis, City Centre, 50000 Kuala Lumpur Contact: +6016-912 1268 Website: https://www.facebook.com/malayagarden/

Operating Hours: 8.00 am - 8.00 pm (Monday-Sunday)

Warong Che Senah

Warong Che Senah is a popular food court in Kampung Baru offering various meals like shell out, sizzling hot pot, and chicken grill. It's a great spot to enjoy hearty food with family or friends while admiring the KL skyline.

Address: 53, Jalan Raja Mahadi, Kampung Baru, 50300 Kuala Lumpur Contact: +6019-271 9913 Website: https://www.facebook.com/WarongChe-Senah13/ Operating Hours: 4.30 pm - 1.00 am (Sunday-Thursday) / 4.30 pm - 1.30 pm (Friday & Sunday)



EATING OUT

About Us,

Immerse yourself in the vibrant flavours of Indonesia at Betawi, located in TTDI, KL. Our renowned Indonesian chefs culinary and experts have meticulously curated a menu that spans the archipelago. Savour the spicy kick of Sumatra, the sweet bliss of Bali, and everything in between. Betawi promises an unforgettable dining adventure perfect for food enthusiasts. Join us and indulge in a feast for the senses. where tradition culinary meets excellence.

betawi_ttdi

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CONTACT US : Follow Us On : 🚅 Betawi-TTDI-KL 🔞 betawi_ttdi

3



House of Patin Lipis di KL

Enjoy a delicious meal of patin tempoyak at House of Patin Lipis di KL. Their signature dish is the patin fish with tempoyak gravy and that is a must try dish when you are craving for patin dishes in Kuala Lumpur. Besides patin tempoyak, they also offer various other dishes as well.

Address: No 5 , Jalan Liew Weng Chee, Off, Jalan Yap Kwan Seng, 50450 Kuala Lumpur Contact: +603-2181 7845 Website: https://www.facebook.com/lipisdiKL/ Operating Hours: 12.00 pm - 10.00 pm (Monday-

Restoran Raso Omak Den

Restoran Raso Omak Den offers a selection of traditional Malay dishes for breakfast and lunch. There is a wide variety of Malay dishes to choose from and you will be spoiled for choice. The food is delicious, with authentic Malay flavors that are rich and spicy, true to the traditional Malay cooking style.

Address: Taman Melawati, 53100 Kuala Lumpur Contact: +6011-2139 1676 Operating Hours: 7.30 am - 5.00 pm (Saturday-Thursday) / Closed on Friday







Manja KL

Sunday)

Nestled within a meticulously restored century-old colonial edifice, Manja Kuala Lumpur offers a delightful twist on traditional Malaysian fare. Each dish is crafted with a distinctive blend of flavors and ingredients, promising a culinary journey that pays homage to the region's diverse culinary heritage.

Address: 6, Lorong Raja Chulan, Kuala Lumpur, 50250 Kuala Lumpur Contact: +6012-373 7063 Website: https://www.manja.com.my/ Operating Hours: 12.00 pm - 11.00 pm (Sunday-Thursday) / 12.00 pm - 12.00 am (Friday & Saturday)

JAPANESE CUISINE

Niku 29

5765



NIKU29, located in Menara Hap Seng 3, redefines the Yakiniku experience with its high-quality food, exceptional service, and a chic and modern ambiance. It offers an elegant dining atmosphere in the heart of the city.

NIKU29's curated fusion playlist of jazz, hip-hop, and electronica creates an exciting atmosphere. The restaurant offers versatile seating, from cozy booths for couples and small groups to four private dining rooms with terrazzo counters, making it ideal for both weekday lunches and special occasions.

Here at NIKU29, we source premium Halal-certified beef from Japan and Australia, featuring marbled cuts like ribeye, sirloin, and fillet, known for their tenderness and buttery texture. Our menu includes a variety of marinated options, complemented by house-made dipping sauces and condiments.

- O niku29.kl
- miku29-restaurant.com
- +6019-257 2033
- Unit 1-02, Menara Hap Seng 3, Jalan P. Ramlee, 50250 Kuala Lumpu
- Monday Saturday ; 12pm-3pm, 6pm- 10.30pm Sunday - Closed









@ Menara Hap Seng







Sushi Masa by Ishibash



Sushi Masa by Ishibashi gracefully extends the legacy of renowned Michelin star Chef Masakazu Ishibashi's esteemed Edomae-style sushi restaurant, originally established in Tokyo's prestigious Ginza district.

Bringing a tradition lost in time, a taste of the past flecked with innovation directly from Tokyo to Kuala Lumpur. A visit here at Sushi Masa is a step into Chef Masa's realm, where you will experience authentic, world-class "Edomae Sushi" (authentic style originally from 200 years ago in former Edo, the current Tokyo) using the freshest and highest quality of ingredients from Japan. Every bite unveils a symphony of flavors, representing the pinnacle of culinary artistry and elevating your dining experience to a world-class level.

- (O) sushimasa.kl
- sushimasa.com.my
- +6011-4669374
- Unit 1-03, Menara Hap Seng 3, Jalan P. Ramlee, 50250 Kuala Lumpur
- Lunch Wednesday, Thursday, Saturday & Sunday (12pm-2pm)

Dinner - Tuesday -Sunday (6pm-10:30pm) Monday - Closed

CHINESE CUISINE



Restoran Home Town Yong Tow Foo

Restoran Home Town Yong Tow Fo is a famous halal Chinese restaurant that serves tasty Yong Tau Foo in Ampang. It is also known as a long established place for Yong Tau Foo. They provide a fast service and they serve a wide variety of fresh ingredients as well.

Address: 47, Jln Memanda 9, Taman Dato Ahmad Razali, 68000 Ampang, Selangor Contact: +6012-682 7627 Website: https://www.facebook.com/restoranhtytf/

Operating Hours: 10.30 am - 9.30 pm (Monday-Sunday)

Restoran Chef Low

Restoran Chef Low offers a diverse range of delicious non-halal dishes, delivering an authentic Chinese 'wok hei' flavor that stands out from the first bite. It is best to come in a group either with your family and friends to enjoy the various delicious dishes in the restaurant.

Address: 2, Lorong Ara Kiri 3, Bangsar, 59100 Kuala Lumpur Contact: +603-2095 2766 Website: https://www.facebook.com/ChefLow-Restaurant/ Operating Hours: 11.30 am - 11.00 pm (Monday-Sunday)





Ming Kee Porridge Bukit Jalil

Ming Kee Porridge is renowned for its excellent porridge options in KL and the Klang Valley. They offer a variety of porridges, including Minced Pork Porridge with Salted Egg, MK Fried Porridge, Fish Porridge, and more, all at affordable prices. Every dish is incredibly tasty and packed with flavor!

Address: No. 7G & 7-2, Jalan Jalil Jaya 3, Jalil Link, 57000 Kuala Lumpur Contact: +603-8999 3335 Website: https://www.facebook.com/mingkeeporridge/ Operating Hours: 11.00 am - 9.00 pm (Monday-Sunday)



Kim Yong Gee Beef



Kim Yong Gee Beef Noodles offers authentic Hong Kong-style beef noodles with a rich, meaty broth and tender beef options like Sirloin Mee (Australia beef brisket) in generous portions!





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Damansara Perdana

- Subang Jaya SS15
- **Petaling Street**

Location:

kimyonggeebeefnoodle

INDIAN CUISINE

Ricksha Bangsar

Ricksha Bangsar serves a wide variety of mouth watering South Indian cuisines. This is the perfect place for banana leaf dish lovers as you will get to enjoy the amazing flavours of the dishes being served. Don't get confused when you are there as the restaurant is located on the top floor. The restaurant has a great ambiance along with welcoming and attentive staff as well.

Address: 9A, Jalan Telawi 5, Bangsar, 59100 Kuala Lumpur Contact: +603-2202 0770

Website: https://www.facebook.com/Rickshabangsar1/

Operating Hours: 11.00 am - 9.30 pm (Tuesday-Sunday) / Closed on Monday



Namaste India

Namaste India Hartamas

Namaste India Hartamas offers authentic North Indian cuisine with an extensive menu, large portions, and reasonable prices. Highly recommended for the best North Indian food experience. Don't forget to visit!

Address: No. 6-G, Jalan 31/70a, Desa Sri Hartamas, 50480 Kuala Lumpur Contact: +603-5888 7537 Website: https://namasteindia.com.my/ Operating Hours: 11.30 am - 3.30 pm, 5.00 pm - 11.00 pm (Monday-Thursday) / 11.30 am - 11.00 pm (Friday-Sunday)

EATING OUT

Moghul Mahal Restaurant (KL Tower)

Moghul Mahal, located on KL Tower's ground floor, offers authentic North Indian and Moghulai cuisine. It provides a comfortable and delicious dining experience, which is ideal to stop by after visiting the tower.

Address: UG-06&07, Upper Ground Floor Menara Kuala Lumpur No.2, Jalan Punchak, Off, Jalan P. Ramlee, 50250 Kuala Lumpur Contact: +603-2070 8288

Website: https://www.moghulmahal.com.my/ kl-tower/

Operating Hours: 10.00 am - 10.30 pm (Monday-Sunday)



JAPANESE CUISINE

@ Damansara Kim



686

SUSHI TAKUMI

Nestled within the charming neighborhood enclave of Damansara Kim, Sushi Takumi emerges as an intimate haven of omakase excellence, boldly embracing the latest culinary trends.

With a meticulous selection of the finest, air-flown seasonal produce sourced directly from Japan, prepare for a tantalizing journey that will transport your taste buds to the captivating prefectures of Japan, all within the captivating embrace of Sushi Takumi's meticulously curated menu experience.



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- 🔘 sushitakumi.kl
- +6018-3566725
- No 81, Jalan ss20/11, Damansara Kim, 47400 Petaling Jaya
- Tuesday Sunday (12pm-3pm, 6pm- 10.30pm)



KL THE GUIDE RECOMMENDS Instagrammable Cafes

Mingle Cafe

Located in the Petaling Street area, Mingle Cafe offers a cozy ambiance and a diverse menu featuring big breakfast, vegan options, smoothie bowls, cakes, and pasta. If you are in the area finding cafe to chill with your friends, this the perfect place for a relaxing coffee or meal.

Address: 55, Jalan Sultan, City Centre, 50000 Kuala Lumpur Website: https://www.facebook.com/mingletd Operating Hours: 8.00 am - 5.00 pm (Monday-Sunday)





Breakfast Thieves APW Bangsar

Situated in Bangsar, Breakfast Thieves is an acclaimed brunch cafe renowned for its modern Australian cuisine infused with Asian flavors. Generous portions are served, making it an excellent choice for breakfast or brunch, even in the afternoon, due to its delicious offerings.

Address: Lot M, 29-5, Jalan Riong, Bangsar, 59100 Kuala Lumpur Contact: +603-2201 8829 Website: https://www.breakfastthieves.com/ Operating Hours: 9.00 am - 5.00 pm (Tuesday-Sunday) / Closed on Monday

EATING OUT

Kaffe 16

Kaffe 16, located beside Beryl's Chocolate, is an Instagram-worthy cafe with a courtyard and spiral staircase, offering specialty coffee, chocolate drinks, pastries, and savory dishes.

Address: Lot 16, Jalan Panggong, City Centre, 50000, Kuala Lumpur Contact: +603-2022 2552 Website: https://www.instagram.com/kaffe.16/ Operating Hours: 9.00 am - 4.30 pm (Monday-Friday) / 8.30 am - 4.30 pm (Saturday & Sunday)



IN KUALA LUMPUR

NIGHTL

As the sun sets in Kuala Lumpur, the city's vibrant nightlife springs to life. The change from day to night is stunning, with streets bustling and many places to go out. Rooftop bars are especially popular, giving amazing views from tall buildings. They make the city's nighttime charm even more special.

There's a lot to choose from for a night out, from fancy restaurants to cozy cocktail spots. Places like Changkat Bukit Bintang are lively and full of Western-style bars, drawing in young people who want a fun atmosphere. In quieter areas like Bangsar, you might stumble upon secret bars with a more intimate feel.

Kuala Lumpur's nightlife keeps going late into the night, with DJs pumping music until the early hours. Overall, it offers a mix of excitement and diversity, making sure there's something memorable for everyone to enjoy in different parts of the city.

 Image: Contract of the contract of the

REGULAR PUBS & BARS

Skullduggery

Address: 2M Plaza Damansara, Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur Contact: +6017-266 7335 Website: https://www.facebook. com/skullduggerykl/

Operating Hours: 4.00 pm - 1.00 am (Tuesday-Saturday) / Closed on Sunday & Monday

Botakliquor Bar

Address: 156, Jalan Petaling, City Centre, 50000 Kuala Lumpur Contact: +603-2022 1100 Website: https://www.facebook. com/BOTAKLiquor/ Operating Hours: 5.00 pm - 12.00 am (Monday-Friday) / 5.00 pm - 1.00 am (Saturday & Sunday)

Taps Beer Bar

Address: 1, Jalan Nagasari, Bukit Bintang, 50200 Kuala Lumpur Contact: +6011-6978 0780 Website: https://tapsbeerbar.my/ Operating Hours: 3.00 pm - 12.00 am (Monday-Saturday) / 12.00 pm -12.00 am (Sunday)

BAC-Beef and Coffey

Address: 73-1, Jln Setia Bakti, Bukit Damansara, 50490 Kuala Lumpur Contact: +6010-287 0731 Website: https://www.facebook. com/highbac.kl/ Operating Hours: 6.00 pm - 12.00 am (Tuesday-Sunday) / 11.00 am - 12.00

am (Sunday) / Closed on Monday

Reka:Bar

Address: 67M, Jln Setia Bakti, Bukit Damansara, 50490 Kuala Lumpur Contact: +6010-287 8908 Website: https://letsumai.com/widget/ reka-bar Operating Hours: 6.00 pm - 1.00 am

(Monday-Thursday) / 6.00 pm - 1.00 am (Saturday) / 5.00 pm - 12.00 am (Sunday)

The Saints Bar

Address: No. 11, Jalan Sri Hartamas 7, Taman Sri Hartamas, 50480 Kuala Lumpur Contact: +6017-979 7148 Website: https://www.instagram.com/ thesaintsbarkl/ Operating Hours: 3.00 pm - 12.00 am (Monday-Sunday)

Loco TTDI

Address: 11, Jalan Wan Kadir 2, Taman Tun Dr Ismail, 60000 Kuala Lumpur Contact: +603-2856 9285 Website: http://locokl.com/ Operating Hours: 2.00 pm - 1.00 am (Monday-Sunday)

Skullduggery

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CLUBS & LIVE ENTERTAINMENT

Gemu Club KL

Address: 1, Jalan Kia Peng, 50450 Kuala Lumpur Contact: +6011-2639 5797 Website: https://www.facebook.com/ gemuclubkl/ Operating Hours: 10.00 pm - 3.00 am

(Wednesday-Sunday) / Closed on Monday & Tuesday

Red Velvet Club KL

Address: J-0G-05, J-0G-06, J-0G-07 & J-0G-08, Solaris Mont Kiara. 2, Jalan Solaris Kuala Lumpur Contact: +6012-668 9978 Website: https://www.facebook.com/ REDVELVETSOLARIS/ Operating Hours: 5.00 pm - 3.00 am (Monday-Sunday)

Pitt Club KL

Address: 3rd Floor, Life Centre, 20, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur Contact: +6017-322 7488 Website: https://www.pittclubkl.com/ Operating Hours: 10.00 pm - 3.00 am (Wednesday-Sunday) / Closed on

Dragonfly KL

Monday & Tuesday

Address: Level 50, Naza Tower @ Platinum Park, 50450 Kuala Lumpur Contact: +6012-628 9876 Website: https://www.facebook.com/ DragonflyKualaLumpur/ Operating Hours: 8.30 pm - 3.00 am (Thursday-Saturday) / Closed on Sunday-Wednesday

Vibes Club

Address: 436, Jln Tun Razak, Kelab Golf di Raja Selangor, 50400 Kuala Lumpur Contact: +6011-1671 6363 Website: https://www.instagram.com/ vibesclubkl/ Operating Hours: 6.00 pm - 5.00 am (Monday-Saturday) / 6.00 pm - 12.00 am (Sunday)

Bilique Bangsar

Address: J-0G-05, J-0G-06, J-0G-07 & Address: 36A, 34A, Jalan Telawi, Bangsar, 59100 Kuala Lumpur Website: https://biliquebangsar.oddle. me/ Operating Hours: 5.00 pm - 3.00 am (Tuesday-Sunday) / Closed on Monday

LE Live House

Address: Level 1, Menara KEN TTDI, 37, Jalan Burhanuddin Helmi, Taman Tun Dr Ismail, 60000 Kuala Lumpur Contact: +6017-991 1266 Website: https://www.facebook.com/ lelivehouse/ Operating Hours: 4.00 pm - 2.00 am (Monday-Saturday) / Closed on Sunday

Head

Gemu Club KL

NIGHTLIFE

est & Lelax In Kuala umpur

Relaxation involves the release of tension to rejuvenate the body or mind. Unlike rest, which is a passive state, relaxation actively contributes to reducing stress and anxiety, enhancing mood, and improving cognitive functions like memory and decision-making. Engaging in activities we enjoy while awake constitutes relaxation, demonstrating its importance in mental and physical well-being. Regular relaxation has been shown to lower the risk of conditions such as depression and heart-related problems. Both rest and relaxation are interconnected, emphasizing the need to prioritize both for optimal health.

Following a day full of adventures, it is recommended to prioritize rest and relaxation with a spa day to unwind and recharge. In the bustling city of Kuala Lumpur, there are various spa and wellness centres that are perfect for you to relax during your trip!

TYPES OF TRADITIONAL SPA TREATMENTS



Acupressure Massage

Pain and muscle tension can be reduced by using the manual therapy technique known as acupressure massage. To imitate pain relief and muscle relaxation, critical areas on the body are gently pressed with the fingertips. Its method is applied to soft tissue and muscular trigger points. Benefits of this massage include relief from pain, headaches, insomnia, poor circulation, sinus issues, arthritis, shoulder stress, and neck stiffness.



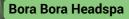
Urutan Malaysia

The unique massage technique called "Urutan Malaysia" is derived from the diverse healing traditions of Malaysia's various ethnic groups. This method seamlessly combines Marma points, Malay urut, Indian head massage, indigenous leg massage techniques, and Qigong therapy. Urutan Malaysia is designed to offer Malaysians a holistic wellness experience, promoting rejuvenation, revitalization, and relaxation.



Thai massage

Thai Massage is a combination of compressions, acupressure, as well as passive stretching. These massages improve the range of motion in your joints, muscles and also your posture. In traditional thai massage, the masseuse would normally use their hands, thumbs, elbows, forearms, and sometimes even their feet to massage in order to reduce tension in your muscles.





Urban Retreat Spa Mont Kiara

Address: second floor, 1 Mont' Kiara, L2-15, 1, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur Contact: +6017-881 3299 Website: https://urbanretreatspa.my/ Operating Hours: 11.00 am - 9.00 pm (Monday-Sunday)

Ozmosis Health & Day Spa

Address: 16-1, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur Contact: +6012-384 6122 Website: https://www.ozmosis.com. my/ Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)

HealthLand Family Wellness Centre

Address: 2, Jalan Bunga Kantan, Off, Jalan Genting Kelang, Setapak, 53300 Kuala Lumpur Contact: +603-4023 3299 Website: https://book.healthland.com. my/ Operating Hours: 11.00 am - 12.00 am (Monday-Sunday)

Erawan Wellness Massage

Address: L2-6A, Avenue K, 156, Jln Ampang, Kampung Baru, 50450 Kuala Lumpur Contact: +603-2166 6999 Website: http://www.erawanwellness. com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Bora Bora Headspa

Address: G1-69, Galaxy Ampang Shopping Centre, Mall, Jln Dagang 5, Taman Dagang Jaya, 68000 Ampang Jaya, Selangor

Contact: +6010-200 2989

Website: https://boraboraheadspa. ibez.us/

Operating Hours: 10.00 am - 8.00 pm (Wednesday-Monday) / Closed on Tuesday

Thai Paradise Spa

Address: 9th floor, KH Tower BEHIND SHANGRI LA HOTEL, 8, Lorong P Ramlee, 50250 Kuala Lumpur Contact: +603-2020 1805 Website: https://www.thaiparadise. com.my/ Operating Hours: 10.30 am - 5.00 am (Monday-Sunday)



MEDICAL TOURISM

Medical tourism refers to traveling abroad for medical treatment, which has become popular due to lower costs. Malaysia is known for its affordable yet high-quality healthcare, attracting hundreds of thousands of visitors every year. The country has a two-tier healthcare system, consisting of a tax-funded public system and a private sector. The public system offers subsidized healthcare, making it accessible to all residents. Malaysian doctors are well-trained and trusted, ensuring patients receive top-notch care and comfort. For those seeking medical advice or cosmetic procedures, Malaysia offers a range of healthcare facilities to choose from!



* ^{xeo}012, ³²⁸ ^{xeo}19 ^{xeo}012, ³²⁸ ^{xeo19} ¹⁹⁴⁴ A GATEWAY TO MENTAL, PHYSICAL AND EMOTIONAL WELL-BEING

Discover a wide array of "Nurturing Wellness Therapies" at Wellness At UMRA! Join us in this journey of a personal retreat. Find balance, focus, inner strength and inspirations for your body, mind and personal growth. Let's embark on this transformative path together – a holistic approach integrating Eastern and Western complementary therapies that will help YOU find your purpose in life and transcends your life's outcomes We promise to make this vacation an exceptionally unique experience for YOU!



Acupuncture

An ancient healing system, Traditional Chinese Medicine has been used to treat numerous health issues for thousands of years.



Hypnotherapy

Harmonize your mind in this journey to serenity. Helps to reduce stress, enhance concentration and self-esteem.

Fertility Massage

Failed IVF or having trouble conceiving? Try our fertility massage by certified therapists to improve circulation, relaxation, and hormonal balance for natural fertility enhancement.

Epigenetics

Uncover health insights with an Epigenetic test to assess health conditions and genetic risks, including mental health. Receive a personalized wellness plan and free consultation.





HEALTHCARE FACILITIES

COVIER MARKEN

Kuala Lumpur Hospital

Address: Jalan Pahang, 50586 Kuala Lumpur Contact: +603-2615 5555 Website: http://hkl.moh.gov.my/ Operating Hours: Open 24 hours

Hospital Tunku Azizah

Address: lot 25, Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kuala Lumpur Contact: +603-2600 3000 Website: https://www.facebook.com/ hospitaltunkuazizah/ **Operating Hours: Open 24 hours**

Institut Perubatan Respiratori

Address: Jalan Pahang, Pekeliling, 53000 Kuala Lumpur Contact: +603-4023 2966 Website: https://www.facebook.com/ IPRhkl/

Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Kuala Lumpur Health Clinic

Address: Jalan Temerloh, Titiwangsa, 53200 Kuala Lumpur Contact: +603-2618 3200 Website: https://www.facebook.com/ klinikkesihatanKL/ Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Cheras Health Clinic

Address: Jalan Yaacob Latif, Cheras, 56000 Kuala Lumpur Contact: +603-9133 3322 Website: https://jknkl.moh.gov.my/ index.php/klinik-kesihatan-cheras-Operating Hours: 7.30 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Klinik Kesihatan Sri Rampai

Address: Wisma Rampai, 2-G-43K, Jalan 34/26, Taman Sri Rampai, 53300 Kuala Lumpur Contact: +603-4142 5429 Website: https://www.facebook.com/ KKSTSR/ Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

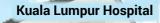
Gombak Aborigines Hospital

Address: KM 24, Jln Gombak, 53100 Kuala Lumpur Contact: +603-6189 2122 Website: https://jknselangor.moh.gov. my/hoag/index.php/ms/ Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Petaling Bahagia Health Clinic

Address: 18, Jalan Puchong, Taman Sri Jati, 58200 Kuala Lumpur Contact: +603-7782 9355 Website: https://jknselangor.moh.gov. my/ Operating Hours: 8.00 am - 1.00 pm,

3.00 pm - 8.00 pm (Monday-Friday) / Closed on Saturday & Sunday



KESIHATAN KUALA LUMPUR

KESIHATAN MALAYSIA



Gleneagles Hospital Kuala Lumpur

Address: 282, 286 & 288 Block A, B and Medical Office Block, Jln Ampang, 50450 Kuala Lumpur Contact: +603-4141 3000 Website: https://www.gleneagles.com. my/

Operating Hours: Open 24 hours

Prince Court Medical Centre

Address: 39, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur Contact: +603-2160 0000 Website: https://princecourt.com/ Operating Hours: Open 24 hours

ParkCity Medical Centre

Address: No.2, Jalan Intisari Perdana, Desa ParkCity, 52200 Kuala Lumpur Contact: +603-5639 1616 Website: https://parkcitymedicalcentre.com/ Operating Hours: Open 24 hours

Pantai Hospital Kuala Lumpur

Address: 8, Jalan Bukit Pantai, Bangsar, 59100 Kuala Lumpur Contact: +603-2296 0888 Website: https://www.pantai.com.my/ kuala-lumpur Operating Hours: Open 24 hours

Global Doctors Hospital

Address: 18, Jln Kiara 3, Mont Kiara, 50480 Kuala Lumpur Contact: +603-2303 9911 Website: https://globaldoctors.asia/ Operating Hours: Open 24 hours



KPJ Tawakkal KL Specialist Hospital

Address: 1, Jalan Pahang Barat, Pekeliling, 53000 Kuala Lumpur Contact: +603-4026 7777 Website: https://kpjhealth.com.my/ tawakkal/ Operating Hours: Open 24 hours

Pantai Hospital Cheras

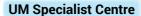
Address: 1, Jalan 1/96a, Taman Cheras Makmur, 56100 Kuala Lumpur Contact: +603-9145 2888 Website: https://www.pantai.com.my/ cheras Operating Hours: Open 24 hours

UM Specialist Centre

Address: UMSC, Lot 28, Lorong Universiti, Lembah Pantai, 50603 Kuala Lumpur Contact: +603-7841 4000 Website: https://umsc.my/ Operating Hours: 8.00 am - 8.00 pm (Monday-Saturday) / Closed on Sunday

Hospital PUSRAWI Sdn Bhd

Address: Lot 149, Jln Tun Razak, Titiwangsa, 50400 Kuala Lumpur Contact: +603-2687 5000 Website:https://pusrawi.com.my/ Operating Hours: Open 24 hours



DENTAL



Klinik Pergigian Smile Up Dental

Address: 15- 1, Jalan Solaris 4, Solaris Mont Kiara, 50480 Kuala Lumpur Contact: +6017-781 1962 Website: https://www.facebook.com/ smileupmk/?locale=ms_MY Operating Hours: 9.30 am - 6.00 pm (Thursday-Tuesday) / Closed on Wednesday

Sentral Dental Clinic

Address: 1st Floor, Sentral Suites Shopping Street, Unit 13, Jalan Tun Sambanthan, Brickfields, 50470 Kuala Lumpur-Contact: +6011-1861 6368 Website:https://www.instagram.com/ sentraldentalclinic/?hl=en/ Operating Hours: 9.00 am - 8.00 pm (Monday-Sunday)

Teethos Dental Clinic

Address: 15A, 1, Jalan Sultan, City Centre, 50000 Kuala Lumpur Contact: +6017-670 0188 Website: https://www.teethosdental. com/ Operating Hours: 9.00 am - 6.30 pm

(Monday-Friday) / 9.00 am - 5.00 pm (Saturday & Sunday)

Klinik Pergigian Erfa Wangsa Melawati

Address: Dataran Wangsa Melawati, 23 - G & 25 - G, Jalan Dataran Wangsa 1, Wangsa Melawati, 53300 Kuala Lumpur Contact: +603-4131 7945

Website: https://www.facebook.com/ kperfa/

Operating Hours: 9.00 am - 9.00 pm (Monday-Saturday) / 9.00 am - 1.00 pm (Sunday)

Senyum Dental Clinic Nu Sentral

Address: Nu Sentral Shopping Centre (Level 3, Lot No.: L3-22) Brickfields, KL Sentral, Kuala Lumpur Contact: +6018-360 9178 Website: https://www.facebook.com/ senyumdentalkl/ Operating Hours: 10.00 am - 8.00 pm (Monday-Sunday)

Klinik Pergigian Kheng

Address: 132, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur Contact: +6011-2624 1182 Website: https://www.khengdental.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Friday) / 9.00 am - 5.00 pm (Saturday & Sunday)

Klinik Pergigian Gigi Inc

Address: 512, Jalan Tuanku Abdul Rahman, Chow Kit, 50100 Kuala Lumpur Contact: +6014-638 2100 Website: https://www.facebook. com/p/Klinik-Pergigian-Gigi-Inc-100083208287005/ Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday



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esme' Founder Ms Karina Ho

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Esmé believes that delaying aging and rejuvenating the face and body are profoundly transformative. With over 14 years of experience, they offer personalized cosmetic and acne treatments to enhance appearance and well-being. Esmé's commitment is to help people feel as youthful and confident as they truly are.

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AESTHETIC PROCEDURES



BREAST PROCEDURES



SKIN TREATMENTS



BODY CONTOURING PROCEDURES





Ikonik Eye Specialist & General Health Centre

Address: 9, 10, 11, Residensi Park, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur

Contact: +603-9765 1368

Website: https://ikonik-eyecentre.com/ Operating Hours: 8.30 am - 5.30 pm (Monday-Saturday) / Closed on Sunday

VISTA Eye Specialist

Address: G-12, Maxim Alam Damai, 43, Jalan 9, Taman Len Seng, 56000 Cheras, Kuala Lumpur Contact: +603-9108 2937

Website: https://www.vista.com.my/ Operating Hours: 9.00 am - 6.00 pm (Tuesday-Saturday) / Closed on Saturday & Sunday

KL Eye Specialist Centre

Address: 73, 73-1, 75, 75, 1, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong, 52100 Kuala Lumpur Contact: +6012-800 5508 Website: https://kleyecentre.com.my/ Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

Optimax Eye Specialist Centre (TTDI)

Address: Bangunan Ahp, 2, Jalan Tun Mohd Fuad 3, Taman Tun Dr Ismail, 60000 Kuala Lumpur Contact: +603-7890 2626 Website: https://www.optimax2u.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

International Specialist Eye Centre - ISEC

Address: Mid Valley Megamall, Level 7 & 8 (via escalator near Starbucks to 1-F then lift to 8-F) Centrepoint South, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur Contact: +603-2284 8989 Website: https://www.isec.my/ Operating Hours: 8.30 am - 5.30 pm (Monday-Friday) / 8.30 am - 1.00 pm (Saturday) / Closed on Sunday

OasisEye Specialist

Address: Unit 1-3, Level, 1, Nexus, 7, Jalan Kerinchi, Bangsar South, 59200 Kuala Lumpur Contact: +603-2730 7676 Website: https://oasiseye.my/ Operating Hours: 8.00 am - 5.00 pm (Monday-Saturday) / Closed on Sunday

ExcelView Eye Specialist Laser Eye Center

Address: 2nd Floor, S-068, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala Lumpur Contact: +603-2287 3797 Website: https://www.excelview.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

OasisEye Specialist





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ABOUT US

Beleco Clinic boasts a rich experience history in the field of aesthetic clinics, showcasing extensive experience and expertise in delivering high-quality treatments and services.

SERVICES



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Wrinkle Removal



Nose Thread Lift





Laser Treatment



Thermage FLX



Fat Freezing / CryoLipolysis



Sculptra



Exosome

C-G-31 10 Boulevard, Lebuhraya SPRINT, Kampung Sungai Kayu Ara, 47400 Petaling Jaya, Selangor



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Bella Clinic

Address: Unit 16, Jalan Radin Bagus 1, Bandar Baru Sri Petaling, 57000 Kuala Lumpur Contact: +603-9055 9277 Website: https://bellaclinic.my/ Operating Hours: 10.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

EE Clinic(Sri Petaling)

Address: No. 12a, Jln Radin Bagus 8, Bandar Baru Sri Petaling, 57000 Kuala Lumpur Contact: +6018-908 1800 Website: https://eeclinic.com/ Operating Hours: 10.00 am - 7.00 pm (Wednesday- Saturday & Monday) / 10.00 am - 4.00 pm (Sunday) / Closed on Tuesday

Nazrin Skin Clinic

Address: 59-1, Mid Valley Megamall, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur Contact: +6012-444 6088 Website: https://nazirinskinclinic.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

BeauLife Clinic

Address: 10-G, Jalan Jalil Jaya 4, Jalil Link, Bukit Jalil, 57000 Kuala Lumpur Contact: +6010-396 7687 Website: https://beaulifeclinic.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 5.00 pm (Saturday & Sunday)

Dermalene Skin Centre-Kuala Lumpur

Address: KL Traders Square, No 92-1, Block E, Plaza KL Traders Square, Jalan Gombak, 5500 Kuala Lumpur Contact: +6012-677 8900 Website: https://dermalene.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)

Ozhean Clinic

Address: GF, 1-37, Residensi Park Bukit Jalil, Persiaran Jalil Utama Bandar Bukit Jalil, Bukit Jalil, 57000 Kuala Lumpur Contact: +6012-666 3291 Website: https://ozhean.com.my/ Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / Closed on Sunday

Kaiteki Skin Aesthetic

Address: No 5, C-5-G Jalil Link, 2, Jalan Jalil Perkasa 1, Bukit Jalil, 57000 Kuala Lumpur Contact: +6011-3301 7188 Website: https://www.kaiteki.my/kuala-lumpur Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday & Sunday)





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ACCOMMODATION In Kuala Lumpur

In Kuala Lumpur, you can find a wide range of places to stay, from simple chalets to fancy 5-star hotels, surrounded by either nature or tall buildings. The cost of staying in Kuala Lumpur is reasonable, making it affordable for everyone. Hotels and resorts in the city offer different types of rooms, and many include breakfast in their packages.

Apart from the usual places to stay, there are options specifically made for backpackers or locals looking for a getaway. Some places have communal areas with things like game rooms and sports courts, perfect for indoor relaxation and fun. If you plan to stay for a long time, you might get a discount.

Prices for hotels in Kuala Lumpur can change depending on how many people are staying, so it's a good idea to check the hotel websites for the latest rates. Using apps or websites like Booking.com, Trivago. com, Traveloka.com, and Agoda.com can help you find lower prices when booking in advance. Booking through these platforms not only saves money but also saves time by avoiding lines at the hotel.



CCOMMODATION



PRESSCOTT HOTEL KL | MEDAN TUANKU

Prescott Hotel Kuala Lumpur – Medan Tuanku is a 3-star hotel offering affordable, comfortable rooms in the city center. Close to financial districts and entertainment venues, it provides easy access to KL's public transportation. The hotel features 140 well-designed rooms and function rooms for small gatherings that are equipped with audiovisual and seminar facilities.



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Prescott Hotel Bukit Bintang offers a prime location in Kuala Lumpur's vibrant Bukit Bintang, close to shopping, dining, and nightlife vibes in Kuala Lumpur. Guests can enjoy 24hour check-in, a coffee shop, concierge services, air conditioning, Wi-Fi, and various other luxurious amenities. This hotel is perfect for your romantic yet budget-friendly stay.



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Address: 3, Jalan Stesen Sentral, Kuala Lumpur Sentral, 50470 Kuala Lumpur Contact: +603-2264 2264 Website: https://www.hilton.com/en/ hotels/kulhihi-hilton-kuala-lumpur/

Shangri-La Kuala Lumpur

Address: 11, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur Contact: +603-2032 2388 Website: https://www.shangri-la.com/ kualalumpur/shangrila/

EQ Kuala Lumpur

Address: EQ, Equatorial Plaza, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur Contact: +603-2789 7777 Website: https://www.eqkualalumpur. equatorial.com/

Pacific Regency Hotel Suites

Address: Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur Contact: +603-2332 7777 Website: https://www.pacificregencygroup.com/pacificregencyhotelsuites/

Oasia Suites Kuala Lumpur

Address: 10, Lorong P Ramlee, Kuala Lumpur, 50250 Kuala Lumpur Contact: +603-2726 6788 Website: https://www.oasiahotel.com/

W Kuala Lumpur

Address: 121, Jln Ampang, Kuala Lumpur, 50450 Kuala Lumpur Contact: +603-2786 8888 Website: https://www.marriott.com/ en-us/hotels/kulwh-w-kuala-lumpur/

E&O Residences Kuala Lumpur

Address: Off Jalan Sultan Ismail, 1, Jalan Tengah, 50450 Kuala Lumpur Website: https://www.eoresidenceskl. com/

Pacific Express Hotel Central Market

Address: Jalan Hang Kasturi, City Centre, 50000 Kuala Lumpur Contact: +603-2022 6888 Website: https://www.pacificregencygroup.com/pacificexpresscentralmarket/

The FACE Suites

Address: 1020, Jln Sultan Ismail, Kampung Baru, 50250 Kuala Lumpur Contact: +603-2168 1688 Website: https://www.thefacekl.com/

Villa Samadhi Kuala Lumpur

Address: 8, Jalan Madge, Taman U Thant, 55000 Kuala Lumpur Contact: +603-2771 2743 Website: https://www.villasamadhi. com.my/



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BUDGET HOTELS/RESORTS

The Grand Campbell Hotel Kuala Lumpur

Address: Ground Campbell Complex, 98, Jalan Dang Wangi, 50100 Kuala Lumpur Contact: +6011-1301 1300 Website: https://www.instagram.com/ the_grandcampbellhotel/

My Hotel@Sentral Brickfields

Address: 1, Jalan Tun Sambanthan 4, Brickfields, 50470 Kuala Lumpur Contact: +603-2273 8000

Prescott Hotel Kuala Lumpur

Address: No 23 Lorong Medan Tuanku Satu, Off, Jln Sultan Ismail, 50300 Kuala Lumpur Contact: +603-2713 7887 Website: http://teg-hotels.com/b/ prescott-hotel-medan-tuanku/

Crossroads Hotel

Address: 1, Jalan Raja Muda Abdul Aziz, Chow Kit, 50300 Kuala Lumpur Contact: +603-2698 7000 Website: https://www.crossroads-hotel.com/

Arenaa Star Hotel

Address: 49-51, Jalan Hang Lekiu, City Centre, 50100 Kuala Lumpur Contact: +603-2078 6988 Website: http://www.arenaastar.com. my/

Hotel 99-Chinatown

Address: 44A &, 44B, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2078 6666 Website: http://hotel99.com.my/

Le Ruiz Boutique Hotel

Address: 24a, Jalan Cemur, Titiwangsa Sentral, 50400 Kuala Lumpur Contact: +603-4050 8065 Website: https://le-ruiz-boutique-hotel. zoombookdirect.com/

1000 Miles Hotel

Address: 17 & 19, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur Contact: +603-2022 3333 Website: https://www.1000mileshotel. com/





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LiLLA Bentong also offers comfortable accommodations that can accommodate up to 220pax, including well-appointed rooms and cabins that blend seamlessly with the natural surroundings. Guests can unwind after a day of activities in the tranquil environment, making it an ideal destination for everyone.





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BACKPACKERS Innel

UFO Capsule Hotel

Address: 30, Lorong 1/77a, Imbi, 55100 Kuala Lumpur Contact: +603-2148 0661 Website: https://www.facebook.com/ ufocapsulehotel.timessquare/

Raizzy's Guesthouse

Address: Ground 167, 167, Jalan Tun H S Lee, Kuala Lumpur City Centre, 50000 Kuala Lumpur Contact: +603-2856 3998 Website: https://www.facebook.com/ Raizzysguesthouse/

Amethyst Dorm KLCC

Address: A-12-01, Mercu Summer Suites, Jalan Cendana, 50300 Kuala Lumpur Contact: +6011-1666 0652 Website: https://amethyst-dorm-klcc. business.site/

Monkey Mansion Jalan Ipoh

Address: Putra Majestik, Jalan Kasipillay, Jalan Ipoh, 51200 Kuala Lumpur Contact: +6018-280 9744 Website: https://monkey-mansion. business.site/

The Explorers Guesthouse

Address: 128, 130, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur Contact: +603-2022 2200 Website: https://www.facebook.com/ theexplorersguesthousekl/

KITEZ Hotel & Hostel

Address: 37, Jalan Petaling, City Centre, 50000 Kuala Lumpur Contact: +603-2389 3754 Website: https://kitezhotel.com/

Illuminate Boutique Hostel

Address: 9, Jln Maharajalela, Kampung Attap, 50150 Kuala Lumpur Contact: +6016-785 2682 Website: https://illuminate-hotel.business.site/



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Tanjung Rhu Resort is a 5-star beachfront retreat situated on the northern shore of Langkawi, Malaysia. The resort is renowned for its breathtaking views of the Andaman Sea and its pristine white sandy beach.

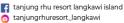
With its crystal-clear waters and lush green surroundings, Tanjung Rhu Beach is often hailed as one of the most beautiful beaches in Langkawi.

The resort provides upscale suites, dining, wedding, meeting facilities, recreational activities, and a spa for an indulgent experience amidst this natural paradise.

TANJUNG RHU RESORT

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STAY CONNECTED:



Beyond the bustling streets of Kuala Lumpur, several fascinating destinations await those seeking an escape from city life. These must-visit spots are all within a convenient hour and a half journey from the city center.

Klang Valley encompasses neighboring towns and cities in the state of Selangor. Both areas are adjacent to Greater Kuala Lumpur, despite certain differences. The Klang Valley's geographic boundaries stretch from the Titiwangsa Mountains to the north and east, to the Strait of Malacca in the west. Semenyih lies in the southeast, Rawang in the northwest, and Klang and Port Klang in the southwest. This metropolitan area serves as the commercial hub of Malaysia. We will share must-visit places in the Klang Valley, categorized by the Northern Region, Central Region, and Southern Region.

Our comprehensive list has various attractions that may help you plan your escape from the hustle and bustle of Kuala Lumpur. The areas beyond the city that we will cover in this issue are famous for their stunning natural beauty, thrilling theme parks, coastal beaches, and delectable cuisines, making them essential destinations for both locals and tourists.-

Join us on a journey to explore these hidden gems and discover the treasures that await you in the Greater Klang Valley. It is time to venture beyond the city and embrace the wonders that lie just a mere distance away from Kuala Lumpur.

Valley Ma ang



BEYOND KL-KLANG VALLEY

Northern Region



Karang

Let's kick off our journey beyond Kuala Lumpur by heading north, where you can explore captivating areas within an hour and a half from the city. Make your way to Sekinchan, Tg Karang, Sabak Bernam, Hulu Selangor, Kuala Kubu Bharu, Kuala Selangor, Puncak Alam, and Jeram, where you'll discover an abundance of natural treasures. These places are a haven for nature enthusiasts looking to escape the bustling city of Kuala Lumpur and immerse themselves in the beauty of the mountains.



HISTORICAL SITES & MUSEUMS

Historical Sites

Kuala Selangor War Memorial

Kuala Selangor War Memorial is a memorial built by the British to honour the volunteer battalions and Malay regiment during the events that took place in World War II. The memorial is located at the roundabout on Jalan Keramat Tanjong in Kuala Selangor.

Address: 2A, Jalan Sultan Ibrahim, Kuala Selangor, 45000 Kuala Selangor, Selangor Operating Hours: Open 24 hours





Museums

Sabak Bernam Museum

The Sabak Bernam Museum is a small museum next to the district library in Sabak Bernam. The museum has agricultural and aquaculture exhibits dedicated to the process of fishing and rice cultivation. The museum also houses various historical treasures from the Sabak Bernam area.

Address: Jalan Raja Chulan, Pekan Sabak Bernam, 45200 Sabak, Selangor Contact: +603-3216 5586 Operating Hours: 9.30 am - 5.30 pm (Monday-Sunday)





ECO TOURISM

Lata Medang

At the one and only Lata Medang Waterfall, take advantage of the ice-cold cooling waters. Lata Medang Waterfall, one of Selangor's must-visit waterfalls, is situated in Kampung Pertak within Kuala Kubu Bharu. It takes a rather lengthy, difficult, but enjoyable climb to get to this spectacular waterfall that gushes crystal clear waters.

Address: Unnamed Road, 44000 Kuala Kubu Baru, Selangor

Fraser Valley

Fraser Valley is a picturesque and spacious place for a glamping activity with your loved ones. Other than that, it is also a good fishing site for those who are interested. It is a great place for a family picnic while you enjoy the beautiful view.

Address: Lot 2440, 3545, Jalan Ampang Pechah, 44200 Kuala Kubu Bharu, Selangor Contact: +6013-740 5114

Sungai Chilling

Sungai Chilling, a waterfall in Selangor, has been called one of the must-visit waterfalls and is located on the route to Fraser's Hill. It is made up of three split vertical waterfalls that run strongly, particularly after a lot of rain. To enjoy this waterfall in all its beauty, it is advisable to visit shortly following such weather which is the rain.

Address: 44000 Kuala Kubu Bharu, Selangor Contact: +603-6064 1214 Operating Hours: 8.30 am - 5.00 pm (Saturday & Sunday) / Closed on Monday-Friday

Alor Lempah

The Selangor River flows alongside manmade waterfalls, creating a unique panorama for the area. The sound of flowing water and the surroundings create a pleasant atmosphere. The perfect location for a variety of outdoor activities.

Address: Jalan Ampang Pechah, Kuala Kubu Bharu, Selangor Operating Hours: Open 24 hours AGRO TOURISM

Sekinchan Coconut Farm

The Sekinchan Coconut Farm is one of the places where you can get fresh coconut water. Their coconut shake is one of the best sellers and they also have vendors selling different types of food. Sit in a hammock under coconut trees and sip on refreshing coconut water to quench your thirst.

Address: Jalan Tali Air 4, 45400 Sekinchan, Selangor Contact: +6017-745 1263 Website: https://www.facebook.com/Sekinchan-Coconut-Farm-104833684659830

Operating Hours: 10.00 am - 5.00 pm (Saturday & Sunday)

Mango King

This is a must-visit place when you are in Sekinchan as they sell mangoes and other local produce. Enjoy their mango shake drink as well as fresh mango fruit that are big as the size of your palm. This is a great place to satisfy your mango cravings.

Address: 248, Lorong Empat, 45400 Sekinchan, Selangor Contact: +6019-303 9406 Website: https://www.facebook.com/pages/Mango-King-Sekinchan/547055168792346 Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

KKB Paragliding Park

Soar through the sky and enjoy the scenery from up above as you paraglide over Kuala Kubu Bharu's lush forests with KKB Paragliding Park. The staff will provide necessary equipment that is needed for paragliding. You are also able to record a video using Go-Pro flight video and keep the recording for your memories as well.

Address: Taman Millenium Sports Complex, Jalan Ampang Pechah, 44000 Kuala Kubu Bharu, Selangor Contact: +6019-219 1144 Website: https://www.facebook.com/KKBParaglidingPark

Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

Flying Fox KKB

Zipline across the Kuala Kubu Bharu bridge above the Selangor river. When you are ziplining, you get to look at the fascinating view of the forest and river from the top. You will have that adrenaline rush right before you soar thousands of feet above the forest canopy.

Address: 55, 44000 Kuala Kubu Baru, Selangor



GRAB ABJE

Abah Bonda Ikan Bakar

Abah Bonda Ikan Bakar is known for their grilled fish and various tasty seafood dishes. They also have a large selection of grilled fish, most of which is fresh, on their menu. You are free to select the fish that you want from their tank. Other seafood varieties are also offered there, including squid, lobster, stingray, cockles and many more.

Address: Jln Kuala Selangor-Teluk Intan, Kampung Sungai Leman, 45400 Sekinchan, Selangor

Contact: +6011-6961 4512

Website: https://www.facebook.com/pages/ category/Restaurant/Abah-Bonda-Ikan-Bakar-Sekinchan-116068206776209/

Operating Hours: 10.00 am - 4.00 pm, 5.30 pm - 11.30pm (Monday-Sunday) / Closed on Tuesday

Restoran Seafood D'Bendang

Restoran Seafood D'Bendang is situated at a beautiful location where it is surrounded by the amazing paddy fields of Sekinchan. They serve various delicious seafood dishes which are definitely worth the try; they are generous with the portion for each dish. The restaurant is spacious as it is perfect to dine in with your family and friends.

Address: Lot 3919, Jalan Sawah Ban Site B, 45400 Sekinchan, Selangor Contact: +603-3241 0338 Website: https://www.facebook.com/ seafooddbendang/?locale=ms_MY Operating Hours: 11.00 am - 2.30 pm, 6.00 pm - 10.30 pm (Monday-Saturday) / 11.00 am -9.30 pm (Sunday)







Warung Kak Hajah

Warung Mee Kuah Tulang Kak Hajah is where you can get delicious mee kuah tulang, which is bone gravy soup noodle. The dish is served with thick and garnished soup with spices; each dish comes with a big portion. They also offer fresh coconut water that is fresh from the tree as the restaurant is surrounded by plenty of coconut trees. Don't forget to stop by to enjoy a delicious meal of mee kuah tulang while being surrounded by a great environment.

Address: Lorong sebelah kuaters pertanian, Kampung Sungai Burung, 45400 Tanjong Karang, Selangor Contact: +6011-5805 1039 Website: https://www.facebook.com/ warungkakhajah/

Operating Hours: 12.00 pm - 11.00 pm (Wednesday-Monday) / Closed on Tuesday

WaksShake

WaksShake is your local kampung-Western-style restaurant because they serve western cuisines with a kampung scenery. Some of the food served here are fish and chips, pasta, lamb chop, and many more. Most of their food is great at affordable prices as well. Don't forget to stop by this restaurant to enjoy delicious western dishes in a kampung environment.

Address: Kampung Selangor, 45700 Batang Berjuntai, Selangor Contact: +603-3275 0616 Website: https://www.facebook.com/ waksshake/ Operating Hours: 3.30 pm - 10.30 pm (Tuesday-Sunday) / Closed on Monday



Restoran Xiang Qing

Restoran Xiang Qing is one of the best chinese-style seafood restaurants in Sekinchan. They serve delicious seafood with a very reasonable price as well. Their dishes are top-notch as they use fresh ingredients. The price for their seafood dishes are actually affordable and cheaper in comparison to the city centre restaurants.

Address: 123, Jalan Pasar, Pekan Sekinchan, 45400 Sekinchan, Selangor Contact: +6010-983 7088 Website: https://www.facebook.com/xqseafood/ Operating hours: 5.30 pm - 9.00 pm (Monday, Tuesday, Thursday & Friday) / 11.30 am - 8.30 pm (Saturday & Sunday) / Closed on Wednesday

Cuisine

CHINESE

Ririhuat Kopitiam

Stop by this Ririhuat Kopitiam for some delicious breakfast at Sekinchan while enjoying the peaceful ambience of the surrounding. Their signature specialty is the Lor Mai Zhu as it tastes delicious and it is highly recommended to try. They also serve a wide variety of other tasty kopitiam food as well. Don't forget to visit when you are in Sekinchan.

Address: 153, Jalan Radin, Pekan Sekinchan, 45400 Sekinchan, Selangor Contact: +6013-315 9901 Operating hours: 7.30 am - 4.30 pm (Saturday-Wednesday) / 7.30 am - 3.30 pm (Friday) / Closed on Thursday





Restoran Kamalasvathy

Address: Simpang Tiga Ijok, 45000 Bestari Jaya, Selangor Operating Hours: 7.00 am - 12.00 am (Monday-Sunday)

Restoran Asmaas Nasi Kandar

Address: No15, Jln Dataran Suria 15/7, Bandar Puncak Alam, 42300 Kuala Selangor, Selangor Contact: +6017-328 7861 Website: https://vizdine.com/asmaas/ Operating Hours: 6.00 am - 11.00 pm (Monday-Sunday)

Karisma Curry House

Address: Lot No 1278 Jalan Kalabakan, Taman Feri, 45200 Sabak, Selangor Contact: +6017-375 5388 Website: https://m.facebook.com/Karisma-CURRY-HOUSE-257995501363593/ Operating Hours: 6.30 am - 12.00 pm (Monday-Sunday)

Restoran Ferozpur Curry House

Address: No. 18, Jalan Dato Muda Jaafar, Pekan Kuala Kubu Bharu, 44000 Kuala Kubu Baru, Selangor Contact: +603-6064 4110 Website: https://www.facebook.com/ kkbferozpurcurryhouse/ Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)

BNS Maju Curry House

Address: Lorong Naluri Sukma B8/B, Bandar Puncak Alam, 45010 Bandar Puncak Alam, Selangor Website: https://www.facebook.com/ pages/BSN-Maju-Curr House/210662 8206054690 Operating Hours: 8.00 am - 8.00 pm (Monday-Sunday)

staycations Spots

Villa Chee

Address: Lot 3919, Jalan Sawah Ban Site B, Pekan Sekinchan, 45400 Sekinchan, Selangor Contact: +6012-505 0328 Website: https://www.villachee.com.

Chalet Seri Pagi Tanjung Karang

Address: Parit 2, Ban 4, Sungai Burong, 45500 Tanjung Karang, Selangor Contact: +6013-336 1515 Website: https://www.facebook.com/ chaletseripagi/

Sri Damai Resort

Address: 640, Kampung Pasir Putih, Kalumpang, 44100 Kerling, Selangor Contact: +6017-316 1213 Website: https://www.facebook.com/ sridamairesort/

De Palma Resort

Address: Jalan Tanjung Keramat, 45000 Kuala Selangor, Selangor Contact: +603-3289 7070 Website: https://sites.google.com/ view/depalmaresortkualaselangor/ home

Villa Sajuri

Address: LOT 299 Jalan Klang Batu 17 1, 2, Kampung Sungai Sembilang, 45800 Jeram, Selangor Contact: +6019-334 3686 Website: https://www.facebook.com/ villasajuri/

Villa Ameda

Address: 106, Jalan Kapar, Kampung Sungai Sembilang, 45800 Jeram, Selangor Contact: +6010-207 3686 Website: https://www.facebook.com/ VillaAmeda/

Woods Resort

Address: No1 Jalan Sungai Tua Ulu Yam, Selangor Contact: +603-6075 3166

Hulu Tamu Eco Resort

Address: 44200 Batang Kali, Selangor Contact: +6018-311 0608 Website: https://www.facebook.com/ HuluTamuEcoResort/ Operating Hours: 7.00 am - 10.00 pm (Thursday-Monday) / Closed on Tuesday & Wednesday

Gentral Region

Shah Oflan

ubang ya

Venture just a short drive either towards the central region of Klang Valley, and you'll find a wide range of enchanting destinations within a short 1.5-hour drive. Explore areas like Klang, Shah Alam, Subang Jaya, Petaling Jaya, Gombak, Rawang, Ampang, Ulu Kelang, Cheras, Kajang, Bangi, Semenyih, Puchong, and Seri Kembangan. These areas offer a haven for nature lovers, allowing you to escape and take a short break from the city's hustle and bustle. Enjoy the beauty of the outdoors while savouring diverse cuisines, discovering intriguing spots, and enjoying a wide range of activities just a stone's throw away from KL.

BEYOND KL-KLANG VALLEY



HISTORICAL SITES & MUSEUMS

Selangor International Arts Complex

Shah Alam is home to the Selangor Islamic Arts Garden Complex, which was constructed in the 1990s. Three museum galleries, including Rehlah Nabawiyah, or The Journey of Prophet Muhammad, a gallery featuring Quran manuscripts and Islamic calligraphy exhibitions, and a gallery featuring the work of Restu College's Islamic Arts students are all part of the complex.

Address: 2A, Persiaran Damai, Seksyen 10, 40100 Shah Alam, Selangor Contact: +603-5511 9001 Website: https://restu-art.com/ Operating Hours: 9.00 am - 5.30 pm (Monday-Sunday)

Kajang Heritage Centre

Approximately 300 historical objects, images, and documents pertaining to Kajang town are housed in the Kajang Heritage Center. Kajang has a 200-yearold history and legacy that are interesting to explore. Additionally, it provides a three-hour guided tour of Kajang for RM30 for adults and RM15 for seniors and students.

Address: 39, Jalan Mendaling, Bandar Kajang, 43000 Kajang, Selangor Contact: +6012-2601115 Operating Hours: 9.00 am - 4.00 pm (Saturday & Sunday)

Sultan Abdul Aziz Royal Gallery

The Sultan Abdul Aziz Royal Gallery honours Sultan Salahuddin Abdul Aziz Shah, the former sultan of Selangor. From his early years up until his appointment as the eight Sultan of Selangor in 1960 and as the eleventh Yang di-Pertuan Agong in 2001, the gallery gives visitors a glimpse into the life of the late Sultan Salahuddin Abdul Aziz Shah. In the Royal Collections sections, there are other exhibitions that span from his personal collections to reproductions of Selangor's royal jewels.

Address: Jalan Stesen, Kawasan 1, 41000 Klang, Selangor Contact: +603-3373 6500 Website: http://www.galeridiraja.com/ Operating Hours: 10.00 am - 5.00 pm (Tuesday-Sunday) / Closed on Monday



TOURISM

Taman Botani Negara

Spend a weekend with friends and family here at the Botanical Gardens by doing a variety of activities like biking, hiking, or just taking a walk in the park to enjoy nature. There are also fun activities you can do when you are there such as kayaking, archery and flying foxes. Entry is RM3 per person to explore the natural beauty of Taman Botani Negara Shah Alam.

Address: 4000, Taman Pertanian Malaysia, 40170 Shah Alam, Selangor Contact: +603-5510 7048 Website: http://www.tbnsa.gov.my/ Operating Hours: 7.30 am - 4.30 pm (Tuesday-Sunday) / Closed on Monday



GIBS Ecotourism Resort

GIBS Ecotourism Resort is a resort that provides various recreational activities that you can do with your friends and family. They offer a comfortable space where you can set up your tent with a river view. Surround yourself with peaceful and serene nature at GIBS Ecotourism Resort.

Address: Lot 36837, Jalan Sungai Tua, 68100 Batu Caves, Selangor Contact: +6013-278 8285 Website: http://main.gibs.org.my/ Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

Taman Rimba Bukit Lagong

One of the popular ecotourism locations in Gombak is Taman Rimba Bukit Lagong. About RM1.5 million has been invested on facility renovations since the forest park's establishment in 2013 in order to maintain its ability to draw visitors. The forest park is located 15 kilometres from Kuala Lumpur. This area has many facilities for people who desire to engage in extreme activities while taking in the peace and quiet of the forest.

Address:Jalan Bukit Lagong, Bukit Lagong, 68100 Batu Caves, Selangor Operating Hours: 5.30 am - 10.30 pm (Monday-Sunday)

ACRO

MAEPS Serdang

MAEPS stands for Malaysia Agro Exposition Park that is located in Serdang. It is one of the largest agro parks in Malaysia as well as in Asia. There are various agricultural activities that you can do here. It is a spacious area as there are many agricultural exhibitions held here.

Address: MAEPS Secretariat Building, Mardi, 43400 Serdang, Selangor Contact: +603-8948 4699 Website: http://www.maeps.com.my/ Operating Hours: 8.30 am - 5.30 pm (Monday-Friday) / Closed on Saturday & Sunday







Selangor Fruits Valley SFV

The Selangor Fruits Valley is the best place to have a family outing especially those with children. This is where you can enjoy the fresh air and beautiful scenery of fruit trees all around. Besides, there are also animals such as rabbits, deers, goats and so on; you will get a chance to feed and hold the animals as well. The place offers various activities for visitors to experience including learning the process of producing salted eggs and actually making them. They also provide tram rides to have a tour around the valley. If you go for a visit during the weekends, you could get fruits for free!

Address: KM7, Jalan Bestari Jaya, Rawang, 45600 Batang Berjuntai, Selangor Contact: +6016-688 0792 Website: https://selangorfruitvalley. my/ Operating Hours: 9am-4pm (Saturday-Thursday) / Closed on Friday





BUMP Bouldering

BUMP Bouldering was founded with the audacious goal of offering the first quality indoor bouldering, fitness, and lifestyle experience of climbing in the nation. For comparison, this is distinct from rock climbing as there are no ropes or harnesses required to scale these little rock formations or vibrant man-made rock walls. Additionally, there are roomy viewing sections where you can unwind while watching your fellow boulders up the wall.

Address: Lot 1.051, Level 1, The School, Jaya One, 72A, Jalan Profesor Diraja Ungku Aziz, PJS 13, 46200 Petaling Jaya, Selangor Contact: +6018-360 4355 Website: https://www.bumphouldering.

Operating Hours: 12.00 pm - 10.00 https://www.bumpbouldering.com/pm (Monday-Friday) / 9.00 am - 7.00 pm (Saturday-Sunday)

BUMP Bouldering

Zipline Shah Alam

Zipline above the Shah Alam Lake. When you are ziplining, you get to look at the fascinating view of the lake from the top. All the equipment is safe and is provided by the staff for your own safety. It is one of the cheapest ziplines in Klang Valley, hence we highly recommend you to join.

Address: Persiaran Tasik, Seksyen 14, 40000 Shah Alam, Selangor Contact: +6011-2980 1801 Website: https://www.instagram.com/ ziplineadventure.shahalam/ Operating Hours: 9.30 am - 6.30 pm (Monday-Friday) / 8.30 am - 6.30 pm (Saturday & Sunday)

Escape PJ

At Escape PJ, channel your inner child by having fun and escape the sedentary city life. Here are a few of the numerous thrilling and interactive games and rides that are available here, each specially designed to mimic a favourite childhood activity such as aerobat, airbag, atan's leap, banana flip, coco climb, jumping jack, slingshot, and zoombug.

Address: No.1, Jalan SS7/ 26A GB-07, Boulevard, Level G, Paradigm Mall, SS7, 47301 Petaling Jaya, Selangor Website: https://www.escape.my/pj Operation Hours: 10.00 am - 8.00 pm (Monday-Sunday)



Wet World Water Park Shah Alam

Get ready to have some fun under the sun at Wet World Water Park Shah Alam. Following a tropical island theme, the exciting slides and rides at the water park include the Super Hurricane, Monsoon Buster, Thunder River, Caribbean Rider and Whirlwind Escape. There are also a few children's wet playgrounds for the younger children to enjoy.

Address: 3A, Persiaran Dato Menteri, Seksyen 14, 40000 Shah Alam, Selangor

Contact: +603-5513 2020 Website: https://wetworld.my/shahalam/

Operating Hours: 10.00 am - 6.00 pm (Friday-Monday) / Closed on Tuesday-Thursday

99 Wonderland Park

99 Wonderland Park is the greatest spot for animal lovers because there are so many animals here that you can meet and feed. Some of the animals can be seen roaming the park as well. The best time to visit is at night to take in the park's Christmas lighting display, which is brilliant and colourful. At the park, there is also a cruise ride available. As a result, we heartily suggest this location to families with young children who want to spend quality time together.

Address: Jalan 13A, Pusat Bandar Utara Selayang, 68100 Batu Caves, Selangor Contact: +6012-995 5399 Website: https: www. 99wonderlandpark.com.my/ Operating Hours: 5.00 pm - 12.00 am (Monday-Friday) / 9.00 am - 4.00 pm, 5.00 pm - 12.00 am (Saturday & Sunday)

Graba Bib Malay Cuisins

Restoran Sate Kajang Hj Samuri

Restoran Sate Kajang Hj Samuri is definitely Kajang's most famous satay restaurant. This restaurant is the best place to get satay because their satay is tasty and reasonably priced. The place is spacious and it is best to come in big groups of family or friends to enjoy the delicious satay and peanut sauce. It is easily accessed by public transport as it is located near to the MRT Stadium Kajang station.

Address: 79 & 79M, Jalan SS 21/37, Damansara Utama, 47400 Petaling Jaya, Selangor

Contact: +603-7710 5318 Website: https://satekajang.com.my/

Operating Hours: 11.30 am - 10.30 pm (Monday-Thursday) / 11.30 am - 12.30 pm, 2.30 pm - 11.00 pm (Friday) / 11.30 am - 11.00 pm (Saturday & Sunday)

Restoran Sate Kajang Hj Samuri

DATO NAZU

Restoran Teratak Nogori

Restoran Teratak Nogori serves authentic Malay delicacies, specifically Negeri Sembilan cuisine. If you like Malay food, this is the perfect place to go as the food served there is delicious. We really do recommend you to come early in the morning to enjoy their breakfast with Minang styles.

Address: No 58 blok E Gerai MPS, Kampung Melayu Batu 16, 48000 Rawang, Selangor Contact: +6011-3133 1440 Operating Hours: 7.00 am - 3.00 pm (Tuesday-Sunday) / Closed on Monday

Warung Tiga Lima

There are various food stalls that sell different food for you to choose from at Warung Tiga Lima. The environment of this place is suitable for those who want to hang out and just chill with their friends or family. Do expect the place to be crowded at times, especially the weekend. Hence, it is recommended to come before the peak hours.

Address: Taman Majlis Seksyen 10, Shah Alam, Selangor Website: https://www.instagram.com/ warongtigalima_/?hl=en Operating Hours: 8.00 am - 12.00 pm (Tuesday-Thursday) / 8.00 am - 12.00 pm, 6.00 pm - 12.00 am (Friday-Sunday) / Closed on Monday

CHINESE CUISINE

Chong Kok Kopitiam Klang

Chong Kok Kopitiam Klang is a wellknown kopitiam in Klang and it is always crowded, especially during the weekends and in the mornings. This is a classic kopitiam as they serve delicious breakfast dishes. This kopitiam is a multinational kopitiam where you get to see many different backgrounds of people eating together. Therefore, the kopitiam gives off a harmonious and warm environment.

Address: 5, Jalan Stesen, Kawasan 1, 41000 Klang, Selangor Contact: +603-3371 0996 Website: https://www.facebook.com/ chongkok.kopitiam/ Operating Hours: 6.30 am - 2.30 pm (Monday-Sunday)



Fatty Mee Hoon Kuih House

Fatty Mee Hoon Kuih House is a Chinese noodle restaurant in Klang and it is a huge favourite among the locals. They have a wide selection of noodles that are delicious with a reasonable price. The taste for most of their dishes tastes like home cooked meals. Hence, if you are missing home and in need for some noodles, this is the best place to

Address: Leboh Bangau, Taman Berkeley, 41150 Klang, Selangor Contact: +6017-336 6183 Website: https://www.facebook.com/ Operating Hours: 8.00 am - 4.00 pm (Monday-Sunday)

Mohd Chan Restaurant@Ampang

Mohd Chan is one of the best Chinese Muslim restaurant in Klang Valley as their halal Chinese cuisines are delicious. It is the perfect place to bring your friends and family to enjoy their delicious halal Chinese cuisines. They also have guite a number of outlets around Klang Valley.

Address: Ground Floor. No 39 & 40. Jalan Mamanda 9, Taman Dato Ahmad Razali, 68000 Ampang, Selangor Contact: +6011-2330 5584 Website: https://www.mohdchan.com. Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)

INDIAN CUISINE

Tasty Chapathi PJ

Tasty Chapathi PJ honours heritage with dishes that have believable rich flavours. Fresh tenggiri in a delicate. buttery smooth yellow sauce that is complexed by the addition of ground spices. Their butter chicken with boneless chicken is in a silky, sweet, and vibrantly red sauce that hides an undercurrent of spiciness that leaves a tingle in the mouth and feels enticing. Mutton Masala is a smooth yet more robust and manly version of lamb, consisting of tender, boneless mutton pieces in a thick, spicy brown curry. We highly recommend you to try out these delicious dishes at Tasty Chapathi PJ when you are in Klang Valley.

Address: Unit C-13a-1 & C-15-01 Phase 3 Two Square Dataran 3 Two, No. 2, Jalan 19/1, Seksyen 19, 46300 Petaling Jaya, Selangor Contact: +603-7611 9300

Website: https://tastychapathi.com/

Operating Hours: 11.00 am - 10.30 pm (Monday - Sunday)



Acha Curry House

Try out famous Banana Leaf Rice with Crab Curry and Salted Fish Curry, stay for their Deep Fried Ikan Tenggiri, Sambal Ikan Bilis, and Deep Fried Bitter Gourd, and finish with an icy cold Mango Lassi at Petaling Jaya's Acha Curry House. In addition to offering Crab Curry and Salted Fish Curry, which are not common at all curry houses, Acha Curry House is renowned for having some of the best banana leaf rice in KL and PJ. So, if you want to avoid the crowds, come over and have lunch early.

Address: 42, Jalan SS 2/4a, SS 2, 47300 Petaling Jaya, Selangor Contact: +6012-339 2728 Website: https://www.facebook.com/ pages/Achas-CurryHouse/3434890023 99409 Operating Hours: 10.30 am - 4.30 pm

(Monday - Sunday)

India Gate Restaurant

One of the well-known Indian eateries in Puchong is the India Gate Restaurant. This restaurant boasts a stunning interior as well as an excellent and relaxing atmosphere. Their customer service is excellent as well; the waiters frequently check on each table and inquire as to whether we need anything. We strongly advise you to visit this restaurant and savour the greatest and most delectable Indian foods there if you haven't tried it yet.

Address: 2-G, Jalan Puteri 1/5, Bandar Puteri, 47100 Puchong, Selangor Contact: +6018-969 4929 Website: http://www.indiagate.my/ Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)

BARS & PUBS

Farmer's Bar

Address: Subang Parade, LOT SP01 Lower Ground Floor, Jalan SS 16/1, 47500 Subang Jaya, Selangor Contact: +603-8605 8154 Website: https://farmersbar.com.my/ Operating Hours: 11.00 am - 12.00 am (Monday-Sunday)

Beer Mad Bar

Address: 45, Jln SS 15/4E, Ss 15, 47500 Subang Jaya, Selangor Contact: +6019-334 5322 Website: https://www.facebook.com/ beermadofficial Operating Hours: 3.00 pm - 1.00 am (Monday-Sunday)

Hangover PJ

Address: D-37-01, Dataran 3 Two, 2, Jalan 19/1, 46300 Petaling Jaya, Selangor Contact: +6012-248 2098 Website: https://www.facebook.com/ hangoverpj/ Operating Hours: 3.00 pm - 1.00 am (Monday to Sunday)

The Locker & Loft

Address: 40A, Jalan SS 20/10, Damansara Kim, 47400 Petaling Jaya, Selangor Contact: +6017-377 3766 Website: https://www.facebook.com/ lockerandloft Operating Hours: 5.00 pm - 1.00 am (Monday to Sunday)

Sam's Place Restaurant & Bar

Address: Bandar Bukit Tinggi, 41200 Klang, Selangor Contact: +603-3318 3432 Website: https://www.facebook.com/ pages/Sam's-Place-Restaurant-&-Bar/575840809520111/ Operating Hours: 12.00 pm - 2.00 am (Monday-Saturday) / 12.00 pm - 12.00 am (Sunday)

The Society Restaurant & Bar

Address: 6, Jln Setia Dagang AK U13/ AK, Setia Alam, 40170 Shah Alam, Selangor Contact: +6016-313 1312 Website: https://www.facebook.com/ society.com.my Operating Hours: 11.00 am - 12.00 am (Monday-Sunday)

The Deck Bar & Restaurant

Address: 20-1, No, 8, Jln Anggerik Vanilla BE 31/BE, Kota Kemuning, 40460 Shah Alam, Selangor Contact: +6016-477 0674 Website: https://www.facebook.com/ TheDeckKotaKemuning Operating Hours: 11.30 am - 12.00 am (Tuesday-Sunday) / Closed on Monday





Loud Speaker Family Karaoke

Address: Lot 1-01, SS15 Courtyard, Jalan SS15/4G, SS15, 47500 Subang Jaya, Selangor Contact: +603-5612 2223 Website: https://loudspeakerktv.my/ subang-jaya Operating Hours: 11.00 am - 3.00 am (Monday-Sunday)

Karaoke Manekineko

Address: Lot L3-02B &21, Central I-City Shopping Centre. 1, Persiaran Multimedia, Seksyen 7, Jalan Plumbum 7/102, I-city, 40000 Shah Alam, Selangor Contact: +603-5523 6320 Website: https://karaokemanekineko. my/

Operating Hours: 11.00 am - 11.30 pm (Monday-Sunday) 3.00 am (Monday-Sunday)

araoke

Merdekarya

Address: 352 First Floor, Jalan 5/57, Bukit Gasing, 46000 Petaling Jaya, Selangor Contact: +6018-661 4553 Website: https://www.merdekarya. com/ Operating Hours: 7.00 pm - 1.00 am (Monday-Sunday)

Aloha Karaoke Sunway

Address: Aloha The Sunshine Karaoke Lot OB2-LG1-01, Lower Level 1 Oasis Boulverd 2, Sunway Pyramid, Bandar Sunway, 46150 Petaling Jaya, Selangor

Contact: +603-5633 6669

Website: https://linktr.ee/Alohakaraokesunway

Operating Hours: 11.00 am - 3.00 am (Monday-Sunday)



SHOPPING MALL

Central i-City

Address: No. 1, Persiaran Multimedia, Seksyen 7, Jalan Plumbum 7/102, I-City, 40000 Shah Alam, Selangor Contact: +603-5525 0099 Website: https://central-icity.com.my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

SACC Mall

Address:14/9, Jalan Perbadanan, Seksyen 14, 40000 Shah Alam, Selangor Contact: +603-5510 5400 Website: https://www.sacc-mall.com/ Operating Hours: 10.30 am - 9.30 pm (Monday-Thursday) / 10.30 am - 10.00 pm (Friday-Sunday)

Setia City Mall

Address: 7, Persiaran Setia Dagang, Setia Alam, 40170 Shah Alam, Selangor Contact: +603-3375 8688 Website: https://setiacitymall.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Subang Parade

Address: 40A, Jalan SS 20/10, Jalan Kemajuan Subang, SS 16, 47500 Subang Jaya, Selangor Contact: +603-5032 9778 Website: https://www.subangparade. com.my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Atria Shopping Gallery

Address: Jalan SS 22/23, Damansara Jaya, 47400 Petaling Jaya, Selangor Contact: +603-7733 5156 Website: https://www.atria.com.my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Aeon Mall Cheras Selatan

Address: Jalan Cheras Perdana Cheras, 43200 Balakong, Selangor Contact: +603-9075 8853 Website: https://www.aeonretail.com. my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Plaza Metro Kajang

Address: 4, Jalan Tun Abdul Aziz, Seksyen 1, 43000 Kajang, Selangor Contact: +603-8733 7333 Website: https://www.plazametrokajang.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Bangi Gateway Shopping Complex

Address: 2, Bangi Gateway, Seksyen 15, 43650 Bandar Baru Bangi, Selangor Contact: +6012-2845967 Website: https://www.facebook.com/ OfficialBGSC Operating Hours: 10.00 am -10.00 pm (Monday-Sunday)

IOI Mall Puchong

Address: 2nd Floor, Lot S37, Batu 9, Jalan Puchong, Bandar Puchong Jaya, 47170 Puchong, Selangor Contact: +603-5882 8888 Website: https://www.ioimp.com.my/ home/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Southern Region

Kuala Langab

Benting

Continuing our journey from Kuala Lumpur, let's head south, where you can explore charming areas within 1.5 hours of the city. Travel to Kuala Langat, Morib, Banting, Sepang, Cyberjaya, Putrajaya, Nilai, Seremban, Seremban 2, Port Dickson, Lukut, and you'll uncover an abundance of enticing destinations. These spots are a haven for travel enthusiasts seeking a peaceful escape from the city's hustle and bustle, offering a delightful mix of diverse culinary experiences, intriguing attractions, and engaging activities, all conveniently close to Kuala Lumpur.

3EYOND KL-KLANG VALLEY



HISTORICAL SITES & MUSEUMS

Kota dan Muzium Lukut

The Lukut Fort and Museum is located on a hill. The fort was built in the year 1847 by Raja Jumaat, however construction of the museum started at the end of 1997 and was launched in 1999 by the Chief Minister of Negeri Sembilan. The Lukut Fort is now considered as a historical monument under the care of the Department of Museums Malaysia. In the museum, there are many artifacts, illustrations, and photographs about the history of Lukut for the visitors to view.

Address: Lot 730, Jalan Besar, Taman Pd Jaya, 71010 Port Dickson, Negeri Sembilan Contact: +606-651 2954 Website: http://www.jmm.gov.my/ms/ muzium/muzium-lukut Operating Hours: 9.00 am - 6.00 pm (Wednesday-Monday) / Closed on Tuesday





Jugra Insitu Museum

Before being built and transformed into a museum, the Jugra Insitu Museum was a former police station with a prison. Capt. Harry Charles Syers constructed it in 1878. There are three parts of the galleries at the museum that you can explore. The museum displays a wide variety of historical exhibits and relics. Visitors are given the opportunity to vier armoured vehicles outside the museum. Since there is no entrance cost, the location is worthwhile to see if you are nearby.

Address: Kampung Permatang Pasir, Jugra Lama, 42700 Banting, Selangor Contact: +605-519 0050 Website: https://www.padat.gov.my/ Operating Hours: 9.30 am - 5.30 pm (Saturday-Thursday) / 9.30 am - 12.00 pm, 2.45 pm - 5.30 pm (Friday)

ECO TOURISM

Paya Indah Wetlands

Gamuda Cove in Dengkil is where you'll find Paya Indah Wetlands. It will be a worthwhile experience for you, so it would be a terrific way to spend your free time here. You can observe several crocodiles in their natural habitat in the Paya Indah Wetlands. When it comes to feeding time, it happens on weekends at 11am. You may observe a wide range of animals, including horses, peacocks, and porcupines. The finest place to bring kids to meet the animals is right here!

Address: KM 4, Jalan Dengkil, Banting, 43800 Dengkil, Selangor Contact: +603-8768 7616 Website: https://www.facebook.com/payaindahwetlands/ Operating Hours: 8.00 am - 6.00 pm (Monday-





Bagan Lalang Beach

About an hour's drive from Kuala Lumpur, Pantai Bagan Lalang, or Bagan Lalang Beach, is gradually gaining popularity as a family beach getaway. The beach in Bagan Lalang is crowded on the weekends with people enjoying free activities like fishing, kite flying, BBQs, water sports like kayaking, and even camping. Ikan bakar, or barbecued fish, is a specialty of Pantai Bagan Lalang and is sold at the seaside food courts. To accommodate the increasing number of tourists, restaurants and kiosks providing various fish and seafood meals stay open until late at night.

Address: Bagan Lalang, 43950 Tanjong Sepat, Selangor Operating Hours: Open 24 hours

Sunday)

AGRO TOURISM

GK Organic Farm

GK Organic Farm started growing organic fruits and vegetables with homemade fertiliser and compost. They are adamant that there must be no outside composting, greenhouse gardening, or usage of pests other than insects since they believe that this method will yield the freshest, most natural produce.

Address: Lot 1819, Jalan Besar, Kampung Sungai Buah, 43800 Dengkil, Selangor Contact: +6012-386 6078 Website: http://gkorganicfarm.blogspot. com/

Operating hours: 10.00 am - 2.00 pm (Monday - Sunday)



Taman Warisan Pertanian Putrajaya

In Putrajaya's Presint 16, you may find the Putrajaya Agricultural Heritage Park. The best spot to see different tropical fruit trees, herbs, and spices is here. There were 170 distinct crops that had been produced in the park. Due to the fact that they also hosted agricultural demonstrations, this location is ideal for educating the kids more about the plantation. In the park, there is also a food court with a wide variety of food kiosks from which tourists can choose to eat.

Address: No.7, Jalan P16, Presint 16, 62000 Putrajaya Contact: +603-8887 7772 Website: https://www.ppj.gov.my/second-menu/taman-warisan-pertanian Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)

SPORI

District 21

A futuristic indoor theme park called District 21 may be found inside IOI City Mall. The theme park provides activities for people of all ages, including climbing, slides, trampolines, and flying foxes. At the entrance, you'll also get a set of grip socks and gloves. Some rides and labyrinths may not be ideal for people with claustrophobia, and they may give you the chills. When you choose to eat at the mall, you are also permitted to re-enter the park.

Address: AT 6, IOI City Mall, IOI Resort City, 62502 Putrajaya Contact: +603-8328 8888 Website: https://www.ioidistrict21.com.my/ Operating Hours: 12.00 pm - 8.00 pm (Monday-Friday) / 10.00 am - 8.00 pm (Saturday & Sunday)





Goosebumps Rope Course

The Goosebumps Rope Course is the ideal spot to spend your weekend if you enjoy extreme sports, especially if you are not afraid of heights. You can get goosebumps from the difficult route because it might be difficult when you are so far above the ground. Go on and test your mettle in Bandar Gamuda Cove's Goosebumps Rope Course Challenge!

Address: Persiaran Cove Sentral, Bandar Gamuda Cove, 42700, 42700 Dengkil, Selangor Contact: +6012-663 0155 Website:https://tix.glplay.com.my/discoverypark-goosebumps Operating Hours: 10.00 am - 6.00 pm (Monday, Wednesday & Thursday) / 10.00 am - 8.00 pm (Friday-Sunday) / Closed on Tuesday



Golden Sea Restaurant Morib

Golden Sea Restaurant Morib is one of the famous seafood restaurants in Banting. It is a great restaurant that provides a great view of the ocean and beach as you dine in to enjoy their fresh and delicious seafood.

Address: Kampung Endah, 42700 Banting, Selangor Contact: +6012-331 7353 Operating Hours: 11.30 am - 10.00 pm (Monday-Sunday)



Viking Seafood Restaurant Kampung Permatang Pasir

Viking Seafood Restaurant Kampung Permatang Pasir is a seafood restaurant that offers a beautiful view of the sea. They serve fresh and delicious seafood dishes with a reasonable price as well. Don't forget to visit this restaurant to enjoy fresh and tasty seafood while being surrounded by a breathtaking view and cooling sea breeze.

Address: Off Kampung, Jalan Bukit Jugra, Permatang Pasir, 42700 Banting, Selangor Contact: +603-3120 2393 Operating Hours: 12.00 pm - 10.00 pm (Monday-Sunday)





Che Pah Chicken Rice

Che Pah Chicken Rice is a chicken rice restaurant in Kuala Langat. There are various other dishes that they serve besides chicken rice such as nasi lemak, kerabu mangga, kerabu taugeh, tauhu kukus, popiah and so on. Their delicious chicken rice is their signature dish that makes their restaurant liked by many.

Address: No 40-G, Jalan Aman Tiara 8, Bandar Tropicana Aman, 42500 Telok Panglima Garang, Selangor Contact: +6011-2127 9718 Website: https://www.facebook. com/people/Che-Pah-Chicken-Rice/100084115477901/ Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)





Restoran Istana Bunian

Restoran Istana Bunian offers western dishes. This restaurant has a concept of an elf castle and is located deep in the Tadom Hill Resort. This is an interesting place to visit and try out their food when you are in Banting.

Address: Tadom Kampung Orang Asli, Ombak Diver Training Centre, No.2, Jalan Bukit, Kampung Labohan Dagang, 42700 Banting, Selangor Contact: +6011-3692 7115 Website: https://www.facebook.com/ restoranistanabuniantadomhillresorts/ Operating Hours: 5.30 pm - 11.30 pm (Tuesday, Thursday-Sunday) / 5.30 pm - 10.30 pm (Wednesday) / Closed on

- 10.30 pm (Wednesday) / Closed on Monday

Chinese Cuisine

Restoran Sin Tian Kee

If you are in Banting and you are craving for some Chinese cuisine, Restoran Sin Tian Kee is the place to be. Restoran Sin Tian Kee serves various Chinese cuisines that are affordable and delicious. It is the perfect place to dine in with your family as well.

Address: No 26&28, Jalan Bunga Pekan 2, Kawasan 6, 42700 Banting, Selangor Contact: +603-3187 7594 Website: https://www.facebook. com/pages/restoran-sin-tiankee/125802800838565 Operating Hours: 11.00 am - 10.30 am (Monday-Sunday)





Sek Hao Fu Restaurant

Sek Hao Fu Restaurant has an interesting menu and serves delicious food. It is a great choice near Aeon Nilai as it's just a short 5-minute drive away. Offering Chinese cuisine, it's non-halal but incredibly tasty. Perfect for a dinner in Nilai.

Address: 9947, Jalan BBN 1/3l, Bandar Baru Nilai, 71800 Nilai, Negeri Sembilan Contact: +6016-671 7529 Website: https://www.facebook.com/ SekHaoFu/

Operating Hours: 11.30 am - 3.00 pm, 5.30 pm - 10.30 pm (Monday-Sunday)



Indian Chisine

Jaipur Mahal Cyberjaya

When it comes to relishing Indian flavors in Cyberjaya, Jaipur Mahal is your best bet. What makes the dining experience even more special is the attentive waiters who are more than happy to guide you through the menu and offer their recommendations. And if you're a vegetarian, fret not; there's a fantastic variety of Indian vegetarian dishes to explore.

Address: No 7, Block H, Jalan GC9 Glomac Cyberjaya, Cyber 4, 63000 Cyberjaya, Selangor Contact: +603-8322 1199 Website: https://www.facebook.com/ RestaurantJaipurMahal/

Operating Hours: 11.00 am - 3.00 pm, 6.00 pm - 11.30 pm (Monday) / 11.00 am - 10.30 pm (Tuesday-Sunday)



Restoran D'Banana Leaf

Restoran D'Banana Leaf serves authentic and unique Indian dishes with decent portions. This restaurant serves the best banana leaf platter in Cyberjaya! This is the perfect place for banana leaf dish lovers as you will get to enjoy the amazing flavours of the dishes being served.

Address: No. 83 Lingkaran Cyberpoint Neocyber, 63000 Cyberjaya, Selangor Contact: +603-8322 3542 Website: https://www.dbananaleafcyber.com/ Operating Hours: Open 24 hours

Chennai Spice

Chennai Spice offers authentic Sri Lankan cuisine at affordable prices. What sets them apart is their use of Ponni rice instead of the usual variety. In addition to their renowned banana leaf dishes, they also serve a range of desserts and snacks.

Address: 10, Jalan GC 9, Glomac, 63000 Cyberjaya, Selangor Contact: +603-8325 1221 Website: https://www.facebook. com/pages/Chennai-Spice-Cyber jaya/1616352415346578 Operating Hours: Open 24 hours

TAYCATION

Gold Coast Morib Resort

Address:PT 294, Kawasan Kanchong Laut, Morib Beach,42700 Banting, Selangor Darul Ehsan,Malaysia. Website: https://www.moribgoldcoast. org/

Nilai Springs Resort Hotel

Address: PT 4770, Nilai Spring Villas, 71800 Nilai, Negeri Sembilan Contact: +606-850 2288 Website: https://nilaisprings.com/

Royale Chulan Seremban

Address: Jalan Dato A.S Dawood, Seremban, 70100 Seremban, Negeri Sembilan Contact: +606-766 6666 Website: https://www.royalechulan. com/Seremban/Home.aspx

Amverton Cove Golf & Island Resort

Address: Jalan Pulau Carey, 42960 Pulau Carey, Selangor Contact: +603-3123 3888 Website: https://www.amvertoncove. com/

Avani Sepang Goldcoast Resort

Address: 67 Jalan Pantai Bagan Lalang, Kg Bagan Lalang, Bagan Lalang, 43950 Sungai Pelek, Selangor Contact: +603-3182 3600 Website: https://www.avanihotels. com/en/sepang

Tadom Hill Resorts

Address: 2, Jalan Bukit Tadom, Kampung Orang Asli, Kampung Labohan Dagang, 42700 Banting, Selangor Contact: +6012-522 5908 Website: https://tadomhillresorts.com/

Thistle Port Dickson Resort

Address: KM16, Jalan Pantai Teluk Kemang, 71050 Port Dickson, Negeri Sembilan Contact: +606-648 2828 Website: https://www.thistle.com.my/ portdickson/

Lexis Port Dickson

Address: Batu 2, Jalan Seremban, 71000 Port Dickson, Negeri Sembilan Contact: +606-653 2200 Website: https://www.lexispd.com/

EMERGENCY NUMBERS & USEFUL CONTACTS

Emergency Numbers



Police/Ambulance Landlines & Public Phone : 999 (from mobile phone) 112



Fire and Rescue Department (Bomba) Landlines & Public Phone: 994 (from mobile phone) 112



Civil Defence Tel: 999



Tourist Police Hotline Tel: 03-2149 6590





Red Crescent Society Tel: +603 4257 8726 D CRESCENT

Tourism Agency

TOURISM MALAVSIA

Tourism infoline Tel: 1 300 88 5050



PWTC Tel: +603 2614 6999



KL Sentral Tel: +603 2786 8080



MaTic, Jalan Ampang Tel: +603 9235 4800/4900

Operators



Telekom Malaysia Operators (www.t m . com.my)

Service Providers



Maxis Tel: 1 800 82 1123



Celcom Tel: +6019 601 1111



Digi Tel: +6016 221 1800



U Mobile Tel: +6018 388 1318

Tune Talk Tel: +03 2771 7000

Credit Card Provider



Visa Tel: 1 300 967 1096

Mastercard Tel: +603 2093 7771

Transportation Hub





myrapid



KI IA Tel: +603 8776 2000

Hentian Duta Tel: +603 6203 3064

MyRapid Tel: +603 2299 1999/2287/5959

Terminal Bersepadu Selatan (TBS) Tel: +603 9021 2000

EMERGENCY NUMBERS

mastercard

EMERGENCY NUMBERS & USEFUL CONTACTS

Transportation

KLIA Limousine Service Tel: +603 8787 3030

Subang Airport Tel: +603 7846 1833

KLIA Ekspress Tel: +603 2267 8000

Airport Limo/Taxi Tel: +603 8787 3691

Rapid Transit

Mass Rapid Transit (MRT) Tel: +1800 82 6868



KTM Commuter Tel: +603 2272 2828



KTM Railway Service Tel: +603 2273 8000



KTM (Booking Ticket) Tel: +603 2274 3377



BRT Sunway Line Tel: +03 7885 2585

Flight



Batik Air Tel: +603-7841 5388



Philippine Airlines Tel: +603-2181 6988

airasia





Tel: +603 7809 6888 Air India Tel: +603 2072 5055

Air Asia

Berjaya Air Tel: +603 6207 4999



British Airways Tel: +603 7712 4747

CATHAY PACIFIC

Cathay Pacific Tel: +603 6207 4989

China Airlines

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Tel: +603 2142 7344



Garuda Indonesia

Garuda Indonesia Tel: +603 2162 2811

Firefly



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Royal Brunei Tel: +603 2070 7166



Singapore Airline Tel: +603 2618 6333



Thai Airways Tel: +603 8787 3522





Nestled in the bustling Golden Triangle of Kuala Lumpur, Sungei Wang Plaza, one of Malaysia's oldest shopping malls, is now brimming with new vitality. To meet the needs of the new era, Sungei Wang Plaza is no longer just a shopping destination but a mall offering a comprehensive ultimate experience journey.

Do you truly know the new look of Sungei Wang Plaza? Let's uncover the exciting ultimate experience journey together.



Explore Culinary Delights

Sungei Wang Plaza's shops offer a diverse range of cuisines from East to West. Malaysian, Hong Kong, Chinese, Western, Japanese, and Korean dishes, we have it all. Do also check out our long-standing food court on the 4th floor which offers a variety of affordable dining.

A Wonderful Journey in a Miniature World

MinNature Malaysia, an interactive miniature gallery, takes you into the fascinating "little" world, showcasing specialities, culture, and historic buildings from across all states in Malaysia.



Climbing Adventures Await

Have you spotted an indoor climbing gym, Camp5, on the 3rd floor? It's perfect for those who love extreme sports or team-building activities. Whether you're a climbing beginner or experienced, Camp5 welcomes everyone! Professional climbing instructors will guide you personally with the correct moves and techniques.



Excitement on Drift Karts

You might not expect it, but there's a thrilling speed-filled activity at Sungei Wang Plaza. Blastacars Malaysia, located on the 5th floor of the mall, awaits you and your friends for an exhilarating firsthand experience!

Tour Around the Heart of Kuala Lumpur

Thinking of visiting all the attractions in Kuala Lumpur within one day? Or seeing the city's nightscape? Don't just think about it; head to the ticket booth outside Sungel Wang Plaza and purchase a KL Hop-On Hop-Off bus ticket!



A Paradise for Anime Fans

In addition to the anime shops scattered throughout the mall, particularly on the G Floor at JUMPA, anime fans can explore various anime models, all kinds of figurines, game cards, claw machines, manga, and blind boxes. You're sure to find your favorite anime character here!



Eyewear Fitted in 30 Minutes!

Sungei Wang Plaza boasts one of the largest selections of eyewar shops in Malaysia, with over 40 stores to choose from. Whether you need glasses for short-sightedness, long-sightedness, sunglasses, or custom lenses, the professional eyewars shops here offer fitting services in as fast as 30 minutes, ensuring no long waits are needed.



Head-to-Toe Fashion at Sungei Wang Plaza

Sungei Wang Plaza offers a one-stop experience for all your fashion needs, from head to tote. Whether you're looking for casual wear, formal wear, suits, shoes, or bags, the mail features a wide selection of affordable stores. There is also a nots of Thrift stores located on the 2nd and 4th floors. Additionally, several beauty and nail sations, as well as trendy barber shops, are ready to serve you, allowing you to complete your entire grooming routine in one place.



Feel the Music with Mega Star Arena

Do you remember the cinema at Sungei Wang Plaza? It has now transformed into Mega Star Arena, a multipurpose indoor concert hall and the main venue for exciting musical performances. With regular concerts featuring numerous famous singers and Korean artists, the excitement never stops.



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