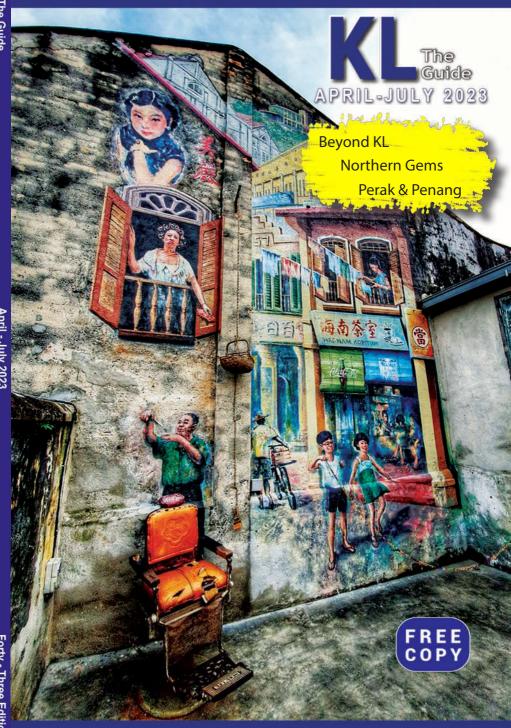
First Free Travel Guide In Malaysia



Kwai Chai Hong

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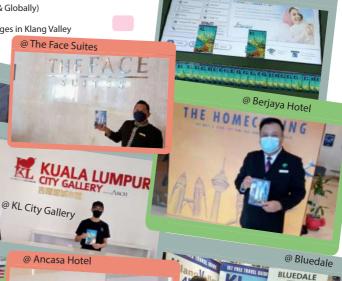
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MALAY LINGO

Everyday Expressions

How are you? I'm fine, thank you. My name is... Nice to meet you.

Can you speak English?

Goodbye Directions

How do I get to ...? Please draw me a map. Please write down the address.

Riaht Left

Straight ahead

Here There Front Back

Yes

Simple Questions

Where is the toilet? Where can I buy...? Where is the train station? Where are you going?

Common Words

No None Many Man Woman Ladies restroom Gents restroom Thank you

You are welcome Excuse me

Days Of The Week Monday Tuesday Wednesday Thursday Friday

Saturday Sunday

Months January

Januari **February** Februari March Mac April April May Mei June Jun

July August September October

November December

Awak apa khabar? Saya baik, terima kasih. Nama saya ialah... Gembira dapat berjumpa dengan awak. Adakah awak boleh bertutur

dalam Bahasa Inggeris? Selamat tinggal

Bagaimana saya nak ke...? Tolong lukiskan saya peta. Tolong saya tuliskan alamatnya Kanan

Kiri Terus Di sini Di sana Depan Belakang

> Di manakah tandas? Di mana boleh sava beli...? Di manakah stesen keretapi? Awak nak pergi mana?

Tidak Tiada Ramai Lelaki Wanita Tandas wanita Tandas lelaki Terima kasih

Sama-sama Maafkan saya

Ya

Isnin Selasa Rabu Khamis Jumaat Sabtu Ahad

> Julai Ogos September Oktober November Disember

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TRANSPORTATION





FROM KLIA & KLIA 2

Every day from 5AM to 12PM, the KLIA train provides a first-rate, high-speed airport transfer service to KLIA and KLIA 2. From the city centre, the KLIA Express will arrive at KLIA and KLIA 2 in just 35 to 40 minutes, respectively. A single-way ticket only costs RM55. If you book the Group Save Package, you will also save 25% off regular fares. Besides that, there is an Airport Coach bus that will cost around RM10 and operating hours are from 12.30 AM to 11.30 PM. All year long, from early in the morning until late at night, the Aero bus runs every five to twenty minutes. From KL Sentral, you can take a bus to KLIA or KLIA 2 and then back to the city centre. The running times are 6.45 AM to 6.45 PM, and the ticket is RM14.It offers a 10% discount in addition to a 5-star low-cost service. In addition, taxis are rather expensive while going from the city centre to the airport. The price ranges from RM80 to about RM200 if you are going with your family. Grab will cost from RM65 as it is a fixed rate for GrabCar to and fro Klang Valley to KLIA and KLIA2 and it will only take about 40 to 45 minutes. We highly recommend you to take Grab as it is more convenient and comfortable.



FROM SUBANG SKYPARK TERMINAL

SKYPARK Link trains transport passenger from KL Sentral to Subang Airport. It's an express train service in Kuala Lumpur. With an interval of 30 to 60 minutes, SkyPark Link now offers 32 daily services. It only costs RM3.50 per trip from Subang Airport to KL Sentral.



FROM PENANG INTERNATIONAL AIRPORT

Flights that depart from Penang Airport for Kuala Lumpur International Airport will take around an hour and it will cost between RM70 to RM650. Aside from that, taking the bus to KL from Penang is the least expensive option, with fares starting at RM50 to RM60. However, each trip from Penang to KL will take 7 to 8 hours to complete. Depending on the traffic, it will take 4 to 5 hours to drive from Penang to Kuala Lumpur.

FROM LANGKAWI INTERNATIONAL AIRPORT



There are flights that can transport you in around an hour and ten minutes from

Langkawi International Airport to Kuala Lumpur International Airport. The flights' base fares range from RM160 to RM200. Other than that, it won't take long for flights from Langkawi to Subang Airport to get to the destination - roughly around 58 minutes. From Langkawi, the bus fee to Kuala Lumpur ranges from RM118 to RM176 per person, including the cost of the ferry to the island.

FROM KOTA KINABALU INTERNATIONAL AIRPORT

Taking flights is the only option to travel to and from Sabah to KL. The flights will take about 2 hours and 25 minutes to travel from Kota Kinabalu International Airport (KKIA) to KLIA Airport, and prices range from RM380 to RM1380

FROM KUCHING

INTERNATIONAL AIRPORT

Flights will take about 2 hours and 45 minutes to get from Kuching International Airport to KLIA. 11 kilometres to the south of the city's heart is where you'll find Kuching International Airport. Malaysia Airlines, Air Asia, and Malindo Air are all operate flights that go to KL. Additionally, it takes 2 hours 23 minutes to fly from Kuching to Subang Airport, and prices range from RM 289 to RM 581.

Train

ALTERNATIVE WAY TO KL CITY CENTER

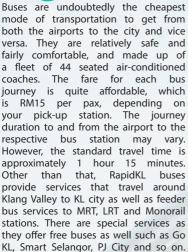
One of the fastest ways to travel from the airport to the city center is by the express train which takes approximately 28 minutes. However, the price for each ticket is quite expensive.

The express train travels between International Airports both KLIA & KLIA 2 to KL Sentral. You may purchase the train tickets online or head to its main station at KL Sentral. The service provides a free porter service at respective platforms and also high speed WIFI on board.

Apart from that, there are also other train services that will lead you to the city centre of Kuala Lumpur. The train services that are available are the MRT, LRT, KL Monorail and KTM.



Bus





Taxis are actually still available in Malaysia even though they are not commonly used these days as they are quite costly when compared to E-hailing services.

Hence, most locals avoid using taxis due to their high rates and non-standardized transportation. If passengers have no other choice, then it is advisable to ask the taxi driver beforehand if they can use the provided meter to get to a specific destination in order to avoid high fares. The fare is usually RM3 for the first 1km, and RM0.20 will be added to the fare for every subsequent of 150 meters.



E- Hailing Service



In Malaysia nowadays, e-hailing services are among the most widely used modes of transportation. Due to its high reliability and accessibility through a user-friendly mobile app, the e-hailing service is frequently used by both locals and tourists, making it one of the quickest methods to go to a given place if there isn't a lot of traffic. The set prices that are published even before you make a reservation so that you can budget the exact amount are one of the finest reasons to utilise the e-hailing service, they are typically already insured by accident insurance. Nowadays, there are various applications that offer E-hailing services such as GraCar, AirAsia Ride, MyCar, InDriver, Kumpool and many more!

CAR RENTALS



CAR RENTALS

Car Rental Association Malaysia (CRAM), also known as Persatuan Sewaan Kereta Malaysia, objective to promote, project, safeguard the members' interest to act as a conduit between the pertinent regulatory authorities (private public) in all things pertaining to the car rental sector and its connected and allied businesses. Basically, they are one of the trusted car rental associations in Malaysia. Hence, we have prepared for you a list of car rental services.



GoSo Rent A Car KLCC

Address: Wisma UOA centre, 19, Jalan Pinang, 50450 Kuala Lumpur. Contact: +6012-655 2677 Website:https://www.gosorentacar. com/ Operating Hours: Open 24 hours



Euro Rent A Car

Address: Block A, No. 10, Unit No. A204, Ground Floor Glomac Business Centre, 1, Jalan SS 6/3, 47301 Petaling Jaya.

Contact: +603-7880 1834

Website: https://euro-rentacar.com.

my/public/

Operating Hours: 9.00 am - 5.00 pm (Monday- Sunday)

SOCAR

SoCar

Address: Unit 15-2, Level 15, Wisma UOA Damansara II, No. 6 Changkat Semantan, 50490 Damansara Heights, Kuala Lumpur

Contact: +603-2271 3894 Website: http://socar.my/



Galaxy Asia Car Rental

Address: 117, Jalan 3/93, Taman Miharja,

55200 Kuala Lumpur. Contact: +6012-368 0117

Website: https://www.rentalscarasia.com/ Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)

Sime Darby Rent A Car

Address: 3rd Floor, Block B, Jalan 219, Seksyen 51A, 46100, Petaling Jaya. Contact: +603-7650 8100 Website: https://www. simedarbycarrental.com





Mayflower Car Rental

Address: Mayflower Building, 18, Jalan Segambut Pusat, Taman Segambut, 51200 Kuala Lumpur.

Contact: +603-6253 1888

Website:https://mayflowercarrental.com/

Operating Hours: 8.30 am - 6.00 pm

(Monday-Friday) / Closed on

Saturday & Sunday

INTRODUCTION TO KUALA LUMPUR

Kuala Lumpur, the capital of Malaysia, is renowned for its magnificent skyscrapers and other exquisite examples of modern architecture. We all know that Malaysia has a diverse population, therefore KL city offers a variety of cultural attractions for you to explore. Malaysia's capital city, Kuala Lumpur, spans a territory of around 243 square kilometres. It is also regarded as one of the urban areas in Southeast Asia that is seeing both a significant increase in population and economic growth. At the moment, it is the ninth most visited city worldwide. Approximately 2.0 million people or 25% of Malaysia's total population, called Kuala Lumpur home as of 2021. From 2010 to 2020, Kuala Lumpur's annual population change climbed gradually by 2.2%. The city is situated at the confluence of the Gombak and Klang Rivers and is not far from Peninsular Malaysia's western coast. It is located 300 kilometres northwest of Singapore and roughly 40 kilometres east of the Strait of Malacca. In addition, it is situated in the state of Selangor's administrative centre.

Did you know that Kuala Lumpur's name in Malay means 'muddy estuary'? This is so because the Klang and Gombak rivers converge in KL City. The Federal Territory of Kuala Lumpur, one of Malaysia's three Federal Territories besides Putrajaya and Labuan, is situated along the state of Selangor's central west coast. KL has hosted many major sport, political and cultural events throughout the years, most notably the 1998 Commonwealth Games and the 2017 SEA Games.

Last but not least, Malaysia's Gross Domestic Product (GDP) increased 5.0% in the first quarter of 2022, supported by higher domestic demand, and is projected to increase by 320.00 USD billion by the end of 2022. The monthly economic performance from January to March 2022 demonstrated stronger growth. In January 2022, the GDP increased by 4.3%. In February and March 2022, it increased by 5.2% and 5.4%, respectively. According to the current state of the economy, the first quarter of 2022's economic performance outperformed the same period in 2019 by 5.2%, or RM17.9 billion.



10 FUN FACTS

1. Meaning of Kuala Lumpur

In Malay, Kuala Lumpur means "muddy confluence"; Kuala is the location of a river's confluence or an estuary, and lumpur is "mud". It is where the Gombak and Klang rivers meet. Before 87 Chinese tin miners rushed up the Klang River and established a settlement at the river's muddy confluence in 1857, Kuala Lumpur had not yet been constructed. The name Kuala Lumpur was soon born from this.



4. Malaysian Government is in Putrajaya

The Malaysian Government is located in Putrajaya, instead of the capital city. Putrajaya is home to many government offices and it serves as the country's administrative and judicial capital.



2. Parliamentary Democracy System

Malaysia is a constitutional monarchy that practises parliamentary democracy. The ruler of the country is His Majesty the King. The most significant institution in a nation that upholds democratic values is the parliament.



3. World's Tallest Twin Towers is in KL

The Petronas Twin Towers are the world's tallest twin towers until 2022.

However, it is one of the tallest buildings in Malaysia until Merdeka 118 that had recently surpassed it.



5. The Malaysian King lives in KL at Istana Budaya

Istana Negara, also known as the National Palace, is the Yang di-Pertuan Agong's official residence, and it is situated on Jalan Duta in Kuala Lumpur.

6. Yang di-Pertuan Agong is an Elected Monarch

Even though Malaysia does not have an absolute monarchy, the Conference of Rulers elects the Yang di-Pertuan Agong for a five-year term in a special rotational arrangement. The Conference of Rulers chooses the Agong from among the Malay rulers. The Third Schedule of the Constitution and the Regulations of the Conference of Rulers both clearly outline the process and procedure for the election.



8. KL Was the First Country in Asia to Host the Commonwealth

Kuala Lumpur in Malaysia served as the first Asian city to hold the games in 1998. The 2010 Games took place in Delhi and were staged in Asia once more.



10. KL is The Retail and Fashion Hub of Malaysia

Malaysia as a whole, is home to over 350 shopping malls and the shopping paradise is located in the bustling hub of Kuala Lumpur. Kuala Lumpur's shopping malls have a plethora of brands representing fashion, lifestyle, sports and home goods.



7. Home To The Second Tallest Tower in the World

Do you know that the Merdeka 118 Tower is the second tallest building in the world? It is the new tallest building in Malaysia, with a height of 678.9 metres with 118 storeys. It is called Merdeka 118 as it has 118 floors in the building. The building is said to be opened in 2023. The design of the building was resembled and inspired by Tunku Abdul Rahman's outstretched hand gesture when he was chanting 'Merdeka!' during Malaysia's independence day.



9. Hosted the SEA Games in 2017

Kuala Lumpur was recognised for holding the 2017 Sea Games back in 2017. It not only elevated the nation's reputation but also became the leading medal total at the time.



HISTORY OF KUALA LUMPUR



When tin miners went to the Klang river in Ampang to prospect the region for some miners, they took advantage of the dual valleys of the rivers Gombak and Klang and gave the area its name, which in Malay means "muddy confluence". Thus, Kuala Lumpur's name was created. Here is a look at Kuala Lumpur's history in chronological order.



87 tin miners searched the Kuala Lumpur region for rich tin supplies before discovering enormous reserves in Ampang.

As Kuala Lumpur grew quickly, more miners from various locations arrived and settled there. Due to the population growth, there were numerous disputes and gang fights among the populace.

New miners from other locations moved to the area and settled there as Kuala Lumpur started to grow quickly. There were numerous disputes and gang battles among the populace as a result of the population growth.

Frank Sweetenham, a British envoy, had created a city plan to modernise Kuala Lumpur.

Kuala Lumpur became the capital town in the state of Selangor.

Following the union of the four state's sultans, Kuala Lumpur was chosen as the Federated Malay State's capital.

The first train station in Kuala Lumpur was restored and created by Arthur Benison Hubback, the most productive and gifted British colonial architect.

The city came under Japanese occupancy during World War II.	1942
Kuala Lumpur then became the capital in the Federation of Malaya.	1946 Kr at a glance
Malaysia celebrated its Independence Day on August 31 and the British decided to leave the country after 151 years of administration.	1957
KL's population increased to roughly 500,000, and this brought with it its own unique set of administrative problems.	1960
Kuala Lumpur then became the capital city of Malaysia.	1963
There was a conflict between the Malay and Chinese which caused a full-fledged civil war to break out.	1969
Being given city status made Kuala Lumpur the first town in Malaysia to accomplish so following independence.	1972
Kuala Lumpur owned its status as Federal Territory with its own government for itself.	1974
Thanks to Dr. Mahathir, who served as prime minister at the time, Kuala Lumpur and the rest of the nation were modernised under his "Vision 2020" programme.	1981
Then Malaysia's federal administrative capital was relocated to Putrajaya.	1999

5 TIPS EVERY TRAVELLER SHOULD KNOW BEFORE VISITING KUALA LUMPUR

1. Beware of scammers



When travelling in KL, it is advised to beware and don't be a scam victim. You should be extra careful on bogus calls and messages from unknown and suspicious numbers that are claiming to be from government services. These days, scammers often pose as real businesses and attempt to trick others into believing them, making others provide important information to these scammers. If you encounter any scamming syndicate, it is mandatory to report them by dialling 997.

2. Make sure taxi drivers switch on their taxi metres



It is required for taxi drivers to switch on their taxi metres by the time you start your journey. You are able to step out of the taxi and find another one if they refuse to do so. This is because charging a passenger without utilising the metre is prohibited.

3. Do not walk in dark alleys



Although KL is known for its happening night life, it can be quite sketchy in some areas. It is highly recommended to walk in groups and not be alone, especially in poorly lit streets. You do not want to be a victim of robbery!

4. Pack outfits that are suitable for hot weathers



The tropical part of Malaysia faces oppressive heat all year round with average temperatures of 30°C. You just really need to pack a pair of flip-flops and a pair of shoes to deal with some light, loose-fitting cotton apparel. To prepare for Malaysia's inclination to maintain the air conditioning at frigid venues, notably in buses, trains, and shopping malls, pack a hoodie or lightweight jacket as well. You should also be ready to pack an umbrella wherever you go because rain is quite unpredictable here.

5. Malaysia is a dazzling diverse country



Kuala Lumpur is multi-ethnic but primarily Islamic, with ethnic Chinese, Tamil Indians, and a dozen indigenous communities known as 'orang asli' residing there alongside ethnic Malay Muslims. This suggests that red lantern-adorned Chinese temples cohabit with mosques, churches, and Hindu temples. Bahasa Malaysia, Mandarin, and Tamil are the three principal



Petronas Twin Towers

In Kuala Lumpur, there is an 88-storey skyscraper called the Petronas Twin Towers. It also goes by the name KLCC 1998 Twin Towers. From until when it was exceeded by other taller buildings in other nations, they were the tallest structures in the world. At 451.9 metres, it is still the tallest twin towers in the world. It continues to well-known landmark in Malaysia and is especially beautiful at night.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City

Centre, 50088 Kuala Lumpur Contact: <u>+603-2331 8080</u>

Website: https://www.petronastwintowers.

com.my/

Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)

National Monument

The National Monument commemorates those who died as a result of the Malayan Emergency and the Japanese occupation of Malaysia during World War II, which lasted from 1948 to 1960. It was constructed as a memorial to honour those who gave their lives in defence of their nation. The National Monument is situated in Kuala Lumpur's Federal Territory.

Address: Perdana Botanical Garden, Jalan Parlimen, Kuala Lumpur City Center, 50480

Kuala Lumpur.

Operating Hours: 7.00 am - 6.00 pm

(Monday-Sunday)



ICONIC LANDMARKS

KL Tower

Menara Kuala Lumpur, the seventh-tallest telecommunications tower in the world, is also the tallest building in Southeast Asia. The tower was built to improve communications and broadcasting across the nation. The Atmosphere 360° restaurant, the Mega View Hall for meeting and seminars/private functions like weddinas, Blue the Aguarium, the KL Tower Mini Zoo, the KL Upside Down House, the Observation Deck, the Sky Deck, the Sky Box, the Sky Cafe, and the new Tower Walk 100 are just a few of the amenities included in the tower.

Address: No. 2 Jalan Punchak Off, Jalan P.

Ramlee, 50250 Kuala Lumpur Contact: +603-2020 5444

Website: https://www.menarakl.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



Dataran Merdeka

Prior to becoming Merdeka Square, the area was known as the Selangor Club Padang. It is today regarded as one of Malaysia's most significant historical sites. The Sultan Abdul Samad Building is directly in front of Merdeka Square. In addition, this is where you can see the 100-meter-tall flagpole that is both the tallest in Malaysia and the entire world. Here in Merdeka Square, Malaysians commemorate their independence day each year.

Address: Jln Raja, City Centre, 50050 Kuala

Lumpur.

Operating Hours: Open 24 hours

ICONIC LANDMARKS



Chinatown

A must-visit place in Kuala Lumpur is Chinatown, popularly known as Petaling Street. As you move along the street, you will see stalls and shops on both sides. It includes a wide range of products, including apparel, footwear, accessories, many regional specialties, and more. The prices of everything on Petaling Street are really reasonable. As a result, this is the ideal location for you to go shopping. The majority of the goods on Petaling Street are knockoffs of well-known brands that are offered at low prices. Most of the stalls allow customers to try to haggle.

Address: Jalan Petaling, City Centre, 50000 Kuala Lumpur.

Contact: +603-2032 5988

Operating Hours: 8.00 am - 8.00 pm

(Monday-Sunday)





Central Market

Find some fascinating antiquities and gems by visiting the Central Market, commonly known as Pasar Seni. This is where you may find all different kinds of Malaysian arts and crafts from diverse cultures. In the heart of Kuala Lumpur, the Central Market is close to a variety of transportation options.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur.

Contact: +603-2031 0399

Website: http://www.centralmarket.com.

my/about.php

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)

Bukit Bintang

In the centre of KL city, Bukit Bintang is a busy avenue that is home to shops and upscale clothing stores. Along Changkat Bukit Bintang Boulevard, there are outdoor bars and live music venues, while Jalan Alor is a bustling street famed for a variety of food vendors providing regional dishes including clam soup and buttered prawns. You can walk to all of these locations because they are so close to one another.

Address: Jalan Bukit Bintang Operating Hours: Open 24 hours

Bangunan Sultan Abdul Samad

The 1894-built Sultan Abdul Samad Building is situated directly in front of Merdeka Square. Originally houses all of the British government's administrative offices, it is currently home to the Malaysian Ministries of Communications and Multimedia and Tourism and Culture. The renowned structure from the late 19th century is the finest location for Instagrammable photos because of its gorgeous architecture.

Address: Jln Raja, Kuala Lumpur City Centre, 50050 Kuala Lumpur. Website: https://www.selangor.gov.my/

Operating Hours: Open 24 hours

National Monument

The Malayan Emergency and the Japanese occupation of Malaysia during World War II, which lasted from 1948 to 1960, are the two main causes of the deaths that the National Monument honors. It was built to commemorate those who have sacrificed themselves for their country. The National Monument is located in the Federal Territory of Kuala Lumpur.

Address: Perdana Botanical Garden, Jalan Parlimen, Kuala Lumpur City Center, 50480 Kuala Lumpur.

Operating Hours: 7.00 am - 6.00 pm (Monday-Sunday)



The Old Court House

The Old High Court Building, a substantial courthouse complex, is located in Merdeka Square. The national judicial system's several courts were housed here. When the Sultan Abdul Samad Building underwent renovation in 1984, the Supreme Courts and several of the High Court's hearing rooms were relocated there. The complex is around 4 kilometres from the court system's old location, which was a collection of colonial buildings near to Merdeka Square in Segambut along Jalan Duta.

Address: Kuala Lumpur City Centre, 50050 Kuala Lumpur,

HISTORICAL SITES



Masjid Jamek

The Masjid Jamek, also known as the Sultan Abdul Samad Jamek Mosque, is one of the oldest mosques in Kuala Lumpur. Its distinctive Islamic architecture combines Mughal and Moorish elements. You may see the mosque when you visit the River of Life; it is accessible via Jalan Tun Perak and located where the Gombak and Klang rivers meet. The mosque was built in 1909 by Arthur Benison Hubback using Indo-Saracenic architectural design. The locals also refer to it as the Friday Mosque.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur. Contact: +603-2691 2829 Website: https://www.facebook.com/ Jamekmosque2/ Operating Hours: 5.30 am - 9.30 pm

(Monday-Sunday)



Carcosa Seri Negara

In Kuala Lumpur Lake Gardens, there is a Malaysian historical structure called the Carcosa Seri Negara. During the colonial era, the British High Commissioner lived in Carcosa. It was constructed more than a century ago, and in the early 1980s, it was converted into a hotel. A few kilometres from Kuala Lumpur's centre, Carcosa is surrounded by lovely landscape gardens on all sides. Her Majesty Queen Elizabeth II and Prince Philip have both stayed at the Carcosa.

Address: Taman, Persiaran Tuanku Ja'afar, Taman Tasik Perdana, 50480 Kuala Lumpur. Contact: +603-2295 0888 Website: https://www.carcosa.com.my/

HISTORICAL SITES

Merdeka Square

KL's most well-known landmark is Merdeka Square. It is called Dataran Merdeka and it is situated in front of the Sultan Abdul Samad Building. In the colonial heart of Kuala Lumpur, where the remnants of the British empire are notably evident, Merdeka Square boasts a sizable field with immaculately kept green lawns and a centrepiece with the highest flagpole in the world proudly bearing the Jalur Gemilang (Malaysian flag). The field that now makes up Merdeka Square, which is situated at the intersection of Jalan Tuanku Abdul Rahman and Jalan Raja Laut, was formerly the Selangor Club cricket ground. Apart from that, Malaysians celebrate their independence day every year in Merdeka Square.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Operating Hours: Open 24 hours



Tun Hussein Onn Memorial

The late Tun Hussein Onn, who served as Malaysia's third prime minister from 1976 to 1981, is remembered in the Kuala Lumpur museum known as the Tun Hussein Onn Memorial. There are several exhibitions that present the third Prime Minister's relevant good and provide helpful information from each exhibit.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur. Contact: +603-2072 7870 Website: http://www.arkib.gov.mv/web/ guest/homeOperating Hours: 9.00 am -

5.00 pm (Tuesday-Thursday, Saturday & Sunday) / 9.00 am - 5.00 pm (Friday)

/ Closed on Monday

Istana Negara



Yang-di Pertuan Agong, the ruler Malaysia, initially resided there as his official residence from 1957 to 2011. The old royal residence of the Malaysian King and Queen is now on display for visitors to see at a museum. Large golden domes that are ideal for your iconic are part of its gorgeous Islamic-style architecture, which is what makes it so alluring.

Address: Jalan Tunku Abdul Halim, bukit Damansara, 50480 Kuala Lumpur Contact: +603-6200 1000 Website: https://www.istananegara.gov. my/Operating Hours: 9.00 am - 5.00 pm (Monday-Sunday)

Rumah Penghulu Abu Seman

One of the oldest traditional homes still standing, Rumah hulu Abu Seman was constructed between 1910 and the beginning of the 1930s. You can sign up for guided tours that include a brief introduction to the traditional Malay way of life and its culture, as well as videos that illustrate how it was relocated and restored. What makes it stunning is the contrast between the traditional house and the contemporary city of KL.

Address: Badan Warisan Malaysia, 2, Jalan Stonor, Kuala Lumpur, 50450 Kuala Lumpur. Contact: +603-2144 9273 Website: https://badanwarisanmalavsia.org/visit-us/rumah-penghulu-abu-Operating Hours: 10.00 am - 5.00 pm (Tuesday-Friday) / Closed on Saturday-Monday



National Museum of Malaysia

The best museum in Malaysia acts as a repository for the culture and heritage of the country. The museum was built in 1963, and its exterior has two striking front murals and a roof in Minangkabau style. A collection of keris, or the Malay dagger, musical instruments, ceramics, and other artefacts are displayed in the museum's four main galleries. At 10.00 AM, the museum offers free, multilingual guided tours.

Address: Jabatan Muzium Malaysia, Jalan Damansara, Perdana Botanical Gardens, 50566 Kuala Lumpur. Contact: +603-2267 1000

Website: http://www.muziumnegara.gov.

my/



Islamic Art Museum

Islamic arts and crafts are displayed in the Islamic Arts Museum Malaysia, which is located in Kuala Lumpur. The museum was formally inaugurated on December 12th, 1998. With exhibitions of more than 7,000 Islamic artefacts from around the world, this museum is the largest museum of Islamic arts in SouthEast Asia.

Address: Islamic Arts Museum Malaysia, Jalan Lembah, Tasik Perdana, 50480 Kuala Lumpur.

Contact: +603-2092 7070 Operating Hours: 9.30 am - 6.00 pm

(Monday-Sunday)

MUSEUMS AND MEMORIALS



Telekom Museum

The Telekom Museum is where you can learn more about the history of Malaysia telecommunications. In this museum, you are able to find antique telephone sets that were used in the past before. The museum is very informative and inspiring as you will get to gain information about the revolution of telecommunications and understand how people communicate back then.

Address: Jalan Raja Chulan, Kuala Lumpur, 50200 Kuala Lumpur. Contact: +603-2031 9966 Operating Hours: 9.00 am - 5.30 pm (Monday-Friday) / Closed on Saturday & Sunday



Museum of Asian Arts

The Museum of Asian Arts, located in Kuala Lumpur, is a museum that showcases various arts and crafts from all over Asia. Each exhibit has its own uniqueness and it also includes a brief explanation of its origin as well as its history.

Address: Jalan Ilmu, 50603 Kuala Lumpur. Contact: +603 - 7967 3805 Website: https://museum.um.edu.my/ Operating Hours: 8.30 am - 5.00 pm (Monday-Thursday) / 8.30 am - 5.00 pm (Friday) / Closed on Saturday & Sunday

MUSEUMS AND MEMORIALS



Memorial Negarawan

Memorial Negarawan memorial is a dedicated Malaysian to the seven statesmen that played a significant role in the Malaysian independence. It is also where they keep a collection of the statesmen's personal belongings. to commemorate and remember all the services and contributions of these prominent figures to the nation and the country.

Address: Jalan Dato Onn, 50480 Kuala Lumpur.

Contact: +603-2604 0559

Operating Hours: 8.00 am - 5.00 pm

(Saturday-Thursday)/8.00 am - 5.00 pm

(Friday)



Tunku Abdul Rahman Putra Memorial

The enormous Tunku Abdul Rahman Putra Memorial in Kuala Lumpur honours the life and accomplishments of Malaysia's first Prime Minister. The memorial, which is located along Jalan Dato Onn, is flanked by a gorgeous garden scene, his official residence, and two more blocks of buildings that contain a sizable collection of his personal belongings and papers.

Address: Jalan Dato Onn, Kuala Lumpur,

50480 Kuala Lumpur. Contact: +603-2694 7277

Operating Hours: 9.00 am - 5.00 pm

(Saturday-Thursday) / 9.00 am - 12.00 pm,

3.00 pm - 5.00 pm (Friday)



Tun Hussein Onn Memorial

The late Tun Hussein Onn, who served as Malaysia's third prime minister from 1976 to 1981, is remembered in the Kuala Lumpur museum known as the Tun Hussein Onn Memorial. There are several exhibitions that present the third Prime Minister's relevant goods and provide helpful information from each exhibit.

Address: Jalan Dato Onn, Kuala Lumpur, 50480 Kuala Lumpur.

Contact: +603-2072 7870

Operating Hours: 9.00 am - 5.00 pm (Tuesday-Thursday, Saturday & Sunday) / 9.00 am - 5.00 pm (Friday) / Closed on Monday Website: http://www.arkib.gov.my/web/

quest/home



P. Ramlee Memorial House

The P. Ramlee Memorial Gallery welcomed guests on March 22, 1986. Tan Sri P. Ramlee's contribution to the art world was to be recognised, and national arts and cultures were to be promoted via research and study. Later, Tan Sri P. Ramlee's home was refurbished and turned into a gallery where he kept his memorabilia and data about the regional film and music businesses.

Address: 22, Jalan Dedap, Taman P Ramlee, 53000 Kuala Lumpur.

Contact: +603-4023 1131

Operating Hours: 10.00 am - 5.00 pm (Tues-

day - Sunday) / Closed on Monday



MODERN ARCHITECTURAL BUILDINGS

Merdeka 118 The Merdeka 118 is currently the second-tallest With world's structure. a height of 678.9 metres and storeys, it is the newest highest structure in Malavsia. The building is known Merdeka 118 since it has 118 levels. The structure is about to debut in 2023. The beautiful architecture of the structure was modelled after and was inspired bv Tunku Abdul Rahman's hand gesture during the chanting of "Merdeka!" on Malaysia's Independence Day.

Address: Jalan Hang Jebat, City Centre, 50150 Kuala Lumpur. Contact: +603-2050 5100 Website: https://www.merdeka118.com/ office/ Operating Hours: 9.00 am - 9.00 pm (Tuesday-Sunday) / Closed on Monday



There is an 88-storey skyscraper in Kuala Lumpur called the Petronas Twin Towers. It is also known as KLCC Twin Towers. They held the title of being the tallest structure in the world from 1998 to 2004, when it was surpassed by other taller buildings in other countries. It still remains the world's highest twin towers at 451.9 metres. In Malaysia, it is still a well-known landmark and is especially stunning at night.

Address: Concourse Level, Petronas Twin Tower, Lower Ground, Kuala Lumpur City Centre, 50088 Kuala Lumpur Contact: +603-2331 8080 Website: https://www.petronastwin towers.com.my/

Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)



Ilham Baru Tower

On Jalan Biniai in Kuala Lumpur, there skyscraper called Ilham The skyscraper has 58 storeys and is 274 metres high. It is the sixth-tallest skyscraper in Malavsia and was completed in 2015. The result protracted rigorous and process form-finding is the Ilham Tower. This office suites. tower comprises 4-star hotel. an art gallery, aift shop and food and beverage outlets.

Address: ILHAM Tower, 8, Jalan Binjai, 50450 Kuala Lumpur Contact: +603-2181 8626

Website: http://www.ilhamtower.com/



Equatorial Plaza

This stunning architecture in KL called Equatorial Plaza houses a hotel, restaurants, bank and a business centre. This is a 230-metre tall building with 55 floors. The interior design is modern and beautifully designed as well. Apart from that, this building is situated in the heart of the golden triangle

Address: Lot 1217, Seksyen, 57, Jalan Sultan Ismail, 50250 Kuala Lumpur Contact: +60 3 2789 7777 Website: https://equatorialplaza.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

MODERN ARCHITECTURAL BUILDINGS



Saloma Bridge

A 69-metre-long pedestrian bridge that connects two areas is called Pintasan Saloma. Since it links Kampung Baru and KLCC, the bridge is close to both the Petronas Twin Towers and the LRT Kampung Baru. The bridge comes alive at night thanks to its captivating and colourful lights, especially when the KL skyline is in the background. Consequently, this lovely and imaginative edifice is the ideal setting for amazing OOTD photos.

Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur.



The Malaysian Hajj Pilgrims Fund Board's main office is located in the 38-storey, 152-metre-tall Tabung Haji Tower in Kuala Lumpur. The skyscraper was finished in 1984 and was created by the architect Hijjas Kasturi. The curved and tapering elevation of Tabung Haji Tower, which was unusual at the time, is one of its defining and iconic features.

Address: JIn Tun Razak, 50450 Kuala Lumpur. Contact: +603-2054 2000 Website: https://www.tabunghaji.gov.my/ Operating Hours: 9.00 am - 4.00 pm (Monday-Friday) / Closed on Saturday & Sunday



Permata Sapura Tower

The Permata Sapura Tower is a 252metres-high tower with 53 floors in it. The tower was recently opened in 2020 and it is a one-minute walk from The Aguaria KLCC. design of building was actually inspired the peak of the tallest mountain in Malaysia which is Mount Kinabalu.

Address: Suria KLCC, Level 2, Jalan Pinang, 50088 Kuala Lumpur. Contact: +603 2161 7228 Operating Hours: 7.00 am - 10.00 pm (Monday-Sunday)



Vortex Tower The Vortex Tower is a skyscraper designed bv Ken Shuttleworth.The building have risen to a height of 300 metres with 70 stories. The Vortex Tower was intended to built on the eastern edge of the City of London but was never completed.

Address: No.12, Jalan Sultan Ismail 50250 Kuala Lumpur Contact: +6017-679 3834

Website: https://www.vortextower.com/



Thean Hou Temple Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur.

Contact: +603-2274 7088

Website: https://www.facebook.com/

theanhoutemple/

Operating Hours: 8.00 am - 10.00 pm

(Monday-Sunday)



Saloma Bridge Address: Saloma Link, Lorong Raja Muda Musa 3, Kampung Baru, 50300 Kuala Lumpur. Operating Hours: Open 24 hours



Bukit Tunku Photo View Address: Changkat Tunku, Taman Duta, 50480 Kuala Lumpur. Operating Hours: Open 24 hours



Kwai Chai Hong Address: Lorong Panggung, City Centre, 50000 Kuala Lumpur. Contact: +6012-316 6212 Website: https://www.kwaichaihong.com/ Operating Hours: 9.00 am - 12.00 am (Monday-Sunday)

PHOTOGRAPHY SPOTS



Jalan Alor Street Art Address: 64, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur. Contact: +603-2110 5670 Operating Hours: Open 24 hours



Sky Deck KL Tower Address: Menara Kuala Lumpur No. 2 Jalan Punchak Off, Jalan P. Ramlee, 50250

Kuala Lumpur

Contact: +603-2020 5444

Website: https://menarakl.com.my/ Operating Hours: 9.00 am - 10.00 pm

(Monday-Sunday)



The Federal Territory Mosque Address: Jln Tuanku Abdul Halim, Kompleks Kerajaan, 50480 Kuala Lumpur, Contact: +603-6201 8791 Website: https://www.masjidwilayah.gov.my/ Operating Hours: 10.00 am - 4.00 pm (Saturday-Thursday) / 10.00 am - 4.00 pm (Friday)

ART GALLERIES



National Art Gallery

The National Art Gallery, which is also called Balai Seni Negara, is a public art gallery located in Jalan Tun Razak. It is free admission to those who want to visit the gallery. This gallery displays paintings, sculptures, batik and also other forms of art made by local artists.

Address: 2, Jalan Temerloh, Titiwangsa, 53200 Kuala Lumpur. Website: https://www.artgallery.gov.my/ Operating Hours: 9.00 am - 5.00 pm (

Monday-Sunday)



Ilham Gallery

The Ilham Gallery is located at Servcorp-Ilham Tower in Kuala Lumpur. It is a gallery which showcases Asian contemporary and modern artworks. The artworks in this gallery includes paintings and sculptures as well as a gift shop.

Address: Levels 3 and 5, Ilham Tower, 8, Lrg Binjai, 50450 Kuala Lumpur. Contact: +603-2181 3003 Website: http://www.ilhamgallery.com Operating Hours: 11.00 am - 7.00 pm (Tuesday-Saturday) / 11.00 am - 5.00 pm (Sunday) / Closed on Monday



Wei-Ling Gallery houses a number of works by Malaysian contemporaries. Other than that, there are also distinctive and historical charms as well. The gallery is really admirable, from the gallery's architectural design to the calibre of the artwork on show.

Address: 8, Jalan Scott, Brickfields, 50470 Kuala Lumpur. Contact: +603-2260 1106 Website: https://weiling-gallery.com/ Operating Hours: 10.00 am - 6.00 pm (Tuesday-Friday) / Closed on Saturday-Monday



The Urban Museum at Jalan Bedara, often known as Ur-Mu, is a purpose-built museum of contemporary art that displays hand-picked works of art and unusual items from a private art patron's collection. Over 100 works by artists, mostly from Malaysia and the surrounding region, are on display in the museum, which showcases the collector's broad taste.

Address: 3, Jalan Bedara, Bukit Bintang, 50200 Kuala Lumpur. Contact: +603-2110 3004 Website: https://www.ur-mu.com/ Operating Hours: 10.00 am - 8.30 pm (Tuesday-Sunday) / Closed on Monday

PARKS & GARDENS IN KI



Despite the fact that Kuala Lumpur is a busy metropolis, it is also home to a large number of parks and gardens. You can visit these parks and gardens if you want to get away from the busy metropolis and find some peace of mind. When you are surrounded by vegetation, become one with nature and take a deep breath of fresh air. Golden hour views of the Kuala Lumpur skyline are also available as you stroll through the parks and gardens in the city centre.

If you've had a busy week and are feeling stressed out, stop by one of these parks in KL for some fun activities with your loved ones. It will make them smile that you took the time to spend quality time with them after a busy week. The parks and gardens in KL are an ideal setting for you to unwind with your friends and family on the weekends while also leading a healthy and successful lifestyle.

The majority of parks also include amenities like a playground for the kids as well as a running track, gazebos, and various workout equipment scattered throughout the park. In addition, the park has a large number of benches where you may sit and unwind while taking in the lovely landscaping.

In addition to municipal parks, KL city is home to eco and agro tourism destinations. These locations provide a variety of fun activities, including hiking, that you can partake in throughout the course of the weekend. For the greatest view in town, don't forget to trek up to one of the scenic overlooks on our list of hiking locations in KL.

PARKS & GARDENS



Perdana Botanical Garden

A wonderful location for a stroll through the splendour of nature is the Perdana Botanical Garden. The garden is quite large and has a variety of gardens and areas, including a unique plants division with intriguing exotic trees from around the world. Additionally, this park offers numerous tables and gazebos for everyone's use.

Address: Jalan Kebun Bunga, Tasik Perdana, 55100 Kuala Lumpur. Website: http://www.klbotanicalgarden. gov.my/ Operating Hours: 7.00 am - 8.00 pm (Monday-Sunday)

Taman Botani Rimba Ilmu-University Malaya

The University of Malaya campus in Kuala Lumpur is home to the 80-hectare tropical botanical park known as Taman Botani Rimba Ilmu. The ultimate goal is to transform the UM into a walk-through educational garden, an urban nature park, and a biodiversity hotspot where humans get to live in peace with plants and animals.

Address: 50603 Kuala Lumpur, Federal Territory of Kuala Lumpur. Website: https://rimba.um.edu.my/ Operating Hours: 9.00 am - 4.00 pm (Monday-Friday) / Closed on Saturday & Sunday



ASEAN Sculpture Garden

You must not miss the ASEAN Sculpture Garden if you are visiting the National Monument. Award-winning local artists from the six founding ASEAN nations - Singapore, Malaysia, the Philippines, Thailand, Indonesia, and Brunei - created the sculptures in the garden. In 1987, the park received its formal debut to mark ASEAN's 20th anniversary.

Address: Asean Sculpture Garden, Pesiaran Sultan Salahhudin, Taman Tasik Perdana, 50480 Kuala Lumpur, Federal Territory of Kuala Lumpur. Contact: +6016-333 7328 Operating Hours: Open 24 hours

Metropolitan Batu Park

A city park called Taman Metropolitan Batu, or Metropolitan Batu Park, may be found in Kuala Lumpur's Sentul neighbourhood in the northern part of the city. This expansive lake park in Sentul serves as the primary recreation area for both locals and visitors. It is attractively groomed and equipped with all the necessary amenities.

Address: Jalan Ipoh, Sentul, 51200 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Operating Hours: 6.15 am - 7.30 pm (Monday-Sunday)

ECO & AGRO TOURISM



Kebun-Kebun Bangsar

Kebun-Kebun Bangsar is a 2.5-acre urban communal food garden, as it is not just a regular park. Its hilltop location in a residential area also affords its breathtaking views of KL's skyline. It's free to visit, has various cute animals, blooming flowers, and growing vegetables, and is a lovely natural location for families to unwind in the city.

Address: Lorong Bukit Pantai, Bangsar, 59100 Kuala Lumpur.
Contact: +6016-414 1620
Website: https://www.facebook.com/kebunkebunbangsar/
Operating Hours: 8.30 am -7.00 pm
(Tuesday-Sunday) /
Closed on Monday

KL Forest Eco Park

KL Forest Eco Park provides a variety of attractions despite being free. There, you can camp, go hiking, and perhaps carry out some study. The coolest feature of the park is the Instagram-worthy canopy walk. The neighbouring skyscrapers are visible from the 200m canopy walk!

Address: Lot 240, Jalan Raja Chulan, Bukit Kewangan, 50250 Kuala Lumpur. Contact: +603-2020 1606 Website: https://www.forestry.gov.my/ index.php/en/wp-kuala-lumpur/ taman-eko-rimba-kuala-lumpur Operating Hours: 8.00 am - 5.30 pm (Saturday-Thursday) / Closed on Friday



KL Tower Mini Zoo

The KL Tower Mini Zoo was built with free roaming animals in roomy enclosures that closely resembles their natural habitat to imitate a "Jungle" concept setting. It is a combination of nature conservation and a zoo. The animals in this tiny zoo include meerkats, parrots, llamas, and tortoises. They have a wide variety of exotic animals, such as soft bunnies, large pythons, and cheeky squirrel monkeys. Take pictures with the colourful and beautiful parrots. It's a wonderful place for families and children to hang out.

Address: Ground Floor, Menara Kuala Lumpur, WP, Jalan Puncak, 50250 Kuala Lumpur.

Contact: +603-2022 3943

Website: https://www.facebook.com/

KLTowerMiniZooMalaysia/

Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)



Urban Hijau

(Sunday)

Urban Hijau is an organic farm where they promote permaculture that promotes agriculture ecosystem in a self-sufficient and sustainable way. There are numerous fresh organic fruits and vegetables that you can find here. You are also able to purchase these fresh produce during their Sunday market.

Address: Jalan 3/71b Kampung Sungai Penchala, Taman Pinggir Tun Dr Ismail, 60000 Kuala Lumpur. Contact: +6017-847 3839 Website: https://www.uhijau.org Operating Hours: 9.00 am - 12.00 pm

THE MALAYSIAN CULTURE

As we are all aware, Malaysia is a remarkable ethnically, linguistically, and religiously diverse country. The majority of each ethnic group's members have continued to practise their ancestral cultures.

As a result, a variety of ideas, values, and lifestyles are accepted in Malaysian society. The following material provides a general description of Malaysian culture, which tends to reflect the Malay majority, however there are important regional differences from this cultural mainstream across the country.

There are many different ethnic groups in Kuala Lumpur, including the three major ethnic groups of Malay, Chinese, and Indians as well as numerous more indigenous local races (including many Borneans that are currently in Peninsular Malaysia).

Today's culturally varied nation was created by the unique mingling of cultures from the immigrant communities that settles and intermarried locally. Without knowing and appreciating their rich legacy, a visit to Kuala Lumpur will fall short. So that you can learn more about how distinctive Malaysian culture is, we have included a section for you to read about the cultures and traditions that they practise.

By studying as much as you can about Malaysian's home country, ethnicity, and religion in advance, you can establish respectful connections with them. You can visit some of the cultural sites in Kuala Lumpur that we have shared with you. In Malaysia, especially in KL, there are a tonnes of cultural attractions.



GET TO KNOW THE PEOPLE

Malay

multi-ethnic nation, culture has emerged as a dominant force. Other cultures have had a significant impact on Malay culture. Over half of population Malaysia's is made of Malays. This group is frequently referred to as "Muslim Malay" because nearly all of them identify as Muslims. Since they are the most populous ethnic groupings, they dominate politics. In the nation's official language and religion, they are supreme (Islam). For instance, the of majority people are able communicate to some degree in Malay, often known as Bahasa Malaysia. They also observe Hari Raya Aidilfitri, Hari Raya Qurban, Awal Muharam, Maulud Nabi, and Nisfu Sya'aban as cultural holidays.

Chinese

The second-largest ethnic group in Malaysia is Chinese, which accounts for 22.4% of the total population. The majority of them are descended from immigrants from Southern China who came to Malaysia in the early 19th and middle of the 20th centuries. Malaysian Chinese are the second-largest foreign Chinese population worldwide, behind Thai Chinese. They converse in a number of Chinese dialects, including Hokkien, Hainanese, Cantonese, and Hakka. Some of the most significant Chinese festivals in Malaysia include the Chinese New Year, Chap Goh Mei, and Moon Cake Festival.

Indian

the Chinese, After the Malays and Indians - including lesser ethnic groups Malayalees, Telugus Sikhs, others - are currently the third-largest ethnic group in Malaysia. Indians first arrived in Malaysia in the 19th century, at a time when the British Empire was in power. Various other languages, including Tamil, Malavalam, Bengali, Pashto, and Sinhalese, are also spoken by them. Deepavali is the most colourful festival in Malaysia, where Hindus celebrate by tracing designs and figures on the ground and covering them with coloured rice.

Orang Asli

In Malaysia, the Orang Asli, a heterogenous group of indigenous people, are regarded as the country's national minority. They were actually Peninsular Malaysia's initial settlers, and they usually inhabit areas that are forested or mountainous. There are actually many different groups and tribes among them, despite the fact that outsiders sometimes mistake them for being the continuous group. Each group and tribe has its own language, culture, and traditional area. They have historically been excluded from social, economic, and cultural affairs in addition to the above. The Orang Asli struggle to preserve their distinct culture and identity, which are intertwined with their immediate natural environment through territorial, spiritual, physical, economic, social, and cultural ties. This is similar to other indigenous communities.



CULTURAL FESTIVAL



Hari Raya Aidilfitri (Eid)

Malaysia celebrate Muslims in Raya Aidilfitri, one of the well-known yet holidays. The holy month Ramadan, which ends with Eid, is known for its Muslims will attend prayers at the mosque on the first day of Eid. During this joyous holiday, Muslims would hold open houses where friends and family may come and visit them. The host would also prepare a feast for everyone to enjoy.



Hari Raya Haji

While Hari Raya Aidilfitri and Hari Raya Haji are relatively similar, Hari Raya Haji is distinct from other celebrations in Malaysia. This is due to the fact that Muslims would partake religious activities such as sacrificialslaughtering, or "korban", praving, giving out food to the hungry destitute during this customary feast.



Chinese New Year

The most significant Chinese celebration in Malaysia is Chinese New Year. The first day of the Chinese lunar calendar marks the beginning of this big cultural celebration, which lasts for 15 days. It ends at the Lantern Festival, also known as Chap Goh Meh. For prosperity, the Chinese would dress in crimson and distribute "ang pow" and mandarin oranges. At their Open Houses, friends and family would visit, and there would also be lion dance performances.



Deepavali

One of the most well-known holidays in Malaysia is Deepayali. Deepayali is sometimes referred to as "the Festival of Lights" since clay lamps may be seen lighting up homes durina this time. During festival, houses are decorated vibrant paper lanterns and "kolam", which are ground designs and figures that were sketched before being covered in coloured rice. The main event of the celebration is visiting family members, sending wishes and



Christmas

Christmas is a widely celebrated holiday both in Malaysia and throughout the world. One of the merriest festivals in Malaysia is this one, which honours the birth of Jesus Christ. Even though Malaysia does not observe the traditional "white Christmas", it is nevertheless regarded as one of the lively festivals during the month of December. Every retail centre in Malaysia has beautiful Christmas decorations that you may view.



Thaipusam

Thaipusam, which honours the victory of their Lord Muruga, is one of the most significant Tamil holidays in Malaysia. You can witness the big parade at Batu Caves throughout the course of the three-day festivities. Thousands of worshippers make their way to the temple to receive Lord Muruga's blessings as he is pulled in a silver chariot during the festival to the accompaniment of drums and singing. Dedicated followers are also often seen carrying "kavadis" that are fastened to their bodies with metal spikes.

Wesak Day

The Buddhist commemorate Wesak Day as a holiday. This commemorates May's Day of the Full Moon. This is done to honour the Buddha's birthday, which also serves as a reminder of the moment he attained enlightenment. It is also a time to reflect on his advice and what it means to be a Buddhist. Doves and tortoises were released during this occasion by Buddhists as a representation of the soul's release and forgiveness for past-life transgressions.

Mooncake Festival

Chinese people celebrate the Moon-cake Festival, also known as the Mid-Autumn Festival, as a way of giving thanks to the moon goddess for a fruitful harvest. The major attractions of the ceremony, which promotes community unity, are colourful lanterns and mooncakes. It is regarded as one of the happiest celebrations held all around Malaysia. This event often takes place in September.

CULTURAL FESTIVAL



Kaamatan Harvest Festival

The largest ethnic group in Sabah, the Kadazan-Dusun, celebrates their native festival, the Kaamatan Harvest Festival. This festival honours the heavenly spirits and expresses gratitude for a prosperous harvest.

The celebration will include sipping local rice wines called Tapai and Lihing as well as ethnic dance performances and other events. This festival is mostly celebrated in Sabah, however it is also celebrated by Sabahans who currently reside in Peninsular Malaysia.



Gawai Festival

A harvest festival, the Gawai Festival is also observed by Sarawak's native Dayak people. This event starts on June 1 and lasts through the end of the month. The traditional Dayak residence, which accommodates 40 families under one roof, is callled a longhouse, where you may witness this event in all its splendour. The festival includes free-flowing rice wine called Tuak, traditional dances, and meals. While Sarawakians in Peninsular Malaysia can also participate in this festival, it is mostly observed in the state of Sarawak.

TRADITIONAL DANCE OF MALAYSIA



Tarian Piring, or "plate dance", is a quick dance in which performers balance plates on their palms. The movements resemble those of farmers who are working hard at harvesting. It concludes with a bridal prayer after the trampling of the plates, as it does at wedding occasions.



Zapin

The most well-known Malay dance in Malaysia is the Zapin, which is particularly popular in Selangor, Johor and Penang. In the past, Zapin dances were mostly men, but nowadays, both men and women frequently appear on stage as Zapin dancers. These performers employ the violin, a double-sided hand drum called a marwas, and a short-necked lute called a gambus. Pairs do this dance, which varies from state to state.



Bhangra

The Sikhs brought Bhangra, which originated in the Punjab region of India, to Malaysia in the 20th century. It was once a folk dance with a harvest motif that was performed by the ancestors; today, festivals, weddings, and other events often feature it. Boliyan, which are brief sets of songs that use the thol instrument, a massive drum, to retell incidents or stories from Punjab, are often the music to which bhangra is performed.



Lion Dance

The most recognisable dance performed in Malaysia during Chinese New Year is the lion dance. A pair of dancers wearing lion costumes perform this dance. The dancer lifting the other while carrying the lion head high above the shoulders is the most common dance motion they perform. Gongs, cymbals, and tanggu (drums) are used to accompany the lion dance. The lion costume, which comes in a variety of vivid colours and is furnished with blinking eyes, is what gives the dance its dynamic motion to the beat.



Dikir Barat

Dikir Barat combines poetry, dance, and music from the Malay culture. Dikir Barat is intended to impart knowledge to viewers, tackle pressing issues, and provide social criticism in a lighthearted or sarcastic manner. It is said that the Malay villages in Southern Thailand are where this dancing style first appeared. The words Barat and Dikir both mean "West" and "religious singing and chanting", respectively, in the native language.

TRADITIONAL ARTS & CRAFTS



Batik

An important part of Malay culture is the art of batik. Bright wax-resist colouring is applied to a simple piece of fabric to create batik. The most common patterns and designs utilised in batik are floral ones, such flowers and leaves. These days, additional motifs like spipatterns and geometrical added to give it a more contemporary appearance. In Malaysia, this kind of art has become more distinctive throughout time.



Songket

Songket is a traditional handwoven cloth made in Sarawak and the Peninsular Malaysia by female weavers. The cloth was created using a decorative weaving method known as songket, which involves weaving gold and silver thread in between the base threads. As a result, the extra threads produce an aesthetic impression by appearing to float over a vibrantly woven background.



Tekat Embroidery

Simply referred to as "tekat", it is a form of traditional Malay couched embroidery that uses gold threads over a background of richly coloured velvet, typically maroon. This type of needlework has been a fundamental component of Malay culture for a long time, particularly in the state of Perak where it was initially a court art connected to royal regalia, palace ornamentation, and rites of passage.



Rattan Weaving

One of the oldest practised today is weaving rattan. The source material is long cane, frequently 25 metres or more, from which a rattan stalk is created by peeling off the outer layer and drying it. The bark has a flexible, glossy, and strong appearance. Due to its suitability for furniture making and its compatibility with Malaysia's hot, humid tropical climate, it has become the most preferred option for residences there. Baskets, tables, rocking seats, and many other items are created by weaving rattan.



Keris

A distinctive and asymmetrical dagger with magical properties that can bring luck or bad luck, Keris, also known as Kris, is a common sight. During the early ages, it is believed to have served as both a weapon and a spiritual object. Today, nevertheless, it is a decorative piece for ceremonial attire that serves as a sign of social standing. Keris-making is, regrettably, a disappearing craft in Malaysia today.



Wau

The Wau kite comes in a variety of styles, each with their own particular size, shape, and pattern. The kites have eye-catching flower patterns and paper tassels to make them more appealing as they soar through the air. In the states of Kelantan, Terengganu, Kedah, and Perlis, it is a traditional craft.

PLACES OF WORSHIP



MUSLIM

Muslim

From the tenth and fifteenth centuries, Arab and Indian traders are merchants who first brought Islam to Malaysia. Then, Islam surpassed the Malacca Sultanate in the 15th century as the faith with the greatest number of adherents. Currently, Muslims make up about 63.5% of the population in Malaysia. The mosques that can be found in Kuala Lumpur are listed.

Masjid Negara

Kuala Lumpur is home to the 1963-built National Mosque of Malaysia. The mosque, which is still steadfastly standing on its grounds, is now seen as a key symbol of Malaysia, an Islamic country. Around 15,000 people may fit in the mosque, which is encircled by a 13-acre tract of lush greenery. The mosque's two primary features are its 73-meter-high minarets and its main concrete roof, which is designed like a 16-pointed star. The mosque's architecture transmits a number of meanings. For instance, the main roof was inspired by the image of an open umbrella, while the minarets were modelled after a folded umbrella.

Address: Jalan Perdana, 50480 Kuala Lumpur. Contact: +603-2693 7905 Website: https://masjidnegara.gov.my/ms/. Opening Hours:6:30 am - 1:00 pm, 2:30 pm - 4:00 pm, 5:30 pm - 7:00 pm (Monday-Sunday) Masjid Al-Bukhari

Masjid Yayasan Al-Bukhari, also known as the Al-Bukhari Foundation Mosque, was named after the founder of the Al-Bukhari Foundation to commemorate their family name. The mosque was initially a worn out prayer hall that was 147 years old, called Surau Babul Jannah, then was rebuilt into this mosque in 2004 until 2006. The mosque can accommodate 1600 people at once.

Address: 1, Jalan Hang Tuah, Bukit Bintang, 55200 Kuala Lumpur. Contact: +603-9221 0554 Website: https://www.facebook.com/mabkl.fb/ Operating Hours: 5.00 am - 10.00 pm (Monday-Sunday)

Masjid Wilayah Persekutuan

It was built In between 1998 and 2000, the mosque was built. 17,000 worshippers can congregate in the mosque simultaneously. The Blue Mosque in Istanbul, Turkey, served as the inspiration for the mosque's design, which combines Malay and Ottoman features of architecture. The mosque has 22 domes that are composed of glass fibre cloth mixed with epoxy glue and a durable yet lightweight composite material.

Address: Jln Tuanku Abdul Halim, Kompleks Kerajaan, 50480 Kuala Lumpur. Contact: +603-6201 8791 Website: https://www.masjidwilayah.gov. my/Operating Hours: 10.00 am - 4.00 pm (Saturday-Thursday) / 10.00 am - 4.00 pm (Friday)

Masjid Jamek Sultan Abdul Samad

Its distinctive Islamic architecture combines Mughal and Moorish elements. You may see the mosque when you visit the River of Life; it is accessible via Jalan Tun Perak and located where the Gombak and Klang rivers meet. The mosque was built in 1909 by Arthur Benison Hubback using Indo-Saracenic architectural design. The locals also refer to it as the Friday Mosque.

Address: Jalan Tun Perak, City Centre, 50050 Kuala Lumpur. Contact: +603-2691 2829 Website: https://www.facebook.com/ Jamekmosque2/ Operating Hours: 5.30 am - 9.30 pm (Monday-Sunday)

BUDDHIST

Two thousand Indian years ago, traders brought Buddhism to Malaysia. The late 19th and early 20th centuries saw a revival of Buddhism in Malaysia thanks to immigration from China and Sri Lanka. Buddhism is now the second most popular religion in Malaysia, with 18.7% of the country's population identifying as Buddhist. Taoism or Confucianism may incorporated by some Malaysian Buddhists into their beliefs and daily practices.

Thean Hou Temple

The Chinese sea goddess Mazu is honoured in a six-tiered temple named Thean Hou Temple. With views Jalan Syed Putra, it is located in Kuala Lumpur on Lorong Bellamy, close to the top of Robson Heights. The temple was completed in 1987, and it received its official opening in 1989. The building is owned by and is under the care of the Selangor and Federal Territory Hainan Association. The Hainanese inhabitants of Malaysia built the temple. It is regarded as one of Southeast Asia's largest temples, and the surrounding area is beautiful.

Address: 65, Persiaran Endah, Taman Persiaran Desa, 50460 Kuala Lumpur.
Contact: +603-2274 7088
Website: https://www.facebook.com/
theanhoutemple/
Operating Hours: 8.00 am - 10.00 pm
(Monday-Sunday)

Guan Di Temple Chinatown

Guan Di Temple is a beautiful temple located in the Chinatown KL. It is one of the most visited temples in KL. With contributions from Kuala Lumpur's sizable and prosperous Chinese community, the Guan Di Temple was built in 1888.

Address: 168, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur.
Contact: +603-2072 6669
Website: https://kwongsiew.org/
Operating Hours: 7.30 am - 3.30 pm
(Monday-Sunday)

PLACES OF WORSHIP



Buddhist Maha Vihara

The Buddhist Maha Vihara was built in 1894 by the Sinhalese community in Kuala Lumpur and the surrounding area to serve as a place of worship for the Sri Lankan Theravada religion. To create the colonial Malayan Civil Service, the British Administration imported the majority of Sinhalese businesspeople, artisans, and skilled workers from Ceylon.

Address: 123, Jalan Berhala, Brickfields, 50470 Kuala Lumpur. Contact: +603-2274 1141 Website: https://buddhistmahavihara.org/ Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)

Sin Sze Si Ya Temple

Chinese temple Sin Sze Si Ya Temple, often referred to as Sze Yah Temple, is situated close to the Central Market at 14A Lebuh Pudu in Kuala Lumpur, Malaysia. It was built by Yap Ah Loy for two gods who helped him during the Selangor Civil War by directing him. The temple is the oldest Taoist temple in the city.

Address: 113A, Jalan Tun H S Lee, City Centre, 50050 Kuala Lumpur.
Contact: +603-2078 9052
Website: https://www.facebook.com/Sin-Sze-Si-Sze-Ya-Temple-1258347527591931/
Operating Hours: 7.00 am - 4.00 pm
(Monday-Sunday)

PLACES OF WORSHIP



HINDU

Hinduism is the fourth-largest religion in Malaysia with 6.1% of the population practising it. Hinduism was brought to Malaysia by early Indian traders more than two millennia ago, just as Buddhism. The varied background of the Hindu migrant labourers who arrived in Malaysia have resulted in a variety of religious rituals that are inspired by numerous local symbols, deities, and traditions. This is seen in the various temple designs and the particular deities that are revered.

Sri Maha Mariamman Temple

The Sri Maha Mariamman Temple is the oldest Hindu temple in Kuala Lumpur, and it is situated on the outskirts of Chinatown. The temple was originally built in 1873 and 1968. The reconstructed in beautiful five-tiered "Raja Gopuram" tower is seen over the entryway. The temple is a must-visit attraction when you are in KL because it is filled with colourful and intriguing religious carvings and sculptures.

Address: Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur.
Contact: +603-2078 5325
Operating Hours: 6.00 am - 8.30 pm
(Sunday, Tuesday-Thursday) /
6.00 am - 8.00 pm (Monday) /
6.00 am - 9.30 pm (Friday) /
6.00 am - 9.00 pm (Saturday)

Sri Kandaswamy Temple

Sri Kandaswamy Temple is a Hindu temple that is located in Brickfields Kuala Lumpur. A Saivite-style temple known as Sri Kandaswamy Kovil has graced Malaysia for more than a century. It is the Lord Sri Shakthi Vel Peruman who is the Presiding Deity. It is one of Malaysia's most well-known Sri Lankan Tamil or Ceylonese Tamil temples.

Address: Brickfields, 50470 Kuala Lumpur. Contact: +603-2274 2987 Website: https://srikandaswamykovil.org/ Operating Hours: 6.00 am - 8.30 pm (Monday-Sunday)

Arulmigu Sri Ramalingeswarar Temple

Arulmigu Sri Ramalingeswarar Temple is a brick and stone temple that was built in 1903 by the workers of the Malayan Railway Bureau at that time. It was built by the workers as they were in need of a temple in that area at that time.

Address: 16, Jalan Maarof, Bangsar, 59000 Kuala Lumpur. Contact: +603-2284 4652 Website: https://www.facebook.com/ people/Arulmigu-Sri-Ramalingeswarar-Kovil-Bangsar-Kuala-Lumpur/100080374790016/ Operating Hours: 8.00 am - 9.00 pm (Monday-Sunday)

Sri Maha Sakthi Mohambigai Amman Temple

Maha Sakthi Mohambigai Temple is a small temple situated in MidVallev Citv. lt is Malavsia's temple dedicated the to Mohambigai. The temple is lovely and pleasant atmosphere. ing wall carvings and statues can also be found there as it is said to be a temple that is more than 100 years old.

Address: Mid Valley Megamall, 75, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala Lumpur. Contact: +603-2282 1317 Website: https://www.facebook.com/

CHRISTIAN

Christianity was first introduced to Malaysia by the Arab, Persian and Turkish Christian traders during the 7th century, whereas various denominations like Catholicism and Protestantism were introduced by the colonizers from the 16th to 20th century. Christianity in Malaysia is the third most practiced religion with 9.1% of the population. Two-thirds of the Christians live in East Malaysia as there are many who practice Christianity in Sabah and Sarawak when compared to Peninsular Malaysia.

Cathedral of St John the Evangelist

The Cathedral St John the Evangelist is the main church of the Roman Catholic Archdiocese of Kuala Lumpur. It is believed to be one of the oldest Catholic Churches in Kuala Lumpur as it has been around for quite a long time since 1883. This church was dedicated to St. John the Evangelist.

Address: 5, Jln Bukit Nanas, Kuala Lumpur, 50250 Kuala Lumpur. Contact: +603-2078 1876 Website: https://www.facebook.com/ cathedralofstjohnkl/ Operating Hours: 6.00 am - 8.00 pm (Monday-Sunday)

Catholic Church of The Holy Rosary

The Catholic Church of the Holy Rosary was established in 1903, making it 120 years old this year. Although it is an old church, it is one of the most well preserved sacred places in Kuala Lumpur. The architecture of the church is a Gothic-style church and the exterior is stunning. Since it is located in the heart of KL city, it is interesting to juxtapose the classic building of the church with the modern skyscrapers all around it.

Address: Holy Rosary Church, 10, Jalan Tun Sambanthan, 50470 Kuala Lumpur. Contact: +603-2274 2747 Website: http://www.hrckl.com/

PLACES OF WORSHIP



St Mary's Cathedral Kuala Lumpur

One of the oldest churches in the Klang Valley is St Mary's Cathedral. On February 13, 1887, the Bishop of Singapore, Labuan and Sarawak sanctified the church to the Virgin Mary. A decision was made in 1893 to build a larger structure to accommodate a growing crowd. On February 3, 1894, the British Resident of Selangor laid the cornerstone. The Bishop of West Malaysia moved into St Mary's Church in 1970, the year the diocese of West Malaysia was created. The church is now a popular tourist destination in Kuala Lumpur.

Address: Jln Raja, City Centre, 50050 Kuala Lumpur.

Contact: +603-2692 8672

Website: https://stmaryscathedral.org.my/

Operating Hours: 9.00 am - 4.00 pm (Monday-Sunday)

Church of Our Lady of Fatima

The contemporary-looking church called Church of Our Lady of Fatima was built in 1963 to service the expanding Catholic population in and around the Brickfields region. It is one of the four churches that are close to the city's centre. Today, this church serves more than 1,500 parishioners who live in and around the neighbourhoods of Brickfields, Bangsar, Taman Seputeh, and Old Klang Road. They are from a variety of ethnic backgrounds.

Address: 21, Jln Sultan Abdul Samad, Brickfields, 50470 Kuala Lumpur. Contact: +603-2274 1631 Website: https://olfkl.com/ Operating Hours: 9.00 am - 5.00 pm (Tuesday-Friday) / 9.00 am - 1.00 pm (Saturday) / 8.00 am - 12.00 pm (Sunday) / Closed on Monday



Everyone should travel to Kuala Lumpur, especially young children. The city of Kuala Lumpur offers a wide range of activities for kids of all ages. In KL, there are several attractions available that are designed exclusively for kids to enjoy while learning about culture. It is best to keep the kids entertained in KL while you take in the city's sights yourself. Consequently, we have compiled a list of notable cultural sites, family-friendly restaurants, shopping centres, festivals, and special events. There are many sights and activities in Kuala Lumpur, so it's important to determine which ones are appropriate for families before visiting.

Kuala Lumpur is undoubtedly one of Asia's most family-friendly cities and is simple to navigate with kids. There is a vast array of kid-friendly activities in KL city. Because most parents prioritise these features for their children's safety, KL's air-conditioned, paved walkways, and pedestrianised zones are perfect for toddlers or newborns in strollers. For most parents, it's crucial that their children have access to a wide range of educational opportunities that serve to extend their perspectives. This is due to the fact that parents frequently take their kids to entertaining and instructive settings that use interactive techniques to improve learning. By travelling to other locations while also educating the kids, the parents could accomplish two goals at once. In addition, choosing the top hotels in KL for families and those travelling with kids is advised. It is advisable to pick a hotel that will accommodate your family while you are there. This is due to the fact that many hotels and resorts offer rooms specifically dedicated for families because some rooms require a sufficient amount of space. Additionally, some hotels have areas designated specifically for kids' entertainment. Therefore, plan your family-friendly schedule right away and include a few of these locations.





An Eden of **Nature & Animals**

An Eden of Nature & Animals Farm In The City (FITC) is a unique new concept that combines elements of wildlife and nature set in a designed environment of a conservation park.







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Children	RM	32
Senior Citizen	RM	32

TERMS & CONDITIONS

OPERATING HO

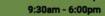
Weekdays Weekend

10:00am - 6.00pm

Public & School Holiday

9:30am - 6:00pm

* Closed every TUESDAY except public & school holiday



With Collaborations















ANIMAL INTERACTION CENTRES



KL Tower Mini Zoo

The KL Tower Mini Zoo is located at the base of the KL Tower, and one of Kuala Lumpur's most recognizable landmarks. The animals in the KL Tower Mini Zoo include meerkats, parrots, llamas, and tortoises. They have a wide variety of exotic animals, such as soft bunnies, large pythons, and cheeky squirrel monkeys. It's a wonderful place for families and children to hang out.

Address: Ground Floor, Menara Kuala Lumpur, WP, Jalan Puncak, 50250

Kuala Lumpur

Contact: +603-2022 3943

Website: https://www.facebook.com/

KLTowerMiniZooMalaysia/

Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)



Deer Park

In Lake Gardens KL, there is a two-hectare enclosure known as the Kuala Lumpur Deer Park. Other deer species found in the park include fallow, axis and sambar deer. Visitors will be drawn to the park's lush greenery, lovely ponds, and serene surroundings.

Address: Jalan Perdana, Tasik Perdana,

50480 Kuala Lumpur. Contact: +603-9200 0039

Website: http://www.klbotanicalgarden.gov.

my/garden-guide/features/

deer-park

Operating Hours: 10.00 am - 6.00 pm

(Monday-Sunday)

Aguaria KLCC



aquarium Modern Aquaria located on the concourse level of the Kuala Lumpur Convention Centre.A wonderful display featuring 5.000 exhibits of both terrestrial and aquatic life is called Aquaria. The aquatic life in this underwater habitat called Aquaria at KLCC would undoubtedly be appealing to kids. While strolling through the underwater tunnel, you can see a variety of marine life.

Address: Kuala Lumpur Convention Centre, Jalan Pinang, Kuala Lumpur City

Centre, 50088 Kuala Lumpur. Contact: +603-2333 1888 Website: https://aquariaklcc.com/

Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)



Pets Wonderland@Mid Valley

Pets Wonderland is a pet store that is located in Mid Valley Megamall. This pet store offers a wide range of pet food, supplies and services and especially many types of cute pets for you to look at. You are also able to purchase the pets that are in the store and bring home the cute animals!

Address: Mid Valley Megamall, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur

Contact: +603-2284 3388

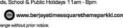
Website: https://www.petswonderland.

<u>com/</u>

Operating Hours: 10.00 am - 10.00 pm



BerjayaTimesSquareThemePark
 m www.berjayati







THEME PARKS & EDUCATIONAL PLAYLAND

Petrosains

Address: Petronas Twin Tower, Level 4, Kuala Lumpur City Centre, 50088 Kuala Lumpur

Contact: +603-2331 8181

Website: https://petrosains.com.my/ Operating Hours: 9.30 am - 5.30 pm (Tuesday-Friday) / 9.30 am - 6.30 pm (Saturday & Sunday) /

(Saturday & Sunday) /
Closed on Monday

Kebun Kebun Bangsar

Address: Lorong Bukit Pantai, Bangsar,

59100 Kuala Lumpur,

Wilayah Persekutuan Kuala Lumpur

Contact: +6016-414 1620

Website: https://www.facebook.com/

kebunkebunbangsar/

Operating Hours: 8.30 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

Pusat Sains Negara

Address: 50662, Persiaran Bukit Kiara, Bukit Damansara, 50490 Kuala Lumpur.

Contact: +603-2089 3400

Website: https://www.psn.gov.my/ Operating Hours: 9.00 am - 5.00 pm (Saturday-Thursday) / Closed on Friday

Miniature Malaysia

Address: Jalan Śultan Ismail JUMPA @ Sungei Wang Plaza, Level 1, 50250 Kuala

Lumpur.

Contact: +6011-1009 9374 Website: https://minnature.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

Jungle Gym Bangsar

Address: 4th Floor, Bangsar Shopping Centre, No. 285, Jalan Maarof, Bukit Bandaraya, 59000 Kuala Lumpur.

Contact: +6012-391 1529

Website: http://www.junglegym.my/ Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)







Address: Berjaya Times Square, 5th and 7th Floor, 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2117 3118 Website: https://berjayatimes squarethemeparkkl.com/ Operating Hours: 12.00 pm - 8.00 pm

Operating Hours: 12.00 pm - 8.00 pm (Monday-Friday) / 11.00 am - 8.00 pm (Saturday & Sunday)

VAR Live MY

Address: L2-015, MyTOWN Shopping Centre, No.6, Jalan Cochrane, 55100

Kuala Lumpur

Contact: +603-9202 8338

Website: https://varlivemytown.as.me/ Operating Hours: 10.00 am - 10.00 pm

SuperPark

A variety of fun activities are available at SuperPark in an effort to entertain and inspire. Visit the indoor SuperPark in KL for a fun and memorable experience. There are different time slots in a day to enjoy the fun as it is only for two hours per slot. You may choose your preferred time and book your slot when you purchase your ticket. For an adrenaline boost, enjoy a fun race with the pedal cars, a tube slide and more!

Address: Unit 4-1, Level 4 Avenue K Shopping Mall, 156, Jalan Ampang, 50450 Kuala Lumpur.

Contact: +6012-301 1040

Website: https://www.superpark.com.my/ Operating Hours: 11.00 am - 8.30 pm (Tuesday - Thursday) / 10.00 am - 7.30 pm (Friday - Sunday) / Closed on Monday

EnergeX Park

Asia's largest indoor extreme park, EnerZ Extreme Park, manages this EnerG X Park. EnerG X Park is the ideal setting for your event with more than a dozen activities available there. The park's ambiance and mood create a lasting effect on the viewers! When you are in KL, it is one of the most exciting sites to visit.

Address: No. 6, Jalan Cochrane, Cheras, 55100 Kuala Lumpur.

Contact: +6011-1500 0088 Website: https://www.energx.my/

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

ADRENALINE -INDUCING ACTIVITIES

Beast Park

Beast Park is a unique indoor adventure and activity park where you can let your kids release their inner beast. There are simple LED-lit boulder walls, kid-friendly obstacle courses, and fun caverns all available. For older children, there are additional Beast Net and ninja courses available! It is located in JUMPA in Sungei Wang and is great fun for kids over 120 cm.

Address: Level 3, JUMPA @ Sungei Wang Plaza, Jalan Sultan Ismail, 50250 Kuala Lumpur.

Contact: +603-2713 7128 Website: https://beastpark.my/

Blastacars Malaysia

If you're looking for speed, thrill, and adrenaline, Blastacars Drift Karts are for you. Get ready for an incredible experience on the fifth floor of the Sungei Wang Plaza in the city's centre, and forget all you thought you knew about motorsports and entertainment in Malaysia.

Address: 5F- 001, 5th Floor Sungei Wang Plaza, 50250 Kuala Lumpur. Contact: +6019-934 1349 Website: http://www.blastacars.my/



SHOPPING IN KL

Nowadays, shopping plays a significant role in the tourism sector. The mission of the Secretariat Shopping Malaysia (SSM) is to market Malaysia as a top-notch shopping destination to both domestic and foreign tourists.

In the cosmopolitan Klang Valley, which includes KL City, there are approximately 190 retail malls, with more than 50 of those located in KL. Everybody should visit the shopping malls in Malaysia's capital city, where there are many different options available. Malaysian malls have evolved into social hubs, recreational spaces, and entertainment venues for a variety of activities in addition to being places to buy.

The people in Malaysia enjoy spending their time at shopping malls because they are the best places to roam around in the hot heat, especially when the malls are air-conditioned. A fantastic way to escape the oppressive tropical heat is to visit malls. Despite the fact that some people only intend to window shop at the mall, they do so. It has been demonstrated that visiting malls can boost our mood and happiness.

Most of the items in KL can be bought at an affordable price, hence local tourists and foreign tourists who visit KL will come with empty suitcases. At some places, you are able to haggle the price for certain items to get a lower deal. Don't forget to haggle and get the best price possible!

In addition, there are upscale shopping centres like Pavilion and Suria KLCC in the Bukit Bintang and KLCC districts, respectively. International luxury brands including Jimmy Choo, Louis Vuitton, Gucci, Balenciaga, and many more are available at these malls.

Other than shopping centres, KL is home to a large number of local markets where you may get fantastic discounts and uncommon things for a fair price. In KL, there are many markets, including bustling flea markets in addition to day and night markets. A list of shopping destinations in KL has been provided in this section for you to refer.





K Baju Kebaya

The Baju Kebaya is traditionally worn by Malaysian women. The Kebaya is quite similar to the Baju Kurung, which is also the Malay women's traditional clothing. However, the Kebaya is a top that opens at the front and is typically made from thin materials like brocade, cotton, gauze, lace, or voile. Embroidery may also be used as decoration. Either buttons, pins, or brooches are used to fasten the front. The bottom part of the clothing, also known as the sarong is a long piece of fabric that is either made of batik or songket and is wrapped and tucked around the waist. Head over to Byhisdaisy HQ, also known as Kebaya Pario Specialist, and get your very own beautiful Baju Kebaya.

Address: No 132A, Jln Damai Raya 2, Alam Damai. 56000 Kuala Lumpur.

Contact: +603-2856 2097

Website: https://www.byhisdaisy.com.my/ Operating Hours: 10.00 am - 5.00 pm (Monday-Saturday) / Closed on Sunday

Pewter Goods



Since Malaysia is one of the biggest producers of tin products worldwide, pewter goods are of the best calibre. Tin, antimony, copper, bismuth and occasionally silver are the main components of the malleable metal alloy known as pewter. Pewter is used regularly by Malaysians in their daily life, particularly for religious purposes. Royal Selangor International Sdn Bhd is the biggest pewter producer. Pewterware comes in a variety of forms, including dinnerware, tankards and tea sets, picture frames, desk accessories, and many more. Visit the novelty shop run by Royal

Selangor at Pavilion KL.

Address: Lot 3 . 01 . 06 & C3 . 10 . 1A, 168, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur.

Contact: +603-2110 3532

Website: https://my.royalselangor.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

MUST-BUY SOUVENIRS IN KL



Malaysia is home to a wide range of rattan-woven goods, such as lovely wooden baskets, fans, placemats, little woven wallets or purses, and many more. Buy these lovely handcrafted woven things to show your appreciation for people who lovingly created them.

Address: 427, Jln Ampang, 50450 Kuala

Lumpur.

Contact: +6012-379 5201

Website: https://www.rattanart.com.my/ Operating Hours: 10.00 am - 6.00 pm (Monday-Friday) / 10.00 am - 4.00 pm (Saturday) / Closed on Sunday



Labu Sayong

A traditional earthenware craft is called Labu Sayong. It occurs in a variety of forms, such as jars, which are ceramic water jugs shaped like gourds. Additionally, it's one of the most well-liked and well-known gifts among tourists. These serve to maintain the coldness of drinking water. Labu sayong is also known to offer medical advantages. These exquisite items may be purchased at the Central Market in Kuala Lumpur.

Address: Lot 3.04-3.06, 06, Jalan Hang Kasturi, City Centre, 50050 Kuala Lumpur.

Contact: +603-2031 0399

Website: https://www.centralmarket.com.

my/

Operating Hours: 10.00 am - 8.00 pm

SHOPPING MALL



Address: Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur. Contact: +603-2297 0288

Website: https://www.thegardensmall.

com.mv/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

avilion Bukit Bintang



Address: 168, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2118 8833 Website: https://www.pavilion-kl.com/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

Mid Valley Megamall



Address: Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur. Contact: +603-2938 3333

Website: https://www.midvalley.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

MyTown Shopping Centre



Address: No.6, Jalan Cochrane, Seksyen 90, 55100 Kuala Lumpur. Contact: +603-2710 0057

Website: https://mytownkl.com.my/ Operating Hours: 10.00 am - 10.00

pm (Monday-Sunday)

Lot 10

Address: 50, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2141 0500 Website: https://lot10.com.my/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

Berjaya Shopping Centre

Address: 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur.

Contact: +603-2117 3111 Website: https:// berjayatimessquarekl.com/ **Operating Hours:** 10.00 am - 10.00 pm (Monday-Sunday)

Sogo Kuala Lumpur

Address: 190, Jalan Tuanku Abdul Rahman, City Centre, 50100 Kuala Lumpur.

Contact: +603-2618 1888

Website: https://www.sogo.com.my/ Operating Hours: 10.00 am - 9.30 pm (Sunday-Thursday) / 10.00 am - 10.00 pm

(Friday & Saturday)

Suria KLCC

Address: 241, Petronas Twin Tower, Kuala Lumpur City Centre, 50088 Kuala Lumpur.

Contact: +603-2382 2828

Website: https://www.suriaklcc.com.my/ Operating Hours: 10.00 am - 10.00 pm



Address: 201, Jalan Tun Sambanthan, Brickfields, 50470 Kuala Lumpur. Contact: +603-2859 7177 Website: https://www.nusentral.com/ Operating Hours: 10.00 am - 10.00 pm



Address: 285, Jalan Maarof, Bangsar, 59000 Kuala Lumpur,.

Contact: +603-2094 7700

Website: http://www.bsc.com.my/ Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)



Address: 1, Jalan Telawi 1, Bangsar, 59100 Kuala Lumpur.

Contact: +603-2282 1808

Website: https://www.bangsarvillage.

com/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)





Address: Lingkaran SV2, Sunway Velocity, 55100 Kuala Lumpur.

Contact: +603-2786 3970

Website: https://www.sunwayvelocitymall.

com/

Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)



Address: Jln Sultan Ismail, Bukit Bintang, 55100 Kuala Lumpur.

Contact: +603-2148 6109

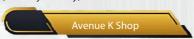
Website: http://www.sungeiwang.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



Address: 181, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2782 3800 Website: https://thestarhill.com.my/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



Address: 156, Jln Ampang, Kuala Lumpur City

Centre, 50450 Kuala Lumpur. Contact: +603-2168 7800

Website: https://www.avenuek.com.my/ Operating Hours: 10.00 am - 10.00 pm



Taman Connaught Night Market

Address: Jalan Cerdas, Taman Connaught, 56000 Kuala Lumpur. Website: https://www.facebook.com/Pm TamanConnaught/ Operating Hours: 5.00 pm - 1.00 am (Wednesday) / Closed on Thursday-Tuesday

Chow Kit Night Market

Address: Chow Kit, 50300 Kuala Lumpur. Contact: +6019-332 5077 Operating Hours: 12.00 pm - 8.00 pm (Monday-Thursday) / 12.00 pm - 10.00 am (Friday) / 12.00 pm - 9.50 am (Saturday) / 12.00 pm - 10.30 am (Sunday)

Jalan Tunku Abdul Rahman Night Market

Address: B1-3-2, Midfields square west, Jalan 11/108c, Taman Niaga, Sungai Besi, 57100 Kuala Lumpur Contact: +603-7972 2345 Website: https://www.facebook. com/PASAR-MALAM-JALAN-TAR-328152810612971/ Operating Hours: 5.00 pm - 11.00 pm (Saturday) / Closed on Sunday-Friday

Pasar Malam Taman Melati

Address: Jalan Taman Melati 10, Taman Melati, 53100 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur Operating Hours: 4.00 pm - 10.00 pm (Friday)

Car Boot Sale@Lembah Keramat KL

Address: Jalan au5c, 54200 Kuala Lumpur Contact: +6010-890 3495 Operating Hours: 7.00 am - 12.00 pm (Sunday)

NIGHT MARKETS & FLEA MARKETS

Pudu Glutton Street Night Market

Address: Jalan Sayur, Pudu, 55100 Kuala Lumpur. Contact: +6011-1168 7607 Operating Hours: 7.00 am - 9.00 pm (Tuesday) / 7.00 am - 10.00 pm (Wednesday) / 7.30 am - 10.00 pm (Thursday) / 4.30 pm - 10.00 pm (Friday & Saturday) / 7.00 am - 10.00 pm (Sunday) / Closed on Monday



Pasar Karat Chinatown

Address: Federal Territory of Kuala Lumpur. Operating Hours: 6.00 am - 10.0 am (Monday-Friday) / 6.00 am - 11.00 am (Saturday & Sunday)



Flea Market Masjid India

Address: Jalan Masjid India, City Centre, 50100 Kuala Lumpur. Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)

GASTRONOMIC DELIGHTS IN KL







first-time tourists to Malaysia were able to comprehend why Many likewise renowned for its cuisine. This country offers nation gastronomic experience. Everywhere throughout the nation, one may find a variety of unique restaurants and food vendors. The Malaysian culinary sector has benefited greatly from the culturally diversified nation. As you can see, Malaysian food is very diverse and has been greatly impacted by traditional Malay, Chinese, and Indian cooking techniques. These influences include using a wok as the main cooking vessel and using a variety of spices in most of the meals. The wonderful flavour combinations employed in Malaysian cuisine, which combine textures, tastes, and colours with a wide range of ingredients.

The three main aspects of travel that offer the greatest possibility for discovery are the people, the scenery, and the cuisine. We would like to extend a warm welcome to tourists to Malaysia and genuinely hope that you would take the chance to enjoy a range of the local cuisines and return home with joy and delicious memories.

Because Malaysia is home to so many different ethnic groups, the cuisine there has its own unique flavour. Real Malay restaurants are conveniently located adjacent to a range of Chinese and Indian establishments. You should definitely sample all the delicious regional specialties that are unique in Malaysia!

DISHES



Chicken Rice

The chicken rice is made up of fragrant rice, flavourful chicken, and soup as the side. Chicken rice is a dish made of tender, lightly-sauteed white chicken that has been poached and sliced into bite-sized pieces. The entree comes with a garlic-chilli dip and is garnished with coriander leaf springs, and sesame oil. In Malaysia, chicken rice can be found practically everywhere, from hawker stalls to fine dining establishments. This is a must-try dish when you are visiting Malaysia!



Ikan Bakar

Ikan Bakar means 'grilled fish' and it is a type of dish that is grilled using charcoal. This delicious dish can be found in Malaysia, Indonesia and various other Southeast Asian countries. It is one of the popular dishes in Malaysia as it is also a staple dish for all seafood lovers. Before being placed on the hot grill, the fish is wrapped in banana leaves and seasoned with a spice marinade.

MUST EATS IN KL



Satay

Satay is a famous Malaysian street food of seasoned. skewered and grilled meat that is served with peanut sauce dip. This dish is similar to kebabs but without the sliced vegetables. The satay uses slices of marinated beef on thin bamboo skewers. Then, it is grilled to perfection on a charcoal open fire. You are able to use different types of meat of your choice such as chicken, beef, pork meat, and so on.



Hokkien Mee

Hokkien Mee is one of the popular noodle dishes in Southeast Asia, especially in Malaysia. This dish is a savoury dish with chewy noodles smothered in a sweet salty soy sauce with prawns, pork belly, cabbage, and gai-lan. For the halal version, the pork and lard is replaced with halal ingredients instead. This dish has an origin of China's Fujian province.

Chee Cheong Fun

Chee Cheong Fun is a Cantonese dish made up of rice noodle roll. It is a thin roll packed with shrimp, meat, veggies, or other items and it is made up of shahe fen. This dish is mostly eaten with yong tau foo on the side and is drizzled with soy sauce, sesame seeds, and green onion. This dish can be easily found in any Chinese dim sum shops or at other hawker stalls.

MUST EATS IN KL



Apam Balik

Apam balik is known as one of Malaysia's favorite snacks. It is a sweet dessert with Chinese origins that is currently available in numerous types at any apam balik roadside stalls in Malaysia. It's a thick and fluffy pancake with many types of fillings such as sugar and butter, nestum, peanut butter, chocolate, sweet cream-style corn, and so on.



Cakoi

Cakoi is a common snack that Malaysians love. It is a long, golden-brown fried dough snack that is typically consumed with rice porridge, starch, or soybeans for breakfast or tea time. It can also be eaten with kaya pandan as the dip. You are able to find this snack in morning street markets or night markets. As the cakoi is usually deep fried, it is best to be eaten when it is still hot or warm.



Lekor

Keropok Lekor, a type of fish sausage, is a common fish cracker snack that originated in the state of Terengganu. It is prepared using fish and sago flour and is salted and sweetened. It has a slightly greyish colour and emits a fishy flavour and smell, which are more noticeable when it cools after being fried. This is often eaten during tea time or just as a snack. You are also able to eat this snack with cheese as well.



Rojak

Rojak is a mixture of fruits and vegetables that are sliced and served with a slightly spicy palm sugar dressing. It is one of the well-known snacks in Malaysia that you can easily find in food stalls or restaurants in Malaysia. Sometimes sambal belacan is added too. You are able to taste a fusion of spicy, sweet and salty flavors as you take your first bite. Rojak Penang is a well-known variation of the dish that is popular in Penang, Malaysia. It emphasizes the use of acidic fruits such as unripe mangoes and green apples while typically omitting bean sprouts and fried tofu puffs. The dish also includes jambu air, guava, squid fritters, and honey. In general, the rojak's sauce or dressing has a consistency that is nearly toffee-like and is extremely thick.



Murtabak

Murtabak is frequently characterised as a folded omelette pancake with bits of veggies. The most popular type of murtabak is formed from pan-fried crepes that are folded and cut into squares after being filled with minced meat, beaten eggs,

leeks, chives, or green onions. In Malaysia, murtabak is typically eaten with curry or gravy, sliced cucumber, syrup-picked onions, or tomato sauce, and was originally sold in Indian Muslim restaurants and stalls. This snack is marketed all around Malaysia and has been adapted by Malay Muslim vendors as well, with numerous variations in ingredients and cooking methods.



Ais Krim Malaysia

Ais Krim Malaysia is a Malaysian type of ice cream that is unique from the other ice creams. The name is to distinguish the difference between our own local ice cream and the ones adopted from other different countries. It is a popular ice cream among the school students as it is easy to be eaten and it comes with various different flavours. This ice cream uses special plastic bags for making the ice creams and it uses a funnel to pour the ice cream plastic bag. Then, the end is tied into a knot and try to freeze it overnight. Once it is frozen, just cut the top of the plastic bag and enjoy it directly from the plastic.

Tau Foo Fah
Tau Foo Fah is a sweet local dessert
made of tofu that is favorable among
Malaysians. It is a silky smooth tofu
pudding that is infused with clear sweet
syrup of either sugar or brown sugar.
Walk along any night market and you will
find a hawker stall that sells freshly made
soy milk as well as this tau foo fah. It is
often served warm but some might prefer

it cold.



ABC, also known as Ais Kacang, is a popular Malaysian delicacy. It is made up of shaved ice, red beans, jelly, and sweet syrup. Some will also add fruits or sweet corn to the ABC for a more unique twist to it. Traditionally, an ice shaving machine, which was formerly

hand-cranked but is now more commonly motorised, is used to churn out the shaved ice used in the dessert.

MUST EATS IN KL





Puding Kelapa

Puding Kelapa means 'coconut pudding' and it is made of coconut milk, preferably fresh, and is thickened with agar agar and legal gelatin or wheat flour and cornstarch. It is sweetened, and desiccated coconuts may occasionally be used as a garnish. Depending on the preparation, the texture can range from silky springy (if gelatin and agaragar are used as a setting agent) to creamy, only if wheat starch and maize starch are used to set the dessert.



Cendol

Cendol is an iced sweet treat that includes palm sugar syrup, coconut milk, and specks of green rice flour jelly. There are various other toppings that are available for your desired cendol as well. Some of them are durian, fermented sweet cassava (tapai), jackfruit, dragon fruit, chocolate syrup, and many more. Enjoy some cold sensation of the cendol as it is perfect to have during a scorching hot weather.



Lot 6.10, Level 6, Pavilion Kuala Lumpur, 55100 Kuala Lumpur, Malaysia

MALAY CUISINE



Nasi Lemak Wanio

The best nasi lemak in KL can be found at Nasi Lemak Wanjo, which is in Kampung Baru. Their nasi lemak is delectable and reasonably priced, with a selection of sides. Choose the sides you like and purchase them for a reasonable price to go with your nasi lemak. Be prepared to wait in a long line for some delicious nasi lemak because this restaurant may get rather busy at times.

Address: 8, Jalan Raja Muda Musa, Kampung Baru, 50300 Kuala Lumpur. Contact: +6011-6336 1963

Website: https://www.facebook.com/

nasilemakwanjoofficial/

Operating Hours: 8.00 am - 12.00 am (Mon-

day-Sunday)



Warong Che Senah

Warong Che Senah is a cool food court situated in Kampung Baru and it is the best place to have a hearty meal of many different types of food. It is also a great place for you to hang out with your family or friends while enjoying the KL skyline. Some of the foods that can be found there are shell out, sizzling hot pot, chicken grill and many more.

Address: 53, Jalan Raja Mahadi, Kampung Baru, 50300 Kuala Lumpur. Contact: +6019-271 9913

Website: https://www.facebook.com/

WarongCheSenah13/

Operating Hours: 4.30 pm - 1.00 am (Sunday-Thursday) / 4.30 pm - 1.30 pm

(Friday & Sunday)



Restoran Makan Sedap

Restoran Makan Sedap is one of the best seafood places in KL as they offer affordable seafood dishes when you are nowhere near the seashore as you are in a city. The seafood here are mostly fresh and their grilled fish are delicious as well. This restaurant is brightly lit even though it is an open space restaurant.

Address: 383, Jalan Pahang, Setapak, 53000 Kuala Lumpur
Contact: +6011-2362 7468
Operating Hours: 7.00 pm - 1.00 am (Wednesday-Friday) / Closed on
Saturday-Tuesday



Chef Dato Ismail Restaurant

Have a gastronomical experience at the Chef Dato Ismail Restaurant as the restaurant is a collaboration between a celebrity chef and Malaysia's very own astronaut. They offer traditional and authentic Malay cuisines along with a casual setting that will make you feel like you are having a meal at home. They serve a wide selection of dishes for you to choose from; prepare to be spoiled for choice!

Address: 5-2 Cascade Parking Bukit Aman, 1, Jalan Tanglin, 50480 Kuala Lumpur Contact: +603-2276 2525 Website: https://www.facebook.com/ RestoranRebungCheflsmail Operating Hours: 11.00 am - 10.30 pm (Monday-Friday)

8.30 am - 10.30 pm (Saturday & Sunday)



168 Claypot Chicken Rice

This 168 Claypot Chicken Rice is located in Pudu and it is said to be in business for over 40 years old. It is one of the popular claypot chicken rice in KL. The claypot chicken rice is extremely authentic as they still use the old charcoal stove to cook their rice, making it more flavourful. Since it is favourable to many, it can be quite crowded at times, hence do expect a longer wait.

Address: 21, Jalan Kancil, Pudu, 55100 Kuala Lumpur. Contact:+6017-6356443 Website:https://www.facebook.com/ pages/Claypot-Chicken-At-Kedai-Kopi-Pudu-Satu-Enam-Lapan-168/1498764927051764 Operating Hours: 4.00 pm - 10.00 pm (Thursday-Tuesday) / Closed on Wednesday



Hakka Restaurant
In 1956, the Hakka Restaurant was
established. After 60 years, this
restaurant on the outskirts of Ipoh has
evolved into a renowned eatery in the heart
of Kuala Lumpur. They place a high priority on giving their customers the greatest
meals made from genuine home recipes.
We heartily urge you to stop by this eatery
to sample their delicious yet authentic Chinese cuisine!

Address: 90, Jalan Raja Chulan, Kuala Lumpur, 50200 Kuala Lumpur. Contact: +603-2143 1908 Website: http://www.hakkakl.com/ Operating Hours: 11.30 am - 10.30 pm (Monday-Sunday)

CHINESE CUISINE



Restoran Stadium Negara

Restoran Stadium Negara is a modest local Chinese eatery serving genuine regional cuisine that is located in the heart of KL. The food served here is delicious and it is great to have a hearty meal with your family here. Although it is situated by the roadside and does not look like a fancy restaurant, all of the food served here is the best. It is highly recommended to dine in this restaurant to enjoy the delicious dishes.

Address: 2, Persiaran Lidcol, Kampung Baru, 50450 Kuala Lumpur. Contact: +6016-3302320 Website: https://www.facebook.com/

restoranstadium/

Operating Hours: 4.30 pm - 10.00 pm (Tuesday-Sunday) / Closed on Monday

Muhibbah Seafood Restaurant

Muhibbah Seafood Restaurant is a Chinese Muslim restaurant that serves halal Chinese cuisines with a touch of Thai. Since 1986, Muhibbah Seafood has been in business and it has been expanding ever since. They offer a variety of mouthwatering and enticing seafood dishes. This is a great place to dine in with your friends and family as it has a very relaxing ambiance to enjoy your hearty meal of delicious seafood.

Address: Jalan Seri Penchala, Kampung Sungai Penchala, 60000 Kuala Lumpur.

Contact: +603-7727 3153

Website: https://www.muhibbahseafood.

com/

Operating Hours: 12.00 pm - 9.45 pm (Tuesday-Thursday) / 12.00 pm - 10.00 pm (Friday-Sunday) / Closed on Monday

INDIAN CUISINE



Ricksha Bangsar

Ricksha Bangsar serves a wide variety of mouth - watering South Indian cuisines. This is the perfect place for banana leaf dish lovers as you will get to enjoy the amazing flavours of the dishes being served. Don't get confused when you are there as the restaurant is located on the top floor. The restaurant has a great ambiance along with welcoming and attentive staff as well.

Address: 9A, Jalan Telawi 5, Bangsar, 59100 Kuala Lumpur.

Contact: +603-2202 0770

Website: https://www.facebook.com/

Rickshabangsar1/

Operating Hours: 11.00 am - 9.30 pm (Tuesday-Sunday) / Closed on Monday



Namaste India Hartamas

Namaste India Hartamas is where you can get to enjoy the best and authentic North Indian food. They also have an extensive menu where you will be spoiled for choice with all the variety of food. The food that they serve are in big portions and reasonably priced as well. We highly recommend this restaurant to go for the best North Indian food. Don't forget to visit!

Address: No. 6-G, Jalan 31/70a, Desa Sri Hartamas, 50480 Kuala Lumpur. Contact: +603-5888 7537

Website: https://namasteindia.com.my/ Operating Hours: 11.30 am - 11.00 pm (Monday-Thursday) / 11.30 am - 11.00 pm



Seni SattiSorru

Seni SattiSoru offers hot and authentic Indian food. The restaurant is quite spacious as the place is an open-style concept with high ceilings, which is a perfect spot for hangouts. Their dishes are prepared with special Indian ingredients that use herbs and homemade spices, making each spicy and fragrant. Try out their claypot rice when you are there as it is flavourful and the portion for this dish is big as well.

Address: Tun Sambanthan Complex, Jalan Tun Sambanthan, Brickfields, 50470 Kuala Lumpur.

Contact: +6016-900 9939

Website: https://www.facebook.com/

senisattisorru/

Operating Hours: 11.30 am - 10.00 pm (Tuesday-Sunday) / Closed on Monday



Yarl The Row

Yarl The Row is a Sri Lankan restaurant and you are able to get a taste of the authentic northern Sri Lankan cuisine at this restaurant or specifically Jaffna comfort food. The distinctive flavours of their dishes can be separated from the other Indian food you usually had. Don't forget to stop by this restaurant for some authentic yet delicious Sri Lankan food.

Address: No 24, Asian Heritage Row, Jalan Doraisamy, 50300 Kuala Lumpur. Contact: +6012-375 9883 Website: https://www.yarl.my/ Operating Hours: 9.00 am - 10.00 pm (Monday-Sunday)

Nakamurabashi 中村喬

Experience the taste of Japanese Chinese cuisine at Nakamura Bashi Restaurant! They offer a wide variety of interesting yet authentic Japanese and Chinese fusion food in their menu at reasonable prices and you can never find anywhere else!







Ramen Series, Sushi Ippin, Donburi Series, Set Meal, Chawamushi Series, Sashimi, Agemono, Ippin Ryori

Nakamura Bashi Restaurant (Non Halal) The Sphere Bangsar South Unit LG-05, 06, 07 & 08, Lower Ground Floor, The Sphere, No.1, Avenue 1, No.8, Jalan Kerinchi, 59200 Kuala Lumpur.



012-282 6803

www.facebook.com/Nakamura891



Light Capture Cafe

Light Capture Cafe has stunning rustic interior throughout the cafe. dishes served here also delicious and are worth the try. Every spot in the cafe will make your photo Instagram-worthy. Don't forget to stop by this cafe to enjoy the tasty food while taking stunning Instagrammable photos with your family and friends!

Address: 81 & 83, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur. Contact: +6010-232 8183 Website: https://www.facebook.com/ lightcapturecafe/ Operating Hours: 11.00 am - 10.00 pm



Lisette's Cafe

Head over to Lisette's Cafe in Bangsar if you are into various delicious pastries while enjoying the relaxing interior of the cafe. The cafe exudes a homely and sublime feeling as you dine in. You are also able to sit at their patio and enjoy the outdoor breeze. All of the food served at this cafe is delicious and worth the try. Every spot of the cafe is Instagrammable, hence don't forget to take some photos!

Address: No. 8, Jalan Kemuja, Bangsar, 59000 Kuala Lumpur. Contact: +603-2201 7772 Website: https://lisettes.com.my/ Operating Hours: 8.00 am - 10.00 pm (Monday-Sunday)

INSTAGRAMMABLE CAFES



Pokok KL

Pokok KL is a glasshouse cafe that is bright and full of natural light streaming in that is perfect for your Instagram photo. This cafe is a must visit if you are looking for a well-curated selection of local delights as well as Western cuisines from breakfast to dinner. You would love the ambience here as it has an ample amount of natural lighting around the cafe.

Address: MAHSA Avenue (Jalan Universiti Campus), Block B, Level 1 Jalan Ilmu, off, Jln Profesor Diraja Ungku Aziz, 59100 Kuala Lumpur. Contact: +603-8408 1811

Website: https://brickhouse.my/out-

lets/pokok-kl/

Operating Hours: 10.00 am - 9.00 pm

(Monday-Sunday)



Merchant's Lane

Merchant's Lane is restaurant that merges local charm with modern culture as a modern interpretation of Petaling Street's history. It is a laid-back, creatively styled cafe that serves variety of light meals from Malavsia and elsewhere. Stop this cafe when you are in Chinatown to enjoy some delicious food and take stunning Instagrammable photos while you are there!

Address: 150, Jalan Petaling, City Cen-

tre, 50000 Kuala Lumpur. Contact: +603-2022 1736

Website: https://www.facebook.com/

merchantslane

Operating Hours: 11.30 am - 9.30 pm (Tuesday-Sunday) / Closed on Monday



Malaysia's 1st Nyonya-Style Premium Steamboat

A sensory experience awaits you at RasaNya, a place for unforgettable memories.

At RasaNya, you can enjoy a sensory experience that brings you an extravagant yet nostalgic taste of our Nyonya-style premium steamboat. Let your eyes feast on elegance and hear the friendly chatter, with smells that excite your palate and tastes thatmelt your worries with attentive touches for your comfort.



Unique soup base | High quality ingredients | Nyonya Cuisine | Premium environment

+6010 773 0223 | Now Open for Walk-in & Reservation | © Level 8, Lot 8.105.00, Pavilion Elite KL Monday to Sunday (11am - 10pm) | www.rasanya.my | 😚 🕲 RasaNya Steamboat

KL NIGHTLIFE

The thriving nightlife in KL offers a wide variety of activities. Despite being a Muslim country, Malaysia has a large alcohol industry and many establishments have happy hours.

Due to its reputation as a hub of activity at night, Kuala Lumpur city takes on a different image as dusk falls. KL has a lot of interesting places to visit at night because it has so many pubs, bars, clubs, and posh rooftop bars.

In Kuala Lumpur, late-night travellers are great admirers of rooftop bars. Around KL city, there are a lot of late-night hotspots that take place high above the streets, from upscale restaurants to cocktail lounges perched on tall buildings. As you can enjoy the spectacular view of KL from above, these rooftop pubs and clubs atop skyscrapers are among the greatest nightlife options in the city. The bars and pubs are the greatest places to go if you want to spend a relaxing evening with nice music.

Additionally, there are other clubs located across Kuala Lumpur. If you like to party, KL has a variety of clubs you can visit to make your stay in KL more enjoyable and thrilling. You may enjoy a variety of dance clubs and discos in KL, as well as clubs featuring live music. Other than that, the region around Changkat Bukit Bintang and TREC is home to a variety of bustling clubs and bars with a Western flair that draw young people and hard-partying audiences.

There are a lot of cocktail bars and late-night speakeasies in Bangsar's outskirts and close to the city centre, which creates a friendly ambiance. By 10PM, loud DJ dance music that is skillfully mixed fills the air in these locations until dawn. So, if you're looking for a nice place to hang out and have fun, here are some nightlife locations in KL that you simply must visit.





Tap Tap Hartamas Address: Main Entrance next to Emart, 76, Jalan 27/70a, Desa Sri Hartamas, 50480 Kuala Lumpur. Contact:+6018-2650828 Website: https://www.drinktaptap.

com/

Operating Hours: 11.00 am - 1.00 am (Monday-Sunday)



Backyard Pub & Grill
Address: 28, Jalan Sri Hartamas 8,
Taman Sri Hartamas,
50490 Kuala Lumpur.
Contact: +6011-61355473
Website: https://www.facebook.
com/backyardpubandgrill
Operating Hours: 4.00 pm - 2.00 am
(Monday-Sunday)



Havana Bar & Grill
Address: 2 & 4, Changkat Bukit
Bintang, Bukit Bintang,
50200 Kuala Lumpur.
Contact: +6011-10850074
Website: https://havanakl.com/
Operating Hours: 4.00 pm - 3.00 am
(Monday-Thursday) / 2.00 pm - 3.00
am (Friday-Sunday)

REGULAR PUBS & BARS



Pisco Bar Address: 29, Jln Mesui, Bukit Bintang, 50200 Kuala Lumpur. Contact: +603-21422900

Website: http://www.piscobarkl.com/ Operating Hours: 5.00 pm - 1.00 am (Tuesday-Thursday & Sunday) / 5.00 pm - 2.00 am (Friday & Saturday) / Closed on Monday



Address: 46, Changkat Bukit Bintang, Bukit Bintang, 50200 Kuala Lumpur. Contact: +6012-735 6709
Website: https://thewhiskybarkl.com/
Operating Hours: 5.00 pm - 1.00 am



Tipsy Monkey Bar Address: R-G-1, Verve Suites KL South, No. 355, Jln Klang Lama, 58200 Kuala Lumpur. Contact: +603-2715 3105

Website: https://www.facebook.com/

tipsymonkeybar/

Operating Hours: 12.00 pm - 12.00 am (Monday-Friday) / 10.00 am - 12.00 am (Saturday & Sunday)

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Loop KL

Address: Level 34, Pacific Regency Hotel Suites KH Tower, Jalan Puncak,50250 Kuala Lumpur. Contact: +6012-6689978

Website: https://www.facebook.com/

LOOPKL

Operating Hours: 5.00 pm - 3.00 am (Monday-Friday) / 3.00 pm - 3.00 am

(Saturday & Sunday)



M Sky Bar

Address: E-21-01 (ROOFTOP), ICON TOWER (EAST WING 1 JALAN 1/68F, OFF, Jalan Tun Razak, 50400 Kuala Lumpur.

Contact: +6011-1051 6000

Website: https://www.instagram.com/

mskybar_klcc/

Operating Hours: 9.00 pm - 3.00 am

(Thursday-Sunday)



The Swimming Club
Address: The Swimming Club, Rooftop
Level 11, The Kuala Lumpur Journal, 30,
Jalan Beremi, Bukit Bintang,
50200 Kuala Lumpur.
Contact: +6016-348 4845
Website: https://www.kljournalhotel
.com/the-swimming-club
Operating Hours: 2.00 pm - 12.00 am
(Monday-Wednesday) / 3.00 pm - 12.00
am (Thursday) / 12.00 pm - 12.00 am

ROOFTOP BARS



Heli Lounge Bar

Address: 34 Menara KH, Jalan Sultan Ismail, Bukit Bintang, 50450 Kuala

Lumpur

Contact: +603-23898861

Website: https://www.facebook.com/

Heliloungebar/

Operating Hours: 5.00 pm - 11.30 pm (Monday-Sunday)



Mantra Rooftop Bar & Lounge Address: Bangsar Village II, Jalan Telawi 1, 59100 Kuala Lumpur Contact: +6017-344 8299 Website: https://www.mantrabarkl.com/ Operating Hours: 4.30 pm - 1.00 am (Sunday-Tuesday) / 4.30 pm - 2.00 am (Wednesday-Saturday)



Blue at EQ Address: Level 51, EQ, Equatorial Plaza, Jalan Sultan Ismail, 50250 Kuala Lumpur Contact: +603-2789 7800 Website: https://www.eqkualalumpur. equatorial.com/dining/blue/ Operating Hours: 5.00 pm - 12.00 am (Monday-Sunday)

(Friday-Sunday)

SPEAKEASY BARS



Suzie Wong Address: Ground Floor, Wisma Lim Foo Yong, 86, Jalan Raja Chulan, 50200 Kuala Lumpur. Contact: +6017-226 6480 Website: https://www.suziewong.asia/

Operating hours: 6.00 pm - 1.00 am (Wednesday-Saturday) / 2.00 pm - 5.00 pm (Sunday) / Closed on Monday &

Tuesday



Kapitan Haus Address: 1st floor, 145, Jalan Petaling, City Centre, 50000 Kuala Lumpur. Contact: +6017-881 2268 Website: https://www.instagram. com/kapitanhaus/ Operating Hours: 4.00 pm - 12.00 am (Tuesday-Thursday) / 3.00 pm -12.00 am (Friday-Sunday) / Closed on Monday



Benang The Second Chapter Address: Jalan Medan Setia 2, Bukit Damansara, 50490 Kuala Lumpur. Contact: +6011-1400 9621 Website: https://www.facebook.com/ benangthesecondchapter/ Operating Hours: 5.00 pm - 12.00 am (Wednesday-Sunday) / Closed on Monday & Tuesday



Tickets KL Address: G05A, Ground Floor Republik Damansara, 1, Jalan Medan Setia 1. Bukit Damansara. 50490 Kuala Lumpur. Contact: +603-7622 8765 Website: https://www.ticketskl.bar/

Operating Hours: 6.00 pm - 2.00 am (Tuesday-Sunday) / Closed on Monday



Pahit Bar Address: 3, Jln Sin Chew Kee, Bukit Bintang, 50150 Kuala Lumpur. Contact: +603-2110 0776 Website: https://www.facebook. com/barpahit/

Operating Hours: 5.00 pm - 1.00 am (Tuesday-Sunday) / Closed on

Monday



Her House KL Address: 63 D, Jalan Sultan, City Centre, 50000 Kuala Lumpur. Contact: +6017-227 3220

Website: https://www.facebook.com/Her-

HouseBar/

Wednesday

Operating Hours: 5.00 pm - 1.00 am (Sunday-Thursday) / 5.00 pm - 2.00 am

(Friday & Saturday)



The Rebel Penguin of Funky Town Address: Lot 1.24, Cosway Guesthouse, 88, Jalan Raja Chulan, 50200 Kuala Lumpur. Contact: +6011-2506 3313 Website: https://www.instagram.com/ therebelpenguin/ Operating Hours: 5.00 pm - 11.00 pm (Thursday) / 5.00 pm - 12.00 am (Friday & Saturday) / Closed on Sunday-



Bobo KL Address: 65-2, Jalan Bangkung, Bang-

sar, 59100 Kuala Lumpur. Contact: +6012-263 8603

Website: https://www.facebook.com/

BoboKualaLumpur/

Operating Hours: 5.00 pm - 12.00 am (Tuesday-Saturday) / 3.30 pm - 12.00 am (Sunday) /Closed on Monday



Aramaite Frenz Address: Jalan Peel off Jalan Shelley 6-0-1, Queen Avenue Commercial Centre, 55100 Kuala Lumpur. Contact: +6013-209 5305 Website: https://aramaiti-frenz.business.site/

Operating Hours: 8.00 pm - 1.00 am (Monday-Sunday)



JIS Bar KL Address: Unit 3-01, 3rd Floor, Star Boulevard, Jalan Yap Kwan Seng, Kampung Baru, 53300 Kuala Lumpur. Website: https://jisbar.com.my/ Operating Hours: 5.30 pm - 2.00 am (Tuesday-Sunday) / Closed on Monday

CLUBS & LIVE ENTERTAINMENT



Gemu Club KL

Address: 1, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur. Contact: +6011-2639 5797

Website: https://www.facebook.com/gemuclubkl/

Operating Hours: 9.00 pm - 3.00 am (Wednesday-Saturday) / Closed on

Sunday-Tuesday



Kyo Kuala Lumpur Address: Mandarin Oriental KL, Basement Level 3, Kuala Lumpur City Centre, 50450 Kuala Lumpur. Website: https://www.facebook.com/ clubkyokl/

Operating Hours: 10.00 pm - 3.00 am (Friday-Sunday & Wednesday) / Closed on Monday, Tuesday & Thursday

Brew Shack Bar

Address: A1-1-9, Level G2 Street, Block A1, Jln Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur.

Contact: +6011-1242 1553

Website: https://www.facebook.com/

brewshackbar/

Operating Hours: 7.00 pm - 3.00 am

REST & RELAX IN KL

The act of relaxing is regarded as a way to release tension and revitalise the body and mind. Because relaxing is how our thoughts rejuvenate and can help us experience less arousal from stress or anxiety, resting is different from relaxing. This shows that while rest occurs when we are asleep, relaxation occurs while we are awake and involves us doing things we enjoy. Relaxation has been shown to improve our mood, cognitive skills like memory and decision-making, as well as lower the risk of getting depression, anxiety, and other heart-related issues.

Rest and relaxation go hand in hand, yet they are not mutually exclusive. Therefore, in order to maintain the highest levels of mental and physical health, it is imperative that we get enough rest and relaxation. It is advised to prioritise rest and relaxation, especially following a physically and emotionally tiring day.

If you are fatigued and in need of a pick-me-up, especially after a long day of travelling and shopping, a relaxing spa day is recognised to be the best option for you. So unwind and revive at these Kuala Lumpur spas and health facilities!



TYPES OF TRADITIONAL SPA TREATMENTS

Urutan Malaysia

The distinctive massage therapy known as "Urutan Malaysia" is based on the various ethnic groups of Malavsia's healing customs. lt's magnificent a fusion of Marma points, Malay urut, Inindigenous head massage, techniques, and Qigong massage therapy. Urutan Malaysia promises to give Malaysians a comprehensive wellness experience while also reviving, refreshing, and relaxing them.

Thai massage

massage incorporates passive stretching, acupressure, and compressions. Your muscles, joints, and posture all benefit from these massages, which help increase range of motion. For people who experience back pain, this massage temporarily lessens your discomfort. In a traditional Thai massage, the therapist will typically massage your muscles by using their hands, thumbs, elbows, forearms, and occasionally even their feet.

Ayurvedic Massage

Ayurvedic massage is typically performed using medicinal herbal oils that have a variety of health advantages. The oils will permeate the skin throughout the massage, reach the tissues, and the healing process. hastening addition to helping with pain management, it also acts as preventive medicine by boosting circulation, and strenathenina lymphatic system, and allowing the passage of life energy to the body, which helps it to be cleansed and revitalised.



Traditional Chinese Massage

In contrast to deep tissue or sports massage, which focus on reducing knots and muscle tension by directing blood flow to specific areas, traditional Chinese massage techniques like acupuncture and herbal remedies aim to improve overall health by encouraging movement of energy or Qi around the body. The acupuncture points on the body are stimulated by the masseur using their elbows, fingers, and hands. Nowadays, many people Chinese massage to be an additional or alternative method of treatment of a variety of ailments.

Balinese Massage

By combining gentle stretches, acupressure, reflexology, and aromatherapy, the Balinese Massage draws inspiration from the traditional medical systems of India, China, and Southeast Asia. It stimulates the movement of blood, oxygen, and energy (Qi) around your body and encourages profound relaxation. This massage is regarded as a comprehensive, deep-tissue, and full-body treatment. The aromas of essential oils are combined with a variety of Balinese massage techniques, including rolling, stroking, and stimulating pressure points on the skin.

SPA & WELLNESS CENTRE



ThaiParadiseSpa

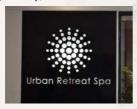
Address: 9th floor, KH Tower BEHIND SHAN-GRI LA HOTEL, 8, Lorong P Ramlee, 50250

Kuala Lumpur.

Contact: +603-20201805

Website: https://www.thaiparadise.com.my/ Operating Hours: 10.30 am - 5.00 am

(Monday-Sunday)



Urban Retreat Spa Mont Kiara Address: second floor, 1 Mont' Kiara, L2-15, 1, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur.

Contact: +6017-8813299

Website: https://urbanretreatspa.my/ Operating Hours: 11.00 am - 9.00 pm

(Monday-Sunday)



Ozmosis Health & Day Spa Address:16-1, Jalan Telawi 2, Bangsar, 59100 Kuala Lumpur.

Contact: +6012-3846122

Website: https://www.ozmosis.com.my/ Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)



HealthLand Family Wellness Centre Address:2,Jalan Bunga Kantan, Off, Jalan Genting Kelang, Setapak, 53300 Kuala Lumpur. Contact: +603-40233299

mv/

Website: https://book.healthland.com. Operating Hours: 11.00 am - 12.00 am



Erawan Wellness Massage Address: L2-6A, Avenue K, 156, Jln Ampang, Kampung Baru, 50450 Kuala Lumpur.

Contact: +603-21666999 Website: http://www.erawanwellness.

com/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



Donna Spa

Address: 5th Floor, JW Marriott Kuala Lumpur, 183, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur.

Contact: +603-21418999

Website: https://donnaspa.com.my/ Operating Hours: 9.30 am - 12.00 am



The Tropical Spa Bukit Bintang Address: 29-31, Tengkat Tong Shin, Bukit Bintang, 50100 Kuala Lumpur.

Contact: +6017-3012688

Website: https://www.facebook.com/ pages/the-tropical-spa-massage-jln-

alor/194128297292177

Operating Hours: 10.00 am - 1.00 am

(Monday-Sunday)



Genesis Sauna Spa Address: Level 10, Menara Genesis, No.33, Jalan Sultan Ismail, 50250 Kuala Lumpur.

Contact: +603-2713 1941 Operating Hours: 10.00 am - 5.00 am

(Monday-Sunday)



Thai Odyssey@Fahrenheit Address: Lot 2 - 42, 179, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2143 6166

Website: https://thaiodyssey.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



LiangXin Spa Massage Address: 28, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2145 2663 Website: https://www.facebook.com/Li-

angXinSpa/

Operating Hours: 10.00 am - 12.00 am

(Monday-Sunday)



Bintang Relax Reflexology Address: 71, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2857 8182 Website: https://www.facebook. com/pages/Bintang-Relax-Reflexology/175974925887256 Operating Hours: 9.00 am - 5.00 am

(Monday-Sunday)



Yu Wellness Address: 2, Jalan Solaris 4, Solaris Mont Kiara, 50480 Kuala Lumpur Contact: +6011-3790 3888 Website: https://www.facebook.com/ yuwellnesskl/

Operating Hours: 11.00 am - 8.30 pm

(Monday-Sunday)



Engel Spa Address: 00-02, Ground Floor, Ceriaan Kiara Condominium, Block B, Jln Kiara 3, Mont Kiara, 50480 Kuala Lumpur. Contact:+603-64129637 Website:https://engelspa. com/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

ZÉLL-V Wellness Hub

Asia's Premier One-Stop Rejuvenation Centre

ZÉLL-V Wellness Hub is a leading rejuvenation centre strategically located in the heart of Kuala Lumpur.

Managing Director and founder of ZÉLL-V Wellness Hub Dato' Sharon Foong, has been enhancing lives with ZÉLL-V Cellular Therapy for over 10 years, helping tens of thousands of



Dato' Sharon Foong Managing Director and Founder of ZELL-V Wellness Hub

people achieve better health, vitality, beauty and quality of life through cellular rejuvenation and regeneration.

Realising that optimum health cannot be achieved by one product, one technology or one medical technique alone, Dato' Sharon Foong had established ZÉLL-V Wellness Hub with the

aim of helping people plan their health thoroughly, and offering them solutions that would ensure lifelong health and vitality.

Comprising 15 floors, ZÉLL-V Wellness Hub provides a series of comprehensive body services to answer the timeless desire for body, mind and soul balance, which include health screenings, cellular therapies, holistic therapies, gym, scalp and hair treatment, postnatal rejuvenation, child care, restaurant, etc.

Strong Medical Support

A medical advisory board consisting of international and local medical doctors as well as scientists forms a strong core of support for ZÉLL-V Wellness Hub. We have in-house specialists Prof Dr Harry Kar Kit Yeo who is an immune-oncologist cum scientist, and



Dato' Dr Nor Shahidah Khairullah. While globally, we are supported by medical specialists from various countries including Germany, Switzerland, USA, Indonesia and the Middle East.

Every year, we hold a number of symposiums on current health issues and cellular therapy where internationally renowned doctors are invited to share their views and experience with the public.

Through positive word of mouth, ZÉLL-V Wellness Hub has drawn in a large number of customers from all over the world, including Canada, Europe, the Middle East, Indonesia, China, Vietnam, and Singapore.

Full Body Checkup 70% Grab this time-limited offer

Begin your journey towards optimal health today by contacting us at €+603-2273 6699 €+6012-707 7238 ■zellvwellness ⊕ zellvwellness.com ZÉLL-V Wellness Hub: No. 30A, Menara Ruyi, Lorong Kapar, Jln 2/87G, Off Jln Syed Putra, 58000 KL.

NAIL SALON

LOOKS DO MATTER

Posh Nail Spa

Address: 31, Lorong Datuk Sulaiman 7, Taman Tun Dr Ismail, 60000 Kuala

Lumpur.

Contact: +6012-901 8219 Website: https://poshnailspa.my/ Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)



The Nail Parlour Address: Lot 70A, Level UG1, Publika Shopping Gallery, No. 1, Jalan Dutamas 1, Solaris Dutamas, 50480 Kuala Lumpur.

Contact: +603-6205 4908

Website: https://www.thenailparlour.com/ Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)



SuperStar Hair and Nail Studio Address: Shop G-05, 568, Jln Ipoh, Batu Complex Bussiness Centre, 51200 Kuala Lumpur. Contact: +6011-5626 0035 Website: https://www.facebook.com/ superstarsalonkl

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)



Jac and Ivy Nail Spa Address: 3, Plaza Damas, A-0-2, 63, Jalan Sri Hartamas 1, 50480 Kuala Lumpur. Contact: +603-6206 1508 Website: https://www.jacandivy.com/ Operating Hours: 10.00 am - 8.00 pm (Monday-Sunday)



Maniqure Nail Salon Address: 3-1, Jalan Radin Bagus 6, Bandar Baru Sri Petaling, 57000 Kuala Lumpur. Contact: +6012-757 0152 Website: https://www.maniqure.my/ Operating Hours: 9.00 am - 8.00 pm (Wednesday & Thursday) / 11.00 am - 8.00 pm (Friday-Monday) / Closed on Tuesday

sommerset

Sommerset Nails and Waxing Address: 55, Jalan Telawi, Bangsar, 59100 Kuala Lumpur. Contact: +6012-681 4608 Website: https://www.facebook.com/

sommersetmalaysia/

Operating Hours: 11.00 am - 8.00 pm (Tuesday-Saturday) / 11.00 am - 7.00 pm (Sunday) / Closed on Monday



Leekaja Beauty Salon Malaysia Address: G5 -9 Robinsons, Shoppes at Four Seasons Place, 145, Jln Ampang, 50450 Kuala Lumpur. Contact: +6012-833 0040 Website: https://leekaja.my/ Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)
Yoo Jean Hair Salon

Address: 1st Floor, 2-1, Jalan 25/70a, Desa Sri Hartamas, 50480 Kuala Lumpur. Contact: +603-2330 1002

Website: http://www.yoojeanhairsalon.

com/

Operating Hours: 10.00 am - 8.00 pm (Thursday-Sunday) / Closed on Monday-Wednesday

Hair Grande & Beauty Address: S-06-07, Menara YNH(Kiara 163 SOVO, No 8, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur. Contact: +6011-1226 6807 Website: https://www.hairgrande.com.my/ Operating Hours: 10.00 am - 9.00 pm (Monday-Sunday)

Walking On Sunshine Salon Address: 1F-01,163 Retail Park, Jalan Kiara, Mont Kiara, 50480 Kuala Lumpur. Contact: +6018-669 2000 Website: https://walkingonsunshine.my/

Operating Hours: 10.00 am - 8.00 pm

(Monday-Sunday)

1989 Hair Salon Address: 6-01, Jln Radin Bagus 8, Bandar Baru Sri Petaling, 57000 Kuala Lumpur. Contact: +6012-936 9270 Website: https://www.instagram. com/1989hairsalon/ Operating Hours: 11.00 am - 10.00 pm (Monday-Sunday)





The Met Grand Salon

Address: 1st Floor, St. Mary Place, Jalan Tengah, Bukit Bintang, 50450 Kuala

Lumpur.

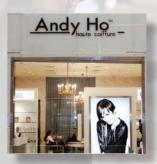
Contact: +6012-501 0624

Website: https://www.themetkl.com/ Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)

Le Classic Hair Studio Address: Block A4 1-2 Solaris Dutamas, Publika Shopping Gallery, 1, Jln Solaris Dutamas, Mont Kiara, 50480 Kuala Lumpur Contact: +603-6412 9886 Website: https://leclassichairstudiopublika.business.site/

Operating Hours: 11.00 am - 8.00 pm (Monday-Sunday)



Andy Ho Haute Coiffure Address: Lot.6.13.00 & 6.14.00, 168, Bukit Bintang St,Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2141 4401 Website: https://www.facebook.com/

AndyHoHauteCoiffure/
Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

MEDICAL TOURISM IN KL

People who travel overseas for medical treatment are referred to as medical tourists. Previously, this referred to patients who travelled from less developed nations to significant medical facilities in developed nations for treatment that wasn't offered there. However, because the cost of the service is lower abroad than in their home country, people have started to travel for the sole purpose of seeking medical counsel in recent years. Patients may encounter variations in treatment regimens, particularly in the accessibility of specific medications in a given nation, which may be related to the financial security of the local healthcare system.

According to certain reports, Malaysia has lower healthcare costs than many other nations. This is one of the reasons Malaysia is well-known for its medical tourism since the treatments are of excellent quality and are priced very affordably for each session. In fact, this nation receives hundreds of thousands of visitors each year seeking medical care and treatment.

The Malaysian healthcare system is a "two-tier healthcare system," with a tax-financed public healthcare system that coexists with a privatised healthcare system. Due to the government's huge network of public clinics and hospitals, which offers heavily subsidised healthcare for all inhabitants, Malaysia's healthcare system is regarded as one of the greatest systems in the world.

In addition, Malaysian doctors are highly qualified and competent, ensuring that their patients receive the best care possible. The majority of doctors always make sure their patients are comfortable during treatment since they will gently tend to their needs. Additionally, doctors are the profession that Malaysians trust the most. Therefore, if you want to improve your appearance or get medical advice, we have included a list of healthcare systems in Malaysia for you to visit.





AESTHETIC
PAMPERING
TREATMENTS,
FOCUS ON
ANTI-AGING
AND BODY
TONED
TREATMENTS



Combo Offer!!

Pico Laser + PRP Plasma RM388



Oxygen Hydration Facial



PRP Plasma Rejuvenation



HIFU Face Lifting



Korean Snow Peel Facial



Body Scultping & Shaping



Kuala Lumpur Hospital Address: Jalan Pahang, 50586 Kuala Lumpur. Contact: +603-2615 5555 Website: http://hkl.moh.gov.my/ Operating Hours: Open 24 hours

Hospital Tunku Azizah Address: lot 25, Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kuala Lumpur.

Contact: +603-2600 3000

Website: https://www.facebook.com/

hospitaltunkuazizah/

Operating Hours: Open 24 hours

Institut Perubatan Respiratori Address: Jalan Pahang, Pekeliling, 53000 Kuala Lumpur. Contact: +603-4023 2966 Website: https://www.facebook.com/ IPRhkl/

Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Kuala Lumpur Health Clinic Address: Jalan Temerloh, Titiwangsa, 53200 Kuala Lumpur. Contact: +603-2618 3200 Website: https://www.facebook.com/ klinikkesihatanKL/ Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Cheras Health Clinic Address: Jalan Yaacob Latif, Cheras, 56000 Kuala Lumpur. Contact: +603-9133 3322 Website: https://jknkl.moh.gov.my/ Operating Hours: 7.30 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Klinik Kesihatan Sri Rampai Address: Wisma Rampai, 2-G-43K, Jalan 34/26, Taman Sri Rampai, 53300 Kuala Lumpur. Contact: +603-4142 5429 Website: https://www.facebook.com/ KKSTSR/ Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday & Sunday

GOVERNMENT HEALTHCAR FACILITIES



Gombak Aborigines Hospital Address: KM 24, Jln Gombak, 53100 Kuala Lumpur. Contact: +603-6189 2122

Website: https://hoag.moh.gov.my/ Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / Closed on Saturday &

Sunday

Petaling Bahagia Health Clinic Address: 18, Jalan Puchong, Taman Sri Jati, 58200 Kuala Lumpur.

Contact: +603-7782 9355

Website: https://jknkl.moh.gov.my/index. php/klinik-kesihatan-petaling-bahagia Operating Hours: 8.00 am - 1.00 pm, 3.00 pm - 8.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Tanglin Health Clinic Address: Jalan Cenderasari, Tasik Perdana, 50480 Kuala Lumpur. Contact: +603-2698 3311 Website: https://jknkl.moh.gov.my/index. php/klinik-kesihatan-tanglin Operating Hours: 8.00 am - 1.00 pm, 2.00 pm - 5.00 pm (Monday-Thursday) / 8.00 am - 12.15pm, 2.45 pm - 5.00 pm (Friday) / Closed on Saturday & Sunday

Klinik Kesihatan Jinjang Address: No.2, Jalan Jinjang Setia 3, Jinjang Utara Tambahan, 52000 Kuala Lumpur. Contact: +603-6258 3355 Website: https://jknkl.moh.gov.my/index. php/klinik-kesihatan-jinjang Operating Hours: 8.00 am - 10.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Klinik Kesihatan Ibu dan Anak Kuchai Ent. Park Address: No. 47 & 49, Jalan 10/116B, 57100 Kuala Lumpur. Contact: +603-7980 1178 Operating Hours: 8.00 am - 6.00 pm (Monday-Friday) / Closed on Saturday & Sunday

PRIVATE HEALTHCARE FACILITIES





Gleneagles Hospital Kuala Lumpur Address: 282, 286 & 288 Block A, B and Medical Office Block, Jln Ampang, 50450 Kuala Lumpur

Contact: +603-4141 3000

Website: https://www.gleneagles.com.

my/

Operating Hours: Open 24 hours



Prince Court Medical Centre Address: 39, Jalan Kia Peng, Kuala Lumpur, 50450 Kuala Lumpur. Contact: +603-2160 0000

Website: https://princecourt.com/ Operating Hours: Open 24 hours



ParkCity Medical Centre Address: Perdana, 2, Jalan Intisari, Desa Parkcity, 52200 Kuala Lumpur. Contact: +603-5639 1616

Global Doctors Hospital Address: 18, Jln Kiara 3, Mont Kiara, 50480 Kuala Lumpur. Contact: +603-2303 9911

Website: https://globaldoctors.asia/ Operating Hours: Open 24 hours Pantai Hospital Kuala Lumpur Address: 8, Jalan Bukit Pantai, Bangsar, 59100 Kuala Lumpur. Contact: +603-2296 0888

Website: https://www.pantai.com.my/

kuala-lumpur

Operating Hours: Open 24 hours

KPJ Tawakkal KL Specialist Hospital Address: 1, Jalan Pahang Barat, Pekeliling, 53000 Kuala Lumpur. Contact: +603-4026 7777

Website: https://kpjhealth.com.my/

tawakkal/

Operating Hours: Open 24 hours

Pantai Hospital Cheras

Address: 1, Jalan 1/96a, Taman Cheras Makmur, 56100 Kuala Lumpur.

Contact: +603-9145 2888

Website: https://www.pantai.com.my/

cheras

Operating Hours: Open 24 hours

Sunway Medical Centre Velocity Address: Pusat Perubatan Sunway Velocity, Lingkaran SV2, Sunway Velocity, 55100 Kuala Lumpur. Contact: +603-9772 9191

Website: https://www.sunmedvelocity.

com.mv/en/

Operating Hours: Open 24 hours

Al Islam Specialist Hospital Address: 85, Jalan Raja Abdullah, Kampung Baru, 50300 Kuala Lumpur. Contact: +603-2693 1007

Website: https://www.al-islamhospital.

com/

Operating Hours: Open 24 hours

Tung Shin Hospital Chinese Medical Division

Address: 102, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur.

Contact: +603-2037 2288

Website: https://www.tungshin.com.my Operating Hours: Open 24 hours **Premier Clinic**

Address: A-0-8, Megan Avenue 1, 189, Jln Tun Razak, 50400 Kuala Lumpur.

Contact: +6012-662 5552

Website: https://premier-clinic.com/ Operating Hours: 10.00 am - 7.00 pm

(Monday-Sunday)

CLEO Clinic Aesthetic & Skin Center Address: 14, Jalan 30/70a, Desa Sri Hartamas, 50480 Kuala Lumpur. Contact: +6010-252 1883 Website: https://cliniccleo.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday) / 10.00 am - 4.00 pm (Sunday)

Clinic RX Bangsar

Address: 43, Jalan Maarof Wisma TTGU

(Ground Floor, Bangsar, 59100 Kuala Lumpur. Contact: +6010-210 3921

Website:

Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 9.00 am - 6.00 pm (Saturday) / 10.00 am - 5.00 pm (Sunday)

Dr Chong Clinic Kepong Skin and Laser Specialist

Address: 37, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong,

52100 Kuala Lumpur. Contact: +603-6179 3157

Website: https://www.drchongclinic.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday & Sunday)

Estique Clinic

Address: 37, Jalan 5/38d, Taman Sri Sinar,

51200 Kuala Lumpur. Contact: +6018-781 7280

Website: https://www.facebook.com/

EstiqueClinicAesthetics

Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / Closed on Sunday

DV Majestic Clinic

Address: Mid Valley Megamall, 13-2, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur.

Contact: +603-2702 2618

Website: https://davinciclinic.com.my/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday) / Closed on Sunday

AESTHETICS & DERMATOLOGY

RJ Clinic

Address: B-F-10, ATIVO PLAZA, Persiaran Perdana, Bandar Sri Damansara,

52200 Kuala Lumpur. Contact: +6016-924 2200

Website: https://www.rjclinic.my/ Operating Hours: 10.00 am - 2.00 pm (Monday) / 10.00 am - 7.00 pm (Tuesday-

Saturday) / Closed on Sunday

Nathan's Skin, Hair & Laser Centre Address: Menara Uoa Bangsar, Unit 2-3A & 2-5 Level 2, No 5, Jalan Bangsar Utama 1, 59000 Kuala Lumpur. Contact: +603-2284 0557

Website: https://nshlc.com.my/ Operating Hours: 9.00 am - 5.00 pm (Monday-Satruday) / Closed on Sunday

O2 Klinik Signature

Address: No.2, Jalan Telawi, Bangsar,

59100 Kuala Lumpur. Contact: +603-2856 8794 Website: https://o2klinik.com/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Sunday) / Closed on Monday

Beverly Bangsar Clinic Address: 79, Jalan Maarof,

Bangsar, 59000 Kuala Lumpur. Contact: +603-2288 1788

Website: https://www.beverlybangsarclinic.

com/

Operating Hours: 10.00 am - 6.00 pm (Monday-Friday) / 10.00 am - 5.00 pm (Saturday) / Closed on Sunday



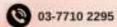


& AESTHETICS CENTRE

Whether you are looking for aesthetic or skin treatment, we have the expertise and experience to provide personalised treatment for each client as we believe every person has different needs and requirements.

Our consultant, Dr Jeswender Singh has been practising aesthetics for 30 years. He has been for aesthetics training specifically in Asian skin type in China and South Korea and laser aesthetics training in America. He regularly gives laser training for skin and beauty.

- Here are some of our popular services:
- Acne Scar
- Skin Whitening
- Vaser Liposuction
- · Nose Thread Lift
- Tattoo Removal
- Hair Loss Treatment
- Permanent Hair Removal



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www.dermlaze.com.my/

www.facebook.com/dermlaze/

www.instagram.com/dermlaze



AESTHETICS & DERMATOLOGY



Bella Clinic

Address: Sri Petaling Kuala Lumpur MY, 16, Jalan Radin Bagus, Bandar Baru, 57000 Kuala Lumpur. Contact: +603-9055 9277 Website: https://bellaclinic.my/ Operating Hours: 10.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

EE Clinic(Sri Petaling) Address: No. 12a, Jln Radin Bagus 8, Bandar Baru Sri Petaling, 57000 Kuala Lumpur,. Contact: +6018-908 1800 Website: https://eeclinic.com/ Operating Hours: 10.00 am - 7.00 pm (Wednesday- Saturday & Monday) / 10.00 am - 4.00 pm (Sunday) / Closed on

Tuesday

Nazrin Skin Clinic

Address: 59-1, Mid Valley Megamall, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur. Contact: +6012-444 6088 Website: https://nazirinskinclinic.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

Lara Aesthetic Clinic Wangsa Maju Address: G-5 (GROUND FLOOR, Lexa Residence, Jalan 34/26, Wangsa Maju, 53300 Kuala Lumpur. Contact: +6016-609 8045 Website: https://www.laraclinic.my/ Operating Hours: 10.00 am - 7.00 pm (Tuesday-Saturday) / 10.00 am - 3.00 pm (Sunday) / Closed on Monday

Beaul ife Clinic

Address: 10-G, Jalan Jalil Jaya 4, Jalil Link, Bukit Jalil, 57000 Kuala Lumpur.

Contact: +6010-396 7687

Website: https://beaulifeclinic.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 5.00 pm (Saturday &

Sunday)

Dermalene Skin Centre-Kuala Lumpur Address: KL Traders Square, No 92-1, Block E, Plaza KL Traders Square, Jalan Gombak, 53300,

53000 Kuala Lumpur. Contact: +6012-677 8900 Website: https://dermalene.com/

Operating Hours: 10.00 am - 7.00 pm (Monday-

Sunday)

Ozhean Clinic

Address: GF, 1-37, Residensi Park Bukit Jalil Persiaran Jalil Utama Bandar Bukit Jalil, Bukit Jalil, 57000 Kuala Lumpur. Contact: +6012-666 3291 Website: https://www.ozheanam.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Saturday) / Closed on Sunday

Kaiteki Skin Aesthetic

Address: No 5, C-5-G Jalil Link, 2, Jalan Jalil Perkasa 1, Bukit Jalil, 57000 Kuala Lumpur. Contact: +6011-3301 7188 Website: https://www.kaiteki.my/

kuala-lumpur

Operating Hours: 10.00 am - 7.00 pm (Monday-Friday) / 10.00 am - 6.00 pm (Saturday & Sunday)

Klinik Medi Pesona

Address: Kompleks Niaga Utama, 2-0-21, Jalan Bangsar Utama 1, Bangsar Utama, 59000 Kuala Lumpur. Contact: +603-2288 1439 Operating Hours: 9.00 am - 7.00 pm (Monday-Friday) / Closed on Saturday & Sunday

Regalion Clinic Kepong

Address: 1ST FLOOR, NO.47-1, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong, 52100 Kuala Lumpur. Contact: +6010-232 3136

Website: https://www.facebook.com/regalion-

clinic.kepong/

Operating Hours: 10.00 am - 7.00 pm (Tuesday-Saturday) / 10.00 am - 6.00 pm (Sunday) /

Closed on Monday





Welcome to Dr Jane Clinic - aesthetic clinic for skin, body and hair located in Petaling Jaya. Dr Jane Clinic provides professional, safe and personalised services.

If you are looking for the best solutions for your aesthetic concerns - you've come to the right place!

Our Signature Treatment:

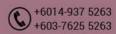
- * Discovery Pico Laser
- * Laser Hair Removal
- * Botox, Threadlift & Filler
- * Hydrafacial™
- * Stem Cell Rejuvenation
- * Skin Rejuvenation

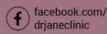
P01-09/P01-07 (First Floor), Tropicana Avenue, Persiaran Tropicana, Tropicana Golf & Country Resort, PJU3, 47410 Petaling Jaya, Selangor

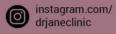




www.drjaneclinic.com









Lumiere Dental Clinic Cheras Address: 1st Floor, Inside Tesco/Lotus Extra Cheras, F40B, 2, Jalan Midah 2, Taman Midah, 56000 Kuala Lumpur

Contact: +603-2856 2400

Website: https://www.facebook.com/lumi-

eredentalcheras/

Operating Hours: 10.00 am - 9.00 pm (Monday-Saturday) / 10.00 am - 6.00 pm

(Sunday)

Imperial Dental Specialist Centre Address: 62 & 64, Jalan Telawi, Bangsar, 59100 Kuala Lumpur. Contact: +603-9212 0605 Website: http://imperialdsc.com/ Operating Hours: 9.00 am - 8.00 pm (Monday-Saturday) / 9.00 am - 6.00 pm (Sunday)

Klinik Pergigian Dens Care Address: 54-G, Pusat Perniagaan Danau Lumayan, Jalan Danau Lumayan 1, Off, Jln Tasik Permaisuri 1, Bandar Tun Razak, 56000 Kuala Lumpur. Contact: +603-9174 3122 Website: https://dens-care.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

Dr Arasu Dental Address: 56-1, Jalan Maarof, Bangsar, 59000 Kuala Lumpur. Contact: +603-2288 1000 Website: https://www.drarasu.com.my/ Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / Closed on Sunday

Halina Dental Clinic Address: 7A, Tingkat, Klinik Pergigian Halina, 1, Lorong Ara Kiri 1, Bangsar, 59100 Kuala Lumpur. Contact: +603-2201 9111 Website: https://www.dentistkl.com/ Operating Hours: 10.00 am - 7.00 pm (Monday-Thursday) / 10.00 am - 3.00 pm (Saturday) / Closed on Friday

DENTAL

Lau Dental Clinic & Surgery
Address: 75 & 65-1, Jalan Radin Tengah,
Bandar Baru Sri Petaling,
57000 Kuala Lumpur.
Contact: +6018-919 1433
Website: https://www.facebook.com/laudental.sp/
Operating Hours: 9.00 am - 9.00 pm
(Monday-Friday) / 9.00 am - 6.00 pm
(Saturday & Sunday)

LeSmile Dental Clinic Sri Petaling Address: 24, Jalan Radin Tengah, Bandar Baru Sri Petaling, 57000 Kuala Lumpur. Contact: +6018-988 0350 Website: https://lesmiledentist.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

The Park Dental@Bukit Jalil Address: 2-3A Residensi Park Bukit Jalil, Persiaran Jalil Utama, Bandar Bukit Jalil, 57000 Kuala Lumpur. Contact: +6011-5933 1010 Website: https://www.facebook.com/ theparkdental/ Operating Hours: 10.00 am - 7.00 pm (Monday-Sunday)

Smile Up Dental Clinic(Mont Kiara)
Address: 15- 1, Jalan Solaris 4,
Solaris Mont Kiara,
50480 Kuala Lumpur.
Contact: +6017-781 1962
Website: https://smile-up-dental-clinic-mont-kiara.business.site/
Operating Hours: 9.30 am - 6.00 pm
(Thursday-Tuesday) / Closed on
Wednesday







Ikonik Eye Specialist & General Health Centre

Address: 9, 10, 11, Residensi Park, Persiaran Jalil Utama, Bukit Jalil, 57000 Kuala Lumpur. Contact: +603-9765 1368 Website: https://ikonik-eyecentre.com/

Operating Hours: 8.30 am - 5.30 pm (Monday-Saturday) / Closed on Sunday



KL Eye Specialist Centre

Address: 73, 73-1, 75, 75, 1, Jalan Metro Perdana Barat 1, Taman Usahawan Kepong, 52100 Kuala Lumpur. Contact: +603-6250 0077 Website: https://kleyecentre.com.my/ Operating Hours: 9.00 am 5.00 pm (Monday-Sunday)

International Specialist Eye Centre-ISEC

Address: Mid Valley Megamall, Level 7 & 8 (via escalator near Starbucks to 1-F then lift to 8-F) Centrepoint South, Lingkaran Syed Putra, Mid Valley City, 59200 Kuala Lumpur Contact: +603-2284 8989 Website: https://www.isec.my/Operating Hours: 8.30 am - 5.30 pm (Monday-Friday) / 8.30 am - 1.00 pm (Saturday) / Closed on Sunday

OasisEye Specialists

Address: Unit 1-3, Level, 1, Nexus, 7, Jalan Kerinchi, Bangsar South, 59200 Kuala Lumpur. Contact: +603-2730 7676 Website: https://oasiseye.my/ Operating Hours: 8.00 am - 5.00 pm (Monday-Saturday) / Closed on Sunday

Pusat Pakar Mata Dr Wong Yiing Cheong

Address: 6, Jalan 1/96a, Taman Cheras Makmur, 56100 Kuala Lumpur. Contact: +603-9131 8123 Website: http://www.eyespecialist.com. my/ Operating Hours: 8.30 am - 4.00 pm (Monday-Friday) / 8.30 am - 1.30 pm (Saturday) /9.00 am - 1.00 pm (Sunday)

Optimax Eye Specialist

Address: Bangunan Ahp, 2, Jalan Tun Mohd Fuad 3, Taman Tun Dr Ismail, 60000 Kuala Lumpur. Contact: +603-7890 2626 Website: https://www.optimax2u.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)

Pusat Pakar Mata Eyecare Specialist Eye Centre

Address: G-17, 18 & 19, Residensi PV21. 6, Jalan Usahawan 2, Off, Jalan Genting Kelang, Setapak, 53200 Kuala Lumpur. Contact: +603-4141 9231 Website: https://www.eyecare.my/ Operating Hours: 9.30 am - 6.00 pm (Wednesday-Monday) / Closed on Tuesday

ExcelView Eye Specialist Laser Eye Center

Address: 2nd Floor, S-068, Lingkaran Syed Putra, Mid Valley City, 58000 Kuala Lumpur Contact: +603-2287 3797 Website: https://www.excelview.com/ Operating Hours: 10.00 am - 10.00 pm (Monday-Sunday)

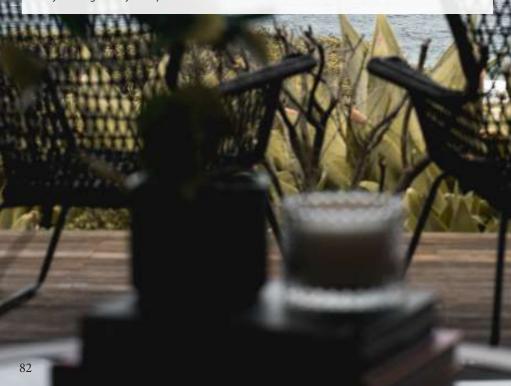
ACCOMMODATION IN KL

Chalets to five-star hotels are available for guests to stay in Kuala Lumpur. In the city of Kuala Lumpur, there are many lodging options available, many of which are either next to beautiful scenery or reflected buildings. Today, many people offer their houses as lodgings for tourists; these are known as homestays or airbnb.

All visitors to Kuala Lumpur can have a comfortable stay, thanks to the city's affordable lodging rates. Each hotel or resort in KL offers a variety of accommodations, and the majority of their packages include breakfast.

In addition, KL is home to a large number of lodgings that appeal to travellers on a budget or locals on a vacation or business trip. There are several locations that offer a community space with arcades, a sports court, and other amenities. These are designed specifically for people who just want to relax and have fun indoors. Some places would also charge you less if you stayed for a longer time.

Check the hotels' websites for the most recent information as many hotels alter their rates daily based on occupancy. Nowadays, it is advised to book your stay in advance using specific applications or websites to acquire a somewhat lower price than the actual amount. These websites, such as Booking.com, Trivago, Traveloka, Agoda, and others, can be used to make hotel reservations. Use these websites to make your reservations for a stay in KL right away to skip the line and save time!



LUXURY HOTELS/ RESORTS



Banyan Tree Kuala Lumpur Address: 2, Jalan Conlay, , 50450 Kuala Lumpur. Contact: +603-2113 1888 Website: https://www.banyantree.com/

malaysia/kuala-lumpur



The Ritz-Carlton Address: 168, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2142 8000 Website: https://www.ritzcarlton.com/



Ansa Hotel Kuala Lumpur Address: 101, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2146 5000 Website: https://www.ansahotels. com/kualalumpur/

The Westin Kuala Lumpur

Address: 199, Bukit Bintang St, Bukit Bin-

tang, 55100 Kuala Lumpur. Contact: +603-2731 8333

Website: https://www.marriott.com/en-us/hotels/kulwi-the-westin-kuala-lumpur/

Berjaya Times Square Hotel Address: 1, Jln Imbi, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2117 8000

Website: https://www.berjayahotel.com/kualalumpur/

Pullman Kuala Lumpur City Centre-Hotel & Residences Address: 4, Jalan Conlay, Kuala Lumpur,

50450 Kuala Lumpur,. Contact: +603-2170 8888

Website: https://www.pullman-kualalumpurcitycentre.com/

WOLO Kuala Lumpur Address: Corner of Jalan Bukit Bintang and, Jln Sultan Ismail, Bukit Bintang, 55100 Kuala Lumpur Contact: +603-2719 1333 Website: https://wolohotel.com.my/

Dorsett Kuala Lumpur Address: 172, Jln Imbi, Pudu, 55100 Kuala Lumpur. Contact: +603-2716 1000 Website: https://www.dorsetthotels.com/ dorsett-kuala-lumpur/

JW Marriott Hotel Kuala Lumpur

Address: 183, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur.
Contact: +603-2715 9000

Website: https://www.marriott.com/en-us/hotels/kuldt-jw-marriott-hotel-kuala-lumpur/

overview/

Melia Kuala Lumpur Address: 16, Jln Imbi, Bukit Bintang, 51000 Kuala Lumpur. Contact: +603-2785 2828

Website: https://www.melia.com/en/hotels/malaysia/kuala-lumpur/melia-kuala-lumpur

Grand Millennium Hotel Kuala Lumpur Address: 160, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2117 4888 Website: https://www.millenniumhotels.

com/en/kuala-lumpur/grand-millenniumhotel-kuala-lumpur

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BUDGET HOTELS

The Grand Campbell Hotel Kuala Lumpur Address: Ground Campbell Complex, 98, Jalan Dang Wangi, 50100 Kuala Lumpur Contact: +6011-1301 1300 Website: http://grandcampbellhotel.com/



YMCA of Kuala Lumpur Hostel Address: 95, Jalan Padang Belia, Brickfields, 50470 Kuala Lumpur. Contact: +603-2274 1439 Website: https://www.ymcakl.com/



Prescott Hotel Kuala Lumpur Address: No 23 Lorong Medan Tuanku Satu, Off, Jln Sultan Ismail, Wilayah Persekutuan, 50300 Kuala Lumpur Contact: +603-2713 7887 Website: http://teg-hotels.com/b/ prescott-hotel-medan-tuanku/



Crossroads Hotel Address: 1, Jalan Raja Muda Abdul Aziz, Chow Kit, 50300 Kuala Lumpur. Contact: +603-2698 7000 Website: https://www.crossroads-hotel. com/



1000 Miles Hotel Address: 17 & 19, Jalan Tun H S Lee, City Centre, 50000 Kuala Lumpur. Contact: +603-2022 3333

Website: https://www.1000mileshotel.



Arenaa Star Hotel Address: 49-51, Jalan Hang Lekiu, City Centre, 50100 Kuala Lumpur. Contact: +603-2078 6988 Website: http://www.arenaastar.com.

mv/



Hotel 99-Chinatown Address: 44A &, 44B, Jalan Pudu, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2078 6666 Website: http://hotel99.com.my/



Leo Express Hotel Address: 65, Jalan Sungai Besi, Pudu, 57100 Kuala Lumpur. Contact: +603-9222 2209

Website: http://www.leoexpress.com.my/

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BACKPACKERS LODGE



Leo Backpackers@ Central Market Address: Jalan Hang Kasturi, City Centre, 50000 Kuala Lumpur. Contact: +603-2031 Website: http://www.



PODs The Backpackers Home & Cafe Address: G-6, 30, Jalan Thambipillay, Brickfields, 50470 Kuala Lumpur. Contact: +603-2276 0858



The Dorms 32 KLCC Address: 8, Jalan Cendana, Kampung Baru, 50250 Kuala Lumpur. Contact: +6016-627 6183 Website: https://www.facebook.com/32-The-Dorms-KLCC-325706884642269/

Travelogue Guesthouse Bukit Bintang Address: 118B, Jln Bukit Bintang, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2110 0628 Website: https://www.travelogue-kl.com/

Riccarton Capsule Hotel Address: No.G-1, Wisma Q Titiwangsa, Persiaran Titiwangsa 1, Jalan Pahang, 53000 Kuala Lumpur Contact: +603-4031 5000 Website: http://www.riccarton.com.my/



Bunk & Bilik Hotel@Sri Petaling Address: No, 9, Jalan Radin Bagus, Bandar Baru Sri Petaling, 57000 Kuala Lumpur. Contact: +603-9054 0040 Website: https://www.facebook.com/ **BUNKANDBILIK/**



Sha La La Hostel Address: 88, Jln Pudu, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2070 6266 Website: http://sha-la-la.hotelskualalumpur.com/en/

21 Capsule Hotel Bukit Bintang Address: No 62-A, Bukit Bintang St, Bukit Bintang, 55100 Kuala Lumpur. Contact: +603-2110 0886 Website: http://21-capsule-bukit-bintang. hotels-kualalumpur.com/en/

The Travel Hub Guesthouse Address: 15-1, Jalan Balai Polis, off, Jalan Petaling, Kuala Lumpur City Centre, 50000 Kuala Lumpur Contact: +6012-390 2339 Website: https://www.travelhubkl.com/

Mingle Hostel Kuala Lumpur Address: 53, Jalan Sultan, City Centre, 50000 Kuala Lumpur. Contact: +6011-5144 1557 Website: https://www.instagram.com/ mingle_hostel/



BEYOND KL - NORTHERN GEMS

Beyond KL City is home to various interesting locations which are must-visit destinations for those who want to venture beyond the hustle and bustle city of Kuala Lumpur. Wherever you are in Malaysia, you will find a variety of different towns and cities with their own unique cultures and traditions. Besides, each of them is bound to showcase the cultural diversity of Malaysia including various local delicacies.

In this issue, we will be sharing with you the Northern Gems of Peninsular Malaysia. Embark on a trip from KL to the north which passes through different districts in Perak to go to Penang. The districts in Perak, known for their great food and mountains with lush forests, are the best places to stop by on your way to the north. Explore the lovely gems of Perak as you travel all the way to visit Malaysia's prime melting pot, Penang!

We will be bringing you to venture out KL and stopping by different districts in Perak before heading to Penang. The districts that we are going to visit in Perak are Tanjung Malim, Bidor, Tapah, Ipoh, Kuala Kangsar, Taiping, and Lumut/Pangkor. After awholesome visit to the state of Perak, then we will be going to the final destination which is Penang.

The lovely sites that are located beyond Kuala Lumpur are considered as must-visit sites for locals tourists as well as tourists from other parts of the world. Hence, we have prepared for you an itinerary for you to venture out of the hustle and bustle city of Kuala Lumpur.

Experience a memorable trip to these interesting places and see what else has nature bestowed upon these two lovely states in our 'Beyond KL: Northern Gems' section of our 43rd edition of KL The Guide. ROUTE FROM KL - PERAK -PENANG



TRANSPORTATION

ROAD TRIP TOWARDS THE NORTHERN GEMS

In order to go on a trip to the Northern Gems, it is highly recommended to use a car as we are going to bring you for a fun road trip adventure towards the southern states beyond KL.

If you do not own a car, we highly recommend you to rent a car for a few days just to go around and explore the areas beyond Kuala Lumpur easily. This is because if you are planning to use E-hailings, the fare would be quite expensive per trip compared to renting a car.

Venture out of the hustle and bustle city of Kuala Lumpur and travel with us to the first destination, Tanjung Malim, which is Perak! To get to Tanjung Malim, you will need to use the North-South Expressway. For the second destination, from Tanjung Malim to Bidor you should use the North-South Expressway as well.

However, when heading to Tapah from Bidor, we encourage you to travel via Route 1 as it will only take 15 minutes and it is only 11.4 KM when compared to the route via North-South Expressway which is 17.8 KM.

Your journey from Tapah to Ipoh will take approximately 46 minutes via the North-South Expressway but do note that this route has tolls. Then, travelling from Ipoh to Kuala Kangsar will take around 48 minutes when you use the North-South Expressway.

Besides that, when going to Taiping from Kuala Kangsar, it will take approximately 41 minutes by using the North-South Expressway as well.

Then, leaving Taiping to head towards Lumut will take about 1 hour and 42 minutes via the Jalan Changkat Jering -Seri Manjung - Kampung Koh/ Route 60 to Lumut

Lastly, going to Penang from Lumut would be about 2 hours and 42 minutes when you are using the North-South Expressway. However, by taking this route you will have to encounter tolls.

Once you have reached these interesting districts, most of the places that we have planned in your itinerary are quite close to each other. Hence, you don't have to drive that far from each location.



TANJUNG MALIM

Plan your trip to the Northern Gems beyond Kuala Lumpur by starting your journey to our first destination which is Tanjung Malim, Perak! An hour drive from Kuala Lumpur, this small town provides the perfect backdrop for a quick escape from the hustle and bustle of the city. As we have mentioned, you should take the North-South Expressway as it is only 80 KM from KL to Tanjung Malim.

Tanjung Malim, also known as Tanjong Malim, is a town in Perak, Malaysia's Muallim District. It is situated along the Sungai Bernam, a natural boundary between the states of Perak and Selangor. This district is synonymous with Proton City, which is located on the right side of the North-South Expressway between Tanjung Malim and Slim River.

Tanjung Malim is already renowned as an education town, but it also has the potential to develop into a more developed town in Southern Perak based on the current economic activities and industrial planning, including the automobile, agriculture, and manufacturing sectors.

Therefore, we have prepared for you a list of interesting places for you to visit when you are in Tanjung Malim.



MUST VISIT SPOTS



Taman Tasik Embayu Proton City

If you are visiting Tanjung Malim, it is a loss if you do not stop by Taman Tasik Embayu Proton City while in Tanjung Malim. In the neighbourhood of Proton City, there is a recreation place called Taman Tasik Embayu that is quite well-known among the locals. This manmade lake offers a variety of leisure activities and is furnished with modern conveniences for the visitors' comfort. Address: Proton City, 35900 Tanjong Malim, Perak

Website: https://www.facebook.com/ pages/Tasik-Embayu-Proton-City-Tanjong-Malim-Perak/187591521288745

Operating Hours: Open 24 hours



Tanjung Malim Street Art

Tanjung Malim embraces street art as an element of urban decoration, particularly on historic structures. The street art

project was finished in 2017. There are paintings of famous people and scenic scenes of Malaysia for educational purposes. Stroll along the street arts of Tanjung Malim to enjoy the creative artworks of the local artists.

Address: Lot 6, Jalan Douglas, 35900 Tanjong Malim, Perak Operating Hours: Open 24 hours



Muzium Pendidikan Nasional UPSI

The National Education Museum UPSI is conveniently located inside the historical Sultan Idris University of Education (UPSI), and has permanent exhibits as well as a gallery that highlights major events, revolutions, and notable personalities in Malaysian education. The Suluh Budiman Building is another name for the 1919-built structure. The Church of Notre Dame in France and the Church of Salisbury in England both had an impact on the architecture. There are historical structures nearby that visitors can explore for free. Address: Jalan Utama Upsi, 35900

Tanjong Malim, Perak Contact: +605-450 6680 Website: https://muzium.upsi.edu. my/

Operating Hours: 8.30 am - 4.30 pm (Monday-Friday) / Closed on Saturday & Sunday



Ujana Muallim

Ujana Muallim, a 38.16-acre Urban Forest Park in Proton City, is situated around two-kilometres from UPSI. It is a recreation centre that is great for outdoor activities to do with your families. You are able to have a picnic, rock climbing, river bathing as so on. Address: Jalan Pc10, Proton City, 35900

Tanjong Malim, Perak
Operating Hours: 7.00 am - 7.00 pm
(Monday-Sunday)



RECREATION & NATURE RETREATS

Become one with nature by having a nature retreat at these places to escape the hustle and bustle of the city! Go for a short getaway beyond KL and have a nature retreat here at Tanjung Malim to have some recreational activities surrounded by the beautiful nature!

Warisan Bernam Heritage Agro & Country Resort

Address: Hulu Bernam, 35900 Tanjong

Malim, Perak.

Contact: +6019-375 6070

Website: https://www.facebook.com/

warisanbernam/

The Retreat Homestay

Address: Jalan Ketoyong, Kampung Stesen Tanjong Malim, 35900 Tanjong

Malim, Perak.

Contact: +6012-998 2355

Website: https://the-retreat-homestay.

business.site/

Etaman Dusun Stay

Address: Taman Universiti, 35900

Tanjong Malim, Perak. Contact: +6019-246 5024

Website: https://www.facebook.com/

EtamanDusunStay/

Operating Hours: 9.00 am - 6.00 pm

(Monday-Sunday)

Teratak Ayah Tg Malim

Address: 35900 Tanjong Malim, Perak

Contact: +6012-322 9789

Website: https://www.facebook.com/people/Teratak-Ayah-Tanjung-Malim-

Perak/100048752811801/

Tok Bak Campsite

Address: Kg Orang Asli Chinggung Behrang Ulu, 35900 Tanjong Malim,

Perak

Contact: +6012-219 8946

Website: https://www.facebook.com/

tokbakcampsite/

Operating Hours: Open 24 hours

Natural Exotic Fish Fishing Pond

Address: Lot 13305, Jalan Wawasan Dagangan 2, Bandar Behrang, 35900

Tanjong Malim, Perak

Contact: +6011-3322 1898 Website: https://www.facebook.com/

NFFFP/

Operating Hours: 7.00 am - 3.00 am

(Monday-Sunday)

Warisan Lestari Riverfront Village

Address: 35900 Tanjong Malim, Perak

Contact: +6017-735 4420

Website: https://www.facebook.com/

warisanlestariRV/

Chempogho Bernam Outback

Address: 44000 Tanjong Malim, Perak

Contact: +6011-2625 5873

Website: https://www.facebook.com/

chempoghooutback/

Bernam Nature Hut

Address: Kampung Simpang Empat Dalam, Hulu Bernam, 35900 Ulu

Selangor, Perak

Contact: +6018-360 2728

Website: https://www.facebook.com/

BernamNatureHut/

Operating Hours: 9.00 am - 5.00 pm

(Monday-Sunday)

Bukit Changkat Asa

Address: Hulu Bernam, 44000 Tanjung Malim, Perak Website: https://www.facebook. com/pages/Bukit-at-Changkat-

Asa/1977017992510250

Operating Hours: Open 24 hours

GRAB A BITE



Garden Seafood Cuisine

The Garden Seafood Cuisine has been around for more than a decade and they are the first halal Chinese restaurant in town. This restaurant is well-known for its Chinese cuisines and offers a range of Chinese Muslim food menus at an affordable pricing, including sweet and sour lobster with dumplings, butter-fried shrimp, grilled lobster, and many more. Have a hearty meal of delicious halal Chinese seafood at Garden Seafood Cuisine when you are in Tanjung Malim!

Address: No. 7, 8 & 9A, Jalan Wangsa Utama, Taman Wangsa, 35900 Tanjong Malim, Perak

Contact: +605-458 3398

Website: https://www.facebook.com/

gardenseafoodtm

Operating Hours: 11.30 am - 10.30 pm (Monday-

Sunday)

Sarang Art Hub

Sarang Art Hub is an art cafe inspired by the Malaysian famous director, the late Mamat Khalid. You are able to enjoy the interesting decorations, movie posters and famous artworks by the late Mamat Khalid at this cafe. Apart from that, the food served here is delicious as well. Don't forget to visit this cafe to enjoy the food as well as the beautiful place with a kampung atmosphere.

Address: Jalan Ru<mark>mah Rehat, Taman</mark> Bandar, 35900 Tanjong Mal<mark>im</mark>, Perak Contact: +6013-500 7942

Website: https://www.facebook.com/saran-

garthub/

Operating Hours: 3.30 pm - 11.00 pm (Tuesday-Sunday) / Closed on Monday





Restoran Ikan Bakar Ocu Amy
Restoran Ikan Bakar Ocu Amy is a restaurant that serves grilled fish with pungent smokey flavour that distinguishes it from the rest of the restaurants. Their restaurant is quite popular for their simple yet tasty and relatively affordable dishes. They also serve a wide range of dishes for their mixed rice along with a nice variety of ikan bakar.

Address: No. 93, Jalan Seri Rakyat, 35900 Tanjong Malim, Perak Contact: +6013-666 5053 Website: https://www.facebook.com/ ikanbakarbest/



Lapako Street Food

Lapako Street Food is one of the popular places to eat in Tanjung Malim. Many people would come to hang out with their friends and families in big groups and enjoy the delicious food as the place is spacious with ample seats. They offer various kinds of food and you will be spoilt for choice! Do expect the place to be crowded especially during the weekend. If you love their pau, you could also purchase their frozen pau and just steam it when you want to eat it.

Address: Lot 4618, Jalan Slim Baru, 35900

Tanjong Malim, Perak

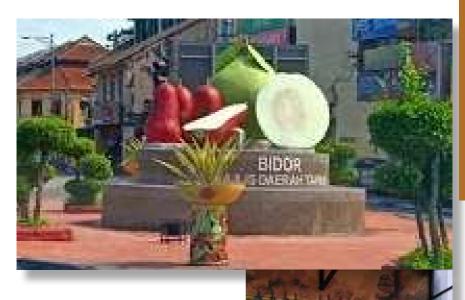
Contact: +6019-881 8480

Website: https://www.facebook.com/

restoranlapako/

Operating Hours: 11.00 am - 12.00 am

(Monday-Sunday)



BIDOR

Continue your northern ventures beyond Kuala Lumpur from Tanjung Malim to Bidor! The journey from Tanjung Malim to Bidor will take approximately 45 minutes which is around 60 KM when you use the North-South Expressway.

Bidor is a countryside town with colonial shophouses that formerly filled the streets. This town was founded during British rule and is now adorned with satellite dishes and electrical poles. Bidor previously belonged to a mediaeval kingdom, as proven by the unearthing of ancient artefacts. Then, during Perak's legendary mining age, it developed into a significant river-based trading and transit hub for tin. As Japanese soldiers pushed down their ranks from Southern Thailand during World War Bidor also ponent **British** withdrawal The communist another movement had conflict shortly after the war was over. Therefore, we would like to share with you some interesting place to visit when you are in Bidor!



RECREATION & NATURE RETREATS



The Cedar@Bidor

The Cedar@Bidor is a bungalow lot that is situated on a hill. You may unwind in nature as it provides a tranquil haven away from the city. It is also strategically constructed to take advantage of the stunning golden hour view from the infinity pool. As the bungalow is situated at the peak, it overlooks the Malaysian rainforest and Gepai River.

Address: Jalan Paku, 35500 Bidor, Perak Contact:+6012-6839979 Website: https://www.thecedarbidor. com/



Cinta Abadi Resort Bidor
Cinta Abadi Resort Bidor is where you may
get in touch with nature and take in the
beauty of the local flora and fauna while
being surrounded by a traditional hamlet.
This resort was constructed using inspiration of the typical modern design featuring both contemporary and conventional
amenities. Anyone who wants to take a
vacation away from the bustle of the cities
will find this resort to be the ideal resort
and a natural therapy.

Address: Lot 1465, Kampung Poh, 35500 Bidor, Perak. Contact: +6012-3650836 Website: https://www.cintaabadiresort. com/



Kolam Mandi Kg Cegar

Address:A46, Jalan Cegar 7, 35500Bidor, Perak.Contact: +6016-553 5079 Operating Hours: 9.30 am -6.00 pm (Monday-Sunday)



Tiong Trove Family Farm

Address: Lot 2060, Kampung Perlok Lama, 35600 Sungkai, Perak Contact: +6019-281 1491

Website: https://www.facebook.com/

tiongtrovefamilyfarm/



Rick Resort

Address: Lot 31156, Jalan Woo Saik Hong, Taman Tow Yuan, 36000 Teluk Intan, Perak

Contact: +6010-236 1150

Website: https://rickresort.mydirectstay.

com/



Pun Chun Restaurant

Pun Chun Restaurant is one of the popular restaurants in Bidor as they are famous for their wonton noodles, double-boiled duck soup noodles, rice with dishes, Ipoh white coffee, chicken biscuits, shat kek ma, and traditional local cookies. We highly recommend you to stop by this restaurant to try out their tasty local delicacies when you are in Bidor!

Address: 38-40, Jalan Besar, 35500 Bidor, Perak Contact: +605-434 1554

Website: https://www.facebook.com/Pun-

ChunRestaurant/

Operating Hours: 7.00 am - 8.30 pm

(Monday-Sunday)



Restoran Mee Wah

Head over to Restoran Mee Wah for some good wonton noodles with flavourful meat. After you meal, you also get to buy some delicious local kuih from one of the stalls there. The restaurant is easy to locate as it is situated not so far from the PLUS highway.

Address: No 1, Jalan Besar, 16-18, Jalan

Bruseh, 35500 Bidor, Perak. Contact: +605-4342061

Website: https://www.facebook. com/people/Mee-Wah-Eating-Centre/100031055902103/

Operating Hours: 7.00 am - 6.00 pm

(Monday-Sunday)



Restoran Kari Kepala Ikan Noordin Bidor
This restaurant called Restoran Kari
Kepala Ikan Noordin Bidor offers the best
fish head curry that is served fresh and
hot from the pot. They are only open for
4 hours in a day, hence don't miss out
the chance to get delicious fish head
curry nasi kandar during those 4 hours!

Address: PT 3854, Jalan Besar, 35500 Bidor, Perak Contact: +6016-502 1899 Website: https://www.facebook.com/ KariKepalalkanNoordinBidor/ Operating Hours: 11.00 am - 3.00 pm (Monday-Saturday) / Closed on Sunday



Restoran Mee Kari Lina

Restoran Mee Kari Lina opens early in the morning for breakfast every day. They serve one of the best mee kari in town! You also get to choose various toppings for your noodles such as tofu, fried wonton, fishball, and so on. All of the dishes served here are affordable as well. Don't forget to visit!

Address: Kampung Lembah, 35500 Bidor, Perak Contact: +6017-477 5573

Website: https://www.facebook.com/pag-

es/Mee-Kari-Lina/107329639632419

Operating Hours: 6.30 am - 8.00 pm (Thursday-Tuesday) / 6.30 am - 1.00 pm (Wednesday)



Continue your northern ventures beyond KL from Bidor to Tapah! The journey from Bidor to Tapah will take approximately 15 minutes which is only around 11KM via Route 1.

The name Tapah is claimed to have come from the name of a freshwater fish, Ikan Tapah. Wallago attu is the fish's scientific name. The name is said to have originated from a Malay Perak dialect term that means 'no worries', according to the locals. The Batang Padang River runs through this town. There are two major neighbouring towns nearby which are Kampar and Bidor. The famous and beautiful Lata Kinjang waterfall is located approximately 18 kilometres from Tapah. It's a magnificent waterfall where you can see the falls when you are using the North-South Expressway and vice versa.

Check out the list of places that we have prepared for you to explore the lovely town of Tapah!





RECREATION & NATURE RETREATS

Kuala Woh Recreational Forest

Kuala Woh Recreational Forest conveniently located 13 kilometres the Tapah town. Those who appreciate the splendour of tropical forests flora and fauna must not miss this opportunity. This forest offers recreational well-equipped routes for exploring the forest, making for thrilling hikes and adventures through the woods. You may also enjoy spotting "Rajah Brooke's Birdwing" butterfly species in their natural habitat.

Address: 35000 Tapah, Perak Website: https://www.facebook.com/ pages/hutan-lipur-kuala-woh-tapah-per-

ak/180859098657040



A waterfall called Lata Iskandar rushes down many granite stages, with the last drop reaching a height of 25 metres. It then empties into a small pool below before continuing on as a narrow stream. The waterfall is frequently crowded on weekends with both tourists and locals. Visitors would gather at the falls' chilly spray or perch on its rocky ledges to take pictures.

Address: Exit 59, 35000 Tapah, Perak

Contact: +605-401 1402

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Refarm

Address: 75CC+MF, Lot 6059, Jalan Temoh Kampar, 35350 Temoh, Perak Contact: +6012-502 6115 Website: https://refarm.com.my/ Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



SUFES Campsite Tapah Address: Kg Batu 5, Jalan Pahang, 35000 Tapah, Perak Kg Batu 5, 35000 Tapah, Perak

Contact: +603-7782 9592 Website: https://su.org.my/campsite Operating Hours: 8.00 am - 5.00 pm (Monday-Friday) / 8.00 am - 12.30 pm (Saturday) / Closed on Sunday

Kebun D'Noras

Address: Kg Rebai, Jalan Pahang, 35000 Tapah, Perak Contact: +6012-281 8607 Operating Hours: 9.00 am - 5.00 pm (Saturday & Sunday)



Draco Nature Camp

Address: Batu 7, Kampung Asli Sungai Cincin, 35300 Chenderiang, Perak Contact: +6014-669 6207 Website: https://www.facebook.com/dra-

conaturecamp/

Operating Hours: 9.00 am - 6.00 pm

(Monday-Sunday)

GRAB A BITE



Restoran Hao Yi Lou

Restoran Hao Yi Lou is one of the popular restaurants in Tapah as it is always crowded. Most of the dishes that they serve are delicious and reasonably priced as well. One of their famous dishes is prawn as they will leave you wanting more! Apart from that, there are various other tasty dishes that you can order as well. However, this is a non-halal restaurant.

Address: 5, Persiaran Tapah Indah 1, Kampung Pahang, 35000 Tapah, Perak Contact: +605-4018148 Website: https://www.facebook. com/people/Hao-Yi-Lou-Restaurant/100077357165151/ Operating Hours: 11.30 am - 10.00 pm (Monday-Sunday)

Jin Chen Restaurant

Jin Chen Restaurant, located near the Tapah toll, is a Chinese restaurant that serves delicious Chinese-style dishes. The specialty of this restaurant is their steamed freshwater fish. Their seafood dishes are reasonably priced as well. If you prefer to have freshwater fish instead of prawn in Tapah, you may head over to this restaurant as we highly recommend you to.

Address: Ground Floor No.13,PSRN Seri Kelana, Taman Seri Kelana,35000 Tapah, Perak, Chenderiang, Malaysia Contact: +012-7793283 Website: https://www.facebook. com/people/jin-chen-restaurant/100063577627498 Operating Hours: 11.30 am - 12.00 am (Friday-Wednesday) /

Mee Rebus Tapah



Mee Rebus Tapah is one of the great places to get mee rebus in Tapah. There are various types of Mee Rebus that they serve here and all of the dishes are affordable. This restaurant is famous for Mee Rebus Tulang, also known as bone mee rebus, and has a sweet and spicy taste to it. There are also meat or chicken mee rebus that are priced at RM7 only and the regular mee rebus is only RM5, how affordable!

Address: Persiaran Seri Kelana 1, 35000 Tapah, Perak Contact: +6011-2075 6875 Website: https://www.facebook.com/ pages/Mee-Rebus-Tapah-Special/1538653059536573 Operating Hours: 6.00 am - 12.00 am (Monday-Sunday)



Restoran Eryna's Sup Darat

Restoran Eryna's Sup Darat offers a wide variety of authentic Thai dishes as well as Siam recipe dishes. There are various dishes to choose from and all of them are very delicious and flavourful, especially their Sup Darat. You may also choose your choice of meat whether to have meat only, or bones and so on based on your preference.

Address: 35000 Tapah, Perak Contact: +6019-366 0095 Website: https://www.facebook.com/ erynasupdarattapah/ Operating Hours: 12.00 pm - 10.00 pm (Monday-Sunday)

Closed on Thursday

Continue your northern ventures beyond Kuala Lumpur from Tapah to Ipoh! The journey from Tapah to Ipoh will take approximately 47 minutes which is around 59 KM when you use the North-South Expressway.

Explore the capital city of the state of Perak's beautiful town of Ipoh. It is well-known for its variety of attractions including delectable cuisine, gorgeous locations, and breathtaking caves, and is sure to leave you with lifelong memories.

The downtown area is small and accessible by foot. The Town Hall, The High Court, and the Railway Station are all significant colonial era structures on one side that were constructed when Ipoh was one of the wealthiest cities in Malaysia, due to the tin mining that made it rich. Wide sidewalks and streets lined with trees can be found there as well. Whether you want to discover its fascinating history or enjoy its renowned local food as well as its natural beauty, this dynamic city has something for everyone.

Therefore, let us share with you some interesting places to visit when you are in Ipoh!



MUST VISIT SPOTS



Lost World of Tambun Theme Park

One of Ipoh's top tourist attractions is The Lost World of Tambun, an eco-friendly theme park. The development of the region adhered to a stringent policy that was focused on protecting Ipoh's natural treasures, including the historic limestone hills and surrounding greenery. With a water park, natural hot springs, shows, animal petting, feeding sessions, and other interesting attractions, you can have a blast with your family and friends at this amazing theme park in Ipoh! Address: 1, Persiaran Lagun Sunway 1, Sunway City Ipoh, 31150 Ipoh, Perak. Contact: +605-542 8888 Website: https://sunwaylostworld oftambun.com/ Operating Hours: 11.00 am - 11.00 pm (Monday, Wednesday-Friday) / 10.00 am - 11.00 pm (Saturday & Sunday) / Closed on Tuesday, except on Malaysian school & public holidays

Mirror Lake

Mirror Lake, also known as Tasik Cermin, is a hidden gem in Ipoh that you should fully explore! It is tucked between a number of calcareous karst formations that are connected to the town. If you didn't already-know, the town is known as the "Guilin of Malaysia" because of its limestone hills. Tasik Cermin is located at Gunung Rapat, 20 minutes' drive from the centre of Ipoh. Address: 31350 Ipoh, Perak. Operating Hours: 9.00 am - 5.30 pm (Thursday-Tuesday) / Closed on Wednesday



Concubine Lane

Concubine Lane was said to be created by the mining mogul Yao Tet Shin for his three wives. Each alley was appropriately titled Wife Lane, Concubine Lane, and First Concubine Lane. A different interpretation of the local legend claims that it was also a spot where wealthy men hide their mistress. Concubine Lane is now the most well-known lane, having been transformed into a trendy hangout with a variety of pop-up vendors selling delectables, ice balls, cotton candy in the shape of flowers, and more. This is a small, 100-meter-long road with shops on both sides. Address: No. 1-29, Lorong Panglima, 30000 Ipoh, Perak. Contact: +605-241 1617

Website: https://www.facebook.com/ Concubine.Lane/

Operating Hours: 7.00 am - 7.00 pm (Monday-Sunday)

Kek Lok Tong Cave Temple

The English translation of Kek Lok Tong is Cave of Supreme Bliss or Great Happiness. The cave has been a site of prayer since the 1920s, but in the 1960s, iron ore mining occurred nearby. When mining ended and it became a tourist destination in the 1970s, it was once more used for religious purposes.

Address: Persiaran Sepakat 3, taman Endah Jaya, 31350 Ipoh, Perak.

Contact: +605-312 8112 Website: http://www.ipoh-city.com/ attraction/Kek_Lok_Tong_Temple/ Operating Hours: 9.00 am - 4.30 pm (Monday-Sunday)

Lubuk Timah Fall

Lubuk Timah Fall is a hidden gem 15 kilometres from Ipoh City, where it was previously employed for tin mining in the early 20th century. There are hotsprings as well as a waterfall in the same area. This place is ideal for weekend picnics, taking in some fresh air, and relaxing. The riverside open hot spring pool is spotless and well-maintained. There are three pools, each of which has different degrees of heat. If you wish to cool your body after taking a hot bath, you may head over to the waterfall anytime.

Address: 31300 Ipoh, Perak Contact: +6019-244 9056 Website: https://www.facebook.com/ PUSAT.REKREASI.LUBUK.TIMAH/ Operating Hours: 8.00 am - 7.00 pm

(Monday-Sunday)



Dr. Seenivasagam Recreational Park

Dr Seenivasagam Recreational Park, a sizable urban park, was first known as Coronation Park following Queen Elizabeth II's coronation and was first opened in the early 1950s. Later, it was renamed in honour of a local leader This park contains a large lake with bridges, playgrounds, football fields, and bike spaces in addition to another lovely Japanese Garden created with assistance from Fukuoka City Hall.

Address: Jalan Keliling Dalam, 30300 Ipoh, Perak. Operating Hours: 6.00 am - 6.00 pm (Monday-Sunday)

MUST VISIT SPOTS

Birch Memorial Clock Tower

The Birch Memorial Clock Tower is a clock tower in Ipoh. James W. W. Birch, the first British resident of the state of Perak, was recognised with a clock tower that was built in his honour in 1909. In a plaza with a portrait bust and four panels showing the rise of civilization, the magnificent clock tower is situated. A big bell and four small bells are included for striking the chimes. Visitors adore coming here to take beautiful photos.

Address: 31650 Ipoh, Perak Operating Hours: Open 24 hours



Han Chin Pet Soo Museum

The first Hakka tin mining museum in Malaysia is called Han Chin Pet Soo. The museum is situated close to the Kinta River and on the outskirts of Ipoh's Old Town, which is also within easy walking distance to Panglima Lane. The museum has three levels and includes an exhibit of Ipoh's mining history as well as information on the mining process and the daily lives of those employed in the mining sector.

Address: 3, Jalan Bijeh Timah, 30100 Ipoh, Perak Contact: +605-241 4541 Website: https://www.ipohworld.org/ Operating Hours: 9.30 am - 3.30 pm (Tuesday-Sunday) / Closed on Monday

RECREATION & NATURE RETREATS

The Banjaran Hotsprings Retreat

The Banjaran Hotsprings Retreat, located only a 15-minute drive from Ipoh city, is Malaysia's first luxury natural hot springs wellness retreat. This lovely nature retreat provides personalised holistic experiences for the utmost in relaxation, wellness restoration, inspiration, romance rekindling, and many more. They offer various types of villas that are located in serene settings, like a private tropical garden or the banks of a canal. Embrace nature and treat vourself to a restorative stay in one of their villas.



Address: 1, Persiaran Lagoon, Sunway 3, 31150 Ipoh, Perak Contact: +605-210 7777 Website: https://www.sunway-

hotels.com/the-banjaran/

Bagas Zakariah

Live the kampung lifestyle amidst 5 acres of beautiful greenery and a natural creek that runs through the orchard. Within five acres of Durian orchard, there are also three traditional houses that was modified for modern living near a crystal clear stream. The houses has witnessed the surrounding landscape that changed over the century, going from a rubber estate to an orchard,

Address: 65, Lot 32804, Jln Besar, Kampung Lawan Kuda, 31600 Gopeng, Perak

Contact: +6017-552 1920

Website: http://www.bagaszakariah.com/ Operating Hours: 9.00 am - 11.00 pm

(Monday-Sunday)



My Kampung Chalet Address: Plot 160184, Ampang Baru New Village,6, Jalan Ampang, Bandar Baru Tambun, 31350 Ipoh, Perak Contact: +6018-573 1298 Website: https://www.facebook. com/mykampungchalet/



Ever Fresh Mushroom Sdn Bhd Address: 1A, Laluan Panorama 4/4, Taman Panorama Rapat Indah, 31350 Ipoh, Perak Contact: +6019-512 5285 Website: http://www.ever freshmushroom.com/



Rocky Farm Address: Lot 14884, DAT Pulai Jaya 31300, 3, Pulai Jaya 3, Taman Bersatu, 31300 Ipoh, Perak

Contact: +6012-320 2218

Website: https://www.facebook.com/people/Rocky-Farm-Ipoh/

100064538209344/



Restoran Tauge Ayam Lou Wong

Restoran Tauge Ayam Lou Wong is a well-known Chinese restaurant that serves delicious chicken rice. Their chicken rice has two kinds, which are their boiled and roasted versions. The dish is often served with crunchy bean sprouts and tastv chicken feet that will leave vou wanting more! Have a memorable Ipoh trip by having a hearty meal at this restaurant.

Address: 49, Jalan Yau Tet Shin, Taman

Jubilee, 30000 Ipoh, Perak. Contact: +605-254 4199

Website: https://www.facebook.com/

RestoranLouWong/

Operating Hours: 10.30 am - 9.00 pm

(Monday-Sunday)



Restoran New Hollywood

Enjoy a delicious breakfast at Restoran New Hollywood with a wide variety of halal Chinese dishes. It is like a mini food court as you would have to walk over to the stalls to order your food and keep in mind that you have to let the hawkers know where your seat is, so that they can send your food easily. We highly recommend you to try out this restaurant as you will be spoilt for choice!

Address: 38, Lorong Cecil Rae, Taman Canning, 31400 Ipoh, Perak. Contact: +6012-290 8887

Website: https://www.facebook.com/pages/Restoran-New-Hollywood-Ip-

oh/371815786602256/

Operating Hours: 7.00 am - 6.00 pm

(Monday-Sunday)

GRAB A BITE



Nam Heong White Coffee Nam Heong White Coffee was estalished in 1958 and they have always been maintaining their nostalgic flavour for the past 65 years. The famous white coffee and the freshly baked egg tarts are delicious and it is worth the time queuing. We highly recommend you to stop by to try!

Address: 2, Jalan Bandar Timah, 30000 Ipoh, Perak.

Contact: +6012-588 8766

Website: https://www.facebook.com/

NamHeonglpoh/

Operating Hours: 7.00 am - 5.00 pm

(Monday-Sunday)



Greentown Dimsum Cafe
Greentown Dimsum Cafe is the first
halal dim sum restaurant in Ipoh. There
are various choices of dim sum for you
to choose from and they are all worth
the price! All of the dim sum that are
served at this restaurant are fresh and
tasty as well. Don't forget to visit!

Address: 10, Persiaran Greentown 4, Greentown Avenue, 30450 Ipoh, Perak.

Contact: +6012-398 2010

Website: https://www.facebook.com/

DimsumCafe/

Operating Hours: 8.30 am - 6.30 pm (Wednesday-Monday) / Closed on Tuesday

GRAB A BITE



Thean Chun Coffee Shop
There is a classic eatery called Thean Chun
Coffee Shop in Ipoh which is
situated among a row of historic shop
houses. The coffee shop serves delicious
"Kai See Hor Fun", or Chicken Kuey Teow
Soup, as well as chee cheong fun, satay,
and egg caramel custard. All of the food
served here is tasty and affordable as well.

Address: 73, Jalan Bandar Timah, 31650 Ipoh, Perak. Contact: +605-255 3076 Website: https://www.facebook.com/pages/Thean-Chun/185205851537341/ Operating Hours: 8.00 am - 4.30 pm (Friday-Wednesday) / Closed on Thursday



Ipoh Tuck Kee Restaurant
Ipoh Tuck Kee Restaurant was founded in
1963 and their brand as well as their
authentic taste remained unchanged
for 60 years. This restaurant is famous
for their noodles as they are deliciously
smooth and flavourful. Most of their
dishes are reasonably priced as well.
Since this is a popular restaurant in Ipoh,
do expect the place to be crowded at
times.

Address: 61, Jalan Yau Tet Shin, Taman Jubilee, 30300 Ipoh, Perak. Contact: +6016-220 9361 Website: https://www.facebook.com/ ipohtuckkee/ Operating Hours: 1.00 pm - 8.00 pm (Monday-Sunday)



Restoran Choong Kee 'Pokok Besar'

Restoran Choong Kee 'Pokok Besar' is a hawker centre situated along Jalan King in Ipoh. This restaurant is famous for its Yong Tao Foo. Locals and tourists would come over to this restaurant to try out the wide selections of Yong Tao Foo that are delicious! Besides that, there are also other dishes that you can find there.

Address: 1213, Jalan King, Taman Hoover, 31650 Ipoh, Perak.

Contact: +6012-505 9562

Website: https://www.facebook.com/people/restoran-choong-kee-pokok-

besar/100056867635722

Operating Hours: 8.00 am - 5.30 pm (Thursday-Tuesday) / Closed on Wednesday

Ipoh Bali Hotel

Address: 12, Lorong Cheah Cheang Lim, 30350 Ipoh, Perak.

Contact: +605-242 0222

Website: https://www.ipohbalihotel.com/

The Haven All Suite Resort Hotel

Address: Jalan Haven, 31150 Ipoh, Perak.

Contact: +605-540 0000

Website: https://www.thehavenresorts.

com/

Kinta Riverfront Hotel & Suites

Address: Jalan Lim Bo Seng, 30000 Ipoh, Perak.

Contact: +605-245 8888

Website: https://www.kintariverfront.com.

my/

Xscape Tambun

Address: Lot 146134, Persiaran Lagun Sunway 1, Sunway City Ipoh, 31150 Ipoh, Perak.

Contact: +6012-522 6355

Website: https://www.facebook.com/xs-

capetambun

M Boutique Ipoh

Address: 2, Hala Datuk 5, 31650 Ipoh, Perak.

Contact: +605-255 5566

Website: https://ipoh.mboutiquehotels.

com/

Sunway Lost World Hotel

Address: 1, Persiaran Lagun Sunway, Sunway City, 31150 Ipoh, Perak.

Contact: +605-540 8888

Website: https://sunwaylostworldoftam-

bun.com/

Ritz Garden Hotel

Address: 86, Jalan Yang Kalsom, Taman

Jubilee, 30300 Ipoh, Perak. Contact: +605-242 7777

Website: https://www.facebook.com/

RitzGardenHotellpoh/

M Roof Hotel & Residences

Address: Jln Dato Lau Pak Khuan, Taman Ipoh, 31400 Ipoh, Perak.

Contact: +605-547 1777

Website: https://mroof.mboutiquehotels.

com/



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KUALA KANGSAR

Resume your journey of our northern ventures beyond Kuala Lumpur to our next destination which is Kuala Kangsar! The journey from Ipoh to Kuala Kangsar will take around 49 minutes which is approximately 43 KM when you use the North-South Expressway.

Kuala Kangsar is known as the Royal Town of Perak. Kuala Kangsar is an adventure and expedition unlike any other, from its colonial past to its part in the well-known industry, to its centuries-old unmatched architecture. Due to close ties to royalty traditional values and the abundance of royal structure and tombs that are located there, Kuala Kangsar continues to be a significant place for Malaysians. Enter this cultural paradise to find delectable regional cuisine and the town's hidden beauties around every turn as you visit Kuala Kangsar.

Kuala Kangsar is studded with many attractions which have been known to lure travellers into this quaint town. Hence, check out the interesting places that we have shared with you to visit when you are in Kuala Kangsar!



Masjid Diraja Ubudiah Kuala Kangsar

Masjid Diraja Ubudiah, also known as The Ubudiah Mosque, stands out dramatically against the Kuala Kangsar scenery because of its gold and Italian marble domes. This gorgeous building is among Malaysia's most beautiful mosques. In 1913, Sultan Idris Murshidal Azam Shah gave the order to have it built after recovering from his sickness, but he tragically did not live to see it finished.

Address: Jalan Istana, 33000 Kuala

Kangsar, Perak

Contact: +6011-1769 6364

Website: http://www.mpkkpk.gov.my/en/ visitors/places-interest/ubudiah-mosque Operating Hours: 9.00 am - 6.00 pm (Saturday-Thursday) / Closed on Friday

Muzium Diraja Kuala Kangsar

Muzium Diraja Kuala Kangsar, formerly known as the Istana Kenangan or The Palace of Memories, previously served as the Perak royal family's home. The palace, which is in good condition, served as a venue for royal celebrations. In 1986, Istana Kenangan became the Kuala Kangsar Royal Museum, also known as the Muzium Diraja Kuala Kangsar, after being designated as a historical heritage site.

Address: Istana Lama Bukit Chandan, Perak, 33000 Kuala Kangsar Contact: +605-777 5362 Website: http://muzium.perak.gov.my/



MUST VISIT





Masjid Ihsaniah Iskandariah

Masjid Ihsaniah Iskandariah was constructed in 1936 with funding provided by Sultan Iskandar Shah, the Perak Sultan at the time. He was carrying out a commitment he had made to construct a mosque after one of his children had recovered. Some of the architectural

details from his palace, Istana Kenangan, were integrated into the design. The mosque was in operation up until 1976, when it was abandoned and fell into ruin. It was repaired in 2008 by the Department of National Heritage.

Address: Kampung Kuala Dal, 33700 Padang Rengas, Perak Contact: +603-8886 4000

RECREATION & NATURE RETREATS

Recreation Park Kuala Kangsar
Have a quality time on the weekends with
your friends or family here at Recreation
Park Kuala Kangsar. This is a great
place to go for brisk walking or just
strolling around the park as you can relax
and enjoy the beauty of the scenic
landscape there. There is also a
playground for the children to have some
fun as well.

Address: 33000 Kuala Kangsar, Perak Operating Hours: Open 24 hours

Hutan Lipur Ulu Kenas Air Terjun

In the Kuala Kangsar district of Perak, Ulu Kenas Waterfall is one of the most well-liked picnic and relaxation areas. Those who want to take a holiday can enjoy the natural beauty located in this area by taking in the coolness of the flowing water. It is ideal for family vacations as well as team-building exercises to de-stress. The water is not too fast, and the slope is safe for both children and adults. It is simple to go to this site because only approximately 15 kilometres Kangsar. from Kuala

Address: 33000 Kuala Kangsar, Perak Website: https://www.forestry.gov.my /my/perak/hutan-lipur-ulu-kenas







Lata Perahu Water Park

Lata Perahu Water Park is located in Kampung Chuar Hulu, Kuala Kangsar. About 10 metres high, the waterfall offers a tranquil setting. Although it is not a particularly tall fall, it has a beautiful classical "horse-tail" design and a sizable water flow. There is a sizable area for swimming at the base of the waterfall. The location is cosy and well-kept, which makes picnics here even more enjoyable.

Address: Jln Lata Perahu, Kampung Chuar Hulu, 33020 Kuala Kangsar, Perak Operating Hours: 8.00 am - 6.00 pm (Monday-Sunday)

Bukit Liman Hiking Track

Bukit Liman Hiking Track is a very great place for a hike along the beauty of nature. The view from the peak is incredibly fascinating. If you are lucky, you might catch a glimpse of the Liman Kati's region white carpet cloud, a cluster of fog that is more often known as such. You can easily access the tacks that are offers because you simply need to travel via the rubber garden pathways, which are primarily paved with cement and have a few dirt paths.

Address: Jalan Baling - Gerik, Perak

Laksa Pokok Limau

Address: 33000, 195A, Jalan Besar Utara Selatan, Kampung Bendang Susur, 33000

Kuala Kangsar, Perak Contact: +6017-498 5589

Operating Hours: 12.00 pm - 6.00 pm (Saturday-Thursday) / Closed on Friday

Selera Kampung Bendang Panjang Address: Jln Sultan Iskandar Shah, Kampung Bendang Panjang, 33000

Kuala Kangsar, Perak Contact: +6016-411 4015

Website: https://www.facebook.com/

warongselerakampung

Operating Hours: 7.00 am - 5.00 pm (Saturday-Wednesday) / Closed on

Thursday & Friday

Teratak Warisan Kampung Kuala Kangsar Address: Persiaran Bendahara 2, Bandar Baru, 33000 Kuala Kangsar, Perak

Contact: +6016-558 4955

Website: https://www.facebook.com/

twk2020/

Operating Hours: 7.30 am - 4.30 pm (Monday-Saturday) / Closed on Sunday

Restoran Pak Unggai

Address: Jalan USAS, Taman Chandan Puteri, 33000 Kuala Kangsar, Perak

Contact: +6013-524 9367

Website: https://www.facebook.com/people/selera-anjung-pak-unggai/

100063641197717

Operating Hours: 7.00 am - 10.00 pm (Monday-Friday) / Closed on Saturday &

Sunday

Warung Telaga Kota Lama Kiri

Address: Kampung Kuala Chempias, 33000 Kuala Kangsar, Perak

Contact: +6012-593 4771

Website: https://www.facebook.com/people/warung-telaga-kuale-kang-

sar/100063587890181

Operating Hours: 2.00 pm - 8.00 pm (Saturday-Wednesday) / Closed on

Thursday & Friday

GRAB A BITE

Uncle Jimboy

Address: 15, 33000 Kuala Kangsar,

Perak

Contact: +605-770 2155

Website: https://www.facebook.com/

unclejimboy/

Operating Hours: 3.30 pm - 12.00 pm (Thurs-

day-Tuesday) / Closed on

Wednesday

Yut Loy Restaurant

Address: 51, Jalan Kangsar, Bandar Baru, 33000 Kuala Kangsar, Perak

Contact: +605-776 6369

Website: https://www.facebook.com/pages/ Yut-Loy-Restaurant/119814391429333 Operating Hours: 9.00 am - 6.00 pm (Monday-

Friday) / 10.00 am - 6.00 pm (Saturday) / Closed on Sunday

The Gate Cafe

Address: Pusat Komersial, 93, 1st-3rd Floor,

33000 Kuala Kangsar, Perak Contact: +6012-505 3601

Website: https://www.facebook.com/tgckuala-

kangsar/

Operating Hours: 11.00 am - 11.00 pm

(Monday-Sunday)

Laksa Pak Ngah Original

Address: sekolah menengah tsung wah, belakang, Jalan Dato Sagor, 33000 Kuala Kangsar,

Perak

Contact: +6017-903 7986

Website: https://www.facebook.com/people/

laksa-pak-ngah/100063701137087

Operating Hours: 10.00 am - 7.00 pm (Thurs-

day-Tuesday) / Closed on

Wednesday

Laksa Lubuk

Address: KPW Kubang Panjang, Kampung

Paya, 33000 Kuala Kangsar, Perak

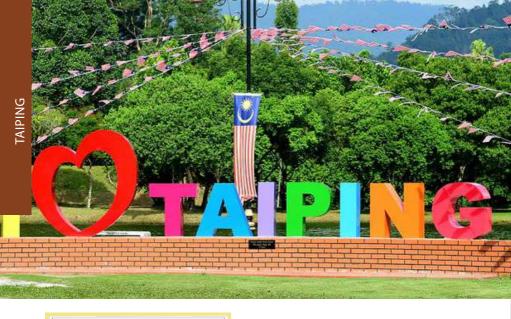
Contact: +605-776 8875

Website: https://www.facebook.com/people/laksa-lubuk-dapur-kayu-kuala-kang-

sar/100069911604492

Operating Hours: 10.00 am - 7.00 pm (Wednes-

day-Monday) / Closed on Tuesday



TAIPING

Your northern explorations beyond Kuala Lumpur will be continued from Kuala Kangsar to Taiping! If you use the North-South Expressway, it will take you around 42 minutes with the 39-kilometres route from Kuala Kangsar to Taiping.

Taiping is a unique and captivating town in Perak that is full of exciting experiences. Discover a wide variety of historical sites, cultural attractions, and incredible experiences there. For culture and history lovers, Taiping is an absolute must-visit. They also have a tonne of outdoor activities that thrill seekers would love. Therefore, Taiping offers something for everyone, including historic temples, thriving marketplaces, and delicious cuisines. So come explore this historical gem and experience its rich culture and history firsthand while you are in Taiping!



MUST VISIT SPOTS



Taiping Zoo(Night Safari)

Taiping Zoo is home to more than 1,200 animals from more than 140 different species. The zoo is situated in the Taiping Lake Gardens, in a wonderful natural setting. The zoo, which spans 36 acres, has started an expansion initiative that will see the creation of new "Open Concept" animal habitats. The public has praised these cages for their inner beauty and considerate nature because they consider the natural environment of the animals. This is the first zoo in Malaysia to provide a Night Safari.

Address: Jalan Taman Tasik Taiping, Taman Tasik Taiping, 34000 Taiping, Perak.
Contact: +605-808 6577
Website: https://zootaiping.gov.my/
Operating Hours: 8.00 am - 11.00 pm
(Monday-Sunday)

Taiping Railway Station

The Taiping Railway Station, which serves the Taiping-Port Weld railway line, was established in 1885. At the location of the current King Edward VII Primary School, the railway station was initially constructed. The initial Taiping railway station was replaced with a second station at Jalan Stesen during the 1890s and the early 1900s. Until a new station built as part of the Ipoh-Padang Besar Electrification and Double-Tracking Project took its place, this station was in use. The ancient station has been restored and is still intact.

Address: 1915, Jalan Stesen, 34000 Taiping, Perak. Contact: +605-807 2591

Spritzer EcoPark

Spritzer created the Spritzer EcoPark to bring enjoyment, education, and heritage to life while keeping in mind the notion of protecting the country's heritage for many generations to come. It is the perfect getaway for families and friends looking to spend quality time together because it offers recreational facilities and activities as well as historical and educational attractions and tours.

Address: Lot 898, Reservoir, Off, Jalan Air Kuning, 34000 Taiping, Perak. Contact: +605-801 2663 Website: https://www.facebook.com/ SpritzerEcopark/ Operating Hours: 9.00 am - 9.00 pm (Monday-Sunday)





GRAB A BITE



Doli Kuey Teow Goreng

Only at Doli Fried Kuey Teow can you find the tastiest fried kuey teow. This restaurant consistently draws a sizable crowd of customers. Their kuey teow goreng is large, not overly dry, and has a decent flavour. You can try various menus apart from the kuey teow goreng as well. Their dishes are quite large in portion, and the price is affordable as well.

Address: 5, Regat Tupai, Medan Taiping, 34000 Taiping, Perak.
Contact: +6016-553 8026
Website: https://www.facebook.com/pages/DOLI-Kuey-Teow-Goreng
Taiping/187809371250231
Operating Hours: 10.00 am - 11.30 pm (Saturday-Thursday) /
Closed on Friday





Ansari Famous Cendol

Ansari Famous Cendol was established by Abdul Kader, who first set up his cendol shop in 1940, and spans three generations. This mixture of flavours and textures was sweet and creamy. The palm sugar syrup gave the cendol the perfect amount of sweetness, while the coconut milk gave it a little salty flavour.

Address: 92, Jalan Barrack No.2 Medan simpang , simpang, 34000 Taiping, Perak. Contact: +6012-562 9440 Website: https://www.facebook. com/pages/Ansari-Famous-Cendol/197418053631828 Operating Hours: 10.00 am - 6.30 pm (Saturday-Thursday) / Closed on Friday

Brader's Cafe Taiping

Brader's Cafe Taiping, situated in Istana Larut Business Park, has the biggest chicken chop in Taiping and specialises in western cuisines. They have a wide variety of menu for their food and drinks and most of them are served in big portions. This restaurant is suitable for you to hang out and dine in with your friends or family. Having dinner here is quite well-liked by the locals.

Address: Pusat Perniagaan, Taman Lake View, 34000 Taiping, Perak. Contact: +6019-764 4776 Website: https://www.facebook.com/ Braders-Cafe-Taiping-109351144016393/ Operating Hours: 4.00 pm - 11.00 pm (Monday-Friday) / 1.00 pm - 11.00 pm (Saturday & Sunday)

Sentosa Villa Resort

Address: Jalan 8, Taman Sentosa, 34000 Taiping, Perak. Contact: +6013-593 1000 Website: https://www.facebook.com/

Hotel Taiping Perdana

SentosaVillaResort

Address: Lorong Koperasi 1, Kampung Jambu, 34000 Taiping, Perak. Contact: +605-808 2011 Website: https://www.taipingperdana. com.my/

Hotel Grand Baron

Address: 34000 Taiping, Perak. Contact: +605-807 9222 Website: http://www.hotelgrandbaron.

Novotel Taiping Perak

com/

Address: 1, Jalan Tupai, 34000 Taiping, Perak. Contact: +605-820 8288

Website: https://novoteltaiping.com-

malaysia.com/ms/

Flemington Hotel

Address: 1, Jalan Samanea Saman, 34000 Taiping, Perak. Contact: +605-820 7777 Website: https://flemingtonhotel.com. my/

Taiping Bamboo Resort

Address: Burmese pool, 34000 Taiping, Perak. Contact: +6017-666 6827 Website: https://www.facebook.com/

taipingbambooresort/

ACCOMMODATION

TT Dorf Hotel

Address: 20, Susur ILBP 3 Business Park, Jalan Istana Larut, 34000 Taiping, Perak. Contact: +6012-291 7781 Website: https://www.facebook.com/ ttdorfhotel.my/

Hermitage Boutique House

Address: 1196 & 1197, Lorong Merdeka 1, Taman Tupai Mas, 34000 Taiping, Perak. Contact: +6011-5109 9550 Website: https://www.facebook.com/ HermitageBoutiqueHouse/

Pearl Inn

Address: Pearl Apartment, Jalan Samanea Saman, 34000 Taiping, Perak. Contact: +605-806 9154

Website: https://www.facebook.com/

PearlInnTaiping/

Louis Hotel

Address: 129-131, Jalan Pasar, 34000

Taiping, Perak

Contact: +605-808 2333

Website: https://www.facebook.com/







LUMUT & PANGKOR

Our northern travels beyond Kuala Lumpur will continue from Taiping to Lumut and Pangkor Island! The journey will take you around 1 hour and 46 minutes via Jalan Changkat Jering - Seri Manjung - Kampung Koh/ Route 60 from Taiping to Lumut. Then, from Lumut to Pangkor Island will only take 10 minutes by using a ferry and it will only cost RM7.

Lumut is a beach town in Manjung District and it is widely recognised for its hand-made coral and seashell products. Lumut is a Malay word that means moss, lichen or seaweed and it was initially given its name because it was believed to have a lot of moss. This picturesque location, which is tucked away on Malaysia's western coast and surrounded by verdant greenery, is the ideal setting for an amazing getaway. There are various opportunities to make amazing experiences when visiting Lumut, from relaxing on the beach to exploring centuries-old temples and dining on delicious local cuisine.

Other than that, Pangkor Island is renowned for having beaches including Teluk Nipah, Coral Bay, and Pasir Giam, which at low tide connects to the coral-ringed Giam Island. The 1670-era Dutch Fort, which is now destroyed, serves as a reminder of the island's strategic colonial significance. The Sacred Rock, which stands close, has engravings of a tiger robbing a child and the emblem of the Dutch East India Company, Discover a hidden gem that awaits your exploration - from sweeping panoramic views to secret coves paradise populated with exotic wildlife, this tranquil offers unique for every traveller. So, we would like to share with you some intriguing locations you should check out while you are in Lumut and Pangkor Island!

MUST VISIT SPOTS

Teluk Batik Beach

The Teluk Batik Beach, which overlooks Pangkor Island, situated nearby the towns of Lumut and Sitiawan. It is an ideal place for getting away from the crowds because it is less congested than Pangkor Island and offers clear blue waters and smooth sandy shores. The headlands at either end of the bay, which is where the beach is located, rise majestically and are covered in greenery. Additionally, it is lined with various plants, including coconut palms, providing some shade and a tropical atmosphere.

Address: Pantai Teluk Batik, 32200 Lumut, Perak Contact: +6019-393 7529 Operating Hours: Open 24 hours

Lumut Waterfront

The Lumut Waterfront is a lovely place to stroll, jog, picnic, or have fun with your family and friends. There is a path that leads along the waters, playgrounds for kids, and a sizable grassy space. The surroundings are serene and beautiful. The seafaring concept's architecture is quite intriguing. It has amenities like a jetty to the island of Pulau Pangkor, gift shops, seafood markets, a food court, and an outdoor stage. At night, the food waterfront comes alive with stalls.

Address: Jalan Titi Panjang, 32200 Lumut, Perak Operating Hours: Open 24 hours

Dutch Fort

There is a Dutch Fort located at Pangkor Island. The ruins of a Dutch warehouse constructed to store tin ore in the 17th century can be found on Dutch Fort Pangkor Island. It is situated in Kampung Teluk Gedung, a charming fishing community on a beach.

Address: 32300 Pangkor Island, Perak Operating Hours: 8.00 am - 6.00 pm (Monday-Sunday)

City Mangrove Park

City Mangrove Park is also known as the "Monkey Park" by the locals because you will be able to find numerous monkeys as you have a stroll on a boardwalk at the mangrove swamp. Built in May 1994, this park debuted to the general public in May 1995. The park was renovated and maintained in 2005. It crosses mangrove marsh on a track that is 336 metres long and 6 metres wide. Visitors can take in the natural beauty of the mangrove swamp and the wildlife that inhabits it.

Address: Jln Pundut Raya 5, Desa Manjung Raya, 32200 Lumut, Perak Operating Hours: 8.30 am - 5.00 pm (Monday-Sunday) Warung Roti Canai Abang Mad Jeti Perikanan

Have a hearty breakfast or brunch with your family and friends while enjoying the view of the sea as well as the sea breeze. There are ample of seats available and you will find the place to be quite crowded at times. The food served here is delicious and you are able to choose from a wide selection of menu.

Address: Jeti Perikanan Pematang, 32200 Lumut, Perak Contact: +6011-1255 0429 Operating Hours: 7.00 am - 12.00 pm (Tuesday-Thursday, Saturday & Sunday)

/ Closed on Monday & Friday

Restoran Ye Lin

Restoran Ye Lin is a Chinese seafood restaurant that is located on Pangkor Island, next to Pasir Bagok Beach. Crab, sea fish, squid, and prawns are among the notable menu items, along with a variety of cooking methods such as stir-frying, frying, steaming, sweet and sour, curry, ginger onion, and so on.

Address: 32300 Pangkor Island, Perak

Contact: +605-685 1881

Website: https://www.facebook.com/

pages/Restoran-Ye-Lin/ 202940459751074/

Operating Hours: 12.00 am - 12.00 pm

(Tuesday-Sunday)

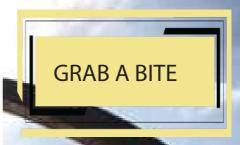
6.00 pm - 12.00am (Monday)

21 Grilled Manjung

21 Grilled Manjung is where you can get various local dishes as they have a wide variety of dishes to choose from. They provide a lovely and cosy dining area where customers can enjoy a meal. The most unique Ikan Siakap set menu is the greatest nearby. You will surely leave you feeling delighted and worth it.

Address: No 226 Perniagaan, Jalan Manjung Point 4/6, 32040 Seri Manjung, Perak Contact: +6019-666 6687 Website: https://www.facebook. com/21grilledmanjung/

Operating Hours: 11.00 am - 11.00 pm (Monday-Sunday)



Kafe D'Sauk

Kafe D'Sauk serves various delicious foods such as shellout, western and Malay cuisines, and so on. The price for their food is affordable as well. Those who love seafood, we highly recommend you to try out their shellout. Don't forget to visit!

Address: Pusat Perniagaan, 31, Jalan PPMP 2, Manjung Point Seksyen 2, 32040 Seri Manjung, Perak

Contact: +6013-584 5838

Website: https://www.facebook.com/KafeDsauk/

Operating Hours: 3.00 pm - 11.30 pm (Monday-Thursday & Saturday) / 4.00 pm - 11.30 pm (Friday) / Closed on Sunday





DoubleTree by Hilton Damai Laut Resort

Address: Jalan Damai Laut, Manjung, 32200

Lumut, Perak

Contact: +605-684 3333

Website: https://www.hilton.com/en/hotels/iphdldi-doubletree-damai-laut-resort/

The Orient Star Resort

Address: Lot 203 @, 366, Jalan Iskandar

Shah, 32200 Lumut, Perak Contact: +605-683 3800

Website: https://orientstar.com.my/

Virgo Batik Resort

Address: Persiaran, Teluk Batik, 32200

Lumut, Perak

Contact: +605-683 6334

Website: https://www.facebookcom/people/

VIRGO-BATIK-Resort/100057268126987/

Pangkor Laut Resort

Address: Pangkor Laut Island Pangkor Laut,

32200 Lumut, Perak Contact: +605-699 1100

Website: https://www.pangkorlautresort.

com/

Operating Hours: Open 24 hours

Brezza Hotel

Address: 4118 &, 4119, Jln Sultan Yussuff

Izuddin, 32200 Lumut, Perak Contact: +605-683 3888

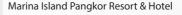
Website: https://www.brezzahotel.com/

Hotel Sfera

Address: 2479, Jalan Dato Yu Neh Huat, Taman Samudera, 32040 Seri Manjung, Perak

Contact: +605-688 1000

Website: http://www.hotelsfera.com.my/



Address: KM 1, Jalan Utama Marina Island, Teluk Muroh, 32200 Lumut, Perak

Contact: +605-683 2881 Website: https://

marinaislandpangkorresort.com/ Operating Hours: 7.00 am - 12.00 am

(Monday-Sunday)

Rockbund Fishing Chalet

Address: Marina Island, KM1, Jalan Utama

Marina Island, 32200 Lumut, Perak

Contact: +6016-558 0388

Website: https://

www.facebook.com/rockbund/

Operating Hours: 8.00 am - 5.00 pm

(Monday-Sunday)

Capital O 89484 Teluk Batik Resort

Address: Jln Teluk Batik, Telok Batek,

32200 Lumut, Perak

Contact: +605-683 8688

Website: https://www.oyorooms.com/

my/82786/

Puteri Bayu Beach Resort

Address: Pantai Pasir Bogak, 32300

Pulau Pangkor, Perak Contact: +605-685 1929

Website: https://www.puteribayu.com/



PENANG

Continue your northern explorations beyond Kuala Lumpur to Penang, which is our final stop! The journey to Penang from Lumut will take you approximately 2 hours and 40 minutes via the North-South Expressway, which covers around 181 kilometres. Then, you will need to cross the famous Penang Bridge in order to reach the island.

Penang is an amazing city filled with culture, cuisine and nature. Its diverse cultural influences from all over the world have made it an amazing melting pot of experiences and flavours. Whether you're looking for historical landmarks to explore, local dishes to satisfy your palate or serene beaches to enjoy the sunset, Penang is definitely a must-visit city beyond KL. From dazzlingly modern shopping malls and vibrant nightlife to tranquil mountain trails and peaceful temples, Penang's endless attractions guarantee a memorable vacation getaway.

Penang is also a free trade zone as it is ideally situated on Peninsular Malaysia's northwest coast, making it a popular port for both eastbound and westbound ships. Apart from that, there are plenty of factories in their industrial park as well. You might be able to purchase some products at their factories for a cheaper price when you are there. Therefore, when you're visiting Penang, we would like to recommend some interesting places to you!

Penang Street Art

Penang Street Art is a series of colourful artworks and murals around the town. The Penang Municipal Council contracted Lithuanian artist Ernest Zacharevic to create a number of artworks throughout the municipality in 2012. Old residences and Chinese businesses needed to be revitalised, and they also wanted to highlight the area's rich heritage. Therefore, take a walk around the city and you will find various stunning artworks. Address: 316, Beach St, Georgetown, 10300 George Town, Pulau Pinang. Operating Hours: Open 24 hours

Chowrasta Market

Chowrasta Market, situated at Penang road, is one of Malaysia's oldest markets. Nutmegs, durian cakes, and balms are just a few of the Penang-produced goods available at the market's Penang Road entrance. The first floor is home to a wet market, while the second floor is home to isles of vintage clothing, show, and bookstores that are stuffed to the gills with used books.

Address: Lot 124, Jln Penang, George Town, 10100 George Town, Pulau Pinang Contact: +6016-434 3768 Operating Hours: 6.30 am - 6.00 pm (Monday-Sunday)

Penang Hill

Take a stroll through Penang Hill and enjoy the lush greenery and stunning views over the city below - it's a great place to escape the hustle and bustle of urban life! You will get to ride the funicular railway, stroll through enchanted nature pathways, wander among 30-foot-tall trees, and take in the breathtaking island vistas. A food court, fruit and souvenir stands, a hotel, and other amenities may be found at the summit. Several ecological trails are available on the Penang Hill. Address: Jalan Bukit Bendera, 11500 Ayer Itam, Pulau Pinang. Contact: +604 8288880 Website: https://penanghill.gov.my/ Operating Hours: 6.30 am - 10.00 pm (Monday-Thursday) /

6.30 am - 11.00 pm (Friday-Sunday)

MUST VISIT SPOTS

Pinang Peranakan Mansion

The Pinang Peranakan Mansion structure in George Town is dripping with illustrious history. The estate, which boasts stunning architecture and is filled with hundreds of antiques, is now a historic house museum that immerses visitors in a bygone era of Peranakan culture.

Address: 29, Church St, Georgetown, 10200 George Town, Pulau Pinang. Contact: +604-264 2929

Website: http://www.pinangperanakan-

mansion.com.my/





Penang National Park
Penang National Park is Malaysia's
smallest national park, covering only
23 square kilometres, but it is home to
numerous bird, amphibian, and reptile
species as well as flying lemurs, leopard
cats, and silvered leaf monkeys. Sand
beaches, mangrove forests, dipterocarp
trees, and varied elevation changes are
only a few of the many natural
characteristics. One of Malaysia's most
unusual biodiversity arrays can be found
there. Activities like forest hikes and
boat visits to peaceful golden-sand
beaches can easily fill a whole day.

Address: Pejabat Taman Negara P. Pinang jalan Hassan Abbas, 11050 George Town, Pulau Pinang. Contact: +604-881 3530 Operating Hours: 8.00 am - 5.00 pm (Monday-Sunday)

Penang War Museum
The British military constructed the
Penang War Museum, formerly known as
Batu Maung Fort or simply "Penang Fort",
in the 1930s. The fort was constructed
on 20 acres of land, and numerous fort
remnants, such as ammo bunkers,
cannon firing bays, and underground
tunnels, were placed strategically across
the area. Around the museum are many
artefacts and printed materials.

Address: Jalan Batu Maung, 11960 Batu Maung, Pulau Pinang. Contact: +6016-421 3606 Website: https://www.facebook.com/ PenangWarMuseum/ Operating Hours: 9.00 am - 6.00 pm (Monday-Sunday)



MUST VISIT

Kek Lok Si Temple Kek Lok Si Temple, a Buddhist temple located in Air Itam, is one of Southeast Asia's largest Chinese Buddhist temples. The temple's construction began in 1890 and was finished in 1905. The temple is made up of a number of spacious prayer halls, pavilions for gathering and prayer, statues of Buddha, various bodhisattvas, and Chinese deities that are worshipped. The architectural features, which are mainly painted in vibrant colours and include intricately carved pillars and excellent woodwork. The vicinity of the temple includes flower gardens and fish ponds as well.

Address: Kek Lok Si Temple, Jln Balik Pulau, 11500 Air Itam, Pulau Pinang. Contact: +604-828 3317 Website: http://kekloksitemple.com/ Operating Hours: 8.30 am - 5.30 pm (Monday-Sunday)

Escape Theme Park

The fascinating rides and activities at Escape Theme Park makes it a pleasant visit. In order to give visitors a better understanding of their surroundings and to demonstrate that there are no age restrictions on having fun, they reintroduce outdoor play in a natural setting. A 3,645-foot water slide that has broken world records is also among them. The three-minute ride down a 230-foothill through a rainforest environment and tree canopies.

Address: 828, Jalan Teluk Bahang, Teluk Bahang, 11050 Tanjung Bungah, Pulau Pinang Contact: +6017-797 7529 Website: https://www.escape.my/pg

Operating Hours: 10.00 am - 6.00 pm (Tuesday-Sunday) / Closed on Monday

RECREATION & NATURE RETREATS

Bao Sheng Durian Farm

Bao Sheng Durian Farm is a durian orchard that provides many durians as well as a resort. You will get to see tall durian trees around the orchard. It is a beautiful and calming place to stay when you want to be surrounded by nature. The fresh air is very cold and breezy especially during the night. They also provide visitors with a breakfast meal, hence you might need to bring your own food for other meals of the day. However, it is also best to come during the durian season to enjoy various types of durians here!

Address: 150 Mk2 Sungai Pinang Balik Pulau, 11010 Pulau Pinang. Contact: +6012-411 0600

Website: https://www.facebook.com/

baoshengdurianfarm/

Fig Tree Hill Resort

Fig Tree Hill Resort is a resort tucked in a lush green valley of rich tropical surroundings that is a 30-minute drive from Georgetown. It is recommended to stay the night here and wake up with a calming environment if you plan to escape the hustle and bustle of the city. You can also have an outing with your loved ones especially when you are a nature enthusiast. Guests will undoubtedly have a surreal experience reconnecting with nature and all of its beauty thanks to their six luxuriously diverse villas.

Address: Jl. Kenari, Sungai Ara, 11900 Bayan Lepas, Pulau Pinang.

Contact: +6019-362 0270

Website: https://www.facebook.com/

figtreehillresort/

Operating Hours: 10.00 am - 10.00 pm

(Monday-Sunday)

Hillside Retreat Penang

Address: Jalan Bukit Bendera Upper Tunnel Road Ayer Itam, 11500 George Town, Pulau Pinang. Contact: +6019-885 8951

Website: https://hillsideretreat.my/

Fruit Farm Resort

Nature Fruit Farm Resort

Address: 311 Malaysia, Kampung Genting, 11000 Balik Pulau, Pulau Pinang. Contact: +6012-588 7773 Website: https://naturefruitfarm.com/

Boulder Valley Glamping & Event Place

Address: 8, Jalan Teluk Bahang, Teluk Bahang, 11050, Pulau Pinang. Contact: +6019-977 8995 Website: https://bouldervalleyglamping.

com.my/

Operating Hours: 8.00 am - 8.00 pm (Monday-Thursday) / 8.00 am - 9.30 pm (Friday) / 7.30 am - 9.30 pm (Saturday & Sunday)

Eco Capsule Resort

Address: Lorong Rimba, Teluk Bahang, 11050 George Town, Pulau Pinang. Contact: +6012-430 9599 Website: https://www.facebook.com/

Eco-Capsule-Resort-at-Teluk-Bahang-450844968652776/

GRAB A BITE

Restoran Nasi Kandar Line Clear Near the intersection of Chulia Street and Penang Road, there is a well-known nasi kandar restaurant called Line Clear Restaurant. The food served here is excellent and even better because it is some of the least expensive in all of Penang. Their food is presented in generous servings, which enhances Line Clear Nasi Kandar's overall value for the money.

Address: Beside 161 & 177 Penang Road, George Town, 10000 George Town, Pulau Pinang. Contact: +604-261 4440 Website: https://www.facebook.com/ NasiKandarLineClearPenangRoad/ Operating Hours: 8.00 am - 12.00 am

(Monday-Sunday)

Roti Canai Transfer Road
Roti Canai Transfer Road is one of the
famous places to get roti canai in
Penang as they have been around for
quite a long time. You can choose which
type of curry that you want, which is
either chicken curry, beef curry, and
mutton as all of them are thick, spicy
and tasty. Since it is well-known, do
expect the place to be packed
especially during weekends and public
holidays.

Address: 114, 110, Jalan Transfer, George Town, 10050 George Town, Pulau Pinang Website: https://www.facebook.com/ people/heritage-transfer-road-roti-canai/100063787726234 Operating Hours: 7.00 am - 12.00 pm (Monday-Saturday) / 7.30 am - 12.00 pm (Sunday) Medan Selera(Halal) Padang Brown
Medan Selera Padang Brown is a food
complex that opens in the evening. You
are able to find a wide selection of food at
this food court such as seafood, lok-lok,
tomyam, claypot and many more. Most
of the food here is cheap as well. This
food court is filled with delicious Penang
favourites.

Address: Jln Perak, 10400 George Town, Pulau Pinang. Contact: +6016-676 5339 Website: https://medan-selerapadang-brown.business.site/ Operating Hours: 5.30 pm - 11.30 pm (Monday-Sunday)

Gurney Drive Hawker Centre Gurney Drive, one of Penang's most well-liked tourist spots, is most renowned for its exciting night time culinary scene. This is where you can find rows and rows of hawker stalls that serves various kinds of dishes which are Halal and Non-Halal.

Address: 172, Solok Gurney 1,
Pulau Tikus, 10250 Jelutong,
Pulau Pinang.
Contact: +6016-497 3907
Operating Hours: 5.00 pm - 12.00 am
(Thursday-Tuesday) /
5.30 pm - 12.00 am
(Wednesday)



Penang Air Itam Laksa
Penang Air Itam Laksa, which has been
around since 1955, is one of the
residents and visitor's favourite places
to get authentic assam laksa in Penang.
However, they are only open during
weekends. Their assam laksa dish
contains thick rice noodles, onions,
mint leaves, cucumber that had been
julienned, sliced chillies, mackerel fish
that had been shredded, and a dollop of
shrimp paste. Don't forget to stop by to
enjoy a delicious bowl of assam laksa
when you are in Penang!

Address: Jalan Pasar, Paya Terubong, 11500 George Town, Pulau Pinang. Contact: +6012-500 7063 Website: https://www.facebook.com/ penang.air.itam.laksa/ Operating Hours: 11.00 am - 5.00 pm (Saturday & Sunday)

Siam Road Charcoal Char Koay Teow
Siam Road Charcoal Char Koay Teow
is a famous stall in Penang that has
recently earned international recognition
since 2017 as the owner, Uncle Tan, was
featured in the BBC Travel. Since he has
been selling his famous Charcoal Char
Kuey Teow more than 60 years ago, his
shop has grown to be known across
Penang for its authentic charcoal
frying kuey teow which results in a
richer flavour.

Address: 82, Jalan Siam, George Town, 10400 George Town, Pulau Pinang Operating Hours: 12.00 pm - 6.30 pm (Tuesday-Saturday) / Closed on Sunday & Monday



GRAB A BITE

Bangkok Lane Mee Goreng
Bangkok Lane Mee Goreng is one of
the famous places to get mee goreng in
Penang. They have been around for more
than 50 years and have recently moved
from Bangkok Lane to a new location
called New World Park food court. From
the name itself, their signature dish is
their mee goreng and you can taste a bit
of Wok Hei in their dish.

Address: 102-H-19, New World Park, Jalan Burma, George Town, 10050 George Town, Pulau Pinang. Contact: +6016-497 0630 Website: https://www.facebook.com/ BangkokLaneMeeGoreng/ Operating Hours: 9.00 am - 6.00 pm (Tuesday-Sunday) / Closed on Monday

Penang Road Famous Teochew Chendul The Penang Road Famous Teochew Chendul is a renowned cendol stand on Keng Kwee Street, close to the intersection with Penang Road. The stall also offers ais kacang, iced chrysanthemum tea, and rosewater besides cendol. Mr. Tan Ching Kim, who acquired the 1936-founded business started by his father Tan Teik Fung, is the proprietor of the stall. This stall continues to be the most well-known cendol stall in the nation. Typically, out-of-town customer would form a long line just to wait for their bowl.

Address: 27-29, Lebuh Keng Kwee, George Town, 10100 George Town, Pulau Pinang. Contact: +604-262 6002

Website: https://chendul.my/ Operating Hours: 10.00 am - 6.30 pm

(Monday-Sunday)



MUST BUY IN PENANG



Jeruk

Jeruk means pickled fruit and this makes a convenient sweet and sour snack to have in between meals. This sweet picked fruit is best known for its distinct aroma and taste. Various types of pickled fruits are sold freshly packed and can be found in many places in Penang, especially in Chowrasta Market.

Belacan

Belacan is a salted, fermented shrimp paste that has been solidified into a block. It is a key component in Malay, Chinese, and Nyonya cuisine. A tiny amount of belacan is used in each of these cuisines. If you visit Penang, belacan is a must-buy item. It is best to add a bit of belacan to your cooking to enhance the taste of your dish.

Minyak Buah Pala

Minyak Buah Pala is a nutmeg oil that is considered as a must-buy souvenir in Penang. There are also various nutmeg products such as creams, juices and so on. Various nutmeg products can be purchased at Ghee Hup Nutmeg Factory and you will get to see how nutmegs are processed when you are at the factory.

Tau Sar Piah

Tau Sar Piah is a ping-pong-ball-sized Chinese pastry that has crumbly sweet and savoury fillings as well as a flaky shell. This is one of the most famous local pastries which are made fresh daily with no added preservatives. You are able to purchase Tau Sar Piah at one of the oldest and iconic manufacturer in Penang called Ghee Hiang. Besides that, another famous pastry manufacturer that can be found in Penang is Him Heang.

Durian Dodol

Dodol is a sweet, toffee-like delicacy made from glutinous rice flour, gula Melaka, brown sugar, and coconut milk. Fresh durians are also added for the dodol durians. It is a palm-based treat. As you take a bite, it has a chewy texture, caramel-like and sticky texture as well as the taste of durian. In Penang, Ban Heang is where you can get your dodol durian.

Ghee Hiang Sesame Oil

Did you know that sesame oil brings amazing flavour to our food? The best sesame oil in Malaysia is unquestionably sold by Ghee Hiang. In fact, for more than 160 years, this has been and continues to be the brand's specialist product. Hence, it is highly recommended to purchase the sesame oil at their main branch if you are in Penang for a cheaper price.

ACCOMMODATION

ParkRoyal Penang Resort Address: PARKROYAL Penang Resort Batu Ferringhi Beach, 11100 Batu Ferringhi, Pulau Pinang. Contact: +604-886 2288

Website: https://www.panpacific.com/en/hotels-and-resorts/pr-penang/offers.

html

Bayview Hotel Georgetown Penang Address: 25-A, Lebuh Farquhar, Georgetown, 10200 George Town, Pulau Pinang.

Contact: +604-263 3161

Website: https://bhgp.bayviewhotels.

com/

Vangohh Eminent

Address: 3406, Jalan Machang Bubok 2, Taman Machang Bubok, 14000 Bukit Mertajam, Pulau Pinang.

Contact: +604-548 6888

Website: https://www.facebook.com/

vangohheminent/

Royale Chulan Penang Address: No 1 & 2, 1-2, Pengkalan Weld, George Town, 10300 George Town, Pulau Pinang.

Contact: +604-259 8888

Website: https://www.royalechulan.

com/Penang/Home.aspx

Berjaya Penang Hotel

Address: 1-Stop Midlands Park, Jalan

Burma, 10350 George Town,

Pulau Pinang.

Contact: +604-227 7111

Website: https://www.berjayahotel.com

/penang

The Prestige Hotel Penang Address: 8, Gat Lebuh Gereja, George Town, 10300 George Town,

Pulau Pinang.

Contact: +604-217 5888 Website: https://theprestige.my/ Macalister Mansion

Address: 228, Jalan Macalister, 10400

George Town, Pulau Pinang Contact: +604-228 3888

Website: https://www.macalistermansion.

com/

Vouk Hotel Suites

Address: Vouk Hotel Suites, Jln Sultan

Ahmad Shah, 10050

George Town, Pulau Pinang. Contact: +604-370 8333

Website: https://voukhotelsuites.com.my/

BoraBora Beach Guesthouse Penang Address: 515a, Jalan C M Hashim, 11200 Tanjung Bungah, Pulau Pinang.

Contact: +604-899 9313

Website: https://www.borabora.com.my/

Rainbow Paradise Beach Resort Address: 527, Jalan Tanjung Bungah, 11200 Tanjung Bungah, Pulau Pinang.

Contact: +604-899 9999 Website: https://

rainbowparadisebeachresort.com/





MEDICAL TOURISM

Bagan Specialist Centre Address: Jalan Bagan 1, Taman Bagan, 13400 Butterworth, Pulau Pinang Contact: +604-371 0000 Website: http://bagan.com.my/ Operating Hours: Open 24 hours

Gleneagles Penang Address: 1, Jalan Pangkor, 10050 George Town, Pulau Pinang Contact: +604-222 9111 Website: https://www.gleneagles.com.

my/penang#

Operating Hours: Open 24 hours

Pantai Hospital Penang Address: 82, Jalan Tengah, Bayan Baru, 11900 Bayan Lepas, Pulau Pinang Contact: +604-643 3888 Website: https://www.pantai.com.my/ penang

Operating Hours: Open 24 hours

Island Hospital Address: 308, Jalan Macalister, 10450 George Town, Pulau Pinang Contact: +604-238 3388 Website: https://islandhospital.com/ Operating Hours: Open 24 hours

KPJ Penang Specialist Hospital Address: 570, Jln Perda Utama, Bandar Baru Perda, 14000 Bukit Mertajam, Pulau Pinang Contact: +604-548 6688 Website: https://kpjhealth.com.my/ penang/ Operating Hours: Open 24 hours

Loh Guan Lye Specialist Centre Address: 238, Jalan Macalister, 10400 George Town, Pulau Pinang Contact: +604-238 8888 Website: http://www.lohguanlye.com/ Operating Hours: Open 24 hours

Penang Adventhist Hospital Address: 465, Jalan Burma, 10350 George Town, Pulau Pinang Contact: +604-222 7200 Website: https://www.pah.com.my/ Operating Hours: Open 24 hours Mount Miriam Cancer Hospital Address: 23, Jalan Bulan, Tanjung Tokong, 11200 Tanjung Bungah, Pulau Pinang.

Contact: +604-892 3999

Website: https://mountmiriam.com/ Operating Hours: Open 24 hours

Optimax Eye Specialist Hospital Address: 223, Jln Masjid Negeri, Jelutong, 11600 George Town, Pulau Pinang.

Contact: +604-202 0232

Website: https://www.optimax2u.com/ Operating Hours: 9.00 am - 6.00 pm (Monday-Saturday) / 9.00 am - 1.00 pm

(Sunday)

Georgetown Specialist Hospital Address: 12A, Jln Masjid Negeri, 11600 George Town, Pulau Pinang. Contact: +604-827 5118 Website: http:// www.georgetownspecialist.com/ Operating Hours: Open 24 hours

Lam Hwa Ee Hospital
Address: 141, Jalan Tan Sri Teh
Ewe Lim Jelutong, 11600 George
Town, Pulau Pinang.
Contact: +604-652 8888
Website: http://www.hlwe.com.my/
Operating Hours: Open 24 hours

Genesis IVF & Women's Specialist Centre Address: Level 7, Unit L7-01 Gurney Paragon, 163D, Gurney Drive, 10250 George Town, Pulau Pinang. Contact: +604-226 3322 Website: https://www.genesisivf.com.

Operating Hours: 8.00 am - 6.00 pm (Monday-Friday) / 8.00 am - 2.00 pm (Saturday) / Closed on Sunday

Star Fertility Penang
Address: Gembira Parade 1
No. 18-1-01 Lorong Delima 1 Jelutong,
11600 George Town, Pulau Pinang.
Contact: +604-656 2333
Website: https://starfertility.life/
Operating Hours: 9.00 am - 5.00 pm
(Monday-Friday) / 8.00 am - 12.00 pm
(Saturday) / Closed on Sunday

EMERGENCY NUMBERS & USEFUL CONTACTS

Operators



Telekom Malaysia Operators (www.t m . com.my)

Emergency Numbers



Police/Ambulance Landlines & Public Phone: 999 (from mobile phone) 112



Fire and Rescue Department (Bomba) Landlines & Public Phone: 994 (from mobile phone) 112



Civil Defence Tel: 999



Tourist Police Hotline Tel: 03-2149 6590



St. John's Ambulance Tel: +60 9285 1576



Red Crescent Society Tel: +603 4257 8726

Tourism Agency



Tourism infoline Tel: 1 300 88 5050



PWTC Tel: +603 2614 6999



KL Sentral Tel: +603 2786 8080



MaTic, Jalan Ampang Tel: +603 9235 4800/4900

Service Providers



Maxis Tel: 1 800 82 1123



Celcom Tel: +6019 601 1111



Digi Tel: +6016 221 1800



U Mobile Tel: +6018 388 1318



Tune Talk Tel: +03 2771 7000

Credit Card Provider



Visa Tel: 1 300 967 1096



Mastercard Tel: +603 2093 7771

Transportation Hub



KLIA Tel: +603 8776 2000



Hentian Duta Tel: +603 6203 3064



MyRapid Tel: +603 2299 1999/2287/5959



Terminal Bersepadu Selatan (TBS) Tel: +603 9021 2000

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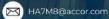
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