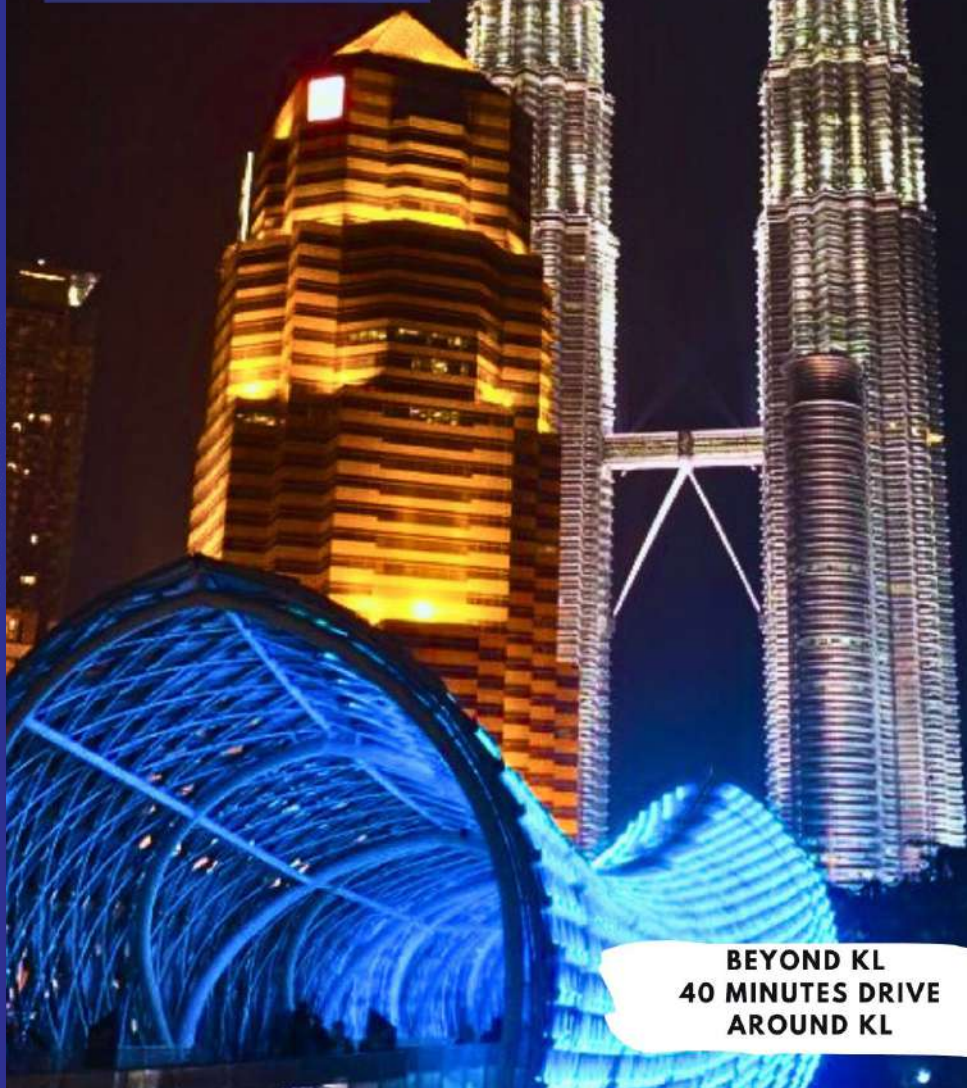


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KL The Guide

AUGUST - NOVEMBER 2023



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KL The Guide

PUBLISHER

Lyndon Yap
lyndon@bluedale.com.my

GROUP CHIEF OPERATING OFFICER

Annie Goh
annie@bluedale.com.my

FINANCE & ADMINISTRATION MANAGER

Chang Lee Ming
chang@bluedale.com.my

SENIOR MEDIA EXECUTIVE

Nurul Asyiqin Jaafar
media3@bluedale.com.my

CONTENT WRITER

Angela Annie Petrus
writer2@bluedale.com.my

MULTIMEDIA DESIGNER

Nurul Ain Mazwin
mmgd@bluedale.com.my

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Jalan PJU 1/42A, Dataran Prima
47301 Petaling Jaya, Selangor D. E.
☎ (6)03-7886 9219 📠 (6)03-7887 8212
✉ enquiry@
bluedale.com.my

FIND US AT:

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- Main Route
- Secondary Road
- River/Lake
- Field
- STAR-LRT
- PUTRA-LRT
- KL Monorail
- Railway
- Popular Tourist Spots
- Hotel
- Shopping
- Bus Stop
- Taxi Stand
- Police Station
- Hospital
- Car Park
- Petrol Kiosk
- Land Mark

GLOSSARY

- J. - Jalan/Road
- L. - Lorong/Lane
- M. - Medan/Court
- Ckd. - Changkat/Hillcock



CHOW KIT



Sherton Imperial



Menara KL (KL Tower)



Telekom Museum



Menara Maybank



New World

Renaissance

Shangri-La

Pacific Regency

The Maple Suite

BUKIT BINTANG

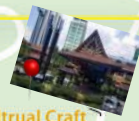
Tung Shin Maternity Hospital

Chinese Maternity Hospital



Zone 3

KUALA LUMPUR CITY CENTRE (KLCC)



TRANSPORTATION



FROM KLIA & KLIA 2

The KLIA Express train offers a top-notch, quick airport transfer service to KLIA and KLIA 2 every day from 5AM to 12PM. The KLIA Express will reach KLIA and KLIA 2 in about 35 to 40 minutes, respectively, from the city centre. The price of a one-way ticket is merely RM55. Also, you can save 25% off standard prices when you reserve the Group Saving Package.

In addition, there is an Airport Coach bus that runs from 12.30AM to 11.30PM and costs about RM10. The Aero bus travels every five to 20 minutes from early in the morning until late at night, all throughout the year. You can take a bus to KLIA or KLIA 2 from KL Sentral and then return to the city centre and the ticket costs RM14. It provides a 5-star affordable service in addition to a 10% discount.

Taxis are also quite expensive while travelling from the city centre to the airport. If you're with your family, the cost goes from RM80 to roughly RM200. However, it will only take 40 to 45 minutes to travel from Klang Valley to KLIA and KLIA 2, and Grab will cost from RM65 as it is a fixed rate. Given that it is more commodious and pleasant, we strongly advise you to take Grab.

FROM PENANG INTERNATIONAL AIRPORT

It takes around an hour to fly from Penang Airport to KLIA, and the fare ranges from RM70 to RM650. Aside from that, the cheapest method of travel to KL from Penang is by bus, with prices starting at RM50 to RM60. However, the duration of each trip from Penang to KL by bus will be between seven to eight hours. However, driving from Penang to Kuala Lumpur will take around six hours, depending on traffic.



FROM SUBANG SKYPARK TERMINAL

From KL Sentral to Subang Airport, passengers are transported by SKYPARK Link trains. In Kuala Lumpur, it is an express train service. SkyPark Link now provides 32 daily services at intervals of 30 to 60 minutes. The fare from Subang Airport to Kuala Lumpur City is about RM3.50 each way.

FROM LANGKAWI INTERNATIONAL AIRPORT

There are flights that may get you from Langkawi International Airport to KLIA in around an hour and ten minutes. The base prices for the flight range from RM160 to RM200. Aside from that, flights from Langkawi to Subang Airport won't take very long to get to the destination - around 58 minutes. The cost of the bus from Langkawi to KL, which includes the cost of the ferry to the island, ranges from RM118 to RM176 per person.

FROM KOTA KINABALU INTERNATIONAL AIRPORT

There is no other way to get from Sabah to KL than by plane. Kota Kinabalu International Airport (KKIA) to KLIA will take approximately 2 hours and 25 minutes, and tickets cost between RM380 and RM1380.

FROM KUCHING INTERNATIONAL AIRPORT

Flights from Kuching International Airport to KLIA will take about 2 hours and 45 minutes. Kuching International Airport is located 11 kilometres south of the city's centre. Flights to KL are run by Malaysia Airlines, Air Asia, and Malindo Air. Also, the flight from Kuching to Subang Airport takes 2 hours and 23 minutes and costs between RM289 to RM581.

ALTERNATE WAY TO KL CITY CENTER

Train

The KLIA Express train, which travels in around 28 minutes, is one of the quickest methods to go from the airport to the city centre. The cost of each ticket, however, is only RM55. The train connects KLIA and KLIA 2 International Airports with KL Sentral.

You can buy rail tickets online or by going to KL Sentral, the train's major station. The service offers high speed WiFi on board as well as a free porter service at the appropriate platforms.

In addition, there are various rail services that will take you to Kuala Lumpur's city centre. The MRT, LRT, KL Monorail, and KTM are the available train services.



Bus

Without a doubt, buses are the most affordable way to travel between either airport and the city. They consist of a fleet of 44 seated, air-conditioned coaches and are generally safe and comfortable. Depending on your pick-up station, each bus trip costs a little as RM15 per passenger. There may be a difference in how long it takes to go from the airport to the specific bus station. Nonetheless, the average journey duration is 1 hour and 15 minutes.

In addition, RapidKL buses offer feeder bus service to MRT, LRT, and Monorail stations as well as transportation inside the Klang Valley to KL City. In addition to providing free buses, there are unique services provided by companies like Go KL, Smart Selangor, PJ City and others.

Taxi

Although taxis are less popular now since they are usually more expensive than E-hailing services, they are still available. Due to their exorbitant prices and lack of standardisation, taxis are generally avoided by locals. If there is no other option, passengers should ask the taxi driver in advance if they can use the given metre to get to a specified location to avoid paying an expensive cost. The average fee is RM3 for the first kilometre, and an additional RM0.20 is charged for every further 150 metres.



E- Hailing Service

E-hailing services are currently one of the most popular forms of transportation in Malaysia. The e-hailing service is extensively utilised by both locals and travellers due to its high reliability and accessibility through a user-friendly mobile app, making it one of the quickest ways to go to a specific location if there isn't much traffic. One of the best reasons to use the e-hailing service is the predetermined pricing that is available even before you make a reservation, and they are often already covered by accident insurance. Today, a number of applications, including GrabCar, AirAsia Ride, MyCar, InDriver, Kumpool, and others, provide e-hailing services.



CAR RENTALS

CAR RENTALS

Car Rental Association Malaysia (CRAM), also known as Persatuan Sewaan Kereta Malaysia, has the goal of promoting, projecting, and protecting the interests of its members by serving as a conduit between the relevant regulatory authorities (private and public) in all matters pertaining to the car rental industry and its associated and related businesses. In essence, they are one of Malaysia's reputable automobile rental groups. As a result, we have compiled a list of automobile rental companies for you.

GoSo Rent A Car KLCC

Address: Wisma Uoa Centre, 19, Jalan Pinang, 50450 Kuala Lumpur
 Contact: +6012-655 2677
 Website: <https://www.gosorentacar.com/>
 Operating Hours: Open 24 hours

Galaxy Asia Car Rental

Address: 117, Jalan 3/93, Taman Miharja, 55200 Kuala Lumpur
 Contact: +6012-368 0117
 Website: <https://www.rentalscarasia.com/>
 Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)



MOTORCYCLE RENTALS

One advantage of renting a motorcycle for your trip to KL is that it will be less expensive than renting a car or utilising an e-hailing service. Also, you can visit locations that would be challenging to reach by automobile or public transportation and simply negotiate traffic. In addition, riding a motorcycle gives you the freedom to explore the city and surrounding locations at your own pace, making it simple for you to find hidden gems. Not to mention, travelling by motorcycle can add an aspect of adventure, making it more memorable and exciting.



RevBike

Address: 74-76, Hotel Sungei Wang, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur
 Contact: +6014-688 8177
 Website: <https://www.sewamotor.my/>

SewaMotor4u

Address: Block A, Jalan Pantai Permai 2, Perumahan Pantai Permai, 59200 Kuala Lumpur
 Contact: +6011-3736 5910
 Website: <https://www.facebook.com/sewamotor4u/>
 Operating Hours: 9.00 am - 9.00 pm (Monday-Sunday)

Moto Ride Rental Malaysia

Address: MRRM Garage, LG, Menara TM, Jalan Pantai Baharu, Bangsar, 50672 Kuala Lumpur
 Contact: +6013-341 1337
 Website: <https://www.facebook.com/MotorRideRentalMalaysia/>





INTRODUCTION TO KUALA LUMPUR

Kuala Lumpur, the capital of Malaysia, is renowned for its magnificent skyscrapers and other exquisite examples of modern architecture. We all know that Malaysia has a diverse population, therefore KL city offers a variety of cultural attractions for you to explore. Kuala Lumpur spans a territory of around 243 square kilometres. It is also regarded as one of the urban areas in Southeast Asia that is seeing both a significant increase in population and economic growth.

At the moment, it is the ninth most visited city worldwide. Around 2.0 million people, or 25% of Malaysia's total population, called Kuala Lumpur home as of 2021. From 2010 to 2020, Kuala Lumpur's annual population change climbed gradually by 2.2%. The city is situated at the junction of the Gombak and Klang Rivers and is not far from Peninsular Malaysia's western coast. It is located 300 kilometres northwest of Singapore and roughly 40 kilometres east of the Strait of Malacca.

In addition, it is situated in the state of Selangor's administrative centre. Did you know that Kuala Lumpur's name in Malay means "muddy estuary"? This is so because the Klang and Gombak rivers converge in KL City. The Federal Territory of Kuala Lumpur, one of Malaysia's three Federal Territories along with Putrajaya and Labuan, is situated along the state of Selangor's central west coast. KL has hosted many major sports, political and cultural events throughout the years, most notably the 1998 Commonwealth Games and the 2017 Sea Games.

Last but not least, according to Moody's Analytics, Malaysia's economy would likely develop moderately in 2023, with the Gross Domestic Product (GDP) projected to increase by 4.1% following an exceptional 8.7% rise in 2022. With the decreased year-over-year increase of 7.0% in the fourth quarter of 2022 compared to 14.2% in the third quarter, it was predicted that economic growth would decline even further in the following quarters. The GDP of Malaysia grew by 8.7% in 2022, the greatest rate in more than 20 years.

10 FUN FACTS

1. Meaning of Kuala Lumpur

Meaning of Kuala Lumpur

The name Kuala Lumpur is derived from the Malay word lumpur, which means "mud" and refers to the confluence of two rivers. It is where the Gombak and Klang rivers meet. Kuala Lumpur had not yet been built when 87 Chinese tin miners hurried up the Klang River and founded a colony at the muddy confluence of the river in 1857. Soon after, Kuala Lumpur was given its name.



3. World's Tallest Twin Towers is in KL

The Petronas Twin Towers are the world's tallest twin towers until 2022. However, it is one of the tallest buildings in Malaysia until Merdeka 118 that had recently surpassed it.



5. The Malaysian King lives in KL@Istana Budaya

The Yang di-Pertuan Agong's official house is Istana Negara, usually referred to as the National Palace, and it is located on Jalan Duta in Kuala Lumpur.

2. Parliamentary Democracy System

Malaysia is a parliamentary democracy-based constitutional monarchy. His Majesty the King is the sovereign of the nation. The parliament is the most important institution in a country that preserves democratic values.



4. Malaysian Government is in Putrajaya

Instead of being in the capital city, Putrajaya is where the Malaysian government is located. Putrajaya is the administrative and judicial capital of the nation and is home to numerous government offices.



6. Yang di-Pertuan Agong is an Elected Monarch

Notwithstanding the fact that Malaysia does not have an absolute monarchy, the Yang di-Pertuan Agong is chosen by the Conference of Rulers for a five-year term under a unique rotational system. The Agong is chosen by the Conference of Rulers from among the Malay emperors. The Third Schedule of the Constitution and the Conference of Rulers both provide detailed descriptions of the election's process and procedures.



7. Home To The Second Tallest Tower in the World

The Merdeka 118 Tower is the second-tallest structure in the world, did you know that? With a height of 678.9 metres and 118 stories, it is the newest highest structure in Malaysia. The building is known as Merdeka 118 since it has 118 levels. The structure is slated to debut in 2023. The outstretched hand gesture made by Tunku Abdul Rahman on Malaysia's Independence Day while chanting "Merdeka!" served as both a model and inspiration for the building's design.



8. KL Was the First Country in Asia to Host the Commonwealth

The 1998 Asian Games were held for the first time in Kuala Lumpur. The 2010 Games took place in Delhi and were staged in Asia once more.



9. Hosted the SEA Games in 2017

Kuala Lumpur received praise for hosting the 2017 Sea Games. It not only improved the country's standing but also surpassed previous records in terms of medal haul.



10. KL is The Retail and Fashion Hub of Malaysia

Around 350 retail malls can be found throughout Malaysia as a whole, and Kuala Lumpur is the centre of this bustling shopping paradise. The retail centres in Kuala Lumpur are home to numerous brands that sell clothing, accessories, sports equipment, and household items.



HISTORY OF KUALA LUMPUR

The name Kuala Lumpur, which in Malay means “muddy confluence”, was coined when tin miners went to the Klang river in Ampang to prospect the area for some mine and they took use of the dual valleys of the rivers Gombak and Klang. Therefore, Kuala Lumpur’s name was created. Here is a look at Kuala Lumpur’s history in chronological order.

1857

87 tin miners searched the Kuala Lumpur region for rich tin supplies before discovering enormous reserves in Ampang.

1862

When Kuala Lumpur grew quickly, more miners from various locations arrived and settled there. There were numerous disputes and gang battles among the society as a result of the population growth.

1869

Yap Ah Loy, the head of the Chinese neighbourhood in Kuala Lumpur, made the decision to impose law and order there. He was also the first to found Kuala Lumpur’s first school as well as a homeless shelter.

1880

Frank Sweetenham, a British envoy, had created a city plan to modernise Kuala Lumpur.

1887

The city of Kuala Lumpur was chosen to serve as Selangor’s capital.

1896

With the union of the four state’s sultans, Kuala Lumpur was chosen as the Federated Malay State’s capital.

1910

The first train station in Kuala Lumpur was restored and created by Arthur Benison Hubback, the most productive and gifted British colonial architect.

During World War II, the Japanese occupied the city.

1942

The capital of the Malayan Federation was then Kuala Lumpur

1946

Malaysia celebrated its Independence Day on August 31 and the British decided to leave the country after 151 years of administration.

1957

KL's population increased to roughly 500,000, and this brought with it its own unique set of administrative problems.

1960

Then, Kuala Lumpur was chosen as Malaysia's capital.

1963

A full-fledged civil war broke out as a result of a fight between the Chinese and the Malay.

1969

Being given city status made Kuala Lumpur the first town in Malaysia to accomplish so following independence.

1972

With its own government, Kuala Lumpur was a Federal Territory that belonged to it alone.

1974

Thanks to Dr. Mahathir, who served as prime minister at the time, Kuala Lumpur and the rest of the nation were modernised under his "Vision 2020" programme.

1981

Thereafter Malaysia's federal administrative capital was relocated to Putrajaya.

1999

5 TIPS EVERY TRAVELER SHOULD KNOW BEFORE VISITING KUALA LUMPUR

Here are five tips that each visitor to Kuala Lumpur should keep in mind:

1. Be wary of scammers

Travellers in KL are encouraged to exercise caution and avoid becoming victims of scams. Be particularly watchful of phoney calls and texts that pretend to be from government agencies and come from unidentified or questionable numbers. Nowadays, con artists frequently pose as the identities of legitimate companies in an effort to dupe people into giving them vital information. It is necessary to report any scamming groups by dialling 997 if you come across any.

2. Make sure the taximeters are turned on by the drivers

By the time you begin your trip, taxi drivers must have turned on their taximeters. If they won't do it, you can exit the taxi and get another one. This is so that it is against the law to charge a passenger without using the metre.

3. Avoid going down any dark alleys

Although KL is renowned for its exciting nightlife, there are some places where it may be pretty shady. It is strongly advised to walk with other people and avoid walking alone, especially in dimly lit areas. You do not want to become a robbery victim!

4. Bring clothing that is appropriate for hot temperatures

Average annual temperatures in Malaysia's tropical region are oppressive at 30°C. Only a pair of flip-flops and a pair of shoes should be packed, along with some light, loose-fitting cotton clothing. Pack a hoodie or lightweight jacket in addition, as Malaysia has a tendency to keep the air conditioning on in chilly places like buses, trains, and shopping malls. Also, because the weather in this area is liable to change, you should always be prepared to always carry an umbrella.

5. Malaysia is a dazzling diverse nation

In addition to ethnic Malay Muslims, ethnic Chinese, Tamil Indians, and twelve indigenous communities known as "orang asli" live in Kuala Lumpur, which is multiethnic but primarily Islamic. This implies that mosques, churches, and Hindu temples coexist with Chinese temples decorated with red lanterns. The three main languages of KL are Bahasa Malaysia, Mandarin, and Tamil. To get around, you might need to acquire a little bit of Bahasa Malaysia!

MERCURE

HOTELS

KUALA LUMPUR
GLENMARIE

*A locally inspired,
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nestled in the
heart of Utopolis
Glenmarie
development in
Shah Alam,
Selangor.*



SIGHTSEEING



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Benefits as soon as you register:

- Save time when booking
- Save on your stays thanks to the Member Rate
- Earn points every moment and use them to treat yourself

ICONIC LANDMARKS

Petronas Twin Towers

There is an 88-story skyscraper called the Petronas Towers in KL. It also goes by the name KLCC Twin Towers. From 1998 until 2004, when it was exceeded by other taller buildings in other nations, they were the tallest structures in the world. At 451.9 metres, it is still the tallest twin tower in the world. It continues to be a well-known landmark in Malaysia and is especially beautiful at night.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City Centre, 50088 Kuala Lumpur

Contact: +603-2331 8080

Website: <https://www.petronastwintowers.com.my/>

Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)



Batu Caves

One of Malaysia's main tourist destinations, Batu Caves, is situated 13 kilometres north of Kuala Lumpur. The Hindu god Lord Murugan, whose gigantic statue is fairly tall, is claimed to defend the temple. A group of limestone caves and cave temples can be found here. In addition, the vibrant stairway in Batu Caves is the greatest location for Instagram-worthy pictures. This demonstrates further Malaysia's rich cultural diversity.

Address: Gombak, 68100 Batu Caves, Selangor

Contact: +603-6189 6284

KL Tower

KL Tower, the seventh-tallest telecommunications tower in the world, is also the tallest building in Southeast Asia. The tower was built to improve communications and broadcasting across the nation. The Atmosphere 360° restaurant, the Mega View Banquet Hall for Meeting and Seminars/Private Functions like weddings, the Blue Aquarium, the KL Tower Mini Zoom the KL Upside Down House, the Observation Deck, the SkyDeck, the Sky Box, the Sky Cafe, and the new Tower Walk 100 are just a few of the amenities included in the tower.

Address: No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250

Kuala Lumpur

Contact: +603-2020 5444

Website: <https://www.menarakl.com.my/>

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sultan Abdul Samad Building

The 1894-built Sultan Abdul Samad Building is situated directly in front of Merdeka Square. Formerly housing all of the British government's administrative offices, it is currently home to the Malaysian Ministries of Communications and Multimedia and Tourism Culture. The renowned structure from the late 19th century is the finest location for Instagrammable photos because of its gorgeous architecture.

Address: Jln Raja, Kuala Lumpur City Centre, 50050 Kuala Lumpur

Website: <https://www.selangor.gov.my/>

Operating Hours: Open 24 hours



ZÉLL-V Wellness Hub offers Revolutionary Approaches for **Heart Health**



SIGHTSEEING

Coronary artery disease (CAD) is the biggest killer in the world for the past 15 years, accounting to about 9 million deaths in 2015, according to the World Health Organization (WHO).

Due to inadequate blood supply to the heart, people with CAD often suffer from angina, often described as squeezing, pressure or pain in the chest, spreading to the shoulders, arms, and neck.

In the past, surgery or angioplasty is usually the only option available when a patient fails to respond to medication. Today, the Enhanced External Counterpulsation (EECP) provides an alternative to patients who prefer a non-invasive form of treatment for angina and heart disease.

During the EECP procedure, blood pressure cuffs are wrapped around the patients' legs. These cuffs squeeze and release in sync with the patient's heartbeat, promoting blood flow throughout the body, particularly to the heart. In the process, EECP develops new pathways around blocked arteries in the heart by expanding the network of tiny blood vessels, thereby increasing and normalising blood flow to the heart muscle. For this reason, it is often called the natural bypass.

Numerous clinical trials in the last two decades have shown EECP therapy to be safe and effective for patients with refractory angina with a clinical response rate averaging 70% to 80% sustained up to 5 years. It is shown to improve quality of life and exercise capacity as well as left ventricular function long-term.

***EECP has been approved as a treatment for angina and heart failure by the US Food and Drug Administration (FDA).**

ZÉLL-V Wellness Hub – The One-Stop Rejuvenation Centre of Asia

ZÉLL-V Wellness Hub is the first to offer the revolutionary EECP treatment in Malaysia as a part of its integrative approach to heart health. We employ 4 steps – Assessment, Detoxification, Boosting and Rejuvenation – to help people achieve a healthy, quality life.

Methods available to boost heart health include cellular therapy, bio resonance (BR) scan and IV drips with nutrition advice. Cellular therapy supplies the heart with young and active cells to rejuvenate and regenerate weakened heart muscles; BR scan checks the organs and detects health risks; while IV drips normalise blood flow and protect the vascular wall.

Other body, mind and soul services available include: head-to-toe health screenings, innovative holistic therapies, spa and massage, postnatal rejuvenation, skin and breast treatments, etc. A medical advisory board consisting of international and local medical doctors as well as scientists forms a strong core of support for ZÉLL-V Wellness Hub. Rest assured that you are receiving some of the best treatments available in the region when you come to ZÉLL-V Wellness Hub.



We are offering **Free ECP / EECP Trial for a limited time (T&C apply)** at ZÉLL-V Wellness Hub
For more information [+6012-654 9590](tel:+6012-6549590) [f vwellnesscenter](https://www.vwellnesscenter.com) [v-wellness.com](https://www.v-wellness.com)
ZÉLL-V Wellness Hub : No. 30A, Menara Ruyi, Lorong Kapar, Jln 2/87G, Off Jln Syed Putra, 58000 KL.

HISTORICAL SITES



Sultan Abdul Samad Building

In front of Merdeka Square stands the Sultan Abdul Samad Building, which was constructed in 1894. The Malaysian Ministries of Communications and Multimedia as well as Tourism and Culture are currently housed there, where all of the British government's administrative buildings once stood. Due to its stunning architecture, the well-known building from the late 19th century is the best place for Instagrammable photos.

Address: Jln Raja, Kuala Lumpur City Centre, 50050 Kuala Lumpur

Website: <https://www.selangor.gov.my/>

Operating Hours: Open 24 hours

Central Market

Find some fascinating antiquities and gems by visiting the Central Market, commonly known as Pasar Seni. The Central Market in Kuala Lumpur is the perfect venue for showcasing genuine Malaysian culture and tradition. With its modest beginnings as a wet market in 1888, it has grown into a lovely location. More than 300 stores selling regional handicrafts, textiles, souvenirs, collectibles, and eateries are housed in the gorgeous art-deco building.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur

Website: <http://www.centralmarket.com.my/about.php>

Carcosa Seri Negara

The Carcosa Seri Negara is a Malaysian heritage structure located in Kuala Lumpur Lake Gardens. During the colonial era, the British High Commissioner lived in Carcosa. It was constructed more than a century ago, and in the early 1980s, it was converted into a hotel. A few kilometres from Kuala Lumpur's centre, Carcosa is surrounded by lovely landscape gardens on all sides. Her Majesty Queen Elizabeth II and Prince Philip have both stayed at Carcosa.

Address: Persiaran Tuanku Ja'afar, Tasik Perdana, 50480 Kuala Lumpur

Contact: +603-2295 0888

Website: <https://www.carcosa.com.my/>



Old Railway Station (KTM)

One of KL's most well-known historical sites is the Old Train Station. Before KL Sentral opened in 2001, it served as KL's main railway hub. The Kuala Lumpur Train Station was built in the year 1886 and was later restored in the year 1910; with an enhanced iron roof built to endure snow! This old structure has a distinctive architecture that combines elements of Moorish, Western, and Eastern traditions.

Address: Bangunan Stesen Keretapi, Jalan Sultan Hishamuddin, 50000 Kuala Lumpur

Contact: +6016-553 5332

Operating Hours: Open 24 hours



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MUSEUMS AND MEMORIALS

Royal Museum

The Royal Museum of Malaysia first opened its doors on February 1, 2013. The King and Queen of Malaysia had their official residence in the previous National Palace. The museum is situated in the former National Palace, which recently reopened to the public. Before, horse guards stood watch over the Royal Palace, which was off limits to the general public. Since the palace is now a Royal Museum, everyone is welcome to visit. A former palace guard will accompany you and give you a thorough tour. The King and Queen's former sleeping quarters will also be shown to you.

Address: Jln Istana, Istana Negara, 50460 Kuala Lumpur
Contact: +603-2272 1896
Website: <http://www.jmm.gov.my/ms/muzium/muzium-diraja>

Bank Negara Museum & Art Gallery

The Bank Negara Museum strives to inform the general public about the history, revolution, and economy of Malaysia. Did you know that the museum has a RM1-million-cash tunnel that you can pass through? In addition, a gallery of art is situated close to the museum. That is the location where you may find local artists' works.

Address: Sasana Kijang, 2, Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur
Contact: +603-9179 2784
Website: <https://museum.bnm.gov.my/>
Operating Hours: 10.00 am - 1.00 pm, 2.00 pm - 5.00 pm (Tuesday-Sunday) / Closed on Monday

Royal Malaysia Police Museum

The history of the Malaysian police force is the focus of the Royal Malaysia Police Museum. The Royal Malaysia Police's history, from its inception under British colonial rule until the 1970s, is chronicled in the museum. The museum was originally housed at the Police Training Centre in Jalan Semarak, however it has since undergone renovations to make room for more exhibits.

Address: 5, Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur
Contact: +603-2272 5689
Website: <https://www.facebook.com/Royal-MalaysiaPoliceMuseum>
Operating Hours: 9.00 am - 5.00 pm (Tuesday-Sunday)



KL City Gallery

KL City Gallery houses various information about the history of KL. There are also miniature figures of the whole KL city for you to experience the city. The outside of the gallery is where you can take Instagrammable photos at the iconic 'I love KL' monument.

Address: 27, Jln Raja, Dataran Merdeka, 50050 Kuala Lumpur
Contact: +603- 2698 3333
Operating Hours: 9.00 am - 6.00 p (Wednesday-Monday) / Closed on Tuesday



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www.alamarkl.com



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@alamarlebanesecuisine](https://www.tiktok.com/@alamarlebanesecuisine)

Lot 6.10, Level 6, Pavilion Kuala Lumpur,
55100 Kuala Lumpur, Malaysia

MODERN ARCHITECTURAL BUILDINGS



LUTH Building (Tabung Haji Tower)

The LUTH Building, also known as the Tabung Haji Tower, is a 38-floor skyscraper that was opened in 1984. It houses religious institutions, the Bank of Islam, and a tour company that arranges Haji travels. The unique architecture of this building was designed by Hijjas Kasturi, who also designed the TM Tower.

Address: 201 Jalan Tun Razak, 50400 Kuala Lumpur

Contact: +603-2054 2000

Website: <https://www.tabunghaji.gov.my/>

Operating Hours: 9.00 am - 4.00 pm

(Monday-Friday) / Closed on Saturday & Sunday

Menara YTL

In 2017, the design brief of the 41-storey Menara YTL was created. A renowned architect, designer, and consultant were employed by YTL to create the tower, which was finished in December 2020. The building stands out in Kuala Lumpur's skyline due to its opulent details and monochrome colour scheme. The sleek tower's "crystal" facade finish was created by artistically folded glass, giving it a gem-like appearance with varying levels of light reflection and contrasting textures.

Address: 205, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur

Contact: +603-2038 0888

Website: <https://www.ytl.com/>

Operating Hours: 9.00 am - 6.00 pm

(Monday-Friday) / Closed on Saturday & Sunday



The Capers Sentul East

The Capers Sentul East is a condominium complex with a really attractive and modern style facade. The architecture really distinguishes the building in the area as the layout is really distinctive. You are able to spot the building from a mile away as it is 136 metres in height and has 37 floors with a unique architecture.

Address: Lorong Timur, Sentul Selatan, 51000 Kuala Lumpur

Contact: +603-4065 1556

Website: <https://www.capers.com.my/>

Carigali Tower

Carigali Tower, also known as the Petronas Tower 3, is a 60-storey and 267-metre-tall building located in KLCC. It is the eight-tallest structure in Malaysia and a component of the Petronas Towers complex. The building has a crown-like structure that is 21 metres high on top, making it 267 metres high overall.

Address: Kuala Lumpur City Centre, 50088 Kuala Lumpur

AIA Sentral

At the junction of Jalan Sultan Ismail and Jalan Raja Chulan in the KL Central Business District, Menara AIA Sentral is ideally situated. The building was built in 1990 with 41 storeys. The building has a stair-like structure at the top of the building.

Address: 30, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur

Contact: +603-8213 2800

INSTAGRAMMABLE SPOTS

KL Tower Skybox

The Sky Box at KL Tower is a famous observation platform for taking panoramic pictures from the glass Sky Box that is 300 metres above the city. Enjoy the scenic view of the city from high above and take stunning pictures while overlooking the magnificent city of KL!

Address: Menara Kuala Lumpur No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur

Contact: +603-2020 5444

Website: <https://menarakl.com.my/>

Operating Hours: 9.00 am - 10.00 pm
(Monday-Sunday)

River of Life

Prepare to be amazed by the beautiful artworks of the wall art mural at River Of Life in KL! The River of Life is where the Gombak river and Klang river adjoin at the same place. Take a stroll along the River of Life to enjoy the stunning artwork made by creative local artists while taking stunning Instagrammable photos.

Address: Jalan Benteng, City Centre, 50050 Kuala Lumpur

Operating Hours: Open 24 hours

Lalaport BBCC

LaLaport offers a futuristic design with a rooftop garden and outdoor landscapes that are ideal for taking Instagrammable pictures. It's also a great spot to get the perfect view of renowned KL skyscrapers while various indoor locations around the mall also make for great spots to snap your 'insta-worthy' pictures.

Address: 2, Jln Hang Tuah, Bukit Bintang, 55100 Kuala Lumpur

Contact: +603-2731 3555

Website: <https://mitsui-shopping-park.com.my/>

Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)

The Linc KL

Did you know that The Linc KL is a trendy hangout place and an awesome location to take pictures? Its industrial-chic design and inspiration by nature are what make it an Instagrammable spot. It is also considered an 'artsy' shopping mall because it is filled with colorful artwork inside out. Now don't forget to head over to The Linc KL to go window-shopping and enjoy interesting things while taking stunning pictures around the mall!

Address: 360, Jln Tun Razak, Taman U Thant, 50400 Kuala Lumpur

Contact: +603-9213 0388

Website: <https://thelinckl.com.my/>

Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)

Saloma Link

A 69-meter-long pedestrian bridge that connects two areas is called Pintasan Saloma, or Saloma Link. Since it links Kampung Baru and KLCC, the bridge is close to both the Petronas Twin Towers and the LRT Kampung Baru station. The bridge comes alive at night thanks to its captivating and colourful lights, especially when the KL skyline is in the background. Thus, this lovely and imaginative edifice is the ideal setting for amazing OOTD photos.

Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur



STREET ARTS

In the centre of Kuala Lumpur, you may see a variety of outstanding street art. For your information, art is crucial for both our physical and emotional health since it allows us to unwind by admiring the imaginative and beautiful creations of others. Alos, while you visit these street arts, take advantage of the chance to snap Instagrammable photos to spice up your Instagram feed. Here are a few of the street paintings we have selected for you to explore around KL.

Jalan Alor

Address: 64, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur
Contact: +603-2110 5670
Operating Hours: Open 24 hours

Kwai Chai Hong

Address: Lorong Panggung, City Centre, 50000 Kuala Lumpur
Contact: +6012-316 6212
Website: <https://www.kwaichaihong.com/>
Operating Hours: 9.00 am - 12.00 am (Monday-Sunday)

River of Life

Address: River of Life, Leboh Pasar Besar, Kuala Lumpur City Centre, 50050 Kuala Lumpur
Website: <https://www.facebook.com/riveroflife/kl/>
Operating Hours: Open 24 hours

Pasar Seni River Bank

Address: Central Market, Kuala Lumpur City Centre, 50050 Kuala Lumpur

Jalan Telawi

Address: Off Jalan Telawi 3, Bangsar, Kuala Lumpur

Jalan Dang Wangi (Campbell Road)

Address: Jalan Dang Wangi (Campbell Road), Kuala Lumpur, Malaysia

Chow Kit

Address: Chow Kit, 50350 Kuala Lumpur





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PARKS & GARDENS



Desa ParkCity

Desa ParkCity is where you can enjoy a picnic at the park while gazing at the lovely lake, or you can use the jogging path to go for a jog and exercise. Enjoy the stunning vistas of the vast outdoors by enjoying a leisurely stroll. The park's status as one of KL's many pet-friendly locations puts the icing on the cake.

Location: C-3-1 Plaza Arkadia, 3, Persiaran Residen, Desa Parkcity, 52200 Kuala Lumpur
Operation Hours: 6.00 am - 11.00 pm
(Monday-Sunday)

Taman Tasik Titiwangsa

Spend quality time with your friends or family on the weekends at Taman Tasik Titiwangsa by engaging in various sports like jogging, cycling, or simply strolling through the park while taking in the view of the skyline of KL. There are other enjoyable things you may do while there, such as a sky canopy walk, a small water park, a large playground for children, and many more.

Address: Tasik, Titiwangsa, 53200 Kuala Lumpur
Contact: +6017-301 0549
Operating Hours: 6.00 am - 8.00 pm
(Monday-Sunday)

Kepong Metropolitan Park

Kepong Metropolitan Park is a 57-hectare man-made lake where locals would jog and cycle around it along the paths. There is also a playground for kids, a boathouse, and observation tower, reflexology services, and an open space for picnickers and kite flyers are all included in the park.

Address: Jalan Lingkaran Tengah 2, Lake Garden, 52100 Kuala Lumpur
Contact: +603-6259 4270
Operating Hours: 6.00 am - 7.00 pm
(Monday-Sunday)

Taman Tasik Permaisuri

The ideal area to jog in the centre of KL city is Taman Tasik Permaisuri. You have a choice of routes to choose from while you jog around this park. A plant terrace sits in the middle of the beautiful nature surrounding the garden. In addition, there are several food and beverage stands close to the park where guests can have a quick snack after engaging in enjoyable leisure activities.

Address: Jalan Tasik Permaisuri 2, Bandar Tun Razak, 56000 Kuala Lumpur
Contact: +603-2617 6396
Operating Hours: 6.00 am - 8.00 pm
(Monday-Sunday)

KLCC Park

The lush KLCC Park is an urban park that lies within the Kuala Lumpur City Centre. It is the best place to go for a jog as well as strolling around the park while enjoying the beautiful landscape as the park has a paved jogging track of about 1.3 km and many interconnecting shorter walkways for the public.

Address: KLCC, Lot No. 241, Level 2, Suria, Kuala Lumpur City Centre, 50088 Kuala Lumpur
Contact: +603-2382 2828
Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)





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 Bandar Putra Permai, Seri Kembangan,
 43300 Selangor Darul Ehsan, Malaysia.

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ECO & AGRO TOURISM

Taman Botani Rimba Ilmu - University Malaya

Taman Botani Rimba Ilmu, an 80-hectare tropical botanical park, is located on the University of Malaya campus in Kuala Lumpur. The ultimate vision is to turn the University Malaya into a biodiversity hotspot, an urban nature park, and a walk-through educational garden where people may coexist peacefully with both plants and animals.

Address: 50603 Kuala Lumpur, Federal Territory of Kuala Lumpur

Website: <https://rimba.um.edu.my/>

Operating Hours: 9.00 am - 4.00 pm (Monday-Friday) / Closed on Saturday

Kebun-Kebun Bangsar

Kebun-Kebun Bangsar is more than just a typical park; it is a 2.5-acre urban communal food garden. Its residential neighbourhood hilltop location gives a great view of the KL skyline. It is also a natural spot for families to unwind in the city and is free to visit. It also offers a variety of attractive animals, blossoming flowers, and growing vegetables.

Address: Lorong Bukit Pantai, Bangsar, 59100 Kuala Lumpur

Contact: +6016-414 1620

Website: <https://www.facebook.com/kebunkebunbangsar/>

Operating Hours: 8.30 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday



TTDI Edible Community Garden

This community garden in KL called TTDI Edible Community Garden is a community farm that produces its own organic food and does its own composting. There is a wide variety of plants and flowers with a perfect landscape!

Address: Lorong Burhanuddin Helmi 11, Taman Tun Dr Ismail, 60000 Kuala Lumpur
Contact: +6012-337 6755

Website: <https://www.facebook.com/ttdiediblegarden/>

Operating Hours: 9.30 am - 7.00 pm (Tuesday, Thursday & Saturday) / Closed on Monday, Wednesday, Friday & Sunday

KL Tower Mini Zoo

In order to replicate a "jungle" concept environment, the KL Tower Mini Zoo was constructed with free roaming animals in spacious enclosures that closely reflect their natural habitat. It combines a zoo with the preservation of nature. There are meerkats, parrots, llamas, and tortoises at this tiny zoo. Soft bunnies, big pythons, and mischievous squirrel monkeys are just a few of the unusual species they have. Capture photos with the stunning and colourful parrots. It's a great area to hang out with families and kids.

Address: Ground Floor, Menara Kuala Lumpur, WP, Jalan Puncak, 50250 Kuala Lumpur
Contact: +603-2022 3943

Website: <https://www.facebook.com/KL-TowerMiniZooMalaysia/>

Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)

HIKING SPOTS IN KL

Walk along the hiking trails to the picturesque viewpoint of these hills in KL and take in the surrounding beauty of nature. At Kuala Lumpur, there are many different hiking trails, and the most of them are worthwhile excursions. Here are some of the beautiful hiking paths in KL where you can get some exercise, fresh air, and a chance to connect with nature.

KL East Park

Address: Lot 201064, Jalan Melati Kuarza 2, Sunway Montana (U/C), 53100 Kuala Lumpur
Contact: +6019-300 3634
Website: <https://klepark.simedarbyproperty.com/>
Operating Hours: 7.00 am - 6.30 pm (Monday-Sunday)

Taman Tugu Hike Trail

Address: 94-1, Persiaran Sultan Salahuddin, Kuala Lumpur, 50480 Kuala Lumpur

Sri Bintang Hill Trail

Address: Jalan 11/36, Taman Sri Bintang, 52200 Kuala Lumpur
Operating Hours: Open 24 hours

Bukit Kiara Trail

Address: 60000 Kuala Lumpur, Federal Territory of Kuala Lumpur

Bukit Besi Trailhead

Address: 1, Jalan Alam Damai, Alam Damai, 56000 Cheras
Operating Hours: Open 24 hours

Ketumbar Hill

Address: Jalan 6/95b, Taman Cheras Utama, 56100 Kuala Lumpur
Contact: +6017-337 3942
Operating Hours: Open 24 hours

Bukit Dinding (Wangsa Maju)

Address: Bukit Dinding, 54200 Kuala Lumpur, Federal Territory of Kuala Lumpur

Bukit TM (Wangsa Maju)

Address: Wangsa Maju Reservoir, Wangsa Maju, 53300 Kuala Lumpur, Federal

Territory of Kuala Lumpur

Operating Hours: Open 24 hours





INTRODUCTION TO MALAYSIAN

The great ethnic, linguistic, and religious diversity of Malaysia is well known to us all. The bulk of people in each ethnic group have kept up their ancestral traditions. As a result, Malaysian culture accepts a wide range of beliefs, principles, and lifestyles.

In addition to the three primary ethnic groups of Malay, Chinese, and Indians, Kuala Lumpur also has a large number of indigenous local races (including many Borneans that are currently in Peninsular Malaysia). The distinctive blending of cultures from the immigrant communities that settled and intermarried locally gave rise to the culturally diverse country we have today.

A trip to Kuala Lumpur won't be complete without understanding and appreciating their rich legacy. We have included a section for you to read about the customs and traditions that they practise so that you can discover more about how distinctive Malaysian culture is.

You may rebuild respectful relationships with Malaysians by learning as much as you can about their native nation, race and religion before meeting them. Some of the cultural places in Kuala Lumpur that we have previously mentioned are accessible to you. In Malaysia, there are a tonne of cultural attractions, particularly in KL.

PLACES OF WORSHIP-MUSLIM

Masjid Al-Bukhari

The Al-Bukhari Foundation Mosque, also known as Masjid Yayasan Al-Bukhari, was named in honour of the Al-Bukhari Foundation's founder to honour their surname. The mosque was originally known as Surau Babul Jannah and was a dilapidated prayer hall that was 147 years old. From 2004 to 2006, the mosque was restored. The architectural style of the Masjid Al-Bukhari is influenced by Islamic architectural styles, especially those from Middle Eastern nationals. The mosque has a capacity of 1600 people at once.

Address: 1, Jalan Hang Tuah, Bukit Bintang, 55200 Kuala Lumpur
Contact: +603-9221 0554
Website: <https://www.facebook.com/mabkl.fb/>
Operating Hours: 5.00 am - 10.00 pm (Monday-Sunday)

Masjid Negara

KL is home to the 1963-built National Mosque of Malaysia. The mosque, which is still steadfastly standing on its grounds, is now seen as a key symbol of Malaysia, an Islamic country. Some 15,000 people may fit in the mosque, which is encircled by a 13-acre tract of lush greenery. The mosque's two primary features are its 73-meter-high minarets and its main concrete roof, which is designed like a 16-pointed star. The mosque's architecture transmits a number of meanings. For instance, the main roof was inspired by the image of an open umbrella, while the minarets were modelled after a folded umbrella.

Address: Jalan Perdana, 50480 Kuala Lumpur
Contact: +603-2693 7905
Website: <https://masjidnegara.gov.my/ms/>
Opening Hours: 6:30 am - 4:00 pm, 5:30 pm - 7:00 pm (Monday-Sunday)

Masjid Jamek Sultan Abdul Samad

As the Sultan Abdul Samad Jamek Mosque, Masjid Jamek is one of the oldest mosques in Kuala Lumpur. Its distinctive Islamic architecture combines Mughal and Moorish elements. You may see the mosque when you visit the River of Life; it is accessible via Jalan Tun Perak and located where the Gombak and Klang rivers meet. The mosque was built in 1909 by Arthur Benison Hubback using Indo-Saracenic architectural design.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur
Contact: +603-2691 2829
Website: <https://www.facebook.com/Jamekmosque2/>
Operating Hours: 5.30 am - 9.30 pm (Monday-Sunday)

Masjid Wilayah Persekutuan

Masjid Wilayah Persekutuan, popularly known as the Federal Territory Mosque, was constructed between the years 1998 to 2000. 17,000 worshippers can congregate in the mosque simultaneously. The Blue Mosque in Istanbul, Turkey, served as the inspiration for the mosque's design, which combines Malay and Ottoman features of architecture.

Address: Jln Tuanku Abdul Halim, Kompleks Kerajaan, 50480 Kuala Lumpur
Contact: +603-6201 8791
Website: <https://www.masjidwilayah.gov.my/>
Operating Hours: 10.00 am - 4.00 pm (Saturday-Thursday) / 10.00 am - 4.00 pm



PLACES OF WORSHIP-BUDDHIST



**GUAN DI TEMPLE
CHINATOWN**



THEAN HOU TEMPLE



SIN SZE TEMPLE

Thean Hou Temple

The Chinese sea goddess Mazu is honoured in a six-tiered temple named Thean Hou Temple. With views of Jalan Syed Putra, it is located in Kuala Lumpur on Lorong Bellamy, close to the top of Robson Heights. The temple was completed in 1987, and it received its official opening in 1989. The building is owned by and is under the care of the Selangor and Federal Territory Hainan Association. The Hainanese built the temple and is regarded as one of Southeast Asia's largest temples.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur
Contact: +603-2274 7088

Website: <https://www.facebook.com/theanhoutemple/>
Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

Guan Di Temple Chinatown

In Chinatown KL, there is a stunning temple called Guan Di Temple. One of the most popular temples in KL is this one. The Guan Di Temple was constructed in 1888 with aid from Kuala Lumpur's substantial and affluent Chinese minority. Address: 168, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur
Contact: +603-2072 6669

Website: <https://kwongsiew.org/>
Operating Hours: 7.30 am - 3.30 pm (Monday-Sunday)

Buddhist Maha Vihara

The Sinhalese community in Kuala Lumpur and the surrounding area constructed the Buddhist Maha Vihara in 1894 to serve as a place of worship for the Sri Lankan Theravada religion. The British Administration brought the majority of Sinhalese merchants, artisans, and skilled employees from Ceylon to establish the colonial Malayan Civil Service.

Address: 123, Jalan Berhala, Brickfields, 50470 Kuala Lumpur

Contact: +603-2274 1141

Website: <https://buddhistmahavihara.org/>
Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)

Sin Sze Si Ya Temple

The Sin Sze Si Ya Temple is located adjacent to the Central Market. Yap Ah Loy constructed it in honour of two gods who guided him and assisted him during the Selangor Civil War. The temple is the city's oldest Taoist temple.

Address: 113A, Jalan Tun H S Lee, City Centre, 50050 Kuala Lumpur

Contact: +603-2078 9052

Website: <https://www.facebook.com/Sin-Sze-Si-Sze-Ya-Temple-1258347527591931/>
Operating Hours: 7.00 am - 4.00 pm (Monday-Sunday)

PLACES OF WORSHIP-HINDU

Sri Maha Mariamman Temple

The Sri Maha Mariamman Temple, which sits on the borders of Chinatown, is the oldest Hindu temple in Kuala Lumpur. The temple was renovated in 1968 after being originally built in 1873. Overlooking the entrance is the stunning "Raja Gopuram" tower, which has five levels. A must-see site in KL, the temple is adorned with vibrant and fascinating religious carvings and sculptures.

Address: Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur
Contact: +603-2078 5325
Operating Hours: 6.00 am - 8.30 pm (Sunday, Tuesday-Thursday) / 6.00 am - 8.00 pm (Monday) / 6.00 am - 9.30 pm (Friday) / 6.00 am - 9.00 pm (Saturday)

Sri Kandaswamy Temple

At Brickfields Kuala Lumpur, there is a Hindu temple called Sri Kandaswamy Temple. The Presiding Deity is the Lord Sri Shakthi Vel Peruman. It is one of the most well-known Tamil Sri Lankan or Ceylonese temples in Malaysia.

Address: Brickfields, 50470 Kuala Lumpur
Contact: +603-2274 2987
Website: <https://srikandaswamykovil.org/>
Operating Hours: 6.00 am - 8.30 pm (Monday-Sunday)

Arulmigu Sri Ramalingeswarar Temple

The brick and stone Arulmigu Sri Ramalingeswarar Temple was constructed in 1903 by employees of the Malayan Railway Bureau at the time. The craftsmen constructed it because they needed a temple in that location at the time.

Address: 16, Jalan Maarof, Bangsar, 59000 Kuala Lumpur
Contact: +603-2284 4652
Website: <https://www.facebook.com/people/Arulmigu-Sri-Ramalingeswarar-Kovil-Bangsar-Kuala-Lumpur/100080374790016/>
Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)

Sri Maha Sakthi Mohambigai Amman Temple

A modest temple called Sri Maha Sakthi Mohambigai Amman Temple is located in MidValley City. It is the sole temple in Malaysia devoted to the Mohambigai goddess. The temple had a great atmosphere and was well maintained. There are also incredible statues and wall carvings to be discovered there, as the location is thought to be a more than 100-year-old temple.

Address: Mid Valley Megamall, 75, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala Lumpur
Contact: +603-2282 1317
Website: <https://www.facebook.com/pages/Sri-Maha8>

SRI MAHA MARIAMMAN TEMPLE



ARULMIGU SRI RAMALINGESWARAR TEMPLE



PLACES OF WORSHIP-CHRISTIAN

Church of Our Lady of Fatima

The contemporary-looking church called Church of Our Lady of Fatima was built in 1963 to service the rising Catholic community in and around the Brickfields neighbourhood. It's one of four churches that are conveniently located near the city's centre. More than 1,500 parishioners who reside in and around the neighbourhoods of Brickfields, Bangsar, Taman Seputeh, and Old Klang Road are served by this church today. They come from several ethnic groups.

Address: 21, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur
Contact: +603-2274 1631
Website: <https://olflk.com/>
Operating Hours: 9.00 am - 5.00 pm (Tuesday-Friday) / 9.00 am - 1.00 pm (Saturday) / 8.00 am - 12.00 pm (Sunday)

/ Closed on Monday

Cathedral of St John the Evangelist

The Cathedral St. John the Evangelist serves as the primary church for the Kuala Lumpur Roman Catholic Archdiocese. Given that it was founded in 1883, it is thought to be one of Kuala Lumpur's earliest Catholic churches. St. John the Evangelist was honoured by having this church built.

Address: 5, Jln Bukit Nanas, Kuala Lumpur, 50250 Kuala Lumpur
Contact: +603-2078 1876
Website: <https://www.facebook.com/cathedralofstjohnkl/>
Operating Hours: 6.00 am - 8.00 pm (Monday-Sunday)

Catholic Church of The Holy Rosary

The Catholic Church of The Holy Rosary was founded in 1903. It is one of Kuala Lumpur's most revered locations despite being an old church. The church's exterior is magnificent and its building is in the Gothic style. It is intriguing to contrast the church's traditional structure with the contemporary skyscrapers all around it because it is situated in the centre of KL city.

Address: Holy Rosary Church, 10, Jalan Tun Sambanthan, 50470 Kuala Lumpur
Contact: +603-2274 2747
Website: <http://www.hrckl.com/>

St Mary's Cathedral Kuala Lumpur

St. Mary's Cathedral is one of the Klang Valley's oldest churches. The church was dedicated to Mary in 1887. The cornerstone was set in 1894, by the British Resident of Selangor. In 1970, the year the diocese of West Malaysia was established, the Bishop of West Malaysia relocated into St. Mary's Church. In Kuala Lumpur, the church is currently a well-liked tourist attraction.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur
Contact: +603-2692 8672
Website: <https://stmaryscathedral.org.my/>
Operating Hours: 9.00 am - 4.00 pm (Monday-Sunday)



INTRODUCTION TO KL FOR KIDS

Everyone should travel to Kuala Lumpur, especially young children. The city of Kuala Lumpur offers a wide range of activities for kids of all ages. In KL, there are several attractions available that are designed exclusively for kids to enjoy while learning about culture. It is best to keep the kids entertained in KL while you take in the city's sights yourself.

Hence, we have compiled a list of notable cultural sites, family-friendly restaurants, shopping centres, festivals, and special events. There are many sights and activities in Kuala Lumpur, so it's important to determine which ones are appropriate for families before visiting.

Kuala Lumpur is undoubtedly one of Asia's most family-friendly cities and is simple to navigate with kids. There is a vast array of kid-friendly activities in KL city. Because most parents prioritise these features for their children's safety, KL's air conditioned, paved walkways, and pedestrianised zones are perfect for toddlers or newborns in strollers.

In addition, choosing the top hotels in KL for families and those travelling with kids is advised. It is advisable to pick a hotel that will accommodate your family while you are there. This is due to the fact that many hotels and resorts offer rooms specifically dedicated for families because some rooms require a sufficient amount of space. Additionally, some hotels have areas designated specifically for kids' entertainment. Plan your family-friendly schedule right away and include a few of these locations.



ANIMAL INTERACTION CENTRES & EDUCATIONAL PLAYLANDS

Petrosains

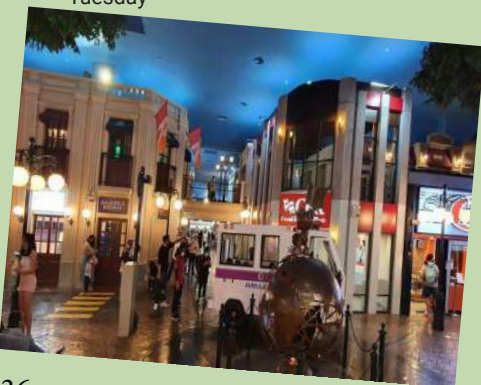
Petrosains, situated in Petronas Twin Towers, offers both young and old people a pleasant and engaging environment to foster their natural curiosity and ignite a passion for science. The centre, which has a huge number of distinctive and interactive displays, is open to visitors. For a more beneficial learning experience, you will also be treated to live science presentations, demonstrations and so on.

Address: Petronas Twin Tower, Level 4, Kuala Lumpur City Centre, 50088 Kuala Lumpur
Contact: +603-2331 8181
Website: <https://petrosains.com.my/>
Operating Hours: 9.30 am - 5.30 pm (Tuesday-Friday) / 9.30 am - 6.30 pm (Saturday & Sunday) / Closed on Monday

KidZania

KidZania is an 80,000 square foot scaled reproduction of a real city that ideally combines learning and fun. About 70 role-playing activities are available for kids at KidZania KL, where they may learn about careers, finances, and the real world while gaining life skills that cannot be taught in the classroom.

Address: Curve Nx, 18, Jalan PJU 7/5, Mutiara Damansara, 47810 Petaling Jaya
Website: <https://www.kidzania.com.my/>
Operating Hours: 10.00 am - 6.00 pm (Wednesday-Monday) / Closed on Tuesday



Deer Park

The Kuala Lumpur Deer Park is a two-hectare enclosure located in Lake Gardens KL. The park is also home to fallow, axis, and sambar deer species. The park's lush greenery, attractive ponds, and peaceful environment will entice visitors.

Address: Jalan Perdana, Tasik Perdana, 50480 Kuala Lumpur
Contact: +603-9200 0039
Website: <http://www.klbotanicalgarden.gov.my/garden-guide/features/deer-park>
Operating Hours: 10.00 am - 6.00 pm (Monday-Sunday)

National Zoo of Malaysia

The first local zoo for Malaysians was established by the non-governmental Malaysian Zoological Society. Zoo Negara was initially established in 1963, and has since evolved to become a well-known zoo all over the world. The zoo is home to over 5137 creatures overall, representing 476 distinct species of fish, birds, reptiles, amphibians, and mammals. The zoo is unquestionably the best place to take kids to see animals up close and personal.

Address: Jalan Taman Zooview, Taman Zooview, 68000 Ampang
Contact: +603-4108 3422
Website: <https://www.zoonegaramalaysia.my/>
Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)



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"Best Nasi Lemak" Award
December 2010

Nasi Lemak

The cuisine at Madam Kwan's is not limited to any particular community. It is not Penang, Melaka, Portuguese or Malay. It is a fusion of all the best from various communities. We may truly say we serve 1Malaysia cuisine. Dine with us now!



Curry Laksa



Curry Fish Head

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ADRENALINE-INDUCING ACTIVITIES

EnerZ Indoor Extreme Park

Situated in MyTown Shopping Centre, EnerZ is an exciting indoor extreme park that offers various extreme activities for the kids to enjoy! Not only kids, adults are welcome to join the extreme activities that they offer as well. You are able to find a variety of trampoline, a wall climbing and an obstacle course and many more.

Address: 6, Jalan Cochrane, Maluri, 55100

Kuala Lumpur

Contact: +6011-1500 0066

Website: <https://www.facebook.com/Enerz.my/>

Operating Hours: 1.00 pm - 9.00 pm (Monday-Friday) / 10.00 am - 9.00 pm (Saturday & Sunday)

SuperPark

SuperPark offers a wide range of enjoyable activities in an effort to amuse and motivate. For a fun and unique experience, go to the indoor SuperPark in KL. While each time slot is only two hours long, there are several time slots throughout the day to enjoy the pleasure. When you buy your ticket, you can select your desired time and reserve your slot. Have fun racing with the pedal cars, a tube slide, and more for an adrenaline rush!

Address: Unit 4-1, Level 4 Avenue K Shopping Mall, 156, Jalan Ampang, 50450 Kuala Lumpur

Contact: +6012-301 1040

Website: <https://www.superpark.com.my/>

Operating Hours: 11.00 am - 8.30 pm (Tuesday - Thursday) / 10.00 am - 7.30 pm (Friday - Sunday) / Closed on Monday

Espace Trampoline Park

The Espace Trampoline Park is an indoor trampoline park that also offers other exciting attractions such as Bounce, Sticky Wall, Rock Wall, Spider Tower and so on. This is the best place to go if you are looking for something exciting to do during the weekend!

Address: EkoCheras Mall, Taman Mutiara, 56000 Kuala Lumpur

Contact: +6018-378 8533

Website: <https://www.facebook.com/espacemalaysia/>

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Camp5 Climbing Gym

Rock climbing is best done at Camp5 Climbing Gym. Whether you are an expert or a beginner, rock climbing is a terrific experience for you. It is advised that you attempt something enjoyable by rock climbing on these walls if it is your first time. Also, the staff there is welcoming and supportive in directing you through the activity.

Address: Lot 07 & 08, 4th Floor KL Eco City Mall, Jalan Bangsar, Bangsar, 59200 Kuala Lumpur

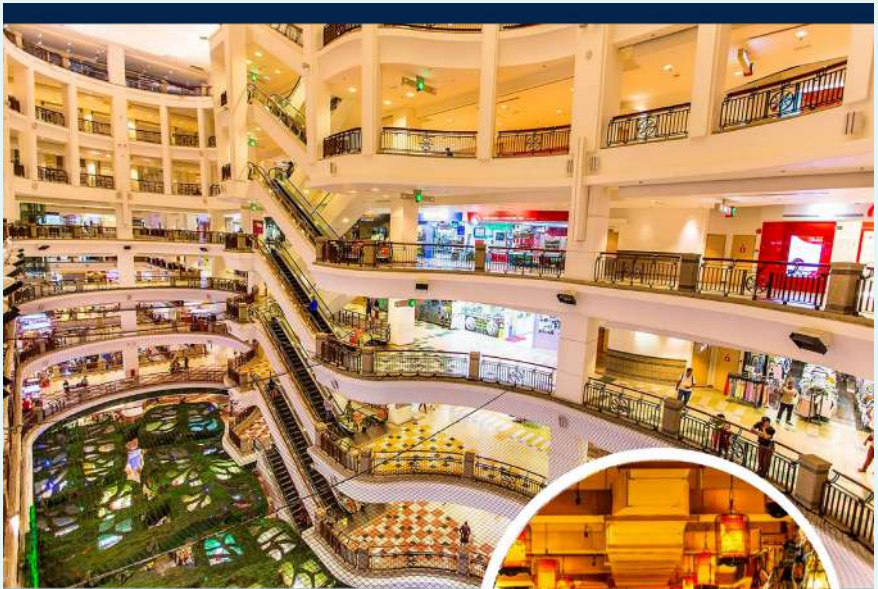
Contact: +603-2201 4360

Website: <https://www.camp5.com/>

Operating Hours: 10.00 am - 10.00 pm (Monday-Friday) / 10.00 am - 8.00 pm (Saturday & Sunday)



INTRODUCTION TO SHOPPING IN KUALA LUMPUR



Today, the retail industry is very important to the tourism industry. The Secretariat Shopping Malaysia's (SSM) goal is to promote Malaysia as a premier shopping destination to both domestic and international travellers. Almost 50 of the roughly 190 retail malls in the cosmopolitan Klang Valley, which encompasses KL city, are found there. Everyone should

go to the malls in the capital of Malaysia because there are so many possibilities there. In addition to having many locations to shop, Malaysian malls have developed into social centres, leisure areas, and entertainment venues for a range of activities.

Being the ideal venue to walk around in the sweltering heat, especially when the malls are air-conditioned, Malaysians prefer spending their free time at shopping centres. Shopping at malls is a great way to beat the harsh tropical heat. Some folks go to the mall even though they merely want to window shop. It has been shown that going to malls might improve our happiness and attitude. Since most goods in KL are reasonably priced, both local and international visitors will arrive at the city's airport with empty baggage. You may be able to bargain for a better price on some things at some locations. Remember to haggle and get the greatest deal you can!

Additionally, the districts of Bukit Bintang and KLCC also have upscale shopping malls including Pavilion and Suria KLCC. These malls carry a number of high-end international brands, including Jimmy Choo, Louis Vuitton, Gucci, Balenciaga, and many others. Other than shopping malls, KL is home to numerous local markets where you may get unique items for reasonable prices and spectacular discounts. There are plenty of markets in KL, including crowded flea markets as well as day and night markets. This section contains a list of KL's top shopping locations for your reference.

MUST BUY SOUVENIRS IN KUALA LUMPUR

Baju Kebaya

The Baju Kebaya is historically worn by Malaysian ladies. The Kebaya is a top with a front opening that is usually constructed from thin materials like brocade, cotton, gauze, lace, or voile. Moreover, embroidery can be used to decorate. The front is secured with buttons, pins, or brooches. The bottom portion of the outfit, usually referred to as the sarong, is a long length of batik or songket fabric that is wrapped and tucked around the waist.

Pewter Goods

Pewter products are of the highest quality because Malaysia is one of the world's largest producers of tin products. The primary components of the malleable metal alloy known as pewter are tin, antimony, copper, bismuth, and sporadically silver. Malaysians frequently employ pewter in their daily lives, especially for religious purposes. The largest manufacturer of pewter is Royal Selangor International Sdn Bhd. Pewterware is available in a wide range of products, such as dinnerware, tankards and tea sets, picture frames, desk accessories, and much more. Visit the Royal Selangor novelty store in Pavilion KL.

Hand-Woven Crafts

Several different rattan-woven products, including elegant hardwood baskets, fans, placemats, tiny woven wallets or purses, and many more, are produced in Malaysia. To express your gratitude for the people who passionately made these beautiful handcrafted woven items, don't forget to purchase them.

Batik

Batik is a significant aspect of Malay culture. Batik is created by adding vivid wax-resist colouring to a plain piece of fabric. The floral motifs and designs used most frequently in batik are flowers and leaves. In order to give it a more modern aspect, extra motifs like spirals and geometrical designs are now included. This style of art has developed a particular identity in Malaysia over time.

Labu Sayong

Labu Sayong is the name of a traditional ceramic craft. It can take on many different shapes, like the gourd-shaped porcelain water jugs known as jars. It's also one of the most popular and well-known presents among visitors. They help to keep drinking water at a cool temperature. Labu Sayong is also recognised to provide health benefits. The Central Market in KL is where one may get these excellent things.





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 <https://www.lerengtanah.com/index.html>



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Avenue K

Address: 156, Jln Ampang, Kuala Lumpur City Centre, 50450 Kuala Lumpur
Contact: +603-2168 7800

Website: <https://www.avenuek.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Mytown Cheras

Address: No.6, Jalan Cochrane, Seksyen 90, 55100 Kuala Lumpur
Contact: +603-2710 0057

Website: <https://mytownkl.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sunway Putra Mall

Address: 100, Jalan Putra, Chow Kit, 50350 Kuala Lumpur

Contact: +603-4040 0755
Website: <https://www.sunwayputramall.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pavilion Bukit Jalil

Address: 2, Persiaran Jalil 8, Bukit Jalil, 57000 Kuala Lumpur

Contact: +603-8092 8833
Website: <https://www.pavilion-bukitjalil.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pearl Point

Address: Menara Pearl Point 2 No. 2A, Jalan Sepadu, Off, Jln Klang Lama, 58200 Kuala Lumpur
Contact: +603-7981 3333

Website: <https://www.facebook.com/pearlpoint-shoppingmall/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Bangsar Shopping Centre

Address: 285, Jalan Maarof, Bangsar, 59000 Kuala Lumpur

Contact: +603-2094 7700
Website: <http://www.bsc.com.my/>
Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)

KL Gateway Mall

Address: 2, Jalan Kerinchi, Kampung Kerinchi, 59200 Kuala Lumpur

Contact: +603-7941 1010
Website: <https://www.klgatewaymall.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Quill City Mall

Address: 1018, Jln Sultan Ismail, Bandar Wawasan, 54200 Kuala Lumpur
Contact: +603-2603 1018

Website: <https://www.quillcitymall.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Bangsar Village

Address: 1, Jalan Telawi 1, Bangsar, 59100 Kuala Lumpur

Contact: +603-2282 1808
Website: <https://www.bangsarvillage.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Publika Shopping Gallery

Address: 1, Jln Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur

Contact: +603-6211 7877
Website: <https://www.publika.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

1 Mont Kiara

Address: 1, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur

Contact: +603-6203 0615
Website: <https://www.1mk.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



SHOPPING MALLS

Shoppes at Four Seasons Place

Address: 145, Jalan Ampang, Kuala Lumpur City Centre, 50450 Kuala Lumpur
Contact: +603-2026 5085
Website: <https://www.shoppeskl.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Hartamas Shopping Centre

Address: 60, Jalan Sri Hartamas 1, Taman Sri Hartamas, 50480 Kuala Lumpur
Contact: +603-6201 8353
Website: <http://www.hartamassc.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Melawati Mall

Address: 355, Jln Bandar Melawati, Pusat Bandar Melawati, 53100 Kuala Lumpur
Contact: +603-4161 6313
Website: <https://www.facebook.com/MelawatiMallOfficial>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Wangsa Walk Mall

Address: 9, Jalan Wangsa Perdana 1, Wangsa Maju, 53300 Kuala Lumpur
Contact: +603-4142 8888
Website: <https://www.wangsawalkmall.com.my/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Intermark Mall

Address: The Intermark, Intermark Mall, 348, Jln Tun Razak, 50400 Kuala Lumpur
Contact: +603-2166 8170
Website: <http://intermark-mall.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Berjaya Times Square

Address: 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2117 3111
Website: <https://berjayatimessquarekl.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sunway Velocity Mall

Address: Lingkaran SV2, Sunway Velocity, 55100 Kuala Lumpur
Contact: +603-2786 3970
Website: <https://www.sunwayvelocitymall.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Sungei Wang

Address: Jln Sultan Ismail, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2148 6109
Website: <http://www.sungeiwang.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Plaza Low Yat

Address: 7, Jalan Bintang, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2148 3651
Website: <https://www.plazalowyat.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pertama Complex First Shopping Center

Address: Pertama Complex, Lot RG-B, RG Floor, Jalan Tuanku Abdul Rahman, 50100 Kuala Lumpur
Contact: +603-2691 6580
Website: <https://udamalls.com.my/malls/pertama-complex/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

KL Eco City Mall

Address: KL Eco City Mall, No.3, Jalan Bangsar, 59200 Kuala Lumpur
Contact: +603-2283 2255
Website: <http://www.klecoitymall.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



NIGHT MARKETS



Jalan Alor Food Street

Address: Jln Alor, Bukit Bintang, 50200 Kuala Lumpur
 Operating Hours: 4.00 pm - 3.00 am
 (Monday-Sunday)

Chow Kit Night Market

Address: Chow Kit, 50300 Kuala Lumpur
 Contact: +6019-332 5077
 Operating Hours: 6.00 pm - 11.00 pm
 (Every Monday)

Uptown Danau Kota

Address: Jln Taman Ibu Kota, Taman Setapak Indah, 53300 Kuala Lumpur
 Website: <https://danau-kota-uptown.business.site/>
 Operating Hours: 6.00 pm - 3.00 am
 (Tuesday-Sunday) / Closed on Monday

Pasar Malam Taman Connaught

Address: Jalan Cerdas, Taman Connaught, 56000 Kuala Lumpur
 Website: <https://www.facebook.com/PmTamanConnaught/>
 Operating Hours: 5.00 pm - 1.00 am (Every Wednesday)

Pasar Malam Sri Petaling

Address: NO 19, Jalan Radin Anum, Bandar Baru Sri Petaling, 57000 Kuala Lumpur
 Operating Hours: 5.00 pm - 10.30 pm
 (Every Tuesday)

Pasar Malam Jalan Hujan Emas OUG

Address: Overseas Union Garden, Jalan Hujan Emas 4, Taman OUG, 58200 Kuala Lumpur
 Contact: +6012-322 3815
 Operating Hours: 4.00 pm - 11.30 pm
 (Every Thursday)

Pasar Malam Taman Melati

Address: Jalan Taman Melati 10, Taman Melati, 53100 Kuala Lumpur
 Operating Hours: 4.00 pm - 10.00 pm
 (Every Friday)

Pasar Malam LRT Kampung Baru

Address: 27, Jalan Raja Uda, Kampung Baru, 50300 Kuala Lumpur

Pasar Malam Sentul

Address: 65, Jalan 1/48a, Bandar Baru Sentul, 51000 Kuala Lumpur
 Contact: +6011-1639 1006
 Operating Hours: 5.00 pm - 9.00 pm (Every Friday)

Bangsar Baru Night Market

Address: Bangsar Baru, 59000 Kuala Lumpur
 Operating Hours: 5.30 pm - 11.00 pm
 (Every Sunday)



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The karts are a fleet of Blastacars® Drift Karts, a unique style of kart made and developed in New Zealand since 1987 with the focus on drifting!

Unlike regular Go Karts, you can experience the adrenaline pumping experience of sliding and drifting around corners. Instead of braking before turning a corner, you use your momentum on the straights to flick the steering wheel and use throttle control to make the rear of your kart slide out as you drift a corner. This heart racing experience is only heightened when other racers are centimetres in front and behind you doing the same thing! The track which was originally a car park is now a thrilling mix of sharp turns, fast straights and sweeping corners.

The karts are equipped with powerful 270cc and 390cc Honda plenty of torque but safety in mind that adheres to New Zealand's strict safety rules. They have speed settings to suit beginners to professionals and even the children can race too.



PLAYERS ENJOYING SOME CAT AND MOUSE DRIFTING ON THE TRACK

You won't find a more thrilling experience in a mall! Blastacars Malaysia offers a complete drift academy, from drift karts to drift cars. Opens 11am-8pm everyday.

So leave the shopaholic to their shopping and head to the 5th floor of Sungei Wang for something different. challenge your friends and family to a truly unique experience. Plus they are open till late daily so you can try drifting day or night, rain or shine!



📍 SUNGEEI WANG PLAZA - 5TH FLOOR, BUKIT BINTANG, KUALA LUMPUR

🌐 WWW.BLASTACARS.MY

📘 WWW.FACEBOOK.COM/BLASTACARS.MY

INTRODUCTION TO GASTRONOMIC DELIGHTS IN KL



Several first-time tourists to Malaysia were able to comprehend why this nation is likewise renowned for its cuisine. This country offers a superb gastronomic experience. Anywhere throughout the nation, one may find a variety of unique restaurants and food vendors.

The Kuala Lumpur culinary sector has benefited greatly from the culturally diversified nation. As you can see, Malaysian food is very diverse and has been greatly impacted by traditional Malay, Chinese, and Indian cooking techniques. These influences include using a wok as the main cooking vessel and using a variety of spices in most of the meals. The wonderful flavour combinations employed in Malaysian cuisine, which combine textures, tastes, and colours with a wide range of ingredients, are another example.

The three main aspects of travel that offer a greatest possibility for discovery are the people, the scenery, and the cuisine. We would like to extend a warm welcome to travellers coming to Kuala Lumpur and genuinely hope that you would take the chance to enjoy a range of the local cuisines and return home with joy and delectable memories.

Because KL is home to so many different ethnic groups, the cuisine here has its own unique flavour. Real Malay restaurants are conveniently located adjacent to a range of Chinese and Indian establishments. You should definitely sample all the delicious regional specialties that are unique to Malaysia!

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Largest

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Nasi Lalap

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General Hotline:

+606-734 0337



GOOGLE MAP

MUST EATS IN KL

SNACKS & DESSERTS



Ais Kacang

Ais kacang, also called ABC, is a popular Malaysian delicacy. It contains red beans, jelly, sweet syrup, and shaved ice. To give the ABC a more original touch, some people will additionally include fruits or sweet corn. Traditionally, an ice shaving machine, which was previously hand-cranked but is now more typically motorised, is used to churn out the shaved ice used in the dessert.

Tepung Pelita

Tepung Pelita is a pandan and santan custard two-layer kuih that is steamed in little banana leaf or pandan pots. Its centre is packed with sugar water, giving it a sweet creamy taste.



Mango Sticky Rice

One of the most popular desserts in the area is sticky rice, which is served with coconut milk and fruit like mangoes. A pleasing mix results from the texture of the fruit and sticky rice when additional coconut milk is added.



Roti John

In Malaysia, roti john is a distinctive snack that's popular among many citizens. It is a French loaf that is fried inside with butter and then topped with meat or poultry, onion slices, eggs, some veggies, a tonne of mayonnaise, and hot sauce or tomato sauce. The ideal snack to enjoy while exploring the night markets is this!



Roti Jala

A common Malay teatime snack, roti jala is typically served with curries. It is made of a single layer of flat, string-like batter produced with wheat flour (then folded or rolled up after cooking, as desired).



Satay

Satay consists of little slices of meat that are roasted on skewers and served with a spicy sauce that generally contains peanuts. Satay is well-known in Southeast Asian countries especially in Malaysia and Indonesia.



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MALAY CUISINE

Restoran Gerak 23

Restoran Gerak 23 serves various kampung-style dishes that are reasonably priced. You will be spoiled for choice as they have 80 dishes to choose from! Some of the dishes that they offer are Nasi Campur Air Asam, Nasi Campur Lauk Ayam Goreng Berlada, Gulai Ikan Patin, Lala Masak Pedas, and many more!

Address: Lot 2959, Jalan Raja Abdullah, Kampung Baru, 50300 Kuala Lumpur
Contact: +6017-346 3688
Website: <https://www.facebook.com/people/Restoran-Gerak-23/100063443214735/>
Operating Hours: 11.00 am - 7.00 pm (Monday-Sunday)

De Wan 1958 by Chef Wan

De Wan 1958, the most opulent and diverse example of Malaysian food. Chef Wan, a multi-award-winning chef and culinary ambassador for Tourism Malaysia, serves the best modern Malaysian cuisine. Enjoy a diverse and authentic Malaysian food at De Wan 1958 today.

Address: The Linc, 360, Jln Tun Razak, Taman U Thant, 50400 Kuala Lumpur
Contact: +603-2935 9375
Website: <https://dewan.space/>
Operating Hours: 11.00 am - 9.30 pm (Monday-Sunday)

Restoran Rebung Dato Chef Ismail

Get a taste of celebrity chef cooking at the Chef Dato Ismail Restaurant, which was created in partnership with Malaysia's very own astronaut. They serve traditional and authentic Malay foods together with a casual setting that would make you feel like you are having dinner at home. You can choose from a huge variety of dishes there, so get ready to be overwhelmed!

Address: 5-2 Cascade Parking Bukit Aman, 1, Jalan Tanglin, 50480 Kuala Lumpur
Contact: +603-2276 2525
Website: <https://www.facebook.com/RestoranRebungChefsIsmail>
Operating Hours: 11.00 am - 4.00 pm, 6.30 pm - 10.30 pm (Monday-Friday) / 8.30 am - 10.00 am, 11.00 am - 4.00 pm, 6.30 pm - 10.30 pm (Saturday & Sunday)

Sambal Hijau Restaurant

The Sambal Hijau Restaurant, which is situated in Jalan Sungai Penchala, serves you a broad selection of mouthwatering traditional Malay meals. It is a Malay mixed rice shop where different foods are offered; it is a self-service restaurant as you only need to take the dish you desire. Although the restaurant serves spicy food, as the name would imply, there are also non-spicy options available for individuals who cannot eat spicy foods.

Address: 2990, Jalan Sungai Penchala, Kampung Sungai Penchala, 60000 Kuala Lumpur
Contact: +603-7731 2045
Website: <https://www.facebook.com/restoransambalhijau/>
Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)





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legends-claypot-briyani.business.site/

Contact Us : 03-2380 4149

Address: 50, Jalan Vivekananda, Brickfields, 50470 Kuala Lumpur,
Wilayah Persekutuan Kuala Lumpur

168 Claypot Chicken Rice

This 168 Claypot Chicken Rice is claimed to have been in operation for more than 40 years and is situated in Pudu. It is one of KL's most well-liked claypot chicken rice dishes. Since they still cook their rice over an antique charcoal stove, giving it more flavour, the claypot chicken rice is incredibly authentic. Although it is favourable to many, it might be fairly packed at times, so do expect a longer wait.

Address: 21, Jalan Kancil, Pudu, 55100 Kuala Lumpur

Contact: +6017-635 6443

Website: <https://www.facebook.com/pages/Claypot-Chicken-At-Kedai-Kopi-Pudu-Satu-Enam-Lapan-168/1498764927051764>

Operating Hours: 4.00 pm - 10.00 pm (Thursday-Tuesday) / Closed on Wednesday

Hakka Restaurant

The Hakka Restaurant was founded in 1956. This restaurant lays a significant premium on offering their customers the tastiest dishes produced from genuine home recipes. We highly recommend you to visit this restaurant to try their wonderful yet traditional Chinese food!

Address: 90, Jalan Raja Chulan, Kuala Lumpur, 50200 Kuala Lumpur

Contact: +603-2143 1908

Website: <http://hakkakl.com/>

Operating Hours: 11.30 am - 10.30 pm (Monday-Sunday)



Nasi Ayam Hainan Chee Meng

Address: Sub Lot A-1, Batu 4 1, 4, Jln Klang Lama, 58000 Kuala Lumpur

Contact: +603-7972 7551

Website: <https://www.cheemeng.com.my/>

Operating Hours: 11.00 am - 7.00 pm (Monday-Sunday)

CHINESE CUISINE



Sek Yuen Restaurant

The Sek Yuen Restaurant is a Cantonese restaurant that has endured over the years. It has kept its vintage appearance, and the owner believes that modernization is not an option. Parallel to this, the well-known dishes have continued to be served, including their famed "Pei Pa" duck dish. It is prepared using a traditional wood-fired method, and it is wonderful. So don't be shocked by the wonderfully charred flavour on your first bite, as well as the thin-layered crispy duck skin and sumptuous moist meat.

Address: 313, Jln Pudu, Pudu, 55100 Kuala Lumpur

Contact: +603-9222 9457

Website: <https://www.facebook.com/restaurantsekyuen/>

Operating Hours: 11.00 am - 9.30 pm (Tuesday-Sunday) / Closed on Monday

Kedai Kopi Lai Foong

A well-known eatery with humble stalls, Kedai Kopi Lai Foong serves a variety of Chinese dishes. This restaurant is just within walking distance of the iconic Central Market. The enormous bowl of noodles stuffed to the brim with fresh lala is this restaurant's most well-known dish.

Address: 138, Jalan Tun H S Lee, City Centre, 50050 Kuala Lumpur

Contact: +603-2072 8123

Website: <https://www.facebook.com/lai-foongbeefnoodlerestaurantkl/>

Operating Hours: 6.30 am - 4.30 pm (Monday-Sunday)



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INDIAN CUISINE

Mollagaa Restaurant

Mollagaa Restaurant serves authentic and unique Indian dishes with decent portions. This restaurant serves the best banana leaf platter in KL! The ambiance of the restaurant is also pleasant for you to dine with your friends and family. If you can't tolerate the level of spiciness of the dishes, fret not as their plain water is free and refillable.

Address: 50A, Leboh Ampang, City Centre, 50100 Kuala Lumpur
 Contact: +6016-552 6777
 Website: <https://www.facebook.com/mollagaa/>
 Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)

Betel Leaf

You will be spoilt for choice with various Indian food available at Betel Leaf restaurant. There is a wide variety of dishes to choose from, ranging from North to South Indian dishes. This restaurant is also Muslim-friendly and be prepared to see a lot of locals when you visit the restaurant because the cost of the food is also reasonable, especially in KL.

Address: 77A, Leboh Ampang, City Centre, 50100 Kuala Lumpur
 Contact: +603-2032 5932
 Website: <http://www.betel-leaf.com/>
 Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)

Kayra Authentic Kerala Cuisine

Kayra Authentic Kerala Cuisine offers a wide variety of authentic contemporary Kerala dishes in Bangsar. Their dishes are blended with fresh flavours inspired by their Kerala traditional recipes. We highly recommend you to visit this restaurant and try out their Kayra Biryani Specials.

Address: F-8, 1, Jalan Telawi 1, Bangsar, 59100 Kuala Lumpur
 Contact: +603-2714 2932
 Website: <http://kayra.com.my/>
 Operating Hours: 11.30 am - 10.00 pm (Monday-Sunday)

Bombay Palace

Bombay Palace serves authentic Northern Indian cuisines that are delicious and full of flavour. The ambiance of the restaurant is very pleasant and cosy with a magnificent interior. Although the dishes can be quite pricey, they are definitely worth the try!

Address: Life Centre, 20, Jln Sultan Ismail, Kuala Lumpur, 50250 Kuala Lumpur
 Contact: +603-2171 7220
 Website: <https://www.facebook.com/bombaypalacekl/>
 Operating Hours: 12.00 pm - 10.30 pm (Monday-Sunday)



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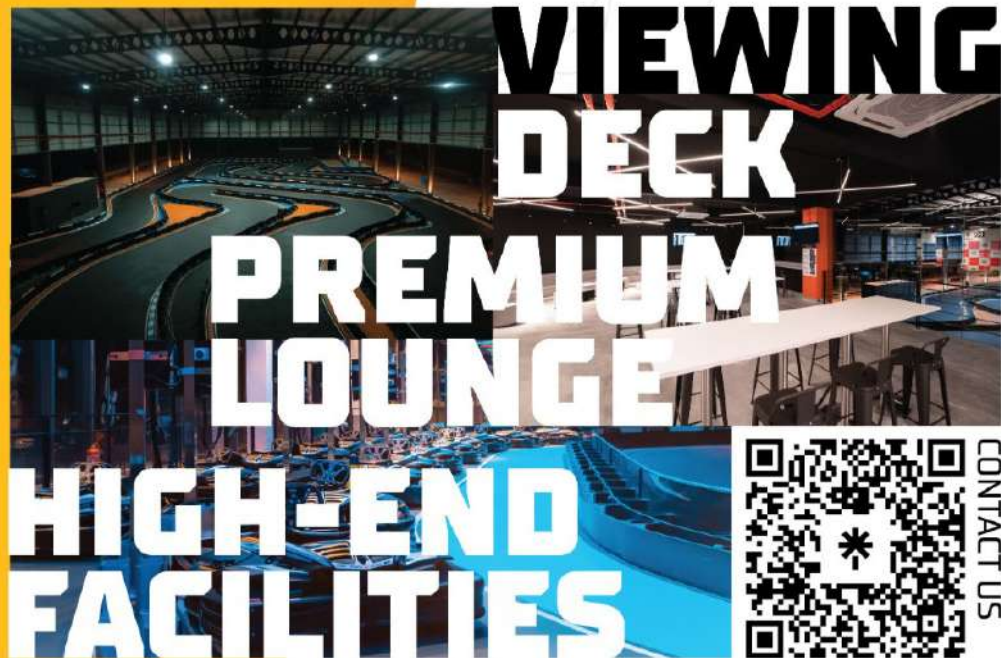


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INSTAGRAMMABLE CAFES

Light Capture Cafe

The entire cafe at Light Capture Cafe is stunningly rustic. The food is really excellent and well worth trying here. Every location in the cafe will result in an Instagram-worthy photo. Don't forget to visit this cafe so you can enjoy the delicious meals and snap more gorgeous Instagram-worthy pictures with your loved ones.

Address: 81 & 83, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur
Contact: +6010-232 8183
Website: <https://www.facebook.com/lightcapturecafe/>
Operating Hours: 11.00 am - 10.00 pm (Tuesday-Sunday) / Closed on Monday

Pokok KL

A glasshouse cafe called Pokok KL is bright, full of natural light coming in, and ideal for your Instagrammable photo. If you're searching for a carefully curated selection of Western and local dishes from breakfast to dinner, this cafe is a must-visit. You would adore the environment here since it has an ample amount of natural sunlight surrounding the cafe.

Address: MAHSA Avenue (Jalan Universiti Campus), Block B, Level 1 Jalan Ilmu, off, Jln Profesor Diraja Ungku Aziz, 59100 Kuala Lumpur
Contact: +603-8408 1811
Website: <https://brickhouse.my/outlets/pokok-kl/>
Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)



Ruma Puteh

In Titiwangsa, a home was converted into a cafe called Ruma Puteh. The cafe's main accent colour is white, hence the name. The cafe's menu includes dishes from both Western and local cuisines. The atmosphere in the cafe is tranquil and serene. There are a number of picture-perfect spots throughout, and their blue room is one of their highlights. Furthermore, it provides the ideal location for natural lighting to take your greatest Instagram photo.

Address: 60A, Jalan Kuantan, Taman Tasik Titiwangsa, 54200 Kuala Lumpur
Contact: +6017-300 4909
Website: <https://www.instagram.com/rumaputeh/>
Operating Hours: 9.00 am - 8.00 pm (Monday-Sunday)

Kafe Kleptokrat

An old-fashioned entrance to Kafe Kleptokrat in Chinatown welcomes visitors with a swimming pool in its courtyard. The backdrop is perfect for breakfast and Instagram photos because it preserves the rustic character of the old building while being in stark contrast to a clear pool and blossoming greenery.

Address: 18, Jalan Tun H S Lee, City Centre, 50100 Kuala Lumpur
Contact: +60 17-642 8052
Website: <https://www.facebook.com/kafekleptokrat/>
Operating Hours: 10.00 am - 9.00 pm (Monday - Friday) / 8.00 am - 10.00 pm (Saturday & Sunday)

INSTAGRAMMABLE CAFES

Lisette's Cafe & Bakery

Address: No. 8, Jalan Kemuja, Bangsar, 59000 Kuala Lumpur
Contact: +603-2201 7772
Website: <https://lisettes.com.my/>
Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

Kanteen's Coffee Bar

Address: Mont' Kiara Banyan, Lot GF2, 28, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur
Contact: +603-6206 2015
Website: <https://www.kanteenlife.com/>
Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

Eden Coffee Rooftop Cafe

Address: Bukit Bintang, 55100 Kuala Lumpur
Operating Hours: 9.00 am - 5.30 pm (Monday-Friday) / 10.00 am - 5.30 (Saturday) / 8.00 am - 4.30 pm (Sunday)

Monster A Garden Cafe,

Address: No. 54, 1st Floor, Jalan Sultan, City Centre, 50000 Kuala Lumpur
Contact: +6012-554 8429
Website: <https://www.instagram.com/monster.a.garden.cafe.kl/>
Operating Hours: 10.30 am - 7.00 pm (Monday, Wednesday-Friday) / 10.30 am - 6.30 pm (Saturday & Sunday) / Closed on Tuesday



Fly Me To KL

Address: 37th Floor, Block, A, Regalia Residence, 2, Jln Sultan Ismail, Chow Kit, 50480 Kuala Lumpur
Contact: +6011-1062 6832
Website: <https://www.facebook.com/flymetokl/>
Operating Hours: 12.00 pm - 11.00 pm (Sunday-Thursday) / 12.00 pm - 1.00 am (Friday & Saturday)

Kenny Hills Bakers

Address: Lot B-2, Taman Tunku, Off, Jln Langgak Tunku, Bukit Tunku, 50480 Kuala Lumpur
Contact: +603-6206 4111
Website: <https://www.kennyhillsbakers.com/>
Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

WU DI Cafe

Address: 10, Jalan Galloway, Bukit Bintang, 50150 Kuala Lumpur
Contact: +6016-664 5884
Website: <https://www.facebook.com/wudi-coffeehouse/>
Operating Hours: 10.00 am - 10.00 pm (Wednesday-Monday) / Closed on Tuesday

V88 Chinatown

Address: 34, Jalan Sultan, City Centre, 50000 Kuala Lumpur
Contact: +6011-5982 7882
Website: https://www.instagram.com/v88_chinatown/
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



INTRODUCTION TO KL NIGHTLIFE



KL's vibrant nightlife provides a wide range of activities. Malaysia is a Muslim nation even though it has a sizable alcohol sector and many places provide happy hours. KL city, known for being a hive of activity at night, has a distinctive appearance when twilight approaches. Due to the abundance of pubs, bars, clubs, and upscale rooftop bars in KL, there are many interesting venues to explore after dark.

Late-night travellers in KL are huge fans of rooftop bars. There are several late-night destinations in KL city, from luxury restaurants to cocktail lounges situated on towering buildings, that are located above the streets. These rooftop bars and clubs on top of skyscrapers are some of the best nightlife alternatives in the city because you can take in the breathtaking view of KL from above. The best locations to visit if you want to unwind with some good music are bars and pubs.

Several clubs can be found all across Kuala Lumpur as well. If you prefer partying, KL offers a wide range of clubs you can attend to make your stay more exciting and fun. In KL, you may visit a variety of dance clubs, discos, and bars with live music.

Apart from that, there are a number of lively clubs and pubs with a Western flair in the area around Changkat Bukit Bintang and TREC that attract young people and hard-partying crowds. In Bangsar's outer neighbourhoods and close to the city centre, there are numerous cocktail bars and late-night speakeasies, which fosters a convivial atmosphere. Around 10pm, loud, expertly-mixed DJ dance music fills the air in these places till daybreak. Therefore, here are some nightlife spots in KL that you must visit if you're seeking for a pleasant place to hang out and have fun.

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Concubine KL

Address: Lot 2, Jalan Panggong, City Centre, 50000 Kuala Lumpur

Contact: +6014-711 2185

Website: <https://concubinekl.wixsite.com/klconcubine>

Operating Hours: 5.00 pm - 1.00 am (Sunday, Tuesday & Wednesday) / 5.00 pm - 2.00 am (Thursday) / 5.00 pm - 3.00 am (Friday & Saturday) / Closed on Monday

Baiju KL

Address: Lorong Panggung, City Centre, 50000 Kuala Lumpur

Contact: +6010-266 6093

Website: <https://www.facebook.com/baijukl/>

Operating Hours: 5.00 pm - 1.00 am (Sunday, Monday, Wednesday & Thursday) / 5.00 pm - 2.00 am (Friday & Saturday) / Closed on Tuesday

G-String KL

Address: 147, Jalan Petaling, City Centre, 50000 Kuala Lumpur

Contact: +6013-938 6322

Website: <https://www.facebook.com/gstring.kl>

Operating Hours: 5.00 pm - 2.00 am (Monday-Sunday)

CO2 Coffee Bar

Address: E3.109.00, level 3 Pavilion Bukit Jalil, Bandar Bukit Jalil, 57000 Kuala Lumpur

Contact: +603-8080 7199

Website: <https://www.facebook.com/CoffeeXCocktail/>

Operating Hours: 10.00 am - 12.00 am (Sunday-Thursday) / 10.00 am - 1.00 am (Friday & Saturday)

MariGin

Address: One KI, Lot 1.02 Ground Floor, No 6, Jalan Pinang, 50450 Kuala Lumpur

Contact: +603-2386 6030

Website: <https://marinigroup.com/>

Operating Hours: 3.00 pm - 1.00 am (Monday-Sunday)



Pisco Bar

Address: 29, Jln Mesui, Bukit Bintang, 50200 Kuala Lumpur

Contact: +603-2142 2900

Website: <http://www.piscobarkl.com/>

Operating Hours: 5.00 pm - 1.00 am (Sunday, Tuesday-Thursday) / 5.00 pm - 2.00 am (Friday & Saturday) / Closed on Monday

Jungle Bird

Address: 61M, Jalan Medan Setia 1, Bukit Damansara, 50490 Kuala Lumpur

Contact: +603-2011 5715

Website: <https://junglebirdkl.com/>

Operating Hours: 4.00 pm - 12.00 am (Monday & Tuesday) / 12.00 pm - 1.00 am (Wednesday & Thursday) / 12.00 pm - 2.00 am (Friday & Saturday) / 12.00 pm - 12.00 am (Sunday)

Havana Bar & Grill

Address: 2 & 4, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur

Contact: +6011-1085 0074

Website: <https://havanakl.com/>

Operating Hours: 4.00 pm - 3.00 am (Monday-Thursday) / 2.00 pm - 3.00 am (Friday-Sunday)

SO Bar

Address: G-01, Menara Binjai, No.2, Lrg Binjai, 50450 Kuala Lumpur

Contact: +6012-964 7933

Website: <https://www.facebook.com/so-barkl/>

Operating Hours: 4.00 pm - 10.00 pm (Monday-Saturday) / Closed on Sunday

Circa Bar

Address: 8-7, Jalan Batai, Bukit Damansara, 50490 Kuala Lumpur

Contact: +6014-726 2474

Website: <https://circabarkl.com/>

Operating Hours: 5.00 pm - 1.00 am (Sunday & Monday) / 5.00 pm - 3.00 am (Tuesday-Saturday)

ROOFTOP BARS

The Cove

Address: 170, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2117 2888
Website: <https://www.banyantree.com/malaysia/pavilion-hotel/dining/the-cove>
Operating Hours: 6.00 pm - 12.00 am (Monday-Sunday)

Man Tao Bar

Address: 25, Jalan Kamunting, Chow Kit, 50300 Kuala Lumpur
Contact: +603-2038 0000
Website: <https://www.stripeskl.com/man-tao-bar.html>
Operating Hours: 3.00 pm - 12.00 am (Monday-Sunday)

Canopy Lounge Rooftop Bar KL

Address: 183, Jln Mayang, Kampung Baru, 50450 Kuala Lumpur
Contact: +603-2181 7907
Website: <https://www.canopylounge.my/>
Operating Hours: 3.00 pm - 3.00 am (Monday-Sunday)

Deep Blue

Address: Level 51, THE FACE Suites, 1020, Jln Sultan Ismail, Kampung Baru, 50250 Kuala Lumpur
Contact: +603-2168 1671
Website: <https://deepbluebarkl.com/>
Operating Hours: 6.00 pm - 2.00 am (Tuesday-Sunday) / 6.00 pm - 12.00 am (Monday)

Mantra Rooftop Bar & Lounge

Address: Bangsar Village II, Jalan Telawi 1, 59100 Kuala Lumpur
Contact: +6017-344 8299
Website: <https://www.mantrabarkl.com/>
Operating Hours: 4.30 pm - 1.00 am (Sunday-Tuesday) / 4.30 pm - 2.00 am (Wednesday-Saturday)

Reggae Bar Rooftop

Address: 54, Jalan Tun H S Lee, City Centre, 50100 Kuala Lumpur
Contact: +603-2072 6877
Website: <https://www.facebook.com/reggaerooftopbarkl>
Operating Hours: 4.00 pm - 12.00 am (Wednesday-Saturday) / Open 24 hours (Sunday & Tuesday)

SkyBar

Address: Traders Hotel, Kuala Lumpur City Centre, 50088 Kuala Lumpur
Contact: +603-2332 9888
Website: <https://www.shangri-la.com/kualalumpur/traders/dining/bars-lounges/sky-bar/>
Operating Hours: 5.00 pm - 12.00 am (Sunday-Thursday) / 5.00 pm - 1.00 am (Friday & Saturday)

Marquis

Address: Level 29, Rooftop Gtower, 50400 Kuala Lumpur
Contact: +6017-680 6726
Website: <https://www.facebook.com/Marquis.KL.Rooftop/>
Operating Hours: 4.00 pm - 2.45 am (Tuesday-Sunday) / Closed on Monday

Mai Bar

Address: 5, Jalan Stesen Sentral, Kuala Lumpur Sentral, 50470 Kuala Lumpur
Contact: +603-2723 1125
Operating Hours: 2.00 pm - 12.00 am (Monday-Sunday)

LOOP KL

Address: Level 34, Pacific Regency Hotel Suites KH Tower, Jalan Puncak, 50250 Wilayah Persekutuan
Contact: +6012-668 9978
Website: <https://www.facebook.com/LOOPKL>
Operating Hours: 5.00 pm - 3.00 am (Monday-Friday) / 3.00 pm - 3.00 am (Saturday & Sunday)



SPEAKEASY BARS

Three x Co

Address: Lot T6A, Level 3, Bangsar Shopping Centre, 285, Jalan Maarof, Bangsar, 59000 Kuala Lumpur

Contact: +6019-336 6031

Website: https://www.instagram.com/thre-exco_kl/

Operating Hours: 5.00 pm - 12.00 am (Monday-Saturday) / Closed on Sunday

The Attic Bar

Address: Third Floor, 15, Jalan Balai Polis, Kuala Lumpur City Centre, 50000 Kuala Lumpur

Contact: +6012-393 8627

Website: <https://www.atticbarkl.com/>

Operating Hours: 5.00 pm - 1.00 am (Monday-Thursday) / 5.00 pm - 3.00 am (Friday & Saturday)

Kedai Nombor 7

Address: 7, Lorong Kurau, Bangsar, 59100 Kuala Lumpur

Contact: +6011-1229 7919

Website: <https://www.facebook.com/kedainombor7/>

Operating Hours: 3.00 pm - 12.00 am (Monday-Sunday)

Soma Cocktail Bar

Address: 145A, Jln Aminuddin Baki, Taman Tun Dr Ismail, 60000 Wilayah Persekutuan

Contact: +6011-3669 0879

Website: <https://www.facebook.com/somacocktailsandwonders/>

Operating Hours: 5.00 pm - 12.00 am (Monday-Sunday)



Benang The Second Chapter

Address: Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur

Contact: +6011-1400 9621

Website: <https://www.facebook.com/benangthesecondchapter/>

Operating Hours: 5.00 pm - 12.00 am (Wednesday-Sunday) / Closed on Monday & Tuesday

The Vault KL

Address: 5, Jalan Sri Hartamas 7, Taman Sri Hartamas, 50480 Kuala Lumpur

Contact: +6012-465 0551

Website: <https://www.facebook.com/thevault-kl>

Operating Hours: 5.00 pm - 1.00 am (Monday-Thursday) / 5.00 pm - 2.30 am (Friday & Sunday)

P&C Cocktail Bar

Address: 2, Jalan 24/70a, Desa Sri Hartamas, 50480 Kuala Lumpur

Contact: +6011-3921 3356

Website: https://www.instagram.com/cocktail_x_speakeasy/

Operating Hours: 6.00 pm - 12.00 am (Friday & Sunday) / Closed on Sunday-Thursday

The First Chapter Speakeasy

Address: 139a, Jln Aminuddin Baki, Taman Tun Dr Ismail, 60000 Kuala Lumpur

Contact: +6011-2319 2556

Website: <https://www.instagram.com/the-firstchapterspeakeasy/>

Operating Hours: 5.00 pm - 12.00 am (Wednesday & Saturday) / Closed on Sunday-Tuesday

Geisha Speakeasy

Address: 2-1, Jalan 30/70a, Desa Sri Hartamas, 50480 Kuala Lumpur,

Contact: +6012-343 5257

Website: <https://www.instagram.com/geisha.bar/>

Operating Hours: 3.00 pm - 12.00 am (Monday-Saturday) / Closed on Sunday



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INTRODUCTION TO REST & RELAX IN KL

It is believed that relaxing helps to relieve stress and revitalise the body and mind. Resting is distinct from relaxing because relaxing is how our minds regenerate and can help us feel less arousal from stress or anxiety. This demonstrates that while relaxation takes place while we are awake and includes us engaging in activities we enjoy, rest happens while we are asleep. It has been demonstrated that relaxation raises our mood, enhances our memory and decision-making abilities, and reduces our risk of developing anxiety, depression, and other heart-related conditions.

Although they go hand in hand, relaxation and rest are not exclusive. Hence, it is crucial that we obtain enough rest and relaxation in order to maintain the highest levels of mental and physical health. Prioritising rest and relaxation is encouraged, especially after a physically and emotionally taxing day.

A soothing spa day is known to be the greatest choice for you if you are worn out and in need of a pick-me-up, especially after a long day of travelling and shopping. So relax and rejuvenate at these spas and health centres in Kuala Lumpur.



TYPES OF TRADITIONAL SPA TREATMENTS



Acupressure Massage

Pain and muscle tension can be reduced by using the manual therapy technique known as acupressure massage. To imitate pain relief and muscle relaxation, critical areas on the body are gently pressed with the fingertips. Its method is applied to soft tissue and muscular trigger points. Benefits of this massage include relief from pain, headaches, insomnia, poor circulation, sinus issues, arthritis, shoulder stress, and neck stiffness.

Urutan Malaysia

Based on the several ethnic groups' healing practises in Malaysia, the specialised massage therapy known as "Urutan Malaysia" was developed. The Marma points, Malay urut, Indian head massage, native leg massage techniques, and Qigong therapy are all combined in a spectacular way. Urutan Malaysia aims to rejuvenate, refresh, and relax while also providing us with a holistic wellness experience.

Thai massage

Passive stretching, acupressure, and compressions are all included in Thai massage. These massages, which aid in extending range of motion, are beneficial for your muscles, joints, and posture. This massage briefly relieves your suffering if you have a back ache. The therapist would often use their hands, thumbs, elbows, forearms, and perhaps even their feet to massage your muscles during a traditional Thai massage.

Ayurvedic Massage

Ayurveda massage is frequently conducted with therapeutic herbal oils, which have a number of health benefits. During the massage, the oils will penetrate the skin, reach the tissues, and help expedite the healing process. By enhancing circulation, energising and strengthening the lymphatic system, and permitting the passage of life energy to the body, which enables it to be cleansed and revitalised, it not only aids in pain management but also serves as preventive medicine.

Chinese Traditional Massage

Traditional Chinese massage methods like acupunctuure and herbal remedies aim to improve general health by encouraging the movement of energy or Qi around the body. This is in contrast to deep tissue or sports massage, which concentrate on reducing knots and muscle tension by directing blood flow to specific areas. The masseuse uses their hands, fingers, and elbows to massage the body's acupuncture points. Chinese massage is now widely regarded as a supplementary or alternative form of treatment for a number of illnesses.



SPA & WELLNESS CENTRE

Ozmosis Wellness Spa

Address: 16-1, Jalan Telawi 2, Bangsar,
59100 Kuala Lumpur
Contact: +6012-384 6122
Website: <https://www.ozmosis.com.my/>
Operating Hours: 10.00 am - 7.00 pm
(Monday-Sunday)

Erawan Wellness Massage

Address: L2-6A, Avenue K, 156, Jalan
Ampang, Kampung Baru, 50450 Kuala
Lumpur
Contact: +603-2166 6999
Website: <http://www.erawanwellness.com/>
Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)

Alam Beauty & Wellness Spa

Address: 9, Tingkat Tong Shin, Bukit
Bintang, 50200 Kuala Lumpur,
Contact: +6019-212 0639
Website: <https://www.facebook.com/alamspakl/>
Operating Hours: 12.00 pm - 11.30 pm
(Monday-Sunday)

Donna Spa

Address: 5th Floor, JW Marriott Kuala
Lumpur, 183, Jln Bukit Bintang, Bukit
Bintang, 55100 Kuala Lumpur
Contact: +603-2141 8999
Website: <https://donnaSPA.com.my/>
Operating Hours: 9.30 am - 12.00 am
(Monday-Sunday)

Yu Wellness

Address: 2, Jalan Solaris 4, Solaris Mont
Kiara, 50480 Kuala Lumpur
Contact: +6011-3790 3888
Website: <https://www.facebook.com/yuwellnesskl/>
Operating Hours: 11.00 am - 8.30 pm
(Monday-Sunday)

Bloom Wellness Spa

Address: MCC, Melawati Corporate Center,
Taman Melawati, 53100 Kuala Lumpur
Contact: +603-6730 5481
Website: <https://www.bloomspa.com.my/>
Operating Hours: 10.00 am - 7.00 pm
(Wednesday-Monday) / Closed on Tuesday

Neutra Wellness

Address: NO. 3A Ground Floor, 6, Jalan
Solaris 5, Solaris Mont Kiara, 50480 Kuala
Lumpur
Contact: +6012-521 0414
Website: <http://www.neutralreflexology.com/>
Operating Hours: 10.30 am - 10.30 pm
(Monday-Sunday)

Thai Paradise Spa

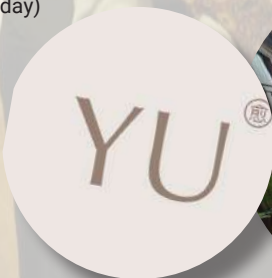
Address: 9th floor, KH Tower BEHIND
SHANGRI LA HOTEL, 8, Lorong P Ramlee,
50250 Kuala Lumpur
Contact: +6011-7005 0448
Website: <https://www.thaiparadise.com.my/>
Operating Hours: 10.30 am - 5.00 am
(Monday-Sunday)

Footsie Family Wellness

Address: 89, Jln Aminuddin Baki, Taman
Tun Dr Ismail, 60000 Kuala Lumpur
Contact: +6016-965 1673
Website: <https://footsie.com.my/>
Operating Hours: 12.00 pm - 11.00 pm
(Monday-Sunday)

Relax Two Traditional Blind Massage

Address: 10, Jalan Tun Sambanthan, Kuala
Lumpur Sentral, 50470 Kuala Lumpur
Contact: +603-2260 1178
Website: <https://www.facebook.com/relax-twomassage/>
Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)



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HAIR SALON

Bada Hair

Address: 1F, 163 Retail park, 01, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur

Contact: +6012-833 0040

Website: <https://walkingonsunshine.my/>

Operating Hours: 10.00 am - 8.00 pm
(Monday-Sunday)

Le Classic Hair Studio

Address: Block A4 1-2 Solaris Dutamas, Publika Shopping Gallery, 1, Jln Solaris Dutamas, Mont Kiara, 50480 Kuala Lumpur

Contact: +603-6412 9886

Website: <https://leclassichairstudio.com/>

Operating Hours: 11.00 am - 8.00 pm
(Monday-Sunday)

Number 76 Hair Salon

Address: 50 & 52, Jalan Telawi, Bangsar, 59100 Kuala Lumpur

Contact: +603-2283 1776

Website: <https://malaysia.number76.com/bangsar/>

Operating Hours: 10.00 am - 8.00 pm
(Friday-Wednesday) / 10.00 am - 5.00 pm
(Thursday)

One Hair Design Center

Address: J-10-1 Pusat Bandar Bukit Jalil Jalan Persiaran Jalil 1 Bukit jalil city, Bukit Jalil, 57000 Kuala Lumpur

Contact: +603-8080 0860

Website: <https://www.facebook.com/One-HairDesignCenter/>

Operating Hours: 11.00 am - 9.00 pm
(Monday-Friday) / 10.00 am - 8.00 pm
(Saturday & Sunday)

76Style Mont Kiara

Address: E-01-02, Block E, Plaza Mont Kiara, 2, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur

Contact: +603-6203 5111

Website: <https://www.76style.com/>

Operating Hours: 9.30 am - 7.00 pm
(Monday-Sunday)

AVEDA
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EXCLUSIVE SALON

Aveda Exclusive Salon Avenue K

Address: Level 2, Avenue K, L2-12, 156, Jalan Ampang, 50450 Kuala Lumpur

Contact: +603-2181 2284

Website: <https://www.facebook.com/avedaesthetichairdressing/>

Operating Hours: 10.00 am - 7.30 pm
(Saturday-Wednesday) / 10.00 am - 7.00 pm
(Friday) / Closed on Thursday

Shawn Cutler

Address: 28 & 28-1, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur

Contact: +603-2284 6326

Website: <http://shawncutler.com.my/>

Operating Hours: 10.30 am - 7.00 pm (Tuesday-Friday) / 10.30 am - 6.00 pm (Saturday & Sunday) / Closed on Monday

A-Saloon Fahrenheit 88

Address: Lot 1 - 32&1 - 33, 179, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur

Contact: +603-2856 8777

Website: <https://www.a-saloon.com/>

Operating Hours: 10.00 am - 10.00 pm
(Monday-Sunday)

JeffLee The Hair Company(Solaris Branch)

Address: Lot 16, Block J, Solaris Mont Kiara, Jalan Solaris, Off, Jalan Duta Kiara, 50480 Kuala Lumpur

Contact: +603-5888 9911

Website: <https://jefflee.com.my/>

Operating Hours: 11.00 am - 8.00 pm
(Monday-Sunday)

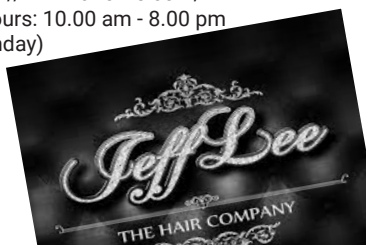
La Fiorire Korean Hair Salon

Address: L1-01, 1 MONT KIARA Shopping Mall, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur

Contact: +603-6206 1011

Website: <http://www.lafiorire.com/>

Operating Hours: 10.00 am - 8.00 pm
(Monday-Sunday)



INTRODUCTION TO MEDICAL TOURISM



Medical tourists are those who travel abroad to receive medical care. This used to apply to patients who travelled from less developed countries to significant medical facilities in developed countries seeking treatment that wasn't provided there. Yet, in recent years, people have begun to travel just for the purpose of getting medical advice because the cost of the service is lower overseas than in their native nation. Patients may experience differences in their treatment plans, notably in the availability of particular pharmaceuticals in a particular country, which may be tied to the stability of the local healthcare system's finances.

Malaysia reportedly boasts more affordable healthcare than many other countries. One of the reasons Malaysia is well-known for its medical tourism is due to the high quality of the treatments and their extremely reasonable per-session costs. In fact, this country welcomes hundreds of thousands of tourists each year who come for medical attention.

The healthcare system in Malaysia is "two-tiered", with a public healthcare system that is funded by taxes coexisting with a privatised healthcare system. Malaysia's healthcare system is recognised as one of the best in the world because of the government's extensive network of public clinics and hospitals, which provides significantly subsidised healthcare for all citizens.

Malaysian physicians are also very skilled and capable, ensuring that their patients get the best care possible. Most doctors will gently attend to their patients' requirements while making sure they are comfortable during therapy. Also, Malaysians trust doctors more out of all professions. Thus, we have provided a list of healthcare systems in Malaysia for you to visit if you want to enhance your appearance or obtain medical advice.

HEALTHCARE

Kuala Lumpur Hospital

Address: Jalan Pahang, 50586 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2615 5555
Website: <http://hkl.moh.gov.my/>
Operating Hours: Open 24 hours

Hospital Tunku Azizah

Address: lot 25, Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2600 3000
Website: <https://www.facebook.com/hospitaltunkuazizah/>
Operating Hours: Open 24 hours

Institut Perubatan Respiratori

Address: Jalan Pahang, Pekeliling, 53000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-4023 2966
Website: <https://www.facebook.com/IP-Rhkl/>
Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Kuala Lumpur Health Clinic

Address: Jalan Temerloh, Titiwangsa, 53200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2618 3200
Website: <https://www.facebook.com/klinik-kesihatanKL/>
Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Cheras Health Clinic

Address: Jalan Yaacob Latif, Cheras, 56000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-9133 3322
Website: <https://jknkl.moh.gov.my/>
Operating Hours: 7.30 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Klinik Kesihatan Sri Rampai

Address: Wisma Rampai, 2-G-43K, Jalan 34/26, Taman Sri Rampai, 53300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-4142 5429
Website: <https://www.facebook.com/KKSTSR/>
Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Prince Court Medical Centre

Address: 39, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2160 0000
Website: <https://princecourt.com/>
Operating Hours: Open 24 hours

Gleneagles Hospital Kuala Lumpur

Address: 282, 286 & 288 Block A, B and Medical Office Block, Jln Ampang, 50450 Kuala Lumpur
Contact: +603-4141 3000
Website: <https://www.gleneagles.com.my/>
Operating Hours: Open 24 hours

Columbia Asia Hospital

Address: No. 1, Jalan Danau Saujana, Taman Danau Kota, 53300 Kuala Lumpur
Contact: +603-4145 9999
Website: <https://www.columbiaasia.com/malaysia/hospitals/setapak/overview>
Operating Hours: Open 24 hours

Damansara Specialist Hospital 2

Address: Bukit Lanjan, 60000 Kuala Lumpur
Contact: +603-7717 3000
Website: <https://kpjhealth.com.my/damansara2/>
Operating Hours: Open 24 hours

Tung Shin Hospital Chinese Medical Division

Address: 102, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2037 2288
Website: <https://www.tungshin.com.my/>
Operating Hours: Open 24 hours





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🌐 [kabuldarbar](https://www.kabuldarbar)

📍 B14-1 Batu, 4.5, Jalan Ampang Utama 2/2, 68000, Ampang

DENTAL

DentalPro

Address: 12, Jalan Sri Semantan 1, Damansara Heights, 50490 Kuala Lumpur

Contact: +603-2094 3333

Website: <https://www.dentalpro.org/>

Operating Hours: 9.00 am - 6.00 pm (Monday-Friday) / 9.00 am - 5.00 pm (Saturday) /

Closed on Sunday

Tiho Dental Clinic

Address: Wisma Lau Chung No. 11&13, 2nd Floor, Jalan Tun Perak, 50050 Kuala Lumpur

Contact: +6010-258 1285

Website: <https://tihodental.com.my/>

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)

Dutamas Dental Clinic

Address: A3-1-8, Publika, Jln Dutamas 1,

Solaris Dutamas, 50480 Kuala Lumpur

Contact: +6019-244 0653

Website: <http://www.dutamasdental.com/>

Operating Hours: 9.00 am - 7.00 pm (Monday-Friday) / 9.00 am - 5.00 pm (Saturday) /

9.00 am - 3.00 pm (Sunday)

Oasis Dental Specialist

Address: D3-G4-7, Level 1, 1, Jln Dutamas 1,

Solaris Dutamas, 50480 Kuala Lumpur

Contact: +603-6211 9111

Website: <http://oasisdental.com.my/>

Operating Hours: 9.00 am - 6.00 pm

(Monday-Saturday) / Closed on Sunday

KL Dentalville Dental Clinic

Address: Unit 1-6, Level 1, Nexus, Bangsar

South City, 7, Jalan Kerinchi, 59200 Kuala Lumpur

Contact: +6017-665 6585

Website: <https://www.dentalvillekl.com/>

Operating Hours: 10.00 am - 7.00 pm

(Monday-Saturday) / Closed on Sunday



Strawberry & Champ Dental Care

Address: The Horizon, Unit G-01 Wisma

Averis Tower 2 Avenue 5, 8, Jalan Kerinchi, Bangsar South, 59200 Kuala Lumpur

Contact: +6010-238 1298

Website: <https://strawberryandchampdental.com.my/>

Operating Hours: 9.00 am - 6.00 pm

(Monday-Thursday) / 9.00 am - 5.00 pm

(Friday-Sunday)

Everglow Dental Clinic

Address: A-G-2, Boulevard Business Park,

Jalan Kelayang, Off, Jln Kuching, 51200 Kuala Lumpur

Contact: +6011-5626 9103

Website: <https://www.instagram.com/everglowdentalclinic/>

Operating Hours: 9.30 am - 9.00 pm

(Monday-Friday) / 9.30 am - 6.00 pm

(Saturday & Sunday)

Sparkle Care Dental Clinic

Address: Block Bellamy, Level 1, Unit

B-1-3, Plaza Arkadia, Desa Parkcity, 52200 Kuala Lumpur

Contact: +603-2728 2922

Website: <https://www.sparklecaredental-clinic.com/>

Operating Hours: 10.00 am - 8.00 pm

(Wednesday-Monday) / Closed on Tuesday

Synergy Dental Specialist Clinic

Address: A4-U1-3A, Publika Solaris Dutamas

Block A4, Level U1, 1, Jln Dutamas 1, 50480 Kuala Lumpur

Contact: +6011-2620 1178

Website: <https://www.synergydentalclinic.com/>

Operating Hours: 2.00 pm - 7.00 pm

(Monday-Saturday) / Closed on Sunday



OPHTHALMOLOGY

Vista Eye Specialist

Address: G-12, Maxim Alam Damai, 43, Jalan 9, Taman Len Seng, 56000 Cheras
Contact: +603-9108 2937
Website: <https://www.vista.com.my/>
Operating Hours: 9.00 am - 6.00 pm (Tuesday-Saturday) / Closed on Saturday & Sunday

Pusat Pakar Mata Dr Wong Yiing Cheong

Address: 6, Jalan 1/96a, Taman Cheras Makmur, 56100 Kuala Lumpur
Contact: +603-9131 8123
Website: <http://www.eyespecialist.com.my/>
Operating Hours: 8.30 am - 4.00 pm (Monday-Friday) / 8.30 am - 1.30 pm (Saturday) / 9.00 am - 1.00 pm (Sunday)

ExcelView Eye Specialist Laser Eye Centre

Address: 2nd Floor, S-068, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala Lumpur
Contact: +603-2287 3797
Website: <https://www.excelview.com/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Pusat Pakar Mata EYECARE Specialist Eye Centre

Address: G-17, 18 & 19, Residensi PV21. 6, Jalan Usahawan 2, Off, Jalan Genting Kelang, Setapak, 53200 Kuala Lumpur
Contact: +603-4141 9231
Website: <https://www.eyecare.my/>
Operating Hours: 10.00 am - 6.00 pm (Monday, Wednesday-Friday) / 9.00 am - 6.00 pm (Saturday & Sunday) / Closed on Tuesday

Sun Time Vision Specialist

Address: Lot 07-14, Level 07, Berjaya Times Square, 1, Jln Imbi, Imbi, 55100 Kuala Lumpur
Contact: +603-2110 3967
Website: <https://www.suntime.com.my/>
Operating Hours: 10.00 am - 7.00 pm (Tuesday-Saturday) / Closed on Sunday & Monday

International Specialist Eye Centre

Address: Mid Valley Megamall, Level 7 & 8 (via escalator near Starbucks to 1-F then lift to 8-F) Centrepoint South, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur
Contact: +603-2284 8989
Website: <https://www.isec.my/>
Operating Hours: 8.30 am - 5.30 pm (Monday-Friday) / 8.30 am - 1.00 pm (Saturday) / Closed on Sunday

Fong Eye Clinic

Address: 110, Jln Pudu, Pudu, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2078 4184
Website: <https://www.facebook.com/FongEyeClinicSdnBhd/>
Operating Hours: 9.30 am - 12.30 pm (Monday-Sunday)

Mayfair Vision Care Sdn Bhd

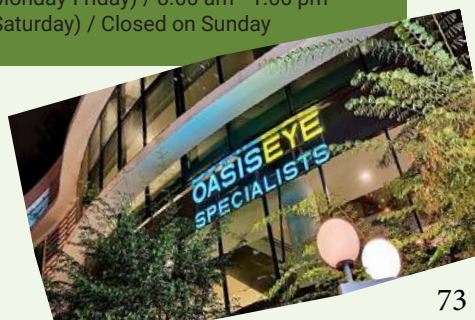
Address: 4, Jalan 1/76C, Desa Pandan, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-9282 2864
Operating Hours: 10.00 am - 9.30 pm (Monday-Sunday)

Optimax Eye Specialist

Address: Bangunan Ahp, 2, Jalan Tun Mohd Fuad 3, Taman Tun Dr Ismail, 60000 Kuala Lumpur
Contact: +603-7890 2626
Website: <https://www.optimax2u.com/>
Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

OasisEye Specialists

Address: Unit 1-3, Level, 1, Nexus, 7, Jalan Kerinchi, Bangsar South, 59200 Kuala Lumpur
Contact: +603-2730 7676
Website: <https://oasiseye.my/>
Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / 8.00 am - 1.00 pm (Saturday) / Closed on Sunday



CLEO Clinic Aesthetic & Skin Center

Address: 14, Jalan 30/70a, Desa Sri Hartamas, 50480 Kuala Lumpur
 Contact: +6010-252 1883
 Website: <https://cliniccleo.com/>
 Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday) / 10.00 am - 4.00 pm (Sunday)

Clinic RX Bangsar

Address: 43, Jalan Maarof Wisma TTGU (Ground Floor, Bangsar, 59100 Kuala Lumpur
 Contact: +6010-210 3921
 Website: <https://www.clinicrx.com.my/>
 Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 9.00 am - 6.00 pm (Saturday) / 10.00 am - 5.00 pm (Sunday)

Dr Chong Clinic Kepong Skin and Laser Specialist

Address: 37, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong, 52100 Kuala Lumpur
 Contact: +603-6179 3157
 Website: <https://www.drchongclinic.com/>
 Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday & Sunday)

Estique Clinic

Address: 37, Jalan 5/38d, Taman Sri Sinar, 51200 Kuala Lumpur
 Contact: +6018-781 7280
 Website: <https://www.facebook.com/EstiqueClinicAesthetics>
 Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / Closed on Sunday

DV Majestic Clinic

Address: Mid Valley Megamall, 13-2, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur
 Contact: +603-2702 2618
 Website: <https://davinclinic.com.my/>
 Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday) / Closed on Sunday

AESTHETICS & DERMATOLOGY**RJ Clinic**

Address: B-F-10, ATIVO PLAZA, Persiaran Perdana, Bandar Sri Damansara, 52200 Kuala Lumpur
 Contact: +6016-924 2200
 Website: <https://www.rjclinic.my/>
 Operating Hours: 10.00 am - 2.00 pm (Monday) / 10.00 am - 7.00 pm (Tuesday-Saturday) / Closed on Sunday

Nathan's Skin

Address: Menara Uoa Bangsar, Unit 2-3A & 2-5 Level 2, No 5, Jalan Bangsar Utama 1, 59000 Kuala Lumpur
 Contact: +603-2284 0557
 Website: <https://nshlc.com.my/>
 Operating Hours: 9.00 am - 5.00 pm (Monday-Saturday) / Closed on Sunday

O2 Klinik Signature

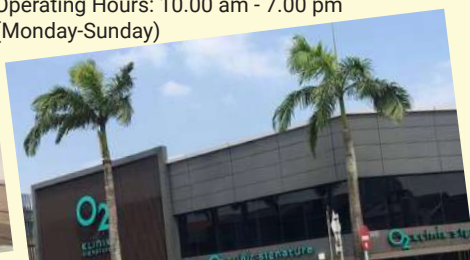
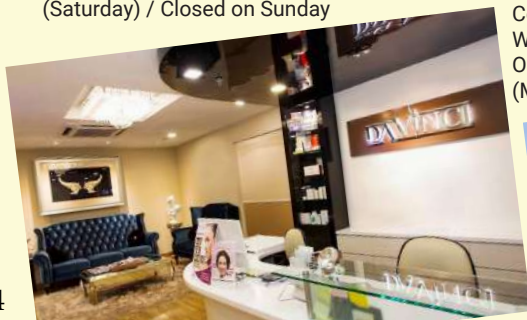
Address: No.2, Jalan Telawi, Bangsar, 59100 Wilayah Persekutuan
 Contact: +603-2856 8794
 Website: <https://o2klinik.com/>
 Operating Hours: 10.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

Beverly Bangsar Clinic

Address: 79, Jalan Maarof, Bangsar, 59000 Kuala Lumpur
 Contact: +603-2288 1788
 Website: <https://www.beverlybangsar-clinic.com/>
 Operating Hours: 10.00 am - 6.00 pm (Monday-Friday) / 10.00 am - 5.00 pm (Saturday) / Closed on Sunday

Premier Clinic

Address: A-0-8, Megan Avenue 1, 189, Jln Tun Razak, 50400 Wilayah Persekutuan, Federal Territory of Kuala Lumpur
 Contact: +6012-662 5552
 Website: <https://premier-clinic.com/>
 Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)





INTRODUCTION TO ACCOMODATION

Travellers visiting Kuala Lumpur can stay in accommodations ranging from chalets to five-star hotels. There are various places to stay in KL, many of them are either close to picturesque surroundings or close to reflective structures. These days, many people provide homestays or airbnb accommodations in their homes for tourists. Due to many existing low cost hotels in Kuala Lumpur, everyone who visits the city may enjoy a nice stay without hurting your pocket. There are numerous lodging options available at each hotel or resorts in KL, and the majority of their packages include breakfast as well.

Additionally, Kuala Lumpur is home to a sizable number of hotels that cater to locals travelling for leisure or business. A community space with arcades, a sports court, and other amenities is available in a number of places. These are made specifically with those who simply want to unwind and have fun indoors. If you stayed for a longer period of time, some places would also charge you less. Since many hotels change their rates daily based on occupancy, check the hotels' websites for the most up-to-date information. These days, booking your stay in advance via particular applications or websites is encouraged to get a slightly lower price than the actual amount. You may book hotels using these websites, including Booking.com, Trivago, Traveloka, Agoda, and others. To avoid the queue and save time, use these websites to book your stay in KL straight away!



LUXURY HOTELS/RESORTS



Pacific Regency Hotel Suites

Address: Jalan Punchak Off, Jalan P. Ramlee, 50250 Kuala Lumpur
Contact: +603-2332 7777
Website: <https://www.pacificregencygroup.com/pacificregencyhotelsuites/>

Oasis Suites Kuala Lumpur

Address: 10, Lorong P Ramlee, Kuala Lumpur, 50250 Kuala Lumpur
Contact: +603-2726 6788
Website: <https://www.oasiahotels.com/>

W Kuala Lumpur

Address: 121, Jln Ampang, Kuala Lumpur, 50450 Kuala Lumpur
Contact: +603-2786 8888
Website: <https://www.marriott.com/en-us/hotels/kulwh-w-kuala-lumpur/>

Pacific Express Hotel Central Market

Address: Jalan Hang Kasturi, City Centre, 50000 Kuala Lumpur
Contact: +603-2022 6888
Website: <https://www.pacificregencygroup.com/pacificexpresscentralmarket/>

The FACE Suites

Address: 1020, Jln Sultan Ismail, Kampung Baru, 50250 Kuala Lumpur
Contact: +603-2168 1688
Website: <https://www.thefacekl.com/>



Royale Chulan Kuala Lumpur

Address: 5, Jalan Conlay, Kuala Lumpur, 50450 Kuala Lumpur
Contact: +603-2688 9688
Website: <https://www.royalechulan.com/>

The RuMa Hotel and Residences

Address: 7, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur
Contact: +603-2778 0888
Website: <https://theruma.com/>

Four Seasons Hotel Kuala Lumpur

Address: 145, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur
Contact: +603-2382 8888
Website: <https://www.fourseasons.com/kualalumpur/>

Villa Samadhi Kuala Lumpur

Address: 8, Jalan Madge, Taman U Thant, 55000 Kuala Lumpur
Contact: +603-2771 2743
Website: <https://www.villasamadhi.com.my/>

Le Meridien Kuala Lumpur

Address: 2, Jalan Stesen Sentral, Kuala Lumpur Sentral, 50470 Kuala Lumpur
Contact: +603-2263 7888
Website: <https://www.marriott.com/en-us/hotels/kulmd-le-meridien-kuala-lumpur/overview/>



LUXURY HOTELS/RESORTS



Dorsett Kuala Lumpur

Address: 172, Jln Imbi, Pudu, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2716 1000
Website: <https://www.dorsetthotels.com/dorsett-kuala-lumpur/offers/index.html>

JW Marriott Hotel Kuala Lumpur

Address: 183, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2715 9000
Website: <https://www.marriott.com/en-us/hotels/kuldt-jw-marriott-hotel-kuala-lumpur/overview/>

Melia Kuala Lumpur

Address: 16, Jln Imbi, Bukit Bintang, 51000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2785 2828
Website: <https://www.melia.com/en/hotels/malaysia/kuala-lumpur/melia-kuala-lumpur>

Grand Millennium Hotel Kuala Lumpur

Address: 160, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2117 4888
Website: <https://www.millenniumhotels.com/en/kuala-lumpur/grand-millennium-hotel-kuala-lumpur/#/>

Swiss Garden Hotel

Address: 117, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2141 3333
Website: <https://www.swissgarden.com/kuala-lumpur/>

Grand Seasons Hotel

Address: 72, Jalan Pahang, Titiwangsa Sentral, 53000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2697 8888
Website: <https://grand-seasons.kualalumpurshotels.com/en/>

Sheraton Imperial Kuala Lumpur Hotel

Address: Jln Sultan Ismail, Chow Kit, 50250 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2717 9900
Website: <https://www.marriott.com/en-us/hotels/kulsi-sheraton-imperial-kuala-lumpur-hotel/overview/>

InterContinental Kuala Lumpur

Address: 165, Jalan Ampang, Kuala Lumpur, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2782 6000
Website: <https://www.ihg.com/intercontinental/hotels/us/en/kuala-lumpur/kulha/hoteldetail>

The St. Regis Kuala Lumpur

Address: 6, Jalan Stesen Sentral 2, Kuala Lumpur Sentral, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2727 1111
Website: <https://www.marriott.com/en-us/hotels/kulxr-the-st-regis-kuala-lumpur/overview/>



WOLO Kuala Lumpur

Address: Corner of Jalan Bukit Bintang and, Jln Sultan Ismail, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2719 1333
Website: <https://wolohotel.com.my/>

BUDGET HOTELS/RESORTS

AnCasa Hotel Kuala Lumpur
Address: Jalan Tun Tan Cheng Lock, City Centre, 50500 Kuala Lumpur
Contact: +603-2026 6060
Website: <https://www.ancasahotels.com.my/>

Royce Hotel
Address: 20-22, Jln Tun Sambanthan 3, Kuala Lumpur Sentral, 50470 Kuala Lumpur
Contact: +603-2276 3153
Website: <https://roycehotel-kl.com/>

Bello & Bella Boutique Hotel
Address: 19, Jalan Manis 6, Taman Bukit Segar, 56100 Kuala Lumpur
Contact: +603-9130 3388
Website: <https://www.facebook.com/bellaboutiquehotel/>

Prescott Hotel Kuala Lumpur
Address: No 23 Lorong Medan Tuanku Satu, Off, Jln Sultan Ismail, Wilayah Persekutuan, 50300 Kuala Lumpur
Contact: +603-2713 7887
Website: <http://teg-hotels.com/b/prescott-hotel-medan-tuanku/>

Crossroads Hotel
Address: 1, Jalan Raja Muda Abdul Aziz, Chow Kit, 50300 Kuala Lumpur
Contact: +603-2698 7000
Website: <https://www.crossroads-hotel.com/>

Hotel 99-Chinatown
Address: 44A &, 44B, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur
Contact: +603-2078 6666
Website: <http://hotel99.com.my/>

Le Ruiz Boutique Hotel
Address: 24a, Jalan Cemur, Titiwangsa Sentral, 50400 Kuala Lumpur
Contact: +603-4050 8065
Website: <https://le-ruiz-boutique-hotel.zoombookdirect.com/>



Leo Express Hotel
Address: 65, Jln Sungai Besi, Pudu, 57100 Kuala Lumpur
Contact: +603-9222 2209
Website: <http://www.leoexpress.com.my/>

Valenza Hotel & Cafe
Address: Lot 118 Batu, 3, Jln Klang Lama, 58100 Kuala Lumpur
Contact: +603-7972 6100
Website: <https://valenza.com.my/>

City Central Hotel
Address: 80 & 82, Jalan Tun Sambanthan, Brickfields, 50470 Kuala Lumpur
Contact: +6016-230 4100
Website: <https://citycentralhotel.com.my/>

BUDGET HOTELS/RESORTS

Grand Pacific Hotel KL

Address: 50400, Jalan Tun Ismail, Kuala Lumpur, 51200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-4042 2177
Website: <https://www.facebook.com/thegrandpacifickl/>

Flora by Crossroads Hotel

Address: 66, Jalan Ampang, City Centre, 50450 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2022 4020
Website: <https://www.crossroads-hotel.com/flora/>

V Garden Hotel

Address: 21, Jalan Pudu Ulu, Taman Pertama, 56100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-9285 8522
Website: <https://www.facebook.com/p/V-Garden-Hotel-100021968071267/>

Mirama Hotel

Address: 95, Jln Maharajalela, Kampung Attap, 50150 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2148 9122
Website: <https://www.facebook.com/p/Mirama-Hotel-100036409278323/>

Akar Hotel Jalan Raja Uda

Address: 31, Jalan Raja Uda, Kampung Baru, 50300 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2691 1511
Website: <https://www.akarhotels.com.my/home-akar-jalan-raja-uda>

Ceria Hotel Bukit Bintang

Address: 270, Jalan Changkat Thambi Dollah, Pudu, 55100 Wilayah Persekutuan, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2143 1111
Website: <https://www.ceriahotel.com/>

Komune Living

Address: 20, Jln Kerinchi Kiri 3, Kampung Kerinchi, 59200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2742 5788
Website: <https://komuneliving.com/>

Hotel Summer View KL

Address: 165, Jalan Tun Sambanthan 4, Brickfields, 50470 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2260 1818
Website: <https://www.hotelsummerview.com/>

Hotel 1915 Kuala Lumpur

Address: 49, Jalan, Leboh Ampang, City Centre, 50100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +603-2388 4643
Website: <https://hotel1915kualalumpur.com/>

Hotel Olympic Malaysia

Address: Hotel Olympic Malaysia, Wisma Ocm, Jalan Hang Jebat, City Centre, 50150 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
Contact: +6011-1106 4888
Website: <https://www.hotelolympic.twenty8-group.com/>



BACKPACKERS LODGE

Revopackers Beds & Bunks

Address: 258, Jalan Changkat Thambi
Dollah, Pudu, 55100 Kuala Lumpur
Contact: +603-9224 6066
Website: <https://www.facebook.com/revopackers/>

Sunshine Bedz Hostel Kuala Lumpur
Address: 63B, Jln Sultan Ismail, Bukit
Bintang, 50250 Kuala Lumpur
Contact: +6012-610 1883
Website: <https://sunshinebedz.com.my/>

Travellers Palm Lodge

Address: No. 10, Jalan Rembia, Bukit
Bintang, 50200 Kuala Lumpur
Contact: +603-2145 4745
Website: <https://www.facebook.com/pages/Travellers-Palm-Lodge-Kuala-Lumpur/139495396187641>

KITEZ Hotel & Hostel

Address: 37, Jalan Petaling, City Centre,
50000 Kuala Lumpur
Contact: +603-2389 3754
Website: <https://kitezhotel.com/>

Hexa Hotel

Address: 27, Jalan Berangan, Bukit Bin-
tang, 50200 Kuala Lumpur
Contact: +6011-6166 6674
Website: <https://www.facebook.com/hexahotel/>

The Dorms 32 KLCC

Address: 8, Jalan Cendana, Kampung
Baru, 50250 Kuala Lumpur
Contact: +6016-627 6183
Website: <https://www.facebook.com/32-The-Dorms-KLCC-325706884642269/>

Riccarton Capsule Hotel

Address: No.G-1, Wisma Q Titiwangsa,
Persiaran Titiwangsa 1, Jalan Pahang,
53000 Kuala Lumpur
Contact: +603-4031 5000
Website: <http://www.riccarton.com.my/>

Amethyst Dorm KLCC

Address: A-12-01, Mercu Summer Suites,
Jalan Cendana, 50300 Kuala Lumpur
Contact: +6011-1666 0652
Website: <https://www.facebook.com/people/Amethyst-Dorm-KL-CC/100064323510537/>

The Explorers Guesthouse

Address: 128, 130, Jalan Tun H S Lee, City
Centre, 50000 Kuala Lumpur
Contact: +603-2022 2200
Website: <https://www.facebook.com/the-explorersguesthousekl/>

Leo Backpackers

Address: Jalan Hang Kasturi, City Centre,
50000 Kuala Lumpur
Contact: +603-2031 1733
Website: <http://www.leoleisure.com.my/>



INTRODUCTION TO NATURE RETREATS NEARBY KL



The best way to disconnect from the world and re-establish a connection with nature is through a nature retreat. There are many options to locate the ideal place to rest and relax close to Kuala Lumpur, whether you're seeking for a quick weekend getaway or a longer holiday surrounded by the tranquillity of nature.

Going on a nature retreat has many benefits including taking in the fresh air, enjoying the natural beauty, peacefulness, and mental clarity. This also gives us the chance to take some time off from our hectic lives in KL City so that we can focus on ourselves and enjoy being surrounded by nature. Taking a break in this way is beneficial for both physical health and mental wellbeing - allowing us to recharge our batteries and return feeling energised!

For those looking for an active nature retreat near KL, there are plenty of opportunities to get out and explore the great outdoors that offers stunning views of rolling hillsides and lush greenery. There are various leisure activities that you can do with your friends and families.

On top of that, for those who seek even more tranquillity, there are numerous riverside retreats located close-by where one can enjoy peaceful moments listening to nature's symphony while taking in spectacular landscapes along the way. Unwind in nature and get away from the hustle and bustle of KL city with a nature retreat at these interesting places!

BEAUTIFUL CASCADES

NEARBY KL

Chilling Waterfalls

On the way to Fraser's Hill, there is a waterfall named Chilling Waterfalls that has been considered as one of the must-visit waterfalls. It is composed of three vertical waterfalls that are split in three and run strongly, especially after heavy rain. It is best to visit this waterfall soon after rainy weather if you want to take in all of its magnificence.

Address: 44000 Kuala Kubu Bharu, Selangor

Contact: +603-6064 1214

Operating Hours: 8.30 am - 5.00 pm (Saturday & Sunday) / Closed on Monday-Friday

Kanching Rainforest Waterfall

Have a productive weekend with your loved ones at the Kanching Rainforest Waterfall while unwinding in the midst of the wonders of nature. Around a collection of seven waterfalls, this location is perfect for camping and swimming in natural swimming pools. If you wish to take a tough climb to the top of the waterfall, there are additional hiking trails available.

Address: Kilometer 17, Jalan Rawang, Templer Baiduri, 48000 Rawang, Selangor

Contact: +603-6091 6131

Website: <https://selangor.travel/listing/kanching-eco-forest-park/>

Sungai Pisang Waterfall

Enjoy a trip to the modest but lovely Sungai Pisang Waterfall in the Selangor State Park, which is only a 30-minute drive from the heart of Kuala Lumpur. Be prepared for a short journey that includes a tiny river and two sizable tunnels that are located beneath the Karak Highway in order to access these breathtakingly clear waters that gush with full force.

Address: Gombak, 68100 Batu Caves, Selangor

Contact: +603 6091 6131

Sungai Gabai Waterfall

The Sungai Gabai Waterfall is a perfect place to go when you want to relax with nature. You are able to have a picnic with your family and friends. There are stairs for you to climb up to the top of the waterfall and enjoy the scenic view.

Address: Air Terjun Sungai Gabai, 41300 Hulu Langat, Selangor

Contact: +6014-351 7342

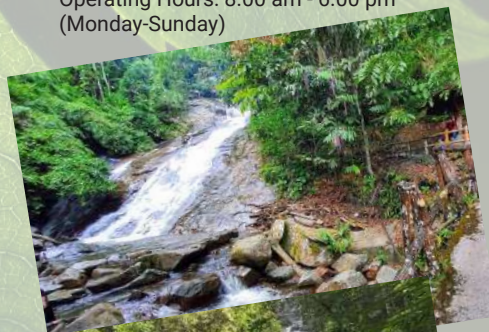
Sungai Tekala Waterfall

Take full advantage of the beauty of Sungai Tekala Waterfall's natural setting. It is one of Semenih's undiscovered gems for outdoor enthusiasts. Bring your friends and family along for the excursion; a beautiful waterfall is open to visitors of all ages. Camping and picnicking are also permitted in the recreational forest. They also provide restrooms, locker rooms, and other useful services. The surroundings of the forest are breathtaking and relaxing.

Address: Semenih, Selangor

Contact: +603-2616 4488

Operating Hours: 8.00 am - 6.00 pm (Monday-Sunday)



BEAUTIFUL CASCADES NEARBY KL

Bukit Saga Waterfall

Head over to Bukit Saga to enjoy the majestic waterfall and surround yourself with the beauty of nature. However, you might have to hike up a quite difficult trail for approximately two hours to reach the waterfall. Once you reach the beautiful falls, it is definitely worth the exhaustion.

Address: 43100 Hulu Langat, Selangor
Operating Hours: 6.00 am - 6.00 pm
(Monday-Sunday)

Serendah Waterfall

The magnificent Serendah Waterfall, which is located in Kampung Orang Asli Serendah, is quite the sight. This is the ideal location to find some peace without sacrificing the beauty of the falls because it is frequently disregarded in favour of the nearby, more popular Kanching Recreational Forest Waterfalls. Despite the fall's simplicity and small pool area, the essential amenities are nevertheless offered, like a pavilion for picnics.

Address: Kampung Orang Asli Serendah,
48200 Serendah, Selangor
Contact: +6017-609 1504

Lata Medang

Take advantage of the icy cold refreshing waters at the end and only Lata Medang Waterfall. One of the must-see waterfalls in Selangor is Lata Medang Waterfall, which is located in Kampung Pertak in Kuala Kubu Baru. To reach this magnificent waterfall, which gushes crystal clear waters, requires a pretty strenuous yet pleasurable climb.

Address: Unnamed Road, 44000 Kuala Kubu Baru, Selangor
Contact: +6017-342 5524
Operating Hours: Open 24 hours

Sungai Tua Waterfalls

Spend some quality time with your family and friends at Sungai Tua Waterfalls! Have some fun bathing at the cool river and a camp at their camping site. This is perfect for those who want to surround themselves with a tranquil environment to meditate.

Address: B23 Jalan Hulu Yam Bharu - Batu Caves, 68100 Batu Caves, Selangor
Contact: +60105187739
Operating Hours: 7.00 am - 6.00 pm
(Monday-Sunday)



VILLA ESCAPES NEAR KL

Tadom Hill Resorts

Tadom Hill Resorts is a stunning resort with a bamboo theme that is conveniently located in Sepang. It spans 45 acres of breathtaking tropical splendour in the southern Klang Valley. Also, the Temuan tribe of the Orang Asli population makes up the majority of the hospitality team.

There are also a tonne of outdoor activities accessible, including beach volleyball, abseiling, archery, ATV riding, and bamboo rafting.

Address: 2, Jalan Bukit Tadom, (Kampung Orang Asli) Kampung Labohan Dagang, 42700 Banting, Selangor
Contact: +6012-522 5728

Website: <https://tadomhillresorts.com/>

Serendah River Retreat

Treat your family to a weekend getaway at Serendah River Retreat surrounded by lush greenery forest. During your stay, you are able to enjoy the beauty of nature such as the stream sound from the river, bird's chirping, cooling air and so on. This is definitely a perfect place to go.

Address: Jalan Anggerik 2M/1, Taman Desa Anggerik, Serendah
Contact: +6016-367 0067

Website: <https://www.facebook.com/serendahretreat/>

The Sticks

The Sticks is a lovely off-grid glamping resort tucked away in the lush jungles of Kuala Kubu Baru. There are twelve distinct homes that have been outfitted with comfortable beds and bathrooms that use fresh spring water, balancing luxury and rusticity. Visitors can participate in thrilling outdoor activities like tubing, paragliding, white water rafting, and jungle trekking.

Address: Lot 213, Jalan KKB - Fraser's Hill, 44000 Kuala Kubu Baru, Selangor

Website: <https://thesticks.my/>



Kasturi Cabin

Nestled amidst the tranquil nature in Hulu Langat, Kasturi Cabin provides a luxurious container home for those who need to unwind and relax. This is a great place to escape the hustle and bustle of the city and be one with nature during your stay. However, it can only accommodate an intimate group of six people.

Address: Jalan Pansoon, Kampung Padang, 43100 Hulu Langat, Selangor

Contact: +6012-252 2235

Website: <https://www.daunretreats.com/kasturi-cabin/>

LUXURY GLAMPING SPOTS

Dusun Bonda

A fruit orchard serves as the setting for the glamping site Dusun Bonda, which is close to Batang Kali and around an hour's drive from KL. Because it was created out of a mother's love, this location is perfect for a staycation with friends or family and will allow you to spend a lot of quality time with them in a tropical setting. The glamping location offers a variety of family-friendly pursuits and leisure features, like walking trails, hot spring baths, and outdoor swimming pools.

Address: Lot 2121 (2996) Jalan Ulu Tamu, Kampung Orang Asli Gurney, Ulu Tamu, 44300 Batang Kali, Selangor
Contact: +6012-663 3667
Website: <https://www.dusunbonda.co>

Hammocks By The River

Spend the night by the river with premium tents at Hammocks By The River! Step up your camping game and have a relaxing camping trip with the premium packages that they offer. You will definitely have a comfortable and luxurious camping trip while being surrounded by nature as you get to have BBQ sessions and chill with your loved ones.

Address: Lot 617, Jalan Sungai Makau, Batu 14 Hulu Langat, 47310 Hulu Langat, Selangor
Contact: +6011-2810 8190
Website: <https://www.facebook.com/hammocksbytheriver>

Glamping Pinang Sebatang

Reconnect with nature by having a short nature getaway at Glamping Pinang Sebatang with your family and friends! You are able to enjoy various activities here such as water rafting, rope swing, zipline and so on. This is the best place to spend quality time with your loved ones while being surrounded by the beauty of nature.

Address: 44000 Kuala Kubu Bharu, Selangor
Contact: +6012-200 2595
Website: <https://www.facebook.com/glampingpinangsebatang/>






A 40-Minute Drive Beyond KL

Beyond Kuala Lumpur, lies an unending array of must-visit destinations that are accessible within 40 minutes. There are a variety of hidden gems beyond Kuala Lumpur ranging from mountains, oceans, lush forests, tiny villages and many more that are just waiting to be explored! Throughout Malaysia, there are many diverse towns and cities, each with its own distinct customs and traditions. Also, each of them will undoubtedly highlight Malaysia's rich cultural diversity, including a variety of regional specialties.

In this issue, we will be providing a 40-minute travel route for you to plan and venture out of KL to explore what beyond KL has to offer. There are plenty of places that we are going to cover in this 40-Minute Drive Beyond KL section by venturing out to four directions which are to the north, south, east and west from KL. Make the most of your day trip and check out these spectacular spots that are only 40 minutes beyond KL. Immerse yourself in Malaysia's rich history and culture.

MAP OF ROUTES





VENTURE OUT OF KL TO THE NORTH - RAWANG -

Let's venture out to the north to begin the 40-minute drive beyond Kuala Lumpur. Our first stop on the journey will be Rawang. Rawang is known for its tranquillity as it is just a small town located within the district of Gombak. Rawang primarily served the tin mining business, hence it is the first town to receive electric street lights back then as the British erected the first electric generator there. Rawang is just an easy drive from Kuala Lumpur. The journey to the north of Kuala Lumpur will be filled with interesting sights to see along the way. Keep your eyes open so you won't miss out on the exciting sights. On top of that, we will also be sharing with you interesting places to visit along the way! Check out the interesting places that we have recommended for you to visit in Rawang and along the way as well!



SIGHTSEEING



Commonwealth Forest Park Falls

The Commonwealth Forest Park Falls is one of the popular camping locations in Klang Valley. Four different camping areas house a total of 21 spots. The park debuted in 1993 to commemorate the 14th Commonwealth Forest Conference, which was held in Kuala Lumpur. There are services like restrooms and small cafes provided for the use of the visitors. Also, while you're there, they allow you to try out activities like canoeing and ATV rides.

Address: Kilometer 23, Jalan Kuala Lumpur-Rawang, 48000 Rawang, Selangor
Contact: +603-5544 7507



Taman Eko Rimba Kanching

Kanching Eco Forest Park (Taman Eko Rimba Kanching) is a park around 21 kilometres from Kuala Lumpur, close to Rawang. Come here and stay for one to three hours if you wish to take a break from your daily schedule. This forest is a well-liked location for picnics on the weekends. To catch the clear water that trickles from the hills, it has seven waterfalls and pools.

Address: Taman Eko Rimba Kanching
Templer's Park Jungle Waterfall, 1, Rawang, Selangor.

Contact: +603-55132000

Operating hours: 7.30 am - 7.30 pm
(Monday - Friday)

Templer's Park

The best place to go bird watching and jungle trekking is Templer's Park. There are picnic areas and cold, clean swimming holes in addition to jungle walkways. Together with its breathtaking views, Bukit Takun, a million-year-old limestone hill, is a towering attraction that is situated close by. Templer's Park offers peace and relaxation together with clean air and breathtaking natural beauty.

Address: 48200 Rawang, Selangor
Contact: +6011-2419 7880

INSTAGRAMMABLE SPOTS

99 Wonderland Park

The best place for animal lovers is 99 Wonderland Park because there are so many animals you can meet and feed there. The park also has some animals that can be observed wandering around. The park's dazzling and colourful lighting show is best viewed at night. Moreover, a cruise ride is accessible at the park. Head over to 99 Wonderland Park and take Instagrammable photos around the park.

Address: Jalan 13A, Pusat Bandar Utara Selayang, 68100 Batu Caves, Selangor
Contact: +6012-995 5399
Website: <https://www.99wonderlandpark.com.my/>
Operating Hours: 5.00 pm - 12.00 am (Monday-Friday) / 9.00 am - 12.00 am (Saturday & Sunday)

Batu Caves

Take Instagram-worthy photos of the colourful and brilliant stairway as you ascend the Batu Caves' 272 stairs. The Hindu god Lord Murugan, whose gigantic statue is fairly tall, is claimed to defend the temple. A number of limestone caverns and cave temples can be found here. This demonstrates further Malaysia's rich cultural diversity.

Address: Gombak, 68100 Batu Caves, Selangor
Contact: +603-6189 6284

Bamboo Hills

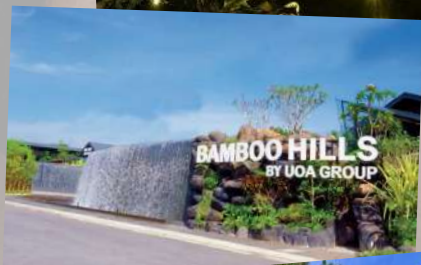
Bamboo Hills KL has a picturesque landscape of bamboo trees that makes every spot Instagrammable! The beautiful landscaping and lush greenery all over the place will make you feel at ease. There are also some lovely cafes available for you to dine in while you enjoy the view.

Address: Bamboo Hills, Taman Bukit Bambu Off, Lebuhraya Duta - Ulu Kelang, Taman Bamboo, 51200 Kuala Lumpur
Contact: +6 1-300-88-6668
Website: <https://bamboohillskl.com/v>
Operating Hours: 7.00 am - 12.00 am (Monday-Sunday)

Selangor Fruits Valley

The Selangor Fruits Valley is the best place to have a family outing, particularly for those who have young children. Here, you can take in the clean air and lovely view of the surrounding fruit orchards. There are also animals like rabbits, deers, goats, and more; you can feed and pet the animals as well. Visitors can also participate in a variety of activities at the location, including manufacturing and learning how to make salted eggs. Also, they offer tram rides so that visitors can traverse the valley. You might get fruits for free if you visit on the weekends!

Address: KM7, Jalan Batang Berjuntai, Batu Arang, Rawang, 45600 Berjuntai Bestari, Selangor
Contact: +6016-688 0792
Website: <https://selangorfruitvalley.my/>
Operating Hours: 9am-4pm (Saturday-Thursday) / Closed on Friday



GRAB A BITE



Pan Heong Restaurant

Pan Heong Restaurant is a must-visit restaurant when you are going to Rawang. We highly recommend you to try out their famous river prawn noodles. As you take your first bite, you will taste the fully infused flavour of the fresh prawns!

Address: 2, Jalan Medan Batu Caves 2, Medan Batu Caves, 68100 Kuala Lumpur
Contact: +603-6187 7430
Website: <https://www.panheong.com/>
Operating Hours: 8.00 am - 3.15 pm (Monday-Sunday)

Restaurant Chetty Nadu Batu Caves

Stop by Restaurant Chetty Nadu Batu Caves when you are on your way to Rawang and try out authentic South Indian dishes. You will be spoilt for choice by the wide variety of dishes that they offer. You will definitely be satisfied with the dishes because of their consistency in cooking such as the tender meat, spicy with the right amount of seasoning.

Address: 15G, Jln Batu Caves, Taman Batu Caves, 68100 Batu Caves, Selangor
Contact: +6012-223 6158
Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)



DAR Hadramawt Restaurant

On your way to Rawang, you can stop by Selayang for a hearty meal of Middle Eastern cuisine. DAR Hadramawt Restaurant offers Arabian dishes at Bandar Baru Selayang. The dishes that they serve are satisfying and the price for each dish is quite reasonable and worth it. Almost everything is on their menu, from appetisers to desserts.

Address: 15, Jalan 2/14, Bandar Baru Selayang, 68100 Batu Caves, Selangor
Contact: +603-6127 3884
Website: <https://www.facebook.com/darhadramoutrestaurant>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Coca Seafood Restaurant

Coca Seafood Restaurant is well-known for their curry me, especially the big one. This is because they give generous portions of ingredients in each bowl and you are able to share with someone else! The broth of the dish is very rich, flavourful and spicy as well.

Address: 29, Jalan Bidara 1, Taman Bidara, 68100 Batu Caves, Selangor
Contact: +6016-972 2482
Operating Hours: 7.00 am - 12.30 pm (Thursday-Tuesday) / Closed on Wednesday



MUST DO

Rawang Bypass Hiking Trailhead

Hike up to the scenic overlook of Rawang Bypass Hiking Trailhead and you will be rewarded with a majestic view of the Rawang Bypass. There are many options for you to choose from on which trail to take in order to reach the top. However, it is not recommended to hike after a rainy day as it could be slippery.

Address: 20, Jalan RP 5, Taman Rawang Perdana, 48000 Rawang, Selangor



United Malaysian Orchids Sdn Bhd

Don't forget to visit United Malaysian Orchids Sdn Bhd if you are in Rawang! Here, you are able to find various species of orchids that are available to purchase and bring home as well. The price for each plant is quite reasonable as well. Admire the gorgeous orchids at United Malaysian Orchids Sdn Bhd!

Address: Lot 988, Batu 23, Jalan Batu Arang, 48000 Rawang, Selangor
Contact: +603-6093 3000

Website: <https://united-malaysian-orchids-sdn-bhd.business.site/>

Operating Hours: 8.00 am - 7.00 pm
(Monday-Sunday)



Rock Climbing at Gua Damai Extreme Park

Rock climbing is very popular in the Gua Damai Extreme Park. Whether you are an expert or a beginner, rock climbing is a terrific experience for you. You have the option of renting rock climbing gear and equipment there as well as bringing your own. It is advised that, if this is your first time, you attempt something enjoyable by rock climbing on this natural wall!

Address: Jalan Fairuz Off Jalan Zamrut, Kampung Melayu Wira Damai, 68100 Batu Caves, Selangor

Contact: +6012-481 2005

Website: <http://guadamai.com/press/>

Operating Hours: 9.00 am - 6.00 pm
(Monday-Sunday)

Bukit Kuari MTB Trail Rawang Perdana

Bukit Kuari MTB Trail Rawang Perdana is a fun trail for those who love hiking. Along the way, you are able to enjoy the scenic view of nature as you hike up to the top. You will also need to climb using a rope and you might need sufficient arm strength!

Address: Jalan Bukit Rawang, Taman Bukit Rawang Jaya, 48000 Rawang, Selangor

Website: <https://www.facebook.com/people/Bukit-Kuari-MTB-Trail-Rawang/100066627095892/>



STAYCATION SPOTS



Templer Park Rainforest Retreat

Have a staycation surrounded by the beauty of nature that is only a mere 30 minutes drive from KL at Templer Park Rainforest Retreat. They offer two types of houses such as a villa and a container that has plenty of convenient amenities as well as terraces overlooking the grand Bukit Takun and golf course.

Address: 22, Jalan 3/2, Templer Height, Templer Park, 48000 Rawang, Selangor
Contact: +6016-203 8562

Website: <https://www.tpr.net/>

Carpe Diem Orchard Home

Have a weekend getaway and unwind at this private Orchard Home called Carpe Diem Orchard Home. Enjoy the allure of this kampung-style getaway, which harkens back to simpler times. You will definitely be satisfied as you get to make use of the orchard's amenities and selection of fruits.

Address: 803, Main Road, Kampung Sungai Choh, 48200 Serendah, Selangor
Contact: +6013-228 8223

Website: <https://carpediem.my/>

Sekeping Serendah Retreats

Sekeping Serendah Retreats in Hulu Selangor offers the epitome of simplicity inside its five acres of gorgeous tropical jungle. Ten tents or sheds that have been kept in a rustic state to improve the sensation of being in nature are situated next to a babbling stream. Before you swim in one of the two pools, go jungle trekking or visit the adjacent flowing waterfalls and Orang Asli settlements.

Address: 48200 Serendah, Hulu Selangor, Selangor

Contact: +6012-324 6552

Website: <https://www.sekeping.com/serendah/home>

Camping Ground-Resort Taman Eko Rimba Komanwel

One of the well-liked camping areas in the Klang Valley is the Commonwealth Forest Park Falls. There are a total of 21 sites spread throughout four camping areas. There are amenities like restrooms and small eateries that are available for the convenience of the guests. In addition, you get to try out things like canoeing and ATV rides while you're there as well.

Address: Kilometer 23, Jalan Kuala Lumpur-Rawang, 48000 Rawang, Selangor
Contact: +603-5544 7507





JANDA BAIK

Continue our 40-minute venture beyond KL to the north which is Janda Baik. At Janda Baik, you will get a slice of paradise just less than an hour away from KL! As you make your journey to Janda Baik, it will take approximately 45 minutes from the heart of Kuala Lumpur to Janda Baik via the Lebuhraya Kuala Lumpur - Gua Musang / E8.

Janda Baik is a mountainous area that is close to Genting Highlands and has a genuine rural feel to it. It is the perfect destination to go if you are planning to escape the hustle and bustle of the city to the tranquility of nature.

Consider relaxing riverside picnics, short hikes to waterfalls, and breathtaking sunsets when you are in Janda Baik. It is definitely a great place to unwind during the weekends amidst the beauty of nature!



SIGHTSEEING

Lata Tampit Waterfall

Hikers of all levels will enjoy the seven-tiered Lata Tampit waterfall, also known as Ulu Tampit. Reaching the level 4 twin falls or the level 5 requires a lovely and gratifying 40-minute moderately steep woods trek. To reach remote level 7, which will take an additional 15 minutes of the hike.

Address: Kampung Janda Baik, 28750 Bentong, Pahang
Operating Hours: Open 24 hours (Monday - Sunday)

Muzium Orang Asli Gombak

The Orang Asli Gombak Museum stands out from the others because it displays the cultural legacy of Peninsular Malaysia's native Orang Asli people. Hunting and cooking tools, traditional musical instruments, as well as accessories and apparel, were among the antiques on show. Visitors can gain a clear understanding and discover more information about the local aborigines in Malaysia.

Address: KM24, Jalan Pahang Lama Gombak, 53100 Gombak, Selangor
Contact: +603-6186 8796
Website: <https://www.jakoa.gov.my/>
Operating Hours: 9.00 am - 5.00 pm (Saturday-Thursday) / Closed on Friday

Fig Malaysia Farm

At Janda Baik, there is a plant nursery called The Fig Malaysia Farm that has a wide selection of fig plants and saplings. Visitors can purchase fig bushes and a variety of other goods from the farm, including fruits, tea, juice and many others. The staff would be delighted to explain figs to you if you were curious. Therefore, it is a fantastic location to stop by when in Janda Baik.

Address: Tanjung Pulau Santap, Kampung Janda Baik, 28750 Bentong, Pahang
Contact: +6017-777 7464
Website: <https://www.facebook.com/fig-malaysia>
Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



GRAB A BITE

A Little Farm On The Hill

Among the wooded hills of Janda Baik, there is a stunning tiny organic farm. Although they are called a farm, they are also a restaurant. You might want to drop by and tour the farm once you have taken a meal at their restaurant. The atmosphere of the restaurant more strongly conveys to the customers a "fine dining" experience. Aside from that, their restaurant's food is superb and excellent. The ideal spot to go if you want to leave the city and eat in a peaceful setting is A Little Farm On The Hill!

Address: Lot 161 Tanarimba, Persiaran Enderong, Kampung Janda Baik, 28750 Bentong, Pahang
Contact: +609-233 0194

Website: <https://alittlefarmonthehill.com/>
Operating Hours: 12.30 pm - 4.00 pm (Thursday-Sunday) / Closed on Monday-Wednesday

Chicken Royale Gombak

Chicken Royal in Gombak highlights unique menu items like peri-peri chicken and other dishes. The melted cheese with fried chicken dish is their famous dish. The savoury taste of the fried chicken combined with the creamy and thick cheese is the perfect combination of a hearty meal of chicken. Apart from that, you are also able to find various other chicken dishes there such as tender grilled chicken, Mejun set, Lekiu set and also Parameswara burger.

Address: 5, Jalan PPS 2, Taman Selaseh, 68100 Perdagangan, Selangor
Contact: +6018-768 2482
Website: <https://www.chickenroyale.com.my/>
Operating Hours: 12.00 pm - 10.00 pm (Monday-Sunday)

Restoran Tuu Dok Ko 1488

Stop by Batu Caves and enjoy a hearty meal of east coast food before you leave for Janda Baik. The dishes that they serve are affordable as well. For those who are craving for some Kelantanese food, it is highly recommended to head over to this restaurant. You will be spoilt for choice with the wide variety of dishes that they offer! Some of the dishes that will be sold out early are roti canai, nasi kerabu, nasi ayam and so on. Be prepared as the place can be quite crowded at times!

Address: Jln Samudera Utara 2, Taman Samudra, 68100 Batu Caves, Selangor
Contact: +6012-215 5143
Website: <https://www.instagram.com/rtdk1488/>
Operating Hours: 7.00 am - 5.00 pm (Tuesday-Sunday) / Closed on Monday



MUST DO



Bidaisari Stables

Bidaisari Stables is a horse stable in Bentong where visitors can experience having a ride on horses around a course at cheap rates. You can also register yourself to a riding class and take lessons on how to ride a horse for an affordable price. This is the perfect place to bring the kids to meet and ride the majestic horses while being one with nature. The trainers are friendly and attentive as well. We highly recommend you to visit!

Address: 28750 Bentong, Pahang
Contact: +6011-3566 6666
Website: <https://www.facebook.com/el-campoecq/>
Operating Hours: 8.00 am - 6.00 pm
(Monday-Sunday)



ATV Janda Baik Rimba Valley

Head over to ATV Janda Baik Rimba Valley if you are planning to go on an adventurous off-road ride experience along the bumpy roads at Janda Baik. The friendly staff will also give close guidance to the first-time ATV riders. It is the perfect place to go if you are looking for an adventure ride through the forest. Have an ATV ride as you ride along the forests of Janda Baik and feel the cool breeze of the nature.

Address: PT 22066 Jalan Ulu Benus Janda Baik, 28750 Bentong, Pahang
Contact: +6019-938 0885
Website: <https://www.facebook.com/janda-baikatv/>
Operating Hours: 9.00 am - 5.00 pm
(Monday-Sunday)



Sungai Pisang Waterfall Trailhead

Enjoy a day trip to the modest but nonetheless lovely Sungai Pisang Waterfall in the Selangor State Park, which is only 30 minutes drive from the heart of Kuala Lumpur. Be prepared for a short journey that includes a tiny river and two sizable tunnels that are located beneath the Karak Highway in order to access these breathtakingly clear waters that gush with full force.

Address: Gombak, 68100 Batu Caves, Selangor
Contact: +603 6091 6131

MUST VISIT SPOTS

Tiarasa Escapes Glamping Resort

Have a relaxing staycation while being surrounded by tranquil nature at Tiarasa Escapes Glamping Resort. They offer safari-style tents and dreamy treetop villas amidst the rainforest of Janda Baik. As you book your stay here, you will be rewarded with the beauty of the lush rainforest, babbling brooks, cooling air and the sounds of nature. You will definitely be relaxed and satisfied during your whole stay!

Address: Persiaran Enderong, Kampung Janda Baik, 28750 Bentong, Pahang
Contact: +6012-887 7777
Website: <https://www.tiarasaescapes.com/>

Riverside Janda Baik

A terrific place to get away from the hustle and bustle of the city and experience the mesmerising beauty of nature is Riverside Janda Baik, which is close to the Pulau Santap area. They offer a wonderful picnic area, chalets, and homestays with comprehensive amenities like restrooms, a neighbouring grocery shop, and a parking lot. They provide a variety of activities that you can participate in with your friends or family. Spend time with your loved ones at Riverside Janda Baik to unwind and immerse yourself with nature.

Address: Lot 5506, Kampung Janda Baik, 28750 Bentong, Pahang
Contact: +6019-948 3100
Website: <http://www.riverside.com.my/>



Happy Paradise Janda Baik Pahang

The ideal location for a quick weekend break, especially if you want to get away from the city's bustle, is Happy Paradise Janda Baik. While you're there, you can participate in a variety of activities in the resort's kampung-style setting. Horseback riding, collecting seasonal fruit from the trees, trampoline play, karaoke, and other activities are available. Moreover, there is a mini zoo where you may see a variety of animals.

Address: Unnamed Road, Kampung Janda Baik, 28750 Bentong, Pahang
Contact: +6012-257 7440
Website: <https://www.facebook.com/HomestayBentongVillage0122577440>

Cherengin Hills Convention & Spa Resort Bentong

Escape the hustle and bustle of KL city and head over to this hillside modern refuge tucked away amongst Janda Baik's lush tropical rainforest, Cherengin Hills Conference & Spa Resort is the height of serenity in the state of Pahang. Immerse yourself in the cooling change of the day's climate, all at a height of 600 to 800 metres above sea level. Perfect for you to unwind and be one with nature.

Address: Lot 5540 & 5936, 28750, Kampung Janda Baik, 28750 Bentong, Pahang
Contact: +609-233 0999
Website: <http://www.cherenginhills.com/>



VENTURE OUT OF KL TO THE SOUTH - SEMENYIH -

Continue our road trip venture beyond KL and start the 40-minute drive to the south. Semenyih is our next stop on the journey to escape the hustle and bustle of the city of KL. Semenyih is home to numerous scenic waterfalls as the surrounding area is quite hilly.

Semenyih is only a short 40-minute drive from Kuala Lumpur. Most consider it to be a township on the outskirts of Hulu Langat district. There will be a lot of interesting places to view on the trip south from KL. Keep an eye out for the intriguing sights so you won't miss them.

Also, we'll let you know of cool spots to stop along the road! Look out the interesting locations we suggest you visit both in Semenyih and along the road! Because there are so many activities you can enjoy with family and friends in Semenyih, it should be on your travel itinerary.



Sungai Tekala Recreation Forest

Enjoy Sungai Tekala Recreational Forest's natural splendour to the fullest. For those who enjoy the outdoors, it is one of Semenyih's hidden treasures. Visitors of all ages are welcome at this waterfall, so bring your friends and family along for the trip. The recreational forest also allows for camping and picnics. Also, they offer restrooms, changing rooms, and other practical amenities. The surroundings are stunning and soothing as well.

Address: Semenyih, Selangor
 Contact: +603-2616 4488
 Operating Hours: 8.00 am - 6.00 pm
 (Monday-Sunday)



Ostrich Wonderland

A little farm called the Ostrich Wonderland is situated in Semenyih. Bring the kids along for a family outing and introduce them to the farm's animals. The farm is home to numerous animals, such as ostriches, geese, rabbits, cows, ponies and so on. There, you can feed the animals as well as see them eat from your hands, especially the ostriches. This is a great place for animal lovers as the entrance fee is affordable and is definitely worth a visit!

Address: Lot, 485, Jalan Sungai Lalang, 43500 Semenyih, Selangor
 Contact: +6019-230 6686
 Website: <https://www.facebook.com/OstrichWonderlands/>
 Operating Hours: 10.00 am - 6.00 pm
 (Monday-Sunday)



SIGHTSEEING

Sak Dato Temple

The Sak Dato Temple is tucked away in the lofty slopes of the serene Broga area. It was first constructed about 14 years ago. The powerful Monkey God, also known as Sun Wukong, is the major deity revered in this garden temple. Before crossing the suspension bridge that connects to the opposite side of the hill, tourists must climb a steep flight of stairs in order to see the enormous statue that resembles him. In the compound area, there are also a number of excellently designed sculptures of Chinese folklore figures, enormous native fruits, and fish ponds.

Address: 4, Jalan Besar, Broga, 71750 Semenyih, Negeri Sembilan
 Contact: +603-8761 0035
 Operating Hours: 7.30 am - 11.00 pm (Monday-Sunday)



GRAB A BITE

Semenyih Fish Valley Restaurant

Have a hearty meal of various delicious seafood dishes at Semenyih Fish Valley Restaurant. Fish, squid, prawns, crabs, mantis prawns, kampung chicken, tofu, veggies, and noodle meals are all available on the restaurant's extensive menu. If you choose to eat outside, the restaurant's proximity to a sizable lake gives you access to the lush greenery. You can also choose to go fishing in the nearby lake.

Address: Sri Haneco Industrial Park, Jalan Kachau Jalan Kachau PT, 16367 Semenyih, Selangor

Contact: +6012-382 5518

Website: <https://www.facebook.com/people/fish-valley-semenyih-restaurant/100057516757259>

Operating Hours: 11.00 am - 9.00 pm (Monday-Sunday)

Raccoon Garden Cafe & Restaurant

Raccoon Garden Cafe & Restaurant is a lovely Instagrammable cafe that is located amidst the eco forest in Semenyih. We highly recommend you to come with your friends or family during the evening and sit outdoors to enjoy the lush greenery of the surrounding. They offer a variety of western cuisines with a reasonable price. Don't forget to take your Instagrammable pictures while you are there!

Address: 1, Persiaran Eco Forest 1, Eco Forest, 43500 Semenyih, Selangor

Contact: +6018-963 9226

Website: <https://www.facebook.com/raccoongarden>

Operating Hours: 11.00 am - 9.00 pm (Monday-Thursday) / 11.00 am - 9.30 pm (Friday-Sunday)

Al Reef Restaurant

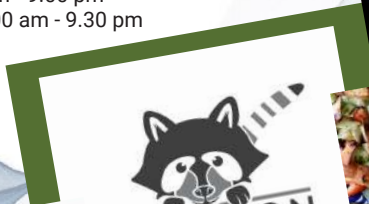
Al Reef Restaurant serves a wide variety of authentic and delicious Middle Eastern cuisine. The restaurant is very spacious and it is suitable to have a meal with a big group of friends or family. The food served is delicious and flavourful as the dishes are cooked with Malaysian style. You will definitely be satisfied with the food served because they offer a generous amount of portion for each dish as well. If you've been wanting to eat Arabian food, this is the best place to go!

Address: Block 16-A and B, Dataran Dato' Mohd Said, Lot 897, Jalan KL Seremban KM 23.5, Beranang, 43700 Semenyih, Selangor

Contact: +6019-817 1534

Website: <https://www.facebook.com/Al-reefRestoran/>

Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)



MUST DO



Shooting Academy Malaysia

If you have been wanting to legally take part in a highly exclusive sport like shooting, stop by Shooting Academy Malaysia in Kajang. Experience firing a pistol at this shooting range with various selection options. The experienced instructors are professional and patient in guiding you if it is your first time trying. You will definitely get the bullseye!

Address: 36A&B, Jalan Maju Satu/8, Taman Bukit Cantik, 43000 Kajang, Selangor
Contact: +6011-1186 0010
Website: <https://www.facebook.com/msiashootingclub>

Espace (Trampoline Park) EkoCheras Mall

Stop in Cheras en route to Semenyih to engage in an exhilarating sport at a trampoline park. Aside from trampolines, the Espace Trampoline Park also has other thrilling features including Bounce, Sticky Wall, Rock Wall, Spider Tower, and more.

Address: EkoCheras Mall, Taman Mutiara, 56000 Kuala Lumpur
Contact: +6018-378 8533
Website: <https://www.facebook.com/espacemalaysia/>
Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Broga Hill

Take a trip up Broga Hill to take in the breathtaking scenery. The hike takes about one and a half hours to complete and is typically regarded as being somewhat difficult. This location comes highly recommended if you appreciate outdoor sports because it is one of Selangor's most well-liked hiking locations.

Address: Jln Broga, 43500 Semenyih, Selangor
Contact: +6016-676 6057
Operating Hours: 4.00 am - 5.00 pm (Monday-Sunday)

Rinching ATV Adventure Park

Enjoy an exciting ride on an ATV at Rinching ATV Adventure Park and ride along the challenging route surrounded by lush greenery and scenic views. If it is your first time, fret not, as the friendly staff are eager to guide you along the way.

Address: Jalan Sungai Lalang, Kampung Sungai Pening, 43500 Semenyih, Selangor
Contact: +6012-684 0556
Website: <https://www.facebook.com/rinchingatvadventurepark/>
Operating Hours: 9.00 am - 7.00 pm (Monday-Sunday)



STAYCATION SPOTS



Semenyih Ecoventure Resort & Recreation

Semenyih Ecoventure Resort & Recreation is not only a place to stay, but there are also various kinds of activities that you can experience such as ATV, kayaking, paintball, archery and many more. This is a great place for you to bring your family and friends for an adventurous weekend getaway just 40 minutes from KL.

Address: Lot PT, Lot No PT, 1351, Jalan Sungai Lalang, 43500 Semenyih, Selangor
Contact: +6017-420 9358
Website: <https://www.semenyihcoventure.com/>
Operating Hours: 8.00 am - 6.00 pm (Monday-Sunday)

Paradise Valley Broga Resort

Have a staycation at Paradise Valley Broga Resort surrounded by lush greenery and tranquillity of nature. The resort is very comfortable and peaceful and you will definitely have a pleasant stay here. You are also able to experience various activities such as flying fox, wall climbing, and so on. It is a great place for a family retreat to spend quality time with them.

Address: Lot 1742 & 1369, Jalan Tarun 27/23, B34, Jln Broga, Broga, 43500 Semenyih, Selangor
Contact: +6011-1668 6188
Website: https://paradisevalleybroga.com/en_US/

Broga Bliss Eco Garden

Broga Bliss Eco Garden is the perfect place for you to bring your family and friends to unwind in the serene environment of the resort. This tranquil eco farm is surrounded by nature and has lovely views of the surrounding hills and mountains.

Address: Lot 5414, 71750 Broga Lenggeng, Negeri Sembilan
Contact: +6013-388 7888
Website: <http://brogabliiss.com.my/>

Broga Orchard Hill

Escape the hustle and bustle of KL city and have a staycation at Broga Orchard Hill while being surrounded by durian plantation. They offer a variety of durian types in the orchard and visitors are able to have garden-fresh durians during your stay!

Address: Lot 3009, Jalan Tanah Pinggir, Broga, 71750 Lenggeng, Negeri Sembilan
Contact: +6011-5139 3009
Website: <https://www.brogaorchardhill.com/>





INTRODUCTION TO PUTRAJAYA

Continue on our 40-minute journey south, to Putrajaya, which is beyond KL. Feast your eyes on the magnificent structures found throughout Putrajaya, which is only a short drive from KL. It will take you around 39 minutes to travel to Putrajaya from the centre of Kuala Lumpur via the Lebuhraya Kuala Lumpur - Putrajaya / E20.

Putrajaya, also referred to as the Federal Territory of Putrajaya, is a city located at the South of Klang Valley. It is home to many government offices and it serves as the country's administrative and judicial capital. Although it is known to have many offices, there are also plenty of interesting places to visit.

When you visit Putrajaya, think about taking leisurely meals by the lake, taking quick walks to the major sightseeing attractions, and enjoying stunning sunsets from the Putrajaya lake. On the weekends, it is undoubtedly a wonderful location to relax amidst the beauty of beautiful architectures.

SIGHTSEEING

SOUTH

Putra Mosque

The main mosque in Putrajaya is the Putra Mosque. In close proximity to Perdana Putra, where the mosque is located, are both the office of the Malaysian Prime Minister and the man-made Putrajaya Lake. The 15,000-person capacity mosque opened for the public in 1999. The mosque's construction also combines the distinctive rose-tinted granite surroundings, Islamic, Moorish, and contemporary architectural elements.

Address: Persiaran Persekutuan, Presint 1, 62502 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8888 5678
Website: <http://www.masjidputra.gov.my/ms/>
Operating Hours: 6.00 am - 10.00 pm (Monday-Sunday)

Seri Wawasan Bridge

The Seri Wawasan Bridge, one of the main bridges in Putrajaya, has a futuristic design with a forward-leaning pylon that resembles a sailing ship, and at night it is illuminated in a variety of vibrant lights. The futuristic design of the bridge fits Putrajaya's contemporary design.

Address: Lebuhr Wawasan, Presint 2, 62100 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8000 8000

Putrajaya Lake

The Putrajaya Lake, located in the centre of Putrajaya, is a 650-hectare man-made lake. It is intended for relaxation, fishing, water sports, and water transportation in addition to serving as a natural cooling system for the city.

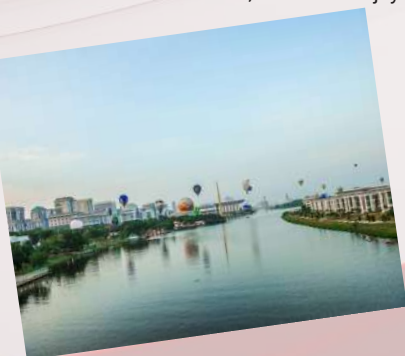
Address: Presint 1, 62000 Putrajaya



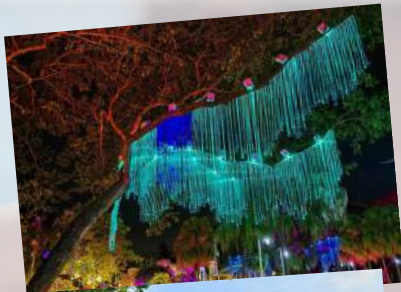
Dataran Putrajaya

Dataran Putrajaya, located in Precint 3, is the best place for an outing with your loved ones while enjoying the view of Putrajaya's buildings and landscape. It is the main destination on Persiaran Perdana for major events like the Hari Kemerdekaan celebration, the Light and Motion Putrajaya (LAMPU) Festival and many more.

Address: Persiaran Perdana, Presint 3, 62675 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8000 8000
Website: <https://www.ppj.gov.my/>
Operating Hours: 8.00 am - 10.00 pm



INSTAGRAMMABLE SPOTS



Secret Garden Putrajaya

Secret Garden Putrajaya is a garden full of magical neon light which is located at Taman Putra Perdana. It is open to the public and is definitely free of charge. It is the best place for a night outing with your family and friends. Feast your eyes on the mesmerising view of lights as the scenery looks like it just came right out of the film, Avatar. Enjoy taking as many pictures as possible for your Instagram and just don't forget to use the Night Mode on your camera for good quality pictures!

Address: Presint 1, 62000 Putrajaya
Operating Hours: 7.00 am - 12.00 am (Monday-Sunday)

China-Malaysia Friendship Garden

The China-Malaysia Friendship Garden at Anjung Floria served as a symbol of the two countries' bilateral ties. The garden was created to support the six components of mountain, stone, water, building, plants, and calligraphy in the manner of a Lingnan Garden. As you go through the garden, you'll note that the white cempaka trees, which stood for peace between Malaysia and China, are the garden's most important feature.

Address: Lebuhr Sentosa, Presint 4, 62250 Putrajaya, Wilayah Persekutuan Putrajaya
Operating Hours: 6.30 am - 7.00 pm (Monday-Sunday)

Seri Gemilang Bridge

Take Instagrammable pictures at the mesmerising Seri Gemilang Bridge. The bridge joins Heritage Square with Putrajaya Convention Centre. One of Putrajaya's most stunning bridges, the 240-metre bridge offers stunning views for your 'Insta-worthy' pictures, especially during the golden hour!

Address: Persiaran Perdana, Presint 4, 62100 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8000 8000

GRAB A BITE

Restoran Ore Kampung

Restoran Ore Kampung serves a variety of Kelantanese dishes. The dishes served here are nasi kerabu, roti tilab, roti kukus, nasi kukus ayam berempah and many more. They also have various side dishes for their mixed rice as well and it is served like a buffet style for you to choose your desired dish. This restaurant has a unique landscape and ambiance.

Address: no. 14, Jalan P8 G/1, Presint 8, 62250 Putrajaya, Wilayah Persekutuan Putrajaya

Contact: +6016-332 1606

Website: <https://www.facebook.com/retorekampung/>

Operating Hours: 7.00 am - 11.30 pm (Wednesday-Monday) / Closed on Tuesday

Balqis Restaurant

Enjoy one of the best Middle Eastern cuisine in town only at Balqis Restaurant. They offer various delicious dishes that are in big portions. Other than that, they also serve different types of cuisine such as Western and Chinese. The ambiance of the restaurant is very cosy and spacious as well.

Address: Lot G-08, Shaftsbury Avenue, Precinct 1, 62000 Putrajaya

Contact: +601-700-81-8408

Website: <https://balqis.net/>

Operating Hours: 10.00 am - 11.00 pm (Monday-Sunday)

Volcano Shabu Shabu & Grill

Volcano Shabu Shabu & Grill is a shabu shabu restaurant in Putrajaya that serves a wide variety of steamboat items for you to choose from; you will be spoilt for choice! They offer great choices of cooked food such as grilled chicken, satay, dim sum, pizza and many more. On top of that, the ambiance of the restaurant and interior is very decent and classy.

Address: UG-21, Shaftsbury Putrajaya, Jalan Alamanda, Presint 1, 62000, Wilayah Persekutuan Putrajaya

Contact: +603-2022 5991

Website: <https://www.facebook.com/volcanoshabushabugrill/>

Operating Hours: 12.00 pm - 10.0 pm (Monday-Sunday)

Karyabhara - The Hipster Cafe

Karyabhara is a restaurant that has classic and vintage interior design and it is quite Instagrammable as well. This is a great place to hang out with your friends or family and enjoy a hearty meal for an affordable price.

Address: LG-05, Menara Shaftsbury Putrajaya, Jalan Alamanda, Presint 1, 62000, Putrajaya

Contact: +6016-231 2036

Website: <https://www.karyabhara.biz/>

Operating Hours: 10.00 am - 9.30 pm (Monday-Sunday)



MUST DO

Putrajaya Challenge Park

Putrajaya Challenge Park is a 30 hectare park located in Precinct 5. This park consists of various extreme park facilities such as a massive indoor rock climbing complex, a skatepark, an extreme bike route and so on. This is a great place to go for some extreme sports as it is well maintained and there is no entrance fee as well.

Address: Jalan P5, Presint 5, 62200 Putrajaya, Wilayah Persekutuan Putrajaya
Contact: +603-8000 8000

Website: <https://www.facebook.com/Putrajaya.Challenge.Park/>

Operating Hours: 10.00 am - 10.00 pm (Friday-Monday) / 10.00 am - 8.00 pm (Tuesday & Wednesday) / 9.00am - 10.00 pm (Thursday)

Equestrian Park Putrajaya

Equestrian Park Putrajaya is a great and calm place to relax and experience riding a horse in Putrajaya. Witness the horses galloping their way around the Putrajaya Equestrian Park. You are also able to take horse riding courses at the park. There is also a cafe where you can enjoy the food while looking at people riding horses and practising polo.

Address: Presint 5, 62000, Putrajaya, WP Putrajaya., Putrajaya, Jalan Kandang Kuda, Putrajaya

Contact: +603-8881 1271

Website: <https://www.facebook.com/PutrajayaEquestrianPark/>

Operating Hours: 8.00 pm - 10.00 pm (Monday-Sunday)

Cruise Tasik Putrajaya

At Tasik Putrajaya is where you get to have a boat ride with your loved ones and have a river sightseeing cruise. When going on a cruise, you will have a chance to see the well-known Putrajaya Mosque, the famous Putrajaya bridge clearly from the lake and many stunning buildings. You will be given about 45 minutes per ride to enjoy the view of Putrajaya from a different angle.

Address: Presint 1, 62000 Putrajaya

Contact: +603-8881 0648

Website: <http://www.cruisetasikputrajaya.com/>

Operating Hours: 9.00 am - 7.30 pm (Monday-Sunday)

Wetlands Park

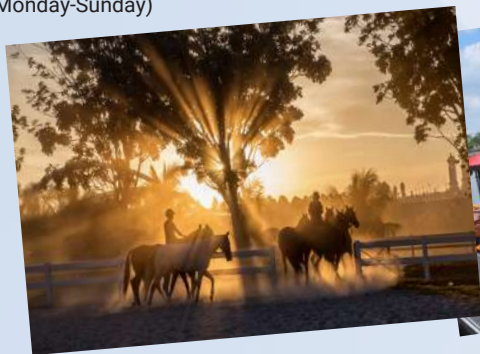
Taman Wetland Putrajaya is a premier ecotourism destination with a serene sanctuary that is teeming with exotic plants, animals, and birds. It is known as Malaysia's first artificial wetlands and it contains a wetland park in addition to actual wetland regions. It is the most suitable place to visit early in the morning

Address: 62000 Putrajaya

Contact: +603-8887 7774

Website: <https://www.ppj.gov.my/>

Operating Hours: 7.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday



INTRODUCTION TO KOTA KEMUNING



From KL, we'll continue on our road trip and begin the 40-minute drive to the south. Our next stop on our trek to get away from hustling KL city is Kota Kemuning.

A township within Shah Alam called Kota Kemuning provides a perfect environment for living while also providing modern comforts. It adheres to an eco-friendly philosophy and has extensive green spaces covering 45% of the land, making it ideal for people who want to live close to nature without making any compromises.

Kota Kemuning is only a 40-minute drive from KL. On the journey south from KL, there will be a lot of interesting places to see. So that you don't miss the exciting sights, keep an eye out for them. Also, we'll let you know about fun places to visit along the way! Keep an eye out for the intriguing places we recommend you see in Kota Kemuning and along the route.

Kota Kemuning Lakeside Park

Have a quality time on the weekends with your friends or family here at Kota Kemuning Lakeside Park with various activities like jogging, cycling or just strolling around the park while admiring the lush greenery of the park. The view of the lake in this park is stunning; it is a 22-acre lake with a 25-acre park surrounding it.

Address: Kota Kemuning, 40460 Shah Alam, Selangor

Contact: +603-5121 7166

Operating Hours: 24 hours (Monday-Sunday)



Darul Ehsan Mosque

As you make your way to Kota Kemuning, stop by this lovely old mosque in Subang Jaya. The Darul Ehsan Mosque is the first mosque in Subang Jaya, Selangor. It is located in SS15 Subang Jaya adjacent to the Subang Parade shopping complex. It was built in 1983 and was officially opened in September 1985 to serve the township of Subang Jaya at that time.

Address: Jalan SS15/2E, SS15, 47500 Subang Jaya, Selangor

Contact: +603-5634 0741

Website: <https://www.facebook.com/MasjidDarulEhsanSubangJaya/>

Operating Hours: 5.00 am - 9.30 pm (Monday, Tuesday, Thursday, Friday, Sunday) / 5.00 am - 9.00 pm (Wednesday) / 9.00 am - 1.00 pm (Saturday)



SIGHTSEEING



Taman Rekreasi Hutan Bandar MPSJ

This is a recreational park called Taman Rekreasi Hutan Bandar MPSJ that is located in Subang Jaya, just along the way to Kota Kemuning. The jovial ambiance of the surrounding is ideal for leisurely outings with your friends or family. They offer various activities that you can do here such as picnic, jogging, exercise, and so on surrounded by picturesque greenery; a great place to bring the children for some fun at the playground.

Address: Persiaran Setia, Usj 3, 47600 Subang Jaya, Selangor

Kota Permai Golf & Country Club

At Kota Kemuning, 40 minutes from KL, sits the well established parkland course known as the Kota Permai Golf and Country Club. It has a beautiful landscape throughout the golf course, with a challenging international 18-hole course. The course is situated in a hilly area with creeks, ponds, and a variety of pine and forest trees and other native species of trees. There is also a gym, swimming pool and other facilities for recreation here.

Address: 1, Jalan Anggerik Vanilla 31/100A, Kota Kemuning, 40460 Shah Alam, Selangor

Contact: +603-5122 3700

Website: <https://www.kotapermai.com.my/>

Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)



GRAB A BITE

Monster Planet Grill & Steamboat

Monster Planet Grill & Steamboat is a halal-certified steamboat in Shah Alam. This is one of the affordable steamboat places that you can find in town. They offer a wide variety of selection for the steamboat such as chicken, beef, seafood, lamb and also fresh vegetables. It is the perfect place for a gathering with friends and family with a steamboat meal.

Address: LOT 3662-B JALAN BESAR KG, Kampung Bukit Lanchung, 40400 Shah Alam, Selangor

Contact: +6011-1252 7124

Website: <https://www.facebook.com/Monster-Planet-Grill-Steamboat-1874985372813556/>

Operating Hours: 5.00 pm - 10.30 pm (Tuesday-Sunday) / Closed on Monday

Brew N Bread Kota Kemuning

Brew N Bread Kota Kemuning is a cafe that serves delicious home roasted coffee and various tasty pastries. Their excellent coffee is on par with other top brewers. For those who enjoy it, the variety of pastries that they offer are all delicious. They also serve fusion food with a really extensive menu, making it difficult to make your choice. The location, music, and ambiance of the cafe is very calming.

Address: 10, Jalan Anggerik Vanilla M31/M, Kota Kemuning, 40460 Shah Alam, Selangor

Contact: +6018-208 1388

Website: <https://brennbread.com/>

Operating Hours: 9.00 am - 7.00 pm (Monday-Sunday)

Gula Cakery

Try out scrumptious cakes and pastries at Gula Cakery! This is the perfect place for those who have a sweet tooth or those who want to satisfy their sugar cravings. Apart from that, they also offer various savoury dishes such as spaghetti lemak cili api, burger, chicken chop and so on.

Address: 11, Jln Anggerik Aranda BG 31/BG, 40460 Shah Alam, Selangor

Contact: +6011-1635 3232

Website: <https://www.gulacakery.com/>

Operating Hours: 10.00 am - 9.30 pm (Monday-Sunday)

Restaurant KK Ocean Point

Restaurant KK Ocean Point is a Chinese restaurant that serves delicious local favourites and are reasonably priced. Their dishes are undeniably cooked with the best quality. This restaurant is a must visit in Kota Kemuning if you are into Chinese-style local dishes.

Address: No. 48, Jalan Anggerik Vanilla 31M, Kota Kemuning, 40460 Shah Alam, Selangor

Contact: +603-5121 0553

Website: <https://www.facebook.com/kkoceanpoint.com.my/>

Operating Hours: 11.00 am - 10.00 pm (Thursday-Tuesday) / Closed on Wednesday



MUST DO



Waterfront Superfly@Quayside Mall

Waterfront Superfly is where you can zipline above the Quayside Mall Lake. When you are ziplining, you get to look at the fascinating view of the lake from the top. All the equipment is safe and is provided by the staff for your own safety. It is one of the cheapest ziplines in Klang Valley, hence we highly recommend you to join. Head up to Mr. Dakgalbi in Quayside Mall to experience a heart-pounding flight across the lake.

Address: Gamuda Kemuning, 25.7, Persiaran Freesia, 42500 Telok Panglima Garang, Selangor
 Contact: +6012-932 1811
 Website: <https://tix.gplay.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)
 Operating Hours:

Solar Express@Gamuda Gardens

Join the ride of the Solar Express, a solar-powered train, around the Quayside Mall Market and around Central Park. Bring the kids and those who are young at heart for some quality time and enjoy the leisurely trip to see Gamuda Gardens from a different angle.

Address: Gamuda Kemuning, 25.7, Persiaran Freesia, 42500 Telok Panglima Garang, Selangor
 Contact: +6012-932 1811
 Website: <https://tix.gplay.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Flamingo Pedal Boats

Flamingo Pedal Boats, which holds up to two people, are a great way to take in the picturesque lake. By pedalling around the lake in the adorable pink Flamingo Pedal Boats, you may venture out to the water and reconnect with nature. You'll have a blast with this exciting water activity when you pedal around the picturesque lake with your family or friends.

Address: Gamuda Kemuning, 25.7, Persiaran Freesia, 42500 Telok Panglima Garang, Selangor
 Contact: +6012-932 1811
 Website: <https://tix.gplay.com.my/>
 Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

FunXWorld

FunXWorld, located in Summit USJ, is an indoor theme park that comprises various rides and attractions that is not only for kids; adults are welcome to join the fun as well! The best part is you can have fun until you are satisfied as there is no time limit. The activities include roller skating, bumper cars, arcade, and many more!

Address: Lot 2.140B Level 2, Summit USJ Mall, Persiaran Kewajipan, Usj 1, 47600 Subang Jaya, Selangor
 Contact: +6017-891 2304
 Website: <https://funxworld.com/>
 Operating Hours: 10.00 am - 10.00 pm (Thursday-Tuesday) / 2.00 pm - 10.00 pm (Wednesday)



FUN X WORLD
 THE BEST OF BOTH WORLDS

INTRODUCTION TO HULU LANGAT



Let's start the 40-minute drive to the east as we continue our road trip beyond KL. Our next destination on our quest to leave the busy city of KL is Hulu Langat! Between Kuala Lumpur and Negeri Sembilan, in the southeast of Selangor, is a district called Hulu Langat. It is only a short 31-minute drive from Kuala Lumpur.

Hulu Langat is known as "a village in the city" due to the fact that there are numerous well-populated villages there despite being surrounded by rapid urbanisation. Additionally well-known are the town's outdoor pursuits and scenic surroundings. Due to its proximity to KL, Hulu Langat is a well-liked destination for locals and travellers looking for leisure activities.

If you don't breathe in the fresh air and enjoy the breathtaking scenic views of the countryside while visiting Hulu Langat, your trip won't be complete. Make the most of your day trip to Hulu Langat by travelling to the locations we'll be sharing with you.

SIGHTSEEING

EAST



Sungai Gabai Waterfall

When you wish to unwind in the presence of nature, the Sungai Gabai Waterfall is the ideal destination. With your family and friends, you can go on a picnic. You can use the stairs to get to the waterfall's summit and take in the beautiful scenery.

Address: Air Terjun Sungai Gabai, 41300 Hulu Langat, Selangor
Contact: +6014-351 7342

Mount Nuang

Mount Nuang, a 1,493-metre-tall mountain in Malaysia, lies on the border between the states of Pahang and Selangor. The Pahang-Selangor-Negeri Sembilan boundary tripoint is nearby. The mountain, which is the second highest point in Selangor, is a component of the Titiwangsa Mountains. The three ascent trails were built by Malaysia's Department of Wildlife and National Parks. Two of them start in Selangor, one in Gombak, Kampung Kemensah, and the other in Kuala Pangsoon, Hulu Langat. The third route starts in Bentong, Pahang, at Bukit Tinggi.

Address: Kampung Pungsun, 43100 Hulu Langat, Selangor
Operating Hours: Open 24 hours

KL-View in Ampang (Lookout Point)

This is the best place to watch the mesmerising sunset that oversees the skyline of KL city. It offers a magnificent view of the Kuala Lumpur city skyline from here. There are also food stalls by the roadside selling various food and beverages for everyone to enjoy while taking in the stunning view of KL city.

Address: Kampung Tasek Permai, 68000 Ampang Jaya, Selangor
Operating Hours: Open 24 hours

GRAB A BITE

The Secret Garden Hulu Langat

The Secret Garden Hulu Langat is a fusion restaurant with a lovely ambience that will leave you a superb dining experience. There are also koi fish ponds surrounding the dinner table which is very unique and different from other conventional restaurants. They also have a lovely outdoor garden where visitors can enjoy and take pictures there. The effects of the LED lights at this location are stunning at night. On top of that, the dishes served are all delicious and are worth the try!

Address: Lot 100 Jalan Sungai SOP Batu 14, 43100 Hulu Langat, Selangor
Contact: +6012-836 9388
Website: https://www.instagram.com/thesecretgarden_hululangat/
Operating Hours: 4.00 pm - 12.00 am (Monday-Sunday)



Veg Fish Farm Thai Restaurant

Head over to Veg Fish Farm Thai Restaurant to try out some authentic Thai cuisine. This restaurant is nestled amidst a lush and cooling forest. They also grow their own vegetables in their garden which will be served fresh in their dishes. We highly recommend you to visit this restaurant to try out their various delicious signature dishes like tom yum soup, Thai BBQ crabs, mango sticky rice and so on.

Address: KM4, Jalan Hulu Langat, 68000 Ampang, Selangor
Contact: +6016-398 6493
Website: <https://vegfishfarm.com/>
Operating Hours: 11.00 am - 11.30 pm (Monday-Sunday)

Little Salty Cafe

Have a hearty meal at Little Salty Cafe while enjoying the view of the city from the cafe's scenic overlook as it is located on top of a hill. There are two main seating areas which are indoor and outdoor seating. All of the dishes served are delicious, come in generous portions, and are reasonably priced. This is the best place to eat especially if you want to have a breathtaking sunset dinner with your loved ones.

Address: Lot 9270 Bukit Ampang Permai, Bukit Ampang, Off, Jalan Hulu Langat, 68000 Ampang, Selangor
Website: <https://www.facebook.com/littlesaltyampang>
Operating Hours: 4.00 pm - 10.00 pm (Tuesday-Sunday) / Closed on Monday



MUST DO

SKYTREX Adventure Sg Congkak

The exciting Skytrex Adventure Sungai Congkak runs through the cool hilltops of Hulu Langat. Either the advanced Rapid Extreme route or the intermediate River iver Thrill choice will need you to navigate a difficult maze of obstacles. Both routes have a number of plank bridges, monkey bars, and flying foxes, but the latter adds the difficult obstacle of climbing and descending walking pipes.

Address: Batu 20, 1/2, Jalan Sungai Congkak, Kampung Padang, 43100 Hulu Langat, Selangor

Contact: +6013-276 9841

Website: <https://www.skytrex-adventure.org/sg-congak>

Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



Bukit Saga Waterfall

A trekking destination for intermediate hikers is Bukit Saga. You can choose from a number of ways, and it takes around 45 minutes to travel via Route B from the trailhead to the top and another 30 minutes to reach the waterfall. Even though the waterfall may appear little and shallow, individuals who sit by it enjoy the calming splash of the cascades' pouring water. Selangor is also a great location for swimming and picnics, and you'll find lots of families spending time together there.

Address: 43100 Hulu Langat, Selangor

Operating Hours: 6.00 am - 6.00 pm (Monday-Sunday)

Sungai Serai Hot Spring Pool

In order to unwind and escape the bustle of work or the city, Sungai Serai Hot Spring Pool is the best option for you to make a quick getaway. The equatorial rainforest's lush surroundings will be all around you, making it the ideal place to unwind. This hot spring pool is frequently a destination for those who are interested in the outdoors, and visitors can be sure that they will have an amazing time there.

Address: Kampung Sungai Serai, 43100 Hulu Langat, Selangor

Contact: +6017-230 3582

Operating Hours: Open 24 hours

Hulu Langat Fishing Resort & Restaurant

The best place to go fishing with your friends and family is at the Hulu Langat Fishing Resort. When you just want to try fishing and then let it go, here is the place to go. You can, however, take the small fish you caught and bring home with you. There are a variety of options based on the amount of hours every session, and the cost varies according to how long you decide to fish. Their fishing equipment, such as rods and bait, is available for rental. You might be fortunate enough to hook one of the large fish there!

Address: Jalan Sentosa 11/A, Taman Desa Sentosa, 43100 Hulu Langat, Selangor

Contact: +6014-637 3979

Website: <http://hululangatfishingresort.com/>

Operating Hours: 10.00 am - 12.00 am (Monday-Sunday)

STAYCATION SPOTS

Ajlaa Village Resort

Ajlaa Village Resort, located nearby Mount Nuang, offers various activities for you to do when you have a weekend getaway at their resort. The activities that they offer are fishing, jungle trekking, waterfall walk, and so on. Be one with nature and join various interesting activities that are done at this resort.

Address: KM22 Sungai Lepoh Kampung Kuala, 43100 Hulu Langat, Selangor

Contact: +6019-498 2395

Website: <http://ajlaavillage.com/>

Operating Hours: 8.00 am - 10.00 pm
(Monday-Sunday)



Hulu Langat Homestay Eco Farm

Hulu Langat Homestay Eco Farm is the best place to have a short getaway from the hustle and bustle of KL city. This homestay offers an eco farm that houses plenty of animals where visitors can visit. This is a great place for the children to hang around and have fun while the grown ups can relax in this good location within the forest vicinity.

Address: Kampung Gemi, 43100 Hulu Langat, Selangor

Contact: +6012-202 2908

Website: <https://www.facebook.com/HuluLangatHomestayEcofarm/>



Dedaun Langat Resort

At Dedaun Langat Resort, visitors are able to relax and at the same time have some quality time with your loved ones. If you enjoy the outdoors and want to take the children to a natural area to explore during the weekends, this is the best place to go. The ambience of the resort is very welcoming and the scenery is surrounded by beautiful lush greenery.

Address: PT 86, Kampung Orang Asli, 43100 Hulu Langat, Selangor

Contact: +6011-5502 6056

Website: <https://www.facebook.com/DedaunLangatResort/>

Tanah Larwina

Tanah Larwina is a 3-acre orchard-cum-farm that serves as an environmental retreat. Rumah Tebing, the main glasshouse home, is located along the riverside and visitors get to listen to the calming sound of the streams. Take in the fresh and cooling air in the morning while enjoying the beauty of nature surrounding you during your stay.

Address: Batu 23, Jalan Sungai Lui, Kampung Paya Lebar, 43100 Hulu Langat, Selangor

Website: <https://www.tanahlarwina.com/>



VENTURE OUT OF KL TO THE WEST - SHAH ALAM-



Venture out of the hustle and bustle city of Kuala Lumpur and travel with us for 40 minutes to the west which is Shah Alam.

Shah Alam is known for their industrial hub. Due to the many industrial buildings such as factories and warehouses in Shah Alam, there are numerous expats that are currently working in these industrial areas, especially Japanese expats. Hence, there is an annual Bon Odori festival that is held in Shah Alam for the expats to feel like they are home and at the same time building a great relationship between the Malaysians and the Japanese. Apart from that, Shah Alam also offers a wide variety of eateries that are well worth a visit.

Shah Alam is only a short drive from Kuala Lumpur. There will be many interesting places to view along the route west from KL. Keep an eye out for the intriguing sights so you won't miss them. In addition, we will share with you intriguing destinations to see along the road! Check out interesting locations we suggest you see and visit in Shah Alam as well as on the road!

SIGHTSEEING

Taman Botani Negara Shah Alam

Spend a weekend with friends and family here at the Botanical Gardens by doing a variety of activities like biking, hiking, or just taking a walk in the park to enjoy nature. There are also fun activities you can do when you are there such as kayaking, archery and flying foxes. Entry is not more than RM3 per person to explore the natural beauty of Taman Botani Negara Shah Alam. Address: 4000, Taman Pertanian Malaysia, 40170 Shah Alam, Selangor
Contact: +603-5510 7048
Website: <http://www.tbnsa.gov.my/>
Operating Hours: 7.30 am - 4.30 pm (Tuesday-Sunday) / Closed on Monday

Sultan Salahuddin Abdul Aziz Mosque

The Sultan Salahuddin Abdul Aziz Shah Mosque is Selangor's state mosque which was built in 1983 under the late Sultan of Selangor's decree. It is also known as 'The Blue Mosque', with a magnificent blue dome that is the mosque's trademark. It is actually the country's largest mosque and also Southeast Asia's second largest mosque by capacity which can accommodate up to 24000 people at a time. The architecture of the mosque is a combination of traditional and modern, with Middle Eastern and traditional Malay design elements. Address: Persiaran Masjid St., Seksyen 14, 40000 Shah Alam, Selangor
Contact: +603-5519 9988
Website: <https://www.mssaas.gov.my/>

Shah Alam Lake Garden

Head over to Taman Tasik Shah Alam during the weekends for some recreational activities to do with your loved ones! The lake, as well as the amenities for recreation and relaxation, are the main draws here. There are water activities that they offer include paddle boats, kayak, canoeing and go for a cruise on their cruise boat! Address: Pesiaran Tasek, Seksyen 14, 40000 Shah Alam, Selangor
Contact: +603-5522 2834
Operating Hours: Open 24 hours



INSTAGRAMMABLE SPOTS

Laman Seni 7

The Shah Alam City Council is in charge of the collaborative street art project Laman Seni. Under the theme or concept of "Shah Alam Community," "Tourism Attractions," and "Green Concept," back alleyways of commercial and industrial sectors were transformed into street art lanes filled with 2D murals, 3D paintings, and 3D art installations.

Address: Jalan Plumbum R7/R, Seksyen 7, 40000 Shah Alam, Selangor
Contact: +6013-603 2411
Opening Hours: Open 24 Hours



Elmina Central Park

Elmina Central Park's recently constructed, eye-catching bridge is reminiscent of Kyoto's red Torii Gates. In addition to having a nice design, it was built for the convenience of park visitors who want to cycle, skate, and stroll. Yet, it makes for neat optical illusionary locations that are illuminated at night. And, don't forget to visit the nearby secondary Rainbow Bridge, which is only a short walk away.

Address: 176, Jalan Metafasa U16/3, 40160 Shah Alam, Selangor
Contact: +61-800-88-1118
Website: <https://www.simedarbyproperty.com/commercial/city-of-elmina>
Operating Hours: 24 hours (Monday-Sunday)



iCity Shah Alam

The i-City Theme park is a must-visit place when you visit Klang Valley as it is known as the city of lights by the locals. There are a variety of different rides and attractions at the theme park such as the WaterWorld, SnoWalk and so on. Apart from that, you can also take a stroll around the park while enjoying the City of Digital Lights that is decorated with 1 million multicoloured LED lights and take Instagrammable pictures if you do not plan on going on the rides.

Address: i-Gallery, Jalan Multimedia, i-City, 40000 Shah Alam, Selangor
Contact: +603-5521 8800
Website: <https://iticket.i-city.my/>
Operating Hours: 5.00 pm - 12.00 am (Monday-Sunday)



GRAB A BITE

Jibril SS15

Jibril restaurant is like a speakeasy kind because its door is quite hidden at the main entrance as the main entrance blends in with a wall. The ambiance of the restaurant is quite romantic and calming. Their signature dish at this restaurant is their well-known butter chicken. Besides that, they serve various other dishes and most of the food served there are delicious as well.

Address: 25, Jalan SS15/4B, SS15, 47500 Subang Jaya, Selangor
Contact: +6017-488 4300
Website: <https://jibrilss15.com/>
Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)

Hadramawt Kitchen Shah Alam-Middle Eastern Restaurant

Head over to Hadramawt Kitchen to indulge in some delicious and uniquely authentic Arabic cuisine. They offer a wide variety of choices for their Arab dishes, specifically Yemeni. Besides, the interior design of the restaurant is decorated in an authentic Yemeni way as well. We highly recommend you to visit to try out their delicious cuisine.

Address: Jalan Penguasa A U1/53A, Kawasan Perindustrian Temasya, 40150 Shah Alam, Selangor
Contact: +6011-1116 0307
Website: <https://www.facebook.com/hadramawtkitchen/>
Operating Hours: 12.00 pm - 11.30 pm (Monday-Sunday)



Foodsbury

Have a hearty and delicious meal at Foodsbury where they offer great food that is affordable. Apart from that, the place is cosy and they also provide board games for those who want to hang out and spend some quality time there. This is one of the best places to hang out with your friends or family while enjoying the delicious dishes.

Address: 24, Jalan Tengku Ampuan Zabedah A 9/A, Seksyen 9, 40100 Shah Alam, Selangor
Contact: +603-5523 5213
Website: <https://www.facebook.com/Foodsbury/>
Operating Hours: 12.30 pm - 10.00 pm (Friday-Wednesday) / Closed on Thursday

Capsicum Steamboat & Grill

Capsicum Steamboat & Grill offers an extensive choice of good ingredients for your steamboat such as fresh seafood, various types of meat and vegetables. They also have plenty of dipping sauces for you to choose from. It is one of the best steamboat places in town for you to visit with your family and friends as it is quite affordable for a steamboat!

Address: Capsicum Steamboat & Grill, Jln Klinik, Kampung Bukit Naga, 40460 Shah Alam, Selangor
Contact: +6018-265 5224
Website: <https://www.facebook.com/capsicumsg/>
Operating Hours: 6.00 pm - 12.00 am (Tuesday-Sunday) / Closed on Monday

MUST DO



Wet World Water Park Shah Alam

Get ready to have some fun under the sun at Wet World Water Park Shah Alam. Following a tropical island theme, the exciting slides and rides at the water park include the Super Hurricane, Monsoon Buster, Thunder River, Caribbean Rider and Whirlwind Escape. There are also a few children's wet playgrounds for the younger children to enjoy.

Address: 3A, Persiaran Dato Menteri, Seksyen 14, 40000 Shah Alam, Selangor
Contact: +603-5513 2020
Website: <https://wetworld.my/shah-alam/>
Operating Hours: 10.00 am - 6.00 pm (Friday-Monday) / Closed on Tuesday-Thursday

Snow Village@i-City

The Snow Village is a miniature version of i-City's Snow Walk. It is located in Central Walk i-City. Since everyone knows the i-City Theme Park, there are various attractions that can be found in Central Walk i-City as well. One of them is the Snow Village, which is only RM10 per entry! However, you can only experience being inside the 8°C room for only 10 minutes. It is also recommended to bring your own winter wear as it is not provided.

Address: centralWalk, i-City, Selangor Golden Triangle, 40000 Shah Alam, Selangor
Website: <https://www.i-city.my/themepark/>
Operating Hours: Open 24 hours

Shah Alam Community Forest Trail Head

The Shah Alam Community Forest Trail is the best place to trek along nature's beauty. Hike up to Mirror Lake, one of the highlights of the forest trail, for a spectacular view. Some parts of the hike are quite steep and challenging but it will be worth it once you get to the beautiful lake.

Address: Setia Eco-Park, 40170 Shah Alam, Selangor
Contact: +6011-3388 6483
Website: <https://www.facebook.com/groups/ShahAlamCommunityForest/>
Operating Hours: Open 24 hours

Mudtrekker Paintball Park

Get the feeling of an adrenaline rush and have some fun with a game of paintball! The Mudtrekker Paintball Park consists of five 'war zone' maps with different themes and landscapes for you to sharpen your tactical skills. The instructors are also very professional in briefing on the safety precaution as they are very particular about the participants' safety.

Address: Jalan Hijau Serindit U9/68, Seksyen U9, Cahaya SPK, 40150 Shah Alam, Selangor
Contact: +6016-323 1144
Website: <http://www.mudtrekker.com.my/>
Operating Hours: 10.00 am - 5.00 pm (Tuesday-Friday) / 9.00 am - 5.00 pm (Saturday & Sunday) / Closed on Monday



INTRODUCTION TO PUNCAK ALAM

Travel west beyond Kuala Lumpur for about 43 minutes till you reach Puncak Alam. Enjoy the lush greenery that can be seen along the route to Puncak Alam from KL. The Lebuhraya Utara - Selatan / E20 will take you to Puncak Alam for approximately 43 minutes from the heart of Kuala Lumpur.

The township of Puncak Alam is located in the northwest of Peninsular Malaysia. It is a small town that is easily explored in a single day. Puncak Alam is undoubtedly one of the most sought-after locations for travellers and residents to live, work, and engage in a wide range of other activities. Also, there are additional thrilling destinations close to the city as well.

Despite the lack of activities and sights to see in this town, we would like to share with you some intriguing must-see locations in Puncak Alam. You will definitely have a memorable day-trip to Puncak Alam with all the interesting locations to visit.

SIGHTSEEING

WEST



Eco Ardence

Eco Ardence, specifically at Maya Park, is the most beautiful local community park in Setia Alam. The park is open to the public and it provides various family-friendly recreational facilities for everyone to use. You can also rent a bicycle or scooter to roam around the park surrounded with a relaxing and peaceful ambiance. The landscape of the park is very pleasing to the eye and definitely Instagrammable!

Address: 40170, Persiaran Setia Alam, Setia Alam, 40170 Shah Alam, Selangor
Operating Hours: 6.00 am - 11.00 pm
(Monday-Sunday)

Dragonfly Park@Eco Grandeur

The landscape of the park is amazing as it looks like it is straight out of a movie. You could have a picnic there with your friends and family with a fantastic view of the park especially when you want to take an instagrammable picture. There is a jogging track that you can go through under the bridge and stroll around the park while looking at the stunning view of the scenery during sunset. They also provide exercise equipment throughout the park for the public to enjoy.

Address: Eco Grandeur, Persiaran Mokhtar Dahari, Bandar Puncak Alam, 42300, Selangor
Operating Hours: 10.00 am - 8.00 pm
(Monday-Saturday) / 7.00 am - 8.00 pm
(Sunday)

GRAB A BITE



Let's Seafood Out Puncak Alam

As you make your way to Puncak Alam from KL, don't forget to visit Let's Seafood Out Puncak Alam to try out their delicious seafood dishes. They offer a variety of mouthwatering and enticing seafood dishes that are affordable. This is a great place to dine in with your friends and family as it has a very relaxing ambiance to enjoy your hearty meal of delicious seafood.

Address: 31, Jalan Dataran Suria 15/7/1 Seksyen 15 Bandar Puncak Alam, 42300 Kuala Selangor, Selangor

Contact: +6017-607 7287

Website: <https://www.facebook.com/people/lets-seafood-out-puncak-alam-reload-ed/100063624157715>

Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)

The Ink Library Cafe

The Ink Library Cafe is a cafe with a library concept where you may browse a variety of publications while sipping on a fragrant cup of freshly brewed coffee. The cafe is situated at Grandeur Labs and provides a picturesque perspective for Instagram-worthy shots. They also offer delectable foods there as well.

Address: EcoWorld Gallery@Eco Grandeur, 42300 Puncak Alam 6332, B49, 47000 Sungai Buloh, Selangor

Contact: +6016-621 8171

Website: <https://www.facebook.com/inklibrarycafe/>

Operating Hours: 11.00 am - 10.00 pm (Tuesday-Sunday) / Closed on Monday

Restoran D'Niz Patin Oriee Puncak Alam

The wonderful Malay cuisine served at D'Niz Patin Oriee Restaurant will astound you. Many customers come to this restaurant for lunch since they serve fantastic curries and other delectable dishes like mixed rice and fried cuisine. We recommend you to arrive early because the restaurant will be crowded during lunch. You will undoubtedly enjoy eating their delectable Malay cuisine!

Address: 16, Jalan Dataran Suria 15/7/1, Bandar Puncak Alam, 42300 Bandar Puncak Alam, Selangor

Contact: +6018-265 0784

Website: <https://www.facebook.com/dnizpatin.oriee>

Operating Hours: 8.00 am - 12.00 am (Monday-Sunday)



MUST DO



Denai Alam Recreational and Riding Club

Experience having a horse riding session at Denai Alam Recreation and Riding Club. Apart from that, there are other recreational activities that you can join as well. You are able to meet and pet the horses and also rabbits and you could also visit a bird sanctuary filled with turkeys, hound chickens, and pigeons. This is definitely a great place to relax and spend time with your family while witnessing the horse galloping around the equestrian field.

Address: No 1, Jalan Elektron U16/100 Seksyen 16, Denai Alam, 40160, Selangor
Contact: +6010-240 2606
Website: <http://www.darchorse.com.my/>
Operating Hours: 8.00 am - 7.00 pm (Wednesday-Monday) / Closed on Tuesday



Bukit Cherakah Trailhead

Puncak Alam's Bukit Cherakah Trail should not be confused with the Bukit Cherakah at the Shah Alam Botanical Garden. When trekking, all you have to do is stick to the main track that is offered. You might need to use the ropes that were supplied to help you climb some of the steep paths throughout the route. When you get to the top, the view is really breathtaking. In reality, it takes about one hour and thirty minutes to get there. Mountain cyclists love to ride up the hill as well.

Address: Alam Suria, Bandar Puncak Alam, 42300 Kuala Selangor



Puncak Alam Golf Driving Range

If you have been wanting to try playing golf for an affordable price when compared to other locations in KL. You can also rent their golf clubs if you do not own one; they provide clubs for left handed people as well. Apart from that, there is also a restaurant where visitors can eat while enjoying playing golf. The food served there is affordable and delicious as well.

Address: Jalan, 42300 Bandar Puncak Alam, Selangor
Contact: +603-3392 0432
Website: <https://www.facebook.com/kgepn-golf/>
Operating Hours: 9.00 am - 12.00 am (Monday-Sunday)



EMERGENCY NUMBERS & USEFUL CONTACTS

Emergency Numbers



Police/Ambulance
Landlines & Public Phone : 999
(from mobile phone) 112



Fire and Rescue Department
(Bomba)
Landlines & Public Phone: 994
(from mobile phone) 112



Tourist Police Hotline
Tel: 03-2149 6590

Tourism Agency



Tourism infoline
Tel: 1 300 88 5050



PWTC
Tel: +603 2614 6999



KL Sentral
Tel: +603 2786 8080



MaTiC, Jalan Ampang
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Service Providers



Maxis
Tel: 1 800 82 1123



Celcom
Tel: +6019 601 1111



Digi
Tel: +6016 221 1800

Credit Card Provider



Visa
Tel: 1 300 967 1096



Mastercard
Tel: +603 2093 7771

Transportation Hub



KLIA
Tel: +603 8776 2000

Hentian Duta
Tel: +603 6203 3064



MyRapid
Tel: +603 2299
1999/2287/5959



Terminal Bersepadu
Selatan (TBS)
Tel: +603 9021 2000

EMERGENCY NUMBERS & USEFUL CONTACTS

Transportation

KLIA Limousine Service
Tel: +603 8787 3030

KLIA Ekspres
Tel: +603 2267 8000

Airport Limo/Taxi
Tel: +603 8787 3691

Rapid Transit

Mass Rapid Transit (MRT)
Tel: +1800 82 6868

KTM Commuter
Tel: +603 2272 2828

KTM Railway Service
Tel: +603 2273 8000

KTM (Booking Ticket)
Tel: +603 2274 3377

BRT Sunway Line
Tel: +03 7885 2585

Flight



Air Asia
Tel: +603 7809 6888



Air India
Tel: +603 2072 5055



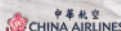
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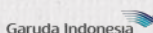
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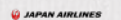
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Firefly
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Garuda Indonesia
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Japan Airlines (JAL)
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Royal Brunei
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Singapore Airline
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Thai Airways
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